

Faith & Knowledge

To Overcome Addiction

For Those Struggling w/the Higher-Power  
Concept of Addiction

A Book Every Hardcore Drug-Addict Need

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*This Picture Delivers A Strong Message. Where Do You Think, We Went So Wrong ?*

Please Do Not Skip The Preface Before Chapter 1. Many people think when reading non-fiction that they can prepare for a book while disregarding this section, if they so believe they already know the message in which it contains, which they don't.

## The Beginning

This book has 200 pages with an inundation being mostly beneficial (but not only) for those struggling with distressful addiction problems, who have lost their way and don't have the knowledge to succeed in recovery. For those seeking more realistic material, intense stories in relatable format and powerful reasoning behind new ideas why one should attempt the life-style provided in this book. By contrast, it supplies life-sustaining information revealing new ideas to halt an addicts destructive metabolism, before it becomes too late. To promote new positive behavior from addicts who are descending down a very destructive path. To prevent them from causing so much damage within their bodies, and damage to their lives, that a return to 'normalcy' becomes invested with obstructions of paramount obstacles. Some of these individuals are involved in or referred to programs which a Higher-Power is the main implementation, however, new candidates for the program are not given the proper tools needed to apply this into productive use for them.

Additionally, this book could certainly be beneficial to anyone who wants help constructing a foundation of values, and/or an overall improved utile thought process that may be needed to succeed through life's inevitable challenges. Those with obsessive compulsive thoughts or others addicted to anything considered harmful, could find the change they need by receiving the proper admonition and counsel provided. If anyone has consistent habitual actions that produce only negative results, they'll find comfort and guidance by reading ahead. With that said, this book is not just as broad as a list of morals lacking insight needed to proceed them as in other material, this book will saturate your brain with thoughts of motivation and self-importance.

It's especially advantageous for anyone who's willing to use the most sovereign power available to them by seeking guidance from God. We can use the grace of God and His divine wisdom, to not just help our life altering problems, but to once and for all solve any of life's problematic issues. To give an illustration of what I bring forth to you, there are many parts which are worded to specifically target not just those with addiction problems or other destructive obsessive

behaviors, but those with the most hardcore and long-term substance abuse issues.

For other people, or maybe it's you, who has battled back and forth for so long that you have finally hit 'rock-bottom.' Or maybe what you initially thought was rock bottom, was certainly at this time a plausible observation. Having that said, here is where you probably realized that you could no longer continue managing your life in this morbid condition. Maybe you have even asked for help via family members, detox center, sober house, etcetera. Afterwards, through spells of depression and sometimes even stoic behavior to gain some ground in life, you now proceed to hit a whole new level of rock-bottom. Maybe this cycle has even continued because each time we go back to using, even if for a shorter duration than in the past, a level of existence even lower than the previous time is typically reached. A level so low making it difficult to even conceive of its existence, and certainly you could've never have imagined yourself in this position when you were of younger age. Coupled with physical pain, extreme fatigue and mental health issues that may have never been present in you before; it now becomes extremely difficult to improve your situation even if you did have the energy and motivation to put forth an honest effort, which is unlikely.

When you reach this place where all of life's problems are working against you, and because of your own behavior, society with many of its rules violated several times over has now likely blocked you out with almost impenetrable walls; preventing your unrestrained or peaceful return. Now with less money and less physical ability than ever before, it becomes comfortable to just give in and give up. Then again, there remains a feeling deep inside you that's causing you to read this book right now. Your natural animal survival instinct still seeks that transaction back into society. In conclusion, you can start your recovery right now knowing that you still have the strength to pursue the life you need in order for survival. Think about what's going on not just in you, but around you. It's time for you, to make a stand.

Chapters 1-7 are written to some degree straightforward, are easy to read and pose no difficulty to those who are still at this present

time struggling to be in the proper state of mind. Chapter 8, supplies you with three short stories of Saints who deliver us remarkable life stories of which we can learn from. Chapter 9, although beginning with a wealth of sociology, it then changes format directly into stories of martyrdom. Here you can enjoy gaining inspiration from the lives' of the Apostles and other early Christian Martyrs. If your assumption is that throughout this book you think at times I sound 'like some jerk-off loser', I already realize this and understand. I myself thought this while writing and revising, but with the ultimate goal and focus going into the help of others - it is, what it is. The revisions usually ended up sounding even more ridiculous in nature. Notwithstanding, the truthful and helpful guidance being discussed was always accomplished. Try yourself in literature if similar to me, with no prior experience, and see what you can materialize.

With that being said, there's nothing in this book that can be taken lightly, and it's meant for a person to keep throughout their recovery. To especially keep close, in those early days of darkness. This is what this book is primarily geared towards. For a sick addict to go back to and re-read chapters targeting words, quotes, phrases, paragraphs and scripture. Which in return, will help them get through the day and control their destructive thought patterns. Which of course, lead to poor behavior, impulsive actions and an overall depression.

Similar to (Epicurean) Greek philosopher Diogenes of Oenoanda, who in 120A.D. had the works of Epicurus, another philosopher, engraved on a large town wall (260sq. meters / 25,000 words) in Lycia. (Southwest Turkey). Reason being not just that there were so many townsfolk Diogenes wanted educated as they were to learn Epicurus' teachings, but also because the people needed to be reminded or they'd forget. Diogenes blamed a lot of this forgetfulness on advertising, and by today's standard level of advertising compared to that of the second century, one can only assume we too forget teachings do to our surroundings.

This book is 'jam-packed' with information that is not only true, but proven in the hardest of circumstances to be true. A true addict needs circumstantial evidence to strongly identify with, and I

provide you with this on the highest of levels. There can be no doubt, that precisely the information this book contains is exactly what I needed to hear and learn at the beginning of my own recovery. Unfortunately, I never did obtain this crucial information at that time. As a result, it ended up taking me another eight - nine full years to get sober after my first serious attempt trying for, and wanting sobriety.

Now look at *all the help* there is for individuals with substance abuse issues now. People tend to think, there's a great convenience of suitable programs out there. Detoxification/Rehabilitation Centers, with all the correct attributes in place to get and keep patients clean. Programs everywhere teaching alcoholics/addicts how to be positive, motivated and stay happy as they completely change their lifestyle. In addition, most of these facilities are free for the patients. Free if you have health insurance, but that too in many circumstances can be obtained free. (although more difficult to be accomplished when living the lifestyle of an addict). Assuredly, anyone who wants help can receive it if they just make the commitment to admit themselves into a recovery center. Which can now be accomplished by simply walking into any emergency room.

Well, some of those last statements are relatively correct in the right circumstances. Long-term intemperate users of any harmful substance, will always find it troublesome, and this is expected from both sides of the equation. (meaning counselors will have their hands full). Not to mention hardcore drug users will face not just a few, but an immense variety of problems triggering cravings.

They're offered 'detoxes' designed for those with minor problems, who can clean out their system over the course of only five days and then be running around all natural again. They hope that you're young with a relatively short period of use, so they might actually be able to help you. Keep in mind that these detoxifications are needed, and provide a great luxury for the addict to take as their first commitment towards recovery. Many abusers of opiates know all too well, what it can be like detoxing the human body without proper medication. However, we see long-term abuser of opiates returning to a horrible condition after this initial period. (5-7 day detox). Afterwards, it might be recommended that before going home you

stay in, or go to a longer program. Although not too many people have this opportunity due mostly to work, paying bills, family, insurance denial, or no room available in the program. Additionally, many of these programs while able to provide a vital step in recovery being beneficial to many addicts, simply aren't equipped to handle and simply don't tolerate the addict whose having great struggles. The addict who's unable to perform basic physical and mental functions without having the drugs in their system. People like this may need more attention and healing time, however, these are always the patients who are *removed from the programs*, leaving them with no other options except that of continual drug-use.

Now luckily if you are truly close to rock-bottom, you won't have many of the issues which prevent you from a continuation of in-patient therapy to worry about. However, what if you have no place to live now or a sober-house is recommended? Sober houses want between one and two hundred dollars per week. With multiple bunk-beds (like children) stuffed in each bedroom, some of the owners of these houses are making ten times the amount needed to pay the mortgage, tax, utilities, etcetera. Many individuals have lost their income and spent any savings they had on their addiction. They're in dire straights seeking help. They're not in the position to over-pay for a service making someone else wealthy. They just went through this behavior with the drug dealers. A great deal of people have had family previously help them financially once or twice and have expended this option. This quite possibly has taking place because these programs aren't supplying theses individuals with the help and guidance needed. On the contrary, unfortunately relapses will be common regardless, and some addicts do improve to the point of complete long-term sobriety.

Most of these in-patient programs provide clean and adequate housing, food and medicine for their clients. Departure from these programs is never considered or advised to be the final step of recovery. The high majority of patience/clients get recommended to join AA/NA afterwards, (or while in sober-living housing) but they cannot even start, never mind complete these programs without a strong belief in a Higher-Power. Only problem with this is, a 'Higher-



Power' is never explained to or discussed with patients on any level of relation. Consequently, most never even get started down this route after being turned off by the Higher-Power concept.

For too many people have taken these paths, yet are still coming up empty in their recovery. Let alone, with some remarkable programs and counselors out there, there's becoming a majority of far more poor quality programs and effortless counselors. As far as the hardcore addicts who are truly close to rock bottom, many of these people are now just giving up with no hope at ever achieving sobriety. Some have even made a conscious decision to continue using until they meet their demise. Most of the long-term addicts/alcoholics would say in response too, as far as all this help that's supposedly available to anyone who wants to take advantage of it, *"that it's all a bunch of bullshit, and a big business that's infested with people earning incomes that have never even saved ONE SINGLE LIFE,"* which I intend to do. I also intend to teach you how to save others. We need to perform a large majority of our recovery by ourselves. We will be a family, staying united, but when it comes down to it...you need to learn how to get clean alone, by yourself. Not to completely disregard the need for positive companionship which I preach in chapter 3 and if not needed, then it would be highly recommended. With this always in mind, the conclusion is that after a brief period of in-patient services, you will need to do this more or less on your own. Irrespective of whether you're surrounded by a large support system or daily working out issues with others in recovery, still most of your thoughts and feelings are exclusively inside you. Furthermore, your internal thoughts and cravings are only heard, felt and shared by you, with you- or are they?

Okay, let's think about why we need to conquer addiction our own way, why many believe this so called help is bullshit ( for long-term full-blown addicts, at the least ), and why I really don't mean all by yourself, alone. To put it another way, it's true I do want the majority of your work without others, directed on yourself by yourself, because you are never truly alone even when you're by yourself.

The Pilgrims sat down together on the Mayflower and wrote down what could be considered the first Constitution of America called The Mayflower Compact. It's an interesting read but beside the point on which I'm attempting to make. It does remain a piece of our neglected history, however, with their heavy Christian beliefs these Puritan peoples also had their own Book of Catechism made up from the Bible. This book outlines their ethical code with great detail, displaying firm beliefs. An example being....

#### Puritan Catechism

What is the chief end of man? Man's chief end is to glorify God (1 Cor. 10:31) and to enjoy Him forever (Palms 73: 25-26)

Perhaps it's true glorifying God is the paramount obligation to our lives. With that said, this becomes an extensively ungovernable path for us these days. Mostly attributed to the vast amount of energy put into different secular elements of life, in order to obtain a modern life. The Bible has so much credibility due to the fact in which all the advice that's given to us remains useful to this day, always being the correct way and truth. The Word of God forever remains firm throughout time. Think about it, could you write down something which could be related too and helpful two millenniums from now? This is how we know that the Bible is truly the Word of God.

Then again, we arrive at a colossal problem...the Pilgrims hunted and grew their own food. Without being labeled with a definite occupation, (where currently taxes are taken, then given to the owners of the Federal Reserve) a man would begin his day deciding what work needs to be done. At most he'd have to discuss it with his community as men/women had certain talents in which results were expected from. The American Indians had a great xenophobia of the Pilgrims muskets, and because of this they were not much of a threat. In conclusion, they had nobody to answer up too. It's true they were given financial help in order to make their trip. With this, they needed to produce goods and money which would be loaded on ships heading back to England. Important undertakings, however, were worked out by themselves on a daily basis with no larger government established or surrounding society in New England at this time.

While in your darkest days of recovery, you can reach out to God constantly. It's when we return to society that the grace of God is not as noticed. Our society has many rules we need to follow which we've already established we are not too fond of. It's here that we need to assimilate a method of using God less while upholding His ways active in our lives. If we all lived in a Christian culture, which is to say everyone in society had Christian morals, we'd have a much lesser 'extenditure' of worries after repenting and/or paid our debt to society. Nothing to worry about, when we were sincere in our actions moving forward. Sincere when we ask for a job and planned to work hard, because we desperately need to generate a steady cash-flow even if initially minimal. As time moves forward through the twenty-first century, we now need to produce monumental amounts of cash to survive in our society and the whole system is set up for only those who are non-addicts to survive.

Our politicians deal with terms of no more than a few years. Consequently, all decisions are based on themselves appearing descent to the public voters, helping friends thicken their wallets and succeeding for possible re-election. Moreover, a great deal of what enters the ears of the public, is just a numbers game with no morals involved, never mind proper morals aligned with a Christian way of life. Does one realize what would happen, if the government were to completely prevent the drugs from entering our country? Is it noticed just how many opportunities there are for opiate counselors in our state (MA) right now? Most definitely, the correct moral thing here would be to prevent the entry of drugs and within five years or so, have the majority of addicts as productive members of our society. The problem is the drugs don't just produce cash for traffickers and local drug dealers. If the drugs abruptly stopped, unemployment numbers would skyrocket. The economy would then take a huge decline, heading southward. It would most likely be temporarily obliterated. This would at the very least become the period where many addicts lives would be saved. Where most addicts and dealers would join (contribute to) society, but the leaders of our country aren't going to take this temporary dive in economic numbers while on their watch.

This is all assuming that they would be able to eliminate a large portion of inflowing illegal substances, or at least, stop them from entering certain communities. The society we live in (although not originally designed for targeting addicts directly) is designed perfectly for people without addiction problems. If you're an addict- You're Screwed. You must recognize that the more damage you cause relating to these secular rules and laws, the harder it becomes to ever get back comfortably into society.

Now you can say, "Fuck'em" I don't want any part of their world. Tell them to toughen up in some areas and go read the Bible to bring more Christian values to other areas. Tell the 'influentials' at the top to rewind their new-age thinking, go read a book on Platonism (Aristotle or another influential philosopher), think about what he's saying and redesign this whole fucking system. This is an attractive thought, but we as citizens cannot survive unless we're successful in society. Whether we like it or not, there's no other options and fighting it will eventually just lead us in prison. Do not give them the strength to take away your freedom.....

### The Book

I present you five philosophical pages Titled 'Knowledge of Truth' at this book's beginning. Don't think all are so elementary, for a few have multiple meanings of truth to offer. Give your own thoughts, actions and wisdom, influence upon the most calculating power of highest intellect. Next, the 'Faith of Truth' will always be the foundation and the proper way to greater knowledge. So become mindful of what you're about to gain by joining His Kingdom. Here you will learn why God is the only appropriate Higher-Power.

Have you ever been to an AA/NA speaker meeting? Have you noticed that every person who has had years of success through the program gives thanks to God. Why don't you hear those selected people say their Higher-Power? Or give an explanation of what their Higher-Power consists of. These detoxes/rehabs always push the program on their clients. It's the only thing they know how to allege, towards their clients. Albeit, evidently they typically won't even supply any Big Books or the NA Book at the high majority of these facilities, never mind a variety of self-improvement reading material.

Furthermore, the next problem that occurs is that right from takeoff, the first steps are completely dedicated to a Higher-Power and really the whole program is, more or less. Apparently, you will never be sober without this Higher-Power, so don't even bother trying. Chronologically it now only makes sense that this Higher-Power is never explained to anyone in a form where it can bring success (Unless of course an actual AA member is speaking with you about God). I've heard people choose for their Higher-Power a lake out behind their home, or some other garbage like this. With regard to this idea, when at a facility you will actually hear the counselors vigorously applauding them because they obviously have never tried to test this theory, so how would you expect them to know anyhow.

What they're ignorant about and what I'd like to address to them is the fact that this client needs to save their life, and they just encouraged something that could end up contributing with them losing their life. This is a field where your words and work ethic could have huge effects on a person's life. We're talking about a matter of life or death, but most counselors are more worried about what they can buy with their paychecks at weeks end. It would be nice, to be able to just go clear your mind and get some serenity while sitting at that lake in nature. Pleasantly out there, where things are calm, quiet and peaceful would be a great idea; and even beneficial to a person. But that's all it is, serenity, and this has nothing more to offer you. This is not a proper Higher-Power. This is not even a Higher-Power. This could be a location where someone connects with their Higher-Power but it's not a Higher-power in itself. Nor is the actual program which is also encouraged at treatment facilities. Take a look at the Kingdom of God page and see some basics of what He offers. Afterwards continue reading further to find out how He can actually deliver on these extraordinary promises.

Then eight relatively short chapters which feature certain 'catch words' or phrases (different for everyone) designed to penetrate your brain, causing remembrance in times of high distress or needed motivation. With a few noted selections, scriptures and quotes from famous people, the rest are words coming from myself featuring experience. Additionally, these scriptures consisting of over 60 from

the Bible throughout this book, are far more powerful than anything I could ever say to you. I did much reading and research to bring you quotes that in all cases should relate to the struggles you are now enduring, in one way or another.

Finally we arrive at the Martyrs. The most heroic and amazing people (I think, or the 20th century martyrs in E. Europe & Russia) in all of Christendom. These people had incredible acts of torture inflicted on them. Nonetheless, with their heroic bravado, accompanied with unmatched fidelity devoted to Jesus, they're the principal reason why we have Christianity today. (besides Christ, of course). Read how they overcame the Roman Empire, establishing Christianity into the heart of Europe.

Martin Luther -

“If you want to change the world, pick up your pen and write.

Back in Martin's time a great majority of people would have read, or at the least heard about the content of his writings. (such as the 95 Thesis). This of course being much harder for myself to accomplish centuries after the invention of the printing press, and now being in the time of the information age as my book will be, just one of thousands (in title, anyhow) found online - But I'll put forth my best effort. With that being said, after I gave this decision more thought, I realized anyone at anytime has obstacles to overcome. It's true in Luther's time there existed far less reading material with people having access to even less of it. Therefore, a ground-breaking piece of literature would've gotten more attention, but there was another obstacle Luther faced. Five hundred years ago, most of the common people throughout Europe were illiterate. The sixteenth century doesn't seem that long ago, and it feels strange to us knowing that education was mostly reserved for the noble class.

As far as education goes, I was under the impression that I was more intelligent than everyone else during the period of which I was using. In light of this eventually I sobered up. Then I began to spend a lot of time reading which led me to ascertain this was far from true. So after years of neglect, I devoted myself to studying and writing. Unfortunately, by this point I had lived so many reckless

years without any progression in life, that I was totally beat-up with no confidence remaining in my physical abilities. I also came to the realization that I was no longer an intelligent person. Whatever skills I had in life were eventually wasted and at this present time their existence, was no longer.

In conclusion, I caused myself four reconstructive surgeries to my arm and writing hand, which now has no feeling on the outside but plenty of pain on the inside. It will never be normal, and later I experienced a concussion that involved a brain hemorrhage, resulting in untold long-term suffering. These injuries were both directly related to my substance abuse. Far from being all the pain and suffering I went through, these issues along with long-term sufferings from drug abuse and incarceration setting this whole thing off, as it had placed me away from drugs and out of work for some time. As a result my now sympathetic family, although exhausted with these problems, my older brother and his wife supplied much needed shelter for healing without a need to pay rent. All you addicts need to pay close attention here. As a hardcore addict, when your given a living situation by family or a sober-house, this must be taken advantage of because if not, many years of suffering could take place before ever given a similar situation to recover again. I speak more of my own life inside these chapters of this book. Eventually ending up back where I started, my parents, and the house I grew up in. Here I began reeducating myself.

I've always had a hobby of researching and learning history as at times it's actually interfered with my present life for my mind is so focused on events that took place centuries if not millenniums ago. With that said at this new period of recovery I stayed heavily involved with reading of history only now I was seeking modern science just as much. Furthermore, during this period I focused a lot on philosophy and religion with Christianity always being the main focus of my time spent. Unfortunately, I had many limitations now because of my past substance abuse and head-injury. I never want to hear that someone else has to battle through the same things as myself. We only live once, this is all we get, one life. I said that a few times to others in the past referring to doing what ever you want and living hectic, although

I had it all wrong... life is too short. Yes we only have one life, but that's exactly why we need to make the most of it. And man has never been able to create on earth a greater motivation than which we've always had, which is of course God. Secondly, has always been to help each other.

★Note: Throughout the book but not designed to be complete, you'll notice my own style consisting of an intermixture of minor Old English or Bible style wording and/or punctuation. This is just a reflection on the literature I enjoy reading myself.

†People spend their whole lives simply excepting what they're told. We're told what we need to buy and because of other factors forced on us, in certain cases we really do need these products so we can properly survive. Most people also believe what they're told in the news or about our history. Believe me when I tell you that our histories have been corruptive forever. Authors have nothing stopping them from printing whatever they want. Especially when being on the payroll of organizations abruptly formed by the financial elite to get their false point of view across.

\*Recently we have billionaire bankers and 'Oligarchs' purposely using their power to rewrite true facts constantly. Where told monumental lies concerning the drug-trade, as the same people Americans incorrectly trust, are the same people flooding our communities with the worst of illegal drugs. It's become time for everyone to wake-up and as drug-addicts we will no longer let our lives be destroyed. (Index) [1]† We start with the One who we know we can forever trust→ God

## Book Info

Quotes/People of Interest Ch. 1-8

\*Faith & Knowledge (F&K) sorted by- chapter : verse

Charles Spurgeon F&K 1:21

Eleanor Roosevelt 5:1

Aristotle 1:35

Pastor Charles Stanley 6:9



Plato 2:34 & 5:52

Epicurus 6:32

St. Augustine 4:24 & 4:36

St. Patrick 8:32

Nikola Tesla 4:40-41

St. Francis of Assisi 8:7

Galileo 4:39

St. Teresa of Avila 8:11

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Not in the Bible ↓

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Lost Gospel of Thomas 3:43

Truth of: Def. of Love etc.

St. Polycarp Epistle to the Philipians

†{ } = End of Ch. [ ]† = Index

2:3 • 2:45 / 6:1-2 • 4:43 / 7:1 • 7:26

## Scripture Guide ♀

John 14:16 • F&K 1:6

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Proverbs 3:5-6 • 1:15

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1John 2:2 • 1:28

Psalm 120:1 • F&K 2:12

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John 16:33

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Psalm 119:114-115

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Psalm 119:50

2Corinthians 4:16-18

Psalm 119:71

Psalm 147:3

Matthew 11:28-29

Psalm 120:1

Psalm 32:8

## † Knowledge of Truth †

I>A man/woman of much knowledge may never  
boast, or wiser will come

II>Be forever tenacious, the poor gain entry unto Heaven, with much  
greater ease than the rich

III>Never ending soft in speech,  
forever loud in battle

IV>Spending all your time searching for Eldorado, will have life pass  
you by

V> The wisest of men, still come with faults, falling short of  
righteousness, just as inferior men still provide some value of worth,  
being utile

VI> When the brain-less keep their words unheard,  
as it seems, their unintelligence goes unheeded

VII> Exhibit the wisdom to know, when you do not know

VIII> In the presence of smalls crowds, your voice becomes heard, if  
continually in large crowds while speaking, thus becomes equal with  
remaining alone

IX> Prudent you should be, when continually the only one smiling in  
a group, the abstract entity may not be inspired

X> You will not become lonely when in the company of:

the spirit of the Holy, or the spirit of the dead,

as long as the dead are past love one's

XI> Remember the wind, is the breath of God

XII> Know and honor your 'true' history, or it will be lead

astray, then corrupted forever

XIII> If not wise on a topic remain silent, silence hides

inexperience, redemption comes when one is prepared

XIV> People who live in constant debt and/or pay interest,

are not free people, but servants

XV> When one endeavors to be expert in all things,

one becomes average in all things,

so be expert in few, and average in many

XVI> Learning when to stop at the correct moment,

can become the difference between life or death

XVII> unless divine - Remember, nothing last forever,

love and companionship can last a lifetime,

but nothing lasts forever

XVIII> Speak most only when important,

the one who speaks least and listens most,

becomes the one who learns the most

IXX> If you say "something is too difficult" Then I say to you- "The Pilgrims had to survive a month and a half crossing the Atlantic Ocean, many died, and never was land in sight. They had no food or shelter waiting for them when they did step upon land, and winter was now beginning"

~that is difficult

XX> Don't think of yourself ever, as not in need of God's  
grace, thus being claim, of equal to a Sovereign Power

XXI> Evaluate intentions, wrong actions prove deadly

XXII> Simple thoughts of right or wrong, become  
difficult when the origins of right and wrong  
are over evaluated, this is where God, and  
the Holy Spirit come into value in your life

XXIII> Your goal cannot be blissfulness,  
'tis something you want and have if and when  
throughout accomplishing your true goal

XXIV> If consumed with long lasting guilt,  
repent to God, and then move forward less worrisome,  
with less distressful obstruction in your path

XXV> Honesty, is the 'key', to all relationships, or  
else in vain it becomes

XXVI> Surveillance should precede salutation

XXVII> He is a fool, who cannot conceal his knowledge

XXVIII> When one does not conceal his wisdom when  
requisite, thus brings unneeded calamity his way

IXXX> Motive vitiated with selfish intentions,  
produces no Providence in life

XXX> God is always whither 'tis you be,  
so how can you say, you are ever to be alone?

XXXI> As men, only Christ, could surmount or

create obstacles of divine origin

XXXII> Never exalt man or his science, over God

XXXIII> Men with character attract blissful women

XXXIV> The one who possess extensive wisdom, must at some point in time impart knowledge, unveil and teach, or the knowledge is futile. If inessentially surreptitious, or only provident for one's own survival, in this situation, the selfish needs preparedness for an afterlife of eternal tribulation

XXXV> Umpteen memories through life, you remember,

but will your memory be remembered

without→ God, Knowledge and Sobriety... mastery of

this list remains an insurmountable goal for even the wisest to effectuate

## Author's Prayer

I, who have allowed God to come back into my life, and now He hath decided upon further directing thyself, to deliver thine message unto thee. So I come, giveth tongue on subject matter that which of, for if life for you haste become lonely, whither life's blessings at one time you prized, are now replaced with unmanageable long-suffering. Thy heart, body and mind can find escapeth unto much needed shelter, a sanctuary and place of rest, in Him. Prayer is a recur, for our troubled minds, a safe-hold that harboreth our good thoughts, and containeth our evil thoughts. -Shaun Prario

## † Truth of faith †

What You Receive When Entering God's Kingdom

You are adopted as His son or daughter

You become an heir to everything He has

You have the *Holy Spirit* to assist you

You have the right to ask God for what you need

You have good works that God has already prepared in advance for you

You have hope

You are set Free

You have Freedom

Freedom from the bondage of sin

the control of others

your past

want

Freedom to be as He intended

Revised version from Anne Laidlaw's book-Kicking Addiction

## † † Jesus, and more

Jesus of Nazareth had no financial wealth or family of His own. He never traveled far, mostly in Galilee. Additionally, He never held office or wrote a single book. Furthermore, He and His disciples who traveled with Him possessed no physical weaponry amongst them.

However, never did all the world's greatest empires, kings, armies, or navies ever change the world as much as this one 'man.'

Truly...coming from divine origin.

*† Seeking and using harmful substances is not how He told us to behave. Nor, would He advise us to give/sell them to others. As it appears – when we turned our backs on God, our world became engulfed with death; a result of our sins. †*

---Shaun P.

St. Ignatius of Loyola -

*If God sends you many sufferings, it is a sign He has great plans for you, and certainly wants to make you a Saint.*

### Previous Quote

—This being an amazing quote, one of which as addicts we embrace. St. Ignatius of Loyola, however, was a controversial figure. A brief summary explaining why, resides in the books index. [2]†

—Not to be confused, there's also St. Ignatius of Antioch, a figure from the first century. Who was a friend of St. Polycarp and St. John the Apostle. Saint Ignatius of Loyola resided in the sixteenth century, and was the founder of the Jesuits Order (Order of Jesus).



# Chapter1: Prayer & the Holy Spirit

Useful example: For the addict in those early dark days of recovery

Saint John Chrysostom

Prayer is a place of refuge for every word, a foundation for cheerfulness, a source of constant happiness, a protection against sadness.

2        Myself, and others I know have tried more modern or in some cases liberal approaches to happiness with positive thinking always being paramount, although challenging to keep active ‘most-of’ to ‘all-of’ the time. Then another twenty-first century ideological approach I attempted was in a spiritual nature. However, I was attempting to be spiritual by praying to God without the help of our Savior Jesus Christ. Scarcely knowing what I was doing wrong, these attempts at a Spiritual Awakening began to feel more and more like abstract prayers. I had in my possession two books which were both designed to revive a destructive addict’s life by involving more faith and spirituality. I constantly saw the words God and spiritual in each book. The more I read, the greater the multitude of these same two words. By contrast, I now began ever so slightly to raise my thoughts up to an unwavering level of spirituality. Although I now design to imply, as I continued on and applied greater effort into my spiritual self on a quest for faith, not everything was continuing to go well as planned at the commencement of my effort. I now merely call your attention to the One who was missing from this faith of Spirituality.

3        Back when my life was falling apart and I was enduring a high level of tribulation, my faith at this time was shaken to its core. When I call to remembrance this occurrence, I come to the grave realization of which the truth here being that I was no longer anymore at this time, not to mention for the past twenty years since the beginning of this sinful time frame, living in God’s ‘Word’ as one was raised to be. I had displaced myself from God, not even realizing that He was right there with me. He was close by throughout the

entire duration, trying to get my attention. He was the only one who could resolve such problematic conditions, yet He went unnoticed.

4        It is not too much to say that God to me was nothing more than a paradox of noninterest. With the word of God being nothing more than useless rhetoric, was to be dismissed at all times. Coupled with the fact that throughout the duration of this entire period I was committing the most insidious of sins on a relentless pace. I wasn't paying the slightest notion to Him, even though He never halted His reaching out to me this whole time. He was trying to get me to listen so all the chaos around me would finally cease to exist. When I was at my deepest point, applying a stressful endeavor of a return to God as I begged ceaselessly for His forgiveness, my old Christian values were gone. I actually thought more modern approaches for completing goals of gaining happiness and self control were needed in these modern times. I was also falling victim to more modern communication techniques to be used with God.

A.1 Trapped in Oblivion, a Greek word for hell, but now I saw light. Questions of religion and reasoning were being welcomed, for it had been some time since before. Strange as it was, now thoughts of theology, how to get a potent substance exploding through my bloodstream and brain and yet also philosophy were coexisting all at once. Higher powers of intellect seem to be uprooting me out of this Hell but the devil bestows upon me a sickness of evil origins. One that of which has no quick healing from unless... Unless now to become hapless as I cowardly crawl on my knees, bow in honor to his false greatness and except his potion - one of which delivers me only temporary healing power leaving me ultimately dejected at bay in Oblivion. As I observe other souls enter eagerly, then be confined to this hell, a hot and exhausted atmosphere surrounds me. Feelings of trepidation rush through me as I know I will soon be sentenced here forevermore. Nevertheless, we all encounter a means of escape. For only One has the power to lift us up when we have fallen this deep. Family and true friends can arrive, whence helping give guidance towards Him. We must except an offering hand for our offers of help are too quickly becoming extinct.

Satan now arose, a standoff of two beings one of which being I and contestation began. Upon speed of which I could never match, he crushed my will-power with ease. But now these matters have seemed

to change for me, as now I'm granted favor. I possess a Sovereign Power on my side....For others should hear me well, if no others have guided you in this same direction it's an effect of something remaining incorrect and misguided with improper reasoning in the explanation with which of that you received. Because this Sovereign Power we beseech can do all and in the whole matter of all, is all that we need. Yet now as Faith and Knowledge outlines the completeness of reasons for, you'll see with unification we gain more into our secular lives as with time new wisdom is well gained and thus our new Power see's all so muted from us nothing will remain.

Its becomes unfortunate when individuals return to the destitute life full of suffering and death, for this happens with all. I shall forever bear in mind the memories of returns to this dark world and all those many solemn hours I spent with the master of this house called Oblivion. Its occupants seeking improvised shelter from the elements as the devil's long dirges forever ring in my ears. How did I get back here? This nature I enjoy is nothing more than flames the further I travel the hotter they become. I lay on my bed as I wake in the morning but what's this beside me. This creature only seems to be now all so different than that I remember, as I'm in this feeble condition, than she once did last night whence being impressed and attracted. Perhaps this soulless behavior I so rigidly partake in, is no more that of a forcibly nature of which I don't approve, nor enjoy. Intolerable suffering in this morbid condition continues so I plot and make yet another escape.

Back up on Earth there appears sources of help and those who relate too, yet many sinners and liars presently in front of me still. Only now I focus my attention on Him with those by my side as together we fight away the demons of all of existence; yes, we now thoroughly and relentlessly cleanse the earth. For no one can hide from us, with God on our side. With counsel from Faith & Knowledge, He will bless all with new resolute endeavors to help others, protects others and make a difference in our world as we leave a positive impact on all of humanity.

5        With this mentioned before in paragraph four (F&K 1:4), I will now confess that It wasn't hard to gain forgiveness from God, however, it was hard to take advantage of His wisdom without the help of Jesus. Believing in God but not His Son is having belief in

vain. A futile belief, if I can go as far as saying that. How do we receive the Holy Spirit without Jesus? We can't and this is one of the main reasons why we need Jesus Christ in our lives. The Holy Spirit is, and will always be your key to your success. Although this being an invaluable gift, it remains easily procurable to anyone who wants it. When you develop awareness that the Spirit is inside you, confidence starts to increasing flow throughout your entire being. When you can actually feel the Holy Spirit inside your body and feel your knowledge increasing ever so much, you start to feel like you are Jesus Christ Himself (Try to remember to always stay humble as Jesus did, however, pride is a sin). The truth is that having a dedicated belief in the Trinity, God - Jesus - Holy Spirit, is the ultimate, richest, most liberating and most enlightening Spiritual experience a person can receive.

6 John 14:16 (says Jesus)

But the Helper, the Holy-Spirit, whom the Father will send in my name, will be your teacher in all things and will put you in mind of everything I have said to you.

7 Unquestionably, Jesus is also our advocate towards God. I supply an ambiguously interesting metaphor on this in chapter 9/9:16. Similar to His process of teaching His disciples how to properly understand God, He helps us perceive the proper ways of maintaining a flourishing relationship with God so we can receive all His gifts and apply His wisdom to work good into our lives. Jesus wiped clean, mankind's sins as He hung on the 'criminals' cross and He continues to facilitate us to gain penance for our sinful nature.

8 Romans 5:9

Much more then, being now justified by His blood, shall we be saved from the wrath 'of God' through Him.

9 Prayer is a more powerful force than you can possibly imagine. Prayer is the most puritanical way you get through the most difficult of times. It should also be your main source of inspiration and guidance, at all times. Anytime you're not sure which direction you're heading in - ask God. Anytime you don't know the answer to something/anything or if something you're getting yourself involved in is correct for you or others it might affect - ask God. You must have faith if you want improvements to take place. *It is when we believe in the word of God, that which then at this point, His word*

*now becomes, ever so powerful.* Take advantage, this He wants. Never be fooled, God is omnipotent.

10 Henry D. Thoreau

It's not what you look at that matters,  
it's what you see.

11 Praying is the most intimate conversation you can have with God. You'll need the inspiration right now and who better to ask, than He who knows all. God will listen to anything that you can possibly contemplate to ask Him. He'll always be available to converse with. There's no reason for you to become discomposed with embarrassment over any subject matter that, of which it might be, you'd like to 'get of your back'. You cannot become ashamed or humiliated while speaking to God. Easily accessible for you to contact, He does not care what time of day it is because He's never too busy for you. He's even available in the middle of the night. Whether at school, work or stuck at home in a winter blizzard, you can have a conversation through prayer with God. Furthermore, you always have the New Testament you can turn to if you're more comfortable just reading right now. This is also a good way to listen to our God.

12 Along your journey ever getting closer to Christ it can be difficult to pray sometimes. At times you 'feel it' and other times you just can't get yourself in the mood. It might (only at first) feel unnatural for you to drop to your knees and speak to God. Did you know that in ancient times instead of bowing their heads, the people of antiquity would face up towards the heavens as they spoke to God? I find this method of prayer far more arduous to get comfortable performing. While properly disregarding this for now, maybe you'll want to attempt this at a later time. However, it may never become comfortable to execute prayer in this precise manner anyhow, as most all other people do not follow this method in present times. Just realize how easy we now have it to now pray in the modern method. Many people find it effortless to quickly kneel down, bow their heads and ask God for something. To ask God for a favor. Just spending a few seconds to ask for the strength to get through or accomplish something, is how most conversations happen with the Almighty and there's nothing wrong with. These quick prayers have always helped

people to get through the day, especially in these busy times we now live in.

13 Using basic meditation techniques like deep slow breathing always helps to relax me and modifies me to that point of focus, where I can have usually a fairly quick, yet thoroughly clear conversation with God. Repent, request forgiveness and then for His rewards - simple! I ask for advice on how I can help others and this is when I get the answers I'm searching for. Deep breathing can also enable someone to spend more time enjoying the simplicity of peace in that wonderful moment. However, all people will have to find their comfort zone, usually a certain physical place; such as kneeling bedside. But what else gives you strength and motivation to pray? *Do not forget*, that you are no longer required to attempt or accomplish anything by your own power anymore. You're equipped with guidance for whatever task it may be that you want to fulfill, or need to carry out. It's not just the power of your human being that brings you to pray or do anything else. You always have help! This will be one of the many gifts the *Holy Spirit* will bless you with.

14 With the Spirit you gain more experience and knowhow in all categories of life. Now at times you will have more intelligence but it appears to others and feels natural to yourself. It's truly amazing how when going through your daily activities, how the *Holy Spirit* intervenes incessantly. Another blessing God has already given to you is the gift of a soul, but how do we use it? How do we fully activate this soul into positive use in our lives? Why have a soul, just to let it deteriorate into waste and not gain any benefits to more sufficiently enrich our lives. You can call it thinking with your soul or thinking with your heart, but I now call on you to merely remember one thing that's of uttermost importance to all: not all knowledge comes from the human brain. It's your soul that needs vital awakening by believing in Christ and receiving His gift of the *Holy Spirit*. This being the reasoning, why we pray to God through Jesus, because he will enlighten your soul with the *Holy Spirit* and all you need to do is surrender, and let it guide you. For the word of God is *always* the truth. The word of God is *always* the proper way.

15 Proverbs 3:5-6

Trust in the Lord with all your heart and lean on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.

16 1Romans 12:12

Rejoice in hope, be patient in tribulation, be constant in prayer

17 It takes awhile to build up the courage to pray for specific things. Myself, I never felt like I earned it yet. When I prayed, I'd go over the past few days in my mind and felt that I hadn't lived diligently enough in His word. I'd be too 'selfish' to think I could ask for anything specific so instead I repeatedly asked for broad topics. Eventually you will gain the knowledge to know you have the right to ask God for specific things when you pray. Don't be afraid to ask for too much. God wants to give you what you need in order to place all the correct attributes in place so you can live comfortably and with success. God has always and continues to want, you to live in the full potential that He created you to be in. Some people expect to receive everything amongst all topics of which they pray for and this is okay. You must trust in His timing, but still it's okay. When you engage in honest conversation with God and you ask for help, you have the right to expect what you asked for. God never says no to you. In the book of Matthew 6: 6-10 he tells us to pray in private to God. That God is already aware of what it is we need before we ask and to pray with an idea firmly in mind. And Matthew wasn't shy or decomposed in his thoughts of what to ask for. It is written, that Matthew then asks to have the gifts of heaven here now on earth.

18 1John 5:14 (KJV)

And this is the confidence we have in him, that, if we ask anything according to his will, he heareth us

19 There was nothing I was focusing my mind on, whence using or throughout short durations of sobriety in between, that was ever going to pull me away from repeatedly getting sucked into what was basically continual drug use. My priorities were erroneous, but like most it started with fun and laughter, thrill seeking, sex, etcetera. However, after so many years and still not uncovering any meaning to my life, it became solely about drugs and the fun was no longer. I was seeking all of my happiness in new and evil inventions born from nothing more than worldly matter. Searching in diabolical man-made substances without concern or guidance for my own welfare. I dreamt

wrong things were right, an automatic response of behavior came next as I'd happily acquire man's maliciousness as if it were a gift meant to please for the good.

20 If I had only known then, that the word of God always proves to be true. If I had only known back then, that when I became an adult, to seek glory through God before anything else.

Furthermore, when I made my first attempt towards a return to His glory, if I had only known, that it's Jesus Christ, whose is our 'middle-man' in a relationship seeking God's forgiveness and blessings.

21 Charles Spurgeon

Free will carried many a soul to Hell, but never carried a soul to Heaven

22 1John 2:1 (KJV)

My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father

23 1Timothy 2:5 (KJV)

For there is one God, and there is one mediator between God and men, the man Christ Jesus

24 John 16:33

I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.

25 The *Holy Spirit* takes the love of God and makes it personal. No more is it *He loves the world*, but now it has become *He loves me*. At this moment you begin to perceive just how special you are as a person to Him. You're given the knowledge to know first-hand the amount of care, compassion, and planning that God has put into your life as He monitors it with incredible detail.

26 The *Holy Spirit* gives you wisdom and understanding which is humanly impossible to ascertain alone. He also helps you look past situations and see the 'big picture'. The *Holy Spirit* will solve problems relating to yourself and/or others in your life. The latter of these certainly became true in the life of my own. He can even also help on a variety of issues as in deciding if the time is right or not for someone to resign from their job. The *Holy Spirit* helps you to be able to see through other individuals in order to be aware of their true intentions, because we're not always aware of what others



intentions truly are. I'm also well aware from my own experience that this past statement is definitely true. As it is written and as it appears, He gives advice on all of life's situations like when we should share the Gospel with others and when we should leave things alone. The Spirit delivers peace and comfort during delicate times. This is one of the main reasons we learn to depend on Him. Another significantly outstanding blessing of which we receive, would be the warnings we're given of upcoming dangers.

27 With this mentioned above, I now advise you to learn to depend on the *Holy Spirit* and one can only do this if He is active in your life through Jesus our Savior. I guarantee, and as promised from above, the Holy Spirit will embrace you with knowledge and wisdom beyond man's ability. He will interact with your thoughts and decision making when the notion of Jesus living inside you becomes a new foundation for all matters involving your life.

28 1 John 2:2 (NIV)

He is the atoning sacrifice for our sins, and not only for ours, but also for the sins of the whole world.

29 This last scripture by the Apostle John is telling us that Jesus is the way to make amends for our sins. Through Him we take a path of repentance to our God's full divine being, God the Almighty, Creator of the Universe. After this John, friend of Jesus, informs us saying: God's love is perfect – exactly what I've spent my whole life searching for. Then after, the Apostle John reminds all of us that if we say we love God but continue not to live in His word, this means we do not trust Him. I'd have to now say, that it seems as if we must not approximate the love we are receiving from God if we proceed to commit sin and are too irresponsible to live in His word. Beyond doubt, frequent sins and disobeying the word of God, must cause someone to forget the expecting of gifts in return from God. These gifts from the Kingdom of God are not something we try to mitigate, yet I myself have struggled not to commit this crime.

30 At such times, I delivered a sincere, earnest and time consuming reading of the word of God. But was I genuinely sincere? It seems I was also finding the time for a continuation of sin, during such a period while I was expecting to receive all the gifts from the Kingdom of God. I now believe, it was the *Holy Spirit*

which was guiding me to perform a mundane ritual of prayer with God and was also helping me, even during time of prayer. It is essential that you communicate properly knowing where you are in your relationship with God and where it is that you really desire to be. Soon, with this guidance I was receiving, I had figured out that the place I desired to be, was also the same place upon where I'd be receiving those gifts I needed to fulfill my life and more importantly to assist others in achieving the same.

31 In my time of prayer, I knew I had to be honest and confess my sins that were still taking place (although not as severe and less often, bad habits remained ). Many people might try to claim they can be honest when speaking on behalf of their own previous actions, whether it entails speaking to another individual, or confessing to Our Lord. Yet it is the simple fact that God is the only other being who's fully implicated in all of our actions, which causes the undeniable truth of sins to be acknowledged and confessed. Moving forward with realizing the rewards given by God for an honest, proper and faithful life dedicated exclusively to Him, is what drove me to a life of celebratory fulfillment living in His word. However, while on your journey, a continuum path ever getting closer to God, you must not come with selfish intentions. Selfish intentions produce no favor in your own direction.

32 I was never fully aware, and I didn't have clouding my mind, these many gifts of which I stood to receive. Of course I knew this behavior would help improve my life. I wanted to unselfishly help others in an attempt to bring favor in my own direction. I'm sure I would've even been reluctant to put in as much effort as I did, if not knowing I'd receive at least some form of endowment in return. However, I never understood the extensive happiness, and powerful knowledge that I had placed myself in position to receive. I wanted a relationship with God through Jesus because I was in envy of His righteousness. I bowed down and offered love because of His divine way, which is a perfect way, as He possesses the truth that man can never possess on his own. He's an omnipotent force, the one and only force the illuminati cannot defeat, even if they continue to worship Satan during all future Super Bowl half-time shows. [3]†

33 So as it seems, no one could ever fake a relationship with God even if they so desired anyhow, because God knows all. He

knows if we are being sincere, what we think even before we think it, what we do and even knows what's going to take place in our lives before it happens. This here is what the love of God is all about. This here is why Jesus the advocate is the most important 'person' in all of our lives : The greatest thing in all the world is that He has the power to *change one's future* before it takes place, if He is *asked properly* to do so. God can provide you with the outcome you so badly desire. I confess many times in this book that I now realize - God wants us all to live in the full potential He designed us to be in.

34 We use prayer because, although we're beseeching the forgiveness and guidance we so desperately need, we also refuse to give up on ourselves. In essence, we thought our self-confidence and motivation had retired. On the other hand we are now given new strength and energy when realizing we were falsely looking at our obstacles in a manner leading to repeated results of failure, not realizing our lack of effort. A whole new way of dissecting and/or responding to all elements of our lives, not just substance abuse, is an achievable goal that we already commenced working towards. Our use of drugs will be turned into a vastness of knowledge coupled with experience in life, which is always more valuable than education. Time is something that we can't get back. Wisdom, however, we stand to gain.

35 Aristotle (Philosopher from the 4th century B.C.)

"Anybody can become angry - that is easy, but to be angry with the right person and to the right degree and at the right time and for the right purpose, and in the right way that is not within everybody's power and is not easy."

36 It's not what happens to us, but our response to what happens to us that continues to hurt us. Your identity does not have to be lost in this damage which you've already caused, or this healing you are now going through. Likewise, if you feel because of this lifestyle which you've been living, that you never had or don't like and need a new identity, then this goal is also achievable. The commencement has already begun. These most challenging and rewarding difficulties that you're going through become the crucibles that forge our character. This book/program will immensely develop your internal powers. In time you will have a vastness of control from the inside flowing out. You will know and love who you are. This you

must, because you're sick of your thoughts and sick of the negative words of which come from your mouth. Words of agony, words of discontent, words of anger...

37      The 'Word' was Jesus and mankind's greatest blessing came when the Word was revealed 'In The Flesh.' For we as people, are not reaching to become divine with our Maker, because this taking place, it cannot. Our quest can never be, to become of a singular form, with that of God. Although because of this, we'll never lose our individual identities neither. However, the Word was transformed into the Son of Man, so we now became partakers in divinity. All of us should strive to be as close to fully righteous as one can possibly be, using the Word in the Flesh as our 'model' example, although no man is able to reach this level of complete righteousness. Nevertheless, we all receive the Holy Spirit delivering into our lives, none other than destiny. We now blissfully keep this amazing feeling upon us, knowing we are one big united family who all love God and also, who all love each other.

### 38      The Godhead

As followers of God, this is yet another element in which we graciously love and understand. Not to mention, graciously love and don't understand. Three in One, being a multiplicity of 'unequalness' and at the same time showing wholeness all in One; or even a fullness in two. Do not be mistaken, this is not a 'triplicity' but this is a Trinity. A Triune Divine Being.

Chapters end

## Chapter 2: Am I A Phony & Free Will

Only God's a proprietor of unmitigated free-will. There's no laws restricting His will, because God is his own law, and He remains firm without variety. In chapter one of the book of James, he tells us that when it comes to God, there's no variableness.

2 As humans our will is subservient to God, however, His will's subservient to nobody or nothing. He will never act better, because God couldn't within His realm be any greater than He is. On the other hand, He never changes for the worse, He's always God. His will has absolute freedom and can accomplish anything without limits or defeats.

3 As humans it's not all about our own will, as God didn't design to save men on the basis of their own will being saved. If this were possible, human will would end up determining His will, which is in no way possible as He's absolutely free and only self-moved. Not to mention, that God is unable to ever commit sin and He created everything, so all is less than He is and nothing is even of equal status; nothing.

4 However, as humans we certainly do possess our own free will. Our self-determination is free will and it's brought forth from within our own being. Our self-determination leads us to free acts and this is why we're responsible for our sins. Our actions become influenced by our intellect and emotions but it's this free will which offers us the ability to fall from greatness. It also designs to imply that although our environments may have some ability in order persuade us, sin is always our own doing and the fault cannot be put on any other, including those who teach or especially on God. Matter of fact, this is why our will needs to be pointed in the direction of God. When we turn away from the will of God our self-determination eventually becomes involved with sinful thoughts and actions. God will never contribute to this evil and the more we use our own will the more sin we commit. Now we have become a slave to this sin and our freedom is gone. *Our freedom is gone, because we have lost our free will.* The only possible conclusion of which we can reach, is our will must be placed in the hands of God.

5 Am I a phony to now start using God now that I'm desperate, because I have not been living in His word or never even been a believer?

6 A lot of individuals 'get religious' when they are away at a rehabilitation center or they are incarcerated. In prison or inside the local county jail, it's common nature to observe individuals who criticize the other men, or women, who now supplicate God's blessings and are using His guidance to get through a time of intense tribulation. They may even be attending Church or a Bible study group, as they search for having meaning to their life. Additionally, they're commonly accused of confounding behavior. Meaning the accusations against them consists, of them only having faith when 'on the inside' but not living that way when they have their freedom.

7 The smaller percentage of the accused who do always believe in God or practice a certain religion struggle to keep that lifestyle active while in society. Their faith 'comes and goes' resulting in sin. It could even be a great multitude of sins they commit. Sometimes even horrible and violent sins come from these people who think they know the way of living in faith but we are all on a continuum path forever getting closer to God no matter how faithful or not we currently are. Even the most pious of men showing nothing but the most holy of behavior in everything they're involved with, are still learning and growing in their relationship with God. We are all on a continuum path, ever getting closer to God.

8 If this continuum adventure towards God exists even in men displaying great piety, then you can consider yourself further down the scale of a proper spiritual lifestyle, although still on a positive tract. Relating to substance abuse where we continually use more and more, however, with the substances it appears that we are never satisfied. Yes, our path towards God leads us into craving an ultimate feeling of accomplished satisfaction as well, however, we realize this occurs only after life on earth has concluded at the point when eternal life begins.

9 Cocaine abuse also had me looking for this ultimate feeling. As the years went by I would dream of one last incredibly expensive 'big use,' ending my cravings and eliminating the addiction. This thought process only resulted in many bigtime expensive nights repeatedly using this drug. There's just one thing I'd like to point out here for you.

10 During your continuum path ever getting closer to knowing God, the ultimate satisfaction may be only after death, however, there's much other satisfaction that remains constant all throughout your journey. It remains constantly about in all times, not just sojourning during times of prayer, attending church or reading the Bible. The gifts from the Kingdom of God won't disappear between your usage, and they only increase throughout time. This is the difference between Spirituality and cocaine/drugs. Not to mention taking this path will personally cost you not a single dollar.

11 From the most difficult of situations to a life filled with success, God provides anyone with improvements when following in His word. Nobody should ever be too embarrassed to turn to the One proven source which contains more wisdom than any other. This is something that patently just makes sense. Anyone who's against another for taking advantage of this wisdom could only be in envy and acting out on their jealousy. Either that, or they're currently not in the correct state of mind to think on an intelligent and beneficial level. Seeking (or used in the Bible – Beseeching) the correct philosophy to be used in order to improve one's life, will always lead the seeker to a return with God. Nobody because of their own faults should ever feel not worthy, for it was Jesus Himself who traveled throughout the Holy Land helping the law breakers and bringing comfort to all sinners.

A.2 The battle with this foe from the malevolent underworld, which I once thought to befriend, left the entirety of thy body and mind as well, as if I spent years in the trenches on the western front. We dispose ourselves to the devil, overcome by the splendor of achievement to veritably be in his presence, which at first we view sacred. So hurriedly I went on, as screams for mercy was all that were heard. Becoming confused, as now I tried making sense of what had been brought forth and what now taketh place; and what these bloodcurdling, suffocating surroundings true identity really were... It were as if these illusional and devilishly drugs, these beguiling drugs, were the Emperor of Rome. Yet compared to them, I was no more than that of, a gladiator slave.

Continually fighting for my life as command was kept over thine will. Hitherto, this hand wielding evil upon me had then cast a new spell another substance I required, for this new potion delivered was all too misleading. All seemingly to weak at first, but then time protracted on. Was it only a matter of days, or had years traveled by? In Hell we can't tell. A substantial change here is merely nothing, for nothing carries any meaning. Suddenly coming upon me, and there is now one thing being for sure, Satan, now has infected my soul. Notwithstanding, he now grows in my mind, as if he, were a trustworthy ally. A noble friend of great importance to me, more than that of all others; if he told me to deceive thy love ones, by response the deed was quickly commenced, if he told me never to worship Christ, then I wouldn't but somehow regretfully. With reluctance in my face, I perceived acts of unrighteousness. Something remained firm, deep inside my soul that knew the latter was in ill-nature indeed. A narrow escape, was now well in my grasp.

Upon this journey, one that casts black scars across our hearts, yet delivers invaluable knowledge and experience. I needed an occasion to restore faith into my heart, so this you must remember, when concern fills you for another soul. Of course they might not show willingness to pray, to read the Word or be stubbornly in nature as they resist believing anything which that obtains to a Higher-Power, but this is where we need to be uniquely creative. When in the midst of committing sin our corrupted minds are almost unalterable.

Thyself when once being at the time of living out this chaotic lifestyle, I once and truly enjoyed acts of evil. For I kept much pride, in being of evil stature but then once upon me I thought, was evil an actual nature in itself? Or is and was evil, the mere simplicity of being just, a lack of good. The cause of evil is good in the way in which evil can have a cause. So never mind my many acts of evil but



even my evil thoughts of which I kept to myself giving me the impression I did not act on them...were not so, because at that moment I was attacking the reality of good.

12 Psalm 120:1

I call on the Lord in my distress, and He answers  
me

13 Psalm 147:3

He heals the brokenhearted and binds up their wounds

14 *As Humans We Colligate with God on a More Human Level, Ever Since God Showed Himself as Man*

15 So what if someone is only a believer or begins to become a believer when they get put into these difficult situations? Is that not when you need God in your life more than ever? Newcomers will even get persuaded simply out of boredom or peer-pressure at times, with the initial thought of not being able to relate to anything that obtains to God, leading to their premature evacuation from having anything spiritual in their life. However, I design to imply that once they've learned that the only truly righteous man ever to walk the earth was none other than Jesus, but He was condemned by the Jews, labeled a criminal which ultimately led to His death - the newcomers now start to relate on a personal level with His story. They began to identify with His struggles and how He was ostracized by the majority of the society as He traveled throughout the Holy land (mainly unwelcome, when leaving His homeland of Galilee and traveling further south, eventually into Jerusalem. For the tribe of Judah, was no longer true Hebrews in race or religion, and Christ taught the ways of the Old Scripture). His followers, especially His twelve disciples (also from Galilee) were also all considered criminals.

16 Jesus Christ was regularly assisting other people desperate for help whether it was spiritual, physical or something else. Sometimes they were society's undesirables who had fallen into great disrepute, whence others were drunks (drunkards), and some were thieves. One of His own disciples Matthew (also known as Levi) was a hated 'tax collector' sometimes referred to as a Publican. These tax-collectors were well known for charging their fellow citizens extra, in order to acquire a small fee for themselves. There were even drug addicts in the Bible, you will read them referred to as Sorcerer's.

17 Jesus said that it is not the healthy man who needs a doctor. He did not come to pat the righteous on the back. He was not sent to glorify Kings or the High Priests. Although He himself lived a utopian life in a time when that was a difficult thing to do, He also fully comprehended and wanted to help others who were conflicted with many different problematic issues. Not all of these people were heavy sinners though. Some people He met while traveling throughout Galilee/Judea were physically handicapped or sick from a disease and the power Jesus was instantly able to heal them.

18 Having feelings you're a reluctant newcomer?

Relax, you don't early on in your faith have to believe He performed some magical miracle that instantly cured these people. Soon you will come to know this wasn't magic He needed to use and that He did perform these miracles, but you can simply put this off for now if you're not an avid believer. It's time for you focus on what was really accomplished in these stories and the true message behind them. After Jesus was done with them, they realized you must keep your faith in God during your toughest hardships, like 'Job' did in the Old Testament. Afterwards, as they got better they had a new appreciation for life and everything in it, whether big or small. These people He healed now knew everything they receive in life is because God made it or He personally gave it to them and now they could use their newfound wisdom to achieve success while also helping others going through difficult obstacles just as they were.

19 Criminals of all kinds were also on His list to befriend. One reason here being, He felt they were mislead; sound familiar? Those who couldn't understand how to make sense of His inhibition towards the ill-being, well, Jesus always had an answer that would make them understand while dignifying his own actions.

20 There is a famous story from the life of Jesus where a woman accused of adultery was violently being dragged through the streets. Upon her, a surrounding crowd that was violently screaming to have her stoned to death, a typical action of punishment for a crime of this nature in these times. The whole crowd was in favor of this inhumane punishment, so how could Jesus possibly help this woman? He simply said, "Let he who is without sin cast the first stone" and with those words not one man would commit, realizing these words from Jesus meant a sin was a sin and they all had them. Yes, it's hard for us not to label some sins worse than others but in His mind this

woman could still be forgiven by God if she was willing herself to commit to a deep and honest repentance with God himself.

21 The message from the Lord Jesus Christ was, no matter what your sin or sins, you can gain forgiveness through repentance. You must admit your wrongdoings to God and you need to ask God for forgiveness. The Jews could never understand this. Jesus was showing them different ways to understand the Word of God. Showing them how to pray to Him and what to expect. The Israelites people had a long history of sin, followed by punishment, then returning to God and reaping the rewards. This cycle continued for many centuries. In the year 125 B.C. the tribe of Judah were the only remaining Hebrew tribe in the Holy Land. Now being referred to as Jewish, there were once actions being taken which could result in once again offending God. Then Jesus was sent to teach them and establish the proper way. The proper way of living on earth in order to have peace and acquire eternal life; Eternal life? Heaven was never spoken of in Hebrew traditions as a place that any man's soul could travel to after death on earth until Christ arrived.

22 Jesus wanted them to stop focusing only on the God of the living, but mostly on the God of the dead. Make them understand that He was still speaking of only one God when He referred to Him as His Heavenly Father. Your time spent on earth, is just a very small portion of your life, was the crucial point being made. Eternal life in heaven, taking up the vast majority of your life, were the new teachings coming from the mouth of Christ. How amazing times must have been, to be living concurrently with Christ.

23 Non-believers foolishly missed the message coming from situations like this mentioned above. Even believers nowadays, will spend all their time trying to prove or otherwise disprove theories coming from religious dogma. Don't let your efforts be misguided and become too involved with religious histories and dogma. I excessively studied theology and discovered minor quarrels that separated people (Christians, for centuries after the Resurrection) but Jesus was still with them all, as God's behavior remained the same always and forever, eliminating the need for these quarrels that unfortunately continue to this day.

24 The Messiah (or Christ) had arrived inspiring others to live a more humble life. Large amounts of money or man-made material objects are not what we should be seeking to bring forth us happiness. The greater accomplishment is happiness without

possession. Ever since the arrival of Christ, we've known that believing and loving God through Jesus Christ, is the way we secure our entry into heaven. But be not mistaken, for God has many blessings to deliver us here on earth besides the gift of earth and life itself. Just imagine having someone with you at all times throughout your whole life, during every situation whether positive or negative that you encounter. Not to mention, who's always on your side and trying to help you no matter what it is you're involved in.

25 Jesus was a wealth of new knowledge for humanity's past, present and future. Somehow the overall picture was eluding the people of Judaea. The Messiah was supposed to defeat the Roman Empire, so He must come in the form of a great King or General, right? No, that didn't happen, with the final conclusion being Jesus and Christianity that took over the whole Roman Empire in the end. The Zealots of Judea strongly believed in, someday defeating Rome militarily. They'd never expect such a peaceful 'man' as the Messiah.

#### 26 1Corinthians 3:16-17

Do you know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him. For God's temple is holy, and you are that temple.

27 Jesus had arrived at the perfect time. He had come during the Pax Romana which was a relatively peaceful time (27B.C.–180A.D.). The Roman roads were now allowing information to travel further than ever before, and with much greater ease. During this time the roads continued to expand, allowing better communication all throughout the Roman Empire. The Mediterranean

Sea had become its own busy highway as more cultures learned to navigate as well, as the Greeks had done for centuries. This led to civilizations learning the ways of other cultures. During the Pax Romana (Roman Peace) the Empire grew to 60-70 million people. Yes, it's true the Romans still ultimately controlled Judaea (including Galilee where Jesus and His disciples were from) forcing the people to pay taxes to the Emperor but they were in charge of their religion and internal affairs as long as it didn't interfere with the Empire.

28 God's love is always there for the taking. It's our undeserving that puts us in a position to receive His grace. You cannot fall out of God's favor. You don't lose His love or commitment because of something you did wrong. This is what Jesus taught, if you're not receiving His love and grace, this is because

you're ignoring it. People with obsessive thoughts and addiction problems must think about this next sentence and take it into immediate consideration. Are you someone who always feels the need for something, as in anything? (for years you've used drugs to compensate) Your body's fatigued, but your brain remains filled with racing thoughts. You always have a need of some temporary satisfaction allowing you to slow down and focus on your thoughts. You're someone who always has a feeling of need. For some reason you're not 'in the right' because you need some kind of fulfillment. This is where God can step in, and satisfy your needs.

29 When I turned my addiction over into the hands of God, I still kept in sinful behavior for a period. Even when I was staying away from the paramount issue involving drug use, bad habits remained for quite some period. You must trust in God's timing. It's become time to realize that the more you suffer, the greater your reward will be in the end. You won't find the word patience in the Bible, instead it's referred to as long-suffering. Obstacles in life are there to make you stronger and will increase your overall intelligence and perseverance as you gain more experience.

30 1Timothy 3:2

Therefore an overseer must be above reproach, the husband of one wife, self-controlled, respectable, hospitable, able to teach

31 Do you believe in heaven? Do you know others who believe in heaven? Have you noticed that the actions they take throughout their lives for acceptance into heaven results in them living a respectful, favorable and joyful life? Having a blessed afterlife on their minds produces a blessed life in the present as well.

32 Jeremiah 20:11

But the Lord is with me like a mighty warrior

33 Titus 1:9

Keeping to the true word of teaching, so that he may be able to give comfort by right teaching and overcome the arguments of the doubters

## Can't Separate God Using Philosophy

34 Moving forward with a lifestyle in which of being and continuing to be sober, requires knowledge in many areas. The more immense your knowhow is, the more reluctant you'll be to throw away health and money on substances. God will always remain

paramount, being all that someone truly needs in order to obtain their freedom from bondage. Although, it's also true that the procuring of other wisdom is crucial for most, so don't be afraid educating yourself in other areas. Never think subjects with a thematic of philosophy, physics, or psychology can ever separate you permanently from God. This can never as 'in the end' it's always ultimately impossible. The power of belief in the Godhead is a more calculating experience than all other. Constantly delivering us knew wisdom on this odyssey of everydayness.

35 Faith and Knowledge To Overcome Addiction contains a few short stories of Saints and Martyrs in the hope that the reader will become captivated and beseech more related reading material. Are you aware that the twelve Apostles had more than just common followers as the Church also recognizes another 70 Apostles? A few are mentioned in the book, as an epistle written by St. Polycarp is located at chapters end. As my addiction brought thyself to 'rebirth' researching these famous people in OUR history became a sort of hobby of which brought comfort to me. Many of these men suffered horrible endings to their lives, but this only displays the power of Christ. What should be stories of depression, bring us maximum inspiration as these people suffered far more than we have in our addictions. They did it all for us to have our insides filled with peace, and what they accomplished two-thousand years ago helped significantly to be closure to my drug use.

36 There's an infinite amount of knowledge we can gain when keeping our minds on a steady positive path. Rehabilitations, prisons and psychiatry centers will provide you with minor self-improvement reading material, maybe. Even then it will be limited so don't become completely engulfed in what you are receiving/reading, because if it was as easy as positive thinking on our own; we'd have no reason to ask help from our God among many other things. Just like if strictly mental-health medications, with visits to mostly unqualified one-on-one counselors, was the sole answer, then everyone would take the medication that matches up with them, without any problems in society. You need spirituality whether alone or combined with other elements of self-improvement. Far too many people get involved with exclusive help of which they're lead to believe will cure everything needed. If we could do all by human nature alone, then our communities would have no reason for so many prisons or psychiatrists. Yes, we all possess a slightly different mental

structure. This being only more the reason, to not believe what you see or do are the only possible avenues of escape, for bringing forth success and prosperity to your life. For it's what you can't see but what you feel, that's the best antidote for your problems of which you've been searching for.

37 Erwin Shrodinger

Quantum Physics thus reveals a basic oneness of the universe

38 The Law of Oneness, is the law that binds us together. It means that everyone and everything in the universe is connected. We all come from the same divine source. Our spiritual worlds as well as our physical worlds have their own vibration, every thought or emotion. Every single tiny atom, and every other thing in existence comes with its own unique vibration. Hate is probably our lowest vibration, with love as the highest. Raise your vibration to increase your continuum progression in Spiritual Faith. The highest level of vibration in which a person can achieve is called...enlightenment.

39 Plato

Everything is changing and nothing stands still

40 The Laws of Attraction, states that knowledge alone is not a power. If you're spending your time at home hoping that something will happen without action, well it won't.

However, your first step can simply be faith alone. So now take that first step into faith, and the universe will act bringing more meaning to your life.

41 We might all be one. We might all come from the same divine source which is none other than God, yet we've been blessed with the ability of individual thought. This is our greatest blessing and possession, so don't let anyone rob you of it. With this blessing we're able to control achieving and receiving exactly what it is, in which we desire.

Try to keep track of, or recognize all your negative cerebration throughout each day. It would be difficult to accurately monitor and mark down on a piece of paper when this occurs if your mind is so focused on the next negative thought. It's doubtful you'd be thinking or acting in the same manner. The fatuity of an assignment like that's not something that I'd recommend to you. Nonetheless, you should try at some point to detect the idiosyncratic thought process you have throughout the day, and continue for several days or weeks if possible.

42 As an example, we'll now imagine something small and basic but displays much value in this exercise. You're home

sitting on the couch when you decide to turn on the television. You look around for the remote and then spot it across the room. Maybe for a brief second your first thought is, “Fuck, why’s it over there? Damn, now I have to get up!” Although perhaps initially after this thought, no distasteful actions followed, it still qualifies as a negative thought.

You should appreciate the fact that you have a flat-screen television and the technology of a wireless remote, whence happy as you easily go get the remote. Okay, now this is also starting to sound a little bit fatuous as well. Anyhow, the point here is that just noticing these thoughts, which don’t necessarily contribute to depression or inspire novelty seeking for happiness, they should become far less active in your thought process as a result of recognition. Now that’s where it can pay off in a prodigious way. Having a more overall positive perspective on the basic core events in your life, will branch out into other areas delivering you welcomed results in your life.

#### 43 Using the 5 C’s of Change

##### Confidence

Faith/believe in yourself and your abilities

Courage

Capability to take action in spite of fear

Commitment

Focus, determination, strength and

Consistency

##### Conflict

Struggle/tension that ultimately promote growth and justice

##### Community

Working with others towards a shared

Vision

All can be accomplished with greater ease by allowing yourself trust in God

44 After exploring, identifying and accepting these 5C’s of awareness, we must now utilize what we’ve learned for positive use in our lives. We need to figure out a way to put this awareness to use, in order to have it continue to devalue and eventually discontinue the poor aspects of our identity. On the contrary, we need to use what we learn about our own personalities/identities to bring self-assurance in character and empowerment into our lives. A peaceful, just and humane society is always our goal, and we can’t contribute to



accomplishing this without awareness of the 5C's; and a continuum of positive work on ourselves as well.

As we readily acknowledge some aspects of ourselves, we fail to notice and deny others. If this guide helps you to improve yourself and your surroundings, then you should return to it as you identify more elements of your own personality and behavior which initially you gave no recognition towards.

Not in The New Testament: Saint Polycarp, one of the original

Christian Martyrs, was a friend and student of the Apostle John

45 Polycarp's (John's disciple) Epistle to the Philippians 2:3

But the One who raised Christ from the dead will raise us also, if we do his will, walk in his commandments, love what he loved, and keep ourselves from all unrighteousness, greed, love of money, evil speaking, and lies. In addition, we must not return evil for evil, accusation for accusation, blow for blow, nor curse for curse. Instead keep in mind what the Lord said in his teaching: "Do not judge, so that you are not judged; forgive, and you will be forgiven; show mercy, so that you may obtain mercy; for as you portion it out to others, so it will be constantly apportioned back to you." And in addition: The poor are blessed, as well as those that are persecuted because of righteousness, because the kingdom of God belongs to them.

46 Future ideas presenting a need of Christian unity are meant to be used only after one has separated themselves from addiction, sin, strengthen themselves, and strengthen awareness of their need and want of God ever-present in their lives. We must remember that our quiet, humble, nonjudgmental lives in which we live in God's word, will always prevail in the end as a safe, productive, and most importantly honest world for His children to live in.

When contributing to our society we also must not only focus on presenting ourselves in a 'positive light' to others already doing well, but like Jesus, we help those in need. All of us come with sin but some are unjustifiably over-punished. On the other hand, it's true some only have themselves (or mostly) to blame for the unwanted position in life of which they now reside, yet even they should be presented with proper avenues of escape. The most important and first

step which needs to be taken on their own, is a commitment to live in the word of God. We can then show them just how God will bless them with the needed assistance they so beseech. We do this by living in God's word ourselves, which brings us inspiration to help others, and to be there to help them. Eventually, they will do the same, and this is how a Christian society operates.

47 Another important factor that's currently taking place but completely unnoticed. is a proper society with opportunity for our next generation/s. Many believe we're succeeding in this area but this is far from true. A Christian society can operate with less attention focused in this area, as things would mostly just 'fall in place.' Unfortunately, as Christian values are diminished, we're exposed to just how many evil people there are in existence throughout our world. Black-hearted humans who have dedicated their lives into changing and controlling others as they completely disregard living a life without sin. This being another reason why we must keep faith, as God's unites us. I personally use to be guilty of and still possibly at times will attempt adaptation into areas of life/society, that I simply just don't know enough about its nature. We must be aware of our surroundings and also those who infiltrate our own lives. Also as Christians we also deeply care about the lives of family members, our local society and the world we live

in. [4]†conspiracy

48 Our society remains extremely careful not to offend anyone.....Everyone, except God. As far as we Christians are concerned, we recognize that Christ continues to live amongst us all...So lets no offend Him neither, especially after how much He's contributed to our society and the whole world (universe).

End of Chapter

## Chapter 3: Companionship & God-Fearing

John 3: 35-36

The Father loves the Son and has given all into His hand. He who believes into the Son has eternal life; but he who disobeys the Son shall not see life, but the wrath of God abides upon him.

2 If God is so nice, loving and caring, then why do I hear people who dedicate their lives to Him, refer to themselves as God-fearing people? This term could have a slightly different meaning to different people, however, everyone agrees that this is fear that comes forth out of love for God. It's an expression used by those who try and sometimes even struggle to be obedient to the word of the Lord. It's easily misunderstood for in the Old Testament the fear of God is mentioned in numerous passages. People here clearly have reason to fear their Maker. Then again, we see in The New Testament it becomes more developed into a term used for respect or reverence which coincides with the teachings of Christ. One thing is for certain, people rightfully fear not living in the God's word. Behavior with these false characteristics, will no doubt results in painful experiences that no person has any such need to put her or himself through.

3 I'll just explicate why I myself, are God-fearing. It's not so much that I fear His actions delivered towards me, but I fear His actions I will not receive if I don't have Him currently active in my life, when I need Him upmost. This is what it's all about. What if I was to become entangled within a difficult situation or become involved in a tragic event, which is inevitable? What if things aren't immediately going to plan whether in my life or the life of a friend and family member? What if I become irritated or depressed? During these moments I fear not having the grace of God, if He's not currently active in my life. I fear not receiving His blessings when I will need them the most. I fear possessing none of the courage to be

able to notice the positivity during a time of long-suffering. This is what God-fearing means to me.

4 For it is not God who punishes you when you exclude living in His word. You bring asperity upon yourself when you live solely in man's world. The hardships might last longer than you originally expected when having God on your side. As it happened, this is what took place in the life of my own. Notwithstanding, after the initial feelings of disenchantment, God's power only grows stronger inside us during times of patience accompanied with distress, or as we see in the Bible.....long-suffering. 5 Matthew 10:18

Do not be afraid of those who want to kill your body, they cannot touch your soul. Fear only God, who can destroy both the body and soul in Hell.

6 Nothing besides Him can give you *full* happiness. Are people happy when they advance through society to become rich, or in most cases at the very least, do they now acquire the sin of greed? Most people simply just continue to need more, which makes them forget to appreciate the things they already do have. It's not only material items purchased with money which can deliver us happiness. It's not just our internal family, nor friends neither, which can bring happiness to our lives. God has already given you so many unappreciated things in life which are going unperceived. Likewise, it makes no sense for anyone not to value gifts given to them from God, but we all are guilty of this deplorable behavior. There's an abundance of varying elements to our lives which we tend to overlook. He created an amazing planet for us to appreciate and enjoy. Become in harmony with nature and the things that are free for anyone/everyone to bask in. Following this you will discover a new appreciation for life and the many things which God *has already given to you*.

A.3 For us the straightforward path was not appealing and had been lost. An almost mystical route we went about of which was savage, rough and venomous. A lethality of consequences now becoming the norm rather than the enjoyment of pleasures and blissful living. We conduct others down this thoroughfare but fail to provide forewarning that it was to lead them into an unforgiven dark forest. After hostile encounters with self-centered individuals acting ruthless in their behavior, the time arose of which they substantiate their

surroundings to the notice, that this place wasn't paradise as once it was advertised, but for them it became too late. The only exit out of this forest, consumed of evil spirits in pitched darkness 'twas the entrance, but now my mind had forgot how I ever got myself into such a dreadful situation. When the sun rose up at dawn, it did not inspire life and motivation. Instead it was unwanted brightness, the enemy who shines light into my beloved place of Hell. A place of mephistophelean creatures engaging in unwholesome behaviors whence promoting their ruinous ways to the forever welcomed newcomers.

Occasionally, one would be lost sinking even deeper into a darker hell, a place with the given name of Tartarus, but these losses went mostly unnoticed, so 'tis no bother of mine or to the others. Nothing mattered now anyways, because without God we were already dead. Without belief in something positive for not just our own beings but for the lives of our families and others loved-ones as well, we continued to first enjoy then be fixed in this what the Greeks called Hades.

Baffling the mind we knowingly and unknowingly brought fatal pestilence into our lives. When in this evil place we remained trapped for some time, waiting to be all but consumed. I believe I discovered an exit, full with anticipation I open another door, yet another small passageway so through it I travel. Just at this moment I discerned my blood pressure arise, then alas!

Suddenly, bearing incredible speed he came upon me. The Master Serpent always being in his prevalent boastful nature says to thyself, "my grasp is all too tight and your will is more than broke, it has shattered into pieces. For you travel alone, you will break lose in no manner. Appearing as it now at this moment, as for thee, it has become of the time for your soul to relax, too surrender and too stay. For your triumph of will is now all but all over."

But duty of prayer brought the Spirit to enlighten my soul. Now for us we discovered a force more honest and more precisely, this Divine Force discovered us; as proven 'twas powerful enough to lift us out. As our new unbreakable bond of togetherness develops into eternal existence, we now will be able to properly guide out others as well. We will let them know that life for us is not over, oh no, life for us is now just beginning!

7 1Timothy 6:9

People who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge men into ruin and destruction.

8 In ancient times people would constantly pray to God for a good harvest or to capture many fish in their nets. They would praise and thank him for the food which they consumed and they should've thanked Him, for it is a wonderful gift. Thanks would be giving when God blessed them with rain at the correct moment. Just as a lack of rain when needed, would bring penance upon them. All of us understand that food is an essential part of life, but we must give recognition to the fact that it was much challenging to come by in those times. Unless a member of the aristocrat/noble class, their diets would have but little variation. With the average adult just over five feet tall, most people had a diet which consisted mainly of bread.

9 This bread didn't just appear for them neither. Now of course someone could buy it from those who farmed or more specifically, an aristocrat who owned land which his slaves would work. However, many regular people who be involved in some step of the bread-making process and many people would acquire it as grain, willingly or unwillingly. All together people have to grow wheat first, grind down the grain, followed by adding water and finally it's baked into bread. In current times we only tend to think of size, price and quantity. Although, we do face some challenging decisions, such as which brand or type, because there's far too many options. So food and shelter reigned supreme as necessities for a very long time until the arrival of one, the Son of Man. These were the dominate things that many people had constantly on their mind when thinking of or reaching out to God. This is all until the day a Galilean named Jesus Son of Joseph from Nazareth had arrived, and changed everything forever.

10 Jesus spoke oftentimes of another gift God can bestow upon us. He preached about another variant of food that will bring you joyfulness as it *fills you up inside*. He spoke of food for your soul. Maybe not physical food to consume, although a gift far superior in its nature. Far healthier and displaying more of an essence to one's survival. It conveys a greater comfort, warmth, desire to live and meaningful purpose to your life. Your soul is as essential to your

health as your physical or mental-health. Be always, keeping intent with this in mind because although your soul will affect the way you think and act, your soul is not your brain. It remains a different dimension of the human body that only gets used sufficiently with the magnanimous gift of the *Holy-Spirit*. The gift that Jesus told His disciples the Father would send in His name. As Christians we are aware, forty days after Christ's resurrection, the *Holy Spirit* descended upon His loyal disciples. ★ This marks the greatest turning point in world history.

11 Matthew 4:4

Jesus answered, "It is written, man does not live on bread alone, but on every word that comes from the mouth of God."

12 Psalm 119:103-104

How sweet are thy words unto my taste, yea! Sweeter than honey to my mouth, through thy precepts I get understanding

13       Companionship and good advice will be highly beneficial to your recovery. Involving yourself with other believers can only be but beneficial to your recovery. Also, when focusing on hatred towards others, this brings out nothing positive in yourself. If this previously mentioned circumstance was and remains a difficult aspect of your own thought process, then you must remove the ones from within your life, of which so much energy is wasted focusing on. Those who are targets of your own hate must should in all situations possible be removed. We can disagree with others without negative consequences to our progress and happiness. This transaction in our lives that we're currently taking part of, is simply the incorrect time to have hatred weighing down our minds and consuming valuable space inside our heads. If this a matter of you feeling revengeful towards another, even if who you consider to be a worthless hated enemy, then apply thought into the idea of how when the time is right for you, this is where you'll out-smart them. You don't need threatening words, followed by violence in order to hurt someone else. This mode of action only places yourself in a high-risk situation and this is exactly what we are now removing from our lives.

14 1John 2:10-11 (KJV)

10 He that loveth his brother abideth in the light, and there is none occasion of stumbling in him

11 But he that hateth his brother is in darkness, and walketh in darkness, and knoweth not whither he goeth, because that darkness hath blinded his eyes

15 Proverbs 2:8

Prepare plans by consultation

\_\_\_\_ 27:7

A man's counsel is sweet to his friends

\_\_\_\_ 24:6

In abundance of counselors there is victory

13:6

He who walks with the wise grows wise,  
but a companion of fools suffer harm

19 1 Corinthians 15:33

Do not be deceived, bad company ruins good morals

20 If you are lonesome or just feeling a little isolation mentally, then remember that by no means is God in a distant farawayness. He's never in a remote location causing separation from you or anyone else. The relationship you have with God is as intimate as a relationship can possibly be. We are speaking of an informal friendship here. Right now you have the right to take a little time and to be selfish. Others in your life must understand this without being too offended. You must commence your reparation and even this will be a learning period. You need to want to put your demons behind you once and for all. It's now become necessary to accomplish this because you have already encountered enough suffering to be rewarded greatly.

21 Arduous work, no doubt this will be but with a little patience and faith anything is possible. This encounter with long-suffering might remain active for some time in your recovery. Those programs which expect or force a complete 180 in your behavior and desires early in recovery are completely unreasonable. I understand you will have moments of unrest contemplating if following through on this recovery is even worth it. Wondering if the end goal is attainable and possibly leaning towards believing that it's likely unreachable. You'll have times where anger and violence takes over your mood and thoughts. Delivering you into a state of darkness.



22        However, this book you're reading will also bring you moments of 'light'. In the beginning it's more about giving yourself a healthy balance which to improve on over time. Afterwards you will begin to treat yourself with a higher level of respect and others in the same manner as you gain an improved understand of their own difficulties. By working on yourself, you begin to notice the accomplishments and difficulties of other people in your life. You will also begin to mend broken relationships. Relationships which you destroyed while using and have to slightly ignored, early in your recovery. You see these elements of other lives as well as life in general because you're now more experienced. As it appears we don't all choose the most effortless, progressive or undemanding paths in life. With notice of this don't ever go through your recovery without an enjoyable motivation of coming out more educated and experienced in life.

23    Luke 6:31 † {1}

Do to others as you would have them do to you

24        God never offers you help from others. What He offers you is Himself. Loneliness is one sign of separation from God. This occurs because a committing of sins. I'm sure Jesus felt lonely when He was hanging on the cross at Calvary (Hebrew word: Golgotha) [5]† the day He was crucified. Giving mankind the ultimate blessing, of a fresh start. He did this so we could live without sin preventing progressiveness. Live without sin so perchance we get peace, for our own health and most importantly to be saved on the Day of Judgement. Yes, it's true that it's in man's nature to continue to commit sin but Jesus conveys to us a way out without consequences. He tells us to confess our sins with true penance to God and we can immediately continue on with our lives. Jesus is the best companion anyone could have. If you can't spend time with other people who also want to praise Jesus, then just hang out with the Lord Himself. Confess, read and pray.

25        People also often underrated God as a true friend. If you asked me what I did last night and I honestly answered "I stayed home with God." Well ok maybe, but what if I told you that "I was hanging out with God, had some laughs and it was a really good time." With this answer you'd think I was crazy not to mention a real loser. There's no physical person involved here, so let's stop being

ridiculous. However, when praying or even just reading God's word, you begin to develop an intimate feeling traveling to and from God. Just think about what your ideal friendship would be. Now it probably won't be having a relationship with God but you would want a friend who has recognition and familiarity of your own personality. When it comes to this, none surpass God.

26 Hebrews 13:5

I will never leave thee, nor forsake thee

27 Proverbs 3:6

In all your ways acknowledge Him and He shall direct your paths

# Going Back Into Society

28 Deuteronomy 31:6

Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.

29 Hopefully you're lucky enough to have some time to work on most, if not all your problematic concerns in life and get your health better before integrating back into society. For now you can know that God keeps no record of your sins. If you repent and gain his forgiveness, your past sins are wiped clean. You can now begin a new record of your positive deeds with honorable behavior. Society doesn't always act in the same manner for you. If you have a criminal record, (and if you don't, just keep using, you will soon enough) you've been fired from a job, quit a job or failed a drug test at work before, these are all things that can follow you throughout your life. Some can take years to get over and if there is multiple offenses on your criminal record you may never recover from that. If your license is just temporarily suspended, this could result in you losing everything you possess or value in life. Fail to pay your rent, skip out on a lease, don't make loan or credit card payments- these are all things that will make your future *far more difficult* even if you do eliminate your addiction. It is paramount that you get sober before you cause too much damage—Paramount!

30 The problems and hardships from these issues are what I want to make known to the younger addicts who never get warned of these dangers. Don't fall for these substances and let them destroy other areas in your life because you will certainly regret your decision's in the (near) future

31 2 Corinthians 4:8

We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed

32 However, with the grace of God anything is possible.

I endured suffering from all those situations that I had just mentioned and a numerosity of more. Even after my first major attempt to become sober, it took me another eight deplorable years to finally reach the point of complete sobriety (then another 18months clean before I finally declared myself sober). Because of my own mistakes, there were things in society that were so ‘stacked’ against me, they continually broke my will. Eventually my revival in a fully consecrated belief in the Holy Trinity was the only thing that gave me enough strength, accompanied with other blessings that caused things to retrogress into place for me. I was granted a strong belief system and opportunities of which appeared that I’d never receive during all the turmoil throughout those eight years of continuous misery.

33 He also cleared my way of thinking. He redesigned my whole thought process in the most positive of ways. I wanted to be part of something and felt ridiculous because the ‘powers that be’ got exactly what they wanted, as fell for these drugs they make sure reach our communities. In the index I’ve supplied references of the truth, but how much do I really know is true, besides that of God? I’m not even sure what I think about drug-trafficking, agencies like the C.I.A. who’ve already been caught once in L.A. for the distribution of drugs. Or the so called financial elite of this country (& the world/ex. Counsel on Foreign Relations) who supposedly make the most important decisions behind the scenes, through a de-facto government, instead of Congress.

(So instead of really supplying definite facts, I supplied many people/events you can research for yourself in the Index). However, I know I’d like to raise Christian children, and teach them not to ever touch the ‘enemies’ drugs. It’s upsetting to see people in the world trying so hard to destroys others, mostly Christians too. The devil is certainly in these people. Just look at heroin coming Afghanistan now. Absolutely huge amounts of heroin is flooding Europe and Russia currently which appears to originates from Afghanistan. Acts like this make me feel ridiculous for being trapped by these drugs. Use this motivation to bring sobriety into your life.

34 As you move forward if you stay highly connected spiritually while integrating yourself back into society, that would be the most highly recommended method of approach and most promising for you. However, if you’re still in the beginning of

recovery then you don't have to make that a definite goal right now. Besides, I'm not going to try to bullshit you here. Our affiliation with God doesn't always help us move on with everything involving our manmade society, just most things, but He does *always* help during times of high distress when you're a believer. It could just be the one thing that keeps you from going over the edge. Keeps you from giving up and running off to get high. Keeps you from stealing in order to get high. Keeps you from harming yourself while you're very depressed.

35 2 Corinthians 4:16-18

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

36 Remember to stay patient and trust in His timing. Look how patient God has been waiting for you, but He still offers His love and grace to you. †[6]

37 Try never to dwell in the past. This was a big obstacle of mine, which I struggled to get over. It took years for me to stop making excuses, because I never actually realized that I was making excuses. I would simply state facts concerning measures in society I could no longer take advantage of. When I was at the commencement period of my adult life, it almost seemed as if people would just hand me opportunities and money. Companies wanted me to work for them and be part of their business. Having that mentioned, it did also seem more effortless to obtain employment in the late 90's/early 2000's, at least where I'm from. When I began working at age seventeen, my friends and I would visit companies who weren't even advertising that they were hiring. After asking for work, we'd receive the job with minimal questions or paperwork. I was trained in trades of which I had no experience in and had nothing promising on a resume that even hinted towards me being a good candidate to train for the position. I ruined those opportunities that I was given, and nowadays it's unfortunate that those opportunities are fading away. You'll be lucky to get a minimum wage paying job if you have a history involving drugs or criminal arrests, which you can't even support yourself on anyhow. This is just more the reason to quit causing these

inflictions in your life as soon as possible. Drugs are the causation of all these problems.

The early adult-life opportunities will be enormously difficult to ever get back if done wrong during this period. I was given bank loans and credit cards. At one point when twenty-one years of age, I walked out of a bank with five-thousand dollars on me with absolutely no intention of ever making one single payment in return to them. Bringing forth further remembrance of my personal experience, I recall meeting a gentleman who I was paying and signing lease paperwork for a new townhouse. Well, at least for me it was a new townhouse. I brought first, last and security just as their policy was. I brought it in cash like I had already discussed on the phone. When I tried handing it over to the man he told me that my credit check came back fantastic and they no longer wanted a security deposit from me. Just like that an unheralded thousand dollars went back into my wallet.

38      Now later in life when I should be joyful in recovery, I'd think and dwell on the past and specifically the now tens-of-thousands of dollars I was in debt. I would now need the full security deposit but only if I searched painfully and thoroughly enough to find someone even willing to agree on renting out to myself. No car loans with payments, I'd now need the full amount, but how was I to accomplish this after losing my career. There I was, being forced to perform and complete more arduous work each day than ever before. Couple with the fact in which I was making less than half my prior incoming. Indeed I was to bring home substantially less money when I needed to make substantially more. This only contributed to my depression and loss for any appreciation of life. These parts of your 'secular/society' life are never spoken of in recovery programs. It's true it should only be warned off in the early stages of recovery but must be integrated into your recovery at some point. It's sad when we finally realize how much damage we were doing to ourselves. In many cases it minimally affected others (not considering love from family) as we feel we were only, or at least mostly, violent and punishing towards ourselves. To make matters worse this theory then reveals itself as untrue because on top of everything an addicts must go through to get themselves clean/sober, now all these angles of society begin punishing the addicts who dismissed rules and

regulations. The addicts with criminal records must truthfully warn the newcomers what will eventually happen to them. It can result in many years of deplorable living with depressing hardships.

I'm telling you the truth when I state that only when I turned myself over to God, did I feel I had a genuine purpose and began 'living' again. Before doing this I tried every secular method and program available. One cannot be stuck with pessimism when it's optimism that they need.

39 You need to have positive language coming out of your mouth when speaking. This obviously becomes easier to achieve when in the presence of other optimistic people who use constructive speech patterns. Simply hearing their speech patterns will influence positive actions in your daily routines. You will immediately need at least a small quantity of positive thought, speech and behavior. Even if this only comes about in you between negative actions taking place. Try little things at first like sitting straight up in a chair. That might sound ridiculous, but if you've lost your dignity and virtue, you might need to begin with small goals. Small goals also allow you to accomplish more on almost a daily occurrence.

Spirituality, Religion and Affect - †

40 Spirituality may become more of religiosity in your life or you may not distinguish one from the other but these two are rightfully defined with different meanings. Find your healthy balance as for me these two mostly go hand-in-hand together in my overall experience. I'd have no need to think about and dissect the difference. Although it needs to remain vaguely recognized by everyone. As a Catholic you may weigh in more religiosity factors to find your healthy balance as you intergrade larger balance of 'society or workforce' into your life. Your religious life can be broken down operationally into two main factors: religious attendance (possibly including sacraments) and religious coping.

The term 'religious coping' refers to the dependence on religious belief or activity to help manage emotional stress or physical discomfort. Do you have inconsistencies with your religious coping which directly result to distortional positive behavior and motivation in other areas of life? Truth being if one is to overthink on these subjects and does notice unhealthy inconsistencies then maybe having less evaluation leading into your behavior is more profitable as you

just allow God to direct you. Let Him light up through path and direct your feet. Put all your burdens on Jesus and don't feel bad about it because this is exactly what He's there for.

41      Thyself at one time noticed my church attendance was affecting my mood later on in the week, if I was to miss church. This was a wonderful recognizance because I never wanted to miss church again. (Well Community Church in Halifax, MA) There's a real band (great), there's coffee, a lot of food and always a good sermon. Although it should also be realized that going to church is more about celebrating your relationship with God, so it also would've been proper for me to easily make up for missing church by spending time with God alone through reading and/or prayer. Not to mention I could have taken the extra time needed to do something helpful for another person with then giving thanks to God, for the wonderful idea and guidance. 40      Nevertheless, as your time for spirituality and coping in life becomes less due to life's secular issues, you need to provide yourself a healthy balance. Not just spiritual and secular life as the two main factors need to be in balance but in order to accomplish this successfully, each spirituality and secularity also need their own healthy balance. An important aspect of secularity is that most anything in society which is beneficial, also has risks involved we need to evaluate. The greatest thing about God is He knows what you need and can do anything. So reaching a happy-medium with God in your life might actually provide you with more of His presence than if you dedicated all your thought and action towards Him. Just be faithful and never stop believing or praying. With this, God will provide you with an amazing level of guidance as you travel through life.

#### 42    Lost Gospel of Thomas (not part of the Bible)

After all what goes into your mouth will not defile you, rather, it's what comes out of your mouth that will defile you.

43      If you don't have a job, you need to find any way you can contribute to society. Most likely your local society, the city you live in. You could go online and find a place to volunteer. Hopefully you don't have to worry about them wanting perform a background check. If they do and you're someone affected by this, then go to a more forgiving place like the church. Performing unselfish acts like



this is what brings favor from God in your life. Not to mention you should build trust in the community.

44 You were always capable of weighing out the pros and cons of different situations. You either could've cared less about the cons or your addiction was making you too impulsive. As you educate yourself more or involve Jesus in your daily routine, these elements of recovery will breathe more meaning into your life. Additionally you will begin to realize that, whether you want/mean too or not, you will be evaluating the pros and cons of all decisions in your life before you commit to them.

45 Stop referring to it as, or talking about- 'The good old days.' Never say- "This is all I know". Have you ever sold any stolen property and/or drugs? That's marketing, advertising, customer service and management skills that you can begin to put towards more positive means. You've always been capable just unmotivated. Now if it really was and still is all that you know: the *Holy Spirit* is arriving and is ready to teach you a great degree more as it delivers ever increasing knowledge inside you.

46 Keep trying, believing and pressing forward until you find your way. I promise you that God will deliver His greatest blessings to you when you're where you are supposed to be physically, mentally and spiritually. He's always there to support you but I also want you to look for your place of blessing. Begin a quest for enlightenment.

#### Personality

47 Some studies I researched found that spiritual and religious variables account for a relatively small, yet significant variance above and beyond personality. Even though these effect sizes are relatively small, they also argue that even small additive effects of religiosity and spirituality on affect and quality of life may make life during a period of tribulation more tolerable.

48 When having a discussion on new positive companionship, it only makes sense to also observe your marriage, relationship or past relationship now commonly expired because of your insane lifestyle whence addicted. Most likely you were doing it together which makes it a combinatorial event. I'll let you figure this topic of marriage/relationship mostly out for yourself. With that mentioned a few things should be on the table for observation. A

general conscious awareness of emotional worth develops from a close relationship as you become ever so dependent on that relationships existence. You become vulnerable to anything that involves the other person or any external matters that have even the slightest effect upon your relationship. There is such a great multitude of ‘mood coping’ that a marriage, or relationship that is close to a marriage, becomes impossible to emotionally sustain when a serious addiction is involved.

49     *Think about what you’re doing.*

*If It’s not challenging you , it’s  
          not changing you.*

End of chapter

Riddle: Where can you find old enemies of God?

Hint: The answer lies in large letters...

†{1} Chapter 6, in the Gospel of Luke is highly recommended for more on companionship and how to treat others.

## Chapter 4: Yeah, but What About What Science & Secularism Tells Us?

From Edgar Allen Poe's book - *A Descent into the Maelstrøm*- The ways of God in nature, as in Providence, as not as our ways; nor are the models that we frame any way commensurate to the vastness, profundity, and unsearchableness of His works, which have a depth in them greater than the well of Democritus ~ Joseph Glanville



2 Science is an unbelievable way to discover and learn Copernican details on a vast variety of new subjects. Scientists have continuously been making breakthroughs of outstanding magnitude throughout all fields of science. This work and the results in which it

manufactures has been causing our lives to be transformed into the future, which we now refer to as the present. We have new and intoxicating technology of which has only existed for a relatively short period of time, even when in its primitive stage of commencement. Scientists continue to develop technological advancements which lead to increasing our overall intelligence on many subject matters. With this we are given an increased understanding in areas, such as health issues or the environments we live in. Not to mention, exciting opportunities to explore further into exciting areas, such as astronomy. Mankind has been transformed into a new age, producing a large indefinite quantity of science that's beneficial in the majority of circumstances. However, with a monumental effort from mankind being nothing, but constantly, directed into different sciences, one proven fact we can take out of this is that's similar to most other elements of life, is that definitely comes with its pros and cons.

3        The Catholic Church during the Middle Ages are said to have never understood all the amazing physical elements of life and abstract entities waiting to be understood by man in order to increase his standards of living and overall knowledge of life. To learn more on the environments in which we reside and how to make the most of our situations. Soon we'll discover what else that we're sharing our universe with and ultimately may discover if and where there's another form of *intelligent* life. God was never against us expanding our wisdom, but His destiny for man was never intended to be lost and forgotten in this process. The Catholic Church should've been engaged in new activities, allowing advancements while an observance was taken place. Monitoring the behavior that results from it by supplying proper 'mental' supervision of mankind's behavior as new beliefs are born; or was this behavior active all throughout the Age of Light? (To give the Church proper credit, it was at the forefront of arts including the renaissance. Albert Magnus [chemist] was ordained a Saint and was known as the Doctor of the Church. Also not anyone back then could've imagine just how much there was left to be discovered. During this time, electricity hadn't even been discovered yet. Nevertheless, the Catholic Church has/is been the world leader in the healthcare and education systems as they basically gave birth to both worldwide.)

4        Society produces our wants, affections and protection. Reversely, the old Monarchy's controlling 'their' peoples, had restrained wants and affections from the populace. Comparatively, the monarchs headed by the Church positively supplied feelings of security and a sense of contentment throughout the Age of Light. So what is this 'Age of Light,' anyways? The answer is God: He - is the Light. People were blessed with the greatest internal feelings ever in existence. Humans everywhere were mystified, just blown away with discovering their purpose in life and finally confident that they knew the truth, or more properly addressed, they knew where to seek out the truth.

5        In the fifth century, when the Bishop (Pope) of Rome basically usurped the Emperor position and also with the Church Patriarch in Constantinople now heading the people of the former Roman Empire, which they partly disbanded (in the west) marking the end of Antiquity, the Age of Light had come upon the earth. Human beings everywhere, were happier than they'd ever been before. Soon education from elementary to universities would become highly available. Especially in the Eastern Roman Empire, which we now refer to as the Byzantine Empire. Here, education reached even the most remote areas. Science was explored by many with a variety of topics, from new medicines to more realistic art being born during this period. Literature thrived in the time-frame now labeled the 'Dark Ages.' Not to mention, this term was first coined by a scholar due to the decline of Latin being used. Later on in history, as nobody outside of Italy was using Latin, only a few a few people took the time to learn the Bible. Although, not being able to get their hands on a Bible to begin with: this sparked the Reformation and the term Dark Ages was once again used, being directed at the Church. The Reformation is another whole matter I won't get deep into it, because that's what this book is all about – religious dogma can no longer separate Christians.

6        During the High Middle Ages, as we stay forward in history, people joined in, promoted and took advantage of the Reformation. Not because their beliefs had a Lutheran/Protestant foundation, but because they saw opportunity. Howbeit, it took into the 1700's for them to gain enough power, to be able to act as bold as they now would. It now became time to give birth to their own age of

light, their age of 'illumination.' We now call this period in our history: The Enlightenment. Contradicting the time when the Holy Trinity reined supreme over all, the enemies of Christianity gave it a new label of the 'Dark Ages.' Although let's not be mistaken, as far as the Church dominating all of Europe, this wasn't brought into its climax until what's typically (separately) called the middle ages. I personally would enjoy to refer to the entire time period as the Age of Light. At this time (Middle Ages 1100 A.D.), we would see enormous Cathedrals being built in the West, out-doing the building projects in Rome. We also need to take special notice here that these were public buildings to be used by even the poorest of society. In Constantinople, however, the Hagia Sophia was built in only the sixth century.

7        After the revolutions at the end of the 18<sup>th</sup> century, government became a voice for the people (which got strong but since the people's influence has faded). Imagine these new freedoms still taking place and also still igniting the separation of Church and State. Only that the big difference here being, Christians staying united under one Church, just as Jesus Christ wanted for us. When governments began imposing a separation of church and state, this coincides with a period of needed firmness from the Church, however, this was when we experienced the Church, losing its 'grip' on the communities and influence on the laws.

8        Just think about this occurring during the sixteenth through nineteenth centuries: the Catholic Church being more involved and even funding exploration into new sciences. Recognizing an 'individualism' with man and his relationship with God as Jesus taught in the New

Testaments. The latter being one of the main reasons for the birth of the Protestant Church, along with the sacraments of which do inspire great devotion; however, the Church was in a position where it needed to give a little in order to get a little in return. Imagine the Dark Ages spawning more light, as man develops into the technology age with no Reformation ever taking place. With mankind's push into the present age we now live in, having all communities, no matter their differences, still being combined in their overall goals and beliefs.

9        A society which has formed through different ethnic groups, many nationalities and people who produce contradicting

thoughts and wants. However, ‘for the most part’ our own and even all the other countries

(Europe/Americas, etc.) being united with a common goal to succeed. With religion heading the way for what I referred to as the common goal. A separation of church and state with all the benefits of a Democratic Republic not being a threat like it turned out to be (developing into control by bankers & corporations over-flowing w/pride & greed) . Having the strength in numbers with the determination needed to protect the earth’s people from the current Antichrist, or from receiving wrath on the Day of Revelation. To take on the Antichrist and other enemies of morals, values, ethics with our Lord Jesus. Imagine that, all of us still united under one Church as Jesus envisioned.†{1} Having clergy and scientists compromising among each other and humans advancing while keeping their powerful faith and fertile Christian foundation... Well, this never happened, they knew not how to compromise, so I guess it’s up to us now to compromise a little.

10 We now should at the very least come to mention and realize here, that in 1962, Pope John XXII initiated ‘Vatican II The Great Ecumenical Council.’ With ‘H’is agenda supposedly being to bring The Roman Catholic Church involved with more modern world traditionalists. Here is where they started to except more sciences, and also held Catholic Priests to deliver Mass in the native tongue of the hosting country, not only Latin. Understandably, some clergy feared this would develop a weakness against evil.

11 I now also feel beholden to mention the absolute fact, that these changes in the Catholic Church were largely due to outside forces (powerful financial forces owning governments and militaries) in an attempt to scale down the Churches remaining power. ‘Flexing’ their international control, by forcing changes similar to alterations forced upon governments. Leading many clerics of the belief that Vatican II was given birth to many circumstances intended to begin dilapidation of the Catholic Church and generality of Christianity. This took place just after the time Cardinal Siri was elected Pope but received many threats from *both* of the world’s superpowers as the Soviet Union threatened to murder all the Priests and Bishops which they had kept imprisoned behind the iron curtain for so long.†{2} We

can only imagine the tortures these Holy Men endured, while the vast majority of the world was and still is blind to it.

12 After the election smoke rose up from the Sistine Chapel in 1958, the large crowd of almost four-hundred thousand spectators erupted in glorious cheer. However, it was then announced as an utmost unusual mistake, with another Pope being elected two days later. Cardinal Siri's family was also named as a target and with this, and who knows what else, he unimaginably refused the role of Pope. Now this might sound harsh, however, this is a clear example of how the early Christian Martyrs were more willing to give up life on earth so the future generations could keep their same strong beliefs and doctrine (possibly he would've if his family wasn't involved). It wasn't long after this period that a known freemason, who are officially still banned from the Church (receiving/giving communion), became the head of the institution – Pope Benedict. Of course now the head of this Church has Pope 'Francis' who's constantly saying and committing acts (even publicly) once labeled heretical, so it's presently clear to all that times are changing as the Catholic Church dwindles in power and tradition.

★The Catholic/Greek Orthodox churches had an education system which was based on the Greeks. It's highly doubtful they ever taught the Earth was Flat; at least not up until the time of Columbus.

13 Getting the churches out of the way for the time being and getting back to science, we must be aware that science is constantly changing here on earth every few decades as scientists correct what was said a few decades prior. They surely can't call new discoveries in other galaxies fifty million light years away facts. Be that as it may, they somehow get away with this until the time comes to correct these facts. Most of God's vast universe consists of 'dark matter' yet this remains foreign to us, with scientists desperately trying different methods of research to understand it. Dark matter surrounds us, as it's everywhere and holds the whole galaxy together. Although I must say, the recently new discoveries on Saturn's moons, is nothing short of impressive.

They have recently come together with a new discovery called the 'God-gene'. I was not too impressed upon hearing this news, however, now finally the situation was brought to life. No matter how far back we trace the history of our universe, there's always a root



source of energy. It's possible that the big-bang created the universe, but what caused the big-bang? There's always a source of energy and whether this is what's actually God or not, this is why ultimately science like this is not alone reliable when trying to identify how we got here, why we are currently here and what our destiny really is. It's not worth wasting your time *using strictly* science to determine the facts about human creation because it is *beyond human comprehension*.

14 Don't be fooled, people too easily implicate belief that human wisdom is a perfect measurement of life. This prior statement was written by World famed ophthalmologist Dr. James Gillis M. D. who wrote a book called *Overcoming Spiritual Blindness*. I highly recommend reading this piece of literature, and believe he has written other books also in relation. He mentions the immense amount of science related to the human body alone that contains 60 trillion cells all with a specific purpose, yet working together. As we further research a continuance on his beliefs, he then proceeds stating that the universe is "testimony of an intelligent Designer." Also that modern society "lacks sight and insight through its refusal to see the reality of creation."

15 This is what he considers *spiritual blindness*. The more science he encounters, the more substantial his belief in God becomes. God created the universe and has a special relationship with human beings. Only through Him, can we discover our real purpose and how it is we should construct our lives. Only He, can shine light on just what our functional roles on earth and in the universe should be.

16 John 26:7

He stretches out the north over empty space, and hangs the earth on nothing

17 If we want cognizable attributes to experience the true abundance of life that was given to us, we must surrender our pride. Humans might rule the earth, but we are not divine creatures. There is One who rules over all things. He is Sovereign, His ways are true, He remains steady through time and we have a lot of wisdom to be gained if we listen to Him. There's nothing we can do, that He cannot. God can do anything and this is why we ask for His help. Stop trusting yourself and turn your trust over to One who can do all. Just take a brief moment in order to think about this next question. What would

you rather guide you through your journey of life? Platonism and Norse Philosophy are both well put together but come with their faults as well. Politics, alcohol, your own will or wisdom, the media, cocaine and other drugs or God?

18 *By abandoning God, what you're really doing is abandoning yourself*

19 Prayer can bring on your own sort of resurrection. Prayer can deliver you a 'rebirth' of your own being, while happening on your own terms. It's a way to motivate you for your future and also reminds you of time spent wasted in your past.

~ When I see my Savior leads me

20 Caring for me day by day

I sadly bow my head and wonder

How could I have gone astray ~

21 Having Jesus in your life provides you with the security and stability that has been at the minimum, recently, absent from your life. Remember it's the Holy Spirit of whom will provide this stability and you only receive it with your love for, and dedication to Christ. It becomes as if He is living inside you. Imagine if before you made any decisions you stopped and thought; what would Jesus do? Before you answered any questions you stopped and thought; what would Jesus say? You don't have to pretend He's living inside you, if He truly is. You will now possess the Holy Ghost, giving you the *ultimate gift of knowledge*. Now having been reborn, you'll receive newfound truth and knowledge that will enable you to see many things in a whole new light. It's a wonderful feeling of *confidence*. You will no longer look at obstacles in your life as major burdens. You will realize that they are purposely there in order to make you stronger. Imagine having that positive attitude where not only do tough situations not get you agitated or upset, but you are enlightened knowing you will come out stronger and more experienced in the end. All you have to do is observe others who have efficacious faith dedicated to the Trinity, and notice that they're capable of smiling and laughter at all times. They're optimistic and consistently positive throughout all of life's situations, without using foreign substances in order to achieve this happiness.

22 You were always capable of weighing out the pros and cons of different situations. You either just didn't care about the cons

or your addiction was making you too impulsive. As you involve Jesus in your life, cementing your life with new meaning, you will begin to realize that whether you want/mean to or not, you will be going over the pros and cons of all decisions in your life before you commit to them.

20 TRUST in His timing — RELY on His promises — WAIT for His Answer — BELIEVE in His miracles — REJOICE in His goodness — RELAX in His presence

21 James 4:8

Come near God and He will come near you

22 *Combine your own knowledge with the wisdom of God and you will know the truth*

23 In *today's America* we live extraordinary lives. People are working incredible hours at their jobs, raising families, attending events and have many other obligations needed to be carried out. On top of all this nonstop madness, there's major social problems including the current drug epidemic or the absurd murder rates right here in our once beloved America. It's become a new age with massive amounts of information being poured into (& out of) our brains. Advertising and the media are everywhere and they're trying to train us to only see their secular progressive views. It would be wise not to believe everything you hear or see. You must investigate the sources, who it really is that's giving you the information and what their beliefs and agenda are. We need to dig for the truth, making our lives even more complex.

24 Yes the truth; this is what we're searching for. Life's not too advanced to take a step back and look at the overall picture. After all, why are we here? Stop and think: is this what I'm even supposed to be doing right now? Am I supposed to be listening to what I'm hearing right now? We don't have control over everything and that's alright. We need to be humble, but no matter how complicated society becomes with all the different man-made views including judgment on everyone and everything, there's still only One who reigns supreme. Don't think you cannot rely on this Sovereign Power anymore. Honoring God's ways are still our destiny and the only thing that can make sense of all this around-the-clock chaos we live in.

25 The great St. Augustine himself got taken in by secular views, and a secular lifestyle of heavy drinking; not to mention, sex with cohabitation living arrangements before he returned all of his trust into God. At one time he ridiculed his own mother for being a Christian but then he discovered God still and will always be Sovereign over all, producing the *truth* we all desire.

26 Proverbs 4: 20-22 (ESV)

My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them with all your heart. For they are life to those who find them, and healing to all the flesh

27 Proverbs 4:20-23 (KJV)

20My son, attend to my words; incline thine ear unto my sayings.21Let the not depart from thine eyes; keep them in the midst of thine heart.22For they are life unto those that find them, and health to all their flesh.23Keep thy heart with all diligence; for out of it are the issues of life.

28 Romans 5: 3-4

More than that we rejoice in our sufferings, knowing that suffering produces endurance, and endurances produces character, and character produces hope.

29 Romans 8:18

For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us.

30 James 5: 15

And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven

31 We are also experiencing in *today's America* a transformation into a population that's controlled in an almost Communist (Zionist) manner. Children are in daycare being raised by the system. The powerful lobbies consisting of an exclusive people, that reign supreme over others in control of our government have put a lot of effort into removing anything Christian from our schools. People are unbelievable hypocrites. They believe they're entitled to make changes and control other's lives (including how others raise their children) while they live out their days full of sin.

†{3} However, even the original Puritans believed in separation from church and state, but taking it to another level, the powers that be, began to even fight over and were successful in having ‘a moment of silence’ outlawed in schools because of the fear a Christian prayer could be said by one of the children. The children we love sings songs at school but aren’t allowed to sing Christmas songs during the holiday season, unless many restrictions are met.

★People are unbelievable hypocrites. Some believe they’re entitled to make changes and control other’s lives. This includes how to raise their children, all the while, they live out their own days in sin. Many of them act in the same behavior, they force others to avoid. Not to mention, an end goal of training our children to be perfect servants to them.

32 Our government and the media only reports these acts as separation of religion from schools, public services and government buildings (which in itself is horrible). This has been taking place for a few decades now and they are purposely misleading us. It is not a removal of religion. They’re mostly only making Christianity illegal. It’s being targeted individually in a multitude of situations, as many of these the laws do not state ‘religion’ but specifically only state Christianity. The ‘DeFacto’ Government of International Bankers’ who hide in the shadows behind our real government, are doing the same thing they did in Russia starting one-hundred years ago. Don’t forget that ultimately they removed Christianity throughout all of Eastern Europe and Russia whence murdering millions. Also not to be forgotten, the other lives lost due to imprisonment which has also already begun right here, in the United States. However, they are out-matched when taking on The Almighty, as Jesus once again reigns supreme throughout the lands of Mother Russia

★The U.S. military has already begun its attack on Russia. Putin paid the Rothchild’s 40 billion dollars, debt they owed; he then kicked them out of Russia to the glory of his people. Exactly, what Hitler did it 1933. Putin order almost one thousand Orthodox Christian Churches to be built, however, the U.S. military has already conducted warfare in the 3 most valuable strategic positions – Afghanistan, Ukraine & Syria. Do you know why it’s those 3? If not, research and read.

33       Scientific research and experiments show us that most of any dreaming that takes place during sleep which occurs in the stage closest to waking up, which is also considered the most beneficial sleep for someone to receive. This is greatly eliminated now with school beginning earlier and earlier. With children not even in high school yet being forced out of bed around six o'clock in the morning. This makes the high majority of children waking up to alarm clocks just as most adults also do. People are becoming a product of a pre-designed reality. Power hungry people believe their own will is what must be obeyed. This is the reason gun control, whether you believe in the right to 'bear arms' or not, is more about control than anything. It's another example of taking away citizens rights and removal of rights is how to ultimately control a population of people.

34       Christian symbols or celebration are also illegal to have in most government or other public buildings in America. Then also, once again taking it to another level, although 97% of Americans celebrate Christmas, there are places all over America, whither no longer Christians can even display a small picture of a cross, as if it were a horrible thing. Can you imagine that actually being illegal, oh that's right, these laws against Christianity have been happening through our own lifetimes. Despite the fact, we're not paying attention or reacting. You won't hear these things on TV neither, because the exclusive owners of our television media purposely don't tell us and in many cases have flat out lie to us. If you read the actual laws referring to separation of Church and State, many misleadingly start out stating its reason as religion. However, when somebody reads one of these laws, they will discover that it's most likely focusing on a certain religion(s) but not all.

35       Throughout two-millennium of Christian writings we've been constantly told that it's always the firstborn of Satan who will prevent us from knowing Christ. Satan will try to keep you from hearing the word of God and this is definitely true if we listen to the Apostles. Of course most Christians only choose what they want to hear or practice these days. If you're going to believe in something, then be proud of it, proud of yourself and go all the way. Make sure it's still available to hand down to your grandchildren as well (don't let new technologies distort your thoughts, as your grandchildren reach adulthood, believe me humans won't be living elsewhere in the

Milky Way yet) because we as people rush to eliminate tradition for the new and unproven. There are Pastors/Priest all throughout this country who need to hear and think about that last comment given above. And the next comment by Saint Augustine.

36 St. Augustine

If you believe what you like in the Gospels, but reject what you don't like, it is not the Gospels you believe, but yourself

37 It can be so hard to be judgmental towards others, even if it's caused by the recognizing of other people's poor behavior. We're taught it should be difficult to be mean spirited behavior towards others, but like above, it's bound to happen. It's easy to focus only those closest to you which surround you with love, and you can read about what love is defined as in the glossary at the back of the book. Is it not a noble thing, however, when you sacrifice yourself to help others in another or greater cause? Well of course, but what if it causes you great emotions, abnormal behavior or you see hatred beginning to come out in your own being. If it starts dominating your thoughts and infecting your soul with negativity, than now most likely the answer is no. Meaning even if a noble act, it's 'probably' not worth causing damage to yourself. We need to know to begin our quest of a noble life, by position ourselves in God's favor. To just keep faith and as far as if/when it's time for you to 'step out of the box' or 'step up to the plate', proceed slowly. Be cautious and remember, these are the type of dilemmas and questions that only God can direct you correctly on.

38 We were all created by the same Divine source, then grew while evolving together. We should have no reason to be lying to each other or should have no reason for any of us to devote monumental amounts of our own time into forcibly changing others way of life. This type of action is only justified when other's behavior is directly and deliberately causing negative effects on our own life in an unmanageable way, causing you too much suffering. We also must remember that our way of thinking is not identical to all others. Scientists would never consider the possibility of themselves being wrong when stating a fact, but do they realize the proof doesn't always determine fact when looking at it from someone else's perspective? Take a look at what Tesla, arguably the greatest scientist of his era, said referring to science and spirituality below.

39 When Galileo announced the earth revolves around the sun instead of vice-versa, he was eventually burnt at the stake (or so it's recorded in our history books) . Already being considered heretical, not placing the earth as the center of the universe, the Roman Catholic Church also was extremely worried that this belief could cause a rebirth of sun worship. The Illuminati was also formed around this time, which inspired science and questioned original Church doctrine.

40 (1) Nikola Tesla

“The gift of mental power comes from God, Divine Being, and if we concentrate our minds on that truth, we become in tune with this great power. My Mother had taught me to seek all truth in the Bible.”

(2)

“The day science begins to study non-physical phenomena, it will make more progress in one decade than in all the previous centuries of its existence.

41 Scientific Fact

Galileo was correct when he made the claim of which our Sun being at the center of our Solar System, obviously. However, were you also aware the Sun's diameter is 109X's that of our Earth as it possesses 330,000X's the mass. The Sun's  $\frac{3}{4}$  Hydrogen and  $\frac{1}{4}$  Helium (w/sm. quantities of oxygen, carbon, neon & iron). Hydrogen protons violently crash together (& combine) creating Helium which we call Nuclear Fusion. The Sun releases the equivalent of many Thermonuclear bombs every second. This causes the Solar Wind which streaks at Earth but our Magnetic Field protects us from the radiation, which in-turn causes the Aurora's or more commonly known as the Northern (or southern) Lights.

42 1Corinthians 1:8 (NIV) †

He will keep you strong to the end, so that you will be blameless on the day of our Lord Jesus Christ.

43\* Polycarp's Epistle to the Philippians 6:1-2

Let the elders be compassionate and merciful to everyone, bringing back those who wander, visiting the sick, and not neglecting the widow, orphan, or poor. They should always watch out for what is suitable in the sight of God and man and abstain from all wrath, partiality, and unjust judgment. They should keep far away from all greed, avoid quickly believing a negative report about anyone, and not



be severe in judgment since we are all under a debt of sin. If, then, we entreat the Lord to forgive us, we ought to forgive others; we are before the eyes of our Lord and God, and we must all appear at the judgment seat of Christ. There everyone must give an account of himself.

End of Chapter

† {1} Firstly, I must recognize the Eastern Orthodox Church.

Therefore, when I say “all of us united under one church,” I’m only covering our main heritage of central and western Europe. As referring to the mass deviation of the Roman Catholic Church because the church wasn’t willing to compromise on any of its school of thought or sacraments. Because they hid teachings of Christ and tried to squash the Reformation instead of listening to the people and either allowing small reforms or explaining to the populace that some of their faith’s elements are more about the Church than strictly the Bible which many believe is incomplete to begin with. That the Church was not yet formed in the time of our Lord. Correspondingly, the Catholic faith had devotedly pious men, fluid in theology who believed these sacraments were the most efficient way to praise Christ. However, some aspects of the Church seemed more about controlling the community to some people. Equally important to Christianity in which we need to recognize is the Eastern Orthodox Church. These Christians have dealt with the most unthinkable of evil crimes against humanity which are untaught and largely unknown in western civilization. With unthinkable opposition during the Middle-Ages, it was brought, arguable to its peak in the twentieth century and beyond.

Orthodox Christians dealt with centuries of attacks from the Middle East Muslims, mainly Turks and the Ottoman Empire without ever receiving help from the Catholics after the eleventh century. They protected Europe for centuries with many of their people becoming slaves to the Turkish Muslims. In the year 1024A.D. the great east-west Schism took place as the frequently addressed Pope, who the people/Church in the east simply considered the Bishop of Rome, was gaining great power. Equally important to the east-west schism was the two geographic regions were almost like two completely different worlds. Almost nobody spoke the others language anymore and the split in the Apostolic Church was unfortunately inevitable.

Chiefly destroyed by the Fourth Catholic Crusade in the year 1204A.D; the head of the Orthodox Church in Constantinople was eventually taken over by the Turks in 1453A.D. The Hagia Sophia, built in 537A.D. remained the largest Cathedral until Seville Cathedral was built in Spain just under one thousand years later (although it didn't have the impressive dome of the Hagia Sophia). The Hagia Sophia became a Mosque and is now a museum. The interior has fallen into ruin being in the hands of the Turks but it still stands.\*The defeat of the Ottoman Empire in WWI should have been the event that returned Constantinople to Greece, especially because of the city's geographical location, it only makes sense. However, the 'powers that be' didn't want Christianity to grow, they just gave birth to Communism. Actually, these bankers financed the Armenian Genocide and years later allowed more of the same acts committed on the Greeks.

Earlier in chapter 4, I was referring strictly to, the unfortunate Reformation and birth of the Protestant Church. I firmly agree with most arguments given by Martin Luther and others, which in turn gave birth to Protestantism. I envy those first people belonging to the Lutheran Church or deeply religious Protestants such as the Puritans who gave birth to the New World. Who with their hard work, discipline and devotion to the word of God they conceived a perfect foundation for America. They created paradise on earth as millions would now come and enjoy living in the New World.

On the contrary, I said the reformation was unfortunate because it did not supply discipline and lasting devotion in the word of God for everyone. Many Protestants are now living a perfect Christian lifestyle. However, as it has been proven over time, the populace apparently need some form of organized unification because many people coming from Protestant ancestry, no longer practice its beliefs. Not only that, but there are 2,400 different divisions of the Protestant Church in the United States. Some of the absurd laws against Christianity and the immoral entertainment Americans are subjected to, would never have occurred if the Pope reigned supreme over our country as in say, fifteenth century Europe. We aren't told in television and newspapers about the poor souls who have been imprisoned for Christian behavior all over our own country, although be not mistaken, these deplorable acts are occurring.

We need to use the internet in order to acquire this remarkable information. Let's just imagine a woman who is a high school teacher and perfect role model. However, after teaching planned-parenthood to her students, which is manifestly the correct way to pursue having children if possible, this woman is convicted of breaking the law. Then she loses everything she owns and her own children begin suffering because she was sentenced to serve six months in prison. How do you think this woman would now feel, as nobody out in society offers any support? Besides the people affected directly which is mostly children (students & own kids), as she rots away in prison, horrified at the fact that no other Americans care enough to defend her because nobody is even aware of what has taken place. Would you support this woman? Be careful if you answer yes. This is an example of many events taken place currently in our country right now. I encourage all to support *Advocates For Faith & Freedom*. You can read about their cases of law, defending Christians all over our country at: [www.faithfreedom.com](http://www.faithfreedom.com)

#### †{2} Facts of World History

Although Scientists (in extreme cases, although very true cases w/groups such as the Illuminati, Zionists, Freemasons,) have attacked the world's most peaceful religion and Christianity itself has broken up into many sects, (ex. 2,400 Protestant in U.S.) I give to you a horrific twentieth century example of why Christians still need to form an unbroken ecumenical unity in defense of the Antichrist. As previously noted, an America with the Pope (notably Catholicism before Vatican II in 1962) would be a far diametrical land than what's present but this theory comes with almost as many negatives as it brings positives (The Vatican has already admitted defeat as the Church now has multiple Freemasons in its lead positions, if you can't beat them- join them)-bullshit. This infiltration of the Church being the reason for child abuse.

As Christians we know and believe it's far more about our connection with God and living in His word. Likewise, how we personally follow His word, conduct our lives and our generosity towards all His other children. Meaning that the well-nigh valuable factor in our lives is spirituality and not actual religion. Yet because of the countless attacks against Christianity, we can still empathize the

Catholic Churches belief in uniting the masses with its members firm belief in the sacraments.

Some of which were clearly not found in the Bible. Some are clearly not something Jesus would've preached to His disciples, as a necessary commitment to God. On the other hand, the Church was not yet formed in the time God was walking amongst us and the Bible we now have is most likely not featuring one-hundred percent of all the Apostolic writings/teaching. More importantly these sacraments were written well over a millennium ago by the most holy of men displaying an unassailable and 'pietistical' dedication to Christ Our Lord. Conversely, the Vatican was similar to the N.W.O. when referring to 'control of the masses' and it appears it could be possible that one or two sacraments may have been started more 'on the line' with this thought process.

I, myself do feel comfortable exemplifying to all Christians that it's a noble act living modest and humble lives. As we all believe in the Lord without need for the pauperism of large public displays of worship or altercations with the antichrist, although some will feel more comfortable acting in this manner. Nevertheless, with quiet loyalty and humbleness we know this leads us to internal peace and rest. We want and we know, that we will be saved if the day of judgment comes upon us. Likewise, we're well aware that as long as we keep faith in God, the progressive/secular society may appear at times to be holding us back, or worse stomping us down and out, however, in the end the Sovereign Power of God, with love for His obedient children, will always prevail.

Nonetheless, it becomes extraordinarily difficult to live as Christ wanted us to live when we notice elements of society in which hurt our children. When they are taught that our way of life is incorrect. Although when addressing this matter, we definitely need to fight back with intelligence and unification. We cannot fight evil with evil because evil will prevail; this Christ taught us.

Yet we need intelligence and can't completely turn a blind-eye to other people who are being tortured and have to spend their time on earth enduring unthinkable pain and suffering (as right this moment is happening). Unfortunately, these barbarous acts happen all over the globe. Recently, with the security needed for open-mindedness to focus on the greater aspects of life, one and a half million Christians

lived in peace in Mosul, Iraq. Now most are dead and if we go online we can see heinous pictures of many bodies of which were crucified throughout the lands of multiple countries in this area of the world. Nobody after Jesus, should ever be displayed on a cross in this way, however, this took place all throughout Russia and Eastern Europe just recently in our history. The financial elites who own our military just used it to a result of many Christian in Iraq, Libya, Egypt and Syria being brutally murdered (prob. more countries).

Back in the United States we are told we have free speech and freedom of religion, as we preach peace to all. So why are there rich people, mostly belonging to the governments lobbies and the Council of Foreign Relations telling us that we can't believe in Jesus openly anymore? All these issues are disrupting our peaceful minds and instigating a strong need for Christian unity. Now I'm not addressing every Christian to be contiguous in joining the Catholics so we can form about three billion united Christians promoting peace, but with the strength to prevent infiltration from the antichrists. The problem with that being, people would have to openly proclaim the Church's need to eliminate the infiltration they suffered from the freemason/illuminati in order for all to join the church (maybe other issues such as confession to a priest). So I'd love to just have faith, as I spend most of my faith worrying not about the things of this world but proper love to God the divine, and prepare myself to meet Him when my time on this planet has expired. Earthly pleasure are mostly pushed aside but charity remains paramount. At the very least, I hope all Christians learn to love one another, make sure all are safe and have the privilege to live the way in which they are aware God wants. This is desperately needed in order to protect innocent people, especially our Holy men and women who make up the clergy members of our church (meaning all of Christendom) .

Here's a topic of the worst massacre of martyrdom to ever take place against Christian peoples but because of the perpetrators relationship with those in power in our own country, we are not allowed to speak of, never mind grieve over this matter. Matter of fact, when the Bolshevik's were taking control, 264 men left N.Y.C. to arrive in Russia and they made up 90% of the new Communist Gov. (tot. 284). Even the Catholic Church will hint and put out writings more or less hidden from the public and its members (of

course now we can just obtain them online) never directly and openly discuss this matter out of fear of, retaliation causing the destruction of the entire Church.

Posted Article From:

Philippa Fletcher, Reuters, Hobart Mercury, Australia,  
November 29, 1995

A Russian presidential commission confirmed yesterday that 200,000 clergy were systematically murdered under Soviet rule after the Jewish Organization known as the Bolsheviks, took control via outcome of the 1917 revolution. They implanted communism “Zionism” as a new form of government. Then ordered a horrific cycle of crucifixions, scalping’s and other “bestial tortures.” These communists had long desires to eliminate Christianity worldwide.

Commission chairman Alexander Yakovlev, presenting the report at a news conference, seemed unconcerned the disclosure might deter electors from voting communist or nationalist in parliamentary elections on December 17, and he added: “If it has an influence, I will be very satisfied.” The report by the Commission for the Rehabilitation of the Victims of Political Repression also found another 500,000 religious figures had suffered persecution in the decades after Lenin’s Bolsheviks seized power.

“Documents relate how clergymen, monks, nuns were crucified on royal gates and shot in the basements of the Cheka [secret police], scalped, strangled, drowned and submitted to other bestial tortures,” he said.

Yakovlev said some of the material, from archives of the former ruling politburo and security services, had not been previously published and that uncovering it had been traumatic. “I was especially shocked by accounts of priests turned into columns of ice in winter. But that’s not all, there were crucifixions... it was total cruelty.” Yakovlev said hundreds of people were shot for not giving up church property, and only a fraction of the proceeds were spent on the poor, as had been promised. “The rest went on the world revolution and to open foreign bank accounts for our leaders,” Yakovlev said. Yakovlev, known as the “Father of Glasnost” for his role in promoting liberal reforms in the late ’80s, admitted the timing of the report was not entirely coincidental. The Democratic party, said he

knew he would be accused of electioneering but that reforms were doomed unless Russia rid itself of all traces of Bolshevism.

Yakovlev said “Bolsheviks” – including communists, ultranationalist Vladimir Zhirinovsky’s party and the Agrarian Party – had not renounced the politics of force and their current fondness for the church was “deeply immoral.” “Building on the maxim ‘religion is the opium of the people’ ... Lenin gave the order to carry out ‘a campaign of merciless terror,’” he said.

Of 48,000 churches in Russia before 1917, only 7000 remained by 1969, and Islamic and some Jewish religious buildings had suffered in similar proportion. “It’s a tragic story which has not provoked repentance and which has not been properly heard,” said Yakovlev. “I expect that there will be a [presidential] decree, not only to rehabilitate all those who suffered but to recognize the actions as criminal acts by the regime,” he said, adding that President Boris Yeltsin was in favor. But Yakovlev said individuals should not be persecuted.

#### Added Information from F&K

—After WWII as The Soviet Union, United States and Great Britain defeated the \*Aryan Christians of Nazi Germany, the Soviets then took control of all land east of Germany. Communism immediately abolished Christianity and many more clergy were murdered. They also had kept many in prison throughout the Soviet Union as you saw earlier in this chapter they used as a leverage to overturn the outcome when (Pope) Cardinal Siri was elected Pope in 1958.

\*After the Rothschild’s were kicked out of Germany in 1933 losing their debt-based control of their National Bank, interest (usury) was reestablished as illegal and Germany flourished. People everywhere were moving into new large homes with only three year mortgages, and of course, there was no interest involved. There was absolutely no reason that hundreds of thousands of Germans starved to death or committed suicide directly before this period of success. All six million+ unemployed people were put to work and 2,500 new Catholic and Protestant Churches were built all throughout Germany before the 1940’s when WWII had erupted. Germany had become the model of what life would be like without private owned national banks. Furthermore, there was never any inflation to deal with, a raise

was a raise! People continued to increase their wages but not a single percent of inflation took place while the Christians were in power.

I understand they wanted to help other peoples rid their countries of Warburg and Rothchild control, but they needed to slow down. Obviously there's many of Nazi policies I'd clearly disagree with, however, this is a very clear example of what life would be like without the international bankers in control. Britain set of the trend so they could launch war on France. Actually after Britain handed over their national bank, they were quickly in debt to the bankers as they waged four consecutive wars. A huge number of the world's greatest Cathedrals (Gothic & Romanesque) were in Germany proving that even larger building projects were taken place in the Middle Ages than in the Roman Empire. However, because of the behavior of the Germans, followed by the response of Britain and America, many of these new and historic Christian Churches were bombed into rubble. All in an attempt to take back control of their National Banking system. 70 million people, over 90% of them Christians, died as a result of the two World Wars. During communist rule in Russia, another 70 million Christians perished (estimates range between 50-100 million). Christians would be put to death as many had to work themselves to death through torture in Siberia concentration camps.

† {3} Many Americans are certainly aware of just how religious the Pilgrims who landed in Plymouth, MA were. However, most of us are not aware that the first marriages to take place in America's Home Town did not take place inside the Church, as all Catholic weddings before this period had. After the reformation and England broke away from the Vatican, King Henry VIII solidified all of England as a Protestant nation. However, these Puritans were even more radical in their beliefs. They believed the Church of England was adding too much control and breaking away from the idea of a more 'individual religious devotion,' as Jesus taught us in the New Testament that every man has with God. Furthermore, accused King Henry VIII of just switching the role of the Papacy (Pope) with himself. This was one of the main reasons they believed in separation of Church and State. Marriages would be documented in state records and as they saw it, this would have nothing to do with their religion.



## Chapter 5: Dealing With Depression & Advice for Heroin addicts

Eleanor Roosevelt

No one can make you feel inferior without your consent

**D**epression is an unnerving adversary when you are not feeling healthy and are unsure of your future. Depression is a ‘whole body’ disease. It’s not an emotion in itself, but an expiry of feelings. It will affect your body as well as your behaviors. If you know the opposite of depression is happiness, then why is being happy so challenging when depressed? Having low spirits will affect your ability to undergo a full range of emotions including happiness, excitement, sadness and grief.

3        How will you battle this disease which has infected your entire body. That has corrupted your mind and soul? First you must eliminate any pessimism, which is of course expecting the worst, including failure to reach goals you have going on. At the out-set of your addiction you were engaging in fun. You were feeling confident about your use and its inability to affect other areas of your life in a detrimental manner. Now after traveling through a downward spiral, rolling down the precipice until you hit the bottom, pessimism has become the norm.

4        It’s completely understandable, but now there must be an attempt to get back to positive thinking even if it only comes on, for a few minutes now and then at first. This is where ‘comfort meds’ might help those in serious trouble during the first year, if the medication is even available. Looking back on my own situation feeling pressure not to have them, I experienced huge amounts of unneeded stress.

If you still have bad habits, as long as it doesn’t involve illegal drugs, this does not mean you aren’t improving. These things happen for awhile but it becomes much easier to subjugate the lesser injurious habits when you’re more stable, than it is to remove the powerful

drugs and/or excessive alcohol use you are dealing with now at the beginning of your recovery.

5 If you are an addict who uses syringes and you are in your first month of recovery, there's absolutely nothing you can do wrong right now, unless it involves illegal drugs in a syringe. That is to say if you're sniffing crushed up pills, whether illegal and/or personal medication, you must be aware that you still have a great degree of work to do in your recovery. However, engaging in this type of behavior is absolutely nowhere even close to thinking you need and then jamming needles into your arm (leg, neck, etcetera). It might even control obsessive urges to quickly get something inside your body by usurping the real drugs with something else of slighter value and temporarily keeping you contained. By committing this act you may have just prevented yourself from abandoning your mission of recovery. This poor behavior has substituted the cravings for the real drug (heroin, coke, meth) temporarily in your brain by taking the place of what it is you really want to do, which is injecting dope or something equally as deadly.

Now if you had the opportunity to acquire and shoot dope right after, this is by no means is encouraging a concept in which you now would no longer take advantage of getting high off the dope because of course you would. Keeping the behavior of shooting-up or sniffing regular in your life only makes it that much easier to return to using. Even when keeping yourself in difficult situations from being able to obtain the drug (highly recommended), a high majority of I.V. users will continue to have brains that crave the physical action, and the needle just as bad as the drug itself.

6 They can no longer and others shouldn't be expecting them too, function throughout the day on a 'normal schedule.' The day becomes broken down into hourly (or so) segments, in which one can concentrate solely on inserting a syringe into their body, when they think it's needed. Now in recovery the addicts daily schedule may remain in a similar manner only substituting the illegal substances with anything else they believe can control cravings or anxiety. During addiction they develop obsessive thoughts of constantly needing something inserted into body. Now hopefully this chosen substance will be powerful enough to work if it's immediately placed into their bloodstream via their vein because otherwise, how

could it possibly be physically able to affect them if taken by any other method? (This is the common thought process)

7 If you, or if observing someone else, acting out in this behavior while at the commencement of recovery with less harmful (if even being harmful) substances, it must be noticed that at this point there are no crimes being committed in order to pay for illegal substances. Nor, is there expenditure of your (the addict) own hard earned cash to acquire it, or any type of torment brought upon someone else. That alone is a big step, into the proper direction for a more normal lifestyle. When counselors or Recovery Center employees notice a client beginning to implement signs of bad behavior, it must be understood that in the client's mind, they're most definitely still thinking that they're behaving more than acceptable, because they're thinking more on the lines of all the distasteful acts that they're no longer committing; which keep in mind, they just were taking part of this recently, and were possibly active for yrs. As a Drug-counselor, these are the types of behavior you must be aware of, if relating to your patient. As far as you addicts are concerned, with that being noticed/active: it should also be acknowledged, that this is a sign you're most likely in need of good serious minded treatment. I would recommend that you begin the endeavor of implementing a long term treatment program. This is something you must have awareness too, even if right now you're only focusing on short-term goals to get through each day, then week, etcetera.

8 Everything considered here, still might not help us shake this feeling of needing to put something artificial in our systems. We know not how to achieve a relaxed happiness without this and even then we're never satisfied. Before I was able to get myself sober and especially years before, during the period of which I was still running around on the streets, I was engaging in the worst behavior when it comes to thinking 'that it's never enough'. Nothing was ever too much and never was anything even enough. Having that said, these obsessive thoughts takes place in our lives in other areas as well. For some it could be most anything not just the sex and drugs (although in our lives, drugs are paramount here). Furthermore, this thought process is a huge behavioral element that attacks us when we're doing well with depression later on in recovery.

9        Reacting on your impulsive behavior might not be something you can control unless we can just take one step back, relax and find a feeling of fulfillment so you become satisfied. I've been witness to many people who were going strong in their recovery but they lacked a proper foundation to fall back on. Thinking they were too far along to worry about anything like this, their impulsive thoughts followed by an immediate behavioral reaction caused them to relapse. A relapse that came out of nowhere, which can so easily happen when one possesses poor impulse control... So now we have an emptiness that never gets fulfilled and uncontrollable impulse behavior we need to address.

We're well aware that each of these problematic issues only intensified our drug use. By comparison, calling remembrance upon the time when I was using, I don't recall anything ever making me feel completely satisfied. At least for not more, than one complete day; do you? Eventually, at this point now following my established itinerary on a destructive path towards Hell, I felt as if I needed to inject my cocaine in whiskey (not water), or heroin & cocaine together in a needle was always common and/or a large amounts of molly (similar to ecstasy) mixed w/heroin, all in order to just feel 'normal.' Even my crystal meth was never done alone without at minimum both the white and brown being involved, however, meth use was limited because of living in the northeast. This was not a drug I was addicted too, even though I wanted to be so very badly.

10        Apparently, at times I was searching more 'on the lines' of having fun and getting fucked up, but look at the level of drug use, I now felt that I needed to engage in just to reach the level of requirement. Sometimes as addicts we feel in our mind that after we use (get high), we are only on a level normal to the other sober people around us in society. However, we feel so much pain when 'dope-sick' that we fail to notice our bodies feel no pain when high, although thinking we're so-called 'normal.' Not only our bodies are numb but we remain numb to our surroundings. This occurs whether we're content in some ghetto or acting the fool in a rich environment. We remain numb to the feeling of others. We also take risks whether it's stealing, robbing, fighting (because a punch/stab wound is hardly felt), or it could be sex. We risk who we sleep with, not to mention, I would have nights of wild sex that lasted almost ten hours. Are we

still thinking we're only using ,to feel normal like everyone else – yeah right, who do I think I am. Maybe it could be fun, to use the drug that works for you which delivers an insane sex-drive once or twice but this isn't how it works. These drugs are made so humans can't control them and as we continue, because we can't stop, naturally this means we can't control ourselves either; a total loss of will-power.

11 Overall the addiction to injecting illegal drugs erased over a decade of my life without even having the ability to remember hardly any of the good times when I was having fun during that whole span. Thank God I was given a reason to make sense of all this madness because He wanted me to get better in order to help other people escape his atrocious lifestyle. Help them to stop, before they cause as much damage in their own lives as I caused in mine. If they are already in major trouble, standing outside the entrance of Hell, waiting for Satan to grab them and rip them inside, then here is where I'll do my best to teach them how to achieve this needed feeling of fulfillment which leads to sobriety.

12 This unknown need which we have been obsessively going after whilst destroying everything else in our paths, has to be controlled, preferably completely eliminated. Anything else in life, in second place it comes to this problem of obsessiveness. It doesn't even matter if it's family, health or the law. We need to be content now more than ever in our lives. When these people of which I spoke of involved in recovery, who then abruptly out of nowhere reacted to their impulses by getting high and breaking their sobriety, should by no means at that point have given up on the recovery process. If they knew where to go or who to speak with, their behavior could've ended after a single use or two and been less of a major relapse, being more of just a minor relapse in recovery of which is learned from. This can certainly be something a person in recovery can learn from and absolutely does not disqualify you from your treatment plan. I'll tell you how to build off it. How to make it actually advance you in your treatment while severely decreasing its chances of reoccurring.

13 When a heroin addict living in a sober-house physically struggles to stay clean for one month, then takes off and 'uses' to feel satisfaction, but afterwards becomes depressed which turns into great motivation for recovery making him/her more involved similar to their behavior at the commencement of this

recovery process; this is not the proper time to ‘throw him/her out of the house’ which is the common action that takes place in most/all programs. It can’t be known that this behavior is allowed, but it’s a stage of recovery and this is where you intervene by applying more one-on-one personal counseling. As a counselor, depending on the user’s response in the days/weeks that follow, you might end up proud of your client for getting this unfortunate stage over with. Myself, I could never condone to another more than one relapse because of moral reasons as a counselor, even though I’m well aware I’ve never seen a heroin addict become totally clean without at least 3-4 relapses minimum; but I plan to put an end to this trend. One way or the other, we will succeed.

14 My main problem during my years of drug use was always injecting cocaine and when I finally stopped with the coke, I injected any medication I had or needed. If I could dissolve it in water and knew it would produce more of an effect using it in this method, then I injected it because, why waste anything and not use it to the maximum effect possible? It was a sad and disgusting behavior that’s misunderstood. (The problem here is that basically all legal

medications even when administered at their highest dose, might not be anywhere close enough to have an effect on a long-term and hard-core user, especially of heroin).

15 Let it be known, and put on the record : this behavior is misunderstood by others as well as by the perpetrator, and personally, I just couldn’t stop for awhile. It sure enough didn’t matter that I was ashamed. It didn’t matter that if it were ten years early and I saw this behavior in someone else, I’d quickly label them worthless to society, punch their teeth down their throat and then toss them in a dumpster. The dishonor felt from engaging in this behavior simply did not matter because no matter what I could not put an end to it. It was no more than that of a continual meaningless behavior because I was once again dead. A meaningless existence as I wasted years of my life. I was brought alive, but failed to fully appreciate what had been for my soul. Yes at this point in time, God already saved life and well-being. The problematic concern at this moment was that I continued not completely trusting in His sovereign power. There were lapses in the time I was using this power to my benefit. I would ‘take days off’ not realizing my behavior until something negative occurred, bringing

it back to my attention. Now God is with me every day and I feel a force-field of protection surrounding my being wherever I go. Without God we are dead - this we know, because Jesus told and warned us of this.

16 My addiction went from snorting to injecting the year the state of Massachusetts began selling syringes at the pharmacy. Never one single time during all the years heavy partying exposed to an immense amount of drugs and drug users did I ever hear of someone, outside of the older people living in ghettos who were noticeably addicts just by their appearance, wanting to use a syringe. Unfortunately, this was all about to change for the worse as young kids from good homes would skip right over the sniffing stage, and commence using of hardcore substance with a 'pin/sharp.' Although thousands of addicts †{1} now began injecting for their first time, I alone had twenty or more close friends who all did the same thing. If I saw an individual injection heroin prior to this period, even if the very day before my own first injection while I was sniffing it, I'd be clear in letting them know I thought they were a filthy scumbag. However, it became the norm to the point where you could 'break out your works' in anyone's residence even if you'd never been there before or barely knew the person.

17 Using syringes for me originally began for the heroin which is basically just poison for the human body. A drug causing you to be incredibly sick, but as far as 'fucking you up' so to speak, that's minimal, and just sniffing it is garbage. Even once I was routinely injecting, I realized it does make you feel good, but still doesn't 'fuck you up' in the same way as cocaine, meth or just drinking alcohol. I would always end up strongly craving coke shortly after I did the dope. However, do not be mistaken how strong the hold is from this drug on someone's whole body. Once again it is written...If someone just sniffed dope everyday for the past few months, they're probably screwed and might need long term treatment.

18 The thing about heroin which people love is that the surrounding environment or their personal situation will not affect enjoying that drug. I hated using cocaine upon waking up. It would ruin my whole day. I could never eat breakfast afterwards. It would deliver me a different feeling than usual. A strange feeling that I wouldn't have enjoyed anyhow and yet I never, even one single time it

was available to me upon waking up , did I decide against using it. However, whether it's in the morning, night, drunk, working, at a wedding, having an upset stomach or comparing whatever other drugs are already in your system:

it does not matter when it comes to heroin. Dope will always make you feel good/better after using it.

Well of course it will because don't forget, your already dead. In this state one can't produce anything worse than death, so it becomes that anything negative is, "maybe not good, but that wasn't so bad." The drawback arrives when the inevitable return back to reality takes place. Anyhow, here you are constantly reaching for something to make you alive. You're reaching to elevate yourself to some divine level as being just a human makes you feel death. There's only one way we can bring divinity into ourselves and it's by having a piece of God enter our souls. We have our own spirit that needs to be combined with the *Holy Spirit* given to us as a gift from Jesus Christ. Then you will have an eternal soul and happiness you long desired.

19 We all know that heroin, unfortunately for the user, will eventually result in spending more time sick than not

(w/exception of those who go straight on clinics). As hinted towards in the Preface, it's those heroin users who are forced to detox without methadone or suboxone that can mostly relate to this book. They can also more clearly identify the need for this book. Everyone involved always thinks that they can control this aspect of the drug, when visualizing whether or not they will encounter many consecutive days without the needed heroin. They may at certain times even have the connections and income to get through long stretches surviving comfortably with the heroin never leaving their system. Now we must keep in mind that's obviously not a good thing in itself, even though while being an active addicts all user's view it, as this way. This will all, one way or another, it will even out eventually. One common event of which is commonly contributing to this event taking place very quickly, is when the user is sent to prison. Here they are forced to struggle on without the drug indefinitely. When getting to this point: *every single user of heroin regrets and no longer has love for this poison they once craved so badly.*

20 You are about to go through such an enormous (body/mind) change in your life it's okay to get a little depressed. It's



normal if you become extremely depressed for a period. Just realize that this will most likely be a major issue that needs to be addressed. Depression becomes an obstacle that you gradually defeat over time. Besides the word of God, your physical health is a great weapon to combat low spirits as this is something you'll eventually be working on anyways. Some of you will spend months without much strength. Maybe your brain is (possibly for a long time period) used to extremely high levels of serotonin, dopamine and endorphins being produced and pumped out.. I'm just noting an observation here, not giving advice, eventually many of us will benefit by properly taking medication after some time sober. Some will eventually come off the medication while others will continue on with it. The road back is long when smoking and/or injecting cocaine and/or heroin. The main point here is to focus on your spirit, the deepest part of your soul, just as much as psychology. After mastering this, everything else will properly fall into place.

21      So maybe now is not the time for new hobbies but you can still find things of interest. There must be something you're familiar enjoying while high, that you can still enjoy now. If not...think of activities you involved yourself with a long time ago. If not...enjoy eating food because this is normal for many people in recovery. Good food, new foods and large quantities of food. Not to mention you can read other materials than self-help books and the word of God. If there is really nothing that you can figure out here, than you can just spend more time reading God's Word. Spend all your time speaking to God through prayer and the Bible, or (Faith & Knowledge). Behavior

like this will always lead you to new and greater things. Taking notice on that, reading can also help you with the patience you need right now.

## Why we must be willing to use God and warn the young addict

22      Dope-sickness will get worse the longer a person uses a heroin as each time they relapse (considering they truly are striving for sobriety) it becomes more strenuous to get your physical health

back. This is even true if the addicts last duration of having ‘a habit’ is shorter than previous times. My first time detoxing without medication, and the only time I used every day for almost one year, I spent ten days and nights without sleep. I was so exhausted without the strength to lift my hands above my head, however, I was also so uncomfortable with such enormous pain I just wouldn’t fall asleep. Always being on a clinic for medication I had just a few shorter but completely intense runs with the dope over the years and the years just kept ticking by. My main focus was always cocaine yet still no less than my meds were to enter my system each and everyday, so the last time I stepped it up to monumental levels of heroin being injected each day for a six month period; all did not end well. Actually, this time was an unimaginable nightmare as I broke my past record of ten days (actually 12 was reached in between) and this latest time I’d reach a full sixteen days and nights without a single minute of sleep while incarcerated placed in the hole (segregation). After this initial period, I began getting a forty-five minute sleep once per day for five-six weeks with one time maxing out with a four hour sleep during this whole time-frame. Needless to say, after reaching over forty days of complete sobriety I looked like an American P.O.W. confined in a World War II Japanese prisoner of war camp. It was after this period of intense repenting towards God that my brother and wife took me in while explaining there was no need for an income or obligations as I was given an opportunity to take my time getting my health (physical & mental) back. To worry about me first and then what to do with my life.

23 I must now say even if an addict is fortunate to receive such an opportunity, and I never want to say never,

(especially after seeing the power of God, Christians and loved-ones) however, depending on the overall level of and length which an addict uses drugs, this above which sounds easily achievable (acquiring health w/no responsibilities), could seriously be an almost impossible goal. Serious hardcore addicts have many issues, some being now permanent issues to work out over a long period of time. Why would I battle huge levels of stress when I have less responsibility than ever? Yet, this is what happens to us. On top of all this if you have the threatening consequences of a documented past which is full of trouble there may remain virtually no available

opportunities out in society left for you if this is something you've gone through several times before. Only God and certainly other avenues of rehabilitation but not, only meds, can help a recovering addict conquer this many obstacles. Thus being more the reason young addicts need to be more firmly told of the future that awaits them because we all think it won't happen to us. I never felt physical pain, sickness or limitations until I already used heavily for ten years. People use to ask me how this was possible (to be annihilated w/out sleep for 3 days, then be dresses ready for work at 6.00am) after observing my intense level of usage, and I would just smile and laugh. I was always confident, as I thought no doubt, I was the toughest guy in everything), which I clearly wasn't. Just like I thought the drugs would never catch up to me. It's now very difficult me to relate to the thought process of actually believing that to be. The truth being, although I already had a long criminal record and was big money in debt without a career job, after the syringes were incorporated into my lifestyle it was only a matter of time until it all came crashing down. Now my journey to Hell and back begins.

24      A word to all the non-addicts that have a loved one using heroin: that person may truly love and care for you.

This person while high (feeling normal) may explain right to your face that never in a million years will they steal from you or even lie to you. And guess what? They truly mean it and from the bottom of their heart they believe it too. Unfortunately, all heroin addicts are completely different people when they are sick, or starting to get sick as the opiate level decreases in their systems. In this situation the addict is unrecognizable compared to how they are while 'high' on the drug an seem somewhat trustful. They are people who'll do anything, including a variation of crimes

(possibly murder) and intense self degradation in order to obtain this drug. In order to not be dope-sick for even one day.

25      If you are this addict I speak of, and you are now just recognizing that you sold your soul to the devil...wait let me correct that because you actually paid to have this cruelly inflicted upon yourself. Anyway, if this by chance is you and you are now just recognizing that you paid to have Satan take away your soul, there's only one way that is guaranteed to acquire it back. We will forcibly take it back with our unity and above all else with God's help. God (&

His omnipotence) remains the only force in our arsenal which is proven many times over, in order to work. Also, to be powerful enough to help you put up sustain a fight of which will eventually overcome the depression you're going to experience during your first year of sobriety.

26 If you want to continue a relationship with God, it can only emerge as a more robust force over time. It also becomes more interesting as time goes on and this tends to bless us with more wisdom. You don't know what you have at first. Someone doesn't just make this commitment after a small investigation, like the information in this book, and that's it... you now hope you're fulfilled and won't crave drugs next week. That's not how this works. We keep Jesus in our lives, then you read and educate yourself in other areas (history, or current events) and this branches out to new things with new people.

27 As time moves on God's love and gifts grow more intense, to fill the need of whatever it is we were searching for before, that of which could not be found. This unfulfillment is a search for the truth and to implant meaning into our lives. We can only find this in God, through Jesus Christ our Lord. Education in Platonism (Plato, Socrates, etcetera) or other philosophy could also be an important weapon in your arsenal, on your quest for the truth. Many people have no idea that Norse Mythology also possesses a ton of wisdom which could be highly beneficial to anyone. However, it all comes together with the Trinity and this is why we so strongly believe.

28 Without doubt, anyone including doctors or workers in this field, who have never been addicted to the use of syringes being needed throughout each and everyday just in order to operate 'what is thought to be normal' at times, cannot and *will not* ever realize how intense this addiction is. There's uncontrollable obsessive behaviors that we feel we need to get out of the way and satisfy just in order to, 'get back on track' to what we were previously doing or planned to do.

29 Maybe sometimes you can think clearly enough to realize that your brain is interfering by sending you these obsessive thoughts and now you realize that you probably don't need to follow through with the behavior. Then within a split second, 'you're back; starting to engage in the behavior. At this point there's nothing that

could've stopped you from following through even if it takes hours to obtain just one piece of the puzzle that's needed. Any small chore throughout the day involves a prior injection to have the motivation and strength to accomplish. \*It just can't be related to and will never be understood by anyone fortunate enough to never experience it personally.

30 This is why, if you're in situations with the kind of people above who can't relate, BUT only if you're having trouble with them, right now at this point; I don't want you to listen to them anymore, I want you to listen to me. Which ultimately means, listen to God, you just need help with your behavior and mindset to be able to listen and take advantage of His wisdom. You need to be healthy and ready to accept the enlightenment from the *Holy Spirit*.

31 Romans 8:6

For the mind of the flesh is death, but the mind of the Spirit is life and peace

## My 3rd Time In Detox

32 It is absolutely absurd, that a detox-center full of heroin addicts and crack-heads will not allow their patients to have caffeinated coffee. Are they out of their fucking minds or are they just not experienced in the matters of the clients they deal with, which is typical. That would be a wonderful thing if you had an addict's detoxing body feeling ok enough to actually want and enjoy a cup of coffee. Actually if you just accomplished that as a doctor, nurse or counselor- then you're already contributing to improvement in their life and should feel proud. Do they think a heroin addict ever wants or enjoys coffee if they have not already used heroin that day? They're just currently going out of their mind with those typical thoughts of always needing something to help them when they ask for a cup. The coffee might relax them although it's almost a definite that when it's gone they will say it sucked.

33 When we as 'patients' ask, they actually act like they think the caffeine will affect you, when the truth is you can drink twenty large cups if you want. The only thing that has a chance of

making a noticeable difference would be a strong injection of heroin. When a heroin addict is full blown dope-sick on the streets without methadone or suboxone and struggling just to brush their teeth, it does not matter if you give them over a thousand mg of caffeine, the situation will remain the same for them. You can also add a few energy drinks, a handful of Neurontin and another handful of Adderall. The most accomplish is raising their heart-rate but they'll still have no energy or the strength to stand up without struggling. Getting your body to a point where a couple large coffees in the morning will provide you with a slight 'pick-up' and you can actually recognize this as something you might be able to build off, showing signs of happiness and positivity would be a major accomplishment and a gigantic step in the right direction.

34 I once knew a man very well, who mentioned to a rehabilitation center worker something about smoking a cigarette and having a cup of coffee. The worker responded with, "that has caffeine in it, which is just another addictive substance so we can't help you out with that, and you definitely don't need caffeine, while taking in nicotine." She really said caffeine and nicotine. Instead of plainly saying coffee and a smoke Already through his detox period after being there for two weeks but still on some comfort meds, the hope was a coffee would help him move around a little better. Of course deep inside realizing it was more of a mental thing than actually receiving a boost from the coffee, it didn't matter to him. He was just seeking few minutes of contentment, would have been great. This man couldn't make it to his classes and certainly wasn't going and then sitting up straight in one of the uncomfortable chairs. Eventually he dragged himself to one or two of the classes, because the workers threatened to discharge him accusing him of not wanting, instead of realizing he needed more help. I'm pretty sure he didn't contribute. Not even processing what was being said, this guy spent the whole time putting all his focus and energy into not falling off the chair for 30min.

35 Anyhow, it was later in the day when he said "as a late teenager and on my first years of living on my own with my girlfriend, I remember just smoking some weed at night on the weekdays but being happy. Being ok smoking weed and feeling content watching T.V; a movie or whatever. I've known for ten years

now that I should go back to that. But the truth is, I've never gotten anywhere close to being back at that behavior, even after mentioning the thought to my new girlfriend who I now live in a different location. I really hope more than anything in this world that I can make that happen this time after I leave here and go home."

36 Immediately after saying this mentioned above, the same employee from before overheard the speech and she told him he wasn't there reaching for sobriety. Then in a slightly mean and upset tone she goes on to another employee "first he wants real coffee and now he's talking about marijuana."

37 So what happened next was... 'I' turned to this woman and said that I would not be in her dirty-ass depressing detox unless I am far past a moderate stage of addiction and I've already hit rock-bottom, lost all pride and are there begging for help. With my voice raised louder "Listen, I have been an addict for 20yrs. The last ten years I've been injecting cocaine and heroin like a sick maniac. Typically coke-up delusional running around with a knife in my hand at the worst of places was typical behavior for me and it was like that for a long, long time. If you can get me to wake-up in the morning and start my day off with nothing but a cup of coffee while keeping me home at night relaxing with a little bit of weed.....then you just worked a fucking miracle!!"

38 After that I felt alone in my recovery. I never did make it back to just coffee and weed when I returned home that time. However, eventually I found a way to never be alone in my recovery. It's in your darkest days that your soul discovers God. Thus being true for all people in all different situations.

39 Knowledge — The word "Omnipotence" derives from the Latin term "Omni Potens", meaning "All-Powerful" instead of "Infinite Power" implied by its English counterpart.

40 *One of the greatest things that you can control is how you act towards things that are out of your control*

41 Psalm 119:71

It was good for me to be afflicted so that I might learn your decrees

42 As time goes on you'll experience more positive thinking as long as you remember to stay focused on how important it is to steadily continue improving. You will be in the recovery stage

for a long time, well technically the rest of your life, so don't get over-confident too early. If you just went through five years of heavy using, then don't think six months of sobriety means it's out of your life forever. Hopefully it will be but you still might need to put the tools that you've learn to use in order to stay clean even after a few years. If you want to think positive it only makes sense to be around other positive thinkers. It's hard to remain positive going through recovery but you must allow yourself to at least see the positive things that are now taking place in your life. Some people think that relocating themselves to a new town/city will help but the problem is they still brought themselves.

43 Marcel Proust

“Instead of seeking new landscapes, seek new eyes.”

44 In the past you would probably procrastinate (always having an excuse). It has become time for you to face the truth. It says in the Narcotics Anonymous Book that If you can't stop your destructive behavior with your own will, power it only makes sense to use a Higher Power. This is why we surrender to the Almighty God. I also believe this is the single most important sentence in the entire program.

I'd recommend that all own the NA book, not just read it. Although I don't like that it lacks in area's such addressing long-term addicts returning after multiple relapses. It does touch on this but not to the extreme level in which some need to relate with. Additionally it does not warn younger addicts of the real dangers in society that need much attention and hard work to avoid. Consequences of being caught breaking the law or other things will typically increase an addicts overall substance abuse. This isn't the proper way to address the issues and usually make the levels increase over the years. The levels of overall substance abuse causing physical and mental problems. Additionally increases levels of ostricization from society.

45 God will accomplish the things that man's mental-health medications are meant to accomplish. Some people do need both, that's ok. I'm just trying to give you a reference to go by. You're seeking something important to be brought to you which is happiness and motivation. Also you want to possess the concentration and ability to accomplish goals. Maybe because you were using hardcore drugs and most medications aren't strong enough to have



much of an effect on you right now. I'd recommend (if at any time possible, depending on circumstances) anywhere between 6-18 months of sobriety if you have already spent years of your life using but if you haven't hit your mid-twenties yet, God bless you, you have much better odds for bouncing back without long-term treatment meds(may still have separate mental-health issues that probably contributed to this behavior in the first place). This long period (Avg.1yr) is to give your brain time to heal, tolerance of drugs to go down and to be put yourself in better position to identify what your real issues are before considering medication. [8]†

However, I'm not a doctor who can give you proper advice on that, I just know that once people are dual-diagnosed, which all heavy users of drugs become, they rarely as in almost never receive the help they need.

46        However, there is something that was so powerful it brought me from the pits of hell filled with horrendous mental and physical suffering, a level so atrocious - to an abundance of happiness and motivation to be an active and social person. If God is that powerful than I want to praise that God and keep Him in my life. I want to share my story so you too have this God in your life. This is what I recommend you focus on in your darkest days all the way into your brightest days and beyond.

47        It only makes sense to turn to the most powerful force available to you. The most powerful source in all the universe that will always be there in your best interest. The most reliable and faithful friend and mentor you will ever know, Jesus Christ and His father, the one True God who reigns supreme over all. There's a lot more to learn about having the guidance of the Holy Spirit with you at all times than you will find in this one book alone. We're always on a continuum path getting closer to God which requires more learning and more rewards as we go. Greater rewards as we go. This continual love for God can eradicate all symptoms of depression once and for all in your life.

48    1 Peter 14

Like children ruled by God, do not go back to the old desires of the time when you were without knowledge. Be

Holy in every detail of your lives

49    Mathew 3:8

Let your change of heart be seen in your words

50 These next couple paragraphs here, are one's that can be read with great meaning, sometimes, even months into recovery. You and others going through this period, need always to keep in mind where you are in your recovery, in relation to where it is you desire to really be. This is essential you know this in order to make deliberate decisions throughout the most difficult and unnerving phases in this period of your life. Do not become wrongly influenced by things that you are not ready for. When using drugs you wanted it all. That mindset needs to be shut out of your thoughts and behavior.

51 You will still need to complete goals in your life, even at this stage. As for us now, let us enter into examinations of ourselves and the situation that stands before us. The many situations that stand before us, not just the overall situation. Let's us find that happy medium we were in so much need of and for this, we've so longed for.

Impulsive behavior you were intensively good at before, but now you can stop and debate your decisions before action with extra help from your faith. With extra help from the Holy Spirit, intentions and actions are more thoroughly processed. Don't let outside influences affect your decision making unless absolutely necessary, which will occur. Searching for ultimate fulfilment in the end without the use of substances might be in sight but for today just remain positive with contentment.\*[1]*The universe is always expanding and so are you. You must desire that fuller version of yourself ever getting closer to the truth with more experience and great wisdom lighting your path.*

52 Romans 12:2

Be transformed, by renewal of the mind

53 John Bunyan (from the 17th century, this man spent 7 years in prison)

54 When asked how he dealt with such a horrible place he replied by saying the he would focus on the things he couldn't see while in there. "If you focus on all the terrible things inside a place like that your soul would easily be destroyed...to live upon God that is invisible, as Paul said in another place; the way not to faint, is to look not at the things which are seen, but at the things which are not

seen; for the things which are seen are temporal, but the things which are not seen are eternal.”

55 For humans to become one with nature is an absolute intrinsically response to bring serenity to their lives. Our brain even responds by releasing more serotonin. This proves that we have a deep appreciation for what God has already given to us. When feeling dispirited in a hectic environment just take a step backwards to the basics. Then from there you can work your way back. Sometimes we’re all alone but a hectic environment still exists in our heads, with racing thoughts full of somberness, creating a need for escape. Let’s say you’re out in nature having a conversation with God, thanking Him and seeking His guidance. The problem is an hour later you find yourself sitting inside feeling the same as before you went out. Of course this happens but that’s what we’re accomplishing here, having different weapons in your arsenal to replace time otherwise spent downhearted. Plus why would we focus on the somberness while sitting back inside here and not focusing on that positive experience while outside?

56 Keep talking with God and you will feel the *Holy Spirit*. Ask Him for the Spirit or to make Him more active in you as you go back inside. I frequently ask Jesus to have the Father raise the level of *His Spirit* inside me. Whether I’m simply feeling down or need encouragement and strength before tackling a difficult task. This is without a doubt the toughest and most uplifting weapon I have in my arsenal. And this deadly weapon is available to all who want to use it.

57 Plato

“Good people do not need laws to tell them to act responsibly, while bad people will find away around the laws.”

58 Closing words of wisdom

The problem in our Westerns Society is that far too many people are only using spirituality as a reserve weapon. When an Atheist is at war and bullets are flying over his head, he starts praying. “Oh God,” “Save me Jesus.” Don’t be like this. This behavior brings no Providence into your life. Bring the Divinity of God to the forefront of your life. You’ll feel far more confident when your main weapon is a

Sovereign Power that forms a shields of protection around you at all times. Furthermore, you'll be alert to this protection and aware of its power at ALL times.

End of chapter

\*If you want free reading material than Christianity is the most common source for anything free - we're here to help. Remember unless being your career or in certain cases ( maybe when performing labor), asking for money from someone in order to help will cancel out any favor from God you stand in position to receive. Simply google 'free Christian books' and many sites offering free eBooks or free by mail printed books will be at your disposal.

†{1} When every pharmacy in Massachusetts was forced (by who?) to sell brand-new inexpensive needles, the reason for this deplorable action given to us was, to stop the spreading of diseases. Hepatitis C is most common, but HIV was becoming a huge issue in New Bedford, MA. On the contrary, good kids from all over the state would never be involved with the heroin users spreading HIV in New Bedford, but now this would all come to an end.

Truth be told, total cases of 'Hep-C' in Massachusetts were about to sky-rocket out of control. Like never before, in every corner of the state, in every community, even in the most remote locations, big cities, middle-class suburbs to the upper-class suburbs we now have IV drug-users.

Am I for the legalization of marijuana? IDK – it has to stop somewhere. I have no problem with weed smokers but listen.....

Here in MA, can the politicians look at the negative numbers/effects of passing the 'syringe~law' and make the obviously correct moral decision to stop selling them (giving away in some circumstances)? Of course not, this is the major problem that I'm addressing when referring to legalization laws. If they were to eliminate the addicts from acquiring needles at CVS, Walgreens, local pharmacy's, etcetera; there now becomes a far greater number of users sharing needles and spreading diseases than we had to begin with. Which by the way has already happened to a large degree, so one could only imagine the scale of this action being taken.

The problem now being, if they were to retract their foolish experiment now, it would become a disaster. There's no turning back and a \$3—10Pack of syringes goes quick for most addicts and they're

spending every last penny on drugs while running all over the place to acquire them. I've seen beautiful girls who were raised by good parents end up in the worst of situations to get high...

≈A nice girl in a car, few other people, one friend few associates...

This girl ends up at some random house, couple scumbags, dirty place, feeling uncomfortable.

They got the drugs, others are shooting up, she's so sick going insane watching, but needs to wait 30min (hopefully) until she's home

This girl knowing another girl in the house has Hep-C, decides to use her needle when she's done w/it, as she thinks it's worth risking catching the disease (which she really is already accepting she'll most likely catch it).

So she can be high right there and then, as it's almost impossible for an addict to wait the 30 min, whether they've only spent 5 min searching for the dope, or if she has already fought through 5 hours waiting to get it in her possession.

So let's not think she's capable of thinking about the rest of her life with Hep-C.

See what happened there? Let's not start believing people addicted to heroin can make responsible decisions. Not just this but in order for someone to use their own clean needles, the proper way, we're now encouraging all these users to carry needles on their person at all times. Myself, I would always have one in my sneakers under the sole, as this is how I walked around or went anywhere – for years.

So now they hand out Narcan for free, in order to save lives. If an addict overdoses, hopefully he or her are amongst friends, who are needed in order to administer the narcan. Unfortunately, many addicts eventually end up having only one close friend – the devil's heroin. Now for me, my immediate first words said after hearing this and seeing my associate with narcan was "Now I can do huge amounts, the most I can possibly handle, because if I was to O.D; who cares you have narcan."

Because of the syringe law...

...explosion of overdoses throughout the state but we can never go back to the way it was before

Now we need another law...

...Let's hand out narcan – Really, where does it stop? This might actually save a couple lives in the next year. On top of that, it will destroy and end many more. Once again, people aren't responsible or ever thinking clearly while addicted to heroin. Plus

addicts care about absolutely nobody, except themselves (until they become clean).

## Chapter 6: How to Listen to God

Ephesians 1:17

God gives us the Spirit of wisdom and revelation, so that we may know Him

2 We've already taken notice how beneficial, not to mention critical through times of tribulation He is to us. That His Kingdom is available for us to take full advantage of and with this we become confident with the knowledge that we know we're using the most omnipotent force available to us. With acknowledgement of the Godhead, we will never serve a false God.

3 The clearer the communication we have with Him, raises assurances that we're taken the best method towards self-improvement. Our most resourceful method of listening to Him is through the Bible. The New Testament offers us an underserved view through Jesus, as mankind was transformed forever. With this we don't just study the actions of Christ, He explains His own views and behavior towards His Father. This also elevates the status of scripture to once again 'an underserved' level upon us. Now at last shown to us as proven fact, we take notice of this heightened understanding of the scriptures true meanings and purpose when we see it reflecting in our own lifestyle/daily actions.

4 With this wealth of knowledge being offered to us, in the next chapter we'll briefly touch on just how amazing and laddered with wisdom, the Bible is. Even if you're not that interested in learning through the Bible, once you do and learn to better transform its writings into action in your personal life, you'll want to assume and consume more learning through this method. With that mentioned, I must remind you of the fact in order to incite the need, to prevent all the chaos and death that entered our world when we began living outside the word of God. This is a clearly determined fact in our lives as we would cast dark shadows upon us, spawning years of tribulation. Also when seekers of Christ come across a few scriptures,

like those of this book, then come to the realization of the truth behind the words, they're now alert to fact that the Bible is loaded with truth and intellect. Some have deep meanings whilst others use powerful words but to make only quick and simple truths. Yet we become embarrassed at the more basic and straightforward scripture as we thought we knew these truths but these behaviors we couldn't accomplish until we saw it written with such an eloquent style coming directly from God.

5        Being able to learn directly from the Apostles and applying this luxury to benefit in your own personal life can inspire a vastness of new positive things to come. While reading scripture, try to envision hearing those words coming straight from Christ to yourself. You can also try to picture Jesus out in the Holy Land surrounded by His disciples and others. Imagine how much these people's lives were changed as they were in awe while listening to God deliver the truth upon them.

6        When praying or reading, please try to keep faith and an open-mindset about learning from God. For all intents and purposes, people tend to read with a pre-determined mindset. This will induce problematic issues if you're reading anything that attains to the word of God. This behavior could cause you to not just fail at noticing an important element of His teaching but possibly life altering words of wisdom which may inspire monumental changes in you life. Don't listen to yourself while reading but concentrate on listening to God. Reading His word is one impressive way to learn by listening to the truth straight from a Sovereign Powers' thoughts. Being attentively in manner, you'll soon begin to start grasping the true meanings of His word. Try to always begin your reading with a new action in mind. Not to just obtain valid information but you want to figure out what can come out of this, after you're all done reading. Maybe right after your done reading (listening).

7        Human beings greatest trait is by far our intellect but it's also our greatest impediment when it comes to knowing and understanding our God. In the book of Ephesians, Paul explains to us that when you obtain the *Holy Spirit* and receive immediate spiritual guidance, it doesn't mean that it's automatic that you receive an immediately fully spiritual devotion. He goes on to say that a deepening relationship with the Lord requires a genuine heart of faith,



pursuit of knowledge, love and strength. When were in an impoverished state and *not trying but wanting*, we do not notice this on our own until the *Holy Spirit* brings this to our attention. At this moment, it's now time to make a deal with the Spirit.

8        Once we deliver some of our own energy to the cause, the *Holy Spirit* now provides guidance, directing us through the remainder. The Apostle Paul gives us knowledge that's still extremely relevant to this day, because he speaks the truth about mankind and his eternal relationship with God. Never let yourself feel barren, indigent or alone. God is near but He doesn't demand your total obedience. He never seeks pleasure with controlling you against your will. He doesn't want you to have a subservient devotion to Him. That means you feel as if you're a slave to Him. If you become a servant to God, it has to be through your own pleasure and gratitude. I always feel elated when I get a chance to speak to God, but I'm even happier when I get a chance to listen to Him whether it's through prayer or mostly reading. A strong positive emotion comes out of me when I hear something from God because I know it's the truth, its always been the truth all throughout time and this truth will ultimately improve my life. God does not and will not ever force His will upon you....you should love Him because He is worthy of love.

9        Go to church and listen to the sermon. Don't go just to show up on order to make the ratiocination that you now appear devoted to God and begin expecting His rewards. I don't want you to just hear the sermon that's spoken at church. I want you to actually listen and then react to the sermon. This Spiritual ride you are now on is not a temporary thrill. This is meant to last a lifetime and it only becomes more impressive with time as your life improves . Always remember - react to the sermon.

10       The majority of us are better at talking than we are at listening. If we wish to hear what God has to say, then it's vital we learn to do both. You need to keep in mind that when listening to Him you must use your heart as well as your mind. Concentrate and forever listen closely with your heart. There's a variety of reading material on this topic. Charles Stanley, a Pastor in Atlanta, wrote several books. One of these titles is specifically: How To Listen To God. There's much other literature in conformity with this topic and with ease one can find a variety of these important writings. Even free

reads via Google/internet can supply guidance and even deliver understanding. If you have any money in which you're capable of putting into your increasing of illustrious knowledge, importance of faith or significant sobriety, then the wisest decision to make, not to mention the best for your future, would certainly be to spend a little cash on books. Most decent books are over ten dollars whether a print or an e-book, however, this is where the knowledge is. A well written interesting book will continue to capture your attention until you've read to a point where you flip the next page and its labeled, Index.

11 The greatest element of non-fiction reading is that we can 'bounce around' from different books, from different chapters, to different topics, from different sources. *Always remember* to perform, at the least, a minor investigation of your sources. Believe me, for only the truth is spoke from my mouth because I've read and researched much history. The last century displayed an unbelievable amount of rich people disregarding human decency and recording or re-writing false history. Displaying explosive ego's, these power-hungry individuals tormented with sin, most noticeably pride, gluttony and greed, actually feel better about themselves going to their death bed with these insidious 'accomplishments.' I personally believe it's the most deplorable behavior ever done to mankind and that it's extremely sad anyone could receive a comfortable feeling of superiority after behaving in this manner.

12 Don't think for even a second that 'self-help' material is not a field available for deceit. Whence reading we come across authors promoting a view, only to realize it directly goes against an identity in/of our recovery of which is a feature we're trying to promote for ourselves. To give an illustration of what I'm trying to communicate to you, the author could've written down a recommended task for us that directly contradicts Christianity. As we then look into this author, we then discover he/she is outspoken and proud to be an atheist. Not only that, but now we have to wonder if her/his recommended information was even genuine. Perhaps the authors agenda was less about helping to improve the readers life and more about promoting an atheistic lifestyle?

13 In other situations we come across far more 'political correctness' than is needed. Here we might find authors

accomplishing nothing but relating ridiculous views as they over exaggerate on negative situations whence displaying their personal struggles, when noticing and celebrating the positive side of various situations. Not only can they be pessimistic but they fail to realize (or they're just assholes) that in many cases they are being detrimental to the readers self-esteem.

14      What happens to many in recovery, even when keeping Jesus as their right-hand man, many will stray away from spiritual writings and begin a quest for other self-improvement material. I believe everyone should be educated in the basics of psychology which of course involves functions of the brain. I believe that everybody should engage themselves in the readings of different philosophers. I also believe that those who have no control over their addiction will eventually make a return primarily to Christianity. Additionally it'll most likely become the first element of sobriety/life which they'd recommended to others who are new to recovery. Like I told you before, there's a multitude of optimistic Christian material out there, as all Christian material comes in the optimistic format we now need more than ever.

15      Likewise, you may always and should at some time go speak to a local Priest or Pastor. You might be surprised of what you hear when speaking with a Pastor. Many have the ability to explain things in a way you never thought of before. They can give you a new perspective on things encouraging you to be excited looking at something in a different way, in a new light, than you ever did before. I've had Pastors mention things to me that I never would have thought of on my own.

16      Don't forget that in chapter three we went over having the companionship of other believers active in your life. When we take two highly intelligent dedicated believers in Christ and ask them to read, then explain a few verses from the Bible, we're probably going to hear slightly different answers. So even when believing you have things figured out, you can always increase your knowledge and experience by taking the time to hear what others have to say. A problem I used to have that limited my learning was listening to others only with intent to respond to them. Just take in the basics in order to deliver a normal response. Without dissecting their thoughts or sometimes not understanding what's being said to me I'd already

be thinking of my own words to say. Either I believed what I was going to say was absolutely correct or simply more important. I was being an asshole. I also did this just to end a conversation in a timely manner and usually with no good excuse to do so. Many of us do this when we believe that we're busy enough to be in a hurry, which is usually questionable. More understanding but still not justified, we almost all are guilty of this behavior, at least when we're tired.

17 Proverbs 4:20-22

My son, pay attention to what I say: listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them

and health to a man's whole body

18 Try to study the life of Jesus in order to magnify how you relate to God. We need to know God's life works and how He functions in order to accomplish this goal. This implants His characteristic nature in our minds, allowing us to know Him better. The better we know somebody, the easier we interpret and process their words. In chapter two I wrote: we colligate with God on a more human level, ever since He showed Himself as man.

19 Knowing who You are

Many seem to have forgotten "who they are" spiritually, and discard introspection in their wild pursuit of money and material possession.

## †For the Non-Believers†

20 As Spirituality moves you forward and your mindset is clear from old behaviors, it's common to evaluate your quality of life and have this impress your mood for either good or worse. This term 'quality of life' reflects a multidimensional conception which includes someone's thoughts of their overall quality of life and their assessment of specific areas in their life. Specific areas may be needs or moresos, that you think are needs, but maybe not. Although this terms comes together when all domains of life are taken together and this produces an individual's overall satisfaction.

21 Fortunately for you, you might've already been learning to live with less and just appreciate the fact that you have your life, even if your health has remained poor or been slow to recover. I can remember all the months going by and still battling through the same deterrents wondering if my long-suffering would ever bring rewards. Then afterwards we enter into a phase which should for the average person be discouraging and intimidating. Unfortunately, now is the time where we must go through experiencing the reality where, in the past during our sinful behavior, diametrical elements of life were not taken advantage of, neglected and/or missed out on.

22 Perchance the worst of these... ...is time. You can't get that back and we all wish we could rewind or lives, but hold on to this knowledge we procured over the years and especially obtained from our mistakes. Luckily for yourself, you've now acquired a new appreciation for the simple things in life. This doesn't mean you're required to live an, all-out Christian lifestyles of fortitude living with only the bare essentials. For some of us, our behavior over this lost or purposeless duration of time has brought harsh repercussions, forcing us to live with little or no material possessions. However, we are all not St. Francis, meaning this stage of your rebirth doesn't have to last forever.

23 Here's where I saw a couple guys who weren't religious but we're trying severely to fake some spirituality in their

lives in order to get through an extended period of being poor and suffering. I knew they still didn't believe that our divine Creator could still be present and beneficial in our everyday present lives. They took everything they had ever been given in life as if it were their right to own. They never put much thought into it, never mind offer thanks to anyone. They didn't even appreciate anything they had while growing up and now as it approached time for them to grow into adults, things seemed to get worse.

24 Here is when they should be preparing to gain more for themselves and start a family but they traded that all in, for approximately ten years of having fun as it was defined by them. What they thought was fun, was living extremely wild, just as many of us did. They would ascertain money in some illegal manner and then 100% of that produce was expended. All in search of a good time in activities which most likely would also be considered illegal, defined by law.

25 Now in their mid-thirties, these two men have an enigma of trying to reach that positive emotion of fun they were at one time and for so long were used too, but now they have almost nothing in their lives. Basically homeless, bouncing around to different places. However, neither one of them at this point has any desire to live the old lifestyle

anymore. The problem is they can't just simply step down into that normal life they passed up, which other people their age now have. They missed starting a career job. They no longer have financial support from their family, like their parents would have gracefully supplied them with after high school and college. They're starting from ground zero and besides what's written above, they are homeless and tens-of-thousands of dollars in debt.

26 You think they would long for the nice things in life they never acquired throughout their twenties and into their thirties, which they now have virtually no chance to acquiring. However, their mindset and overall inspection of life becomes even beyond this level of need and recognition. These men are now trying to appreciate the simple things they were given growing up which they barely noticed at the time and all the gifts not only received from their parents, but also the gifts God has already given to them. They thought of such things as those 60 Trillion cells inside the human body working

together for survival we mentioned early. They finally appreciated the nature of such things that constantly appear in their line of sight: as in flowers, lakes, grass or trees.

## What If God's Not Even Real?

27 How can they possibly be positive in their atrocious situation? They have no idea if there's anything they could possibly do to support themselves at least marginally. Forget not having their own transportation, these men don't even have proper health care, but God can do anything. He can change even the worst of situations for the better, so at least these guys are told. Like mentioned previously, these men deep inside don't cogitate God exists. They are however, recognizing this of which they're believing He can aid them in some way. Wait just a minute, does that make sense? If they refuse to believe this outside force, which remember is omnipotent, is even there with them, then how is He supposed to supply guidance? How will God continue offering more help in the near future as they need? I suppose they're 'sort-of' tricking themselves into being happy and as it occurs, a small belief in God is born, supplying a fertile foundation which one can only build-off. 28 Now even if no God exists, which we know does, this philosophy still works better than anything else. As time moves forward in our lives we can transform this foundation to a great fortification full of armament and weaponry. It's a kind of hypnotizing of the brain into believing that there is hope coming from a reliable and powerful source. They're realizing that humans need to seek an outside source of power in order to achieve their most challenging goals. Not to mention have answers supplied for life's more perplexing questions. If someone's trying to teach only 'positive thinking' they may have their end result with their client, temporarily almost identical to that of the believer. The problem is that we already know it doesn't stay this way or work out in the end.

### Human Need of an Outside Source of Divinity -

29 As humans we respect ourselves. Even if the actions don't always show it we have a need to prove superiority. Maybe a person will have too much pride to ask another for assistance or for an answer to an enigmatic problem. People won't even notice if our behavior affects other animals in a negative way because we would

never put another unintelligent species above the stature of ourselves. The study of quantum physics has a small so-called educated few believing they possess superior knowledge to anything else in existence. They also believe they can predict all your emotions with mathematics. While dismissing some of their far radical thoughts, we can still get a sense of those who think they're on their way to discovering all that exists. Knowing that they will fail in the end whence ending up with grave disappointment followed by a return to use the ultimate Sovereign Power.

30 For thousands of years and it's of no deviation presently as we speak, people seek a more remarkable, out of the ordinary wisdom. The wisdom which we know that we as a people will never execute fulfillment of, on our own through our human intelligence no matter how much we learn or discover. We seek a wiser all empowering force or lifeblood to give praise too. Now after this recognition, we can ever be self-assured that human beings have always had a need to not just recognize a greater divine power but also enjoy bowing down and displaying worship. Bowing down and asking for help. Giving honor and thanks to this Sovereign Power can even raise our own nobility and self-worth

31 Reverting back to the two men, they weren't sure what they were doing. They didn't believe God was watching over them with any care. They didn't even really believe He existed whatsoever but they did still believed He could help them somehow. How could this be possible? They needed to use an outside force in order to complete the change within themselves. Technically this might not have been God. It was them who did what they had to do to keep themselves somewhat positive a majority of the time while experiencing this challenging time of great turmoil. Technically they might have been controlling their own thoughts and feeding thoughts of hope for more positive thoughts to keep on coming. This technique of achieving positivity and happiness, cannot be equaled with simply different methods of telling yourself to be positive. Even if you achieved a primary blissfulness, the large obstacles that stand in your way, are still completely left up to yourself to overcome and defeat. God's suppose to help and do most the work, by deferring these difficult tasks onto Him. See? 32 It does not work consistently through time keeping yourself happy just by looking at the positive in



things and speaking positively. Divinity is the stronger and more helpful force, allowing for the optimal technique of a positive life. Believers have a great force of consistent optimism. They don't have to keep creating optimism on their own.

They didn't fully cogitate in God because we have no physical proof. Sometimes just having people telling you He exists is not enough. This is completely understandable but it really doesn't matter anyways. He doesn't even need to be real for the philosophy to work (even though He is).

33 We haven't been given redemption because we love ourselves, but because God loves us. We acknowledged His love and we're given salvation. We ask for help from the *Holy Spirit* and become blessed with its presence. The Spirit becomes our inner most being, so all the work we do still travels outwards. This is what the psychiatrists don't understand - *it's not traveling inwards*, we're producing it, then pushing it outwards for display even though we need to continue to believe and enquire an outside source for help. Which is no other than God, in form of the Trinity. It can't be explained perfectly on a human level because it *is beyond human comprehension*. However, it still becomes our greatest knowledge, understanding, experience and accomplishment! Also remember here that even when using psychological counseling someone I technically still also asking other sources than themselves for help and guidance.

34 Utilizing God in order to get through a period of tribulation does consist of both positive and negative scales. Positive religious coping includes items that reflect a belief of the true benevolent God, rather than a punishing one. Positive religious coping also focuses on collaboration, for example, "I'm working with God to solve my problems." Conversely, negative religious coping includes items such as, "God is punishing me for my sins."

35 Nonetheless, the majority of those who believe that God's in their presence at all times, will have a higher measure of dispositional optimism. It only makes sense in relation to someone always feeling the presence of God, to expect more favorable outcomes, although certain people already have very strong personalities that in return, weigh outcome in their spiritual experience. With this mentioned, studies performed by Dr. Kenneth Teixeira concerning victims of cancer with daily spiritual experiences

as measured by a detailed ‘daily spiritual experience scale,’ their spirituality would less predict quality of life over and above a strong personality, although it didn’t show this same conclusion in other areas. Meaning the people with strong personalities, had this feature effect their quality of life, moreso than having spirituality in their life.

36       The difference between the cancer victims and yourself, if one coming back from serious addiction, you have no direction to travel in, as referring to the rest of your life, *than that of forward and up*. A continuum relationship with God through Jesus should produce an incremental validity of truth. It should deliver you positivity and motivation to be proud of your God and feel dignified in yourself. The enemies of Christ can’t hide from us when we have God on our side. Lets also mention here, the least favorable outcome that we can ever experience in our lives on earth is to ‘die’. After striving to always induce our lives to last a maximum length, we still know the greatest gift we will ever receive will be our glorious entry into heaven for eternity, which occurs after our life on earth is over.

37       Our belief, lines up positives works for the future as well. Even if a person experiences a period of melancholy, there’s always happy thoughts which are lined up in the near future when we believe in God. Not to mention: *The degree to which we truly love God is the extent to which we can look forward to the Day of Judgment without any fear.*

# Immortality/ Eternal Life

38        Here's the thing, most people want salvation. A person lives a lifestyle of which focuses on gaining eternal life in heaven – which determines this person lives an honest and blissful life whilst here on earth. The early beliefs of religion taught the immortality of man. Only they described man as a spiritual entity. An immortal soul trapped in the flesh waiting for a return to the life of a divine being. Although I don't remember reading in the Holy Scriptures that men/women are all blessed with this immortal soul. I do though remember something about man being formed from the dust of the ground. We know this is the truth because we are composed of the chemical substances of earth, that's it. But wait, there's more to this story.

39        Roman 2:7 (KJV)

To them who by patient continuance in well doing seek for glory and honour and immortality, eternal life

40        So this scripture in the book of Romans means that men/women aren't immortal but we seek to become immortal. This is the truth (or theory if you'd still prefer to say) which grows mankind into a life of righteousness. Jesus has abolished death by bringing forth life which we seek through Christ and the New Testament. With this we receive His promise of immortality as we're taken away into the heavens. As it's written we can achieve immortality but this is a goal we spend our whole lives trying to achieve. Only through penance of sins, living in the word of God and by the grace of God's mercy can we achieve eternal life through resurrection.

42        In conclusion to striving for immortality before this ever takes place our beliefs, goals and behaviors cause us to live honorable lifestyles. The philosophy of these Christian beliefs (truths) works whence it has people loving and helping each other. Its has people loving themselves as this becomes easier when knowing others, not to mention God Himself, loves you so much. We strive to please God, He loves us in return whilst delivering blessings through life and immortality after death - *the philosophy works!*

# Gifts From God

43 As Christians we want nothing in return for performing favors or presenting others with gifts. If we do something for another person and this favor goes unnoticed, then we have no need to inform them of what we did for them. We have no need to explain how great we are. What we want is someone else to do us a favor and/or other opportunities to present themselves to us. These unnoticed favors we perform are between us and God. As long as the Almighty's aware of our caring behavior he will 'get us back.' If we go out of our way to explain to the other person/s what we did for them, then this will ruin us from gaining any favor from God, in return. Now later on after performing a kind act, when someone else gives us a helping hand, we know this is because of the grace of God. Now maybe God doesn't exist (even though we're aware He does) and these are simply events randomly taking place in our lives. However, when a Christian believes these events are a return favor from God they start to notice and appreciate all things in life. A Christian displays greater awareness and appreciation for even smaller gifts in life. Not to mention the motivation that's spawned to do more good works for others. It's not up for debate whether Christians have a lower rate of depression compared to that of non-Christians because this is a truly simple fact – *the philosophy works*.

44 Some studies showed that Catholics may be better prepared for stressors that they feel they are at least somewhat responsible for inducing because their religion seems better able to promote guilt reduction through active confession and atonement for such events. Possibly being more physically involved in the Church and its sacraments becomes more beneficial to many Catholics. It should be easier for a Protestants to repent when needed as this takes place alone whenever, wherever. This is the proper way to handle asking for forgiveness because this is clearly what Jesus had taught. However, maybe the human mind feels more forgiven psychologically because of the greater multitude of effort put into Catholic confession. Although there's many Protestants in our world who are deeply religious and take the Bible very seriously. The population as a whole, however, had others who apparently didn't realize they weren't taking

the time to praise God because it's become easier to do so when so busy in these secular societies of Europe and America (note: all areas of Christianity has seen decreasing membership).

45      Make decisions wisely. All Christian religions will accomplish one to be closer to God by knowing Jesus better. When in deep tribulation caused by addiction, you will have a close relationship with God as you will have many sins to confess. It's in our darkest times where our bond with God increases ever so tightly. It's here that we're given a chance to grow in character. Also, any Christian person should always support another brother in Christ no matter what dogma they believe/prefer.

46    Epicurus

“You don't develop courage by being happy in your relationships everyday. You develop it by surviving difficult times and challenging adversity.”

End of chapter

★ Some Extra Wisdom ↓

The need has always existed. Just one example:

9 Virtues of Asatru (Norse Mythology) Germanic Neo-paganism

Courage

Truth

Honor

Fidelity

Discipline

Hospitality

Industriousness

Self-Reliance

Perseverance

Although taught w/multiple false Gods, primarily because of keeping traditional poems, stories & celebrations handed down by their ancestors, the main concept is more-or-less the same. I haven't studied further to be aware of any way that might be available for one to gain forgiveness of their sins, which we strongly know it could never be on the same level as Jesus offered and it's doubtful that it existed at all. Otherwise, the main concepts of Christianity and Norse Mythology are not too far off - Honor God/s, ask and use His guidance.

The core of this religion consisted of three elements: Acknowledgement of God's, show loyalty to them and ask them for help that falls within the 9 Virtues.

## Chapter 7: Understanding the Bible...

You may or may not be prepared, or even willing to read the bible. When/if you do, you may quickly be consumed with confusion which might only contribute towards a reluctance of speaking with God in this fashion. For too great a number of people, the scriptures appear all too foreign in nature, at first glance. You will see verses which might be worded in a more Old English style, especially in the original King James Bible, which consequently, I recommend for its accuracy of original scripture translations. However, if you're a newcomer and are seeking an easy to read modern style, than simply read the English Standard Version (ESV). Although not to mention, even here you will encounter the parables of Christ our Lord and possibly begin to think you can't decipher the meaning of its text's. Throughout the Gospels. the Disciples of Jesus recorded much of what He told them. Although not always so straightforward, speaking in parables different than the like of any man, Christ did not equivocate in

speech. These parables were meant for one to think out, cogitate and contemplate the meaning. They're not difficult, they make sense and are the *truth* coming directly from God, and they're all still extremely relevant even now in the twenty-first century.

2        There's many books available like 'Kicking Addiction' written by Anne Laidlaw, that have chapters which begins with a Bible scripture but then continue on to explain the verse in more modern terms for easier understanding. She does this by telling stories which relate in a similar nature to that of the scripture and also your own recovery process. The method is common in more modern Christian writings and at times we're fortunate hear this same method of delivery through a church sermon. If reading a book like 'Kicking Addiction or listen to God speak through a church sermon, you might

go back looking or thinking of the original scripture and realize that you wouldn't have been able to translate those words into the meaning given afterwards without some help. Don't worry about having this issue preventing you from understanding, because the help available is plentiful. It's expected if you're new. Without doubt, these writings can be at certain moments difficult. That's why these books like 'Kicking Addiction' are great in early recovery or early Spiritual faith.

3        So now you know that you can gain explanation in scriptures through a Priest/Minister/Pastor's sermon while attending Mass. I've also placed most scripture before or after paragraphs relating to them in this book, but not always have I directly explained many of the Bible references throughout the book but you can know that they are mostly geared towards sobriety. They all give knowledge on strength through tribulation with reward afterwards. Also brought to your attention for notice; the Holy Spirit, the righteousness of Jesus, patience, love, strength and grace of God. However, while on your quest seeking more truth and seeking more love for God, there's many more writings with a wealth of knowledge reflecting on all aspects of human life whether in ancient times or in the 21st century and beyond.

4        Now if you uphold your Spiritual Life being well alive as you move through recovery and life itself, you will manifest a stage of more advanced acceptance and hunger for the knowledge of God. This is where you begin to ambiguously seek learning through the Bible. Yes, I mentioned above it can appear difficult to understand and make sense of, but not so much when you're ready for it. Not so much when you've done your research. Don't forget here's plenty books or websites that can teach you how to understand what you're reading. Take advantage of the information age that we now live in. Some organizations will offer a sign-up on their website in order to mail you a free study booklet. Thank God - there's a wealth of knowledge available to us all. Just remember to always research your sources. The Word of God stays consistent through time and it's very unfortunate in our world we have those who distort true history. Who dare to disrupt divinity which they could never fully understand anyhow and someone must be full of conceited pride to dare such a thing.



5 I spend most my time reading the New Testament as the arrival of Jesus brought forward new thinking of love, peace and a God who doesn't exist to deliver harsh punishments. Not to mention that with the exception of Paul and Luke, the New Testament was written by the disciples of Jesus our Lord. Many Christians who master the New Testament, then turn their attention to that of the Old Testament, or possibly other ancient writings. Of course this order of action doesn't necessarily have to take place in that order. With mention of the Old Testament, it's important for us to respect the fact that this book has survived all the storms, by nature and mankind, for the past 3 millennium. For one to get familiar with the whole Bible, it can be a monumental task if you don't provide yourself with additional help. Some Bible stories only come together with complete understanding when, instead of just focusing on single scripture, we reading thoroughly on a single topic, which appears in multiple scriptures never mind both testaments. With that in mind

not all scriptures are complete by themselves in their meaning.

★Personal favorites: St. Thomas Aquinas and St. Augustine.

6 For a small example of this in our New Testament, I bring to your attention the topic of salvation. In chapter seven in the Book of Matthew you can read of quantities imprecise but fairly close to the complete content. Here you will gain information on salvation but remember to study all information given to you on this whole topic. You need to complete your knowledge by adding what you also learn on salvation in chapter twelve of the Book of John. However, as it's written above, just seek the assistance needed and you will be rewarded with the guidance you need to facilitate your quest for true and complete knowledge from

God the Almighty, Maker of the Vast Universe.

7 Here's an Example: Hebrew scriptures of the Old Testament use the word *sheol* to refer to *hell*. However, *sheol* translated might show up as *grave* or *pit*. On the contrary, although both of these words mean *hell*, they could also be used in other ways. The Greek word for *hell* is *hades* or *oblivion*. You'll get the hang of it eventually, but for now I present you with a list of Bible verses. Originally thinking of going to my Wycliffe or King James Version (KJV), this scripture presented is simple for their meanings anyhow. These verses mostly from the New International Version (NIV) I'm

hoping relate to your struggles, being helpful for you to recover from this hardship you're currently going through.

8 Deuteronomy 31:6

Be strong and courageous. Do not fear or be in dread of them, for it is the LORD your God who goes with you. He will not leave you or forsake you."

9 Matthew 7:7

"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you

10 John 16:33

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

11 Jeremiah 17:14

Heal me, O' Lord, and I shall be healed; save me, and I shall be saved, for you are my praise.

12 2 Timothy 1:7

For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

13 Psalms 16:8

I have set the LORD always before me. Because He is at my right hand, I will not be shaken.

14 John 16:33

have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.

15 Romans 8:6

For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

16 1 Peter 5:7

Cast all your anxiety on Him because He cares for you.

17 Psalms 119:114-115

You are my refuge and my shield; I have put my hope in your word. Away from me, you evildoers, that I may keep the commands of my God!

18 1 Corinthians 10:13

No temptation has overtaken you that is not common to man. God is faithful, and He will not let you be tempted beyond your

ability, but with the temptation He will also provide the way of escape, that you may be able to endure it.

19 Psalm 119:50

My comfort in my suffering is this: Your promise preserves my life.

20 2 Corinthians 4:16-18

So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

21 Psalm 119:71

It was good for me to be afflicted so that I might learn your decrees

22 Psalm 147:3

“He heals the brokenhearted and binds up their wounds”

23 Matthew 11:28-29 ( yoke means—bondage )

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

24 Psalm 120:1

I call on the LORD in my distress, and He answers

me.

25 Psalm 32:8

I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you

St. Polycarp didn't make the New Testament but still had strong influence in the early Apostolic Church. Here is another verse from the friend of the Apostle John. Here we see the stronger side of Polycarp's beliefs

26 Epistle to the Philippians 7:1

Whoever does not confess that Jesus Christ has come in the flesh is antichrist, and whoever does not confess the testimony of the cross is of the devil. Whoever perverts the oracles of the Lord to his own lusts and says that there is neither a resurrection or a judgment is the firstborn of Satan.

27    Being a Christian doesn't mean I won't fall...it means  
Jesus will catch me when I do.

## Chapter 8: Saints and Inspiration

Using other's bad behavior to do good and bring the knowledge which delivers the truth.....

1        Saint Patrick was born in Roman Britain. He was kidnapped and taken prisoner by Irish pirates as they raided the coastal land of Britain. He was fourteen years of age when brought to Ireland where he would serve as a slave to the Druid tribes. Later at twenty years old Patrick escaped and returned home to his family in Britain. This is where Providence intervened in his life. He saw a capricious vision that he could never forget as it was after all, his divine destiny. This apparition Patrick received was a vivid vision prompting him to return to Ireland. However, it wasn't so he could demand retributions for his enslavement which consisted mainly of tending and herding sheep. Before he made his travels, he committed himself to study for priesthood and eventually was ordained by Bishop St. Germanus.

2        Afterwards, St. Patrick as we know him now, traveled over to Ireland and started his astonishing ministry. He persuasively started to bring the pagan people the word of God and the story of Jesus Christ. The Gospel became widely accepted throughout the entirety of Ireland as Saint Patrick spent 40 years preaching and performing miracles in Ireland. This incredible man is also credited for exterminating the religious groups (sects) throughout this island, of whom were engaged in child sacrifice and other demonic rituals (similar to modern factions of the illuminati). [8]† Most importantly, he would enjoy using the shamrock to explain the Trinity to the new converts. God – Jesus – Holy Spirit.

3        Many Americans don't realize that the shamrock is a very important Christian symbol to the Irish people, almost rivaling the cross itself. In elementary school I was taught the three leafs of a shamrock represented 'usually' hope, love and faith. Whatever it was they wanted to put on the papers they printed out for us to color or do

other work on. I saw this on the posters they hung up on the walls and have also noticed this trend elsewhere. The reason I was taught this back then was because of the powerful lobbies in our government had already removed anything related to Christianity from our schools by this time. Saint Patrick, on the other hand, displayed great courage as he saw a people that he could help and the shamrock was to facilitate their understanding. These people, were a people who were desperately searching for the *truth*.

4 Eventually he would pass away on March 17 in the year 461. Next time we celebrate Saint Patrick's Day here in America you will know what we are celebrating. You will know why it falls on the 17<sup>th</sup> of March and just what the shamrock truly represents. You, yourself, will know the *truth*.

Having more knowledge than wealth -

#### 5 Saint Francis of Assisi

It would be considered a theft on our part if we didn't give to someone in greater need than we are.

6 Saint Francis of Assisi founded the Franciscan Friars. An order originally called the Order of Friars Minor. The Order of Friars Minor continued for centuries reaching its peak in the 1600's with 26,000 members, not counting two other orders he originally started. One of these was the Secular Order for people not living in a religious community and also the Order of St. Clare. Many more branches have spawned up as a result of St. Francis's legendary works.

7 St. Francis was born to a very wealthy cloth merchant (Bernadone) in the year 1181, and was extremely spoiled growing up. There was no accountability for his actions and he was never punished for his frequently sinful behavior. As he grew older, he also became involved and successful in the cloth merchant trade along-side of his father. At this time, now being living the lifestyle of a wild teenager, he was renowned for his drinking and his rash behavior. Unfortunately, for Francis his fun and freedom would be coming to an abrupt end.

8 In the year 1202 Assisi went to war with Perugia and Francis was captured. He was held for ransom due to his marginal nobility status. He entered the war wearing an expensive suit of armor fitted with gold and an elaborate cloak that his father had purchased

for him. Only later on when he returned home his father was disgusted with him, ridiculing him and repeatedly called him a coward. He said the armor he bought him was a total waste of money and did not show any sympathy for his imprisonment. He was more worried about the economical aspect of what had happened, than that of the welfare of his son.

9        When he was being held captive it was Francis's spiritual side that finally came out, as it was God who got him through the difficult time of which he was enduring. His need and belief in God's grace was growing inside him and at times his fellow captives even got mad at him for seeming so happy at times. They couldn't understand why he was so positive during the harsh treatment of the Perugian prison, but Francis knew during this time of tribulation he wouldn't be able to show/keep a strong will. And this, being the reason of which inspired him to turn his will, by placing it in the hands of God. He knew if he was able to stay strong and get through this period that he would then stand in position to receive many gifts from God.

#### 10    Saint Teresa of Avila

Suffering is a great favor. Remember that everything soon comes to an end....and take courage. Think of how our gain is eternal.

11        After he came home he needed more guidance to stay positive dealing with his father's wrath. Francis then naturally turned to the church for comfort and counsel. At one point he took a large sum of money from the cloth revenue and delivered it as a gift to the local church for some much needed repairs. Upon his father's discovering of this act, which he could only view as an act betrayal, he furiously demanded Francis to immediately retrieve the money back from the church. The Bishop handed the money back to a heavyhearted and embarrassed Francis, ensuring him not to worry saying "God will provide".

12        It wasn't long after this incident that St. Francis was disowned by his father. Francis's owned actions, desires and beliefs brought commencement to his new and forever lifestyle. Jesus Christ was the one who had taught being a rich merchant was emphatically not for him. He now roamed the land never again seeking to obtain wealth. He never once more would beseech material wealth in the

style of that of his father. We must comprehend that Francis wasn't on a quest to abolish wealth, however, he was attempting (and would succeed) to make poverty holy.

13 When the local church's Bishop introduced Francis to the Friar's he joyfully told them "If we have possessions, we'll need laws and weapons to protect them." He knew that you cannot starve a fasting man or steal from someone who owns nothing. You can't ruin a man who hates prestige. Throughout his life Francis kept in harmony with nature, sleeping outside with a deep love for all animals whither he traveled. At the end of his life he became blind and was no doubt granted eternal life, in 1226.

Don't think your good deeds won't have an impact on humanity or be remembered when your time on earth has passed -

14 Last year the Saint Francis house in Boston provided 220,000 meals for hungry people. Housing, medical care and counseling is offered. 9,000 sets of clothes were handed out. 10,000 medical appointments were made. St. Francis House in Boston, MA has approximately 500 visitors each day. And let's not forget the city of San Francisco obviously named after Saint Francis.

15 St. Philip Howard's family was one of the wealthiest noble families in England. Philip lived in the sixteenth century (1557-1595) and could afford any pleasure of that time; and he liked them all. Firstly, he was born during the upheaval of the Reformation. His family were wealthy members of the nobles class and his home was a sizeable former monastery. His father was the Duke of Norfolk but was put to death in 1572 for opposing the Queen.

16 At the young age of fourteen years old, Philip was married to his own stepsister. As he grew older his marriage, and nothing else for that matter, was going to slow down his lifestyle as he was a notorious playboy and also well-known as a gambler. Not only had he ran up enormous debts, but then Philip sold off his wife's property to settle them. On one occasion, he said publicly that he did not really consider himself to be married. In 1580 upon the death of Philip's grandfather, he obtained his new title of Earl of Arundel. At this point in time all his worldly cravings were becoming true as he received a wealthy inheritance, most of which 'finally' came from his father's death.

17 In 1581, he joined other members of the court at the



Tower of London to see a debate between several Anglican Minister theologians with Father Ralph Sherwin and a prisoner who was the Jesuit priest St. Edmund Campion. The Ministers were well prepared as they showed up armed with books and assistants. Father Campion was alone having only his memory to rely on, yet he did so well in the debate that the government stepped in and canceled the debates before a verdict was rendered. Inspired by Father Campion, Howard reconciled with his wife, and they both returned to the Catholic faith. Philip also renounced his past life of sin but this spiritual conversion wasn't seen by all to be so positive.

18 From 1583 to 1650 starting under Queen Elizabeth I, †{1} anyone not attending the Church of England and remaining loyal to the Pope were labeled as Recusants. This was punishable by fine, property confiscation or imprisonment. However, Philip never forgot how inspired he was by the Catholic Priests on the debate day as he and his wife were proud staying loyal to their families past.

19 When they tried to leave the country secretly for the Continent, where they could practice Catholicism freely, they were stopped and Philip Howard was imprisoned in the Tower of London. He was betrayed by a trusted servant and charged with treason. He died there 10 years later from dysentery. St. Philip Feast day: Oct. 19. Pope Paul VI canonized Philip a saint in 1970

20 I inspire you to read about more Catholic/Orthodox Saints. Do not think they're all became Saints because they lived a completely holy life never doing any wrong. Many are stories similar to ours full of sinful behavior and without God in their lives. However, once the devil brought turmoil into their lives, they surrendered to God and lived by His word. This is where amazing changes began taking place. God worked miraculous feats in their lives which caused them to dedicate the rest of their lives to living in accordance with His will and to help others do the same in order to either escape a period of tribulation or to prevent the antichrist from ever entering into their lives.

#### Random Historical Fact

The state of Virginia was named after Queen Elizabeth I, as she was known as the Virgin Queen.

## Chapter 9: Martyrdom & Defeating the Antichrist

Part 1.1 This world we live in, beyond doubt, can be compared to the times of Jesus and His followers in many ways. Profound questions remain, but have little variation. The tyranny of the Roman Empire, which resembles the Rothchild family, and their *new world order* of which reigns down a stranglehold of control over the world's countries. (all except four, most recently acquired - Afghanistan, Iraq, Libya & Sudan- all taken by United States since 9/11 w/Rothschild's transforming all four federal banks into their debt-based system of slavery). These governments, which are truly own by 'someone' are the core of contemporaneity, of this world we live in. All through history we find the nobility rewriting the events to meet their needs/wants. (typically someone speaking while another, listens & records, written properly to their language). Unfortunately, this took place in the Roman Empire as well, but to spend their entire existence spreading lie after lie after lie; is hard to conceive they could live this, and still feel any dignity for themselves.

Not a day goes by, even 70 years after the fact, that I don't see on television or hear a lie about WWII. The more current lies involve the Middle East, Israel or Vladimir Putin (who by the way, has an astonishing approval rating of 85%).

Not to mention control issues we encounter, such as the absurd amount of interest and taxes we pay through our government to the owners of the Federal Reserve, which only hurts, not helps our country. We are forced to comply with this in order to cover the Federal Reserve's loans. Our taxes *are all* delivered up to a few people who have no business controlling the people of this country, owning our land, or running the primary issues of the country from behind the scenes as an invisible de-facto government.

★When J.P. Morgan, the richest man in America passed away, it was discovered the Rothchild's owned 81% of all his wealth.

3 Just as the richest lobbies in Washington D.C; (which technically isn't part of the United States, never mind our Capitol) shouldn't be devising acts of important undertakings through our congress which has lost its power. This government of America of which was founded as a Republic, no longer retains speech on behalf of its citizens when examining the major issues. This naturally alerts us to the fact, that it no longer acts through the methods of which it was designed to be, when in its infancy. At the outset of establishing a private national bank †{1}, these international bankers would force our Federal Government into imposing a new invented 'income tax' in 1914. Before this period when having *no income tax*, the U.S. grew to be the strongest nation in the world.

4 As these new laws were becoming officialized, and still in its stages of commencement, the *few* men involved who were aware of this tragedy taken place along with the public when finally notified, thought at least few percent was expected. In order to pay the *Fed* interest, people knew it would only now make sense, the newly imposed income tax would feature a higher percentage of Americans paychecks than the amounts of import/export taxes (1-2%) of which caused war with Britain. (American Revolution). It would probably be established as high as 5%. With that in mind the outcome being, which is absolutely once unthinkable and now still astonishing, an income tax rate is as high as 27-34%. Regardless of our behavior or where it is we choose we to work, our work ethic, how small an income, how much overtime we work, if the work is arduous or not, or if we work multiple jobs : the more we work, the more money we hand over to these International Banker, who just sit back and do nothing but laugh at us. Is it no wonder they have a superiority complex.

5 To punish the German people for finally standing up to them and gaining freedom in the 1930's, although they had already asked decades to just be left alone, the bankers have been imposing a 50% (2008-50.5%) tax since WWII. Additionally, forcing new generations of German citizens to pay (over \$200 billion) in monthly retributions, to all Jewish (but no others) people who lived anywhere in the Third Reich (including N. Africa) between 1933-1945 (And this happened after, even though the soldiers were on the battlefield, the [carpet] fire-bombing of many cities. Children, their mothers and the elderly were burnt to death. Cruellest act in history because of the innocent or Russian communism). They are literally enjoying 'rubbing it in' after their conquest. Evilily enjoying, and flaunting their

control over an already beaten population. Similar to the behavior they were acting out in during the 1920's, when F.Roosevelt, W.Wilson and W.Churchill, and many others who were originally on the side of the bankers and Zionists (the two latter men made deals w/117 Zionists, who were present at the Treaty of Versaille in 1919), couldn't believe how long they were making the people suffer. (they also had control of food imports).

6 People were dying from starvation for absolutely no reason, causing massive suicide throughout Germany. Many once proud men, were now lowered to allowing their daughters to prostitute, in order to feed the other children. Henry Ford published much about these actions leading up to the World Wars, and this material is easily acquired online. (he was warning this would happen). In Germany the *Truth* of reality was law abiding, hard working family people, with Christian values that attending church every week and who already suffered much tribulation; however, these people amazingly continued to withhold from any violent response up until after 1933. Be not mistaken as you read this literature, as I'm only referring to the majority of its citizens, not all of the high-ranking Nazi's.

7 Truly dissecting the events that took place and the behavior from both sides: that's all beside the main issue of importance being delivered here. After this initial period, the Nazi's did not have the proper response to the problem. If one watches the 1930's videos of Hitler's speeches w/captions in English: you will actually begin to sympathize with the Germans, and think quite differently of Adolf Hitler than you were taught. Nonetheless, Hitler and the top Nazi's displayed deformed views of who they were and how to accomplish their goals. Maybe they do need to be kept in check, or do you actually believe it was the other forces making them act aggressively?

9 Germans in the Sudeten Land (Czechoslovakia) really were falling victim to genocide. Poland invaded Hungary before the Germans reacted and invaded Poland. Russia invades Finland, Poland and the Baltic Countries. This lands them right on Germany's doorstep with the ultimate goal to of enslaving Germany and outlawing Christianity.

10 Anyways, my point is Germany was justified in its actions, so how are they going down in the history books as these unjustified savages? *All they had to do* was, replace the Swastika (once used by Arian-Christians) *with a Cross*, and all the events back

in the 1940's would've been different. Also, everything we've been taught about the last century would as well, be very different. As a people we must never forget the power of the cross. It stands for truth, dignity and sacrifice. There was never enough *Christian Unity* throughout the twentieth century. Let's not make the same mistakes in the twenty-first. There's no qualifying reason that anybody, anywhere, should have to suffer persecution.

11 Our government does makes most decisions and domestic laws inside our own country. (of which are never mentioned on television news). However, this circus side-show we see between the Republicans and Democrats is all just a colossal distraction, from the all-important issues and significant news which's really taking place. So let it now be proverbial, that presently and for some time ago, our politicians have but little power compared to what most citizens of this country are aware of.

12 It's true these powers with people suchas the Warburg's /Schiff/ Rothschild's (formerly Bauer's)/J.P. Morgan/ Rockefellers, were *deliberately* the major cause of both World Wars and communism in Russia (& much more). Not to mention, they even had the United States help arm Russia twenty years after the Great War (WWI) to defeat Germany, Poland, Czechoslovakia, Romania, Hungary, Bulgaria, Romania, Latvia, Lithuania, Estonia, Yugoslavia, causing the communists to assume all power throughout. Don't be fooled for these countries, for the most part, wouldn't approve of a German occupation prior to The Great War; however, these populations opposed Russia, Britain/U.S. and the International Bankers to a far greater degree, after they felt their careless destruction in WWI.

★When the Bolsheviks took control of Russia, 264 out of 284 men which would make up the new government came from Manhattan, N.Y.

13 What else have we wrongly been involved in, as the public was purposely mislead at the expense of human lives? Next time our government goes to war, lets always recognize that it's a known fact in which Nathan Rothschild was in the Soviet Union handing out to them loans from the United States during the Vietnam War. Loans to keep their war machine going. (for food was official reason). To manufacturing weapons to funnel south and landing in the hands of the N.V.A. This war began by a 'now admitted' government lie, referring to the Bay of Tonkin incident. Feeding money for

weapons while our military was in southeast Asia clearly winning the war, however, facing continuous political restrictions or delays in order to generate time to strengthen the N.V.A.

14 There was no end game objective militarily, just like what we saw in, Iraq and Libya; only for selected people to make money. Ownership of banks, natural resources, defense (military weaponry) companies and exclusive people becoming rich have always been the only objectives. N. Vietnam could never have come anywhere close to defeating the U.S.A. in a real war. Just like if we wanted to prevent ISIS from completing their goal of genocide against 1.5 million Christians in Mosul, Iraq; we easily could. The Rothchild family had faced no negative outcome in Vietnam, if Communism wins: they win, they helped create this Zionist/Marxist form of government; if Capitalism wins: they win because they own all the banks. Obviously, the reasons for the United States going to war is never about freedom and security, so please don't be so consumed with such unintelligence, because for you, it just may be the reason that causes you to believe such clearly absurd lies. If it were for those reasons given and we still had our sovereignty, I could more proudly display my patriotism while enjoy watching the conflict on television. The televising of the 'shock and awe' campaign was awesome to watch in one way; however, are you just another 'wanna be' Christian American who doesn't realize why the chose the phrase *shock and awe*? Do you know where that phrase originates from? All Christians in Iraq, Libya and Syria are suffering persecution/genocide, because the United States eliminated the security they were enjoying and appreciated.

15 During the Great War (WWI), Paul Warburg stole five million dollars worth, of gold, from a German Bank in Hamburg. It was placed in an armored cart on a train and it traveled together with Lenin himself, to fund the Bolsheviks usurping of Russia from the Czar's known as the Russian Revolution. This was the birth of Communism/Marxism, where Karl Marx's Zionist beliefs were put into action.

16 Immediately after, most of the Church Clergy throughout the land were murdered with many others. Also *tens of millions* of Christians were tortured (or worked – which is identical) to death afterwards as a result of this new form of government. A great amount of crucifixions took place. Priests, hanging on crosses were everywhere. We can't dismiss this level of brutality with its

absolute cruelty to humankind, in these *presently* dark powers. Thank God, Christianity was born with a new message of peace and love. A new message of *love thy neighbor*. Although so far away, I feel as if those poor souls in Russia and Eastern Europe, were my neighbors.

17 Christianity is the one religion which could save everyone in the world, even if other religions remain faithful to whatever it is they belong to, before it's too late. Unfortunately, right now we're losing. It has already become a law in the United States to have friends meet up at your house to read the Bible on a regular basis – is against the law! If anyone complains or notifies the law, by law it falls under being a cult and you'd be arrested.

A law against the Bible!!

*Don't ever think, even for one second, that you live in a Christian country.*

★This Bible Law was able to be 'slipped in' unnoticed, after the Waco, Texas incident. I advise you to investigate what really took place (why and how) involving 3 DEA agents were shot in the head.

18 I've seen writings (& we know the families they come from), or seen on documentaries made in the U.S.A. individuals who accuse the Roman Catholic Church for the reason of fifty million deaths committed by murder, mostly throughout the early to late middle ages, and especially during the inquisition. (even half that number would be absurd, wait no, even a quarter of that number, wait no, even one t.....) Well even if that were to be true, which undoubtedly, absolutely, be no means whatsoever is it true, we can't dismiss the fact that this is a time frame covering a millennium. It only took half of one century for fifty million to be murdered in Russia, and this only took place after Christianity was abolished by the Bolsheviks. (Non-Orthodox Jews, w/ties to freemasonry & Zionist beliefs).

19 After they usurped control of Russia, they ordered the extermination to immediately began, and this is why it's so essential that the world has Christianity. Never believe the absurd lies, about the truly peaceful Catholic Church, constantly burning people at the stake or the acts of torture of which they've been accused (only in recent centuries). The Church put an end to behavior like, so regularly being committed. They gave birth to fair trials and also the public jury (or at least in the West & brought it back in the East – the ancient Greeks probably the first). The Catholic Church, long before the illuminati/freemason infiltration, and then the imposing of Vatican II

in 1962, was a Godly presence on earth that prevented the Noble Class from administering the harsh level of treatment; of which most wanted to impose on the common people. As it appears to me, there's not much difference between now and then, (first 3 centuries A.D.), as far as unjustified Christian persecution by the hands of the antichrist. It's sad because Christians may be the smartest and toughest, but we live for God, not for man. We live modestly in peace, which the devil takes advantage of.

20      Now traveling in our minds back to the first century there was an exciting movement spreading and these people were also being persecuted, because of their Christian faith. This new captivating belief in a Galilean named Jesus of Nazareth, was spreading at a rapid pace. In the Roman Empire, the new followers of Christ faced threats of torture and murder as they were bestowed upon by many who opposed the new faith. Local aristocrats with their mercenaries, the Roman military or common townsfolk all might resolve their differences with the new Christians in a violent manner right in the streets where they were found, or upon entering the homes of these true believers. Although many people throughout different lands were receptive towards its followers, (or just didn't pay attention to them, they weren't a threat to anyone), that didn't mean there weren't also plenty of skeptics. Even the Roman officials had at times, enforced the protection of laws which extended to this new Apostolic Faith.

21      Jesus came, spreading companionship amongst people, so they could love one another and stop being harmed by the non-believers. If men could stop focusing on the differences of one another and worshipping dreamt up pagan Gods, we could have witnessed even greater things in the first century, not to mention right now. If men/women did back then, or could now in recent times put an end to obsession with material objects in life so desired, and dedicate all their energy into praising the Almighty God, they would realize they'd actually end up with more in life. If man could focus on giving thanks where it's due, this behavior would result in a mindset for all the hate encountered by violence throughout the world to be channeled in the correct direction. There is no wonder why Jesus came at the time He did for many, if not all, claimed belief in some sort of God, but this world they lived in was drowning in sin. Unfortunately, the current world is returning to a planet invested with



sin and dark forces. (It's obvious this happens without attention directed towards Christ. Or when we have Christian countries that are not ran by Christians).

22 The thought of simply being enamored with a new cult (common used word by Romans) was provocative at the beginning of the common era (C.E.). But this was no cult as seen in the eyes of some, because this new 'cult' had come to spread the truth of one God for all, and how merciful this God really was. How He showed Himself through a man named Jesus that came from the Holy land. How powerful and yet also graceful His message was. The Disciples of Jesus had insurmountable evidence of His Divinity, seeing first-hand the miracles He performed throughout the land. They watched and were part of His righteous life, which no man has ever been able to duplicate since. The reason here being, because no man is completely righteous, this must be remembered. With the ministry of Jesus Christ, however, men now had the knowledge to come close. After receiving the *Holy Spirit* as it came down from God through Jesus, the disciples of our Lord set out to teach others how to receive God's favor also through Jesus.

23 In the first chapter, I briefly mention how Jesus acts as our mediator towards God, as stated, He is our advocate. We can find in the first book of John, John gives tongue to Jesus being our advocate. In Plymouth Massachusetts you can meet a great man by the title, Pastor Dan. This man is

prominent in the fields of preaching and teaching the Gospels. I happened by chance to meet this Pastor a few years prior to writing this book. Whence listening to his discourse involving Jesus our advocate, I remembered this topic was broken down in simpler terms although the deliverance of this message was yet ever so powerful.

24 He stated that while he was in Boston, MA he attempted to enter a nightclub, however, he was not granted access being denied by the bouncers working the front door. Not long after this took place while walking down the street, he bumped into his friend David Ortiz, who was worshipped as a legend in Boston. Ortiz played for the Boston Red Sox and was known as their greatest clutch hitter of all-time as he was their main weapon in three World Series Championships. As events turn out, 'Big Papi' (Ortiz) was on his way to where the Pastor had been previously denied access. So as it turns out Pastor Dan was now heading back to the entrance, only now as one of David Ortiz' constituents. This time, of course there were no

questions upon entering the building, but at a later time when I met and heard the Pastor Dan sharing a sermon, he used this chain of events as a metaphorical reference towards Jesus our advocate.

25 Jesus is the way to eternal life in Heaven, this we must remember. When you show up at the gates of Heaven for your time of judgment just as the Pastor showed up at the entrance of where he wanted to gain entry, you want to be able to say, “Hey, I’m here with Jesus”. We must keep Him close to us or we’ll be left without His help when we need it the most, because without Him - we can’t get through the gates. As mentioned above, and with further reading in the book of John, he tells us just how important of a the role Jesus has to play, in all of our lives.

26 Besides the twelve Apostles, the disciples of Jesus, these men soon had their own disciples. In each of these men, lived a life of inner joy after the resurrection of Christ. Although most never met Jesus personally, all had a strong friendship with Him. They felt as if they knew Him and to this day, we’ve all been delivered a force of Divinity right inside us through the *Holy Spirit*. This places a piece of Jesus Christ into our hearts, and these first followers were simply ‘blown away’ at this new amazing feeling of which they now considered the greatest feeling in the world. This gift was enlightenment into one’s soul through providence from Above.

27 As mentioned before the Catholic Church recognizes 70 Apostles. These are the men we can learn so much from, for their faith was ever so strong and unbreakable. At times of random, I’m guilty of seeing these mythical demi-god’s with my mind’s eye, when I think of, or read the ancient writing’s belonging to these individuals. Feeling so blessed that the Messiah had come during their life time, they now lived one-hundred percent in the teachings of Jesus, and would do nothing they thought could affect their entry in Heaven. An honest life, worthy of entering the ‘true’ Kingdom of God, they remained positive with happiness right up to and through their time of tribulation. Being hunted down like animals throughout the Roman Empire and beyond, these men and women were typically imprisoned for a fluctuating period of time (many people would be tortured). Eventually, they would be given a chance to participate in idolatry, which would entail worship to one of the many Pagan Gods. We need to realize, much opposite of today, it was the Christians who were considered to be the atheists. The idea of worshipping only one God should not have came to the Romans as much of a surprise. It was common for people to choose a favorite God and then devote all their

prayers to only this one God, usually in this God's dedicated Temple. However, this new Christian faith was too strong for persuasion. With their hands tied behind their back and a sword held high above their necks, they would be given one last chance to denounce Jesus and His Father up in Heaven.....but they did not. These men who had been receiving the grace of God like never before in their lives could not state something as false when knowing it to be so true. They now looked forward to the ultimate gift from God, eternal life in Heaven.

28        However, when encountering more reasonable circumstances, almost any man would choose to keep his life, remaining alive on earth. Not every Christian refused cooperation and would then secretly go back in hiding, repenting to God through Jesus to continue their faith. They then would have to spend a majority of their remaining lives hiding from persecution. But with this forced idolatry by Roman soldiers, many men and women alike met their fate at the hands of Roman soldiers, shadowing the ending of another one's life - Jesus. Some even longed for the chance to be a martyr similar to that of Christ. Thousands of Christians were about to be massacred because their enemies numbers and strength were too overwhelming. With that now said, we must turn our attention to the anti-Christ's, John had devoted his time writing about which then became part of the New Testament.

29        These men were full of pride. These were men of a violent nature, and they were consumed with hatred towards the Christians. They hated the belief of one all loving God. A God who loves all equally, and sent Jesus to properly spread His word so people would no longer live in sin missing out on the full abundance of life that God has given us. So men would finally learn, then follow the true way of living in God's word. So they can reap all of the benefits that a person gains from the Kingdom of God. So all men and women could live in the full potential God designed them to be in. So they could spend their entire life in happiness, even during times of unjustified hardship. So they could go to Heaven, having never ending life, while spending eternity in Paradise.....Sounds terrible, huh?

30        It's hard for us now to believe, anyone could be so against this, but these were the antichrist's of the first century who John spoke of. Similar to the Antichrist's of the twenty-first century, they strenuously opposed the Christian way of life. (maybe it shouldn't be hard to believe). Some of these enemies would prove to take the lives of women and children as easily as they would torture and take the lives of men. The former, being a real cowardly and

disgusting act of cruelty. It's true these follower's had the power of God on their behalf, but similar to the time we now live in, the oppositions population and government control was just far too superior.

31 Amazingly however, the arrival of Christ delivering such a strong presence for humanity, had His followers growing in size, even during time of tribulation. This is the greatest accomplished event ever to take place in human history. During the past century, we started with the numbers on our behalf, *but we are giving the advantage away, disgracing the work of these famed Martyrs who sacrificed themselves for us, just as the One, Christ himself had did for us.*

32 This is not about conquering, one must understand. This is not about control. I write this book to you for your personal relationship with God. This is meant for you personally to improve your own life, but when a Christian improves their own lives it means they're also contributing to improving others. Not wanting you to focus on 'society as a whole', it's inevitable you'll notice all the sin around you with a government and with corporations grossly infected with the sin of Greed which results in loss of morals. These actions produce other people as targets or numbers instead of fellow Christians that you would look at in no other way, than how you could help them and befriend them. *They* tried and were successful removing God from my life. Now what if our gracious, forgiving God wasn't there for me to return to, in order to save my life? Of course God's always watching over us, but if another man throws you into prison your life is destroyed. Only your body, not your mind and soul because He's still with you. However, it's not in our nature to let other men, especially non-believers, remove our liberties while here on earth.

†{1} In their typical deceitful nature, they named their now privately owned bank the 'Federal Reserve' so the public wouldn't clearly understand why they had to begin having income tax taken from their hard-earned money.

## The Martyrs -

Part 2.33 Beginning the telling of some brief factual accounts on Christian Martyrs, because of my own eagerness and passion, I'd like to skip ahead to the short story of a favorite Early

Christian Martyr of my own, and this is just one of many stories consisting of intense punishment along with strong will aided with help from Above. Although historical records do not reveal in great detail the stories behind most individual accounts of these early martyrs, there much information a person can obtain than the few brief cases and the information relating to them that I'm about to mention

in this book alone.

34 This is the story of a man who goes by the name of Victor. Highly Pious in character, this man who lived in the lands of modern France, was a man well known as a benefactor for others, especially less fortunate souls who

were commonly poor Christians. This story takes place during a period referred to by historians as the tenth persecution which started in the year 303A.D; under the Roman Emperor Diocletian, Victor was arrested for being a

Christian, because a person being of Christian faith interns you're involved in behavior threatening to the Empire. He was thrown into prison only after being tied-up and brutally dragged (most likely naked) through the streets in an attempt to discourage others from devotion into this religion, one catching on with a relentless rapidity. This man, like many others who saw the truth through Christ, stayed devotedly attached to God relying on the ease of His Spiritual solacement no matter how horrible his circumstance might have appeared to be.

35 Once imprisoned Victor now survives numerous torture tactics, always keeping his head held up high, as if facing towards the heavens while praying throughout the long duration of confinement to a dungeon. Victor even survives the 'rack', one of history's most notorious torture devices. His three jailer's keeping watch of him, becoming much inspired, these men themselves become converts to Christianity. Although now just shortly after their conversion, word of this 'treacherous' act travels all the way to the high courts of Rome. At this point the three men were beheaded, upon the Emperor's discovery of their decorous to Christianity.

36 Next amazing event in this period of Victor's life full of anguish counteracted with piety was when he was personally confronted by the now Emperor Maximian. The Leader of the Empire

had Victor placed in front of an altar with a pagan God, in form of statue, standing upon the top of the alter. Next, he demanded he place incense on top of the altar as an act of idol worship. As Victor walks up to the altar just as he was ordered to do, suddenly he then kicks it and knocks the whole altar right over. Although never disobeying God, even if in the presence of an Emperor, the Christians typically found a more subtle approach at throwing up a big middle finger at the Empire. Maximian finding it difficult to believe he was witness to this disobedience, now immediately gives order to sever the kicking foot of Victor from his leg. Next, Victor is thrown into a mill that crushes his whole body. Never once did Victor beg his captives for leniency nor ask for forgiveness. He never discredits Jesus either, and this is a man which I will occasionally mention in my prayers to give me strength in order to set a strong example for others.

37        How lucky we are to have men in similar nature to that of Victor who was born over seventeen-hundred years ago. Men and women (in many cases their children) who sacrificed not just their own lives on earth in order give us Christianity presently, but in almost all cases enduring a ruthlessly, most painful and prolonged period of torture in order to achieve it. If Victor can do that for us, we can do a lot more for others. Also, the next time a person or our now 'secular society' tells you to be an atheist, you can kick over their 'altar'. Do not stray away from the truth, it can only cause damage to you and lay ruin to others, even if they currently have a different belief system than our own.

38        Now getting Victor out of the way, it becomes time to rewind back to the time of our Lord. To beginning of the persecution era where thousands of men have their own stories just as heroic as Victor and with just as much painfully afflicted cruelty brought upon them. Obviously no man could ever reach the level of Martyrdom as did Jesus our Savior, a sacrifice for the sins of humanity, but there are many more for us to look up to with great admiration. It all starts almost one year to the day from the Crucifixion of Christ.

39        The *Twelve Disciples of Jesus*, empowered by the receiving of the Holy Spirit at Pentecost began spreading the teachings of Jesus. Traveling in all directions away from Jerusalem, far away in distant lands they traveled by foot covering great distances and spreading the word of God. However, we have one courageous

man, St. Stephen who one year after the death of our Lord was preaching back at the location where it had all ended, and had just began.

40 Now being the following Passover after the Crucifixion, Stephen was publicly preaching in attempt to entice others to celebrate the arrival and resurrection of the Messiah. However, this didn't end well for Stephen, considering he was preaching at many of those involved in Christ's persecution. It wasn't long until he was forcibly removed from the city. However, it didn't end there as Stephen was stoned to death becoming the first known Martyr of Christ.

41 This event involving St. Stephen set off a persecution originating in Jerusalem. These persecutions were sponsored by the Jewish Authorities. Participating as a main contributor in rounding up these seeking upon followers of Christ was Saul, who became the Apostle Paul and now called St. Paul. In the book of Acts 8: 1-3 we learn how Saul was entering house after house and dragging these first Christians off to prison. This is the time that most historians recognize as the 'First Persecution'. This was not a well organized campaign and the Jewish authorities did not possess the power to execute these men themselves. Nonetheless, about two-thousand believers in Christ lost their lives throughout Judaea and Samaria.

## Deaths of the Apostles-

Peter (translated: Cephas) who was before befriending Jesus named Simon. Jesus had appointed him as head of the Disciples/Apostles which the Catholic Church still recognizes this as he is remembered as the first Pope of Rome. In the early sixteenth century St. Peter's Basilica was rebuilt as the most amazing church/building in all of the world. This of course is in Vatican City where the Pope delivers his Mass. Eventually, in Peter's travels he makes his way to Rome where it's there on the site of the great Basilica, he suffers Crucifixion. He was crucified upside-down at his own request, stating he wasn't worthy to die in the same way as Christ.

43 Andrew was Peter's older brother and also a fisherman. St. Andrew was the one who introduced Peter to Jesus. It's believed that in 69A.D. Andrew was tied (not nailed) to a cross. This

cross was in the shape of an X. Thus the saying - St. Andrews cross.

44     James the Just ( the Lust/the Great ) died by the sword in Jerusalem. Herod Agrippa thought he'd gain favor with the Romans and was glad to have him arrested. His original accuser was so intently moved by the courage of James during his public execution, that he converted on the spot praises Jesus and then this man asked to be executed along with James. The Romans did not hesitate to give him the martyrdom of which he requested.

45     Possibly, the first Disciple of Jesus was Phillip. He was originally a disciple of John the Baptist, and he brought his mission to Asia. Traveling back south he went to Heliopolis in Egypt (Persia) he was scourged in prison. There's also been reports of Phillip being tied by a rope naked to a horse, and then dragged through all about through the city. Whatever the case, in 54 A.D. he was then crucified upside-down just as St. Peter.

46     Bartholomew also known as Nathaniel was skinned alive in Armenia as he traveled far, mostly walking all the way to India. During his travels after translating the Book from Matthew and preached it to the Hindu's.

47     Thomas preached in Greece and also went to India. He had a spear driven through his body.

48     Thaddeus was also crucified apparently taken place in Greece.

49     Simon the Zealot traveled west all the way through Africa and then eventually made it all the way to England. In 74 A.D. the Canaanite also known as) was crucified. Now we come to Judas Iscariot, the hated traitor who immediately was disgusted with his decision to set up our Lord, and then began most intense repenting on a subject that could never be equaled in the entirety of history. Either jumping off a cliff or by hanging himself was his method of suicide. Judas was replaced as an Apostle by Mathias who was stoned and beheaded.

50     James the less who gives us the Book of James, an epistle from the Apostle in the New Testament lived to a very old age. The Jews stoned and beat him to death when he was over ninety years old.

51     With observation of our next disciple of Jesus we can get a good feel of how it was to live in the first century.



How people throughout the Roman Empire lived, their own traditions and the shock Christianity brought to them.

The only Apostle not to be a former disciple of Jesus, or even a believer before the resurrection, was The Apostle Paul. Who was originally Saul of Tarsus (originally raised to be a Jew in Greece, Tarsus was a great city but far more influential during the time of Alexander the Great). After persecuting followers of Christ in Judaea, Jesus appeared to Him and caused him blindness. Typical of the Lord, this blindness was only temporary for three days as he supplied him a way out from the blindness, while giving him the gift of far greater wisdom.

52 He's estimated to have walked 50,000 miles after this took place throughout the rest of his life as he preached the word of God to many before meeting his demise. He's responsible for writing most of our New Testament. In his honor, the amazing St. Paul's Cathedral in London was originally built 604 A.D. with the current Cathedral being built in the seventeenth century.

Paul got the word through to many while beginning many confrontations with the pagans who did not understand God whatsoever. Lets now travel to Greece for an example:

53 Greece was the birthplace of the world's greatest philosophy. Most of what was taught in Alexandria either originated in Greece or was taught by Greeks who went to Alexandria, where many then stayed. Plato preached an overall 'oneness' with us all coming from the same divine source which was wonderful. However, neither he or even moreso the other Greeks, just couldn't understand God as many idols were being worshipped in the temples when Paul had arrived. Paul told the Athenians when he arrived in Athens sometime around 50 A.D. "God is not a fabrication of man's' imagination. He certainly does not dwell in manmade temples and you don't have to go through all these different rituals or try so desperately hard to seek Him out". Most of the Athenians would not have understood Paul's explanation on how God remains ever so close and you can easily communicate with Him. Luckily, many others felt a great enlightenment as they too began to receive the *Holy Spirit*. Eventually sometime between 62-67 A.D. Paul's killed in Rome.

# Early Christian Martyrs



Polycarp Bishop of Smyrna was burnt at the stake in 155A.D. (according to the Catholic encyclopedia) along with twelve devote followers. St. Polycarp gives us an Epistle to the Philippians as well as an epistle written to St. Ignatius of Antioch. (although, neither made it in, The New Testament) Polycarp was a disciple of St. John the Apostle. He could 've been influential in the creation of The New Testament we use today. He was sentenced to be burnt at the stake. The legend has it, while already tied-up as he finished praying while the flames now began exhausting from the sticks placed below him, began to traveled around his body in an arch like shape. After seeing this the Roman guards began to stab him to death but many spectators were now believers themselves.

55 This is an excerpt from Foxe's Book of Martyrs relating to the Fourth persecution under Emperor Marcus Aurelius Antoninus which began in 162A.D. \_“The cruelties used in this persecution were such that many of the spectators shuddered with horror at the sight, and were astonished at the intrepidity of the sufferers. Some of the martyrs were obliged to pass, with their already wounded feet, over thorns, nails, sharp shells, etc. upon their points, others were scourged until their sinews and veins lay bare, and after suffering the most excruciating tortures that could be devised, they were destroyed by the most terrible deaths.”

56 A Couple of well known female martyrs who became Saints in the Roman Catholic and Eastern Orthodox Church from the beginning of the third century are Perpetua and Felicitas. Perpetua was only twenty-two years of age. Felicitas was a pregnant woman. Both these women were married. Also apprehended with them was Revocatus and one of their slaves. With law forbidding the execution of pregnant woman and Felicitas being eight months pregnant was to be imprisoned until the birth of a baby girl. On the infamous day of March 8, 205A.D. at the amphitheatre in Carthage a cruel display of torture for entertainment was displayed for the crowd. Three men named Saturninus, Satorus and Secundulus were also preparing to go spend eternal life in heaven. The latter of these men was the only person mentioned above to die in prison and not in the arena.

57 Many now cannot understand how Secundulus later mourned at his missed chance of martyrdom, as this is simply something they comprehend not. The woman, however, were stripped naked and thrown to a bull to the delight of the crowd. The men had other wild animals to contend with. According to the Orthodox Church, a leopard and a bear were involved. Felicitas' body was destroyed by the bull but like the others she was finished off by the sword.

58 A writing from Satorius during his imprisonment survives to this day. In this letter he describes a vision/dream he had where he and Perpetua were carried off by angels after they were martyred and the short story goes on...We can also find information on Perpetua's trials. During the first trial her father showed up begging her not to go through with it but she wanted her family and others that knew her to rejoice in her suffering. Even the Proconsul (Roman judge) asked her to "spare the grey hairs" of her father, child and others (mother, brothers). After hearing the judge say this to her, she answered, "no, I'm a Christian."

59 (must be noted) The coming years just before these famous woman, we had a few influential and pious men with strong beliefs in the Apostolic Church. The fifth persecution had just begun in 192A.D. and this was also the time that historian Tertullian, who lived in this period, recorded a lot of the factual events that's still used for reference today. Leonidas, the father of the famed Origen from Alexandria was beheaded and in 201A.D. and the Bishop of Rome, Victor also suffered martyrdom.

60 If you thought Perpetua was too young a woman to be put to death by torture, then brace yourself for your next cognition by learning. Saint Agnes, St. Lucy, St. Agatha, and St. Cecilia were all girls thought to be in their early teens. The time frames varied for these martyrdoms but they were horrific stories of violence, just the same. Two were beheaded, Agatha was burnt to death and Lucy had her eyes removed during her torture.

61 Just over fifty years after the martyrdom of St. Perpetua and St. Felicitas, as we pass through history remembering that many other Christians were cruelly tortured to death or at the very least killed although ultimately winning in the end as they received salvation from our Lord, we find another man named Saturninus who

will meet death with the help of a wild animal. This was Saturninus the Orthodox Christian Bishop who had his feet tied up with the other end of the rope fastened around the tail of a bull. Unfortunately, for this courageous man, they were standing on top of a Roman Temple. The signals were given to agitate the bull, so it then ran down these steps as the Bishop's head was cracked and crushed so one could see the brains beginning to spill out.

62 St. Chrysostom recorded he saw a man fastened into a leather bag with snakes and scorpions and in this morbid condition thrown into the sea. Many others were torn to pieces with iron hooks (sometimes red-hot), scourge with boiling oil, laid down on hot coals (St. Agatha was one) and lit on fire all while still alive. Typically these victims were also naked to add to the humiliation in front of such crowds

. 63 Elderly men and women alike, all preparing to spend eternity with Jesus, were martyred in the thousands throughout the first three centuries. There was a situation in Ephesus where seven Roman soldiers who refused to worship Pagan Idols escaped imprisonment by hiding in a cave. The other soldiers, however, discovered their location and simply sealed up the exit. Try to imagine dying like that. I'm sure that dark cave echoed with prayer.

64 Experiencing a poor harvest for the season could be blamed on the Christians. The logic here was that they were upsetting the Roman Gods. When plagues broke out in any of the land surrounding the Mediterranean Sea, this would be just another catastrophic event which also could be blamed on the followers of Christ. Not to mention external enemies invading the Empire's borders. There were periods of time when the Christians were left alone to practice their faith as they wished. These astonishing men/women were fulfilled with the Holy Spirit and had the teachings of Jesus passed down through the Apostles, not to mention their writings, cementing the Knowledge of truth in their hearts. Nonetheless, there were still many pagans throughout the Empire. Taking notice of that last statement because Christians especially the Early Churches Clergy would still have to attribute a deep monopolistic belief with amazing fidelity and with unmatched courageous behavior to openly worship the one true God. ↓example why↓

65 In 258A.D. Roman Governor Marcianus obtained an order from the Emperor to have the Church Clergy there put to the death. Just like that the Bishop of Rome along with six Deacons were martyred. This was certainly not an isolated incident where suddenly quick decisions resulted in even quicker deaths as the result of an execution. Although the victims were swiftly condemned, unfortunately not all the murders were quick enough. Slow, long and dragged out was more than not the method use on these early Christians.

66 St. George was a third century Roman soldier and a Priest in the Guard of Diocletian. This is our last famous Saint and Christian martyr. He is regarded as the most prominent military saint. George was raised as a Christian and at a young age knew that he wanted to be a soldier. He joined Diocletian's army and soon became one of the finest soldiers around. Sometime later Diocletian decided that all soldiers who were Christians had to renounce their faith and become pagan. George refused, Diocletian tried to convince him to convert because he didn't want to lose his best soldier but George still refused. Recognizing these to be ineffectual efforts, Diocletian was left with no choice but to have him executed for his refusal. Before the execution George gave his wealth to the poor and prepared himself. After various torture sessions including laceration on a wheel of swords in which he was resuscitated three times, he was eventually decapitated before the city wall of Nicomedia on April 23, 303A.D.

67 'Santa Claus' St. Nicholas was also imprisoned for being that of devote Christian. He was made infamous because of his gift giving. One famous story he's remembered for was when a man with three girls of his own was financially struggling even though he desperately wanted to pay for these girls to receive an education before they would be eventually married. As a result this man was contemplating allowing them to prostitute when at this time Nicholas heard of his plan and decided to act. Saint Nicholas who inherited much wealth but didn't want it to be for himself, walked by their house and threw three bags of gold, one for each girl through the window opening into the house. St. Nicholas was never put to death as Emperor Diocletian died in 305 A.D. marking an end to the

persecution era. Here St. Nicholas was released and granted his freedom.

68 “As we Christians go to war with no weapons. Our enemy is principalities, unjust rulers, corrupt power and spiritual wickedness. Are main combatant is still Satan because he has not been defeated yet the Antichrist is clever and he’s dangerous being able to show himself in many different forms.”

69 Many of these martyred Christians were rounded up in small villages, sometimes in distant little known places and brought to the main cities (Rome if a citizen, as was their right) and put on display for the many citizens. With the Emperor’s wanting it, to be known to all, the horrible and painful experience awaiting anyone who will go through converting to Christianity. Most Emperors also thought this was an easy, inexpensive and also terrific way to give the citizens entertainment.

70 However, many of these Christians were eager to be put in front of huge crowds in Rome. If the soldiers who first arrested them had simply killed them right where they found them, these followers of Christ wouldn’t have been so well known. It wouldn’t have been such a glorious death or story of courage and devotion. People were amazed when they saw their dedication to their beliefs. These Christians were the strongest minded and strongest willed people throughout the whole Empire. Facing the most unthinkable tortures which all result in death, they would refuse just to same some words (blasphemous words) which they directed to say in order to keep their lives and be granted ‘freedom.’ They would never offend God by showing worship to any of the false God’s (idols) available in the Roman Mythology. The only life they were dedicated to preserving, was their eternal life in heaven.

71 These early Christians were becoming icons. They were starting to be even more famous than many of the Roman Gods to some of the Roman citizens. The inspiration coming from and the devotion set by these martyrs were soon affecting people at all levels of society. Emperor Constantine, although never officially a convert himself until on his deathbed, his mother was an influential Christian and in 320A.D; Constantine assigned Christianity as the Empire's main religion.

72 It's true the following Emperor reversed this decision but the groundwork was established. Soon the empire would return too and stay Christian. Some areas of the Empire would be lost to Roman control around this period but by now Christianity was a legitimate religion and growing stronger with time. In the east there was the Orthodox Christians and the Catholic Pope became the most powerful man in Rome.

73 When the Mongols reached Rome, it was the Pope who risked his life to walk outside the city walls and talk them into abolishing their conquest. When the Lombard's who were Germanic 'barbarians' and Aryan Christians arrived to sack Rome, it was the Pope who went out to greet them. He asked them that "because of the account they're both Christians, could they please at least not murder any of Rome's citizens?" To this request, the Lombard's agreed. When Constantine the Great converted on his deathbed, he converted to become an Aryan Christian.

74 Did you notice the Apostle John wasn't mentioned earlier with the other disciples of Jesus? St. John blessed us with a Gospel and the Book of Revelation, the latter written at an old age while in exile. He was thrown in a large pot of boiling oil but escaped without serious injury. He was granted his 'freedom' but exiled to the island of Patmos. It's believed he lived to be over one-hundred years old.

end of chapter

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Early Christian Martyr Stories

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# Index

[1]† Deception The height of this deception took place in the 20th century. JFK & Nixon warned us about the media but nobody listened. Kennedy was even murdered for challenging these forces but they proved more of an influence over the American public. J. Edgar Hoover & JFK Jr. even named 1 man responsible for JFK's murder but once again the American public weren't listening. If something's printed in a magazine people take it as fact but no editors, publishers, authors, etc. have any obligation including laws that force them to deliver the truth to us. An owner of a news station can constantly dream up new situations or report a false depiction of real events as often as they want; this is what people don't realize. We want to believe others wouldn't carelessly report unproven facts never mind purposely lie in order to trick us into believing what they hope they can get written in the history books. The problem is, and this includes schools up through college, the majority of what we are told or read is NOT the truth. Recently many are even trying to corrupt the story of God and Jesus, without much success. Although I have a great fear in which eventually Jesus Christ our Savior- will be labeled an anti-Semite and lost forever. Those who support a New World Order (Bush family openly speaks on this, Clinton's, Obama) like the Council on Foreign Relation, Bilderberger's, illuminati/freemasons, zionists/communists, etc; want to eliminate God for an important reason. They want us Godless so we have no defense against the Antichrist – which is clearly them.

[2]† St. Ignatius As the founder of the Jesuits Order. Ignatius has a controversial background. Originally Jewish he found great pleasure as a Spanish soldier. He received his spiritual awakening after becoming disabled from an injury which caused him to be house-stricken.

Accused of being a crypto-Jew of the cabala, this means publicly embracing Christianity whence secretly holding on to Jewish traditions. He's believed to continue engaging in ceremonies such as animal sacrifice and others. Many crypto-Jews came about after European nations banned Jews for mainly usury (loaning money at interest) although the Jesuits, which St. Ignatius founded had a very



strong belief in Jesus. Nevertheless his critics still accused him of taking place in pagan-like behaviors. The Jesuits were a society of priests and others who were very open to other religions and man's self exploration after the foundations of Catholicism were recognized and practiced faithfully. Many Catholics including Church Clergy would consider them heretics, notwithstanding, Ignatius worked closely with

Pope Paul III as the Order proclaimed the upmost loyalty to the Catholic Pope. the Jesuit's loyalty was solidified with their contribution as the main force of the counter-reformation. Eventually they were banished from the Church.

[3]† Half Time Super Bowl 2017 - Below we see the illuminati 'all-seeing eye' enormously displayed in front of the whole world as fire depicted Hell and demonic rituals were brazenly done in front of us.

Below – common symbol of the Freemasons displayed over the stage

Above we see Freemasonry proudly displayed but if you want to find out who were really molesting children in the Catholic Church, as we were told was 'ordinary/real' Catholic Priests, then I suggest you research the Freemason/Illuminati infiltration of the Vatican. Here's some sources to get you started:

- Pope Leo XIII's book – *Humanus Genus*
- Bishop Richard Williamson
- Pope Benedict's handshake (YouTube)

And one more... Finally the Church's ultimate takeover arrives, when the man on top believes in human will, over God's will. Pope Francis believes, says and acts out the most heretical and blasphemous things against the main beliefs of which the Church has always stood for. It seems impossible that a Cardinal could ever act this way and also unthinkable that a Bishop or even a Priest could ever commit such horrendous sins against Christ our Lord.

If you can't beat them...join them – what bullshit, now only Eastern Orthodox has the power to fight back. Credit here goes out to Putin removing the Rothschild's in 2016 and ordering hundreds of new churches built. The Zionist/Illuminati/Freemasons New World Order spent years murdering, torturing and starving all members of Christianity from laity to deity but now the Christians are growing

strong again on the same land. His people love him, his approval rating is 20% higher than any of our last few Presidents ever was, so let them have their sovereignty – I wouldn't believe much of what hear from the illuminati United States television, newspapers, magazines, etcetera when it comes to Putin or Russia.

These celebrities are so spoiled and non-relatable that they need more things, there's nothing left to buy as they lose their minds and forget who they are; that they don't even know what they're doing. However, now if they're rich even though bloodlines are more important, they're welcomed because their big audiences gives big opportunity for mind control. Have you ever wondered why Katie Perry where those ridiculous costumes in her music video....it's because she's a member. / p.s. and obviously one ugly loser.

—For many colored pictures of many more New World Order acts/symbols and demonic rituals performed at the Super Bowl check out– “Half-time Hell, Satan Speaks\_” at [naturalnews.com](http://naturalnews.com). There you can see that piece of shit Madonna dressed up as Satan. She tried moving to Israel at one point but even they didn't want her. I bet her pussy just always stinks so bad.

#### [4]† Church of the Nativity

The persistence of Jesus Christ, the grandness story of His birth and devotion by Christians to honor this fact in history is simply amazing. The original Church in which a cave, on and over it was to be built, an indication of where Christ was born. Where Christ laid in the manger, being born in circumstances of the most humble. Not was this life to be born in presence of worldly leaders nor was the giving of birth to take place in a holy shrine.

Years later after the building of which had come to be the original Church of Nativity, Roman Emperor Hadrian, famously known for the constructing of Hadrian's wall (which still currently on this very day is stretched across the entire width of England), had ordered the cave to be covered with a pagan shrine. This contemptuous act taking place in the year of 135A.D. after Hadrian's scouts reported him the importance of location to the Christians. That this of which was to be considered, the birth place of Christ by the Christians. The legendary Church was now a Temple to Jupiter and Venus.

Exactly two centuries later, the now fabled Emperor

Constantine expressed orders to be carried out his soldier, in which was to replace the pagan shrine with a newly constructed Church of Nativity. Constantine himself, at one point in time, being one who paid visit to this location.

Later in history the Church was destroyed once again. This time coming from the hands of the evil Persians. Eventually Christians once more rebuilt the Church. However, after the Persians as the Turks armies advanced southward they also had and took advantage of the possibleness to tear down the Church of that which honors the virgin birth of Christ. This is the Church of Nativity which stands today.

In 2002 a group of Palestinians hold up inside the Church seeking safety from the Israeli's for a period of nomore than thirty-nine days. With what they would consider to be a complete disregard if the situation was reversed, Israeli snipers opened fire. Seven Palestinians were murdered and even worse for Christians was a fire now had broken out inside the Church. However, the Church of Nativity presently has a healthier contour than ever before. It's small, it's humble and it's necessary.

[5]† 'Conspiracy' What do I really know? I'm an man who lost everything and now lives a quiet humble life as I prevent others from making the same mistakes. Although I must say I certainly know how to properly research news, history, current events and the sources which supply the information. I know many things were labeled a conspiracy after the truth was exposed in an attempt to discredit those who speak of it (crazy conspiracy theorist). I also know that we've had multiple Presidents say and it's true that our television programs are filled with distorted truth on the basis of, if you say a lie enough times it becomes truth to the people. I know this democrat versus Republican political sideshow distracts us from the more important news taken place or laws being passed. I also know that I'm not educated in enough areas and I fell for these drugs which wealthy individuals in positions of great power purposely flood our streets with and I'm not talking about cartels or drug-dealers.

Listen: Those who believe in nothing are perfect pawns for the so-called financial elite. When someone risks their life and many got murdered to do so (ex. JFK), to expose a conspiracy, it has largely gone unnoticed. We need to investigate the claim and eliminate any

personal agenda of the claimant, while dismissing much of the information that 'came out' on the claimant only after he/she revealed the information (whether true or false). Then turn our attention to the topic/people exposed for its hidden or fallacious behavior. Because not always, but at times real genuine information that leaked out and was exposed, may be what in turn caused the label of conspiracy to be placed. Typically by those involved in the first place, as in the actual accused.

In the New Testament we are told to warn the Church of dangerous people.

Below I present you with individuals who possess information which 'larger forces' involved are trying to eliminate from reaching the public. As a child I was taught China was bad for not allowing our ~~propaganda~~ news inside their country. However, technology has made the world a much smaller place. Now the rest of the world receives constant international news and has been involved in this behavior ever since the invention of television. But what about the United States? Is it not called the land of the free? We're prevented from receiving any of this news on our televisions, newspapers and magazines. When we use the internet and satellite television to view the big stories, we get an entirely different version of our news in many cases. Much of what's being reported in other countries, including our allies, or definitely in situations like Iraq or Syria, never gets shown on American television. We allow nothing from other countries. Not only that, but there's an exclusive group which operates all the media, not to mention, there's also an organization in our government which scans all programs before they can 'go on the air.'

The U.S.A. is one of the leading countries in the world which blocks out all unwanted (although it's what the people want) news and programs. Where everything shown must be neutral or like in most situations, pounding one view of America into our brains which is a completely different view from that of the rest of the world. Additionally there's a few more topics (ex. World/U.S. history, anti-Christian) that we constantly get only a false, or just one-side of the story. The financial elite and organizations such as The Counsel On Foreign Relations have hijacked our great country because of its herculean presence in the world which can help them accomplish their

sinful goals. Citizens of the United States need to use the internet for their news and fight back as these elite-powers are trying to gain control of our internet.

I'm only confident that I know the truth of, maybe a couple recent events of which we were led to believe an erroneous side of what was being accomplished. I definitely have exposed many lies about the two World Wars. Although many people in Europe have always known the true stories. Prominent historians all over the world are astonished over what we are taught inside the states. Otherwise, I certainly don't know or are even sure whether I care about the truth of many. I don't believe much unless there's a large amount of (or solid) proof and/or a prominent source. Take your time to search some of these individuals below and see what you can discover. Anytime the media or others put a lot of effort into concealing a story, this leads us to believe we might find something interesting by digging deeper into the situations archives. When someone gets murdered, just as many of these people below did, that sets off a huge 'red-flag.' When a commercial on television or program on a documentary channel state a 'fact' about history: this isn't proof. Just like news stations aren't bound by law to state only true facts. When an eye-witness gets paid to tell their story: this neither is proof. YouTube is an easy method of launching research into most of these people/events but remember that watching simply a video on YouTube cannot be labeled research. Final decisions are made only after reading multiple sources supporting both sides and then reading about the sources themselves. Here's a list I've not yet researched myself but eager to do so. I'm sure either way, we'll find true and interesting material, maybe even some to motivate us live more

productive sober  
lifestyles.

Ted Gunderson-  
Former Head of F.B.I.- L.A.  
Division

Bishop Richard  
Williamson

Robert D.Steele-  
EarthNetwork

Kevin Barret-  
Author/Historian

Ursula Haverbeck-  
Author

Joe Travieso- Retired  
F.B.I

Institute for Historic  
Review

issuu.com – variety of  
reading material , wealth of  
knowledge

David Irving-  
Author/Historian  
Martin Luther-Fathered  
Reformation and Lutheran  
Church

M.S. King-  
Author/Historian Milton W.  
Cooper- U.S. Navy  
wearechange.org

Houston Stewart  
Chamberlain  
Neturi Karta  
Fred Leutcher  
David Ray Griffin  
Texe Marrs  
Harry Elmer Barnes  
The Center for Study

and

Causes for War  
David Hogan  
Daniele Ganser  
James H. Fetzer-

Philosopher

Robert Faurrison

J. Edgar Hoover & John F. Kennedy Jr.'s claim of who murder

J.F.K.

Holodomor  
Holodomorinfo.com  
Wilhelm Staglich  
Richard E. Harwood  
Jon Wayne Todd-

Murdered Phil Schnieder-  
Murdered after exposing  
military bases & weapons.  
When we look up this man  
there are also claims of  
U.F.O.'s and aliens, but did he  
really make those claims? I  
don't know, I haven't had time  
to research this, however, in  
many other situations you  
cannot allow yourself to accept  
claims of which were  
established to discredit the  
original claimant only after  
he/she came out with the  
debated information.

Collective Revolution  
Donaldmarshalrevoluti  
on.com

Carol Quigley  
Kay Griggs- Marine

wife

[6]† Cavalry where Christ was crucified or 'Skull Hill' for  
obvious reasons; search online for a pic of Calvary and check out the  
skull formed out of then rock formation just below where Christ was  
crucified. Calvary is Latin version of Golgotha which is Hebrew  
meaning "the place of a skull" (Matt. 27:33; Mark 15:22; John

19:17). This name represents in Greek letters the Aramaic word Gulgaltha, which is the Hebrew Gulgolet (Num. 1:2; 1 Chr. 23:3, 24; 2 Kings 9:35), meaning "a skull." It is identical with the word Calvary (q.v.).

Greek word for skull – Krania, which in English of course is cranium.

#### [7]† True Definition of Love

Christian love is giving to others those things that you would want them to give you if you were in their situation -- and it's doing so even if they can't pay you back. In fact, it's doing so especially if they can't pay you back! Christian love is respect for others, it's mercy, it's charity.

When the King James translators came upon the Greek word *agape*, English

which means - God's Love. In addition to using the English word "love"

to transliterate it, they often chose the English word "charity." This was meant to reinforce the idea that *agape* is a selfless, giving love. God's Love is unselfish and unconditional. Now we know what is meant by Christian love. Now we know what to strive for...

[8]† The Iraq war captured much attention from the American public. At the wars commencement 'Shock & Awe' was awesome to watch on television, well, if we were told the truth and this was an indeed hated enemy. The daily release of death tolls had people upset. Although extremely low for a war that was designed, which was accomplished, and designed to conquer a whole country of twenty million people. From 2003-2011 the United States lost under four thousand men total with much more suffering serious injury. However, according to the 'Center for Disease Control and Prevention,' in the United States during that time average 16,238 murders per year was being committed. As it seemed the American public was not too concerned with the murders. In 2014 a figure of 15,809 was releases. Here we saw documents indicating the murder rate had dropped as if a positive thing.

Why did we go to Iraq? We know the WMD's was a complete lie (Wolfowitz's guy convicted of falsifying evidence – pardoned by Bush) and Saddam Hussein would murder any terrorists who stepped inside his country unlike George Bush's claim of Al'Qaeda cooperation, so why did we go? First of all let's point out that our news stations would constantly talk about the misinformation received about the W.M.D.'s. even though it was already being proved as falsified. Anyhow, all the countless hours, days, weeks and months of coverage on this question only served as a distraction with them unbelievably never asking the obvious question presented in front of us – so why are we there? Secondly, after mentioning Al'Qaeda I feel beholden to point out that this was a name given to Muwshahadeen fighters by the C.I.A. during the Soviet Union (Russia) Afghanistan war in the 1980's. In Arabic this name means 'the base' and it was not something these Arabs called themselves. The C.I.A. allied themselves with this group and gave them arms to fight the invading Soviets. The Russians were certainly seen as the bad guys to the Americans during the Cold War although they were actually using their military less than the United States during that era. Eventually the myth of Al'Qaeda wore off but don't worry, they've already given us ISIS and like to make the claim of terrorist acts across the globe all come from this band of 'cavemen.'

Two major reasons and the first I'll mention is S. Hussein started selling his oil in the new euro, not the dollar. Now America has to sell General Motors (for whatever) to Europe in order to get the euros to pay for the oil. The world economy operates off the American dollar. All the middle-eastern countries sell their oil by American currency (forced upon them in the 1970's). They might be the players involved receiving the money but it all gets circulated through international banks and America can't lose. It's a perfect system that I'd almost be supported of if it didn't come with all the lying, greed and deceit.

Secondly Iraq was one of only a few countries without a central bank owned by the Rothchild's which operates of a debt-based system.



Afghanistan was another and now the C.I.A. (which the USA only owns shares of) has given the Taliban back all the land except for the control of the opiate fields. Now Afghanistan has a vibrant economy as heroin gets flooded into Europe and Russia destroying Western society.

Not to mention that besides N. Korea, Cuba, Sudan and Iran; there was another country the Rothschild dynasty needed to own and it just so happen to be Libya of which new President Obama, who ran a no war platform campaign, was quick to attacked after he lied and tricked the populace into voting for him. By dropping millions (if not more) of dollars worth of bombs and destabilizing the whole region as they destroyed N. Africa, the Rothschild's were able to gain Sudan as well (also soldiers in Sudan before this period). Obama's campaign was given so much money to influence him into the position of Presidency, that the real powers had him in their pocket and would now do whatever they want. We know Obama has spoken in front of the Council of Foreign Relations but they were of course more heavily involved with his being elected and then presidency, than most Americans realize.

[9]† The famous stories of St. Patrick 'driving the snakes' out of Ireland has always been seen a reference towards cleansing the island of Jews. To many people, the serpent represents Satan and also represents the Jews because they are 'technically' the Anti-(Jesus)-Christ. These stories from Ireland are recorded in the text called the 'Dinnshenchas' or otherwise known the Book of Leinster. However, we do have one account in this book of the Crom Cruich cult (translated: Bloody Crescent) who do use a snake as their symbol. This sect like others, were blood thirsty people who would sacrifice their first-born on a stone altar by setting the baby on fire. During the screaming of the child, they'd engage in sex orgies with even some bi-sexual behavior involved, according to the 6<sup>th</sup> century text. At some point, St. Patrick arrived at the altar with armed soldiers and engaged in major fighting. After the battle was won, they destroyed the site with St. Patrick blessing the area afterwards. This behavior is called Baal worship or Baalism, which has its recorded origins in the Jewish people and/or Canaanites. Throughout history Jews were expelled

from European countries with the main 'reasons given' being usury (loaning money at interest/first recorded expulsion for this was Rome) and child sacrifice (many times being accused of kidnapping Christian children for this reason). Jeremiah 19:5 – and they have built altars for Baal in order to burn their children in the fire for sacrifices...A documentary was made, then banned from U.S. television, which claimed the Illuminati were kidnapping children in America and the performing these rituals in Montana. It sounds ridiculous, however, former F.B.I. agent Ted Gunderson backs up this story and even promotes the documentary. Also multiple people (in separate years) have accused the Freemasons (Illuminati), who have infiltrated the Vatican (especially since the '80's), of performing these sacrifices underground, in Vatican City.

[10]† When I did the math on myself (pus experiments) as the doctor prescribed me 300mg Wellbutrin for dopamine, I figured I had been taking multiple monthly prescriptions of this medication every day for the past ten years because cocaine too releases dopamine's, but injecting it, will release dopamine's on a massive scale – causing paranoid schizophrenia. Not to mention that an average of two to three monthly scripts per day was a very modest figure. Adderall was also spoke of as a medication to release dopamine's and I believe it can help you concentrate but even when knowing your past the doctors speak to you as if these meds affect you physically, early on in recovery. Even after almost a year of sobriety, if I swallowed them as directed, I was still able to take a dozen without actually 'feeling' them. Eventually, when I did finally stay sober for over one year, I did temporarily use mental-health medication and I had some positive results. Nevertheless, as time moved on I'd never get my energy, motivation and focus back to level as was normal before my drug-use. Of course with my main focus going towards God now spawning other positive events and ideas, I was mentally better. I was far more content with myself and life in general. Unfortunately... ...It can be a long, dark and difficult road getting yourself to where you need to be in order to support yourself properly.

