# Acknowledgment

Our idea is about the human brain, we are trying to simulate how the human memory work to store the memories So one should be able to store his memories!

Any kind of memories like if he is in computer science college then he has a lot of books, classes so he can store it into information then he will have the ability to retrieve it later when he needs it like if someone is studying Python or Linux, He can make difference topics and store whatever screenshots, Links and connect the difference info with a search key so when he needs it like while he is working on a the project he can restore easily

### **Back Story of our project**

I was a normal student who has a lot to do, actually to be honest I was Diagnosed with bipolar disorder,

## Wikipedia

Bipolar disorder, previously known as manic depression, is a mood disorder characterized by periods of depression and periods of abnormally-elevated happiness that last from days to weeks each. If the elevated mood is severe or associated with psychosis, it is called mania; if it is less severe, it is called hypomania. During mania, an individual behaves or feels abnormally energetic, happy or irritable, and they often make impulsive decisions with little regard for the consequences

### Nhs.uk

Bipolar disorder is characterised by extreme mood swings. These can range from extreme highs (mania) to extreme lows (depression). Episodes of mania and depression often last for several weeks or months.

#### Webmd.com

Bipolar disorder, also known as manic depression, is a mental illness that brings severe high and low moods and changes in sleep, energy, thinking, and behavior. So I tried to help myself up to get me out of depression periods coz I have figured out that when I am on a high period I study too much I do everything like everything but when I am low I find that I can't retrieve all I have

so I tried to think in a different way coz first i thought that the body is the limit then I started to say the mind is the limit but finally I found that there is no limitations.

so I tried to connect the both body and mind using technological way A Mix of augmented reality, virtual reality and science

# What we found we need to start up everything

- Oculus Quest 2
- Python
- nothing else

so we did a small search about the difference between technology and we found that Flask is very suitable

- Integrated support for unit testing.
- Uses a Jinja2 template engine.
- Support for secure cookies (client-side sessions).
- Extensive documentation.
- · Google app engine compatibility.
- APIs are nicely shaped and coherent
- Easily deployable in production

and pure html5 and Css Jquery







