



## Blue Team Level 1 Certification (Standard)

### Introduction to BT1

Welcome to Blue Team Level 1!

4 Topics

Lab and Forum Access

### SECURITY FUNDAMENTALS DOMAIN

Introduction to Security Fundamentals

1 Topic

Soft Skills

7 Topics

Security Controls

5 Topics 1 Quiz

Networking 101

6 Topics 1 Quiz

Management Principles

4 Topics 1 Quiz

### PHISHING ANALYSIS DOMAIN

PA1) Introduction to Emails and Phishing

7 Topics 1 Quiz

PA2) Types of Phishing Emails

10 Topics 2 Quizzes

PA3) Tactics and Techniques Used

12 Topics 2 Quizzes

PA4) Investigating a Phishing Email

8 Topics 2 Quizzes

PA5) Analysing URLs, Attachments, and Artifacts

8 Topics 1 Quiz

PA6) Taking Defensive Actions

12 Topics 1 Quiz

PA7) Report Writing

7 Topics 1 Quiz

PA8) Phishing Response Challenge

3 Topics 1 Quiz

### THREAT INTELLIGENCE DOMAIN

T11) Introduction to Threat Intelligence

7 Topics

T12) Threat Actors & APTs

6 Topics 2 Quizzes

T13) Operational Threat Intelligence

7 Topics 1 Quiz

T14) Tactical Threat Intelligence

7 Topics 1 Quiz

T15) Strategic Threat Intelligence

5 Topics 1 Quiz

T16) Malware and Global Campaigns

6 Topics 1 Quiz

### DIGITAL FORENSICS DOMAIN

DF1) Introduction to Digital Forensics

5 Topics

DF2) Forensics Fundamentals

10 Topics 5 Quizzes

DF3) Digital Evidence Collection

8 Topics 1 Quiz

DF4) Windows Investigations

3 Topics 3 Quizzes

DF5) Linux Investigations

4 Topics 2 Quizzes

DF6) Volatility

3 Topics 1 Quiz

# Collection

Blue Team Level 1 Certification (Standard) > IR6 MITRE ATT&CK > Collection

IN PROGRESS



This lesson is going to cover the ninth stage in the MITRE ATT&CK framework, [Collection](#). These techniques are used to describe ways that adversaries will identify important files or information, collect them, and prepare them for data exfiltration. At the time of writing currently includes 16 top-level techniques. **We will be looking at the following:**

- [Email Collection](#)
- [Audio Capture](#)
- [Screen Capture](#)
- [Data From Local System](#)



## EMAIL COLLECTION

### MITRE Technique T1114

Collecting emails from a target system seems like a great idea - these emails could give an insight into business operations, provide a list of valid internal email addresses for future spear phishing attacks or sell them for money on underground markets, collect email attachments that could include sensitive data, and much more. When considering email collection there's three sub-technique that we need to consider:

| Sub-techniques (3) |                         |
|--------------------|-------------------------|
| ID                 | Name                    |
| T1114.001          | Local Email Collection  |
| T1114.002          | Remote Email Collection |
| T1114.003          | Email Forwarding Rule   |

- **Local Email Collection** – Attackers may target emails on the local system to identify and collect sensitive information. Files containing email data can be acquired from a user's local system such as Outlook storage or cache files typically stored in C:\Users\<username>\Documents\Outlook\_Files or C:\Users\<username>\AppData\Local\Microsoft\Outlook.
- **Remote Email Collection** – Attackers may specifically target and pivot to an Exchange server or Office 365 to collect sensitive information. Using valid credentials the actor can interact directly with the Exchange server to poll information from within a network. The attack doesn't always have to occur from within a network, as internet facing Exchange services or Office 365 can be accessed to read, send, save and delete emails.
- **Email Forwarding Rule** – Adversaries may setup email forwarding rules to collect sensitive information. Any emails that are sent to a user will be silently auto-forwarded to an attacker-owned email address presenting a data leak that will continue to give the adversary access to email messages even if they have lost access to the network. This could result in sensitive data exposure which could also be used for social engineering and spear phishing attacks in the future.

Using multi-factor authentication (MFA) can prevent access to an account where a malicious actor has discovered the valid username and password combination. Although there are ways MFA can be bypassed it adds more work for the adversary and gives us more time to catch them. We could also consider encrypting our emails or sensitive documents and only share the decryption key with trusted parties via alternative communication methods. And finally enterprise-grade email solutions could have functionality to audit auto-forwarding rules to see if any have been created to send mail to non-domain mailboxes and generate an alert or report for further investigation.

### Mitigations

| Mitigation                    | Description   |
|-------------------------------|---|
| Audit                         | Enterprise email solutions have monitoring mechanisms that may include the ability to audit auto-forwarding rules on a regular basis. In an Exchange environment, Administrators can use Get-InboxRule to discover and remove potentially malicious auto-forwarding rules. <sup>[1]</sup> |
| Encrypt Sensitive Information | Use of encryption provides an added layer of security to sensitive information sent over email. Encryption using public key cryptography requires the adversary to obtain the private certificate along with an encryption key to decrypt messages.                                       |
| Multi-factor Authentication   | Use of multi-factor authentication for public-facing webmail servers is a recommended best practice to minimize the usefulness of usernames and passwords to adversaries.   |

DF7) Autopsy

4 Topics 1 Quiz

## SECURITY INFORMATION AND EVENT MANAGEMENT DOMAIN

SI1) Introduction to SIEM

7 Topics 1 Quiz

SI2) Logging

6 Topics 2 Quizzes

SI3) Aggregation

2 Topics 1 Quiz

SI4) Correlation

6 Topics 1 Quiz

SI5) Using Splunk

5 Topics 2 Quizzes

## INCIDENT RESPONSE DOMAIN

IR1) Introduction to Incident Response

8 Topics 1 Quiz

IR2) Preparation Phase

10 Topics 2 Quizzes

IR3) Detection and Analysis Phase

7 Topics 4 Quizzes

IR4) Containment, Eradication, and Recovery Phase

5 Topics 1 Quiz

IR5) Lessons Learned and Reporting

7 Topics

IR6) MITRE ATT&CK

13 Topics 2 Quizzes

Section Introduction, ATT&CK

Initial Access

Execution

Persistence

Privilege Escalation

Defense Evasion

Credential Access

Discovery

Lateral Movement

Collection

Command and Control

Exfiltration

Impact

Activity) ATT&CK Navigator

Activity) End of Section Review, ATT&CK

## BTL1 EXAM

Exam Preparation

Using RDP and SSH

How to Start Your Exam

In regard to detecting this activity we have a number of options the we can choose from. Unusual processes accessing an email server or application could suggest an adversary is attempt to connect, or a user that works from 9 AM to 5 PM logging in at 1:30 AM on a Saturday and opening their email application is very unusual and is potentially a sign of malicious activity. Also monitor for unusual PowerShell, WMI, and CMD commands being executed from a user's account.

## Detection

There are likely a variety of ways an adversary could collect email from a target, each with a different mechanism for detection.

File access of local system email files for Exfiltration, unusual processes connecting to an email server within a network, or unusual access patterns or authentication attempts on a public-facing webmail server may all be indicators of malicious activity.

Monitor processes and command-line arguments for actions that could be taken to gather local email files. Remote access tools with built-in features may interact directly with the Windows API to gather information. Information may also be acquired through Windows system management tools such as Windows Management Instrumentation and PowerShell.

Detection is challenging because all messages forwarded because of an auto-forwarding rule have the same presentation as a manually forwarded message. It is also possible for the user to not be aware of the addition of such an auto-forwarding rule and not suspect that their account has been compromised; email-forwarding rules alone will not affect the normal usage patterns or operations of the email account.

## AUDIO CAPTURE

### MITRE Technique T1123

An attacker can utilise peripheral devices such as plugged-in microphones, headsets or webcams to collect audio from users that are interacting with the system. Recording of system audio can also result in the ability to capture conversations via Voice-over IP (VOIP) applications such as Skype, Webex, and Teams.

APT37 has been documented using audio capture software known as SOUNDWAVE to record microphone input from an infected system. The Bandook malware has modules that can allow the software to capture audio, the same with Cobian RAT, Attor, and Cadelspy.

## Procedure Examples

| Name       | Description  |
|------------|--|
| APT37      | APT37 has used an audio capturing utility known as SOUNDWAVE that captures microphone input. <sup>[23]</sup> |
| Attor      | Attor's has a plugin that is capable of recording audio using available input sound devices. <sup>[24]</sup> |
| Bandook    | Bandook has modules that are capable of capturing audio. <sup>[25]</sup>                                     |
| Cadelspy   | Cadelspy has the ability to record audio from the compromised host. <sup>[26]</sup>                          |
| Cobian RAT | Cobian RAT has a feature to perform voice recording on the victim's machine. <sup>[27]</sup>                 |

It is not possible to completely mitigate this technique because using system audio is practically a necessity. Focusing on detection we can monitor API calls that are related to audio capture, but this would generate a high volume of false positives because it could be legitimate activity. Process monitoring should be conducted to identify any unusual processes attempting to access the microphone on a system along with file creation that is likely audio-related.

## Mitigations

This type of attack technique cannot be easily mitigated with preventive controls since it is based on the abuse of system features.

## Detection

Detection of this technique may be difficult due to the various APIs that may be used. Telemetry data regarding API use may not be useful depending on how a system is normally used, but may provide context to other potentially malicious activity occurring on a system.

Behavior that could indicate this technique use include an unknown or unusual process accessing APIs associated with devices or software that interact with the microphone, recording devices, or recording software, and a process periodically writing files to disk that contain audio data.

## SCREEN CAPTURE

### MITRE Technique T1133

Taking screen captures from the system can help to gather information over a long period of time, and this technique will typically be deployed soon after a system has been compromised, giving it a good chance of collecting valuable information or build up a profile of the user's day-to-day habits. Taking a screenshot can also be achieved through native utilities or API calls, such as CopyFromScreen, xwd, or screencapture (but this isn't standard behaviour, so we can monitor on these commands!).

The first entry in the Procedure Examples table for this technique is the famous Agent Tesla remote access trojan (RAT). This tool has the ability to take screenshots at regular intervals which could disclose information from open documents or web browsing activity. APT28 and APT39 have been known to collect screenshots during their cyber operations as an information collection technique. Aria-body, a malicious program, also has the ability to capture screenshots.

## Procedure Examples

| Name        | Description   |
|-------------|---|
| Agent Tesla | Agent Tesla can capture screenshots of the victim's desktop. <sup>[67][68][69][70][71]</sup>        |
| APT28       | APT28 has used tools to take screenshots from victims. <sup>[11][27][53]</sup>                      |
| APT39       | APT39 has used a screen capture utility to take screenshots on a compromised host. <sup>[121]</sup> |
| Aria-body   | Aria-body has the ability to capture screenshots on compromised hosts. <sup>[107]</sup>             |

Mitigating these actions isn't feasible as it can be used for legitimate purposes, and instead we should focus on detection. We can monitor for unusual API calls that are related with taking screenshots, but this could still generate a large number of false positives. We should find ways to link this with other activity to reduce the number of false positives and build a stronger detection capability.

### Mitigations

This type of attack technique cannot be easily mitigated with preventive controls since it is based on the abuse of system features.

### Detection

Monitoring for screen capture behavior will depend on the method used to obtain data from the operating system and write output files. Detection methods could include collecting information from unusual processes using API calls used to obtain image data, and monitoring for image files written to disk. The sensor data may need to be correlated with other events to identify malicious activity, depending on the legitimacy of this behavior within a given network environment.



### MITRE Technique T1005

Attackers may search through any attached local or networked drives to find files of interest and sensitive data prior to Exfiltration. This can be anything from local databases to coding projects, sensitive documents to user's files. Identifying such files can be achieved by using an interpreter such as the CMD on Windows systems, making use of commands such as `find`, `tree`, `locate`, and `dir`. Alternatively attackers can make use of tools that can perform [Automated Collection](#) on the local system.

The Procedure Examples table for this technique has a lot of generic entries because almost every threat actor is going to want to identify and exfiltrate interesting files from a compromised system. We can see that APT28 has previously exfiltrated internal documents from systems under their control and using [Forfiles](#) to prepare files for exfiltration. GravityRAT (remote access trojan) is known to steal files with specific file extensions which are typically widely used within businesses and enterprises. The same goes for Inception which looks for files with specific extensions and sends them back to the attacker.

## Procedure Examples

| Name       | Description  |
|------------|--|
| APT1       | APT1 has collected files from a local victim. <sup>[31]</sup>  |
| APT28      | APT28 has retrieved internal documents from machines inside victim environments, including by using <a href="#">Forfiles</a> to stage documents before exfiltration. <sup>[38][40]</sup> |
| APT3       | APT3 will identify Microsoft Office documents on the victim's computer. <sup>[90]</sup>  |
| GravityRAT | GravityRAT steals files with the following extensions: .docx, .doc, .pptx, .ppt, .xlsx, .xls, .rtf, and .pdf. <sup>[18]</sup>  |
| Inception  | Inception used a file hunting plugin to collect .txt, .pdf, .xls or .doc files from the infected host. <sup>[67]</sup>   |

It's hard to differentiate between legitimate and malicious activity because it won't immediately look any different than expected user activity accessing and changing user-generated files on their systems. To detect this activity we should monitor for excessive usage of commands in CMD and PowerShell that may represent a malicious actor preparing files for exfiltration.

### Mitigations

This type of attack technique cannot be easily mitigated with preventive controls since it is based on the abuse of system features.

### Detection

Monitor processes and command-line arguments for actions that could be taken to collect files from a system. Remote access tools with built-in features may interact directly with the Windows API to gather data. Data may also be acquired through Windows system management tools such as Windows Management Instrumentation and PowerShell.

< Previous Topic

Mark Complete ✓

Next Topic >

Back to Lesson

