Summary of Benefits and Coverage: What this Plan Covers & What it Costs

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.allwaysmember.org or call Customer Services at 1-866-414-5533 (toll free) or 711 (TTY). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.allwayshealthpartners.org or call 1-866-414-5533 (toll free) or 711 (TTY) to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this Plan covers.
Are there services covered before you meet your <u>deductible?</u>	Yes.	See the Common Medical Events chart below for your costs for services this Plan covers.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$3,000/Individual, \$6,000/Family per benefit period.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they do not count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. For a list of <u>in-network</u> <u>providers</u> , see www.allwayshealthpartners.org or call 1-866-414-5533.	If you use a network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have the plan's permission before you see the <b>specialist</b> .

Coverage Period: On or after 1/1/2020

Complete HMO 20/40 for individuals and small group employers

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: All Coverage Tiers | Plan Type: HMO

	Services You May Need	What You Will Pay			
Common Medical Event		Network Provider	Out-of- network Provider	Limitations, Exceptions & Other Important Information	
If you visit a health	Primary care visit to treat an injury or illness	\$20 copay/visit	Not covered	none	
care <u>provider's</u> office	Specialist visit	\$40 copay/visit	Not covered	none	
or clinic	Preventive care/screening/immunization	No charge	Not covered	Services for specific conditions during an annual exam may be subject to cost sharing.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not covered	none	
	Imaging (CT/PET scans, MRIs)	\$150 copay	Not covered	May require prior authorization.	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.allwayshealthpartn ers.org.	Low-Cost Generic drugs	Retail: \$5 copay  Maintenance 90: \$10 copay	Not covered	No charge for birth control and smoking cessation drugs.	
	Generic drugs	Retail: \$10 copay  Maintenance 90: \$20 copay	Not covered		
	Preferred brand drugs	Retail: \$25 copay  Maintenance 90: \$50 copay	Not covered	May require prior authorization.	
	Non-preferred brand drugs	Retail: \$50 copay Maintenance 90: \$150 copay	Not covered	May require prior authorization.	
	Specialty drugs	Preferred brand name: \$25 copay Non-preferred brand name: \$50 copay	Not covered	Prescription must be filled through our specialty pharmacy and a prior authorization may be required.	

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Common Medical Event		Network Provider	Out-of- network Provider	Limitations, Exceptions & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 copay/visit	Not covered	May require prior authorization.
	Physician/surgeon fees	No charge	Not covered	none
If you need	Emergency room services	\$150 copay/visit		Emergency room copay waived if admitted to hospital for inpatient care.
immediate medical attention	Emergency medical transportation	No charge		none
	Urgent care	\$40 copay/visit		none
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 copay/admission	Not covered	May require prior authorization.
	Physician/surgeon fee	No charge	Not covered	none
If you need mental health, behavioral health, or substance use services	Mental/behavioral health/substance use outpatient services	\$20 copay/visit	Not covered	none
	Mental/behavioral health/substance use inpatient services	\$500 copay/admission	Not covered	May require prior authorization.
If you are pregnant	Office visits for prenatal and postnatal care	No charge for routine prenatal and postnatal care	Not covered	none
	Childbirth/delivery facility services	\$500 copay/admission	Not covered	May require prior authorization.
	Childbirth/delivery professional services	No charge	Not covered	May require prior authorization.

Coverage for: All Coverage Tiers | Plan Type: HMO

	Services You May Need	What You Will Pay		
Common Medical Event		Network Provider	Out-of- network Provider	Limitations, Exceptions & Other Important Information
If you need help recovering or have other special health needs	Home health care	No charge	Not covered	May require prior authorization.
	Rehabilitation services	Outpatient: \$40 copay/visit Inpatient: \$500 copay/admission	Not covered	Outpatient: Covered up to 60 combined visits per benefit period for Physical Therapy/Occupational Therapy.  Inpatient: Covered up to 60 days per benefit period. Prior authorization required.
	Habilitation services	Outpatient: \$40 copay/visit Inpatient: \$500 copay/admission	Not covered	Outpatient: Covered up to 60 combined visits per benefit period for Physical Therapy/Occupational Therapy. Inpatient: Covered up to 60 days per benefit period. Prior authorization required. Cost and coverage limits are waived for early intervention services for eligible children.
	Skilled nursing care	\$500 copay/admission	Not covered	Covered up to 100 days per benefit period. May require prior authorization.
	Durable medical equipment	20% coinsurance	Not covered	May require prior authorization. No charge for electric breast pump (one per birth).
	Hospice service	No charge	Not covered	May require prior authorization.
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	One eye exam every 12 months per child covered under this plan up to the age of 19.
	Children's glasses	No charge	Not covered	Provider designated frames.
	Children's dental check-up	No charge	Not covered	Limited to 2 exams every calendar year per child covered under this plan up to the age of 19.

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### **Excluded Services & Other Covered Services:**

# Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care—adult (you may have coverage under a separate dental plan)
- Extraction of infected or impacted wisdom teeth (except when in a hospital setting)
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

# Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Abortion
- Bariatric surgery
- Chiropractic care
- Hearing aids (age 21 and younger, covered up to \$2,000 per ear every 36 months)
- Infertility treatment
- Routine eye exam (adult)
- Routine foot care (covered for diabetes and some circulatory diseases)
- Weight loss program (coverage for six months of membership fees in a Jenny Craig or Weight Watchers program for either a covered Subscriber or one covered Dependent)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Customer Service at **1-866-414-5533** (toll free) or **711** (TTY).

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Para obtener asistencia en Español, llame al 1-866-414-5533.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible

\$0

■ Specialist copayment

\$40

\$12,800

■ Hospital (facility)

\$500 copayment

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

### In this example, Peg would pay:

**Total Example Cost** 

Cost Sharing			
Deductibles	\$0		
Copayments	\$600		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$10		
The total Peg would pay is	\$610		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

- The plan's overall deductible
- Specialist copayment
- Hospital (facility)

\$500 copayment

\$40

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

### **Total Example Cost** \$7,400

### In this example, Joe would pay:

Deductibles Copayments Coinsurance  What isn't covered Limits or exclusions The total Joe would pay is	Cost Sharing			
Coinsurance  What isn't covered  Limits or exclusions	\$0			
What isn't covered Limits or exclusions	\$1,200			
Limits or exclusions	\$0			
	What isn't covered			
The total Joe would pay is	\$0			
	\$1,200			

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible
- Specialist copayment
- Hospital (facility) \$500 copayment

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

**Total Example Cost** \$1,900

### In this example, Mia would pay:

Cost Sharing			
Deductibles	\$0		
Copayments	\$430		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$430		

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The plan would be responsible for the other costs of these EXAMPLE covered services.

\$40