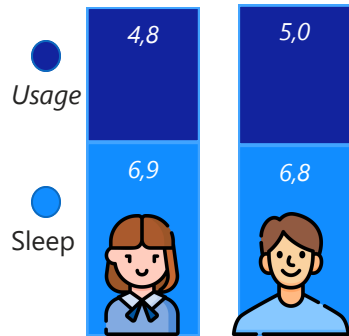


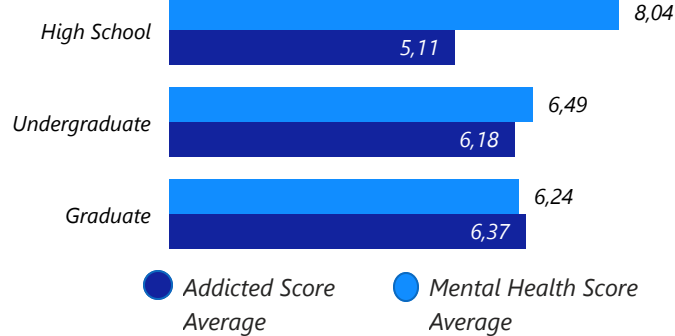


# Students Social Media Addiction

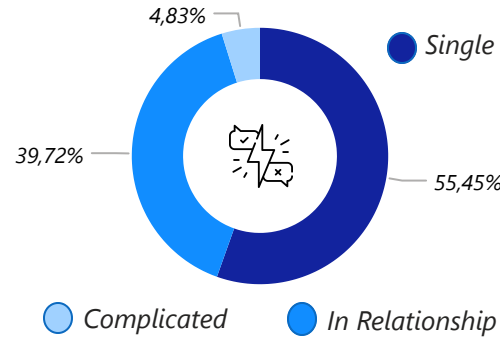
## Daily Avg Sleep and time on Social Media



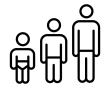
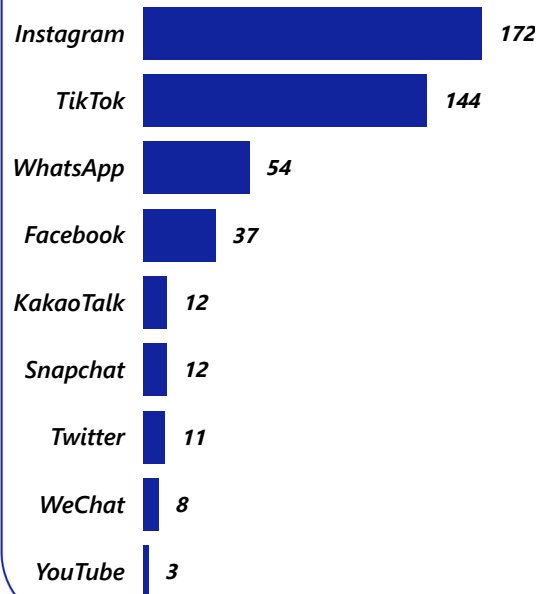
## Academic Level



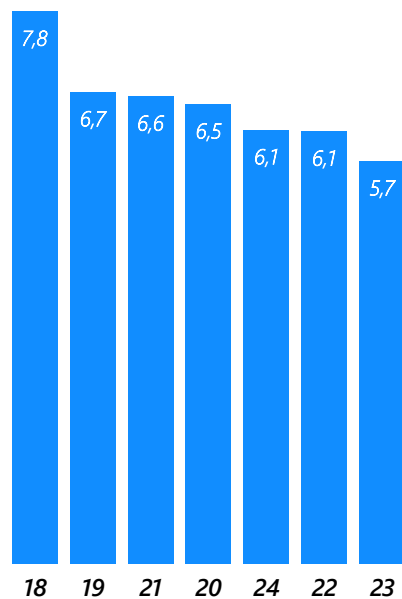
## Conflicts in Status Relations



## Most used applications by academic affectation



## Most Age by Avg Addicted Score



## Conclusion

Men and women spend an average of 5 hours on social media, although only women reported more than **8 hours**. High school students show higher addiction levels and poorer mental health, followed by undergraduates. **Instagram, TikTok, and Facebook** are the most frequently used platforms. Students in a "**Complicated**" relationship exhibit greater addiction, worse mental health, and more conflicts, **especially among women**; in contrast, those in a stable relationship show lower addiction and better mental health. Finally, the correlation of **-0.79** indicates that higher daily social media use is associated with fewer hours of sleep.

Country	Avg Hours Use	Addicted Score	Mental Health
Afghanistan	2,9	5,0	7,0
Albania	4,7	7,0	6,0
Andorra	5,3	8,0	5,0
Argentina	5,5	8,0	5,0
Armenia	5,9	9,0	5,0
Australia	63,9	74,0	96,0
Austria	4,9	7,0	6,0
Azerbaijan	4,8	7,0	6,0
Bahamas	2,8	4,0	8,0
Bahrain	2,8	4,0	8,0
Bangladesh	96,0	150,0	101,0
Belarus	2,5	4,0	8,0
Belgium	5,3	8,0	5,0
Bhutan	5,5	8,0	5,0
Bolivia	2,4	4,0	8,0
Bosnia	2,4	4,0	8,0
Brazil	47,1	57,0	48,0
Bulgaria	2,8	4,0	8,0
Canada	160,3	228,0	212,0
Chile	2,7	4,0	8,0
China	78,6	98,0	103,0
Colombia	4,8	7,0	6,0
Costa Rica	5,7	8,0	5,0
Croatia	4,8	7,0	6,0
Cyprus	3,8	6,0	7,0
Czech Republic	6,1	9,0	4,0
Denmark	96,0	116,0	208,0
Ecuador	6,3	9,0	5,0
Egypt	3,9	6,0	7,0
Estonia	4,5	7,0	6,0
Finland	35,8	43,0	54,0
<b>Total</b>	<b>3467,7</b>	<b>4538,0</b>	<b>4390,0</b>