

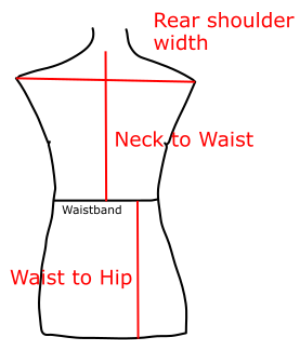
Dimension Sheet Tailor-made Shirt

The measurements are taken over a tight shirt or thin clothes. Ideally, you should have someone who can take your measurements. You should have an upright but loose posture. The tape measure should not be too tight or too loose.

Name		Gender	
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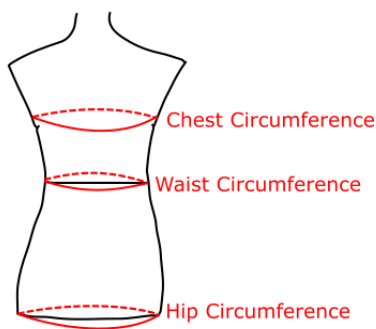
Step 1: Put on the waistband.

Step 2: Measure lengths at your back.



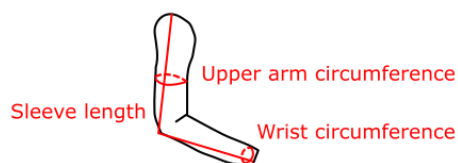
Neck to Waist	
Waist to Hip	
Rear shoulder width	

Step 4: Measure some circumferences.



Chest circumference	
Waist circumference	
Hip circumference	

Step 5: Take some dimensions of your arm.



Sleeve length	
Upper arm circumference	
Wrist circumference	

Measurements taken by		Date	
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