

Timestamp	Name	AGE	OCCUPATION	Gender	1. What would make habit tracking app more intere	2. How do you normally track your habits?	3. How many habits do you want to track per day?	4. Would you like the app to suggest new habits?	5.Would you like in-app timers to focus on your hab	6. Would you like a journal to register daily insights	7. What type of reward system would you prefer to
1/22/2025 20:09:29		20	Student	Male	Celebration for Milestone	In a notepad application on a notebook	4-7	Maybe	Maybe	Maybe	Health Bar, which upon filling reveals a motivating
1/22/2025 20:13:07		35	Manager	Male	Competing with friends and family	Manually in a notebook	4-7	No	Yes	Yes	Badges and Avatars
1/22/2025 20:14:26		25	SDE	Male	Celebration for Milestone	Manually in a notebook	4-7	No	Yes	Yes	Point System, with which you can buy points and a
1/22/2025 20:19:39		20	Student	Male	Earning points or rewards	Manually in a notebook	8 or more	Yes	Yes	No	Badges and Avatars
1/22/2025 20:20:31		33	SDE	Male	Earning points or rewards	In a notepad application on a notebook	4-7	No	No	Yes	Point System, with which you can buy points and a
1/23/2025 19:13:33		69	Pundit baba	Other	Competing with friends and family	Mentally	8 or more	Maybe	No	Yes	Point System, with which you can buy pets and art
1/23/2025 19:51:47		20	Neet	Female	Earning points or rewards	Manually in a notebook	1-3	Maybe	Yes	Yes	Point System, with which you can buy pets and art
1/23/2025 19:59:51		19	Student	Male	Earning points or rewards	Manually in a notebook	8 or more	No	Maybe	Yes	Point System, with which you can buy pets and art
1/23/2025 20:07:59		20	Student	Male	Competing with friends and family	Mentally	4-7	Yes	Yes	Yes	Badges and Avatars
1/23/2025 20:10:10		19	Student	Male	Earning points or rewards	Manually in a notebook	8 or more	No	Maybe	Yes	Point System, with which you can buy pets and art
1/23/2025 20:36:37		21	Student	Male	Earning points or rewards	Mentally	4-7	Yes	Yes	Yes	Point System, with which you can buy pets and art
1/23/2025 20:38:07		18	.	Male	Celebration for Milestone	In an application on a phone	4-7	Maybe	Yes	Yes	Badges and Avatars
1/23/2025 21:03:47		20	Student	Female	Earning points or rewards	Manually in a notebook	1-3	Yes	Yes	Yes	Badges and Avatars
1/23/2025 21:09:36		20	Student	Female	Celebration for Milestone	In an application on a phone	4-7	Yes	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/23/2025 21:21:16		20	12th+	Male	Earning points or rewards	Manually in a notebook	1-3	Yes	Yes	Yes	Point System, with which you can buy pets and art
1/23/2025 21:29:22		18	Student	Female	Earning points or rewards	Mentally	1-3	No	Yes	Yes	Point System, with which you can buy pets and art
1/23/2025 22:18:59	Ayushi Hirpara	17	Student	Female	Competing with friends and family	Mentally	4-7	Yes	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/23/2025 22:19:14	Seetaba Rayjada	44	Home maker	Female	Earning points or rewards	Mentally	1-3	Maybe	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/23/2025 22:19:57	Rajendrasinh Rayjada	48	Service	Male	Competing with friends and family	Mentally	1-3	Yes	Yes	Maybe	Health Bar, which upon filling reveals a motivating
1/23/2025 22:22:51	Hanshh Nigam	20	Student	Male	Celebration for Milestone	Mentally	4-7	Yes	Yes	Maybe	Badges and Avatars
1/23/2025 22:28:36	Tilak Kumar Maurya	21	Student	Male	Earning points or rewards	Mentally	4-7	Maybe	Yes	Maybe	Point System, with which you can buy pets and art
1/23/2025 22:33:46	Rashmi nigam	52	House wife	Female	Competing with friends and family	Mentally	4-7	Yes	Yes	Yes	Badges and Avatars
1/23/2025 22:35:41	Khushi	20	Student	Female	Competing with friends and family	In an application on a phone	4-7	Yes	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/23/2025 22:42:38	Suyash Mishra	22	Student	Male	Earning points or rewards	In an application on a phone	1-3	Yes	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/23/2025 22:42:38	Harshit Rathore	22	Student	Male	Earning points or rewards	In an application on a phone	1-3	Yes	Yes	Yes	Health Bar, which upon filling reveals a motivating
1/24/2025 15:48:27	Himanshu Singh	20	Student	Male	Celebration for Milestone	In an application on a phone	4-7	Yes	Yes	Yes	Badges and Avatars
1/24/2025 21:53:46	Navya	20	Student	Female	Competing with friends and family	In an application on a phone	1-3	Maybe	Yes	Maybe	Point System, with which you can buy pets and art
1/26/2025 22:52:18	Meshva	18	student	Female	Celebration for Milestone	Mentally	1-3	Yes	Yes	Maybe	Health Bar, which upon filling reveals a motivating