How to Clean Your Shoes Step by Step

**1.Use a Dry Brush**

Remove loose dirt from the outsole, midsole, and uppers using a dry, soft-bristled shoe brush. No shoe brush? No problem, an old toothbrush works fine.

**2.Make a Mild Cleaning Solution**

Mix warm water with a small amount of mild laundry detergent or dish soap. For white and lighter colored shoes, you can also make an effective cleaning paste by mixing equal parts baking soda and water.

**3.Hand Wash the Laces**

Remove the shoelaces and apply a small amount of the mild cleaning solution to them. Massage the laces with your hands, rinse, then dab dry with a soft cloth.

**4.Wash the Soles**

Apply the mild solution to a soft-bristled brush, toothbrush or a wash cloth. Clean the outsole and midsole thoroughly, taking your time to clean every part of the soles. Dry with a soft cloth.

Note: If you need to wash your insoles, remove them first and clean with your solution, making sure to give them time to dry before putting them back into your shoes.

**5.Wash and Blot the Uppers**

Use the mild solution and a soft-bristled brush, toothbrush, or a soft damp cloth to clean the uppers. Take your time and don't scrub too hard.

When you're satisfied with the look, use a dry microfiber towel or soft cloth to blot and lift as much soapy moisture and dirt as possible. Repeat if necessary. Try to avoid drying by rubbing as it can wear down the shoe fabric or spread any remaining small bits of dirt.

**6.Air Dry**

Air dry your sneakers at room temperature. Always allow your shoes to dry completely before wearing them for your next workout or activity. For most shoes, it should take at least 8 hours to fully dry.