

# A Methodological Framework for Rigorous Meta Ads Experimentation

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## Abstract

Direct-to-consumer (D2C) brands increasingly rely on A/B testing to optimize paid social advertising, yet common execution errors—*inconsistent attribution, underpowered samples, mid-test edits, and metric flexibility*—undermine inferential validity.[13] This paper **develops a methodological framework** for *decision-grade* experimentation on Meta (Facebook) Ads that balances statistical rigor with business guardrails. We synthesize established practices in online experiments[3, 12, 13] and operationalize them into a prioritized test sequence, integrating power analysis, Sample Ratio Mismatch (SRM) diagnostics,[21, 23] optional CUPED variance reduction,[6] and economic guardrails (e.g., ROAS thresholds, delivery balance, frequency parity).

**Evidence and scope.** *All analyses use a synthetic/simulated dataset calibrated to D2C benchmarks; no live-traffic data are analyzed.* The simulation demonstrates the analytical workflow and decision logic without making empirical claims about real-world effectiveness. The contribution is **methodological**: a reproducible template practitioners can adapt and validate in production.

**Keywords:** framework; A/B testing; CPA; ROAS; CUPED; SRM; power/MDE; governance; D2C; Meta Ads; simulation

## 1 INTRODUCTION

Execution mistakes in paid social testing routinely erode validity: moving attribution windows, premature stopping, overlapping audiences, and noisy secondary metrics produce unstable conclusions and poor reproducibility.[13] Popular guidance is either platform-agnostic (statistics-first) or overly tactical (platform tips). Few sources integrate *statistical discipline and operational guardrails* into a single protocol tailored to Meta Ads.

**Contribution.** We design an integrated framework that (i) locks a single decision metric (CPA) and consistent attribution, (ii) enforces integrity gates (SRM, delivery/frequency balance, tracking QA), (iii) sizes tests to decision-relevant MDEs, and (iv) codifies guardrails linking statistical significance to unit economics. We then *illustrate* the framework via a calibrated simulation to show end-to-end analysis and decisions. **This is a methods paper with a simulated proof-of-concept**, not an empirical study.

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## 2 GLOSSARY AND NOTATION

| Term                | Definition   |
|---------------------|--|
| CPA                 | Cost per Acquisition: Spend/Purchases (reporting currency INR). Primary decision metric.   |
| CVR                 | Purchase conversion rate: Purchases/Link Clicks. Inference metric for two-proportion tests.  |
| ROAS                | Return on Ad Spend: Revenue/Spend (platform-reported). Guardrail, not a decision metric.   |
| SRM                 | Sample Ratio Mismatch: statistically significant deviation from planned traffic split.[21]   |
| CUPED               | Controlled-experiment Using Pre-Experiment Data; variance reduction using pre-period covariates.[6]  |
| Attribution         | 7-day click / 1-day view window, applied uniformly across arms for optimization and reporting.[15]   |
| Guardrails<br>G1–G5 | G1: ROAS threshold; G2: delivery 45–55%; G3: frequency parity $\leq 0.2$ ; G4: web vitals (LCP < 2.5 s, CLS < 0.1, INP target);[8] G5: SRM pass ( $p \geq 0.01$ ). |

## 3 LITERATURE REVIEW

**Foundations in online experimentation.** Best practices emphasize prospective hypotheses, mutually exclusive randomization, fixed analysis plans, adequate power, and disciplined monitoring.[13] Always-valid or sequential procedures control error when interim looks are unavoidable.[12, 22] SRM tests detect allocation anomalies that can invalidate inference.[21, 23] CUPED leverages pre-period covariates to reduce variance without changing the estimand.[6]

**Paid social experimentation: platform-specific challenges.** Meta’s delivery system introduces complexities beyond generic web testing: attribution-window drift can rerank variants; audience overlap and learning-phase dynamics threaten balance; pacing and frequency caps constrain delivery; and platform-reported conversions may diverge from causal incrementality.[10, 14, 15, 17] Practitioner guidance highlights creative modality, CTA framing, and audience quality as high-impact levers,[16, 18] while landing performance (LCP, CLS, INP) shapes realized lift.[8]

**Gap and this framework.** Existing work is either platform-agnostic (statistics-first) or narrowly tactical. We operationalize established statistical methods (power/MDE, SRM, CUPED, multiplicity control[4, 11]) into a protocol aligned with Meta’s split-testing mechanics[17] and tie decisions to unit economics via guardrails—offering a reproducible template practitioners can adopt without advanced statistical tooling.

## 4 FRAMEWORK DEVELOPMENT

### 4.1 Design Principles

Each test isolates *one* lever—*creative, copy/CTA, audience, or placement*—while mirroring budgets, schedules, placements, and audiences to preserve interpretability.[13] Allocation uses Meta split-tests with mutually exclusive arms (e.g., 50/50) and mirrored pacing to target balanced delivery.[17] We predefine the decision metric (CPA), secondary diagnostics (CVR, CTR, CPC, ROAS), and a single attribution window applied uniformly across arms (7C/1V) to prevent window-induced reversals.[15]

### 4.2 Measurement Plan

**Primary.** CPA = Spend/Purchases (INR).

**Secondary.** Purchase CVR= Purchases/Link Clicks, CTR, CPC, ROAS.

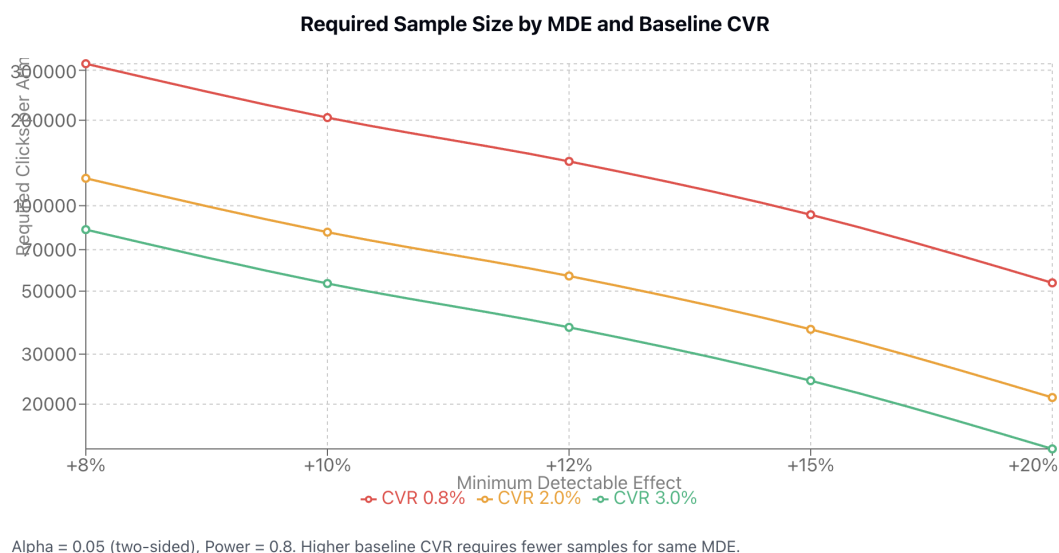
**Guardrails (G1–G5).** (G1) ROAS threshold; (G2) delivery 45–55%; (G3) frequency parity  $\leq 0.2$ ; (G4) web vitals within targets; (G5) SRM pass at  $p \geq 0.01$ . [8, 21]

**Denominator standard.** We compute CVR on link-click denominators to stabilize variance; CPA remains the decision variable.

### 4.3 Power, Sample Size, and MDE

We determine sample size on the CVR scale via a two-proportion test with pooled standard error under  $H_0$  and Wilson intervals for single-arm coverage.[1, 5] Let  $p_c$  be baseline CVR and  $p_t = p_c(1 + \delta)$  the alternative (relative MDE  $\delta$ ). For two-sided size  $\alpha$  and power  $1 - \beta$ ,

$$n \approx \frac{\left[ z_{1-\alpha/2} \sqrt{2\bar{p}(1-\bar{p})} + z_{1-\beta} \sqrt{p_c(1-p_c) + p_t(1-p_t)} \right]^2}{(p_t - p_c)^2}, \quad \bar{p} = \frac{1}{2}(p_c + p_t).$$



Source: Mamaearth Meta Ads A/B Testing - Weeks 2-5 Implementation Reports  
 Author: Umer Hajam, Senior Data Scientist | October 2025

**Figure 1.** Required clicks per arm vs. minimum detectable effect (MDE) and baseline CVR ( $\alpha = 0.05$ , two-sided; power = 0.8). *Simulated illustration; decision metric: CPA; inference metric: CVR; guardrails G1–G5 apply.*

#### 4.4 Integrity Diagnostics

**SRM.** Pearson's  $\chi^2 = \sum_i (o_i - e_i)^2 / e_i$  with  $df = k - 1$ ;  $p < 0.01$  flags SRM and pauses inference until remediation.[2, 21, 23]

**Delivery/frequency.** Monitor arm delivery share and frequency deltas; investigate deviations.

**Tracking.** Pixel+Conversions API dedup via shared `event_id`; validate `Purchase.value/currency=INR`; GA4 UTM parameters ensure traceability.[7, 9, 19, 20]

#### 4.5 Variance Reduction (CUPED)

When stable pre-period covariates exist, compute  $m^* = m - \theta(x - \mathbb{E}[x])$  with  $\theta = \text{Cov}(m, x) / \text{Var}(x)$ ; report raw and adjusted estimates without changing the estimand.[6]

#### 4.6 Statistical Analysis and Decision Rule

**Primary test.** Two-proportion  $z$ -test on purchase CVR at preregistered  $\alpha$ ; report absolute/relative effects and CIs.

**Decision. Decisions are made on CPA.** Promotion requires: (i) CVR lift (or preregistered non-inferiority), (ii) CPA improvement consistent with the CVR/CPC profile, and (iii) guardrails satisfied.

**Multiplicity/monitoring.** When interim looks are necessary, use Pocock-style equal alpha spending;[22] for multiple tests, control FWER/FDR via Holm–Bonferroni or Benjamini–Hochberg.[4, 11]

## 5 SIMULATION STUDY (ILLUSTRATIVE, NOT EMPIRICAL)

**Provenance.** *All scenarios use simulated data calibrated to D2C beauty benchmarks; no live traffic is analyzed. The goal is to demonstrate the workflow and decision logic, not to claim real-world effects. We deliberately use modal verbs (“would”) and repeated reminders of simulation.*

### 5.1 Overview and Uncertainty

Across seven simulated A/B tests, three scenarios *would* meet significance on CVR and align economically on CPA/ROAS; one *would* be harmful; three are inconclusive at  $\alpha = 0.05$ . We report  $z$  statistics, exact  $p$ -values, and 95% CIs for absolute CVR differences under Section 4.6.

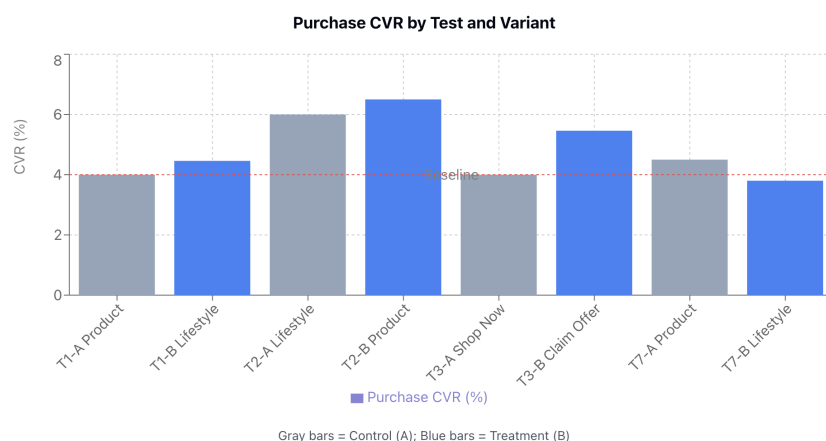
**T1 (Prospecting creative).** Simulated CVR difference +0.46 pp (4.46% vs. 4.00%;  $z = 2.62$ ,  $p = 0.009$ ; 95% CI [+0.12, +0.80] pp) illustrates a promote decision on lower CPA (INR 212 vs. INR 250;  $-15.2\%$ ) assuming G1–G5 hold.

**T2 (Retargeting creative).** Borderline CVR lift (+0.50 pp;  $z = 1.97$ ,  $p = 0.049$ ) but higher CPA for lifestyle (INR 167); retain product on the CPA rule.

**T3 (Copy/CTA).** *Claim Offer* simulated CVR lift +1.46 pp ( $p < 0.001$ ) with CPA improvement ( $-24.1\%$ )  $\rightarrow$  promote.

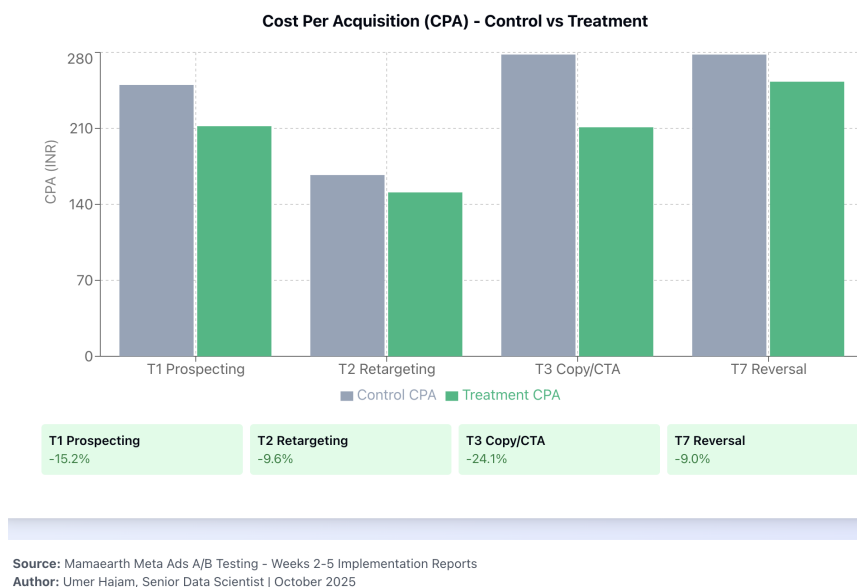
**T4–T6.** Inconclusive at  $\alpha = 0.05$ ; resize or extend duration.

**T7 (Retargeting reverse).** Harmful CVR ( $-0.70$  pp;  $p < 0.001$ )  $\rightarrow$  reject, regardless of nominal CPA decrease.

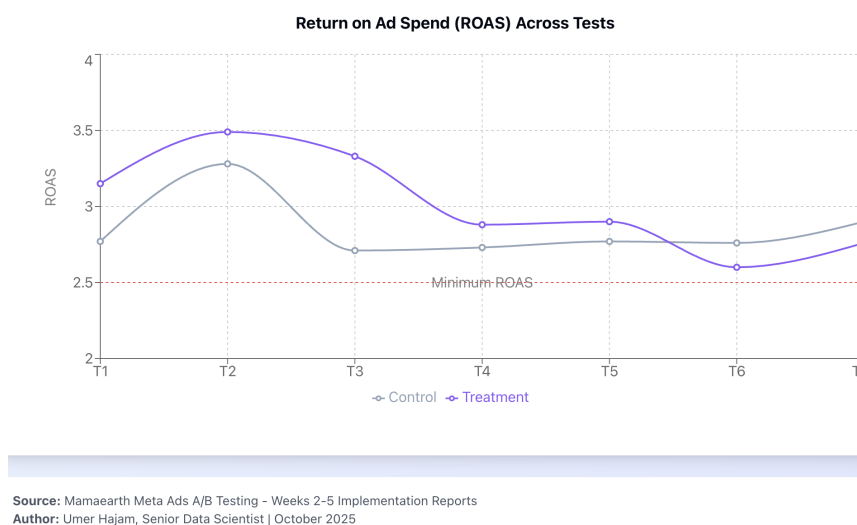


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**Figure 2.** Purchase CVR by test and variant (control vs. treatment). *Simulated data; decision metric: CPA; inference metric: CVR; guardrails G1–G5 apply.*



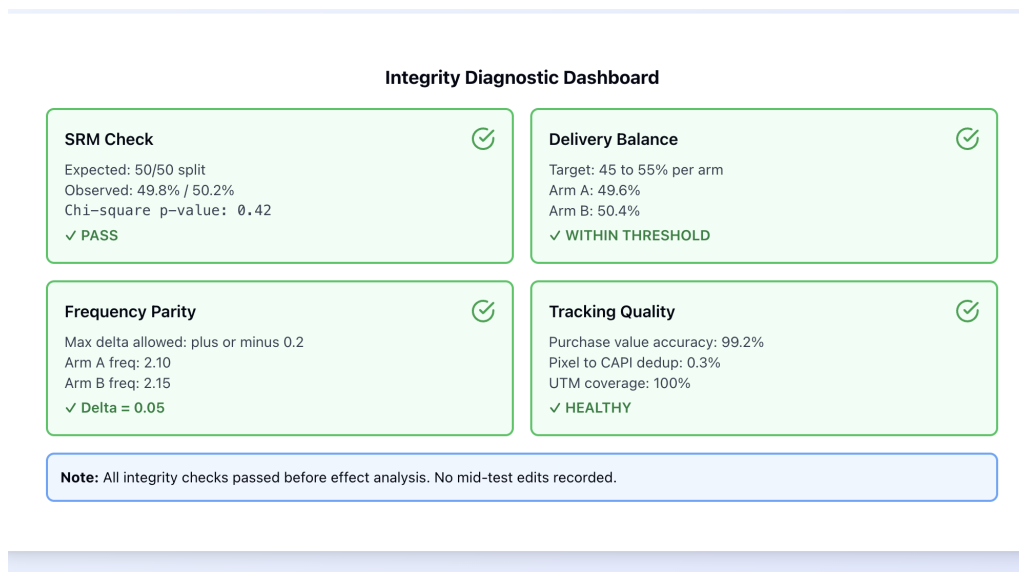
**Figure 3.** CPA comparison (control vs. treatment) across tests. *Simulated data; primary decision metric is CPA.*



**Figure 4.** ROAS across all tests with minimum-threshold reference line. *Simulated data; guardrail G1 requires meeting or exceeding the reference line.*

## 5.2 Diagnostics and Integrity

Effect computation follows integrity gates. In T1, SRM  $p = 0.42$  (pass); delivery 49.8%/50.2%; frequency  $\Delta = 0.05$ . No mid-test edits in the incident log. Attribution windows are constant across arms; all amounts in INR.



**Figure 5.** Integrity dashboard (T1 example). *Simulated data:* SRM ( $\chi^2$ )  $p = 0.42$ ; delivery 49.8%/50.2%; frequency  $\Delta = 0.05$ ; tracking QA nominal.

### 5.3 Promotion Decisions (Hypothetical)

Under Section 4.6 and G1–G5, the framework *would* promote lifestyle for prospecting (T1) and *Claim Offer* (T3); retain product for retargeting (T2) on CPA; reject the harmful variant in T7; and defer T4–T6.

**Table 2.** Summary of simulated A/B outcomes (CVR, uncertainty, economics, and hypothetical decisions). *Simulated data.* CVR diffs are absolute %-point differences; CPA are arm means.

| Test | Lever                    | CVR<br>A | CVR<br>B | $\Delta$ | $z$  | $p$       | CPA A   | CPA B   | Hypothetical<br>decision<br>& ratio-<br>nale                    |
|------|--------------------------|----------|----------|----------|------|-----------|---------|---------|---|
| T1   | Prospecting<br>creative  | 4.00%    | 4.46%    | +0.46 pp | 2.62 | 0.009     | INR 250 | INR 212 | Promote B (lifestyle); CVR↑                                     |
| T2   | Retargeting<br>creative  | 6.00%    | 6.50%    | +0.50 pp | 1.97 | 0.049     | INR 151 | INR 167 | Retain A (product); decision                                    |
| T3   | Copy/CTA                 | 4.00%    | 5.46%    | +1.46 pp | 6.92 | $< 0.001$ | INR 278 | INR 211 | Promote B ( <i>Claim Offer</i> ); large CVR↑, CPA - 24.1%       |
| T4   | Placement/format         | 4.00%    | 4.27%    | +0.27 pp | 1.31 | 0.19      | INR 278 | INR 252 | Inconclusive; continue or resize                                |
| T5   | Message<br>match         | 4.00%    | 4.00%    | +0.00 pp | 0.00 | 1.00      | INR 227 | INR 250 | Inconclusive; no CVR signal                                     |
| T6   | Audience<br>breadth      | 4.00%    | 4.20%    | +0.20 pp | 1.05 | 0.29      | INR 250 | INR 264 | Inconclusive; widen sample or refine segments                   |
| T7   | Retargeting<br>(reverse) | 4.50%    | 3.80%    | -0.70 pp | 3.75 | $< 0.001$ | INR 278 | INR 253 | Reject B (harmful CVR); do not promote despite nominal CPA drop |

## 6 IMPLEMENTATION GUIDE (PRACTITIONER-ORIENTED)

### 6.1 Pre-Launch Checklist

Before activating any test, verify:

- Hypothesis preregistered (factor, direction, MDE, guardrails, decision rule).



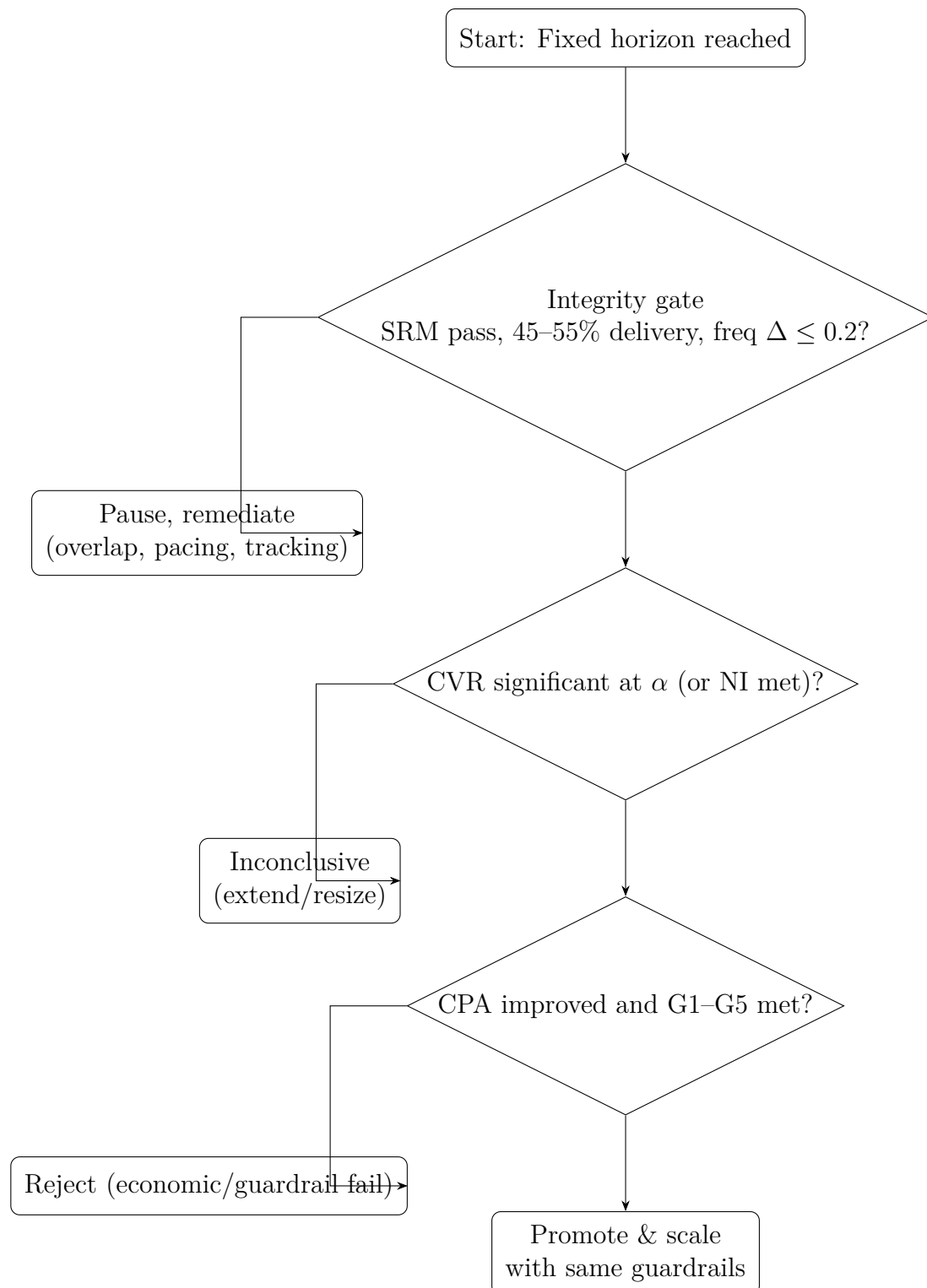
- Sample-size calculation completed; duration  $\geq 7$  days (covers weekly cyclicalities).
- Pixel + CAPI events validated; shared `event_id` deduplication confirmed.[19, 20]
- Landing-page parity checked (headline, hero, CTA alignment); web vitals targets met.[8]
- Audience exclusions applied; no overlap between arms; learning-phase expectations documented.[17]
- Attribution window locked at 7C/1V across arms for both optimization and reporting.[15]
- Incident-log template prepared (settings snapshot, timestamps, remediation path).

## 6.2 Daily Monitoring Dashboard

Track the following to catch issues early:

- **SRM watch:** Cumulative  $\chi^2$  every day; flag if  $p < 0.05$  (investigate),  $p < 0.01$  (pause).[21]
- **Delivery balance:** Arm A impressions/(A+B); target 45–55%.
- **Frequency gap:**  $|\text{Freq}_A - \text{Freq}_B| \leq 0.2$ .
- **Learning phase:** Flag if either arm exits learning before fixed horizon.
- **Tracking health:** Purchases (Pixel+CAPI) vs. GA4; reconcile daily.[7, 9]

### 6.3 Decision Flowchart



**Figure 6.** Promotion decision flow. *Simulated framework logic; decision metric: CPA; inference metric: CVR; guardrails G1–G5 apply.*

### 6.4 Example Pre-Registration Template

| Field             | Entry (example)   |
|-------------------|---|
| Test ID           | T1_Propecting_Creative_Nov2025  |
| Hypothesis        | Lifestyle video increases CVR by $\geq 12\%$ (relative) vs. product creative  |
| Primary metric    | CPA (INR); decision variable  |
| Inference metric  | Purchase CVR (Purchases/Link Clicks)  |
| Attribution       | 7-day click / 1-day view (fixed across arms)  |
| Guardrails        | G1: ROAS $\geq 2.5$ ; G2: delivery 45–55%; G3: freq $\Delta \leq 0.2$ ; G4: LCP $< 2.5$ s, CLS $< 0.1$ ; G5: SRM pass |
| MDE (relative)    | 12% (prospecting), 8% (retargeting)   |
| Sample/arm        | 114,327 clicks (from power curve at baseline CVR 1.0%, MDE 12%)   |
| Duration          | 10 days (covers weekdays/weekend)   |
| Stop rule         | Fixed horizon; no interim peeking (Pocock spending if forced)   |
| Multiplicity      | Holm–Bonferroni across concurrent tests; report BH-FDR as sensitivity   |
| Incident protocol | Snapshot settings; pause on SRM/delivery imbalance; relaunch with fresh ID  |

## 7 DISCUSSION

**What this paper contributes.** A coherent, reproducible framework that integrates rigorous experimental design with business guardrails for Meta Ads, plus a *simulated* end-to-end demonstration of analysis and decisions.

**What this paper does *not* claim.** We do not assert real-world effectiveness of any creative, copy, audience, or placement; simulation cannot validate causal ordering nor guarantee profitability.

**Strengths.** (1) A single decision metric (CPA) tied to guardrails prevents “wins” that harm economics; (2) integrity checks (SRM, delivery/frequency, tracking QA) reduce false signals; (3) power/MDE planning aligns sample with decision intent; (4) CUPED offers sensitivity gains without changing the estimand.

**Threats not addressed.** (1) **Creative fatigue:** short-run tests may not predict long-run decay; rotation cadences are required. (2) **Incrementality:** platform conversions may capture demand rather than create it; geo-experiments or conversion-lift tests complement this framework.[10, 14] (3) **Seasonality:** effects vary across peak periods; cadence-based revalidation is essential. (4) **Cross-platform spillover:** conversions may attribute to search while exposure occurred on Meta.

**Future work.** Validate the framework in production with staged rollouts; measure decision velocity (time-to-promotion) and outcome quality (post-scale CPA/ROASstability)

vs. baseline; expand to contribution-margin guardrails and multi-platform settings.

## 8 CONCLUSION

We present a *methodological framework* for decision-grade experimentation on Meta Ads that combines statistical discipline (CPA as decision metric; consistent attribution; power/MDE; SRM; optional CUPED) with business guardrails (ROAS, delivery balance, frequency parity, landing health). A calibrated *simulation* shows how the framework *would* operate end-to-end. Practitioners should adapt and *validate* the template with live traffic before drawing substantive conclusions.

## APPENDIX A: EVIDENCE-PACK CHECKLIST (SIMULATED)

**SRM & Delivery.** SRM  $p$ -values; arm shares; frequency deltas.

**Attribution.** 7C/1V, uniform across arms.

**Windows.** Concurrent runtime; no mid-test edits.

**Artifacts.** Synthetic dataset + seeded notebook for reproduction.

**Captions.** Every figure/table labeled “Simulated data” when applicable.

## APPENDIX B: SIMULATION DATA GENERATION (PSEUDOCODE)

```
seed = 42
for test in T1..T7:
  set baseline_cvr by context (prospecting=0.040, retargeting=0.060)
  set rel_effect per scenario (e.g., T1 +11.5%, T3 +36.5%, T7 -15.6%)
  draw clicks per arm from planned sample size with small Poisson jitter
  purchases_A ~ Binomial(clicks_A, baseline_cvr)
  purchases_B ~ Binomial(clicks_B, baseline_cvr * (1 + rel_effect))
  spend_A, spend_B calibrated to produce target CPA and ROAS distributions
  compute metrics, SRM chi-square, integrity flags
```

APPENDIX C: ROLES AND RESPONSIBILITIES (RACI SNAPSHOT)

| Activity                      | Data Science | Media Buyer | Engineering/Product | Analytics/GM |
|-------------------------------|--------------|-------------|---------------------|--------------|
| Hypothesis & preregistration  | R            | C           | C                   | A            |
| Sample sizing & MDE           | R            | C           | C                   | I            |
| Split-test setup (Meta)       | C            | R           | C                   | I            |
| Tracking QA (Pixel+CAPI, GA4) | C            | C           | R                   | I            |
| Monitoring (SRM, delivery)    | R            | R           | C                   | I            |
| Decision & rollout            | C            | R           | C                   | A            |
| Incident handling             | R            | R           | R                   | I            |

AUTHOR DECLARATIONS

**Funding:** None.

**Data & Code Availability:** Synthetic dataset and analysis scripts will be provided as supplementary materials; no real-world data were used.

**Conflicts of Interest:** The author declares no conflicts of interest.

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