

# Federal State Institution «Russian Research Institute of Traumatology and Orthopedics n.a. RR Vreden», Ministry of Health of the Russian Federation

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## Lectures, workshops, seminars & discussions

for the course

"Basic principles of long bone deformity correction according to Ilizarov" (with the Ortho-SUV Frame hexapod module)

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#### Lectures

- 1. Modern external fixation. Limb lengthening and reconstruction surgery. Basic requirements for deformity correction.
- 2. Method of unified designation of external fixation
- 3. Basic biomechanical principles of external fixation
- 4. Atlas for insertion of wires and pins reference positions
- 5. Reference lines and angles (RLA). Normal lower limb alignment. Principles of X-Ray examination
- 6. Deformity analysis & correction planning
- 7. Equipment and Terminology. Principles of frame construction in deformity correction
- 8. Only the most important about osteotomies
- 9. Principles of long bone deformity correction using unified reduction units (Ilizarov hinges)
- 10. Basic Principles of upper limb long bone deformities correction
- 11. Acute vs. gradual deformity correction
- 12. Congenital vs. post-traumatic deformities correction
- 13. Postoperative care
- 14. Complications and solutions

- 15. Hexapod external fixators in bone deformities. Ilizarov vs. orthopedic hexapods
- 16. Ortho-SUV Frame hardware and software
- 17. Main principles of combined and consecutive use of external and internal fixation in long bone deformity correction

### Workshops

- 1. Frontal plane measurements on normal tibia and femur bones
- 2. Sagittal plane measurements on normal tibia and femur bones
- 3. Frontal plane single-level tibia deformities correction planning using the 1<sup>st</sup> osteotomy rule
- 4. Frontal plane single-level femur deformities correction planning using the 1<sup>st</sup> osteotomy rule (anatomical and mechanical axes based)
- 5. Sagittal plane single-level tibia deformities correction planning using the 1<sup>st</sup> osteotomy rule (mid-diaphyseal and joint line based)
- 6. Sagittal plane single-level femur deformities correction planning using the 1<sup>st</sup> osteotomy rule (mid-diaphyseal and joint line based)
- 7. Frontal plane single-level tibia deformities correction planning using the 2<sup>nd</sup> osteotomy rule
- 8. Frontal plane single-level femur deformities correction planning using the 2<sup>nd</sup> osteotomy rule (anatomical and mechanical axes based)
- 9. Sagittal plane single-level tibia deformities correction planning using the 2<sup>nd</sup> osteotomy rule (mid-diaphyseal and joint line based)
- 10. Sagittal plane single-level femur deformities correction planning using the 2<sup>nd</sup> osteotomy rule (mid-diaphyseal and joint line based)
- 11. Planning the frame construction for tibia diaphyseal deformity correction
- 12. Planning the frame construction for femur diaphyseal deformity correction
- 13. Planning the frame construction for tibia metaphysical deformity correction
- 14. Planning the frame construction for femur metaphysical deformity correction
- 15. The main manipulations in the frame assembly. Osteotomies (Ilizarov, De Bastiani, Gigli's saw)
- 16. Correction of angular deformity using Ilizarov hinges (axial & virtual)
- 17. Correction of bone fragments translation using Ilizarov hinges (acute & gradual)
- 18. Correction of rotational deformity using Ilizarov hinges (acute & gradual)
- 19. Correction of complex deformity using Ilizarov hinges
- 20. Deformity correction using Ortho-SUV Frame

#### **Seminars & Discussions**

- 1. Tibia oblique plane deformity correction planning
- 2. The 2<sup>nd</sup> osteotomy rule
- 3. Multi-apex deformities evaluation, planning and correction. Peculiarities of the frame assembly
- 4. Correction planning at presence of torsion component
- 5. 3D planning deformity correction