

# Becoming a Team Player

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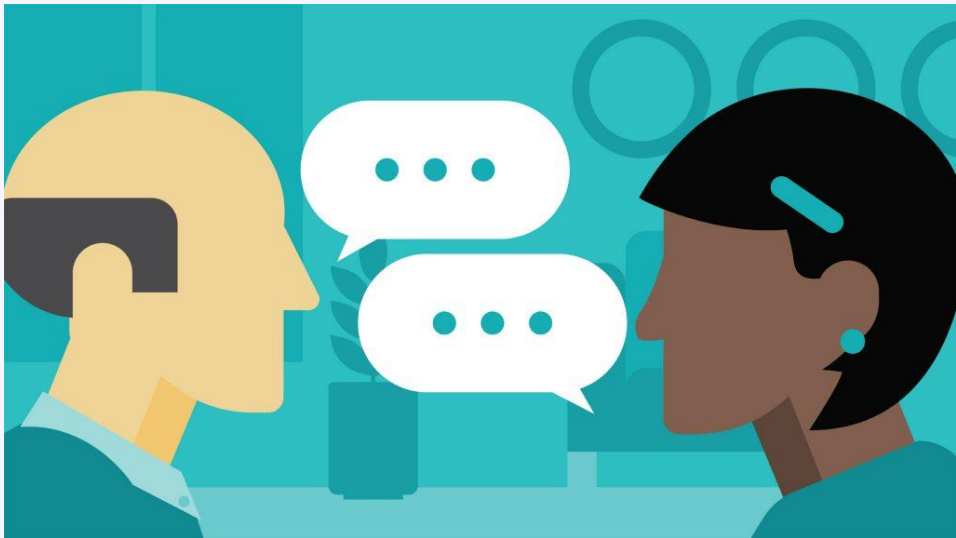
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## Summary

In a society that expands further than before every year, and as an increasing number of people enter the work force, day by day it becomes more vital to be a good team player in order to make the most out of time spent working with others. This poster touches on a few of the most important topics that are core to becoming a team player.

### Identity, sense of place and team

The relationships we hold with significant places we have encountered throughout our lives play a key role in what makes up our identity, sense of place and belonging. Gone are the days where organisations are providers, they are also critical enablers lifting groups of all calibres to new heights. As the world becomes more collaborative, it is important to recognise that other members of your team also have different identities. Engagement in activities that encourage all members to discuss and contribute is key to securing a sense of place within a team



### Beliefs and Values

People of different backgrounds, cultures, heritage and societies will have vastly different, and sometimes opposing, morals and moral systems. These morals are derived from a set of values – which can differ wildly from person to person.

The first step is to recognize that what one person holds as a value, others may not. Accepting that we are different is the start of appreciating that our differences can contribute to a stronger overall team.

Seeing the world from different perspectives will generate different opinions and principles

It is also key to consider that opposing beliefs and values have the potential to create conflict.

### Life is a team sport

Trust is another integral part of becoming an excellent team player. When team members are comfortable to treat others as if they were closer to family or friends than just team members, they begin to open to each other and become comfortable to expose their softer parts.

We live in an era where we are allowed to manage our emotions, we are no longer required to leave emotions at the door. [3]

### Effective communication

Very close to beliefs and values, identifying barriers to effective communication is essential starting discourse between two individuals.

A quote from Robert L. Johnson, BET, highlights the end goal of effective communication. “You've gotta give people a feeling that they are part of something that's bigger than themselves.” [1]. In a business context, understanding what motivates your employees and helping them to achieve their goals will be of benefit to both employer and employee.

## Team Meeting Summary

Mostly test composition with supporting images to draw in attention and

Topics to cover: Identity, sense of place and team. Identifying values appropriate to discipline. Identifying barriers to effective communication. Identifying actions to improve listening skills.

Team members: ASARE Joshua, HEEKS Jack, PRENTICE Matthew, RUSSELL Matthew.

## References

[1]"Effective Communication", *Video-alexanderstreet-com.ezproxy.uwtsd.ac.uk*, 2021. [Online]. Available: [https://video-alexanderstreet-com.ezproxy.uwtsd.ac.uk/watch/effective-](https://video-alexanderstreet-com.ezproxy.uwtsd.ac.uk/watch/effective-communication?utm_campaign=Video&utm_medium=MARC&utm_source=aspresolver)

[communication?utm\\_campaign=Video&utm\\_medium=MARC&utm\\_source=aspresolver](https://video-alexanderstreet-com.ezproxy.uwtsd.ac.uk/watch/effective-communication?utm_campaign=Video&utm_medium=MARC&utm_source=aspresolver). [Accessed: 06- Nov- 2021].

[2]"Effective Communication: How to Synchronize Intent - CollegeAD", *CollegeAD*, 2021. [Online]. Available: <https://collegead.com/effective-communication-synchronize-intent/>. [Accessed: 08- Nov- 2021].

[3]"Topic 4 - Life is a Team Sport", *Moodle.uwtsd.ac.uk*, 2021. [Online]. Available: <https://moodle.uwtsd.ac.uk/mod/scorm/view.php?id=365628>. [Accessed: 10- Nov- 2021].