```
clc, clear, close all
datetime('now')
EnergyFrequency(0.07, 20, 1:3);

ans =
    datetime
        01-Apr-2023 22:06:09

For an electron meff = 0.07, in L = 20 nm
E1 = 13 meV; w1 = 2e+13 rad/s
E2 = 54 meV; w2 = 8e+13 rad/s
E3 = 121 meV; w3 = 2e+14 rad/s
```

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