

Blue Team Level 1 Certification
(Standard)

1 Topic

✓ Soft Skills

7 Topics

✓ Section Introduction, Soft Skills

✓ Communication

✓ Teamwork

✓ Problem Solving

✓ Time Management

✓ Motivation

✓ Burnout, Imposter Syndrome, Alert
Fatigue

✓ Security Controls

5 Topics | 1 Quiz

✓ Networking 101

6 Topics | 1 Quiz

✓ Management Principles

4 Topics | 1 Quiz

PHISHING ANALYSIS DOMAIN

✓ PA1) Introduction to Emails and Phishing

7 Topics | 1 Quiz

✓ PA2) Types of Phishing Emails

10 Topics | 2 Quizzes

✓ PA3) Tactics and Techniques Used

12 Topics | 2 Quizzes

✓ PA4) Investigating a Phishing Email

8 Topics | 2 Quizzes

○ PA5) Analysing URLs, Attachments, and
Artifacts

8 Topics | 1 Quiz

○ PA6) Taking Defensive Actions

12 Topics | 1 Quiz

○ PA7) Report Writing

Section Introduction, Soft Skills

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COMPLETE

Security Fundamentals
SECTION INTRODUCTION

"Soft skills.. boring".

We get it. You're here to learn how to stop bad guys and defend networks. But trust us, you can be the most technically-capable person in the world, but if you don't have basic workplace soft skills, chances are you won't get very far. These will not only help you throughout your career and job interviews but will be useful throughout life. So trust us, get through this section, then get onto the cool stuff!

LEARNING OBJECTIVES

By the end of this section you will have achieved the following objectives:

- Understand the importance of generalized soft skills in the workplace, and how to develop the skills you are weaker in.
- Understand what professional burnout is, how it affects security professionals, and how to take steps to address it.
- Understand what imposter syndrome is, how it affects security professionals, and how to take steps to address it.

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