

# 2016 Services Oakridge Clinic

## Primary and Preventative Care

### Medical Assessment and Treatment

Injury treatment and a triage of more serious injuries - Skin biopsies, stitches, wound care, ear infection, respiratory conditions, sore throat, and minor episodic illnesses such as joint injections muscular skeletal strains and sprains. General illness and conditions that don't require emergency, hospital, or specialist care. Chronic disease management (including diseases such as diabetes, asthma, migraines, high blood pressure) and referrals to specialty care.

### Prevention and Wellness

Prevention and Wellness services include annual checkups, sports physicals, pediatric care for all ages, mental health screenings, alcohol/drug use screenings, recommendations for future health and well-being, coaching for positive lifestyle changes, and vision and hearing testing

### Diagnostic Testing

Some lab tests are done in house such as pregnancy testing, rapid-strep testing, influenza testing, urinalysis, blood glucose, hemoglobin A1c, TB testing, and EKGs. All other labs will be sent to a full-scale lab facility where they will usually be processed same-day.

### Immunizations

Children can receive all required immunizations for all ages at Orchid Health, while adults can receive most immunizations as clinically recommended. Influenza vaccines and Pneumococcal vaccines are also available for adults as well as children.

## Counseling and Therapy Services

### Adult and Adolescent Counseling

Counseling is available for patients who have Trillium, Open Card, and Medicaid as either a primary or secondary form of insurance. Most ages are accepted. Our therapists are skilled at treating issues such as depression, anger, anxiety, grief, parenting, child/teen-specific issues, and much more.