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COMM 111 – 10 am  
Self-Introduction/Confidence Speaking Outline  
10/10/18

## Introduction

- I. Attention-getter: Russians are crazy
  - a. Grandpa
  - b. Dash Cam
  - c. Brother
  - d. Tough love works

## Body

- I. 1<sup>st</sup> main point: Tough at first
  - a. Was lazy
  - b. Dreaded Lesson
    - i. Yelled at
    - ii. Doing Other things with life
  - c. Unbreakable cycle
- II. 2<sup>nd</sup> main point: Starting working out of fear
  - a. Started seeing change
  - b. Baby steps
    - i. 2 instead of 1
    - ii. Lessons were better
    - iii. This was a big deal
- III. 3<sup>rd</sup> main point: Worked hard
  - a. Decided to prepare 7 pieces
  - b. Was a struggle
  - c. Took the test
    - i. Passed well

## Conclusion

- I. Summary: Success
  - a. Tough love
    - i. Wasn't easy at first
    - ii. Got results
    - iii. Gave me confidence
- II. Memorable ending: Rather get turned into doll