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Abstract— As the complexity and volume of data grows, artificial intelligence (AI) will be used more frequently in healthcare. AI is already being employed in a number of ways by payers and providers of care, as well as life sciences companies. Diagnoses and treatment suggestions, patient engagement and adherence, and administrative tasks are the most common types of apps. Although AI can execute healthcare activities as well as or better than humans in many situations, implementation issues may cause large-scale automation of healthcare professional vocations to be delayed for a long time. Concerns have also been expressed about the use of AI in healthcare.

Keywords—AI, CDS, ,Health Record System

### Introduction

Artificial intelligence (AI) and associated technologies are becoming more common in business and society, and they're beginning to make inroads into healthcare. Many elements of patient care, as well as administrative procedures inside providers, payers, and pharmaceutical companies, could be affected by these technologies. According to a growing body of evidence, artificial intelligence can perform as well as, if not better than, humans in important healthcare activities including disease diagnosis. Algorithms are already beating radiologists in terms of detecting dangerous tumours and guiding researchers through the creation of expensive trial cohorts. We anticipate it will be several years before artificial intelligence (AI) replaces humans in large medical process domains for a variety of reasons. We discuss the possibilities for artificial intelligence to automate therapy parts in the article, as well as some of the barriers to ai's rapid adoption in healthcare.

# Types of AI in healthcare

Artificial intelligence is a set of technologies rather than a single technology. Despite the fact that the operations and activities they support are different, the majority of these technologies have direct application in the healthcare industry. Some of the most important AI technologies in healthcare are defined and described in the following sections

### ML: Neural Network And Deep Learning

Machine learning is a statistical approach that allows models to 'learn' from data by fitting them to it. According to a 2018 Deloitte poll of 1,100 US CEOs whose companies were already experimenting with AI, 63 percent were employing machine learning in their operations. It's a wide methodology that's at the heart of a lot of AI technologies, and it comes in a lot of different flavours.

Precision medicine, which entails predicting which treatment procedures are most likely to succeed on a patient based on a range of patient characteristics and the treatment setting, is the most common application of classical machine learning in healthcare. The majority of machine learning and precision medicine applications involve supervised learning, which requires a training dataset with a defined outcome variable (e.g., sickness onset). Learning

The neural network is a more advanced form of machine learning that has been around since the 1960s, has a long history in healthcare research, and has been utilised for applications like predicting whether a patient would develop a disease.

It considers issues in terms of inputs, outputs, and the weights or 'features' that link them.. Although there isn't a significant link to brain function, it has been compared to how neurons sense impulses.

Deep learning is the most advanced type of machine learning, and it entails neural network models with several levels of characteristics or factors that predict outcomes. The faster processing of today's graphics processing units and cloud technologies could expose thousands of hidden features in such models. In healthcare, deep learning is commonly used to identify potentially harmful tumours in radiography images. Deep learning is increasingly being used in radiomics, or the detection of clinically important patterns in imaging data that are beyond the human eye's ability to discern. In oncology-focused image analysis, both radiomics and deep learning are routinely used. Their combination appears to provide more diagnostic precision than earlier generations of image processing technology. Computer-assisted detection is what it's called.

Learning from the Ground Up It's an element of the Natural Language Process, and it's usually utilised in statistical or more mathematical operations. As a result, explaining the model's output could be challenging.

### **Natural Language Processing**

Since the 1950s, AI researchers have been attempting to understand human language. Speech recognition, text analysis, translation, and other language-related tasks are all included in this field of NLP. NLP can be divided into two types: statistical and semantic. Statistical NLP is a type of machine learning (particularly, deep learning neural networks) that has recently been used to improve recognition accuracy. It is necessary to learn from a vast 'corpus,' or body of language. The generation, comprehension, and classification of clinical documentation and published research are the most common applications of NLP in healthcare. NLP systems can analyse unstructured clinical data from patients, prepare reports (for example, on

radiological examinations), transcribe patient discussions, and perform conversational AI.

# **Protocol Based System**

AI researchers have been striving to grasp human language since the 1950s. NLP covers speech recognition, text analysis, translation, and other language-related processes. There are two forms of NLP: statistical and semantic. Statistical Natural Language Processing (Statistical NLP) is a machine learning technique that uses deep learning neural networks to improve recognition accuracy. Learning from a large 'corpus,' or body of language, is essential. The most common uses of NLP in healthcare are the creation, understanding, and classification of clinical documentation, as well as published research. NLP systems can analyse unstructured clinical data from patients, make reports (for example, on radiological exams), transcribe patient discussions, and engage in conversational AI.

### ROBOT

Given that over 200,000 industrial robots are installed each year around the world, physical robots are well-known at this moment. They do pre-determined activities in factories and warehouses, such as lifting, moving, welding, or assembling items, as well as bringing supplies to hospitals. Robots have recently grown more collaborative with people and easier to instruct by guiding them through a desired job. As more AI capabilities are integrated into their 'brains,' they become smarter as well (really their operating systems). Physical robots will almost certainly benefit from the same advancements in intelligence that have been seen in other areas of AI.

Surgical robots, which were first approved in the US in 2000, give surgeons'superpowers,' allowing them to see better, make more precise and less invasive incisions, stitch wounds, and so on. On the other hand, human surgeons continue to make crucial decisions. Robotic surgery is utilised in a variety of procedures, including gynecologic surgery, prostate surgery, and head and neck surgery.

### ROBOTICS PROCESS AUTOMATION

As if it were a human user following a script or set of rules, this technology performs structured digital chores for administrative goals, such as those involving information systems. When compared to other types of AI, they are less expensive, easier to programme, and more transparent in their activities. RPA stands for robotic process automation and refers to computer programmes that run on servers rather than robots. It combines workflow, business rules, and 'presentation layer' integration to act as a semi-intelligent user of information systems. Prior authorization, patient record updates, and billing are just a few of the operations they automate in the healthcare industry. When used in conjunction with other technologies, they may extract data from faxed photographs and enter it into transactional systems.

Previously, these technologies were regarded to be separate entities, but they are progressively combining and integrating; robots are receiving AI-based "brains," and image recognition is being linked to RPA. In the future, these

technologies may become so intertwined that composite solutions become more realistic.Previously, these technologies were regarded to be separate entities, but they are progressively combining and integrating; robots are receiving AI-based "brains," and image recognition is being linked to RPA. In the future, these technologies may become so intertwined that composite solutions become more realistic.

## Diagnosis and treatment applications

Artificial Intelligence has been focused on disease detection and therapy since the 1970s, when MYCIN was developed at Stanford to diagnose blood-borne bacteria infections. These and other early rule-based systems showed promise in terms of effectively diagnosing and treating disease, but they were never implemented. They were no better than human diagnosticians since their techniques and medical record systems were incompatible.

Watson, IBM's artificial intelligence software, has gotten a lot of press recently because of its focus on precision medicine, notably cancer diagnosis and treatment. Watson uses a combination of machine learning and natural language processing approaches to solve problems. Customers' enthusiasm for Watson dwindled as they saw how difficult it was to teach it to deal with specific types of cancer and incorporate it into care processes and systems. Watson is a collection of 'cognitive services' delivered via application programming interfaces (APIs), including speech and language, vision, and data-analysis programmes based on machine learning. The Watson APIs are technically capable, according to most experts, but tackling cancer treatment was an overly ambitious goal. Competition has also harmed Watson and other proprietary programmes.

Many healthcare organisations are finding it difficult to integrate AI. Despite their widespread use in EHR systems, particularly at the NHS11, rule-based systems lack the precision of more algorithmic machine-learning-based systems. These rule-based clinical decision support systems become more difficult to maintain as medical knowledge grows, and they are often unable to handle the filthy data and knowledge generated by genomic, proteomic, metabolic, and other "omic-based" approaches to care.

This is evolving, though more so in research labs and technology businesses than in clinical practise. Almost every week, a new study claims to have shown that an AI or big data-based method for detecting diseases can detect and treat illnesses as well as, if not better than, human doctors. Many of these discoveries are based on radiological image analysis, but others, like retinal scanning or genomic-based precision medicine, use a range of image types. These findings, which are based on statistically-based machine learning algorithms, are ushering in an era of evidence- and probability-based medicine, which is generally thought to be beneficial but poses a plethora of ethical and patient-clinician issues.

Similarly, tech firms and startups are concentrating their efforts on the same issues. Google, for example, is collaborating with health-care delivery networks to create big-data prediction algorithms that will alert doctors to high-risk conditions such as sepsis and heart failure. Google, Enlitic, and a number of other companies are working on AI-based image interpretation algorithms. Jvion has created a 'clinical success machine,' which pinpoints patients who are

most vulnerable and likely to respond to treatment. Each of these could aid doctors in making better diagnoses and treatment decisions for their patients.

A number of companies specialise in detecting and treating certain tumours based on their genetic traits. Because many malignancies have a genetic basis, understanding all genetic variants of cancer and their response to novel medications and regimens has grown more difficult for human doctors. This method is specialised by companies like Foundation Medicine and Flatiron Health, both of which are now owned by Roche.

Clinicians and payers are using machine learning algorithms called "population health" to predict hospital readmission and estimate groups at risk of specific diseases or accidents. These models can aid in the prediction of outcomes, but they don't necessarily include all of the relevant data, such as the patient's socioeconomic status.

Integrating AI-based diagnosis and treatment ideas into clinical workflows and EHR systems, whether rules-based or algorithmic in nature, can be tricky. Many AI-based capabilities for diagnosis and treatment from tech firms are standalone in nature or address only a single aspect of care, and such integration issues have probably been a bigger barrier to broad AI adoption than any inability to provide accurate and effective recommendations; and many AI-based capabilities for diagnosis and treatment from tech firms are standalone in nature or address only a single aspect of care; and many AI-based capabilities for diagnosis and treatment from tech firms are standalone in nature or address only a single aspect of care; and many AI-based capabilities for Some EHR providers have begun to include modest AI elements (beyond rule-based clinical decision assistance) into their products, but this is still in its infancy. Providers will have to either undertake significant integration initiatives on their own or wait for EHR suppliers to offer additional AI capabilities.

## Patient engagement and adherence applications

Patient engagement and adherence have long been seen as the 'last mile' difficulty in healthcare, the ultimate barrier separating ineffective from effective health outcomes. The better the outcomes — utilisation, financial outcomes, and member experience — the more patients actively participate in their own well-being and treatment.

Big data and artificial intelligence are increasingly being used to overcome these challenges. Providers and hospitals frequently use clinical experience to develop a plan of care that they know will improve the health of a chronic or acute patient. It makes no difference if the patient fails to make the necessary behavioural changes, such as losing weight, scheduling a follow-up appointment, filling prescriptions, or following a treatment plan. Noncompliance or when a patient fails to follow a treatment plan or take prescription medications as directed, is a serious issue.

According to a survey of over 300 clinical leaders and healthcare executives, fewer than half of their patients were extremely engaged, and 42% reported that less than a quarter of their patients were extremely active. Is it conceivable for AI-based talents to be effective in personalising and contextualising treatment if more patient \sinvolvement leads to improved health outcomes? Machine learning and

business rules engines are increasingly being used to design complex treatments across the care continuum. A study topic might include messaging warnings and relevant, personalised material that stimulates actions at critical periods.

According to a poll of over 300 clinical professionals and healthcare executives, less than half of their patients were very involved, and less than a quarter were extremely active. Is it possible for AI-based abilities to be successful in personalising and contextualising therapy if increased patient engagement leads to better health outcomes? Across the care continuum, machine learning and business rules engines are increasingly being employed to build complicated therapies. Messaging warnings and relevant, personalised content that motivates actions at important times might be studied.

Another area of growing interest in healthcare is the creation of effective 'choice architecture' to guide patient behaviour in a more proactive manner based on real-world data. Using information from provider EHR systems, biosensors, wearables, smartphones, conversational interfaces, and other equipment, software can change suggestions by comparing patient data to prior effective treatment courses for similar cohorts. The guidelines can help providers, patients, nurses, call centre staff, and care delivery coordinators.

# **Administrative applications**

There are several administrative applications in the realm of medicine. Although AI's potential for revolution in this arena is lesser than in patient care, it can nonetheless save time and money. These are necessary in healthcare since, on average, a nurse spends 25% of her time on regulatory and administrative chores in the United States. RPA is the technology that is most likely to assist you in achieving your goal. Claim processing, clinical documentation, revenue cycle management, and medical record administration are some of the healthcare applications it provides.

Chatbots have been used by several healthcare organisations for patient contact, mental health and wellbeing, and telehealth. Simple tasks like refilling medicines or scheduling appointments might be aided by these NLP-based applications. Patients reported worries about sharing sensitive information, addressing complex health situations, and poor usability in a poll of 500 US users of the top five chatbots used in healthcare.

Another AI technique that may be utilised for claims and payment administration is machine learning, which can be used for probabilistic data matching across several databases. The accuracy of the millions of claims filed is the responsibility of insurers.

By accurately recognising, analysing, and resolving coding mistakes and erroneous claims, all stakeholders — health insurers, governments, and providers — save time, money, and effort. Incorrect claims that slip between the cracks offer a significant financial opportunity that may be taken advantage of using datamatching and claims audits.

# Implications for the healthcare workforce

Artificial intelligence (AI) has sparked widespread concern that it will lead to job automation and significant labour displacement. This project was a collaboration between Deloitte and Oxford Martin College. AI will automate 35 percent of UK jobs in the next 10 to 20 years, according to the Institute. While some job automation may be achievable, other studies have shown that a variety of external variables, such as the cost of automation technologies, labour market growth and expenditures, advantages of automation beyond simple labour replacement, and legal and societal support, may limit job loss. Actual employment losses might be limited to 5% or less as a result of these considerations.

To our knowledge, AI has not resulted in the loss of any health-care employment. There has been little job effect due to AI's low acceptability in the industry thus far, as well as the challenges of integrating AI into clinical processes and EHR systems. It demonstrates that jobs requiring digital data, including as radiography and pathology, are more likely to be automated than jobs requiring direct patient involvement. Even in domains such as radiology and pathology, however, AI adoption is projected to remain limited. Despite the fact that deep learning technologies are improving the capacity to analyse and categorise photographs, there are various reasons why positions in radiology, for example, will not go away anytime soon, as we have stated.

To begin with, radiologists perform more than merely picture interpretation and analysis. Radiology Every AI system, like every other AI system, is created with a specific aim in mind. Deep learning models for specialised photo recognition tasks are being created in laboratories and startups. Only a handful of these restricted detection activities can already be done using AI, and many are required to reliably identify all conceivable medical imaging results. Radiologists perform image-guided medical interventions such as cancer biopsies and vascular stents, define the technical parameters of imaging examinations to be performed (tailored to the patient's condition), relate findings from images to other medical records and test results, and a variety of other tasks.

Second, therapeutic applications of AI-based image processing are still in their early stages. The chance of a lesion, the probability of malignancy, and the feature or location of a nodule are all distinct foci for different imaging equipment providers and deep learning algorithms. Deep learning systems would be challenging to integrate into existing clinical practise because of these unique focuses.

Third, deep learning picture recognition algorithms require 'labelled data,' which consists of millions of photos from patients with cancer, shattered bones, and other ailments. There is no one repository for both labelled and unlabeled radiological pictures, however.

Finally, for automated image analysis to take off, significant changes in medical legislation and health insurance will be necessary.

Pathology and other digitally oriented elements of medicine have similar reasons. We are unlikely to see significant changes in healthcare employment in the next 20 years or so as a result of AI. There's also a chance that new occupations may be generated in order to support and develop AI technology. However, if human employment remains stable or grows, AI technologies are unlikely to significantly reduce medical diagnosis and treatment costs during that time period.

## **Ethical implications**

Finally, the use of artificial intelligence in healthcare creates a host of ethical difficulties. Questions of responsibility, transparency, consent, and privacy arise when smart devices are used to make or assist in healthcare decisions.

Perhaps the most difficult obstacle to overcome with today's technologies is transparency. Many AI systems, especially deep learning algorithms employed in picture analysis, are very hard to understand or analyse. When a patient learns that a picture was used to diagnose cancer, he or she is virtually guaranteed to be perplexed. Even therapists with a rudimentary knowledge of how deep learning algorithms function could be stumped as to why..

AI systems are almost certain to make errors in patient diagnosis and treatment, and holding them responsible will be challenging. In addition, instead of a caring practitioner, patients are increasingly likely to obtain medical information from AI systems. Algorithmic bias may occur in machine learning algorithms in healthcare, such as forecasting a higher risk of disease based on gender or ethnicity when those factors aren't the core reasons.

With AI in healthcare, we'll witness a lot of ethical, medical, occupational, and technological changes. Healthcare organisations, as well as government and regulatory agencies, must develop processes to identify serious concerns, respond appropriately, and apply governance measures to limit negative consequences. Because this is one of humanity's most powerful and important inventions. it will require continual attention and good governance for a long time.

## The Scope of AI in Healthcare

Artificial intelligence (AI) will, we believe, play a significant role in future healthcare products. Precision medicine is widely recognised as a much-needed breakthrough in healthcare, and it is a vital competence that underlies its progress.

Despite early attempts at diagnosis and therapy advice being tough, we believe AI will eventually grasp this domain as well. Thanks to considerable advancements in AI for imaging analysis, most radiology and pathology pictures are expected to be reviewed by a computer at some time in the future.

Speech and text recognition are already being used to communicate with patients and gather clinical notes, and this trend is expected to grow. In many healthcare disciplines, the most challenging challenge for AI is ensuring its acceptability in daily clinical practise, rather than establishing if the technologies are powerful enough to be effective. In order to achieve widespread acceptance, AI systems must be approved by regulators, integrated to EHR systems, standardised to the point that identical products perform in the same way, taught to physicians, paid for by public or commercial payer organisations, and updated in the field over time. These roadblocks will be addressed eventually, but it will take far longer than the technology itself to evolve.

As a result, we expect limited AI application in clinical practise over the next five years, followed by more widespread acceptance over the next decade.

It's also becoming clear that AI systems will not entirely replace human physicians, but will rather supplement their efforts. Human physicians may establish activities and job designs in the future that rely on basically human qualities like empathy, persuasion, and big-picture thinking. In the long term, those who refuse to work with AI may be the only ones who lose their employment.

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