

Dr. Christoph Scheepers Senior Lecturer

School of Psychology University of Glasgow 58 Hillhead Street Glasgow G12 8QB Tel.: +44 141 330 3606

Christoph.Scheepers@glasgow.ac.uk

Glasgow, October 10, 2018

Ethical approval for:

Application Number: 300180025

Project Title: The effects of social comparison orientation and social media engagement

style upon mental wellbeing and sleep in young people

Lead Researcher: Dr Heather Cleland Woods

This is to confirm that the above application has been reviewed by the College of Science and Engineering Ethics Committee and **approved.** Please refer to the collated reviews on the system for additional comments and suggestions, if any. Good luck with your research.

Sincerely,

Dr Christoph Scheepers

Ethics Officer

College of Science and Engineering

University of Glasgow

Did you know? For projects requiring the use of an online questionnaire, the University has an Online Surveys account for research. To request access, see the University's application procedure at

https://www.gla.ac.uk/research/strategy/ourpolicies/useofonlinesurveystoolforresearch/.