

**Blue Team Level 1 Certification
(Standard)****Introduction to BT1** Welcome to Blue Team Level 1!

4 Topics

 Lab and Forum Access**SECURITY FUNDAMENTALS DOMAIN** Introduction to Security Fundamentals

1 Topic

 Soft Skills

7 Topics

 Security Controls

5 Topics 1 Quiz

 Section Introduction, Security Controls Physical Security Network Security Endpoint Security Email Security Activity) End of Section Review, Security Controls Networking 101

6 Topics 1 Quiz

 Management Principles

4 Topics 1 Quiz

PHISHING ANALYSIS DOMAIN PA1) Introduction to Emails and Phishing

7 Topics 1 Quiz

 PA2) Types of Phishing Emails

10 Topics 2 Quizzes

 PA3) Tactics and Techniques Used

12 Topics 2 Quizzes

 PA4) Investigating a Phishing Email

8 Topics 2 Quizzes

 PA5) Analysing URLs, Attachments, and Artifacts

8 Topics 1 Quiz

 PA6) Taking Defensive Actions

12 Topics 1 Quiz

 PA7) Report Writing

7 Topics 1 Quiz

 PA8) Phishing Response Challenge

3 Topics 1 Quiz

THREAT INTELLIGENCE DOMAIN TI1) Introduction to Threat Intelligence

7 Topics

 TI2) Threat Actors & APTs

6 Topics 2 Quizzes

 TI3) Operational Threat Intelligence

7 Topics 1 Quiz

Physical Security

Blue Team Level 1 Certification (Standard) > Security Controls > Physical Security

COMPLETE



Physical security controls are used to prevent unauthorized access to a building, or areas within. These controls help to make intrusion as hard as possible. The three main controls are deterrents, monitoring controls, and access controls. Examples can include locked doors, security guards, CCTV, and barriers. Although this is not usually the responsibility of a cyber team, it is still very important to know and may come in useful during investigations.

WHY IS IT IMPORTANT?

Usually, if an attacker has physical access to systems, it's game over. This could include terminal access to servers, physical data theft in the form of paper documents or hard drives, or even physical damage to systems causing a denial of service.

By using **Access Controls**, we can make it hard for unauthorized individuals to gain access to protected areas. An example of this would be turnstiles at the main entrance that require an RFID badge to unlock and pass through. Using this control, only employees that have a badge with the correct digital keys will be able to pass through.

Monitoring Controls such as CCTV are useful for live monitoring and keeping a record of any malicious behavior so that it can be used in the event of prosecution. CCTV can also be classed as a deterrent, because if people know they're being recorded, they may be less likely to commit a crime or malicious act.

Deterrents are designed to deter people; an example would be warning signs telling people that if they go any further, they will be trespassing. This may be enough to prevent some people from continuing.

ACCESS CONTROLS



Access controls are used to prevent unauthorized people from accessing specific sections of a building or area.

- **Mantraps:** These are a slow but effective security control, where an individual wanting to access a protected

TI4) Tactical Threat Intelligence

7 Topics | 2 Quizzes

TI5) Strategic Threat Intelligence

5 Topics | 1 Quiz

TI6) Malware and Global Campaigns

6 Topics | 1 Quiz

DIGITAL FORENSICS DOMAIN

DF1) Introduction to Digital Forensics

5 Topics

DF2) Forensics Fundamentals

10 Topics | 5 Quizzes

DF3) Digital Evidence Collection

8 Topics | 1 Quiz

DF4) Windows Investigations

3 Topics | 3 Quizzes

DF5) Linux Investigations

4 Topics | 2 Quizzes

DF6) Volatility

3 Topics | 1 Quiz

DF7) Autopsy

4 Topics | 1 Quiz

SECURITY INFORMATION AND EVENT MANAGEMENT DOMAIN

SI1) Introduction to SIEM

7 Topics | 1 Quiz

SI2) Logging

6 Topics | 2 Quizzes

SI3) Aggregation

2 Topics | 1 Quiz

SI4) Correlation

6 Topics | 1 Quiz

SI5) Using Splunk

5 Topics | 2 Quizzes

INCIDENT RESPONSE DOMAIN

IR1) Introduction to Incident Response

8 Topics | 1 Quiz

IR2) Preparation Phase

10 Topics | 3 Quizzes

IR3) Detection and Analysis Phase

7 Topics | 5 Quizzes

IR4) Containment, Eradication, and Recovery Phase

5 Topics | 1 Quiz

IR5) Lessons Learned and Reporting

7 Topics

IR6) MITRE ATT&CK

13 Topics | 2 Quizzes

BTL1 EXAM

Exam Preparation

Using RDP and SSH

area must go through an initial door into a holding room, where they are inspected from a window or camera before the second door is unlocked.

- **Turnstiles/Gates:** This efficient control is very common in office buildings and requires employees to tap their ID pass on a reader, which will unlock the gate and allow them to pass through.
- **Electronic Doors:** These secure doors should be used throughout the facility, to limit the areas that a person can access, based on their role. For example, it is highly unlikely that someone from Human Resources should have access to a Server room. Only allowing certain people in specific areas not only reduces the risk of malicious activity but can also help find the person accountable as the list of potential suspects is much shorter.

MONITORING CONTROLS



These controls, such as CCTV cameras and intrusion detection systems are implemented to provide real-time monitoring and give security personnel the ability to detect and respond to intruders or insider threats.

- **CCTV:** Closed-circuit television allows monitoring from multiple interconnected cameras. This gives security teams expanded visibility.
- **Security Guards:** It's all good to have these technical measures in place, but there needs to be a team that is trained in their use and maintenance so they can fully utilize the security controls and respond to incidents.
- **Intrusion Detection Systems:** These systems have several different triggers that can generate alerts or set off alarms, including thermal (heat) detection, sound detection, and movement detection. An example of this would be a sound detection system that can recognize the sound of glass smashing (such as an intruder breaking a window to gain access to the building) and trigger an alarm.

DETERRENTS



Security controls that act as deterrents include warning signs and barbed wire. Their purpose is to deter potential attackers and make them less likely to attempt to gain entry.

- **Warning Signs:** Signs such as "DO NOT ENTER" and "You Are Trespassing" can be enough to make people turn around, as they have been informed that any further activity may be illegal.
- **Fences:** Chain-link metal fences are very common, with barbed or razor wire on top. This creates a barrier that can't be climbed over and requires more effort for attackers to bypass, slowing them down, and giving more

time for them to be detected.

- **Guard Dogs:** Security dogs that are trained to bark and cause distress are a strong deterrent. Despite being highly trained, they still appear to be dangerous in the eyes of the attacker. They are also able to help detain any intruders.
- **Security Lighting:** Lighting is used to prevent low visibility areas caused by darkness, which could allow an intruder to bypass security controls such as CCTV and Security Guards. Lighting the areas in conjunction with cameras is a great deterrent and monitoring solution.
- **CCTV Cameras:** If individuals believe they are being filmed (even if the cameras do not work) then this is likely to deter them from conducting any illegal or malicious activity, as there may be recorded evidence of them conducting a crime.

[Previous Topic <](#)

[Back to Lesson](#)

[Next Topic >](#)

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