1/19/2024

Project Details

Dr Waqas Ahmed

## Group Members

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- **Abdullah Tareen 210690**
- **Saim Ahmed 210681**
- **Dua Asif 210705**

## Our Project

**Gym Management System**

The Gym Management System is a comprehensive solution designed to streamline the operations of a fitness center. This system incorporates a robust database structure and a user-friendly web interface to manage various aspects of the gym, including member information, staff management, equipment tracking, class scheduling, attendance monitoring, payment processing, and more.

### Key Features

### Member Management:

- Capture and store member details, including personal information, contact details, and membership type.

- Track membership start dates, renewals, and member-specific health assessments.

### Staff Management:

- Manage gym staff information, including roles, responsibilities, and hire dates.

- Assign and schedule tasks for staff members.

### Equipment Tracking:

- Maintain an inventory of gym equipment with details on purchase dates, maintenance schedules, and current status.

- Receive alerts for equipment maintenance and updates.

### Class Scheduling:

- Create and manage fitness classes with details on class names, instructors, schedules, and maximum capacities.

- Allow members to register for classes online.

### Attendance Monitoring:

- Track member attendance for each class.

- Generate attendance reports for staff and members.

### Payment Processing:

- Handle member payments securely with various payment methods.

- Provide a detailed payment history for members and staff.

### Instructors Schedule:

- Create schedules for fitness instructors with information on classes and timings.

### Workout Plans:

- Offer predefined workout plans with descriptions and associated exercises.

- Allow members to personalize their workout plans based on fitness goals.

### Health Assessment:

- Record and monitor health assessment details for each member, including BMI and other health metrics.

### Feedback System:

- Collect feedback from members about classes, equipment, and overall gym experience.

- Provide a platform for staff to review and respond to member feedback.

### Gym Locations:

- Maintain information on different gym locations, including addresses, contact details, and facilities.

### Membership Types:

- Define and manage various membership types with details on benefits and pricing.

### Web Interface:

- A responsive and user-friendly website accessible to both members and staff.

- Personalized dashboards for members and staff to view relevant information.

- Admin panel for administrative tasks, including database management and user permissions.

### Security Measures:

- User authentication and authorization to ensure data security.

- Encrypted communication for sensitive information.

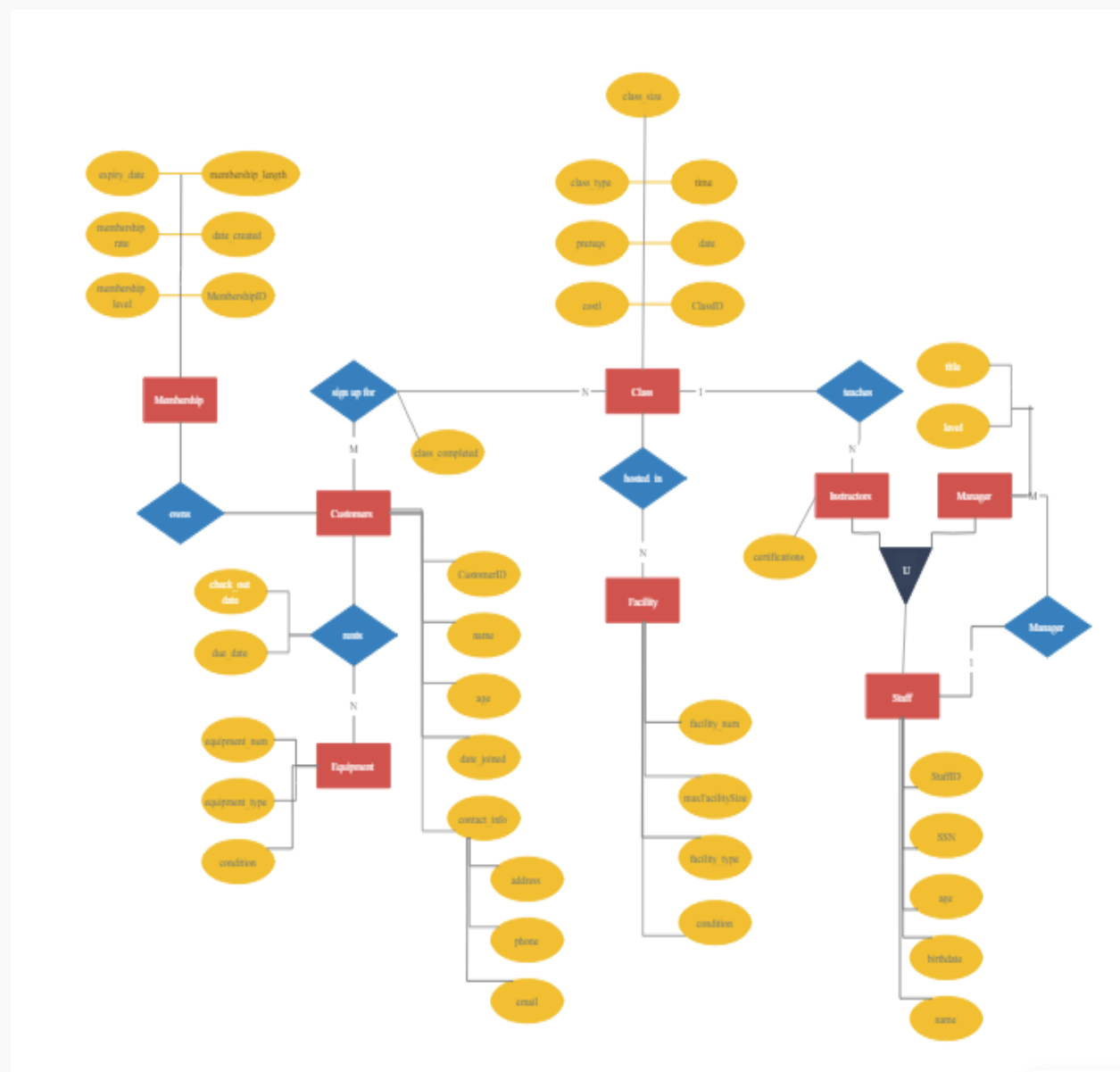- Regular backups to prevent data loss.

### Technology Stack:

- Database: MySQL, PostgreSQL, or any preferred relational database management system.

- Backend: PHP, Python (Django/Flask), or Node.js.

- Frontend: HTML5, CSS3, JavaScript (React, Angular, or Vue.js).

- Additional tools: Payment gateway integration, charting libraries for data visualization.

The Gym Management System is designed to enhance the efficiency of gym operations, provide a seamless experience for members, and empower staff with tools to manage daily tasks effectively. It aims to create a well-organized and technologically advanced environment for both fitness enthusiasts and gym administrators.

## ER Diagram

## Data Dictionary

# Database Details

## Tables



## Members



| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | MEMBERID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | FIRSTNAME | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
| 3 | LASTNAME | VARCHAR2(50 BYTE) | No | (null) | 3 | (null) |
| 4 | DATEOFBIRTH | DATE | No | (null) | 4 | (null) |
| 5 | EMAIL | VARCHAR2(255 BYTE) | No | (null) | 5 | (null) |
| 6 | PHONENUM | VARCHAR2(20 BYTE) | No | (null) | 6 | (null) |
| 7 | MEMBERSHIPTYPEID | NUMBER(38,0) | No | (null) | 7 | (null) |

## Staff



| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | STAFFID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | FIRSTNAME | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
| 3 | LASTNAME | VARCHAR2(50 BYTE) | No | (null) | 3 | (null) |
| 4 | JOBTITLE | VARCHAR2(50 BYTE) | No | (null) | 4 | (null) |
| 5 | EMAIL | VARCHAR2(255 BYTE) | No | (null) | 5 | (null) |
| 6 | PHONENUM | VARCHAR2(20 BYTE) | No | (null) | 6 | (null) |
| 7 | STARTDATE | DATE | No | (null) | 7 | (null) |
| 8 | EQUIPMENTID | NUMBER(38,0) | Yes | (null) | 8 | (null) |

## Equipment

| | Columns | Data | Model | Constraints | Grants | Statistics | Triggers | Flashback | Dependencies | Details | Partitions | Indexes | SQL |

Actions...

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | EQUIPMENTID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | EQUIPMENTNAME | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
| 3 | EQUIPMENTTYPE | VARCHAR2(50 BYTE) | No | (null) | 3 | (null) |
| 4 | LOCATIONID | NUMBER(38,0) | Yes | (null) | 4 | (null) |

## Classes

| | Columns | Data | Model | Constraints | Grants | Statistics | Triggers | Flashback | Dependencies | Details | Partitions | Indexes | SQL |

Actions...

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | CLASSID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | CLASSNAME | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
| 3 | INSTRUCTORID | NUMBER(38,0) | No | (null) | 3 | (null) |
| 4 | STARTDATE | DATE | No | (null) | 4 | (null) |
| 5 | ENDDATE | DATE | No | (null) | 5 | (null) |
| 6 | TYPE | VARCHAR2(50 BYTE) | No | (null) | 6 | (null) |
| 7 | EQUIPMENTID | NUMBER(38,0) | Yes | (null) | 7 | (null) |

## Attendance

| | Columns | Data | Model | Constraints | Grants | Statistics | Triggers | Flashback | Dependencies | Details | Partitions | Indexes | SQL |

Actions...

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | ATTENDANCEID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | CLASSID | NUMBER(38,0) | No | (null) | 3 | (null) |
| 4 | ATTENDANCEDATE | DATE | No | (null) | 4 | (null) |

## Payments

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | PAYMENTID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | PAYMENTAMOUNT | NUMBER(10,2) | No | (null) | 3 | (null) |
| 4 | PAYMENTDATE | DATE | No | (null) | 4 | (null) |
| 5 | PAYMENTMETHOD | VARCHAR2(50 BYTE) | No | (null) | 5 | (null) |

## Instructors Schedule

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | SCHEDULEID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | STAFFID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | CLASSID | NUMBER(38,0) | No | (null) | 3 | (null) |
| 4 | SCHEDULEDATE | DATE | No | (null) | 4 | (null) |

## Workout Plans

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | WORKOUTPLANID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | PLANNAME | VARCHAR2(50 BYTE) | No | (null) | 3 | (null) |
| 4 | DESCRIPTION | CLOB | Yes | (null) | 4 | (null) |

## Health Assessment

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | ASSESSMENTID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | HEIGHT | NUMBER(10,2) | No | (null) | 3 | (null) |
| 4 | WEIGHT | NUMBER(10,2) | No | (null) | 4 | (null) |
| 5 | BODYFATPERCENTAGE | NUMBER(5,2) | No | (null) | 5 | (null) |
| 6 | BLOODPRESSURE | VARCHAR2(20 BYTE) | No | (null) | 6 | (null) |

## Feedback

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | FEEDBACKID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERID | NUMBER(38,0) | No | (null) | 2 | (null) |
| 3 | FEEDBACKDATE | DATE | No | (null) | 3 | (null) |
| 4 | FEEDBACKTEXT | CLOB | Yes | (null) | 4 | (null) |

## Gym Locations
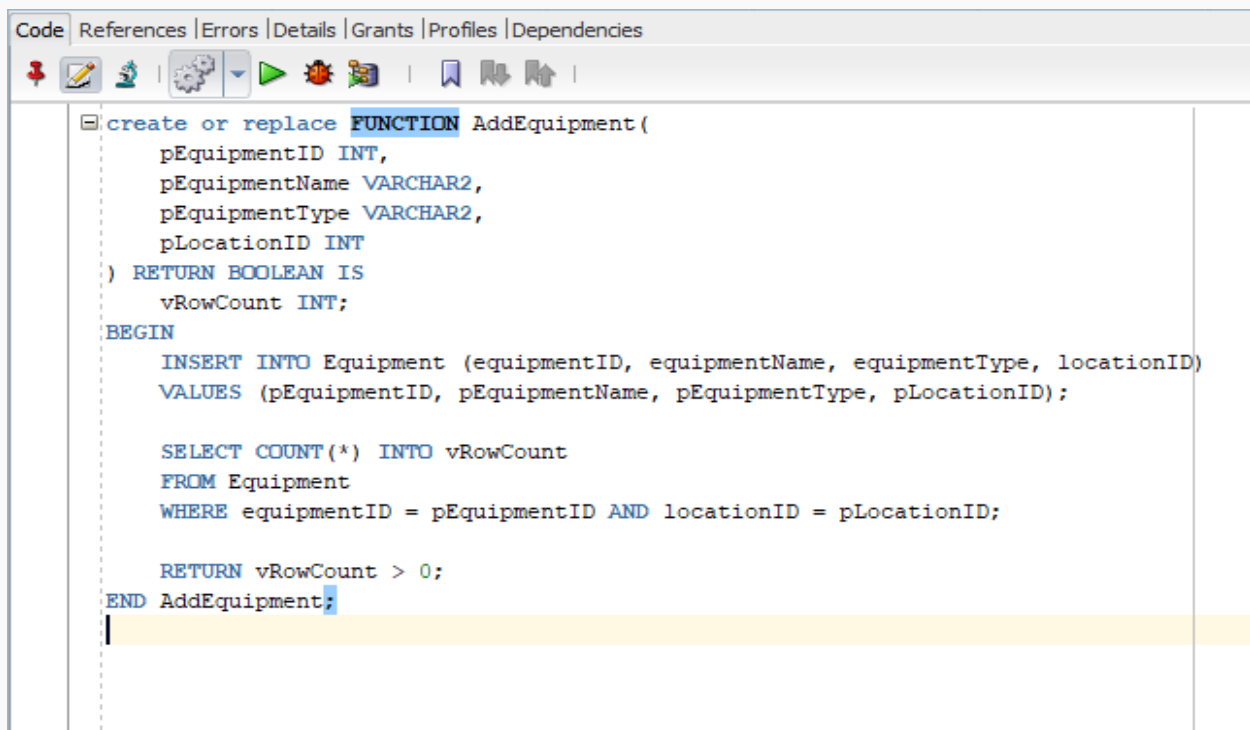
| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | LOCATIONID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | LOCATIONNAME | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
| 3 | ADDRESS | VARCHAR2(255 BYTE) | No | (null) | 3 | (null) |
| 4 | CITY | VARCHAR2(50 BYTE) | No | (null) | 4 | (null) |
| 5 | STATE | VARCHAR2(2 BYTE) | No | (null) | 5 | (null) |
| 6 | ZIPCODE | VARCHAR2(5 BYTE) | No | (null) | 6 | (null) |
| 7 | EQUIPMENTID | NUMBER(38,0) | Yes | (null) | 7 | (null) |

## Membership Types
## Function

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS |
|---|---|---|---|---|---|---|
| 1 | MEMBERSHIPTYPEID | NUMBER(38,0) | No | (null) | 1 | (null) |
| 2 | MEMBERSHIPTYPE | VARCHAR2(50 BYTE) | No | (null) | 2 | (null) |
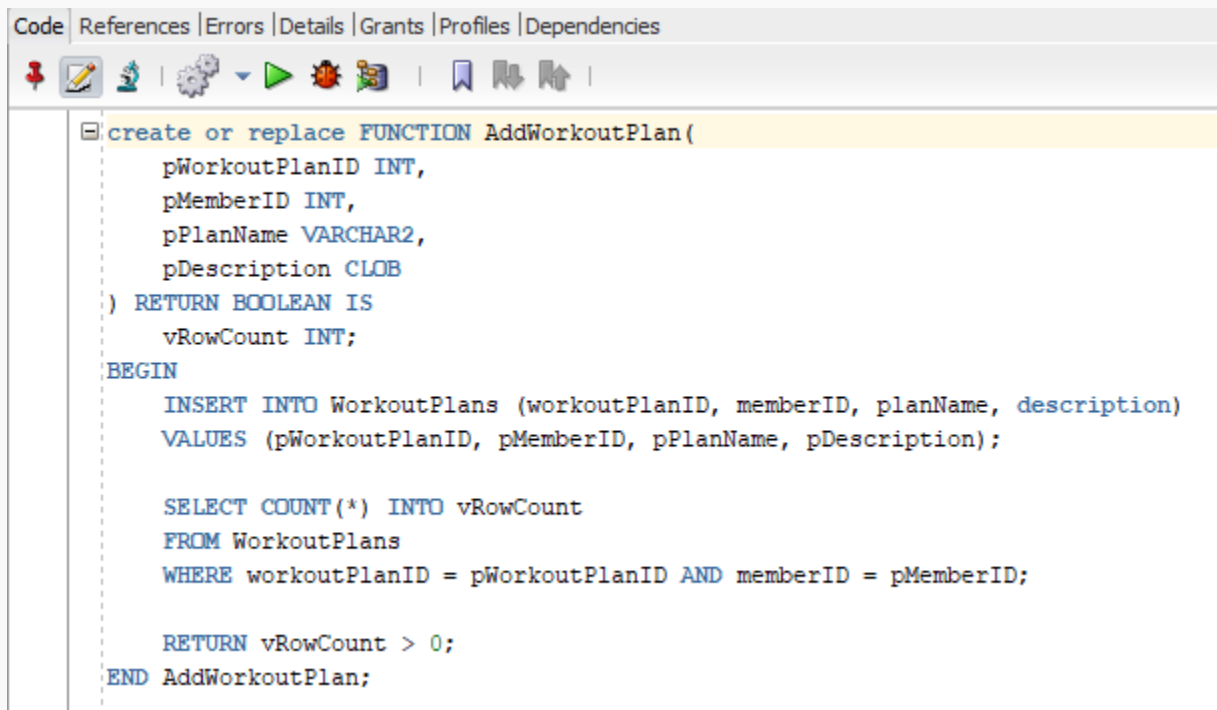
## dd-Equipment

```
Code | References | Errors | Details | Grants | Profiles | Dependencies

create or replace FUNCTION AddEquipment(
    pEquipmentID INT,
    pEquipmentName VARCHAR2,
    pEquipmentType VARCHAR2,
    pLocationID INT
) RETURN BOOLEAN IS
    vRowCount INT;
BEGIN
    INSERT INTO Equipment (equipmentID, equipmentName, equipmentType, locationID)
    VALUES (pEquipmentID, pEquipmentName, pEquipmentType, pLocationID);

    SELECT COUNT(*) INTO vRowCount
    FROM Equipment
    WHERE equipmentID = pEquipmentID AND locationID = pLocationID;

    RETURN vRowCount > 0;
END AddEquipment;
```
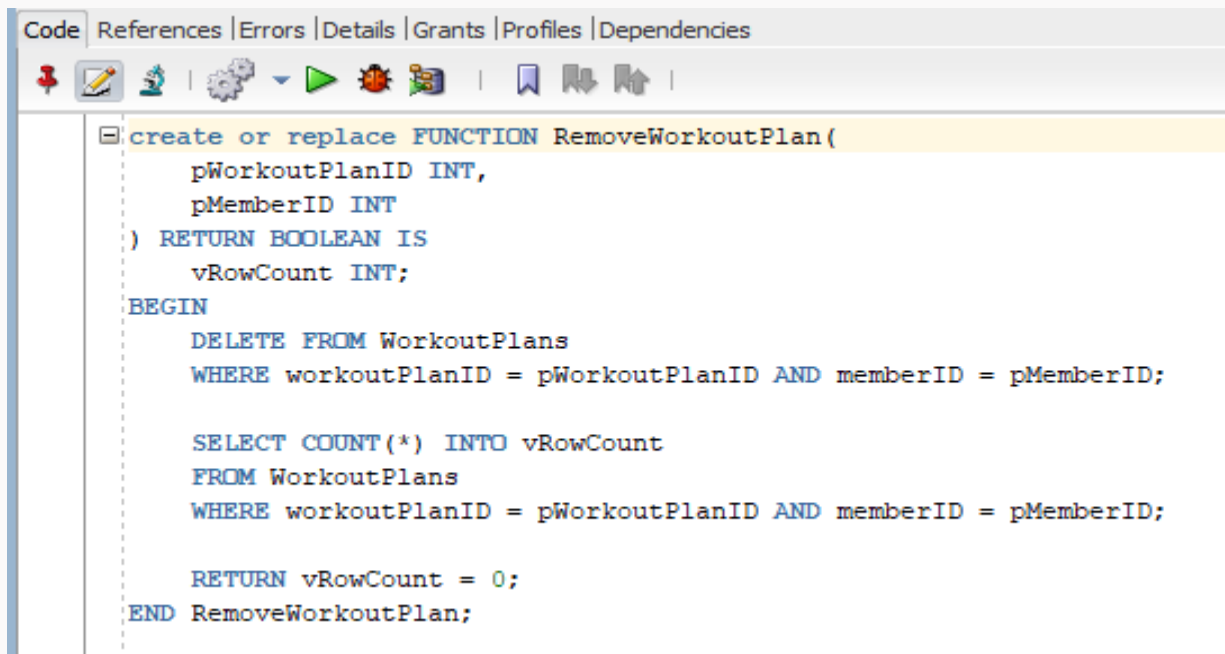
## addWorkOutPlan

```
Code | References | Errors | Details | Grants | Profiles | Dependencies

create or replace FUNCTION AddWorkoutPlan(
    pWorkoutPlanID INT,
    pMemberID INT,
    pPlanName VARCHAR2,
    pDescription CLOB
) RETURN BOOLEAN IS
    vRowCount INT;
BEGIN
    INSERT INTO WorkoutPlans (workoutPlanID, memberID, planName, description)
    VALUES (pWorkoutPlanID, pMemberID, pPlanName, pDescription);

    SELECT COUNT(*) INTO vRowCount
    FROM WorkoutPlans
    WHERE workoutPlanID = pWorkoutPlanID AND memberID = pMemberID;

    RETURN vRowCount > 0;
END AddWorkoutPlan;
```
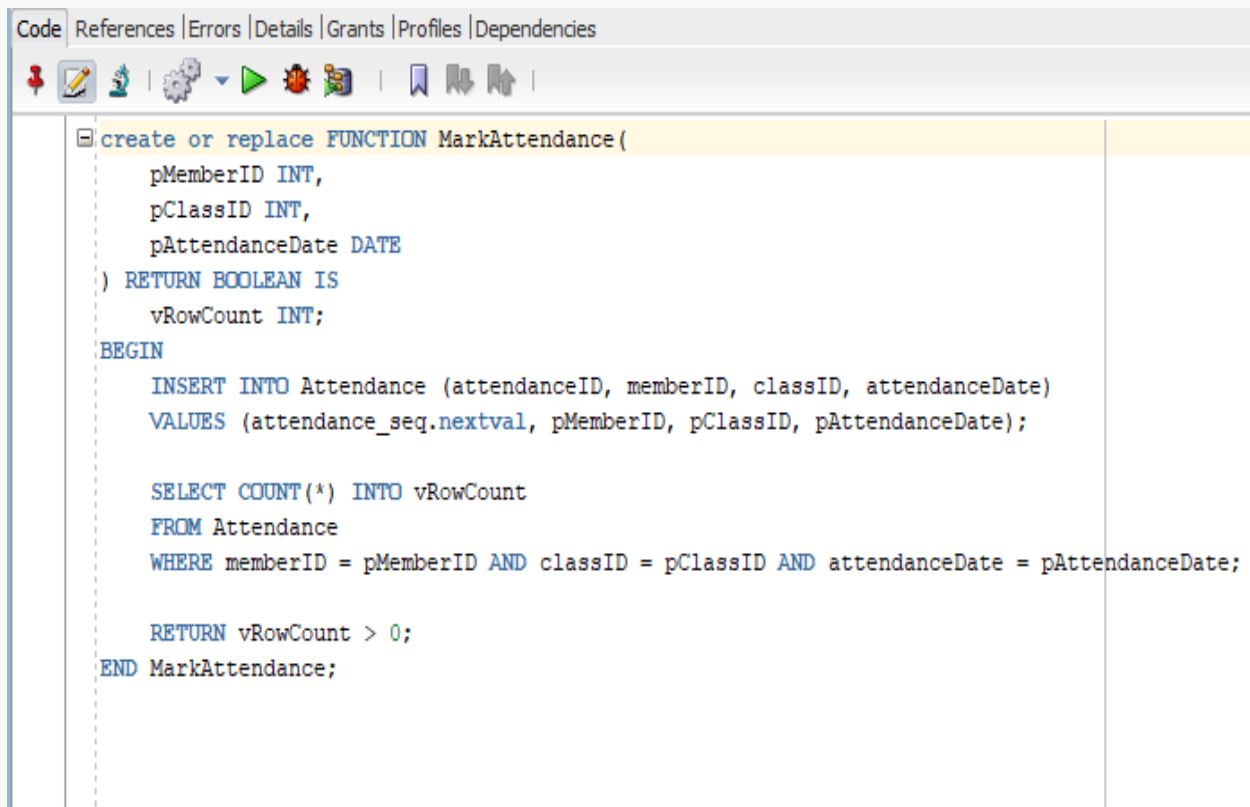
removeWorkOutPlan

```
Code  References │Errors │Details │Grants │Profiles │Dependencies

create or replace FUNCTION RemoveWorkoutPlan(
    pWorkoutPlanID INT,
    pMemberID INT
) RETURN BOOLEAN IS
    vRowCount INT;
BEGIN
    DELETE FROM WorkoutPlans
    WHERE workoutPlanID = pWorkoutPlanID AND memberID = pMemberID;

    SELECT COUNT(*) INTO vRowCount
    FROM WorkoutPlans
    WHERE workoutPlanID = pWorkoutPlanID AND memberID = pMemberID;

    RETURN vRowCount = 0;
END RemoveWorkoutPlan;
```

markAttendance

```
Code  References │Errors │Details │Grants │Profiles │Dependencies

create or replace FUNCTION MarkAttendance(
    pMemberID INT,
    pClassID INT,
    pAttendanceDate DATE
) RETURN BOOLEAN IS
    vRowCount INT;
BEGIN
    INSERT INTO Attendance (attendanceID, memberID, classID, attendanceDate)
    VALUES (attendance_seq.nextval, pMemberID, pClassID, pAttendanceDate);

    SELECT COUNT(*) INTO vRowCount
    FROM Attendance
    WHERE memberID = pMemberID AND classID = pClassID AND attendanceDate = pAttendanceDate;

    RETURN vRowCount > 0;
END MarkAttendance;
```

## cancelMembership

```
Code | References | Errors | Details | Grants | Profiles | Dependencies

create or replace FUNCTION CancelMembership(
    pMemberID INT
) RETURN BOOLEAN IS
    vRowCount INT;
BEGIN
    DELETE FROM Members
    WHERE memberID = pMemberID;

    SELECT COUNT(*) INTO vRowCount
    FROM Members
    WHERE memberID = pMemberID;

    RETURN vRowCount = 0;
END CancelMembership;
```

## Views

### Attendance View

Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors

| | ATTENDANCEID | MEMBERID | CLASSID | ATTENDANCEDATE |
|---|---|---|---|---|
| 1 | 1 | 1 | 1 | 15-JAN-24 |
| 2 | 2 | 2 | 2 | 05-MAR-24 |
| 3 | 4 | 4 | 4 | 15-MAR-24 |
| 4 | 3 | 3 | 3 | 20-FEB-24 |
| 5 | 5 | 5 | 5 | 25-FEB-24 |
| 6 | 6 | 6 | 6 | 31-MAR-24 |

### Members View

Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors

| | MEMBERID | FIRSTNAME | LASTNAME | DATEOFBIRTH | EMAIL | PHONENUM | MEMBERSHIPTYPEID |
|---|---|---|---|---|---|---|---|
| 1 | 1 | John | Doe | 01-JAN-90 | john@example.com | 1234567890 | 1 |
| 2 | 2 | Sophia | Anderson | 12-MAY-85 | sophia@example.com | 4445556677 | 2 |
| 3 | 3 | James | Wilson | 30-SEP-95 | james@example.com | 9991112233 | 3 |
| 4 | 4 | Emma | Taylor | 18-DEC-88 | emma@example.com | 7778889900 | 4 |
| 5 | 5 | Oliver | Clark | 08-MAR-73 | oliver@example.com | 2223334455 | 5 |
| 6 | 6 | Ava | Martinez | 22-JUL-98 | ava@example.com | 6667778899 | 1 |

## Staff View

| Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors |

| | STAFFID | FIRSTNAME | LASTNAME | JOBTITLE | EMAIL | PHONENUM | STARTDATE | EQUIPMENTID |
|---|---|---|---|---|---|---|---|---|
| 1 | 1 | Jane | Smith | Instructor | jane@example.com | 9876543210 | 01-JAN-20 | 1 |
| 2 | 2 | Alice | Johnson | Trainer | alice@example.com | 1234567890 | 15-MAR-21 | 1 |
| 3 | 3 | Bob | Williams | Instructor | bob@example.com | 9876543210 | 20-MAY-22 | 2 |
| 4 | 4 | Charlie | Miller | Front Desk | charlie@example.com | 5551237890 | 10-JUL-23 | 3 |
| 5 | 5 | Eva | Brown | Trainer | eva@example.com | 1112223344 | 25-AUG-21 | 4 |
| 6 | 6 | David | Davis | Front Desk | david@example.com | 9998887766 | 01-DEC-22 | 5 |

## Equipment View

| Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors |

| | EQUIPMENTID | EQUIPMENTNAME | EQUIPMENTTYPE | LOCATIONID |
|---|---|---|---|---|
| 1 | 1 | Treadmill | Cardio | 1 |
| 2 | 2 | Elliptical Machine | Cardio | 1 |
| 3 | 3 | Dumbbells Set | Strength | 2 |
| 4 | 4 | Dance Floor | Dance | 3 |
| 5 | 5 | Yoga Mats | Yoga | 4 |
| 6 | 6 | Stationary Bike | Cardio | 5 |

## Classes View

| Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors |

| | CLASSID | CLASSNAME | INSTRUCTORID | STARTDATE | ENDDATE | TYPE | EQUIPMENTID |
|---|---|---|---|---|---|---|---|
| 1 | 1 | Yoga Class | 1 | 01-JAN-24 | 01-FEB-24 | Yoga | 1 |
| 2 | 2 | Cardio Blast | 2 | 01-MAR-24 | 30-MAR-24 | Cardio | 1 |
| 3 | 4 | Zumba Dance | 3 | 20-FEB-24 | 20-MAR-24 | Dance | 1 |
| 4 | 3 | Strength Training | 4 | 15-FEB-24 | 15-MAR-24 | Strength | 2 |
| 5 | 5 | Yoga Meditation | 2 | 25-FEB-24 | 25-MAR-24 | Yoga | 3 |
| 6 | 6 | Spinning Class | 5 | 05-MAR-24 | 31-MAR-24 | Cardio | 4 |

## Payments View

| Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors |

| | PAYMENTID | MEMBERID | PAYMENTAMOUNT | PAYMENTDATE | PAYMENTMETHOD |
|---|---|---|---|---|---|
| 1 | 1 | 1 | 50 | 15-JAN-24 | Credit Card |
| 2 | 2 | 2 | 75 | 05-MAR-24 | Credit Card |
| 3 | 3 | 3 | 100 | 20-FEB-24 | PayPal |
| 4 | 4 | 4 | 60 | 15-MAR-24 | Credit Card |
| 5 | 5 | 5 | 80 | 25-FEB-24 | Cash |
| 6 | 6 | 6 | 120 | 31-MAR-24 | Credit Card |

## Instructors Schedule View

| | COLUMN_NAME | DATA_TYPE | NULLABLE | DATA_DEFAULT | COLUMN_ID | COMMENTS | INSERTABLE | UPDATABLE | DELETABLE |
|---|---|---|---|---|---|---|---|---|---|
| 1 | SCHEDULEID | NUMBER(38) | No | (null) | 1 | (null) | YES | YES | YES |
| 2 | STAFFID | NUMBER(38) | No | (null) | 2 | (null) | YES | YES | YES |
| 3 | CLASSID | NUMBER(38) | No | (null) | 3 | (null) | YES | YES | YES |
| 4 | SCHEDULEDATE | DATE | No | (null) | 4 | (null) | YES | YES | YES |

## Workout Plans View

| | WORKOUTPLANID | MEMBERID | PLANNAME | DESCRIPTION |
|---|---|---|---|---|
| 1 | 1 | 1 | Weight Loss Plan | Custom workout plan for weight loss. |
| 2 | 2 | 2 | Muscle Gain Plan | Custom workout plan for muscle gain. |
| 3 | 3 | 3 | Flexibility Plan | Tailored exercises to improve flexibility. |
| 4 | 4 | 4 | Cardiovascular Plan | High-intensity cardio workouts for improved cardiovascular health. |
| 5 | 5 | 5 | Weight Management Plan | Balanced workouts for weight management. |
| 6 | 6 | 6 | Strength and Endurance Plan | Combination of strength training and endurance exercises. |

## Health Assessment View

| | ASSESSMENTID | MEMBERID | HEIGHT | WEIGHT | BODYFATPERCENTAGE | BLOODPRESSURE |
|---|---|---|---|---|---|---|
| 1 | 1 | 1 | 160.5 | 65.2 | 20 | 120/80 |
| 2 | 2 | 2 | 175 | 70.5 | 15.5 | 130/75 |
| 3 | 3 | 3 | 160 | 55 | 22 | 118/82 |
| 4 | 4 | 4 | 185.5 | 80 | 18 | 140/90 |
| 5 | 5 | 5 | 150 | 65 | 20 | 125/80 |
| 6 | 6 | 6 | 162.5 | 68 | 25 | 110/70 |

## Feedback View

| | FEEDBACKID | MEMBERID | FEEDBACKDATE | FEEDBACKTEXT |
|---|---|---|---|---|
| 1 | 1 | 1 | 15-JAN-24 | Great class! |
| 2 | 2 | 2 | 05-MAR-24 | Fantastic trainer! Enjoyed every session. |
| 3 | 3 | 3 | 20-FEB-24 | Great variety in class routines. Fun atmosphere. |
| 4 | 4 | 4 | 15-MAR-24 | Helpful staff, clean equipment. Enjoying my workouts. |
| 5 | 5 | 5 | 25-FEB-24 | Friendly environment. Love the yoga classes. |
| 6 | 6 | 6 | 31-MAR-24 | Excellent facilities. Professional trainers. |

## Gym Locations View

Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors

Sort.. | Filter:

|  | LOCATIONID | LOCATIONNAME | ADDRESS | CITY | STATE | ZIPCODE | EQUIPMENTID |
|---|---|---|---|---|---|---|---|
| 1 | 1 | Main Gym | 123 Main St | City | CA | 12345 | 1 |
| 2 | 2 | Downtown Gym | 456 Center St | City | CA | 56789 | 2 |
| 3 | 3 | Eastside Fitness | 789 East Ave | Town | CA | 67890 | 3 |
| 4 | 4 | West End Health | 890 West Blvd | Village | CA | 78901 | 4 |
| 5 | 5 | North Fitness Center | 123 North St | City | CA | 89012 | 5 |
| 6 | 6 | Southside Gym | 234 South Ave | Town | CA | 90123 | 1 |
| 7 | 7 | Central Fitness | 567 Center Blvd | Metropolis | CA | 34567 | 2 |
| 8 | 8 | Northside Gym | 890 North Ave | Town | CA | 45678 | 3 |
| 9 | 9 | South Fitness Center | 123 South St | City | CA | 56789 | 4 |
| 10 | 10 | West Gym | 234 West Ave | Village | CA | 67890 | 5 |
| 11 | 11 | East Fitness | 789 East Blvd | City | CA | 78901 | 1 |

## Membership Types View

Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors

Sort.. | Filter:

|  | MEMBERSHIPTYPEID | MEMBERSHIPTYPE |
|---|---|---|
| 1 | 1 | Regular |
| 2 | 2 | Premium |
| 3 | 3 | VIP |
| 4 | 4 | Student |
| 5 | 5 | Senior |

## MemberPaymentWorkoutClasses View

Columns | Data | Grants | Dependencies | Details | Triggers | SQL | Errors

Sort.. | Filter:                                                                    ▼ Actions...

|  | FIRSTNAME | LASTNAME | EMAIL | PAYMENTAMOUNT | PAYMENTDATE | WORKOUTPLANNAME | WORKOUTPLANDESCRIPTION | CLASSNAME | CLASSSTARTDATE | CLASSENDDATE |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | John | Doe | john@example.com | 50 | 15-JAN-24 | Weight Loss Plan | Custom workout plan for weight loss. | Yoga Class | 01-JAN-24 | 01-FEB-24 |
| 2 | Sophia | Anderson | sophia@example.com | 75 | 05-MAR-24 | Muscle Gain Plan | Custom workout plan for muscle gain. | Cardio Blast | 01-MAR-24 | 30-MAR-24 |
| 3 | James | Wilson | james@example.com | 100 | 20-FEB-24 | Flexibility Plan | Tailored exercises to improve flexibility. | Zumba Dance | 20-FEB-24 | 20-MAR-24 |
| 4 | Emma | Taylor | emma@example.com | 60 | 15-MAR-24 | Cardiovascular Plan | High-intensity cardio workouts for improved cardiovascular health. | Strength Training | 15-FEB-24 | 15-MAR-24 |
| 5 | Sophia | Anderson | sophia@example.com | 75 | 05-MAR-24 | Muscle Gain Plan | Custom workout plan for muscle gain. | Yoga Meditation | 25-FEB-24 | 25-MAR-24 |
| 6 | Oliver | Clark | oliver@example.com | 80 | 25-FEB-24 | Weight Management Plan | Balanced workouts for weight management. | Spinning Class | 05-MAR-24 | 31-MAR-24 |
| 7 | Ava | Martinez | ava@example.com | 120 | 31-MAR-24 | Strength and Endurance Plan | Combination of strength training and endurance exercises. | (null) | (null) | (null) |

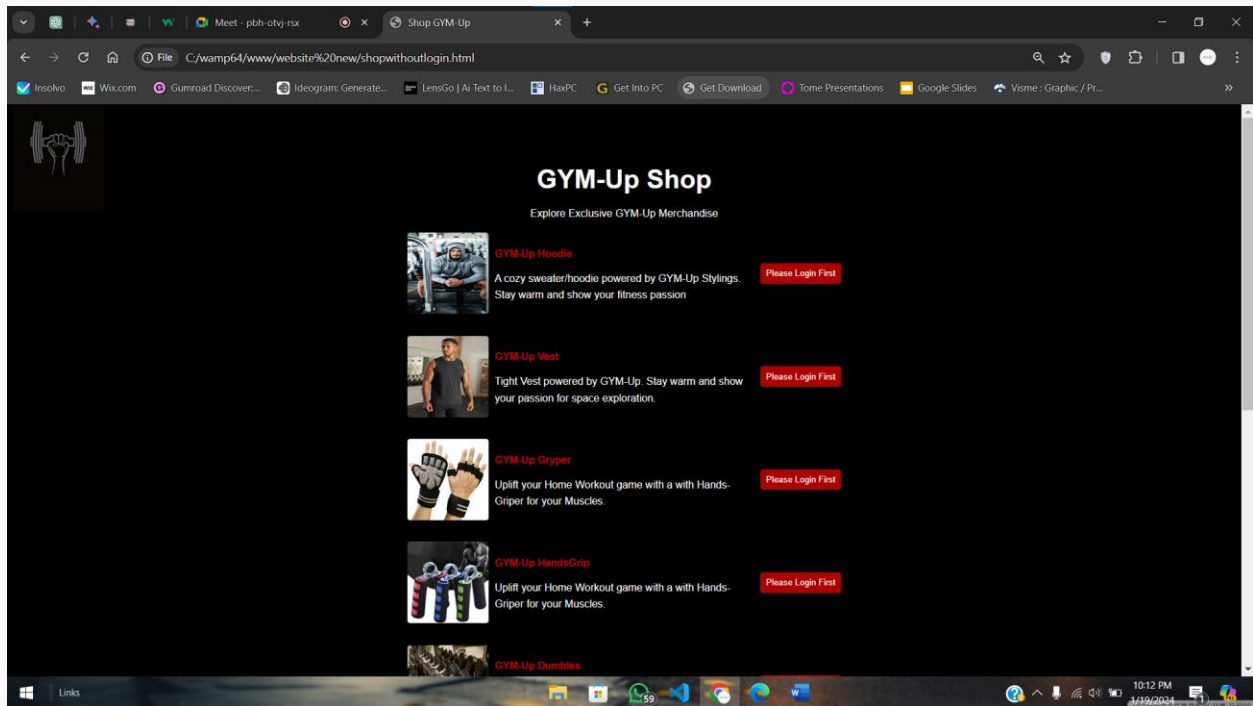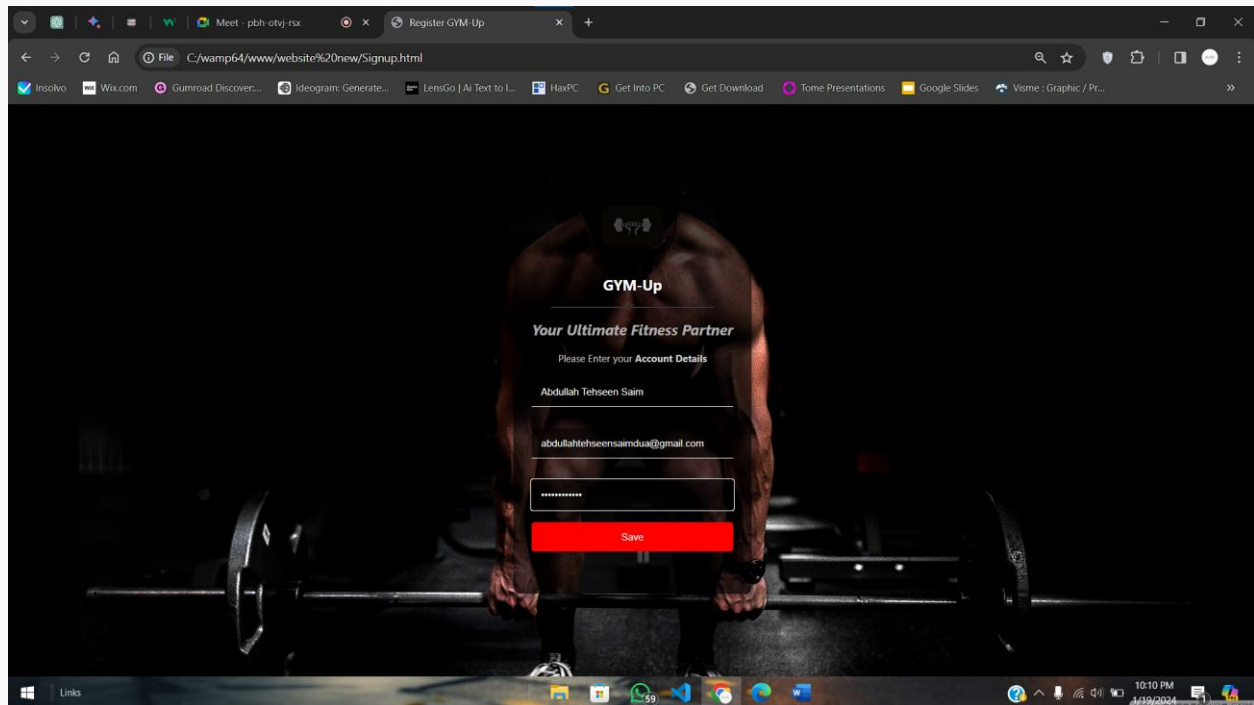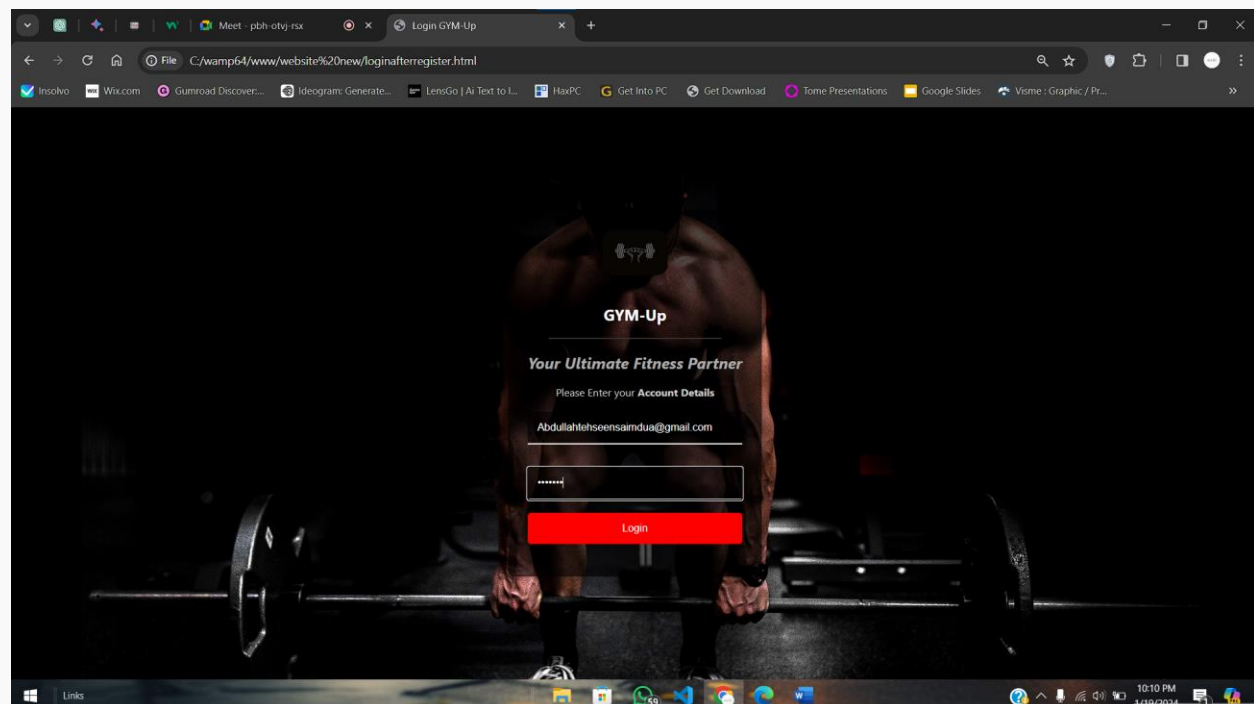# Website Details

Web starting Page
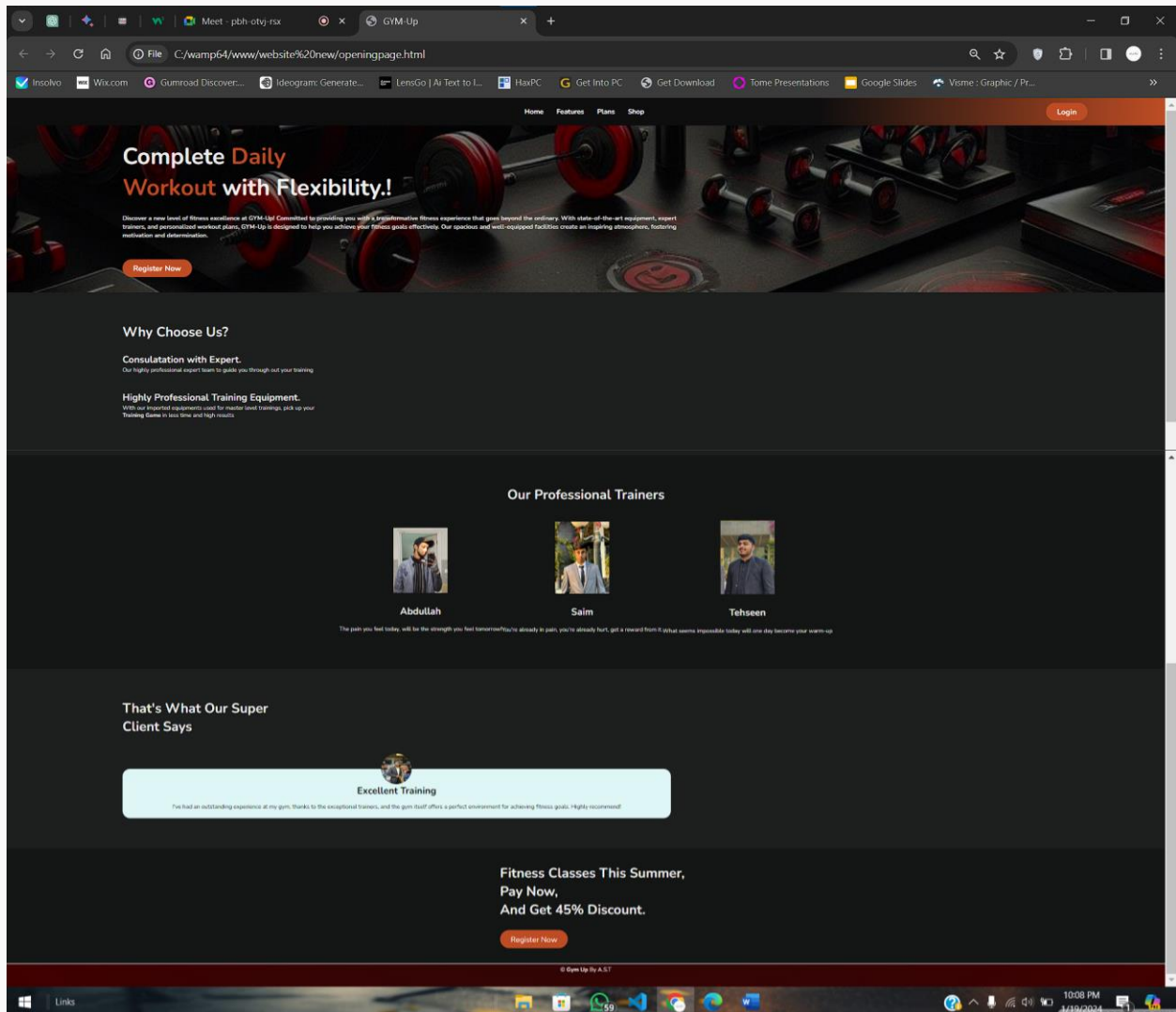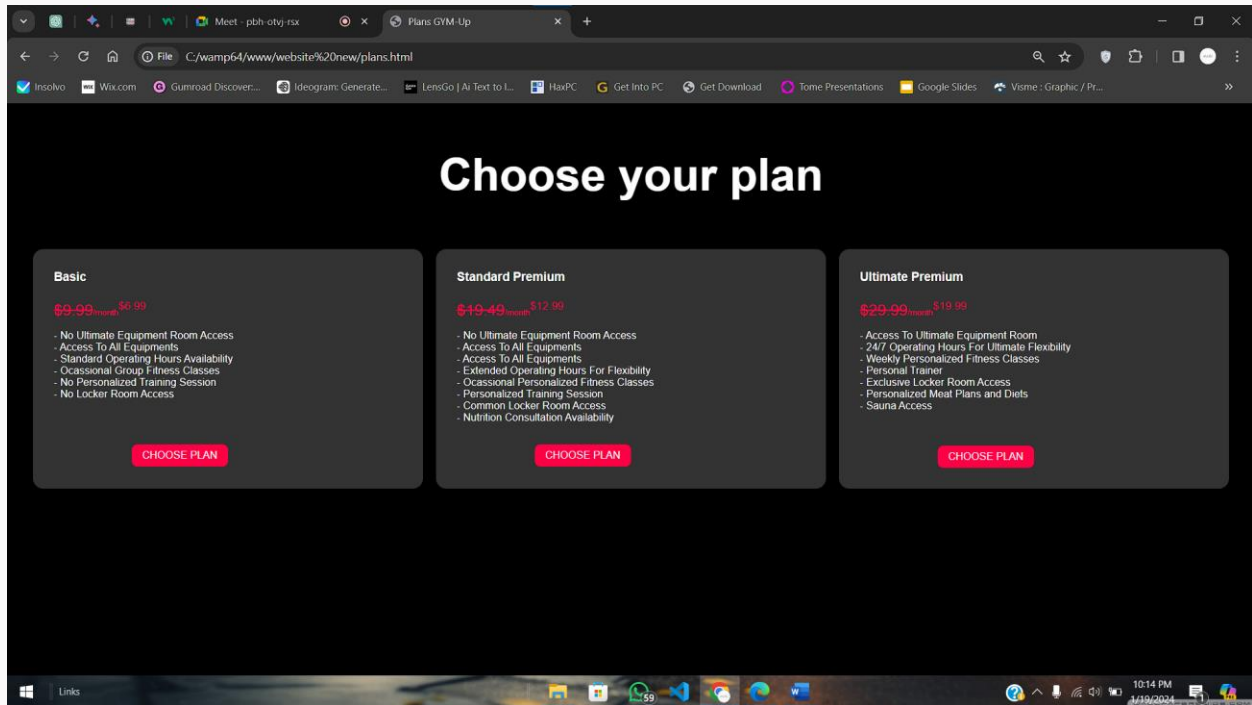
Shop as an Unregistered user.
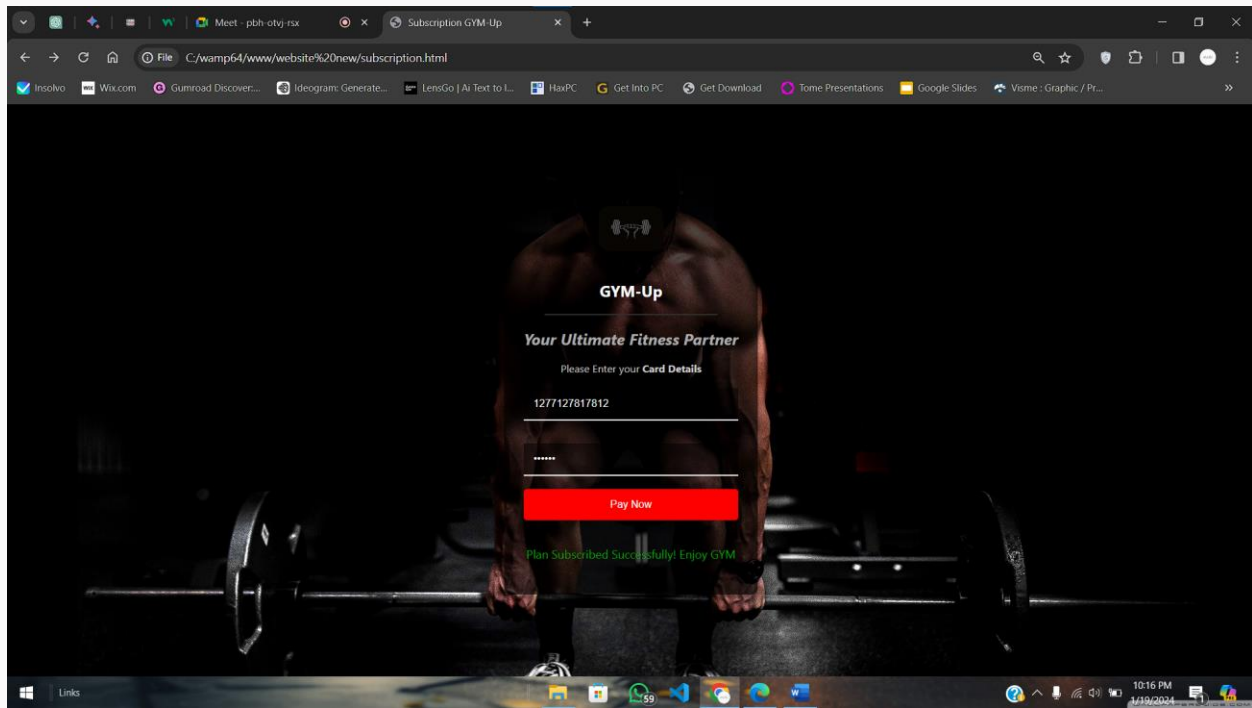
First, you have to Register yourself



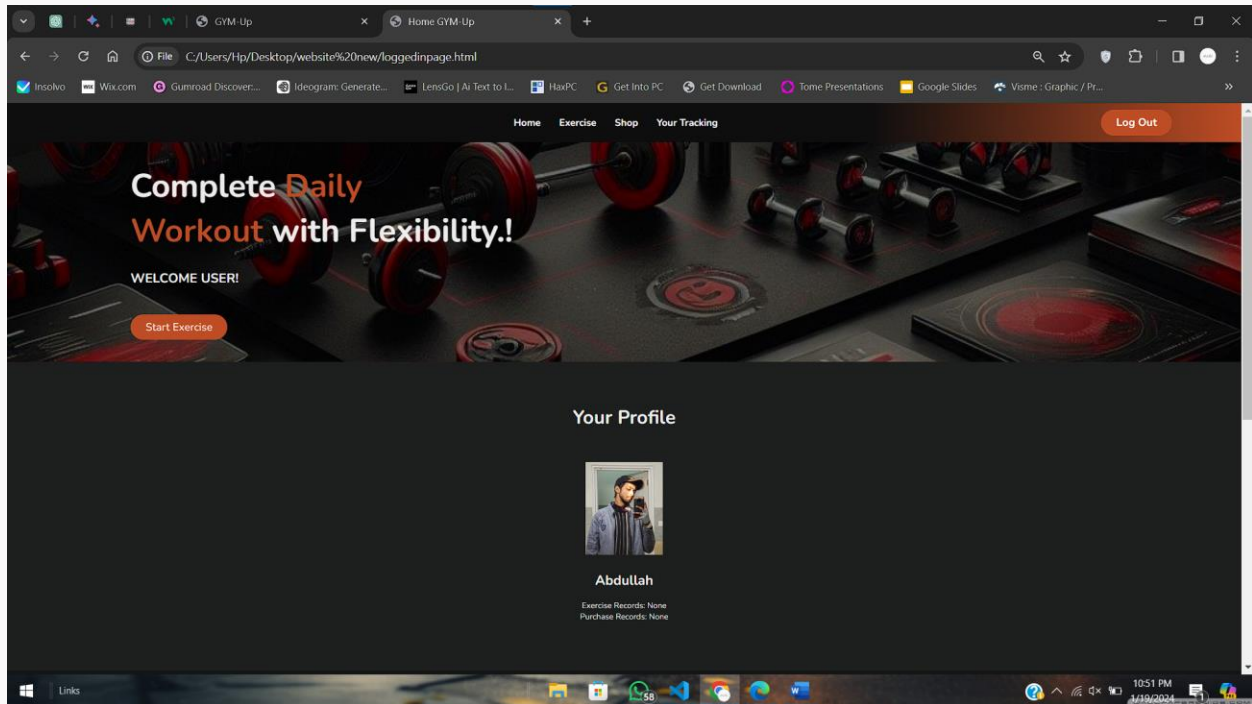After Registering, you will be redirected to the LOGIN Page

If logging in as a New account / subscription ends, you will need to subscribe a plan
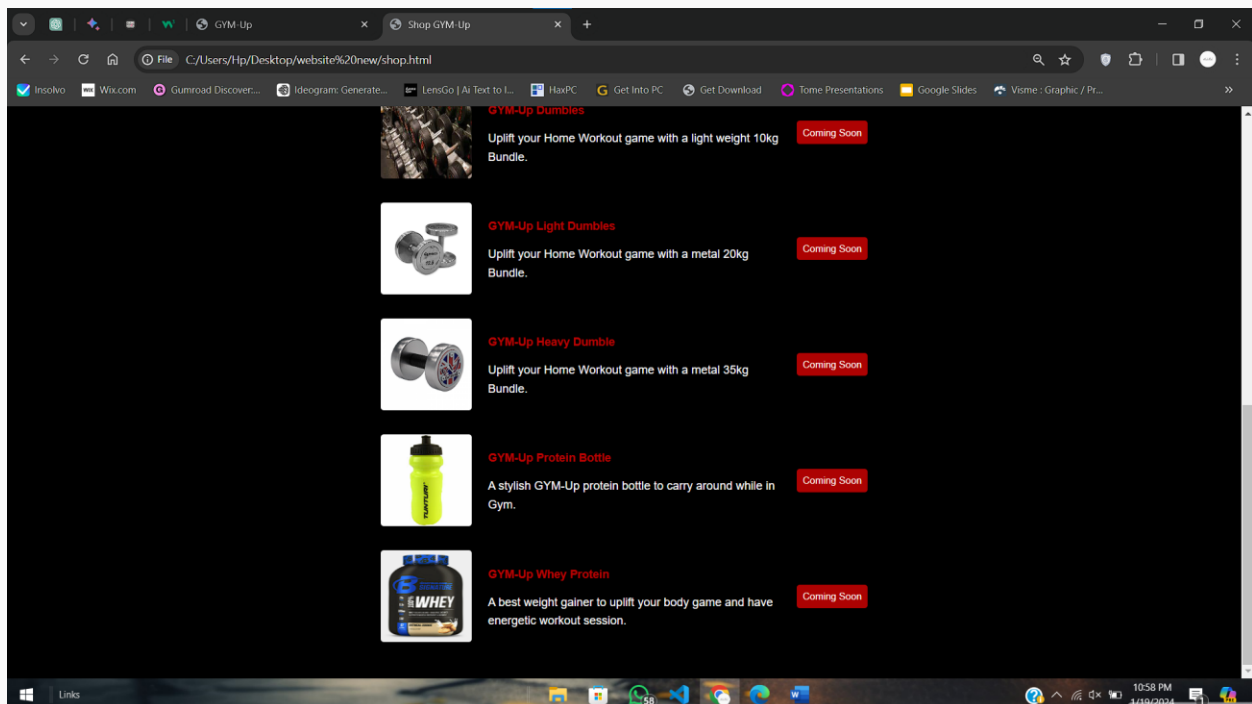Select a plan and it will redirect you to the subscription/payment page.



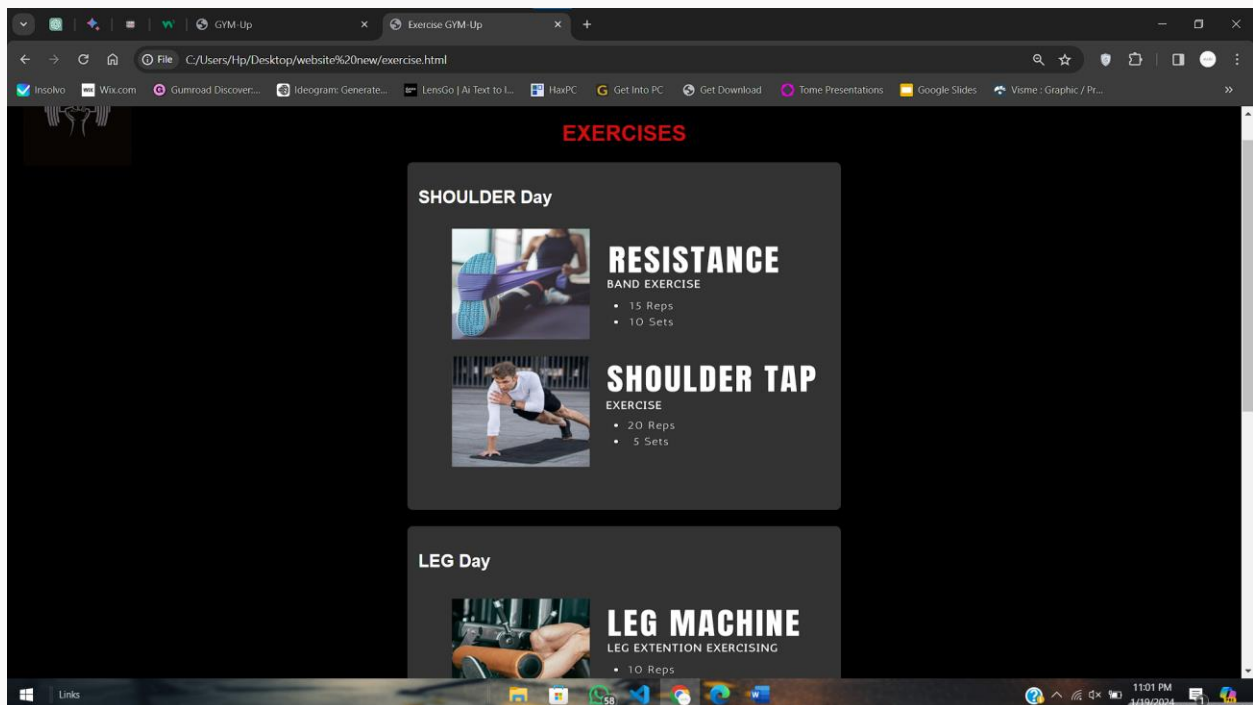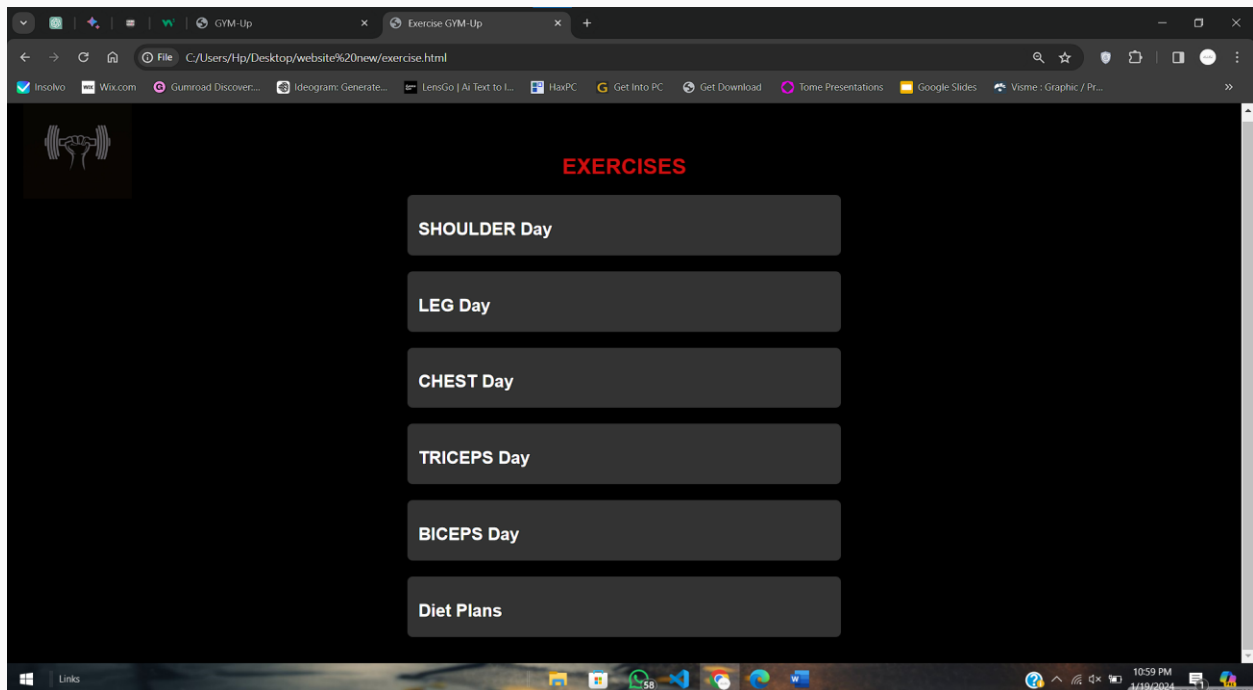Enter card details, and a payment success or failed message will appear.

And then, you will be redirected to your account.



Under Shop Section, you can buy our stuff.

Under Exercise Section,

Web Server and Database Runing on WAMP