Coverage Period: Beginning on or after 01/01/2020

#### Fallon Health: Select Care Platinum Connector

Coverage for: Individual and Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-868-5200 or visit www.fallonhealth.org/plandocs. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.fallonhealth.org/plandocs or call 1-800-868-5200 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	No.	This <u>plan</u> does not have a <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For covered services with innetwork <u>providers</u> : \$3,000/person or \$6,000/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met .
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.fallonhealth.org/plandocs or call 1-800-868-5200 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are either before or after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 co-pay/visit	Not covered	None	
	Specialist visit	\$40 co-pay/visit	Not covered	Referral and preauthorization required for certain covered services.	
	Preventive care/ screening/immunization	No charge	Not covered	You may have to pay for services that aren't <b>preventive</b> . Ask your <b>provider</b> if the services you need are preventive. Then check what your <b>plan</b> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$150 co-pay/test	Not covered	Limited to one payment per day when performed at the same facility for the same diagnosis. Referral and preauthorization required for certain covered services.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.fallonhealth.org	Tier 1	\$10 copay/ prescription (retail and emergency); \$20 copay/ prescription (mail order)	\$10 copay/ prescription (emergency only)	Retail covers up to a 30-day supply; Emergency services covers up to a 14-day supply; Mail order covers up to a 90 day supply.	
	Tier 2	\$25 copay/ prescription (retail and emergency); \$50 copay/ prescription (mail order)	\$25 copay/ prescription (emergency only)	Retail covers up to a 30-day supply; Emergency services covers up to a 14-day supply; Mail order covers up to a 90 day supply.	
	Tier 3	\$50 copay/ prescription (retail and emergency); \$150 copay/ prescription (mail order)	\$50 copay/ prescription (emergency only)	Retail covers up to a 30-day supply; Emergency services covers up to a 14-day supply; Mail order covers up to a 90 day supply.	
	Tier 4	\$50 copay/ prescription (retail and emergency); \$150 copay/ prescription (mail order)	\$50 copay/ prescription (emergency only)	Retail covers up to a 30-day supply; Emergency services covers up to a 14-day supply; Mail order covers up to a 90 day supply.	

Common Medical Event	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important	
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 co-pay/surgery	Not covered	Referral and preauthorization required for certain covered services.	
	Physician/surgeon fees	No charge	Not covered	Referral and preauthorization required for certain covered services.	
	Emergency room care	\$150 co-pay/visit	\$150 co-pay/visit	Copayment waived if admitted.	
If you need immediate medical attention	Emergency medical transportation	No charge	No charge	None	
	<u>Urgent care</u>	\$40 co-pay/visit	\$40 co-pay/visit	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 co-pay/admission	Not covered	Referral and preauthorization required for certain covered services.	
	Physician/surgeon fees	No charge	Not covered	Referral and preauthorization required for certain covered services.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 co-pay/visit	Not covered	Referral and preauthorization required for certain covered services.	
	Inpatient services	No charge	Not covered	Referral and preauthorization required for certain covered services.	
If you are pregnant	Office visits	\$20 co-pay/visit	Not covered	For prenatal care, you pay an office visit co- pay for your first visit only.	
	Childbirth/delivery professional services	See childbirth/delivery facility services.	See childbirth/delivery facility services.	See childbirth/delivery facility services	
	Childbirth/delivery facility services	\$500 co-pay/admission	Not covered	Referral and preauthorization required for certain covered services. Inpatient amount is inclusive of childbirth/delivery professional services.	

Common	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need help recovering or have other special health needs	Home health care	No charge	Not covered	Referral and preauthorization required for certain covered services.	
	Rehabilitation services	\$40 co-pay/visit in an office	Not covered	Short-term physical and occupational therapy limited to 60 visits combined per year. Referral and preauthorization required for certain covered services.	
	Habilitation services	\$40 co-pay/visit in an office	Not covered	Referral and preauthorization required for certain covered services.	
	Skilled nursing care	\$500 co-pay/admission	Not covered	Up to 100 days per year. Referral and preauthorization required for certain covered services.	
	Durable medical equipment	20% coinsurance	Not covered	Referral and preauthorization required for certain covered services.	
	Hospice services	No charge	Not covered	Referral and preauthorization required for certain covered services.	
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	Routine eye exams are limited to one per 12 month period.	
	Children's glasses	No charge	Not covered	One designated set, once per calendar year.	
	Children's dental check-up	No charge	Not covered	Dental check ups are limited to two per 12 month period.	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture

• Hearing Aids (over the age of 21)

Private-Duty Nursing

Cosmetic Surgery

Long-Term Care

Routine Foot Care

Dental Care (Adult)

Non-Emergency Care When Traveling Outside the U.S.

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion Services

Chiropractic Care

Routine Eye Care (Adult)

Bariatric Surgery

Infertility Treatment

Weight Loss Programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information, contact the insurer at 1-800-868-5200. You may also contact your state insurance department at Massachusetts Division of Insurance Consumer Service Section 1-877-563-4467. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact your state insurance department at Massachusetts Division of Insurance Consumer Service Section 1-877-563-4467. Contact Health Care for All, One Federal St., Boston, MA 02110, 1-617-350-7279, <a href="https://www.massconsumerassistance.org">www.massconsumerassistance.org</a>. Group members may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>.

#### Does this plan provide Minimum Essential Coverage? Yes

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". **This plan or policy does provide minimum essential coverage**.

#### Does this plan meet Minimum Value Standards? Yes

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health** coverage does meet the minimum value standard for the benefits it provides.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-868-5200.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

pay and a more in mount	<u>piario</u> . i load	or note those severage examples are bac	704 011 0011 011			
Peg is Having a Baby (9 months of in-network pre-natal can hospital delivery)	re and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
<ul> <li>The <u>plan's</u> overall <u>deductible</u>.</li> <li>PCP</li> <li><u>Specialist</u></li> <li>Hospital Stay</li> </ul>	\$0 \$20 \$40 \$500	<ul> <li>The plan's overall deductible.</li> <li>PCP</li> <li>Specialist</li> <li>Durable Medical Equipment</li> </ul>	\$0 \$20 \$40 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u>.</li> <li>PCP</li> <li><u>Specialist</u></li> <li>Emergency Room</li> </ul>	\$0 \$20 \$40 \$150	
This EXAMPLE event includes services lil Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)		
Total Example Cost	\$16,780	Total Example Cost	\$7,360	Total Example Cost	\$2,670	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0	
Copayments	\$540	Copayments	\$1,090	Copayments	\$700	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$30	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$80	Limits or exclusions	\$60	Limits or exclusions	\$0	
The total Peg would pay is	\$620	The total Joe would pay is	\$1,150	The total Mia would pay is	\$730	

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

# Important!

If you, or someone you're helping, has questions about Fallon Health, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-800-868-5200

## Spanish:

intérprete, llame al 1-800-868-5200. derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Fallon Health, tiene

# Portuguese:

Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Fallon Health, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-800-868-5200.

## Chinese:

免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話 [在此插入數字 1-800-868-5200 如果您,或是您正在協助的對象,有關於[插入項目的名稱 Fallon Health 方面的問題, 您有權利

# Haitian Creole:

avèk yon entèprèt, rele nan 1-800-868-5200. resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale Si oumenm oswa yon moun w ap ede gen kesyon konsènan Fallon Health, se dwa w pou

# Vietnamese:

thông dịch viên, xin gọi 1-800-868-5200. được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một Nêu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Fallon Health, quý vị sẽ có quyền

## Russian:

разговора с переводчиком позвоните по телефону 1-800-868-5200 вы имеете право на бесплатное получение помощи и информации на вашем языке. Для Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Fallon Health, то

#### Arabic:

لوص حلى ا يجف ق حلى الخبيدلف ، Fallon Health صوص خب قلى س مدعاست ص خش ى دل و الكبيدل ن الك ن إ ( ب لصرت المجرت عم شدحت لل . فقى الكنت قيما نود ن م لكت غلب قيرورض ل التامول عمل او قدعاسمل على على ع 1-800-868-5200.

# Khmer/Cambodian:

ប្រសិនបរវីអ្នក ឬនរណាម្មនក់ដែលអ្នកកំពុងដែជ្ជយ ម្មនសំណួរអ្ំពី Fallon Health ឃ, អ្នកម្មនសិេធិេេ្លលជំនួយនិងព័ែ៌ម្ខន បៅកនុងភាសា ររស់អ្នក

រជាយមិនអូប៉ូប៉ូលាក់ ។ បែរ ីមបីនិយាយជាមួយអ្នករកដប្រ សូម 1-800-868-5200 ។

### French:

à un interprète, appelez 1-800-868-5200. vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Fallon Health

#### Italian:

aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare Se tu o qualcuno che stai aiutando avete domande su Fallon Health, hai il diritto di ottenere 1-800-868-5200.

## Korean:

통역사와 얘기하기 위해서는 1-800-868-5200로 전화하십시오 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Fallon Health에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있 기 권리가 있습니다. 그렇게

#### Greek:

σε έναν διερμηνέα, καλέστε 1-800-868-5200 δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας χωρίς χρέωση.Για να μιλήσετε Εάν εσείς ή κάποιος που βοηθάτε έχετε ερωτήσεις γύρω απο το Fallon Health, έχετε το

#### Polish:

zadzwoń pod numer 1-800-868-5200. uzyskania bezpłatnej informacji i pomocy we własnym języku . Aby porozmawiać z tłumaczem, Jeśli Ty lub osoba, której pomagasz ,macie pytania odnośnie Fallon Health, masz prawo do

#### Hindi:

्रिआषषए से बात करने के लिए ,1-800-868-5200 पर कॉि करें। ,तो आपके पास अपनी भाषा में मुफ्त में सहायता और सूचना प्राप्त करने का अधिकार है। ककसी यदि आपके ,या आप द्वारा सहायता ककए जा रहे ककसी ट्यक्तत के Fallon Health [के 웹 차 봐 प्रश्न हैं

## Gujarati:

વષર્ો િ ત કરિ મ ટે,આ 1-800-868-5200 પર ક્રોલ કરો મદદ અને મ ફકતી મેળિિ નો અવિક ૨ છે. તે ખર્ચ વિન તમ રી ભ ષ મ ાં પ્ર પ્ત કરી શક જો તમે અથવા તમે ક્રોઇને મદદ કરી રહ્ાાં તેમ ાંથી ક્રોઇને Fallon Health વિશે પ્રશ્નો હોર્ તો તમને W છે. દ ભ

## Laotian:

ການໂອ້ລົມກັບນາຍພາສາ, ໃຫ້ໂທຫາ 1-800-868-5200 ສິດທ ່ຈະໄດ້ຮັບການຊ່ວຍເຫ ຼືອແລະຂໍ້ມູນຂ່າວສານທ ່ເປັນພາສາຂອງທ່ານບໍ່ມ ຄ່າໃຊ້ຈ່າຍ ້າທ່ານ, ຫ ຼືຄົນທ ່ທ່ານກຳລັງຊ່ວຍເຫຼຼືອ, ມ ຄຳຖາມກ່ຽວກັບ Fallon Health, ທ່ານມ

# Notice of nondiscrimination

Fallon Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Fallon does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

# Fallon Health:

- with us, such as: Provides free aids and services to people with disabilities to communicate effectively
- 0 Qualified sign language interpreters

  Written information in other formats (large print, audio, accessible electronic tormats, other formats)
- as: Provides free language services to people whose primary language is not English, such
- Qualified interpreters
- 0 Information written in other languages

member ID card, or by email at cs@fallonhealth.org If you need these services, contact Customer Service at the phone number on the back of your

way on the basis of race, color, national origin, age, disability or sex, you can file a grievance If you believe that Fallon Health has failed to provide these services or discriminated in another

Compliance Director

Fallon Health

10 Chestnut St.

Worcester, MA 01608

Phone: 1-508-368-9382 (TRS 711)

Email: compliance@fallonhealth.org

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Compliance Director is available to help you.

Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint

U.S. Department of Health and Human Services 200 Independence Avenue SW., Room 509F, HHH Building Washington, D.C., 20201

Phone: 1-800-368-1019 (TDD: 1-800-537-7697)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.