

Genetic Health Report - Sample with Summary

rsID	Genotype	Gene	Trait	System
rs738409	G/G	PNPLA3	Fatty liver risk	Liver
rs1801133	T/T	MTHFR	Methylation	Systemic
rs53576	A/G	OXTR	Empathy/stress	Brain

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Summary & Interpretation

This sample report demonstrates the layout of a genetic health summary.

- rs738409 (PNPLA3) indicates a potential risk for liver fat accumulation and NAFLD.
- rs1801133 (MTHFR) suggests impaired folate metabolism, favoring use of methylated forms.
- rs53576 (OXTR) is associated with emotional reactivity and social bonding traits.

Based on this panel, the individual would benefit from:

- Active liver support (e.g. NAC, milk thistle, reduced alcohol)
- Methylated B-vitamin supplementation (e.g. 5-MTHF)
- Stress management and lifestyle protocols aligned with mood genetics

Note: This report is for demonstration purposes only.