

# Sam Davies

## PROFILE

I value nothing more than resilience, commitment, and discipline, so have incorporated these values into my life to be the best version of myself. In year 11, I won the award for hardest working and most aspirational student in Citizenship and French, and in college topped all my classes in terms of grades and marks, coinciding with faculty awards in Sociology and English Language and Literature, and the college's own award for outstanding academic achievement, emphasising my willingness to listen effectively, work hard, and meet deadlines.

## WORK EXPERIENCE

- (Summer 2021 – present) I currently work in a village maintenance role for the Alresford Parish Council, highlighting my will to maintain an aesthetic environment.
- (Summer 2020 - 2021) I worked as a self-employed painter, decorator, and gardener in my local village, developing my interpersonal skills and ability to maintain a high standard of work.
- (Spring 2019) I hosted a charity bake sale for the Colchester Night Shelter, as part of a Citizenship project, raising awareness of the causes and effects of homelessness, raising just over £70.
- (Autumn 2018 – Summer 2019) Due to my role as a prefect at secondary school and ambassador at college, I have participated as a public speaker and assistant at several parents' evenings, illustrating my ability to cooperate with others and positively represent an institution.
- (Summer 2018) For 2 weeks, I worked at the University of Essex, within the Psychology Department, where I developed statistical skills, such as budget management.
- (Summer 2018) I have shadowed a teacher at Millfields Primary School, and, at secondary school, took on the role of a teacher for a week and led 3 lessons for a group of young primary school children, causing me to develop lesson planning and communication skills.

## HOBBIES

I have played football for over 4 years and have been in an Army Cadet-level bootcamp regiment for over 2 years, which has improved my self-motivation and discipline, causing me to develop significant interest in fitness, self-improvement, and personal training. Furthermore, I am an avid reader, cook, and gamer, and gym-goer, accentuating my will to articulate new information and find practical solutions to challenges.

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## EDUCATION

### Colne Community School (2014 – 2019)

At secondary school I achieved a GCSE average of 7.5, placing me in the top 10 highest performing students in my cohort. I achieved grade 9's in English Language, English Literature and Citizenship; grade 7's in one half of GCSE Combined Science, Geography, and French; and a grade 6 in Maths, and the other half of my Combined Science GCSE. Additionally, I received a level 2 distinction\* in BTEC Sport (PE) and a level 2 distinction in Media Studies.

### Colchester Sixth Form (2019 – 2021)

A\* A\* A\* in Sociology, English Language and Literature, and Geography respectively, reflecting my self-determination and motivation to succeed. I subsequently received the college's award for outstanding academic achievement.

### University of Essex (2021 – 2024)

Sociology at the University of Essex (according to the QS World University Rankings by Subject 2021) is ranked 9<sup>th</sup> best in the UK; hence I have decided to go there to pursue an undergraduate degree.

## SKILLS

- Driven work ethic: desire to succeed, self-improve, and progress, as embodied by my educational attainments.
- Confident public speaker; strong social skills, due to my previous roles as a secondary school prefect and college ambassador.
- Excellent time management and organisational skills.
- Leadership qualities, but also happy to cooperate with others. These skills were primarily developed when I was team leader of my year 11 Citizenship charity bake sale project, as I had to encourage students of mixed abilities to involve themselves in the research process prior to the bake sale.
- Dedicated learner and listener.
- Thorough understanding of technology and budget management, due to working over the summer of 2019 at the University of Essex.

Throughout my work experience and education, I have developed a mindset revolved around discipline and working under pressure. To achieve my ambitious target grades at college, I studied regimentally, reflecting my ability to organise myself in an effective way. Moreover, because of my career as a footballer and attendee-status at an Army Cadet-level bootcamp regiment, I have become a team-player who thrives off leading and collaborating with others, and defusing tense situations and conflicts.