

【空卡原创资料】

复试课第 5 节：生活英语万能模版

考 研 复 试 手 册

课程目录

板块	标题	内容	课时
复试导学	1. 复试导学	初步了解复试（流程形式）+课程如何使用	5min
	2. 复试综合指导	①复试加分项 ②复试形式、评分表、准备材料、常见 Q&A	15min
	3. 复习规划（精确到每天）	50 天复试规划、30 天复试规划、课程安排	3min
复试英语	4. 中文+英文自我介绍	①英语万能模板 ②4 种类型介绍（学渣版、学霸版、跨考版、在职版）③中文自我介绍	35min
	5. 生活英语（万能模板）	①复试英语提问自查表 ②高频口语问题（一个秒所有）	7min
	6. 专业英语（结构化问答）	①提问回答逻辑（政治思维角度教你回答）②结构化的过渡句、万能句	10min
	7. 英语复试一张纸(出分后发)	真的只背一个，懒人适用！	8min
	8. 传统 18 种常见回答	内容较多，作为补充资料	5min
联系导师	9. 怎么选导师？	①挑导师方法（自用）②大学老师职称科普	12min
	10. 怎么做简历？	①50 份简历模板 ②三无考研人简历 ③可加分证书 ④可加分兴趣爱好	4min
	11. 邮件模板	①邮件格式 ②自荐内容框架+模板 ③面对不同的导师回复，如何应对？	6min
复试礼仪	12. 礼仪&穿着	①穿着 ②礼仪（结构化回答） ③加分减分细节	4min
复试专业课	13. 专业课笔试（技巧）	①专业课问题解答思路（文科类、工科类...）	6min
	14. 专业课面试（结构化）	①专业词汇及加分表达 ②结构化回答思维逻辑	10min
综合面试	15. 刁难问题问答		8min
独家！	16. 【985 文科博导+211 工科硕导】亲授经验 ①自我介绍如何出彩？②没有学术经历怎么办？③专业复试自救（遇到不会的）		7min
调剂	17. 调剂流程+规划	流程表、重要时间、25 新规解析、怎么给研究生院打电话、常见 QA	40min
读研	18. 三年读研规划：研一、二、三计划+目标+毕业要求		6min
	19. 期刊科普		6min
	20. 高质量论文获取（中文）		2min
	21. 高质量论文获取（英文）		2min
	22. 降重方法		1min
	23. 文献整理方法、文献引用方法（如何做文献笔记）		5min
	24. 论文投稿流程（含回复意见信模版）		1min
	25. 辅助工具	①专业公众号、②科研软件	2min
合计		考研复试课程	2h40min
		调剂课程时长	40min
		读研课程时长	25min

《考研复试手册》

第五节 复试英语—生活英语万能模版

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一、开头+结尾

英语面试万能模板

开头:	<p>① Thank you for your question about <u>xx</u>. I have a lot of related feelings to share. 谢谢你关于xx的问题，对此我有很多感想想要分享。</p> <p>② Thank you for asking this question. I have a lot related experience to share. 谢谢你问这个问题，对此我有很多相关的经历想要分享。</p>
结尾:	<p>① That concludes my point of view. After the interview, I will carefully review related materials to have a more thorough understanding. If there are any shortcomings, please tell me and I will actively correct them. If I am lucky enough to be admitted, I will continue to deepen my studies in related fields and cultivate my learning skills. I will live up to teachers' expectations and make certain achievements in my studies. 这就是我的观点。面试结束后，我会仔细复习相关材料，以便有更深入的了解。如果有任何不足之处，请告诉我，我会积极改正。如果有幸被录取，我将继续深耕相关领域，培养学习技能。我将不负老师们的期待，在学业上取得一定的成就</p> <p>② That's all about <u>my xx</u>. I hope these details will help you understand me better. If I have the honor to be admitted to your school, I will make personal study and research plans under the guidance of my supervisor, and actively participate in various experiments, academic seminars and practical research activities, so as to achieve academic achievements. 以上就是我xx的相关情况。希望这些细节能够让您更好地了解我。如果有幸被贵校录取，我会在导师的指导下制定个人学习与研究计划，积极参加各种实验、学术研讨会和实践调研活动等，从而取得学术上的成就。@空卡空卡空卡</p>

二、日常英语问题【三选一即可，不怕重复！】

(一) 体育类 (选一类即可，不用全背)

1、万能模板

Running/Playing badminton is a fantastic activity that not only keeps us fit and healthy, but also brings us joy and a sense of accomplishment. To begin with, it is a good way to release my pressure. Every time when I feel stressful, a half hour of running/playing badminton often makes me feel better. In addition, during the process of running/ playing badminton, one continues to push themselves to limits. It is not only limits of body strength but also limits of willpower. In summary, running/ playing badminton has become a part of my life, and I am willing to spend time on it.

跑步/打羽毛球是一种奇妙的活动，不仅能使我们保持健康，还能给我们带来快乐和成就感。首先，这是一个让我缓解压力的方式。每当我压力很大的时候，跑/打半个小时步/球会让我感觉好很多。此外，跑步/打羽毛球的时候，人会不断突破自己的极限。不仅是体能极限，也是意志力的极限。总之，跑步/打羽毛球已经成为我生活的一部分，我愿意花时间在上面。 @空卡空卡空空卡

2、8 个问题过渡句

1. 兴趣爱好 —体育运动	There are many kinds of sports I like, such as swimming, skating, traveling, etc., but my favorite sport is <u>running/playing badminton</u> . 我喜欢很多种运动，如游泳、滑冰、旅行等，但我最喜欢的运动是跑步/打羽毛球。
2. 家庭 —共同爱好的体育运动	There are ____ members in my family: my parents, my _____ (其他亲属) and me. My father is a ____ and my mom is a _____. <u>Running/Playing badminton on weekends is our common interest.</u> 我们家有____位成员，我的父母，我的____，还有我。我爸爸是一名____，我妈妈是一名____。周末跑步/打羽毛球是我们的共同兴趣爱好。 @空卡空卡空空卡
3. 家乡 —体育文化氛围浓厚	My hometown is _____. I grew up there. _____ has a strong sports culture and hosts related competitions every year. <u>Running/Playing badminton is our common interest.</u> 我的家乡是____，我在那里长大。____有着浓厚的运动文化氛围，每年都举办与运动相关的比赛。跑步/打羽毛球是我们的共同兴趣爱好。
4. 书籍 ——有关体育运动	I enjoy reading books on sports in my spare time. For example, after reading the book <u>Scientific Running/playing badminton</u> , I fell in love with <u>running/playing badminton</u> . 我喜欢在业余时间阅读体育方面的书籍。例如，读了《科学跑步/打羽毛球》这本书后，我爱上了跑步/打羽毛球。
5. 优缺点 —擅长/不擅长体育运动	优点: I think I have several advantages, such as kindness, honesty and confidence, but the most helpful one to me is that I keep <u>running/playing badminton</u> everyday. 我认为我有几个优点，比如善良、诚实和自信，但对我帮助最大的是我每天坚持跑步/打羽毛球。 缺点: My biggest weakness is lack of exercise. I always think exercise is tiring. But recently I decide to overcome the shortcoming and started <u>running/playing badminton</u> consistently. 我最大的不足是缺乏锻炼，我总觉得运动很累。但最近我决定克服这个缺点，开始坚持跑步/打羽毛球。 @空卡空卡空空卡

<p>6. 本科学校 —关注师生 身心健康</p>	<p>My undergraduate school is _____ (学校), located in _____ (市), _____ (省) Province. _____ (学校) pays attention to the physical and mental health of teachers and students, and hosts sports meeting every year. <u>Running/Playing badminton is our common interest.</u></p> <p>我的本科学校是_____, 位于 _____ (市), _____ 省。_____ 学校重视师生的身心健康, 每年都举办运动会, <u>周末跑步/打羽毛球是我们的共同兴趣爱好。</u></p>
<p>7. 介绍朋友 —共同爱好 体育运动</p>	<p>My best friend is my senior high school classmates. I think she is a very lively and excellent person. We met through running /badminton. <u>Running/Playing badminton is our common interest.</u></p> <p>我最好的朋友是我的高中同学。她是一个非常活泼和优秀的人。<u>我们是通过跑步/羽毛球认识的, 这是我们的共同爱好。</u></p>
<p>8. 大学生活 —每日进行 体育运动</p>	<p>Like most college students, my daily life mainly revolves around classes, but there is one difference: throughout my college years, I persisted in <u>running/ playing badminton.</u></p> <p>与大部分大学生一样, 我的日常生活主要围绕着上课展开, 但是有一点不同: 我整个大学都坚持跑步/打羽毛球。@空卡空卡空空卡</p>

(二) 书籍类 (选一类即可, 不用全背)

1、万能模板

I enjoy reading history books in my spare time. I was interested in history because it provides valuable insights into the past and helps us understand the present. By studying history, I can gain a deeper understanding of different cultures, societies, and the events that have shaped them. Reading history books not only broadens my knowledge but also improves my critical thinking skills. It enables me to analyze different perspectives, evaluate historical evidence, and form well-rounded arguments. I believe that studying history will significantly contribute to my academic performance and personal growth during my postgraduate studies.

我喜欢在业余时间读历史相关的书。我一直对历史很着迷, 因为历史提供了对过去发生的事的宝贵见解, 并帮助我们理解当下。通过学习历史, 我可以更深入地了解不同的文化、社会以及塑造它们的事件。阅读历史书籍不仅能拓宽我的知识面, 还能提

高我的批判性思维。它让我能分析到不同的观点、评估历史证据，并形成全面的论点。
我觉得，学习历史能极大地促进我在研究生学习期间的学术表现和个人成长。

2、8 个问题过渡句

1. 兴趣爱好 —喜欢看书	I have many hobbies, such as reading, traveling, singing and so on. Among them, my favorite is reading. 我有很多爱好，比如阅读、旅游、唱歌等等。其中，我最喜欢阅读。
2. 家庭 —共同爱好 读书	There are _____ members in my family: my parents, my _____ (其他亲属) and me. My father is a _____ and my mom is a _____. Reading is our common interest. 我家有_____口人：我的父母、我的 _____ (其他亲属) 和我。我爸爸是一名 _____，我妈妈是一名 _____。 阅读是我们的共同爱好。 @空卡空卡空空卡
3. 家乡 —某个名人的故乡，吸引我读史书	My hometown is Hubei Province. I grew up there. Hubei is also where Qu Yuan comes from. His stories really catch my interest and get me into the habit of reading history books. 我的家乡是湖北省，我在那里长大。湖北同样也是屈原的家乡，他的故事非常吸引我，并且促使我养成了阅读史书的习惯。
4. 优缺点 —优点，喜欢阅读；	I think I have several advantages, such as kindness, honesty and confidence, but the most helpful one to me is that I keep reading history book everyday. 我认为我有几个优点，如善良，诚实和自信，但对我最有帮助的一点是，我每天都坚持读历史书。 （缺点建议不写和读书有关的） @空卡空卡空空卡
5. 本科学校 —注重培养良好学习习惯，举办读书节	My undergraduate school is _____ (学校) , located in _____ (市), _____ (省) Province. _____ (学校) focuses on creating a good learning atmosphere, and hosts reading club every year. Reading is our common interest. 我的学校是_____，它位于_____省，_____市。_____学校注重营造浓厚的学习氛围，每年都举办读书会。 阅读是我们的共同爱好。
6. 介绍朋友 —共同爱好 阅读	My best friend and I met at the university's history book reading club. She/He is a very lively and friendly person. Reading is our common interest. 我和我最好的朋友是在大学的史书阅读会上认识的。她/他是一个非常活泼友好的人。 阅读是我们的共同爱好。
7. 大学生活 —每日阅读	Like most college students, my daily life mainly revolves around classes, but there is one difference: throughout my college years, I persisted in reading history books.

史书	与大部分大学生一样，我的日常生活主要围绕着上课展开，但是有一点不同：我整个大学都坚持阅读史书。@空卡空卡空空卡
8. 介绍书籍	无需过渡句，直接参考万能模板：喜欢读史书

（三）旅游类（选一类即可，不用全背）

1、万能模板

I have been to Fujian, Hubei, Beijing and many other places, among which the most impressive is the Great Wall in Beijing. I think the Great Wall is the most worthwhile place to go. First of all, it has a history of over 2,000 years. People can feel the long history of China and the wisdom of the ancients here. Secondly, it's very Chinese in character, so it best represents Beijing and even China. Finally, the location of the Great Wall really adds to its charm. It's built in the mountains, surrounded by stunning views and breathtaking scenery that makes people want to stick around. I recommend everyone to visit it and have a look.

我去过福建、湖北、北京等很多地方，其中印象最深的是北京的长城。我认为长城是最值得一去的地方。首先，它有两千多年的历史。在这里，人们可以感受到中国悠久的历史 and 古人的智慧。其次，它极具中国特色，最能代表北京乃至中国。最后，长城的地理位置也为它增添了魅力。它依山而建，周围景色迷人，令人叹为观止、流连忘返。我建议大家都去长城看一看。@空卡空卡空空卡

2、问题过渡句

1. 兴趣爱好 —喜欢旅游	I have many hobbies, such as reading, traveling, singing and so on. Among them, my favorite is traveling. 我有许多爱好，例如阅读、旅游、唱歌等等，其中，我最喜欢的是旅游。
2. 家庭 —共同爱好 旅行	There are _____ members in my family: my parents, my _____（其他亲属） and me. My father is a _____ and my mom is a _____. Traveling is our common interest. 我们家有_____口人：我的父母，我的_____和我。我父亲是一名_____，我的母亲是一名_____， 旅游是我们的共同爱好。

<p>3. 家乡 —旅游胜地</p>	<p>My hometown is Beijing, the capital of China. Here, there is a world-famous scenic spot - the Great Wall.</p> <p>我的家乡在中国首都北京。这里有举世闻名的风景名胜——长城。</p>
<p>4. 爱看的书 —介绍世界各地的书</p>	<p>I enjoy reading tourism books in my spare time. By studying this kind of books, I know the world better. Of all the sites I learned about, the Great Wall made the biggest impression on me.</p> <p>在我的闲暇时间里，我喜欢阅读旅游类书籍。通过阅读这类书籍，我可以更加了解世界。在我所有了解到的地方里，长城给我留下了最深刻的印象。@空卡空卡空空卡</p>
<p>5. 优缺点 —优点，喜欢探索世界； 缺点，埋头苦读，比较缺乏阅历</p>	<p>优点： I think I have several advantages, such as kindness, honesty and confidence, but the most helpful one to me is that I am brave to explore the world.</p> <p>我认为我有多个优点，比如善良、诚实和自信，但对我帮助最大的是，我勇于探索世界。</p> <p>缺点： My biggest weakness is lack of experience. I have always learned in the classroom before, but neglected the importance of exploring the world. Now I decided to overcome the shortcoming. Firstly I will visit the Great Wall. The reasons are as follows</p> <p>我最大的弱点是缺乏经验。以前我一直在课堂上学习，却忽视了探索世界的重要性。现在，我决定克服这个缺点。首先，我要去游览长城。</p>
<p>6. 介绍朋友 —共同爱好 旅游</p>	<p>My best friend is my senior high school classmates. I think she is a very lively and excellent person. Traveling is our common interest.</p> <p>我最好的朋友是我的高中同学。我觉得她是一个非常活泼、优秀的人。旅行是我们的共同爱好</p>
<p>7. 大学日常生活 —利用闲暇时间进行旅游</p>	<p>Like most college students, my daily life mainly revolves around classes, but there is one difference: I often use my spare time to travel.</p> <p>与大部分大学生一样，我的日常生活主要围绕着上课展开，但是有一点不同：我常利用空闲时间去旅游。@空卡空卡空空卡</p>

后面接万能模板

三、学术类、考研类、读研类问题

(1) 万能模板

First of all, (目标院校) has a strong academic atmosphere. I believe that I can further devote myself to the research of _____ in our school. Secondly, I have learned that our school has many cutting-edge achievements and excellent professors in _____. I believe that if I have the opportunity to study on such an excellent platform, both my knowledge reserve and professional skills will be greatly enhanced.

首先,(目标院校)有着浓厚的学术氛围。我相信在我们学校我可以进一步致力于_____的研究。其次,我了解到我们学校有_____有很多前沿的成果和优秀的教授。我相信,如果我有机会在这样一个优秀的平台上学习,我的知识储备和专业技能都会得到极大的提升。@空卡空卡空空卡

(2) 9个问题过渡句

1、学术类

1. 毕业论文/毕业设计 ——贵校相关领域成就突出	I major in _____ in the undergraduate period, so my graduation thesis is focused on the analysis of _____. In my thesis, I conduct research on _____ and _____. <i>And I think our school is the best choice for me to continue my research in this major.</i> 我本科的专业是_____, 所以我的毕业论文主要是对_____ (领域) 进行分析。在我的论文中, 我研究了_____和_____ (具体方向)。并且我认为我们学校是我继续这个专业研究的最佳选择。@空卡空卡空空卡
2. 最喜欢的专业课 ——贵校相关领域成就突出	My favourite undergraduate course in my major is _____. This course explores _____. This course not only familiarized me with _____ but also cultivated my abilities in _____. <i>And I think our school is the best choice for me to continue my research in this major.</i> 我最喜欢的本科课程是_____. 本课程探讨了_____. 这门课不仅让我熟悉了_____, 也培养了我_____方面的能力。并且我认为我们学校是我继续这个专业研究的最佳选择。

2、考研类

3. 为什么选择考研 ——为了在贵校进一步学习	I have a significant interest in _____. Though I have learned a lot from _____ during my undergraduate years, I think further study is still urgent for me. <i>And I think our school is the best choice for me to continue my research in this major.</i> 我对_____很感兴趣。虽然我在本科期间从_____学到了很多东西, 但我认为进一步的学习对我来说仍然是迫切的。并且我认为我们学校是我继续这个专业研究的最佳选择。
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<p>4. 为什么选择我们学校</p>	<p>The reason why I choose the _____ major of <u>(目标院校)</u> is very simple. I think our school is the best choice for me to continue my research in this major.</p> <p>我选择_____学校_____专业的原因很简单。我认为我们学校是我继续这个专业研究的最佳选择。@空卡空卡空空卡</p>
<p>5. 为什么选择跨考这个专业</p> <p>——对此感兴趣+贵校优势突出</p>	<p>I choose to take the cross-examination of this major because I am very interested in _____ (专业/领域名称) and have conducted profound research and study on it. And I think our school is the best choice for me to continue my research in this major.</p> <p>我之所以选择跨考，是因为我对_____这个专业非常感兴趣，并且对它进行了深入的研究和学习。并且我认为我们学校是我继续这个专业研究的最佳选择。</p>

3、读研类

<p>6. 读研规划</p> <p>——通过贵校平台继续在某个领域深耕</p>	<p>In the next three years, I will continue to do additional research on _____ on the basis of completing all the courses and try to get research results about _____. I believe I can achieve my goal on <u>(目标院校)</u>.</p> <p>在未来三年里，我会在保证完成所有课业的基础上，继续对_____进行额外的研究，争取取得有关_____的研究成果。我相信在<u>(目标院校)</u>，我能实现我的目标。</p>
<p>7. 落选怎么办</p> <p>——继续学习并且报考贵校</p>	<p>I have prepared for the opportunity for a whole year, made a great deal of efforts and overcome a great number of difficulties. Even if I fail this time, I will not give up. I believe I can achieve my goal in <u>(目标院校)</u>.</p> <p>我为这个机会准备了整整一年，做了很多努力，克服了很多困难。即使这次失败了，我也不会放弃。我相信在<u>(目标院校)</u>，我能实现我的目标。@空卡空卡空空卡</p>
<p>8. 是否读博？</p> <p>——期望在贵校读博</p>	<p>Yes, I have such a plan. I would like to continue my in-depth study of _____. Especially if there is a chance to do a PhD in our school, I will definitely seize this opportunity. I believe I can achieve my goal in <u>(目标院校)</u>.</p> <p>是的，我有这样的计划。我很想对_____进行深入地研究。尤其是如果有机会在我们学校读博的话，我一定会抓住这个机会。我相信在<u>(目标院校)</u>，我能实现我的目标。</p>
<p>9. 未来规划</p> <p>——在贵校深入研究</p>	<p>In the next five years, I will continue to do additional research on _____ on the basis of completing all the courses and try to get research results about _____. I believe I can achieve my goal in <u>(目标院校)</u>.@空卡空卡空空卡</p> <p>在未来五年里，我会在保证完成所有课业的基础上，继续对_____进行额外的研究，争取取得有关_____的研究成果。我相信在<u>(目标院校)</u>，我能实现我的目标。</p>

后面接万能模板