

IR-SEE

https://ir-see.com

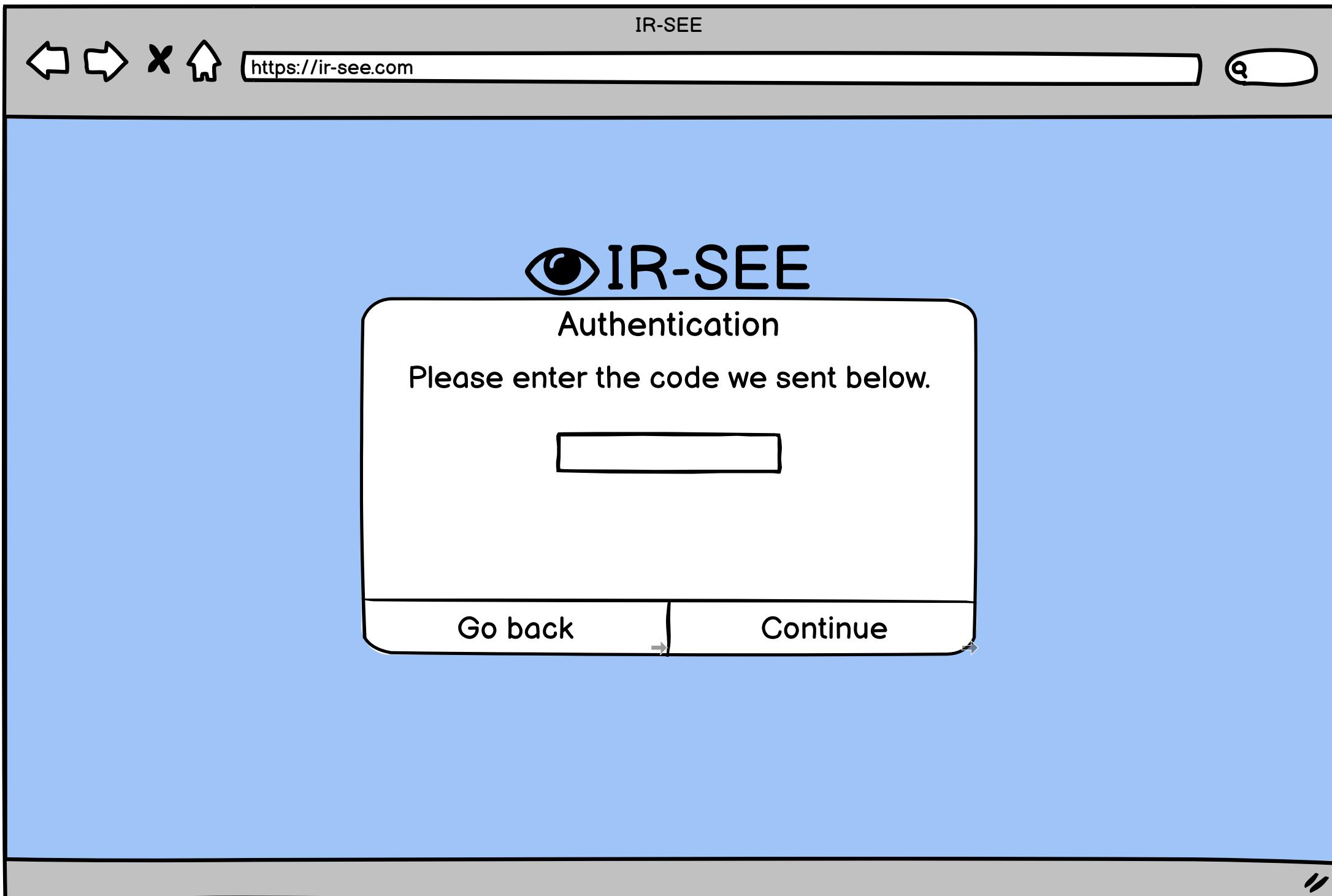
E-mail:

Password:

Log In

[Forgot my password](#)

[I don't have an account](#)



The image shows a web browser window with the following details:

- Address Bar:** The URL <https://ir-see.com> is displayed.
- Page Content:** The main content area has a light blue background. At the top center is the IR-SEE logo, which consists of a stylized eye icon followed by the text "IR-SEE".
Below the logo is a message in a white rounded rectangle: "New password has been sent to your e-mail."
Underneath this message is a button labeled "Sign In". To the left of the "Sign In" button is a link "[Back to Login Page](#)".
At the bottom of the page are two links: "[Forgot my password](#)" and "[I don't have an account](#)".
- Browser UI:** The browser features a dark grey header bar with standard navigation icons (back, forward, search, etc.) and a search bar. The address bar is also dark grey.



Username:





Username:

E-mail:

Password:

Confirm Password:

Age: 

Create Account



Username:





OIR-SEE

Username:

E-mail:

Password:

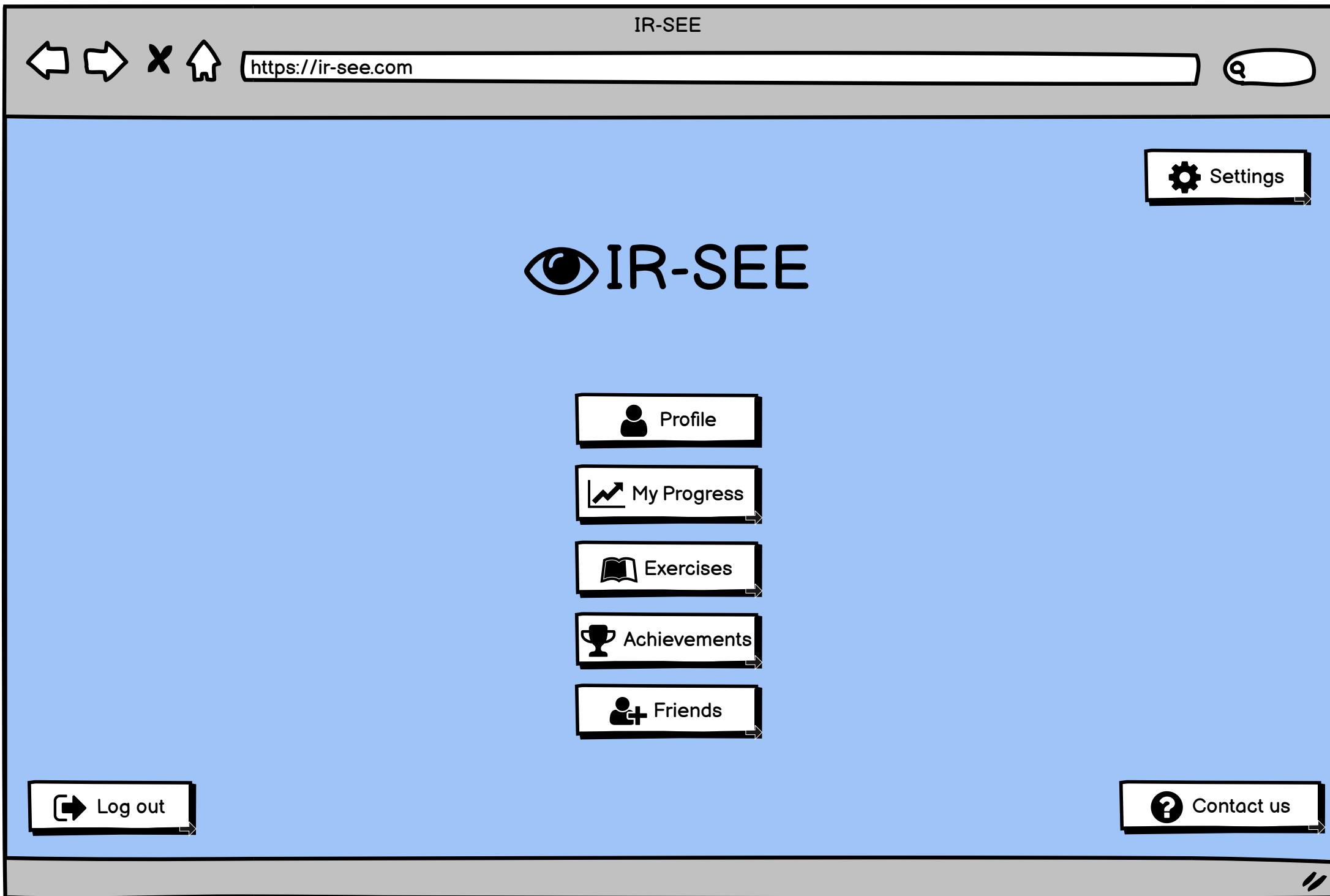
Confirm Password:

Age:

7
8
9
10
11
12
13
14
15
16

Create Account





The screenshot shows the homepage of the IR-SEE website. At the top, there is a navigation bar with icons for back, forward, search, and refresh, and a URL bar containing "https://ir-see.com". The main content area has a light blue background. In the center, there is a large logo consisting of a stylized eye icon followed by the text "IR-SEE". Below the logo, there are five main menu items, each enclosed in a white rectangular button with a black border and a small arrow pointing to the right: "Profile" (user icon), "My Progress" (chart icon), "Exercises" (book icon), "Achievements" (trophy icon), and "Friends" (person icon). At the bottom left, there is a "Log out" button with a right-pointing arrow. At the bottom right, there is a "Contact us" button with a question mark icon and a right-pointing arrow. The footer is a dark grey bar with a small white double-slash icon.

IR-SEE

https://ir-see.com

Settings

Profile

My Progress

Exercises

Achievements

Friends

Log out

Contact us

IR-SEE

Home Page

Settings

ADD FRIEND

search

Friend List

Friend1
Friend2
Friend3
Friend4
Friend5
Friend6
Friend7

IR-SEE

https://ir-see.com

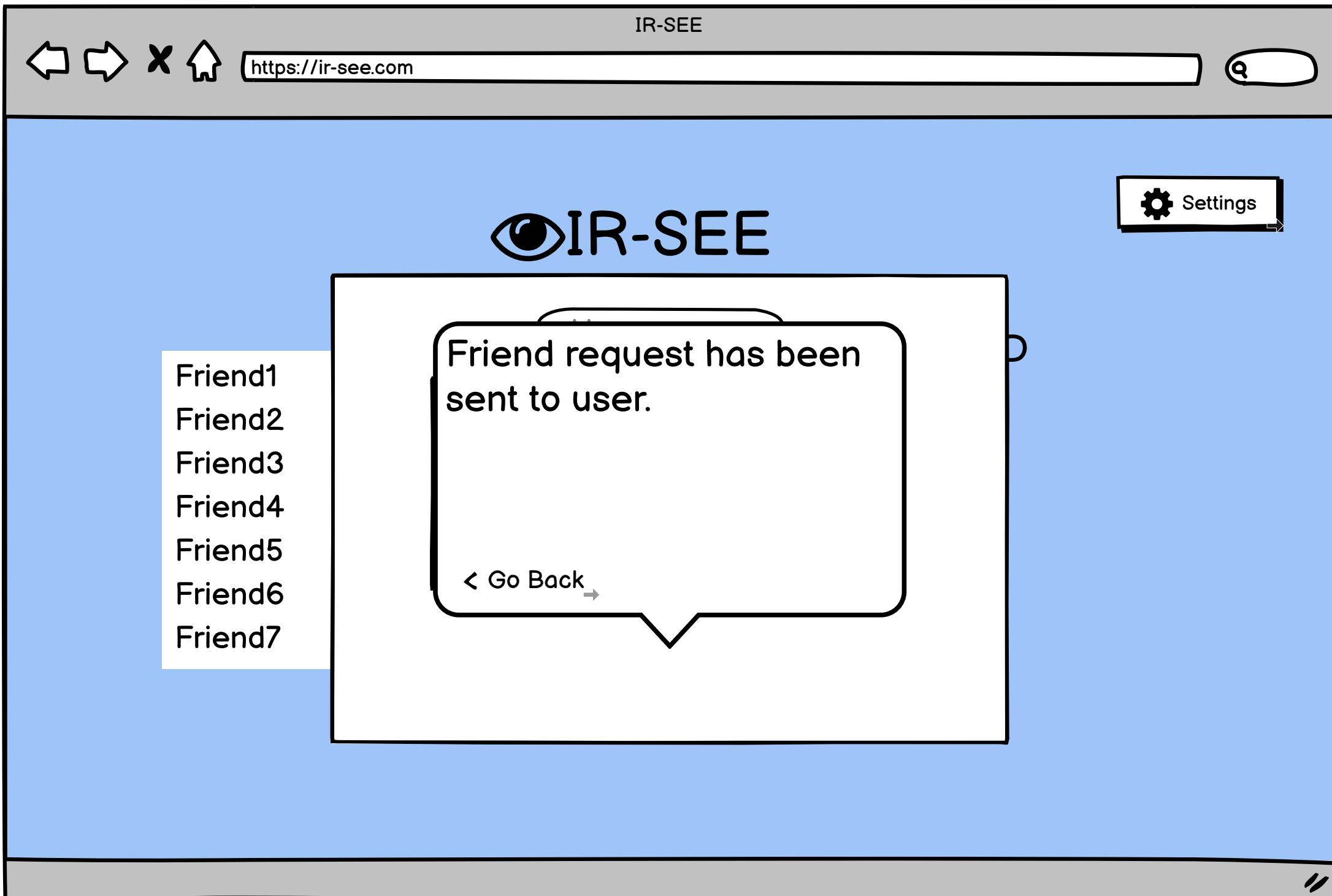
Friend1
Friend2
Friend3
Friend4
Friend5
Friend6
Friend7

User

User1 User2 User3 User4

< Go Back

Settings



Settings

https://ir-see.com/settings

Home Page

Language: Choose Your Language ▾

Color Blind Mode:

Dark Mode:

Change my password

≡

Contact Us

https://ir-see.com/contact

Your Email:

Home Page

Your recommendations and feedbacks:

Send

Achievements

https://ir-see.com/achievements

Achievements

↗ Level:

 Daily Streak

 Challenges

 Statistics

 Unlocked

Home Page

Back

Achievements

<https://ir-see.com/achievements>

My Streak

MAY 2024						
S	M	T	W	T	F	S
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

My Goal:

Create a Goal

Change Goal

Back

Achievements

<https://ir-see.com/achievements>

Challenges

Level 1 Challenges

- 5 days streak
- Read a page under 150 seconds
- Read a page under 120 seconds
- 10 days streak

Level 2 Challenges

- 15 days streak
- Read a page under 80 seconds
- Read a page under 70 seconds
- 20 days streak

Level 3 Challenges

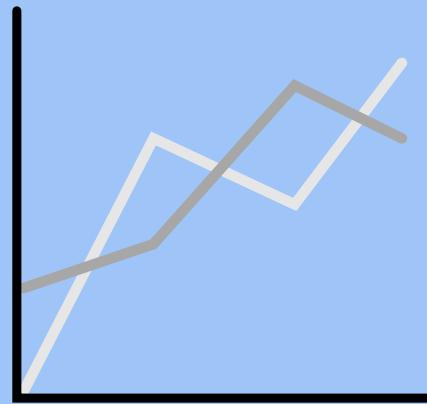
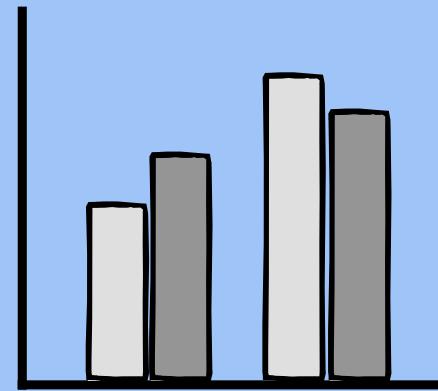
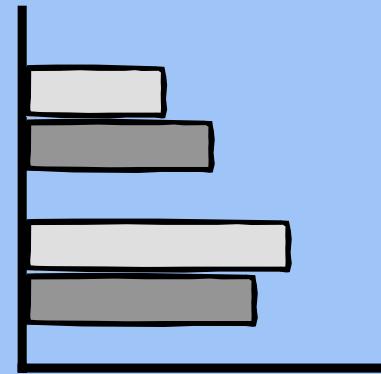
- 30 days streak
- Read a page under 60 seconds
- Read a page under 30 seconds
- 40 days streak



Achievements

<https://ir-see.com/achievements>

My Statistics



//average concentration time
//reading speed

Back

Achievements

<https://ir-see.com/achievements>

Achievements Unlocked

Rookie

Achieve Level
1

Advice

Achieve Level
5

Intermediate

Achieve Level 10

Advanced

Achieve Level
20

Expert

Achieve Level
30

Master

Achieve Level
50

Back

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

50%

◀ ▶ ▶

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

← → →

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

◀ ▶ ▶▶

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

◀ ▶ ▶▶

The central part of the interface features a circular graph with 13 numbered nodes (0 through 12). Node 0 is dark blue and has arrows pointing to nodes 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, and 11. Nodes 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, and 11 are light gray and have arrows pointing away from node 0. Node 12 is also light gray and has arrows pointing away from node 0. Below this graph is a progress bar with the text "COMPLETE PERCENTAGE" and a small gray segment.

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

You should not pass

COMPLETE PERCENTAGE

◀ ▶ ▶

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

← → ↗

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

BACK FORWARD SEARCH

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

You complete all of them

COMPLETE PERCENTAGE

◀ ▶ ▶

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

COMPLETE PERCENTAGE

← → ↗

Exercises

<https://ir-see.com/Exercises>

Home Page

EXERCISES

Settings

Level 3

You complete all of them

COMPLETE PERCENTAGE

10%

◀ ▶ ▶

Exercises

<https://ir-see.com/Exercises>

Home Page Settings

EXERCISES

Level 3

You complete all levels of
this tasks

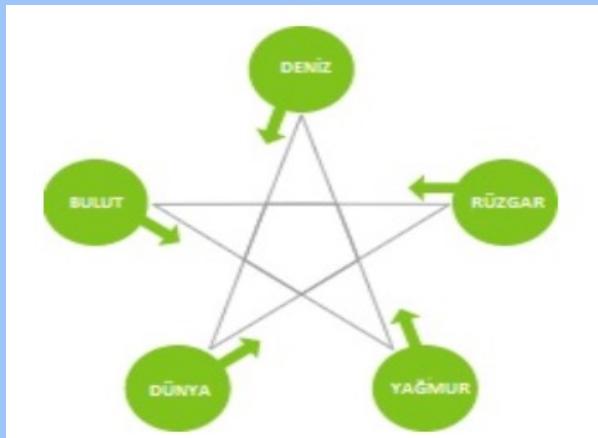
COMPLETE PERCENTAGE

◀ ▶ ▶

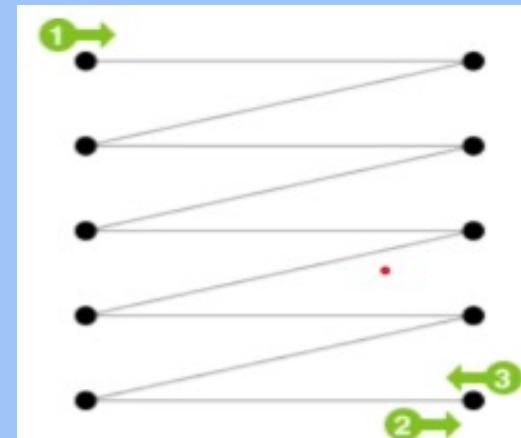
exercise.spottracking

<https://ir-see.com/Exercises/exercise.spottracking>

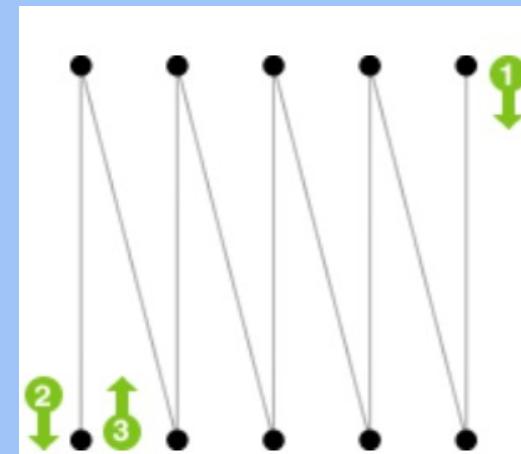
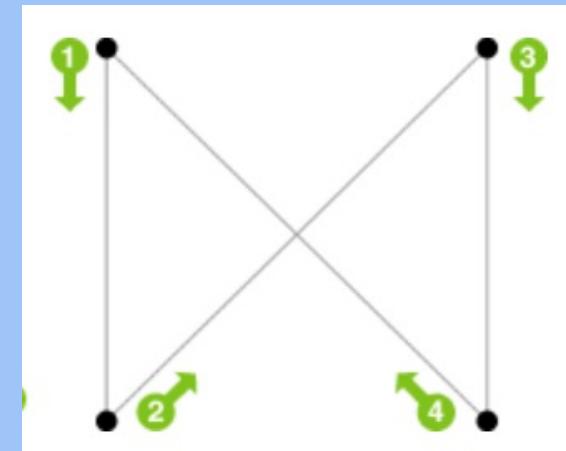
PART 1



PART 2



PART 3



Back

PART 4



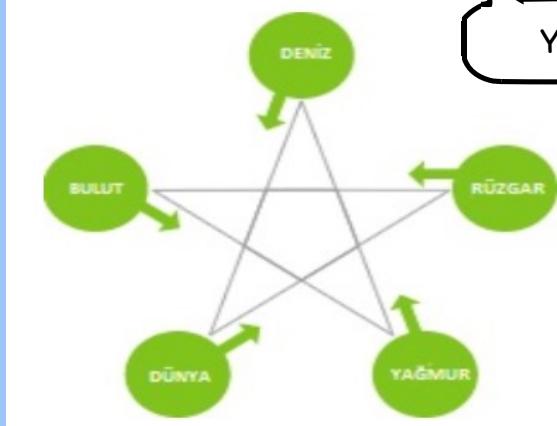
Settings



exercise.spottracking

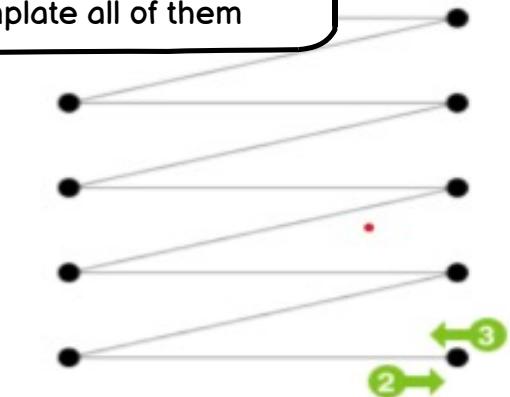
<https://ir-see.com/Exercises/exercise.spottracking>

PART 1

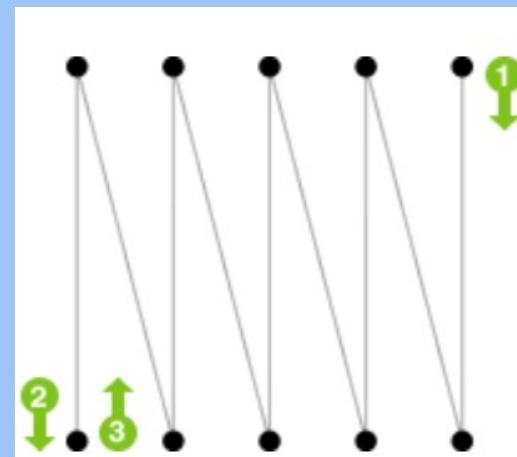
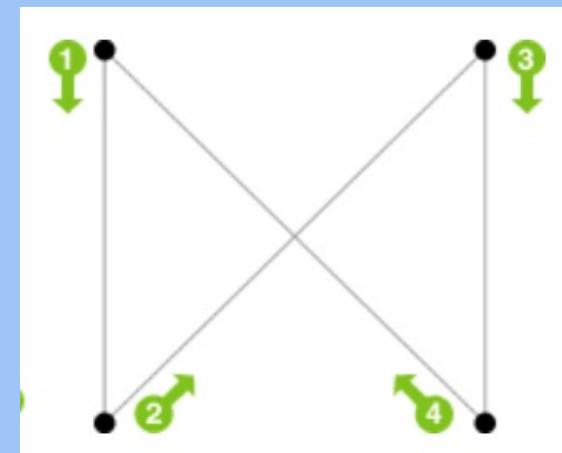


You complete all of them

PART 2



PART 3



PART 4



Back

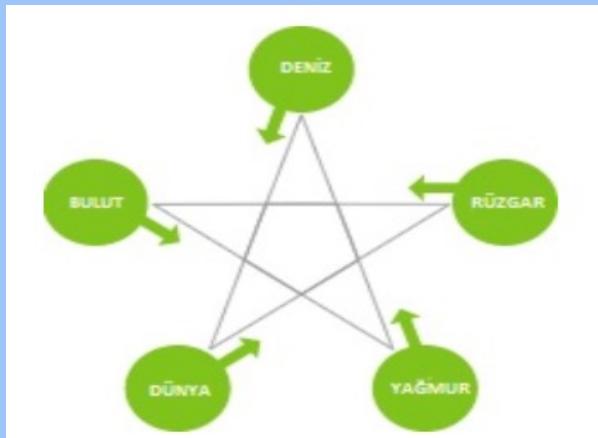
Settings



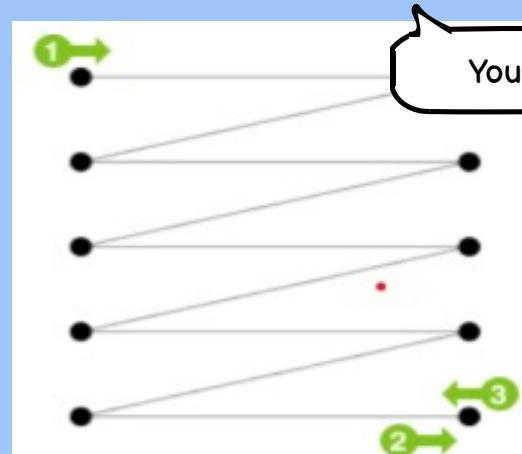
exercise.spottracking

<https://ir-see.com/Exercises/exercise.spottracking>

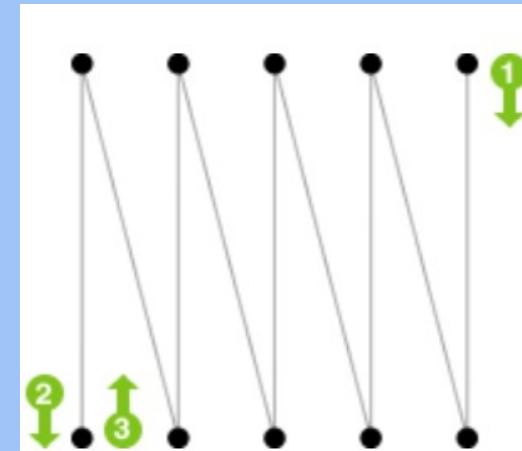
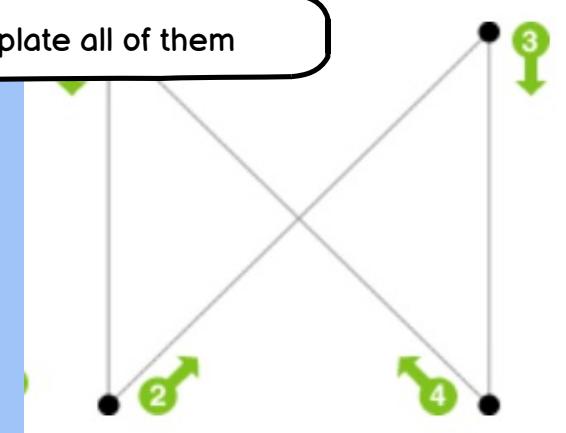
PART 1



PART 2



PART 3



PART 4



Back

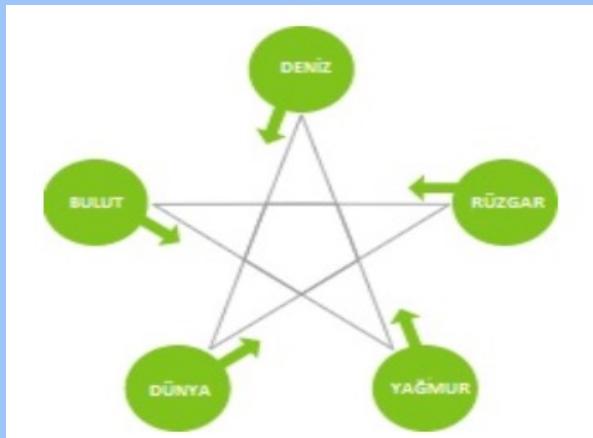
Settings



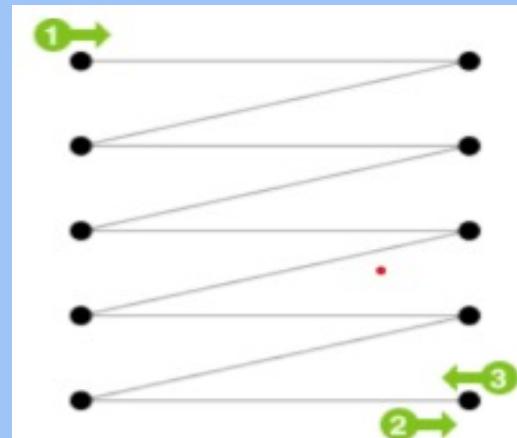
exercise.spottracking

<https://ir-see.com/Exercises/exercise.spottracking>

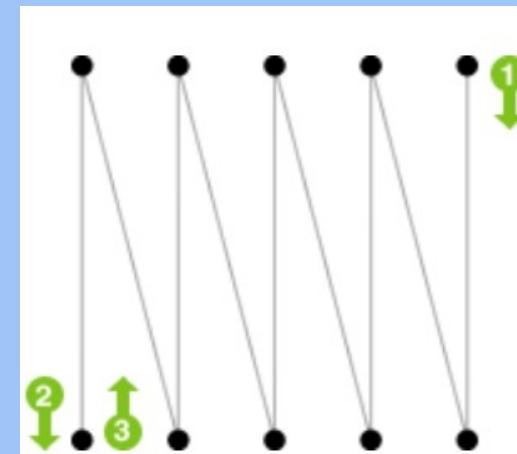
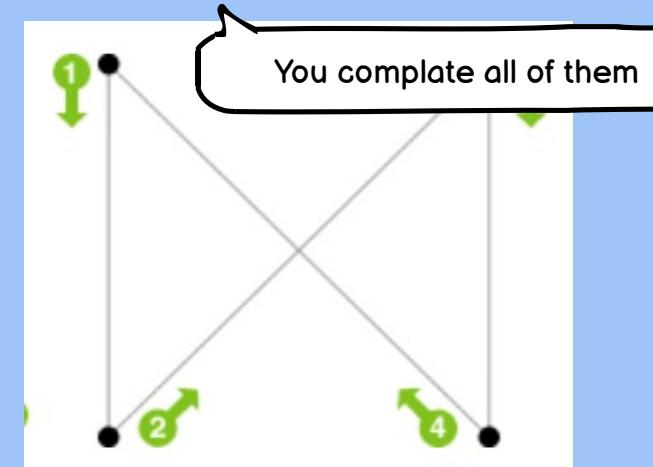
PART 1



PART 2



PART 3



PART 4



Back

Settings



exercise.spottracking


<https://ir-see.com/Exercises/exercise.spottracking>


PART 1



PART 2



PART 3



ÇIRKİN ÖRDEK YAVRUSU

Göl kenarında güzel bir çiftlik varmış. Bu çiftlikte pek çok hayvan yaşarmış. Bunların arasında bir de anne ördek bulunuyormuş.

Anne ördek bir gün yumurtaların üstüne yatmış. Güllerce bu yumurtaların üstünden hiç kalkmamış.

Zamanı geldiğinde bu yumurtaların içinden minik ördek yavruları çıkacakmış. Anne ördek yavruları olacağrı için çok mutluymuş.

Yumurtalar bir süre sonra çatlamaya başlamış. Çatlayan her yumurtanın içinden birbirine benzeyen yavrular çıkmış.

Minicik sarı yavrular çok sevimiymiş. Bütün yavrular onları çok sevmiş. Üç yumurta çatladığı halde, bir yumurta çatlamamış. Her kez bu yumurtanın içinden ne çıkacagini merak etmeye başlamış.

İçinden koca gagalı, çırkin mi çırkin siyah renkte bir yavru çıkmış.

Bu diğer yavrulara hiç benzemiymüş. Çırkin yavrusu gören bütün hayvanlar gülmeye başlamış.

"Aaa ne çırkin bir yavru." Demişler. Ama anne ördek onu da çok sevmiştir.

BREAKING FREE

Varsha Adalja

The doors of the prison opened and Avni stepped out. The doors clanged shut behind her, pushing her out in a new world. She walked a few steps—oh, the beautiful sunshine, the incessantly blowing wind, the tree leaves rustling, the dogs barking somewhere. Taking it all in, she just choked up. She couldn't take a step further—oh freedom! She sat down under a tree, putting aside her small bag with her clothes and a few knick-knacks—the very same clothes she had worn on that fateful night that she had entered the high walls of the prison for the first time.

She recalled how on that night too, with just one step in, she had been instantly thrown into the strange new world of a prison. She couldn't believe that she was facing several small cells, with prisoners staring at her questioningly. She had started shivering with shock, so much so that she had to lean on the jailor's table to remain steady, or she would have collapsed. Surely, it was all a nightmare! She had no idea what the jailor asked her and what replies she gave. The nightmare continued as she was thrown into a large room full of women

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Back

PART 4



Settings




<https://ir-see.com/Exercises/exercise.spottracking>


PART 1



PART 2



PART 3

**ÇIRKİN ÖRDEK YAVRUSU**

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you complete this part

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Back

PART 4



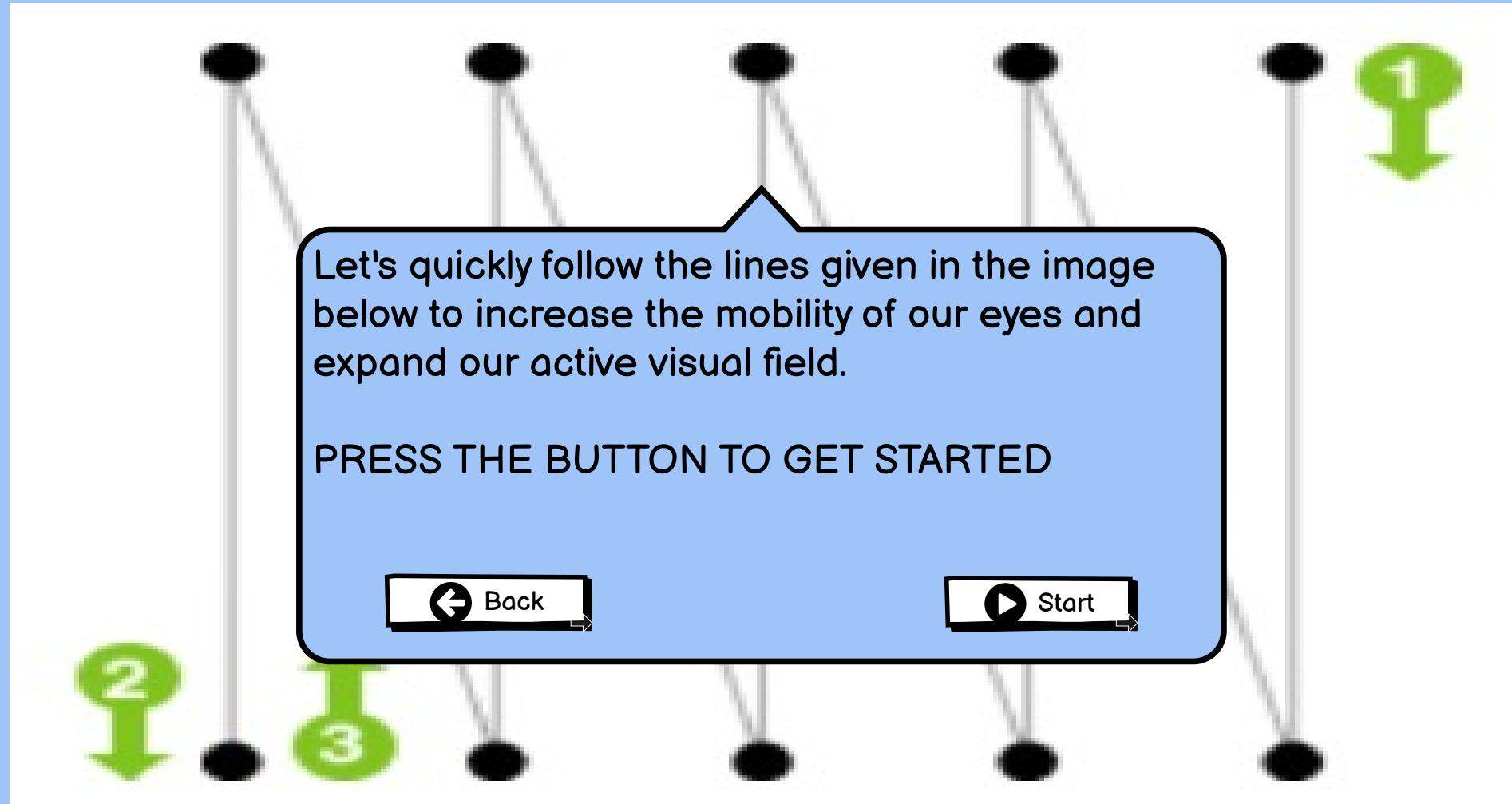
Settings



PART 1



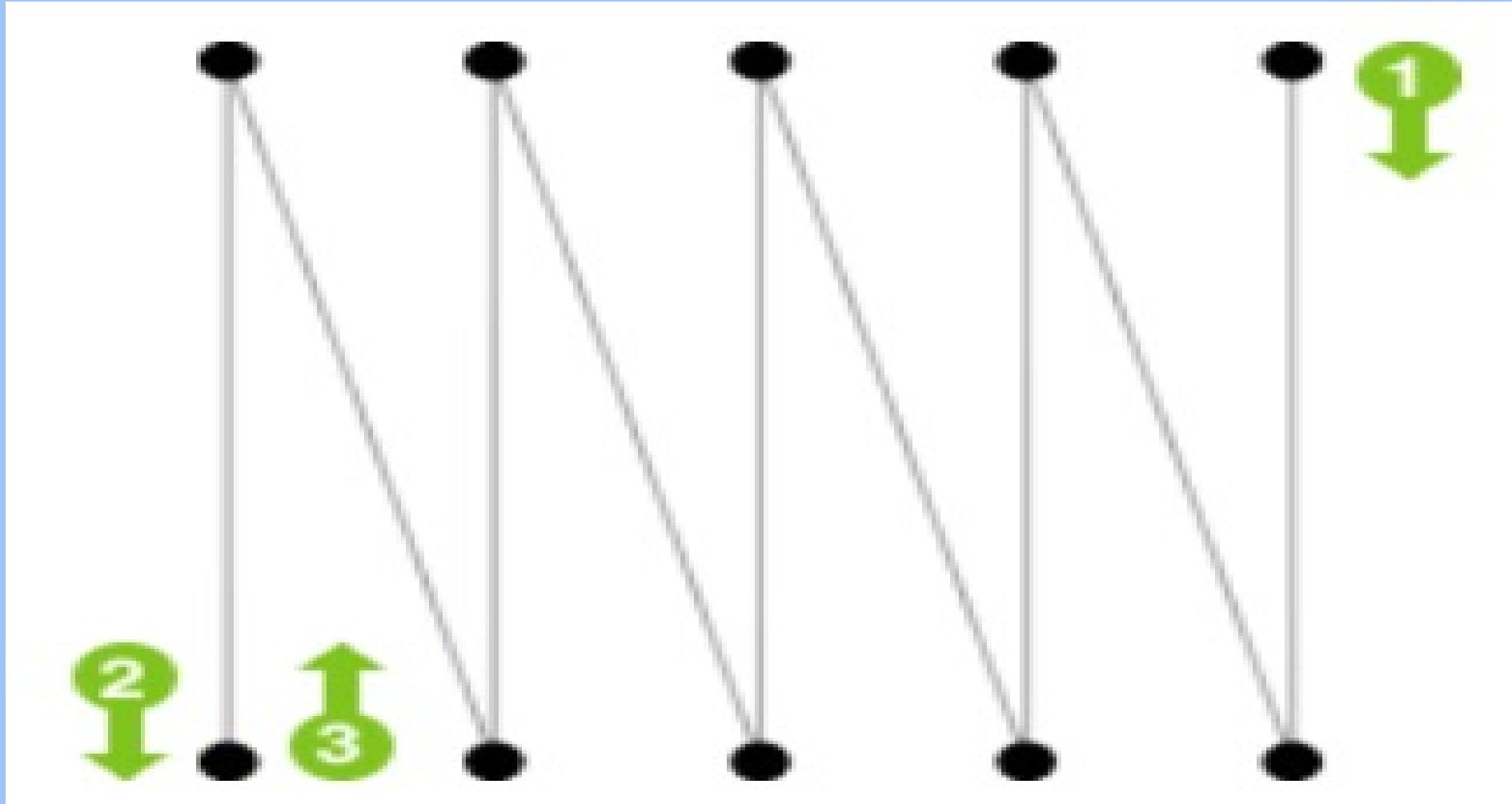
<https://ir-see.com/Exercises/exercise.spottracking/PART 1>



PART 1



<https://ir-see.com/Exercises/exercise.spottracking/PART 1>

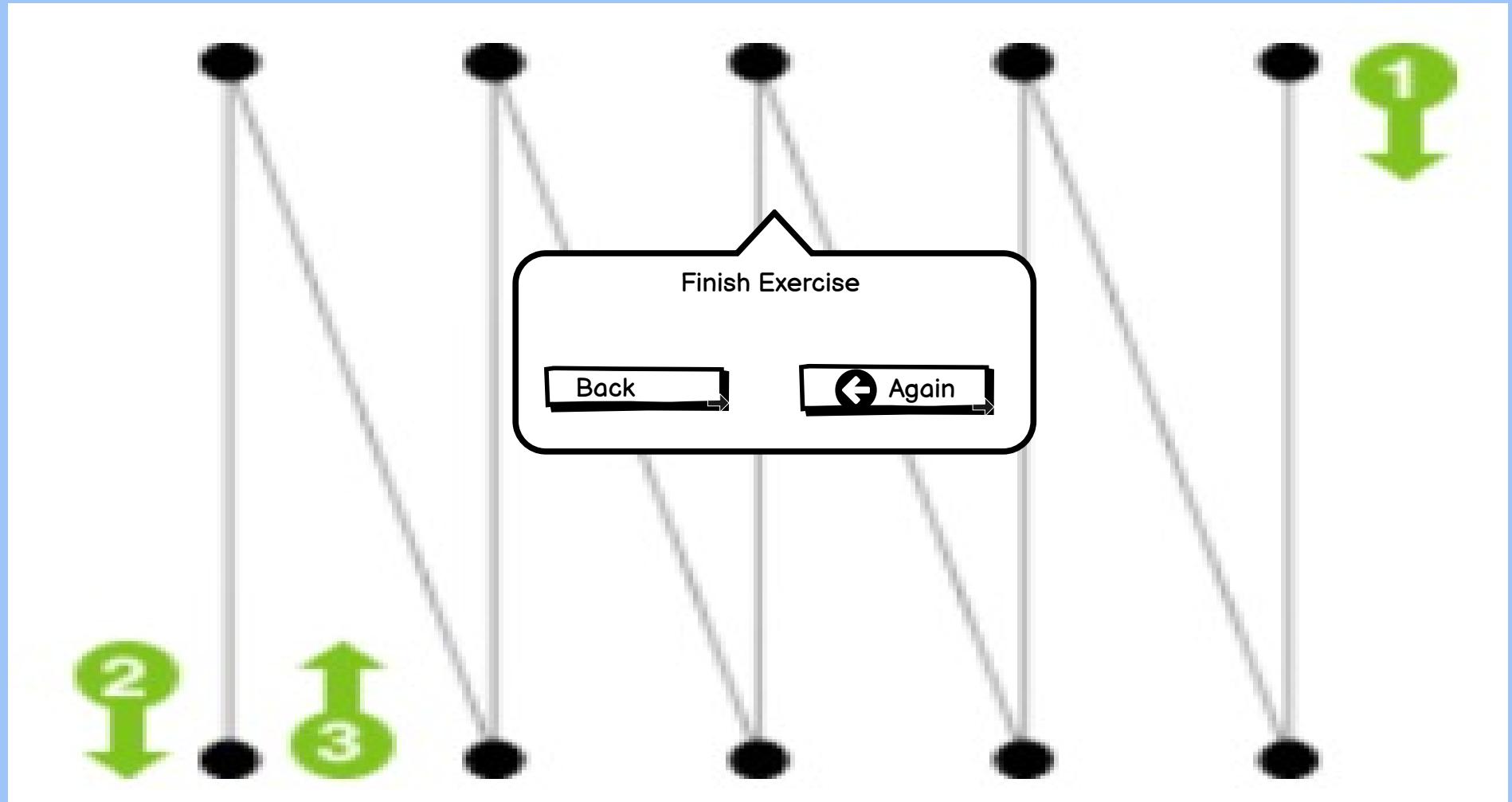


Back

PART 1



<https://ir-see.com/Exercises/exercise.spottracking/PART 1>



Finish Exercise

Back

Again

Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>

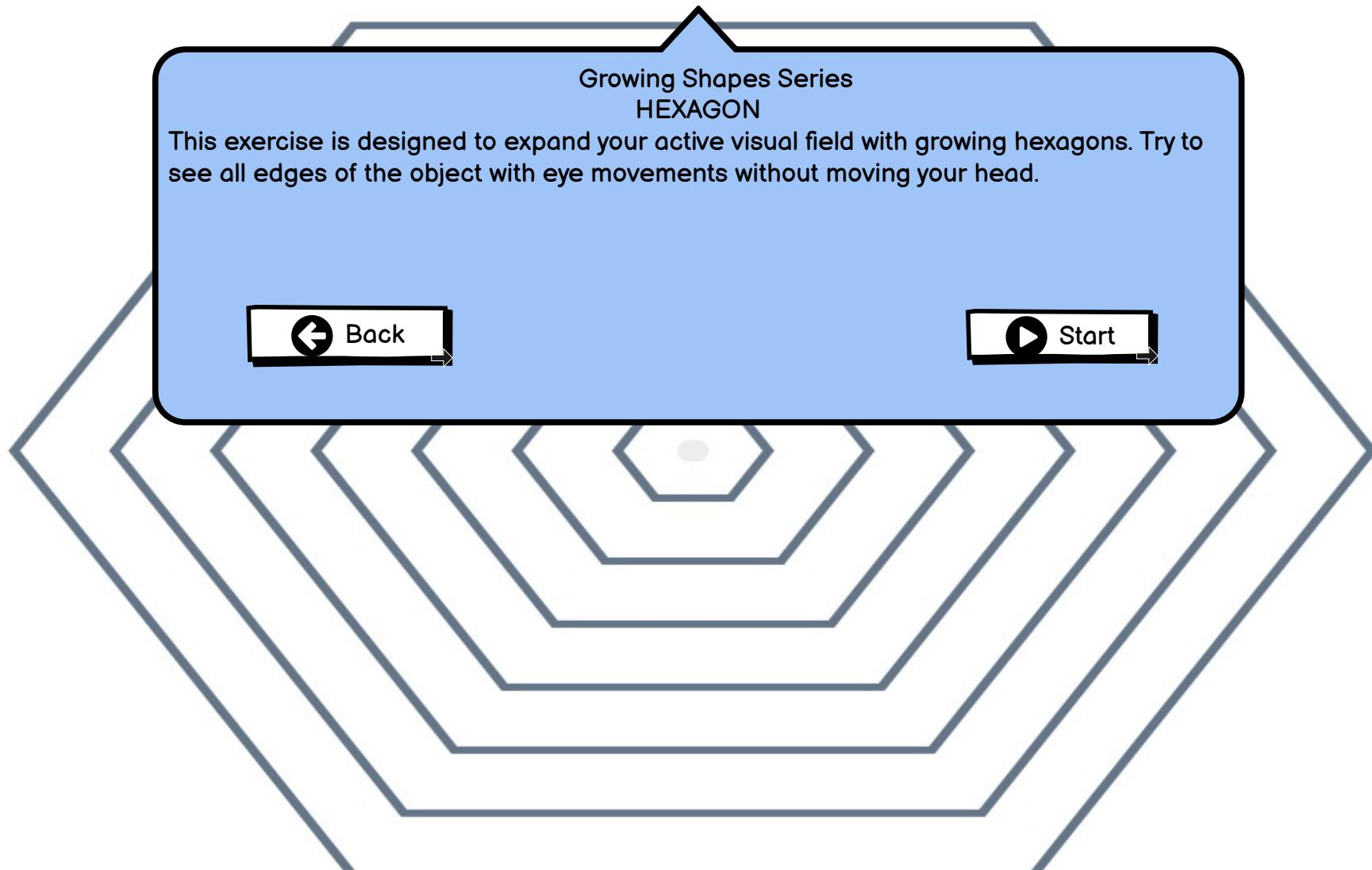


Growing Shapes Series HEXAGON

This exercise is designed to expand your active visual field with growing hexagons. Try to see all edges of the object with eye movements without moving your head.

Back

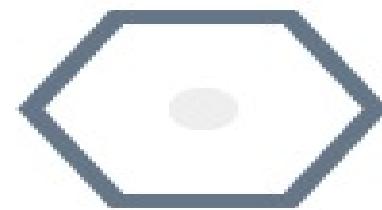
Start



Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>



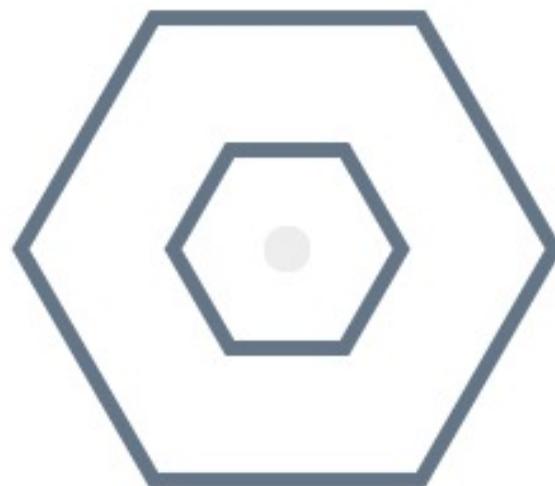
00.58



Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>

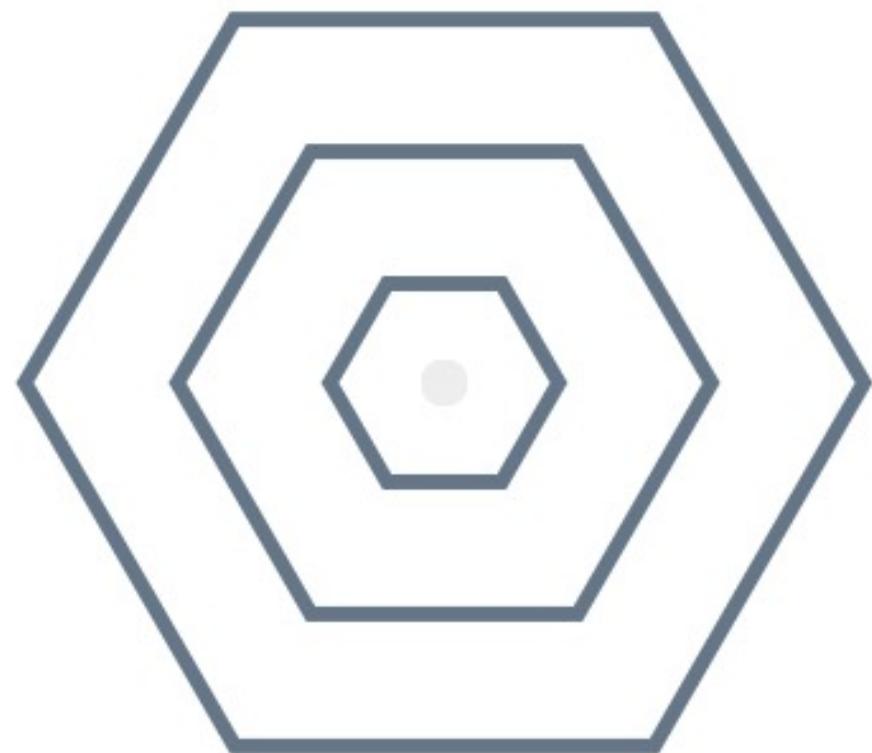


00.57

Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>

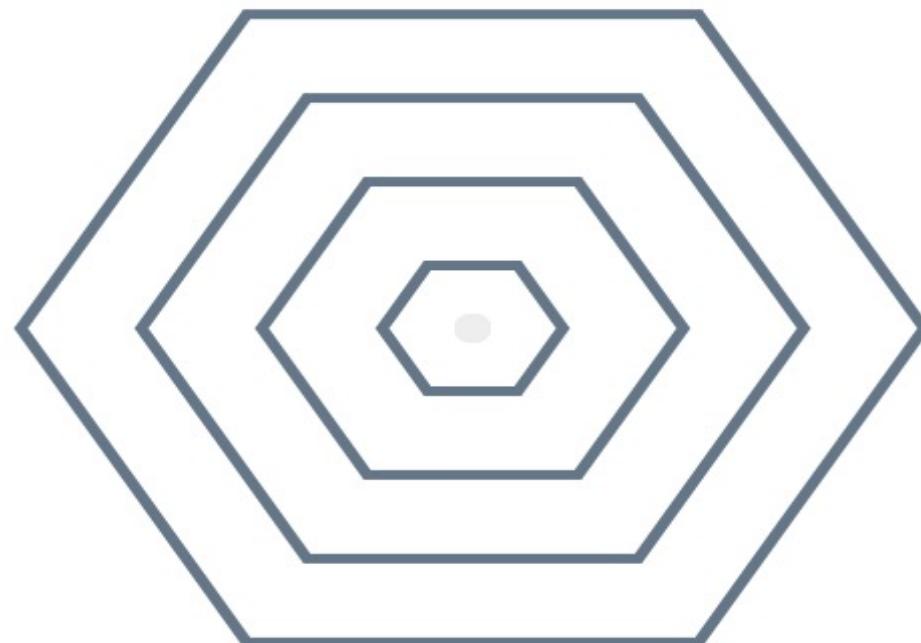


00:56 →

Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>



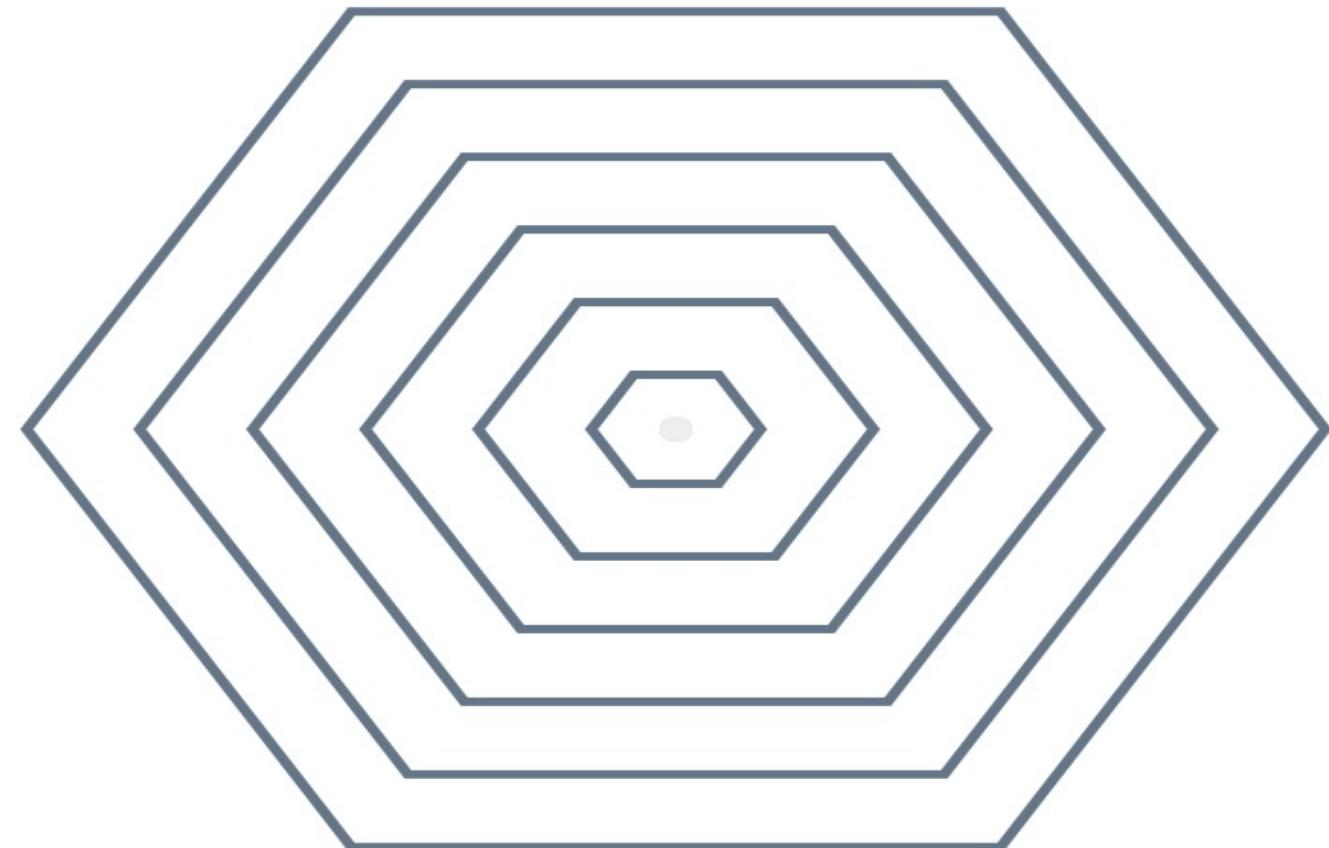
00:55
→



Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>

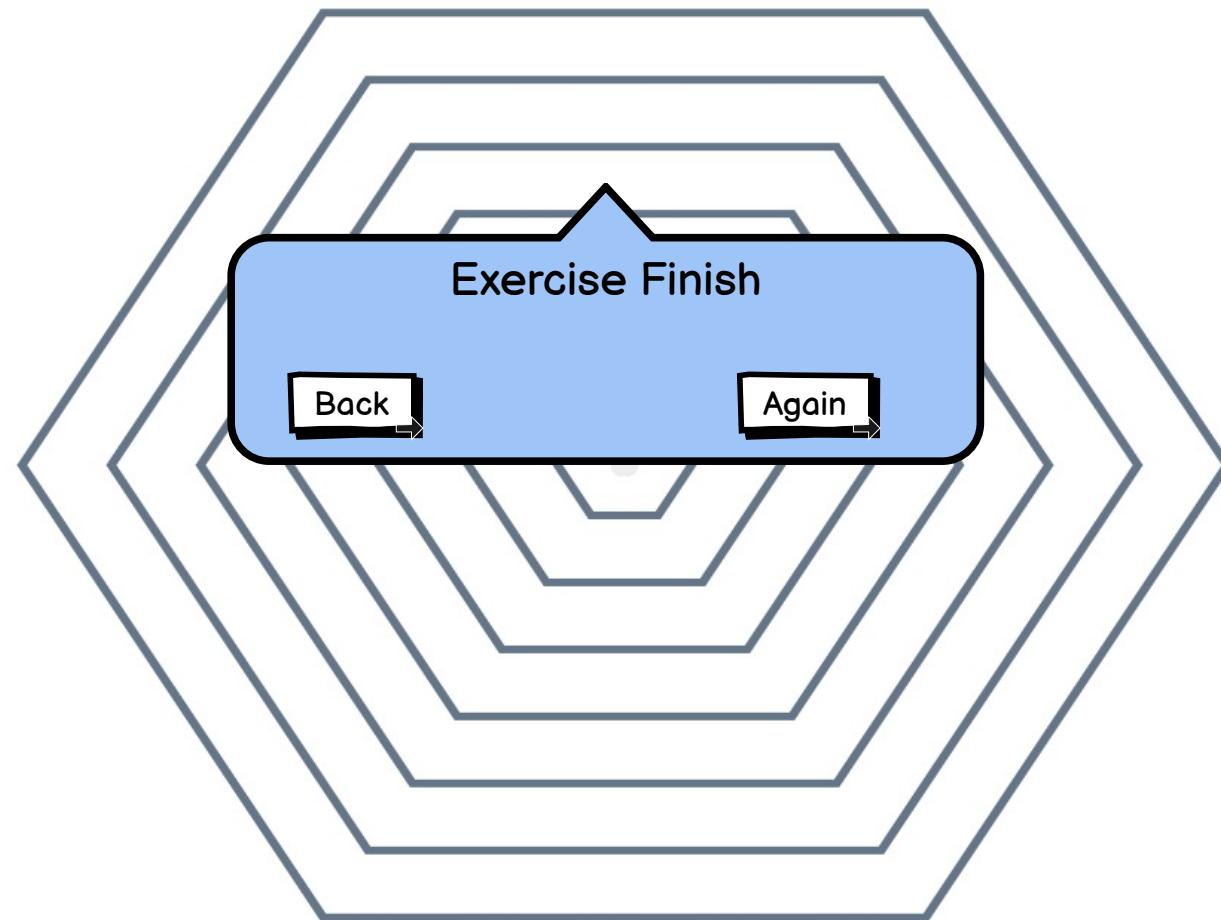


00:54
→

Exercise



<https://ir-see.com/Exercises/exerciseGrowing.Shapes.Series>



Exercise Finish

Back

Again

00.00

Exercise

<https://ir-see.com/Exercises/exercise.13.Point.Eye.Exercise>

13 Point Eye Exercise

Follow the blue dot with eye movements without moving your head. The next point on the point you are following is marked with arrows. You may experience some difficulty in the first exercises. Don't stop following, if you have a hard time following, change the bounce time.

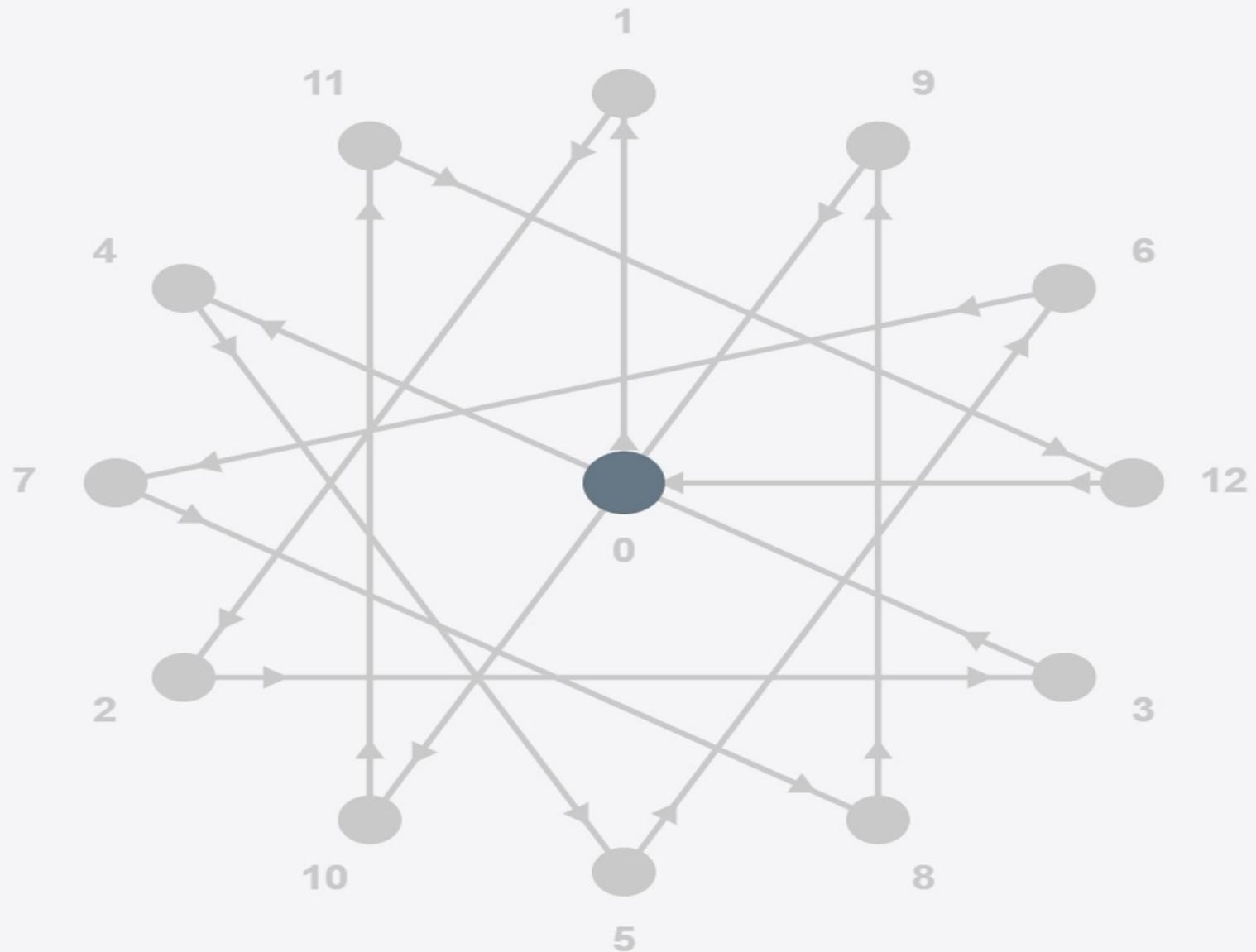
Back Start

1 11 9
4 6
7 12
2 3
10 5 8

Exercise



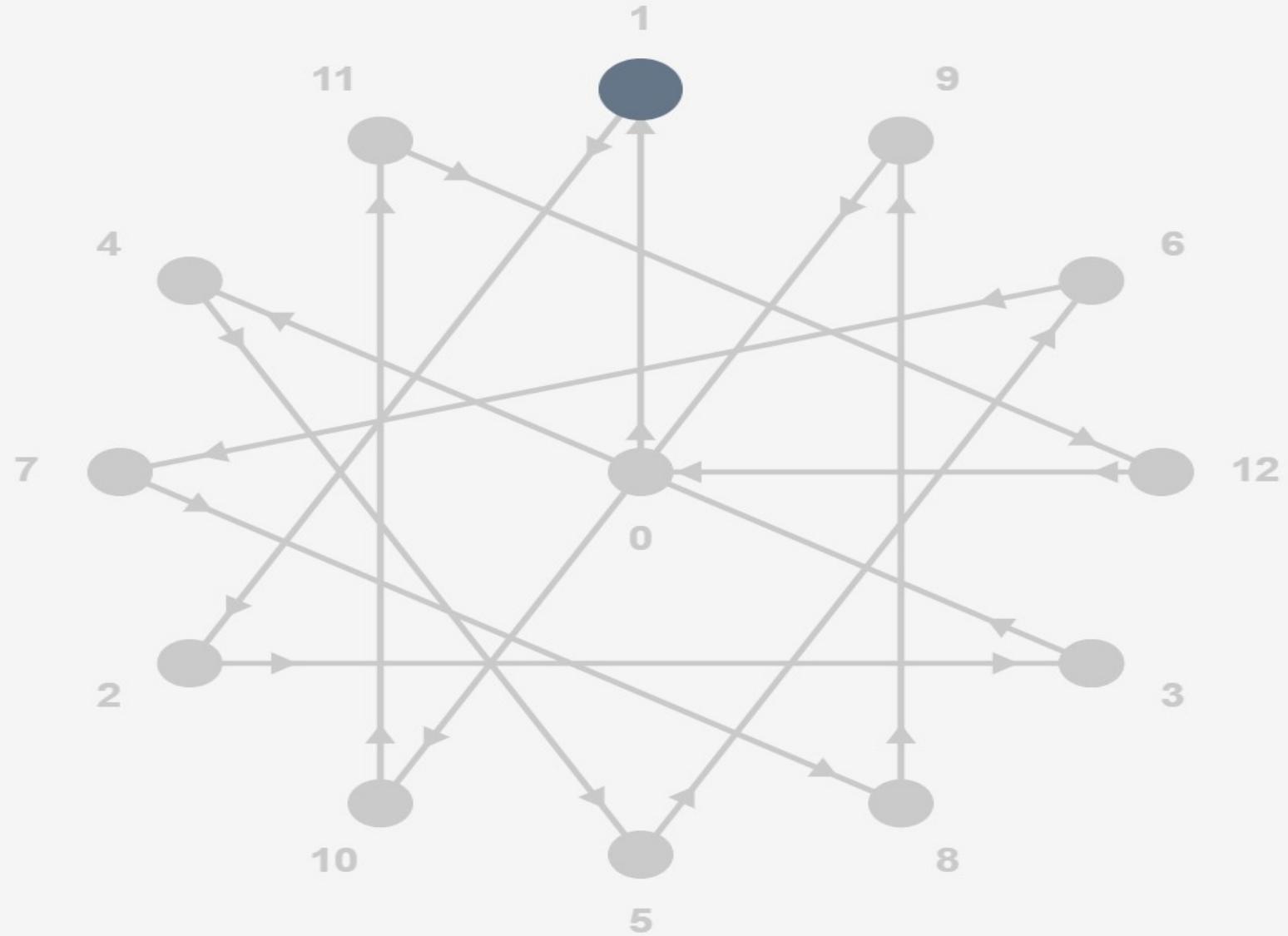
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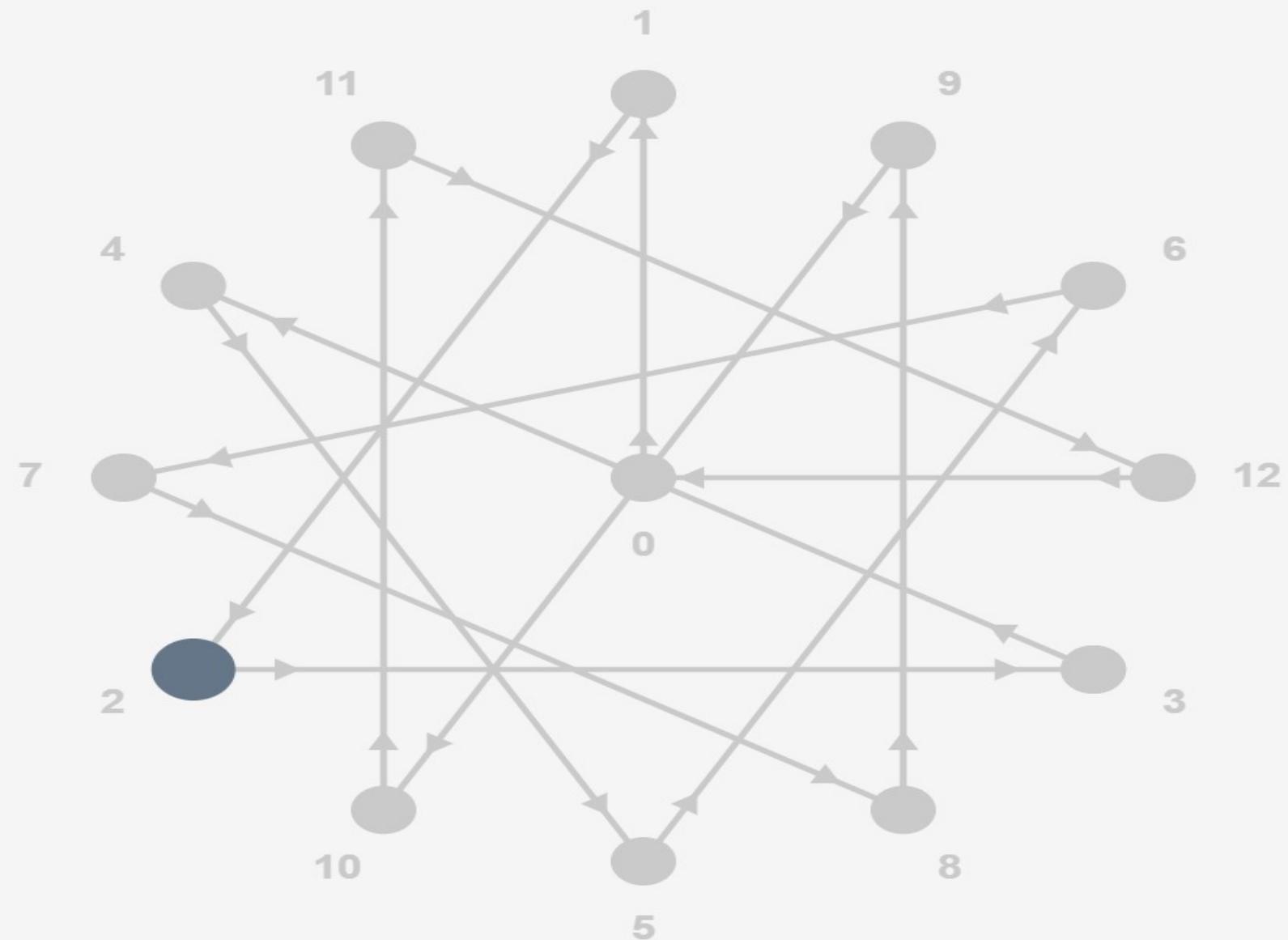
Exercise



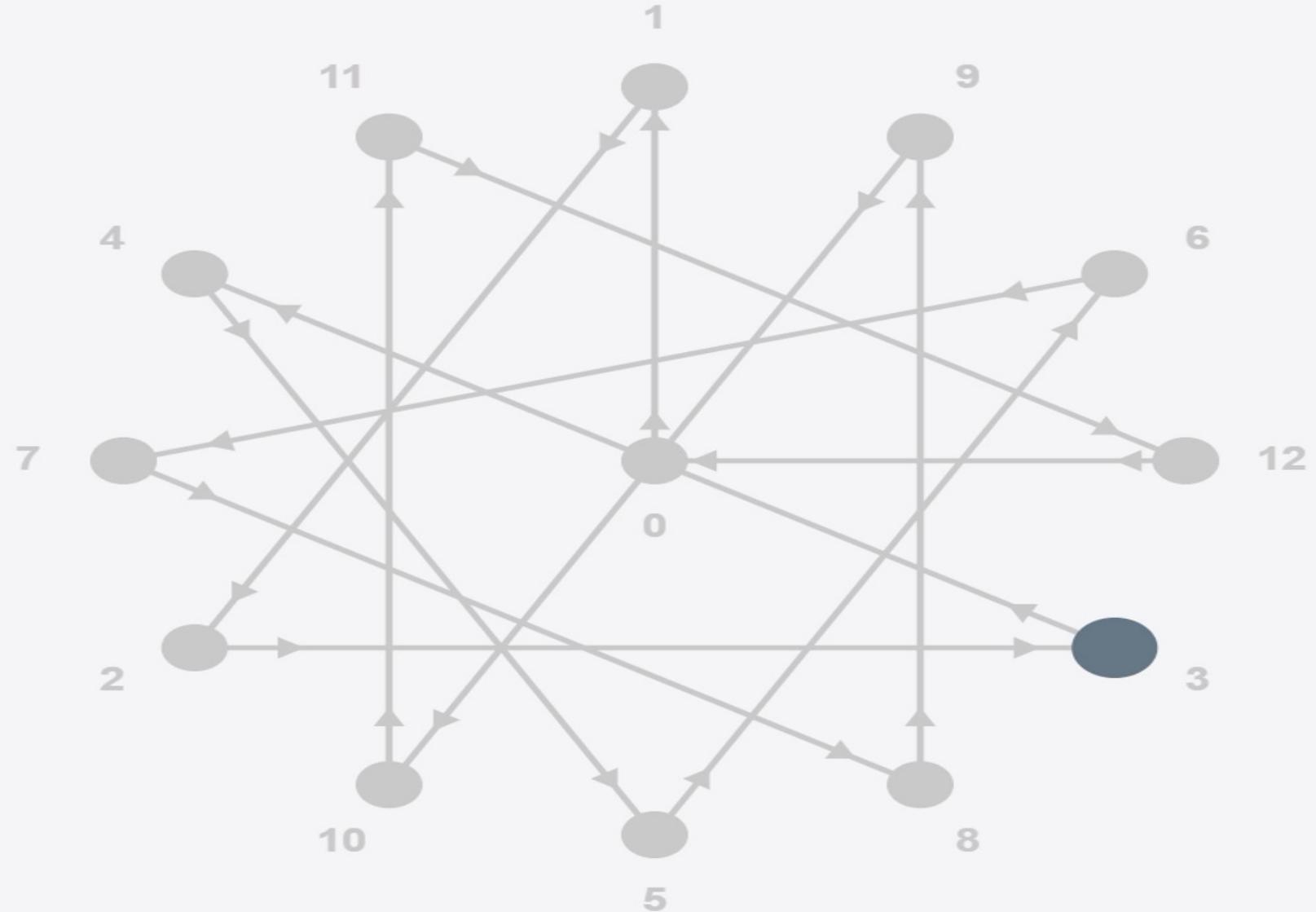
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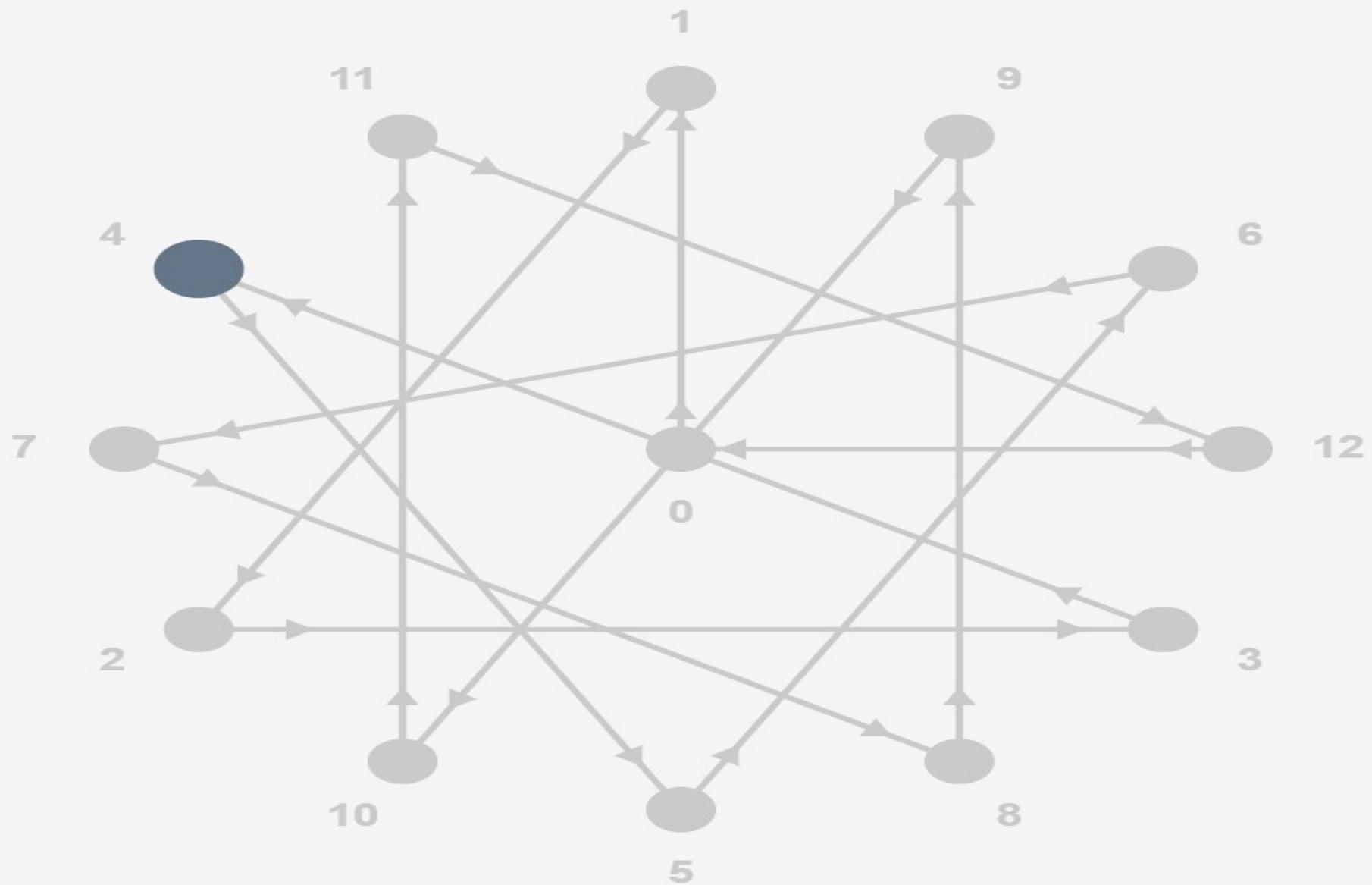
Exercise

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Exercise

<https://ir-see.com/Exercises/exercise.13.Point.Eye.Exercise>

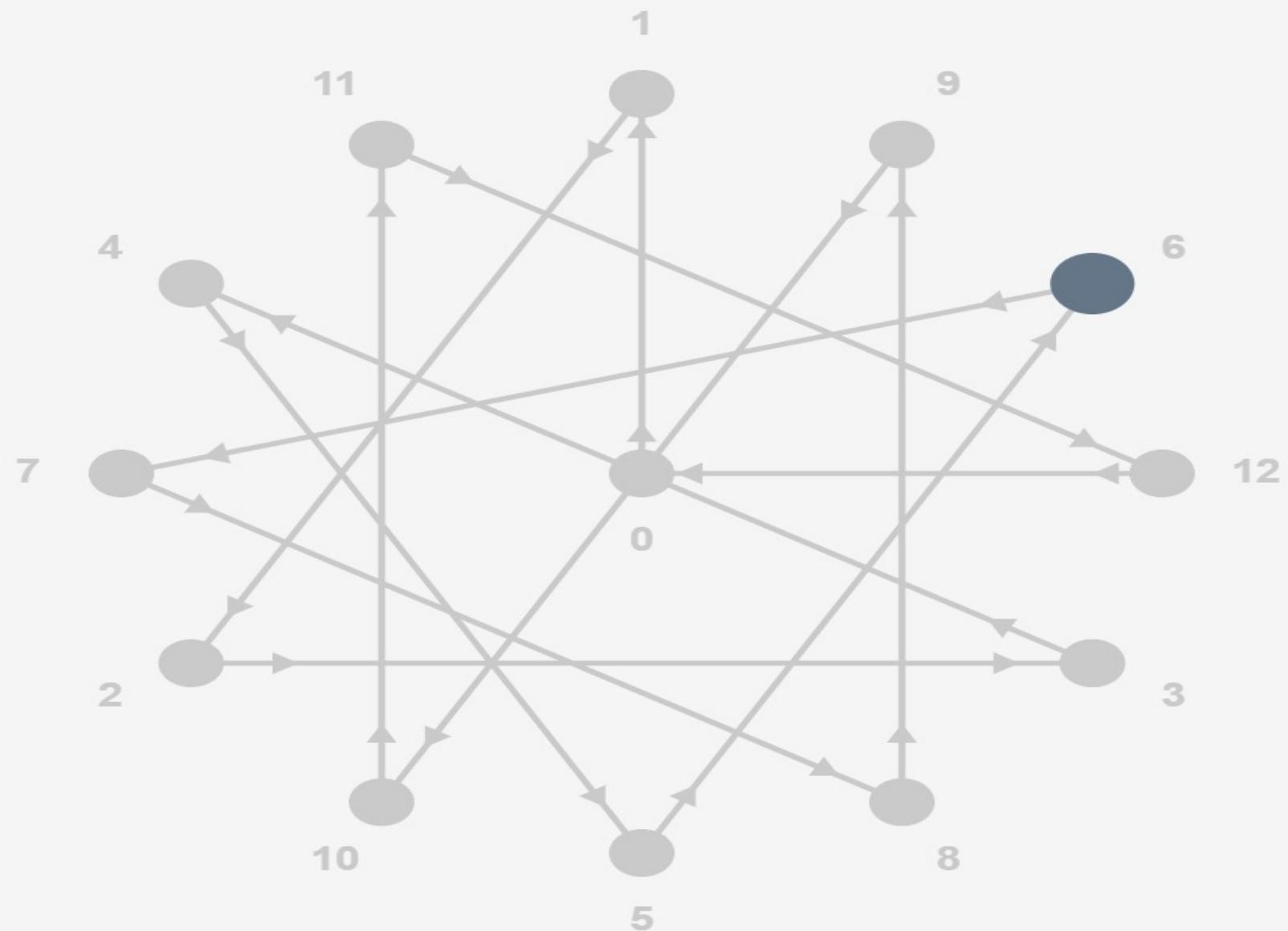
Exercise

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Exercise

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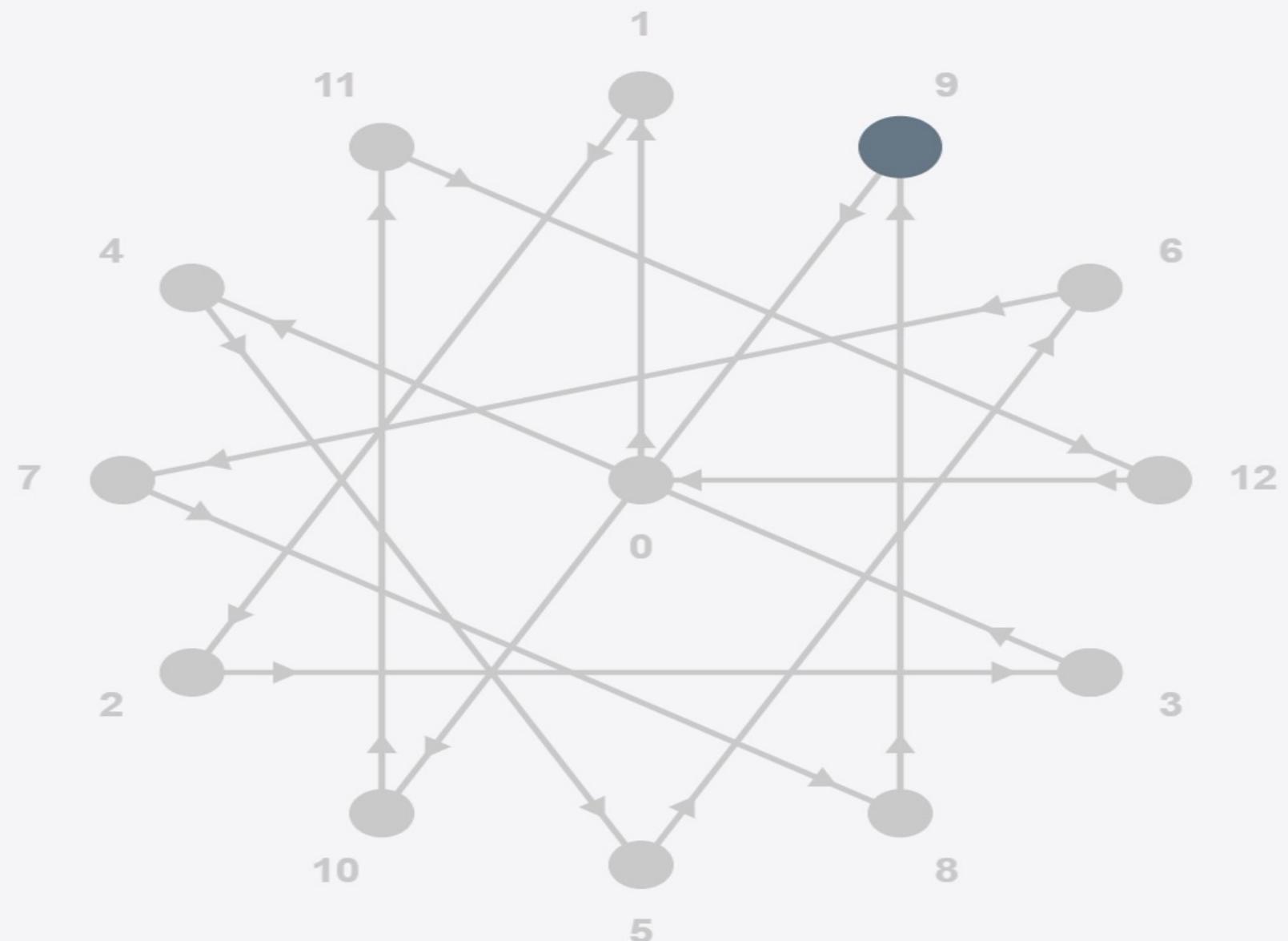
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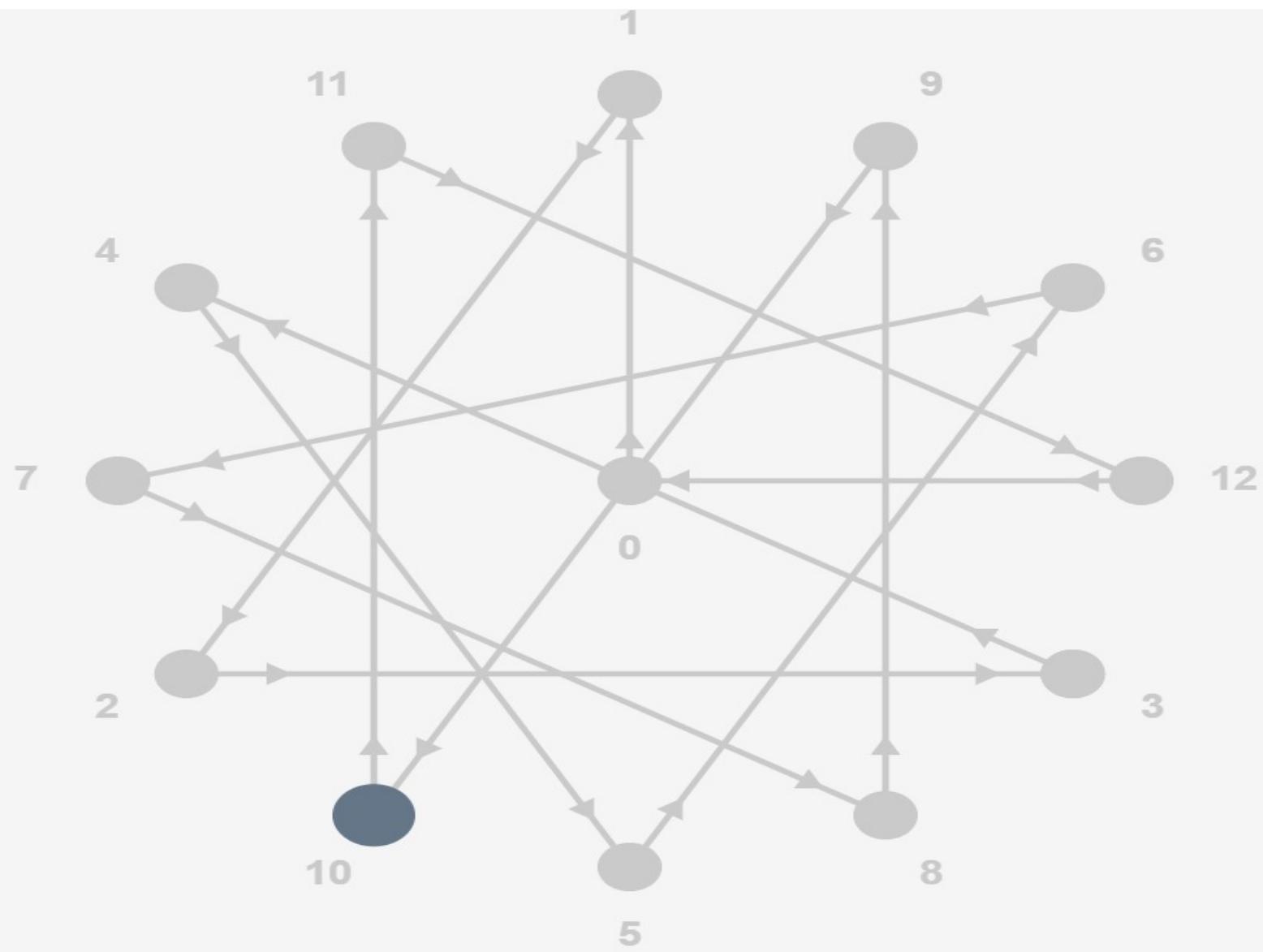
Exercise

<https://ir-see.com/Exercises/exercise.13.Point.Eye.Exercise>

Exercise

<https://ir-see.com/Exercises/exercise.13.Point.Eye.Exercise>

Exercise

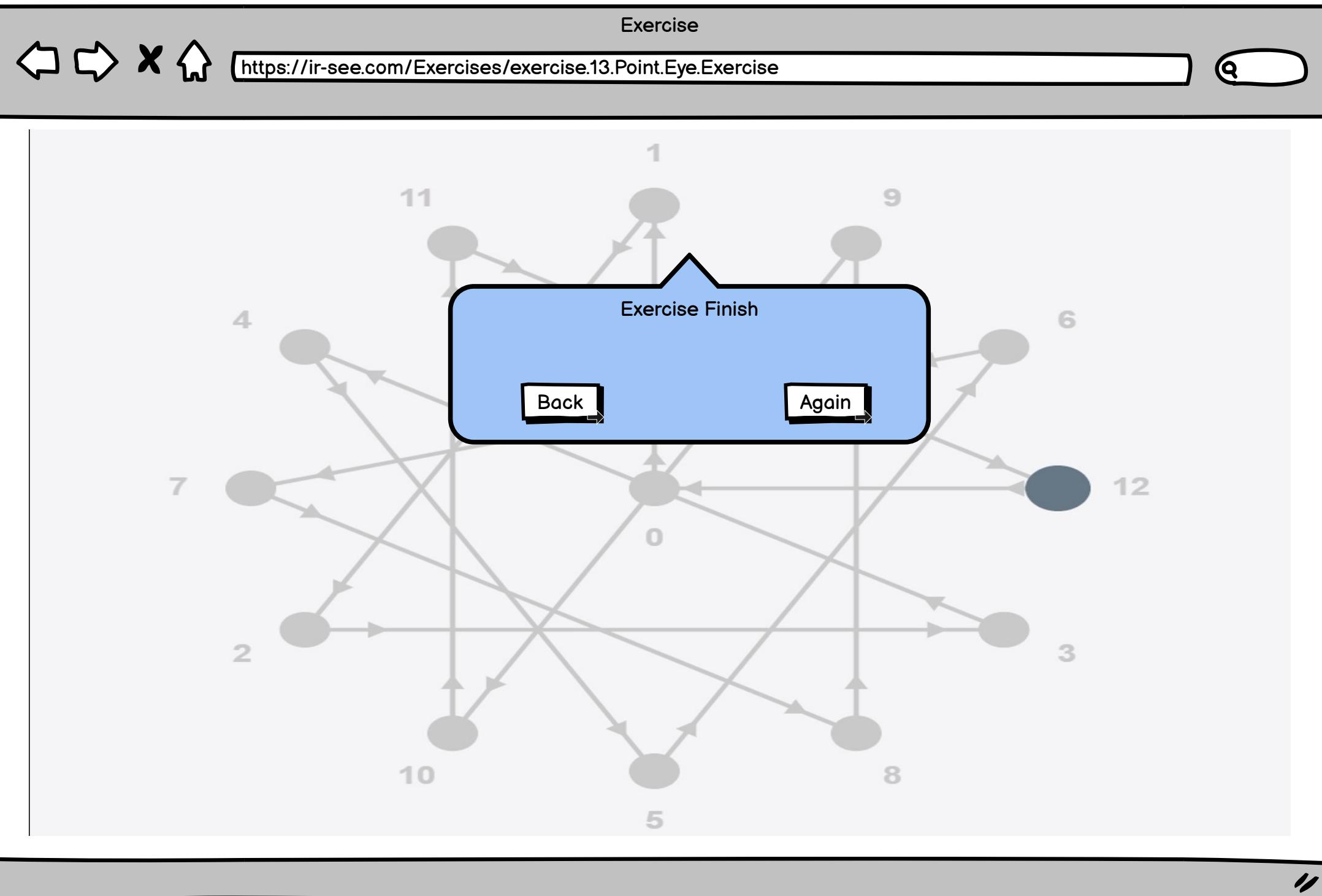
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Exercise

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Exercise

<https://ir-see.com/Exercises/exercise.13.Point.Eye.Exercise>



Exercise



<https://ir-see.com/Exercises/exercise.Circular.Eye.Exercise>



PONTE: Circular Eye Exercise
Focusing on the focal points, follow the circular motion it is connected to with your eyes.

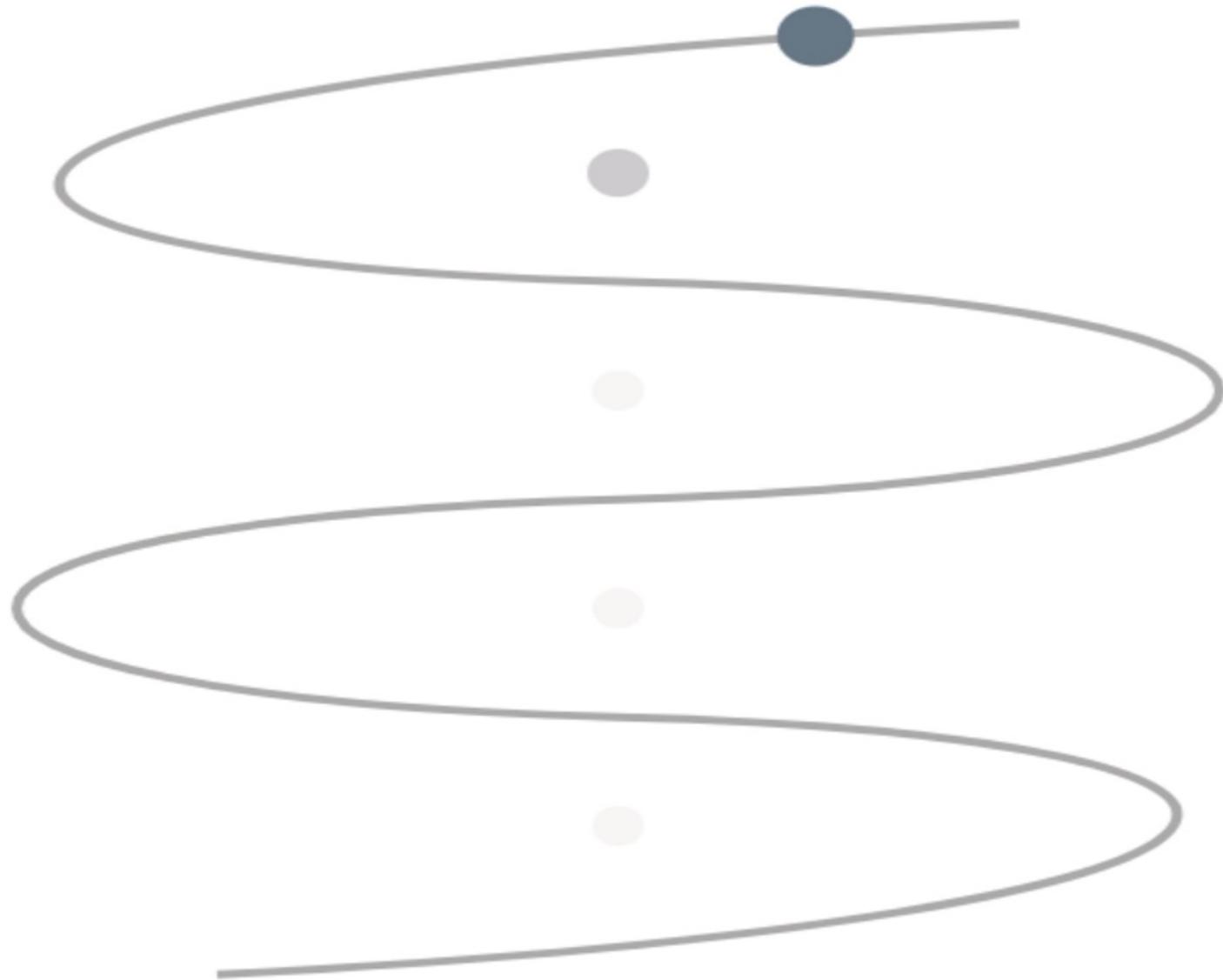
Back

Start

Exercise



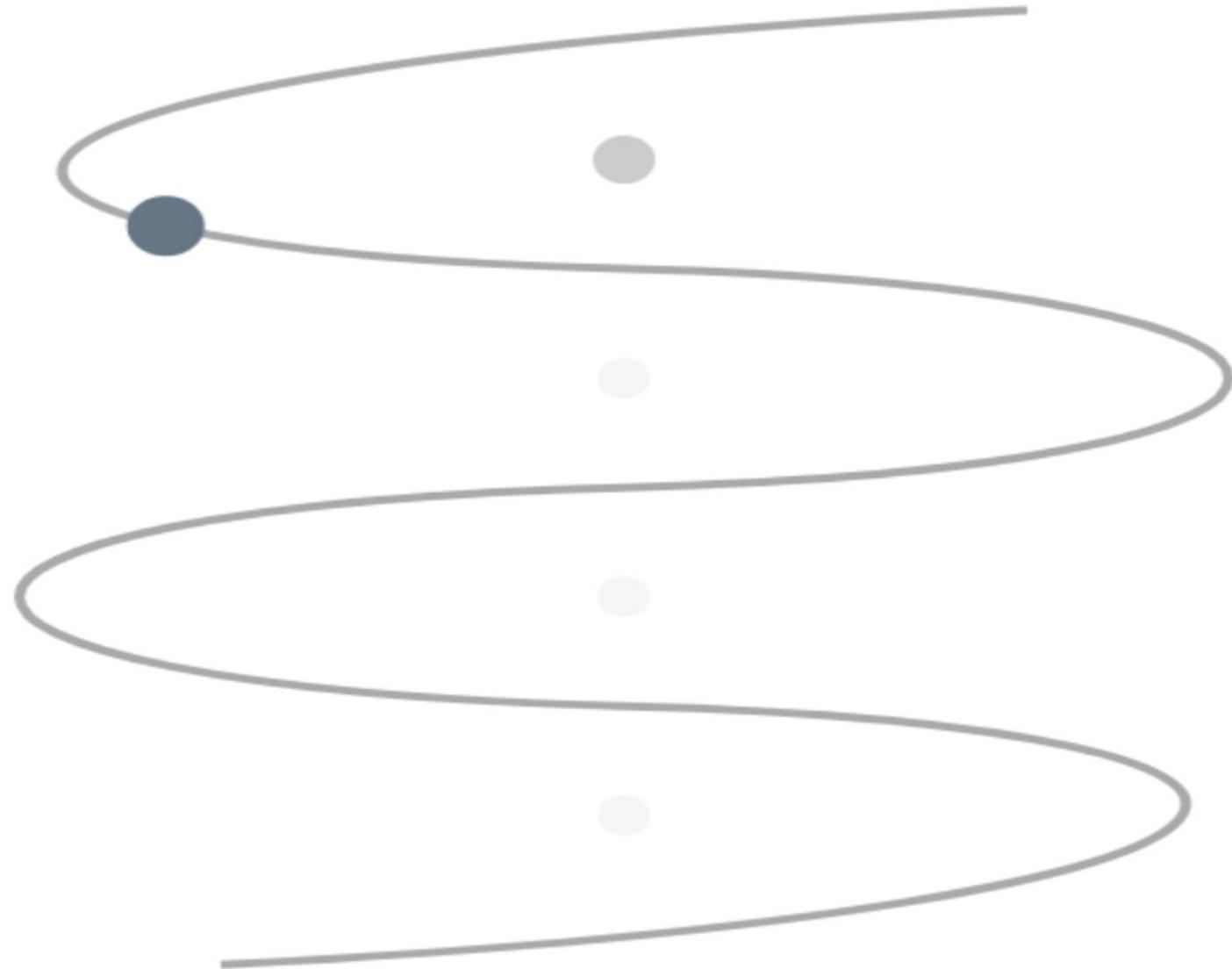
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Exercise



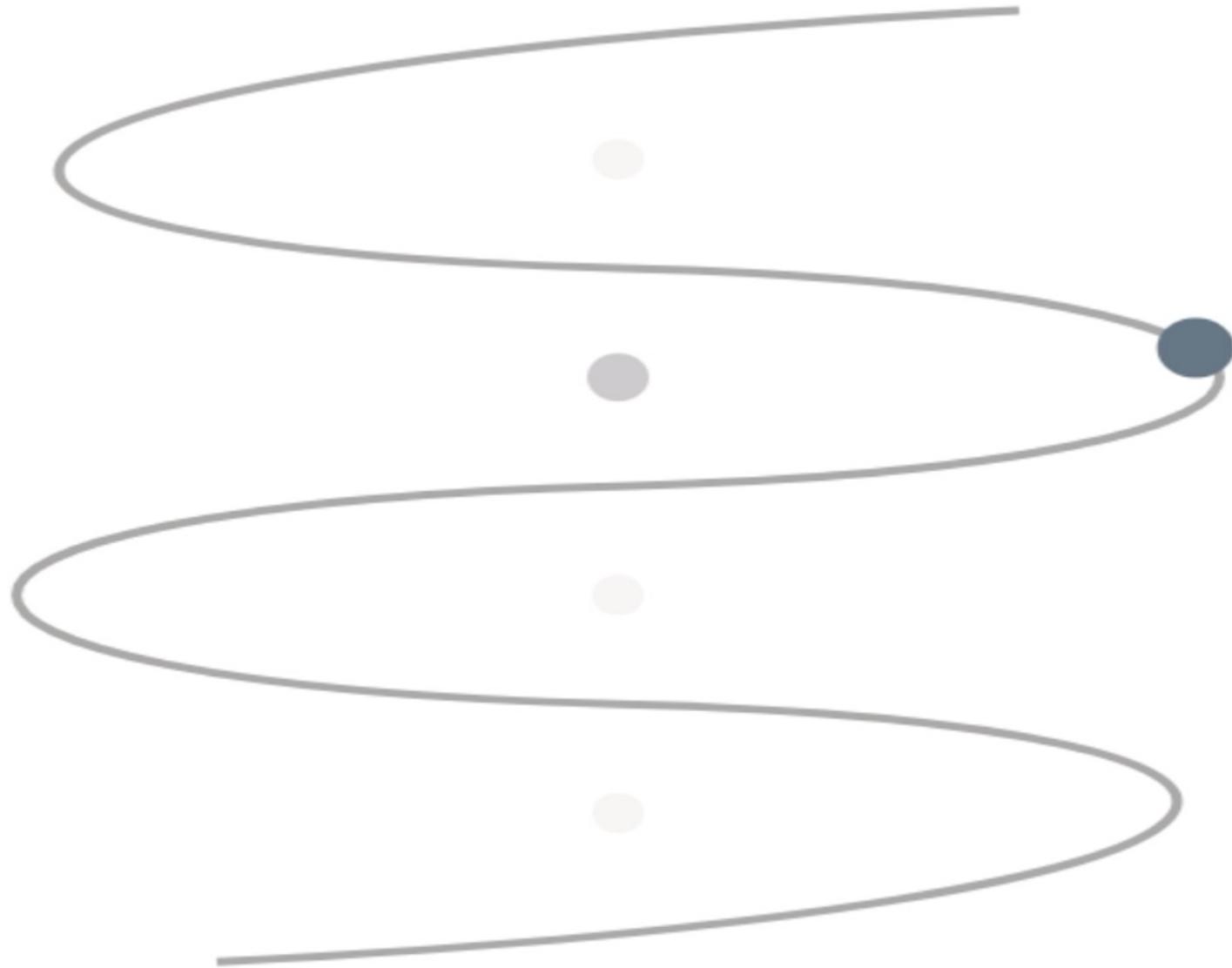
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Exercise



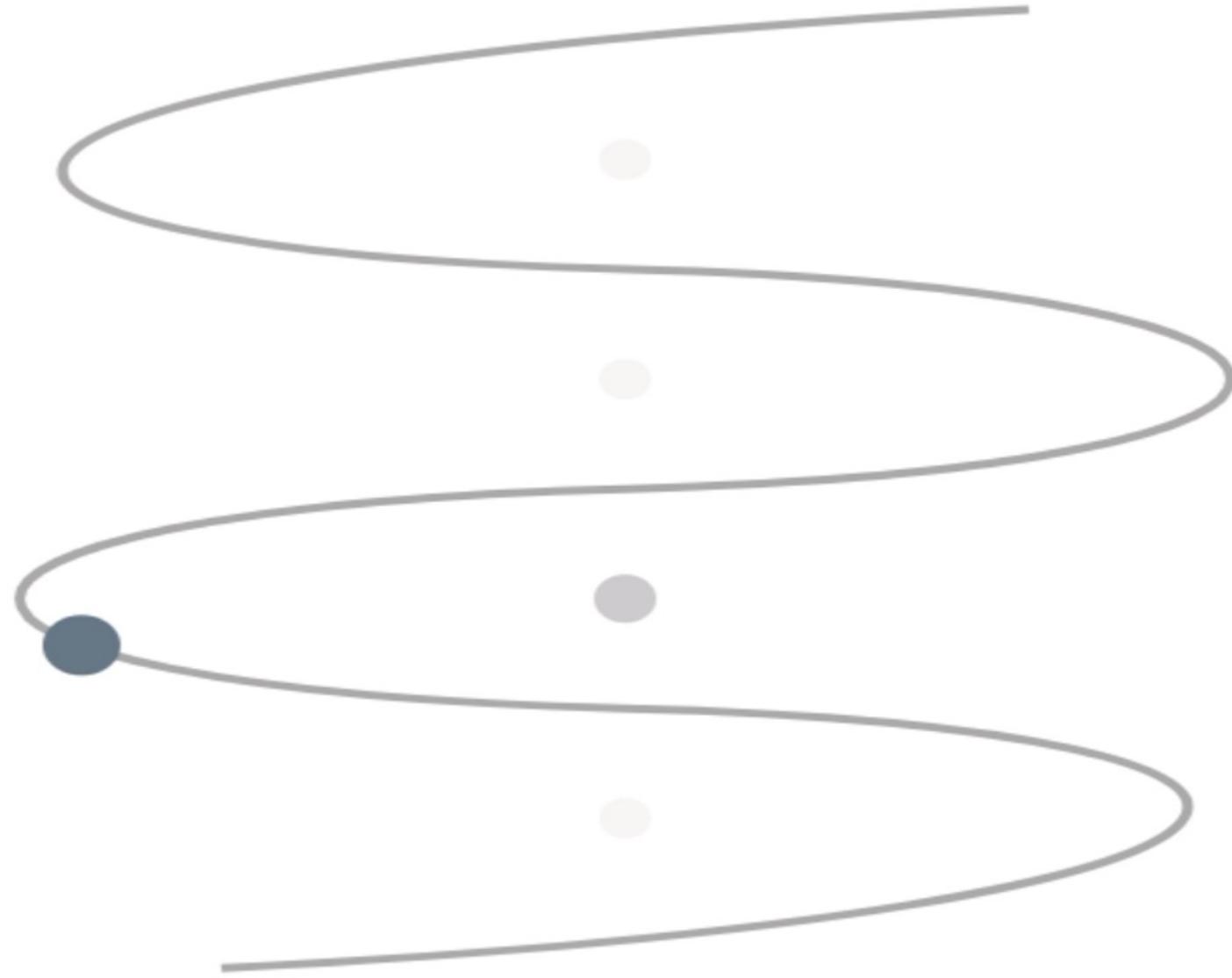
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Exercise



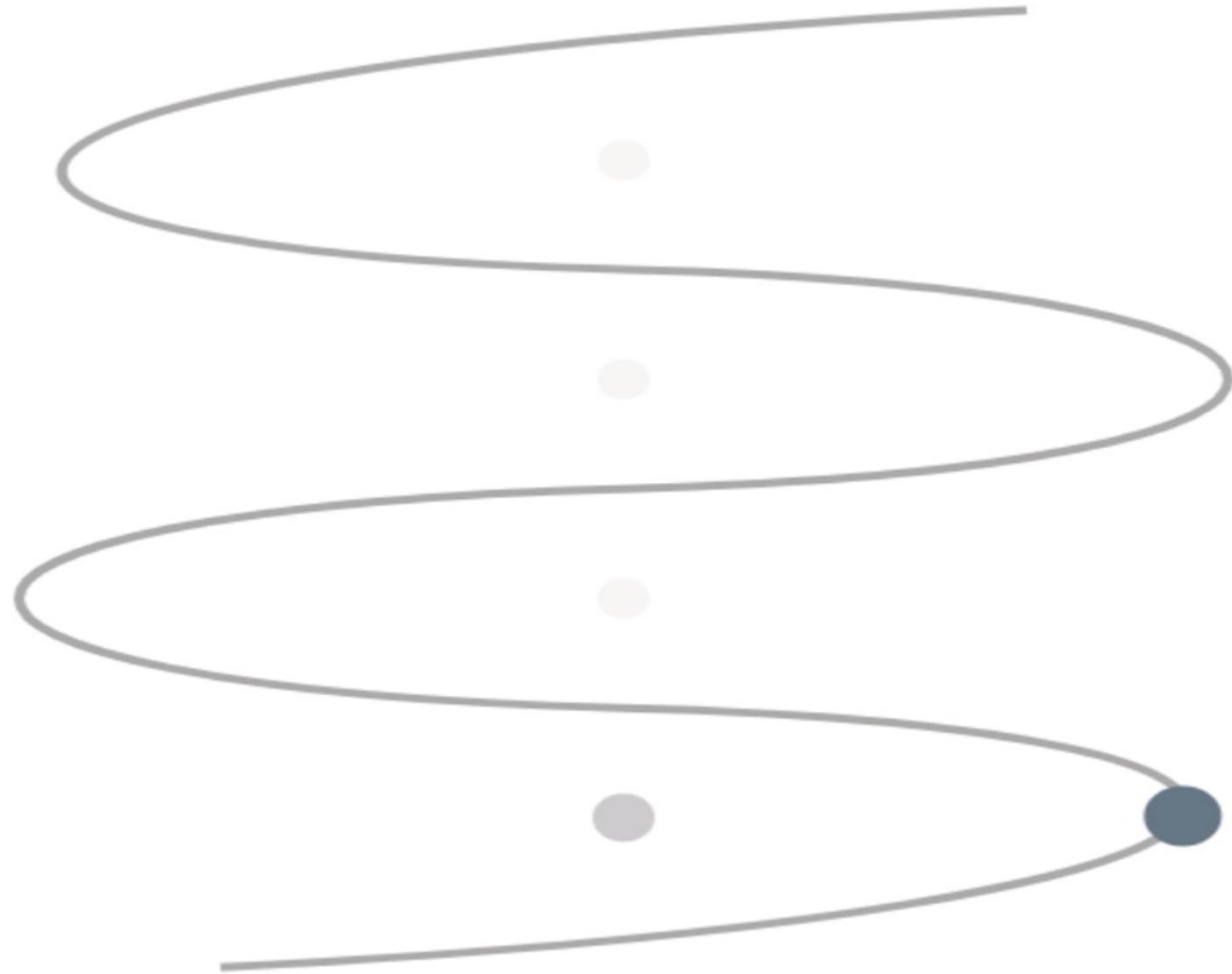
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Exercise



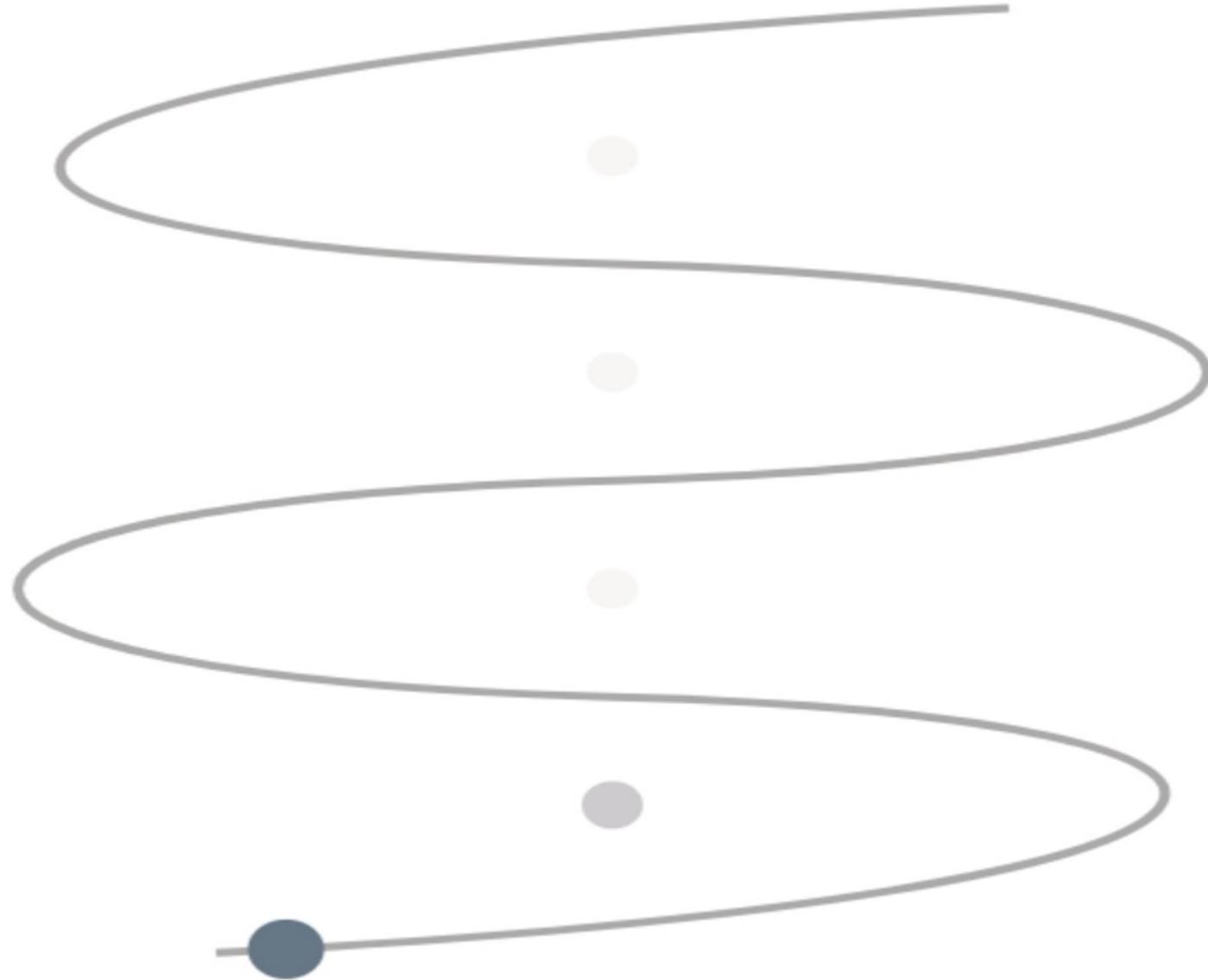
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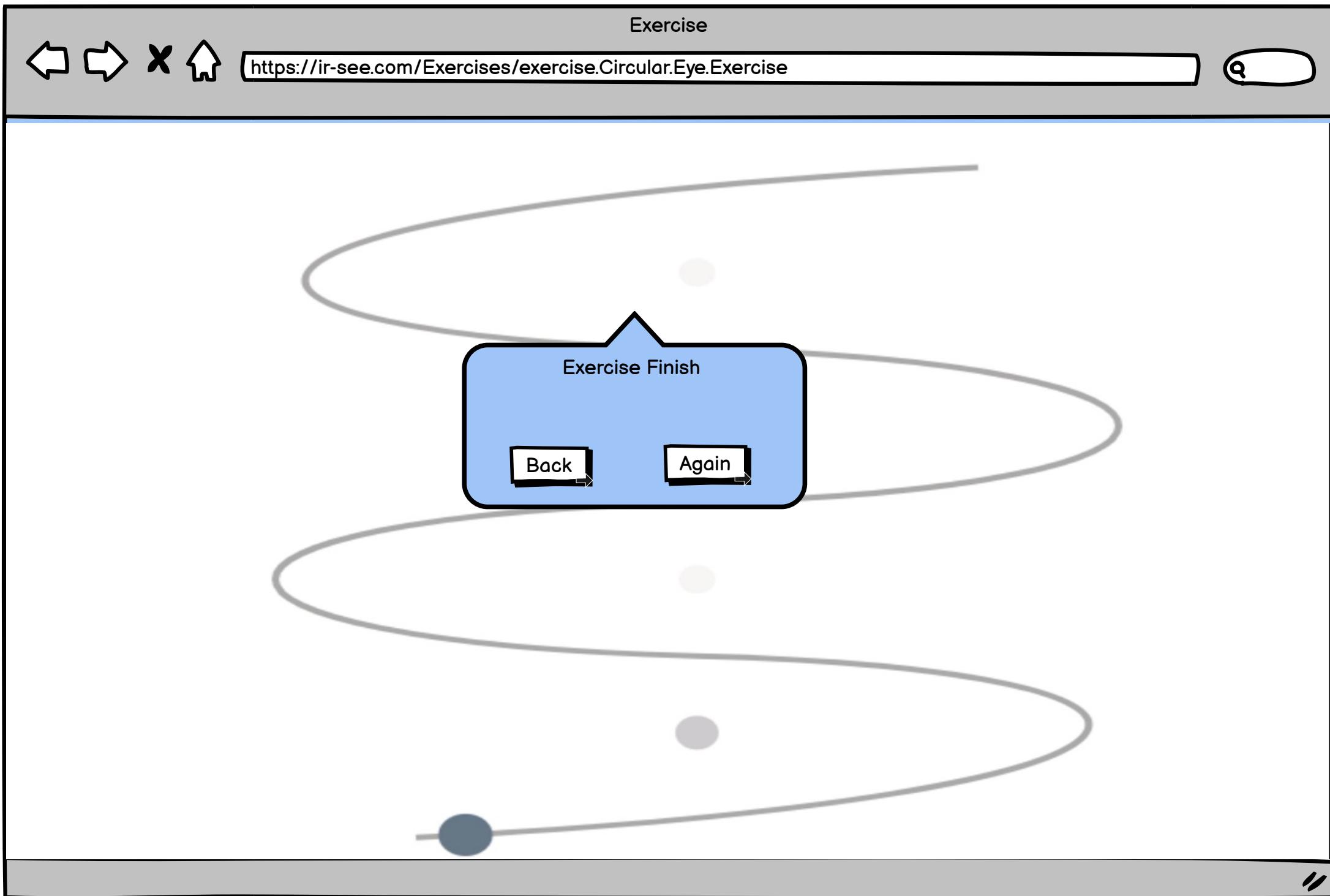


Exercise



<https://ir-see.com/Exercises/exercise.Circular.Eye.Exercise>





exercise.reading

<https://ir-see.com/Exercises/exercise.reading>

00.00

FINISH

ÇIRKİN ÖRDEK YAVRUSU

Göl kenarında güzel bir çiftlik varmış. Bu çiftlikte pek çok hayvan yaşarmış. Bunların aralarında bir de anne ördek bulunuyormus.

Anne ördek
Günlerce bu

Zamanla
yavruları çı
çok mutluym

Yumurta
Çatlayan
yavrular çıkarılmış

Speed reading Activity
Read the text as quickly as possible,
understanding it. This activity will be used to
measure your progress. Do not move your head
as much as possible.

Back

Start

Minicik sarı yavrular çok sevimliymiş. Bütün yavrular onları çok sevmiş. Üç yumurta çatladığı halde, bir yumurta çatlamamış. Her kez bu yumurtanın içinden ne çıkacağını merak etmeye başlamış.

İçinden koca gagalı, çırkin mi çırkin siyah renkte bir yavru çıkmış.

Bu diğer yavrulara hiç benzemiyormuş. Çırkin yavrusu gören bütün hayvanlar gülmeye başlamış.

"Aaa ne çırkin bir yavru." Demişler. Ama anne ördek onu da çok sevmış.

22

35

51

65

92

103

115

128

exercise.reading

<https://ir-see.com/Exercises/exercise.reading>

Back

00.57

FINISH

ÇIRKİN ÖRDEK YAVRUSU

Göl kenarında güzel bir çiftlik varmış. Bu çiftlikte pek çok hayvan yaşarmış. Bunların aralarında bir de anne ördek bulunuyormuş.

Anne ördek bir gün yumurtaların üstüne yatmış. Günlerce bu yumurtaların üstünden hiç kalkmamış.

Zamanı geldiğinde bu yumurtaların içinden minik ördek yavruları çıkacakmış. Anne ördek yavruları olacağı için çok mutluymuş.

Yumurtalar bir süre sonra çatlamaya başlamış. Çatlayan her yumurtaının içinden birbirine benzeyen yavrular çıkmış.

Minicik sarı yavrular çok sevimliydi. Bütün yavrular onları çok sevmiştir. Üç yumurta çatladığı halde, bir yumurta çatlamamış. Her kez bu yumurtaının içinden ne çıkacağını merak etmeye başlamış.

İçinden koca gagalı, çirkin mi çirkin siyah renkte bir yavru çıkmış.

Bu diğer yavrulara hiç benzemiyormuş. Çirkin yavrusu gören bütün hayvanlar gülmeye başlamış.

"Aaa ne çirkin bir yavru." Demişler. Ama anne ördek onu da çok sevmiştir.

22

35

51

65

92

103

115

128



exercise.reading

<https://ir-see.com/Exercises/exercise.reading>

Back

00.57

FINISH

ÇIRKİN ÖRDEK YAVRUSU

Göl kenarında güzel bir çiftlik varmış. Bu çiftlikte pek çok hayvan yaşarmış. Bunların aralarında bir de anne ördek bulunuyormuş.

Anne ördek bir gün yumurtaların üstüne yatmış. Günlerce bu yu-

Zamanı gelince yavruları çıkartmış. Minicik ördek yavrularının yerini bulacağı için çok mutluymuş.

Yumurtalar çatlayan her yavru çok sevimişti. Başlamış. Benzeyen

Minicik sarı yavrular çok sevimişti. Butün yavrular onları çok sevmiştir. Üç yumurta çatladiği halde, bir yumurta çatlamamış. Her kez bu yumurtanın içinden ne çıkacağını merak etmeye başlamış.

İçinden koca gagalı, çırkin mi çırkin siyah renkte bir yavru çıkmış.

Bu diğer yavrulara hiç benzemiyormuş. Çırkin yavruyu gören bütün hayvanlar gülmeye başlamış.

"Aaa ne çırkin bir yavru." Demişler. Ama anne ördek onu da çok sevmiştir.

Exercise Finish

Your progress save !

Your reading time of the text: 57 seconds

Again

22

35

51

65

92

103

115

128





exercise.reading

<https://ir-see.com/Exercises/exercise.reading>



 00.00

BREAKING FREE

FINISH

Varieté Adelzie

The doors of
doors clanged
world. She w/
the incessantly
barking somev
couldn't take a
a tree, putting
knick-knacks—
fateful night th/
for the first tim

Speed reading Activity
Read the text as quickly as possible, understanding it. This activity will be used to measure your progress. Do not move your head as much as possible.

Back

Start

ed out. The
out in a new
tiful sunshine,
stling, the dogs
thoked up. She
at down under
thes and a few
worn on that
alls of the prison

She recalled how on that night too, with just one step in, she had been instantly thrown into the strange new world of a prison. She couldn't believe that she was facing several small cells, with prisoners staring at her questioningly. She had started shivering with shock, so much so that she had to lean on the jailor's table to remain steady, or she would have collapsed. Surely, it was all a nightmare! She had no idea what the jailor asked her and what replies she gave. The nightmare continued as she was thrown into a large room full of women

exercise.reading

<https://ir-see.com/Exercises/exercise.reading>

Back



00.38

BREAKING FREE

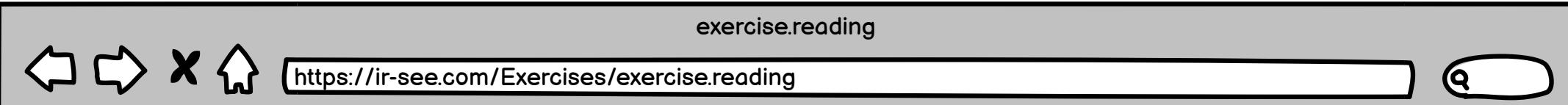
FINISH

Varsha Adalja

The doors of the prison opened and Avni stepped out. The doors clanged shut behind her, pushing her out in a new world. She walked a few steps—oh, the beautiful sunshine, the incessantly blowing wind, the tree leaves rustling, the dogs barking somewhere. Taking it all in, she just choked up. She couldn't take a step further—oh freedom! She sat down under a tree, putting aside her small bag with her clothes and a few knick-knacks—the very same clothes she had worn on that fateful night that she had entered the high walls of the prison for the first time.

She recalled how on that night too, with just one step in, she had been instantly thrown into the strange new world of a prison. She couldn't believe that she was facing several small cells, with prisoners staring at her questioningly. She had started shivering with shock, so much so that she had to lean on the jailor's table to remain steady; or she would have collapsed. Surely, it was all a nightmare! She had no idea what the jailor asked her and what replies she gave. The nightmare continued as she was thrown into a large room full of women





 Back

 00.38

FINISH

BREAKING FREE

Variedad Adelita

The doors of the prison opened and Avni stepped out. The doors clanged shut behind her. She stood there, looking her out in a new world. She walked along the path, the sun was bright and warm, the birds were singing, the leaves were rustling, the dogs were barking somewhere in the distance. She stopped and took a deep breath. She couldn't take a single step without stopping to look around. She sat down under a tree, putting a few knick-knacks—her clothes and a few small items she had worn on that fateful night that she had been taken to prison for the first time.

Exercise Finish
Your progress save !
Your reading time of the text: 38 seconds

Again →

Exercise Finish
Your progress save !
Your reading time of the text: 38
seconds

Again

She recalled how on that night too, with just one step in, she had been instantly thrown into the strange new world of a prison. She couldn't believe that she was facing several small cells, with prisoners staring at her questioningly. She had started shivering with shock, so much so that she had to lean on the jailor's table to remain steady, or she would have collapsed. Surely, it was all a nightmare! She had no idea what the jailor asked her and what replies she gave. The nightmare continued as she was thrown into a large room full of women

A Web Page



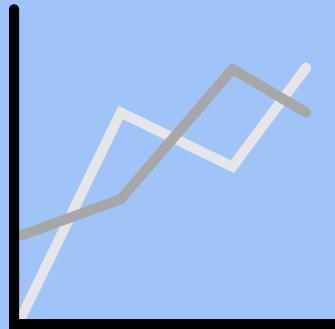
<https://IR-SEE//Exercise//myprogress>



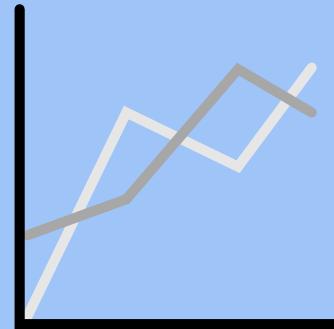
Back

My Progress

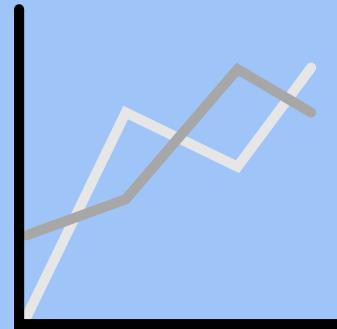
Settings



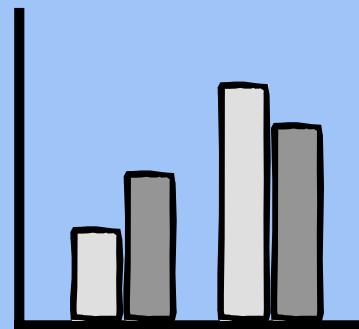
Number of Words
Read per Minute



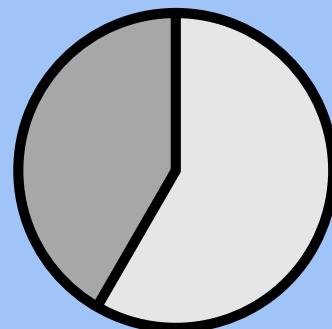
Comprehension Rate



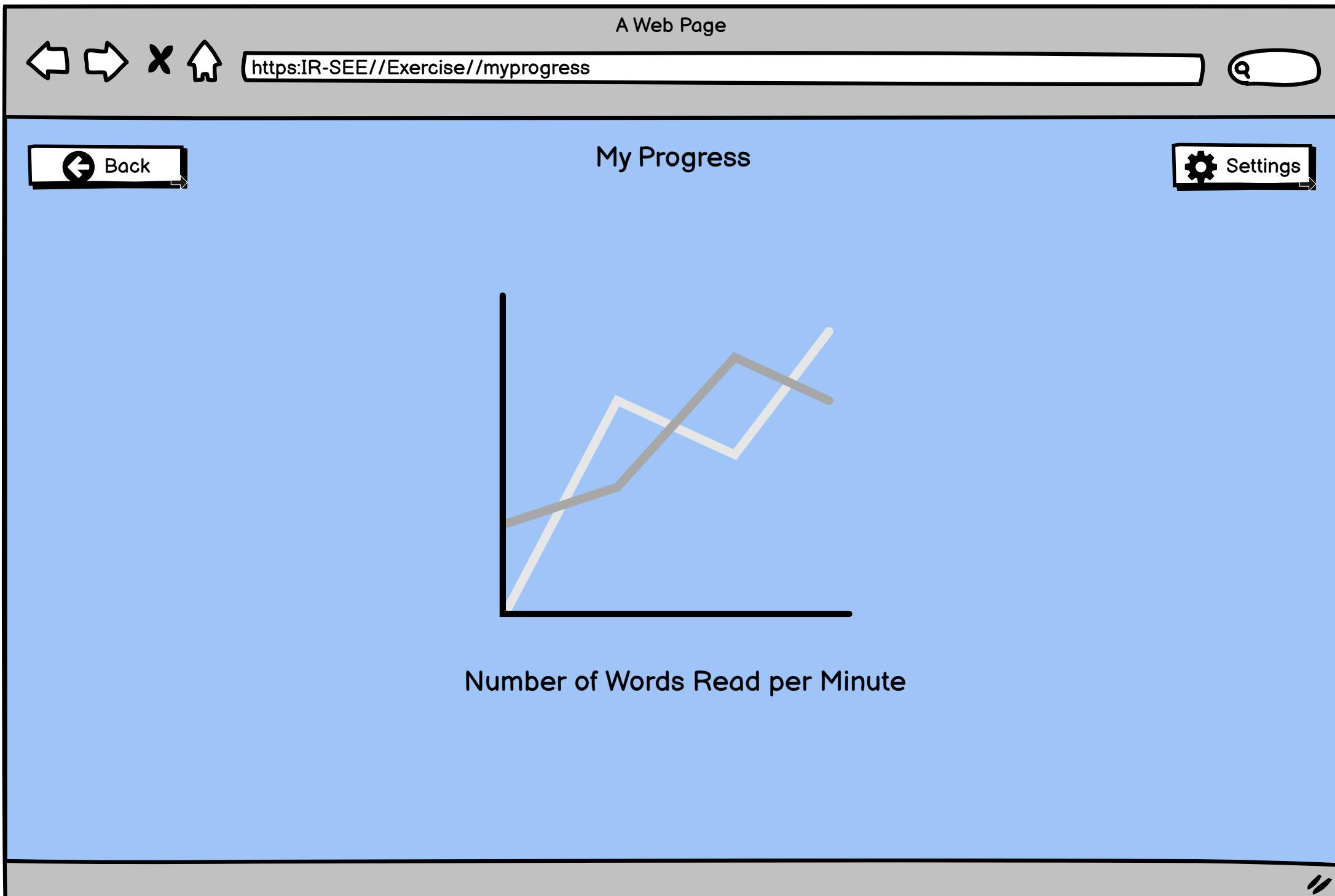
Amount of Exercise Done Daily

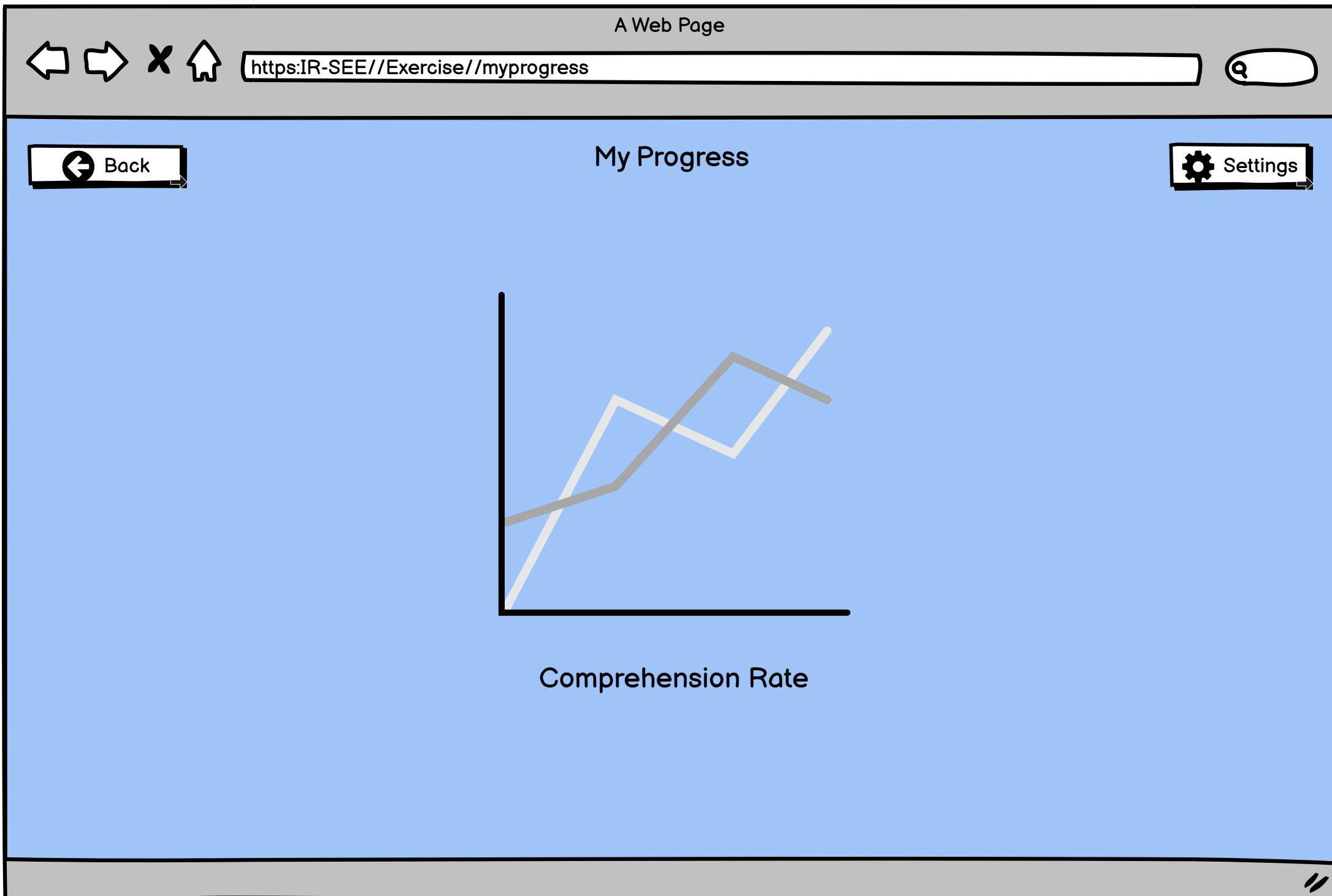


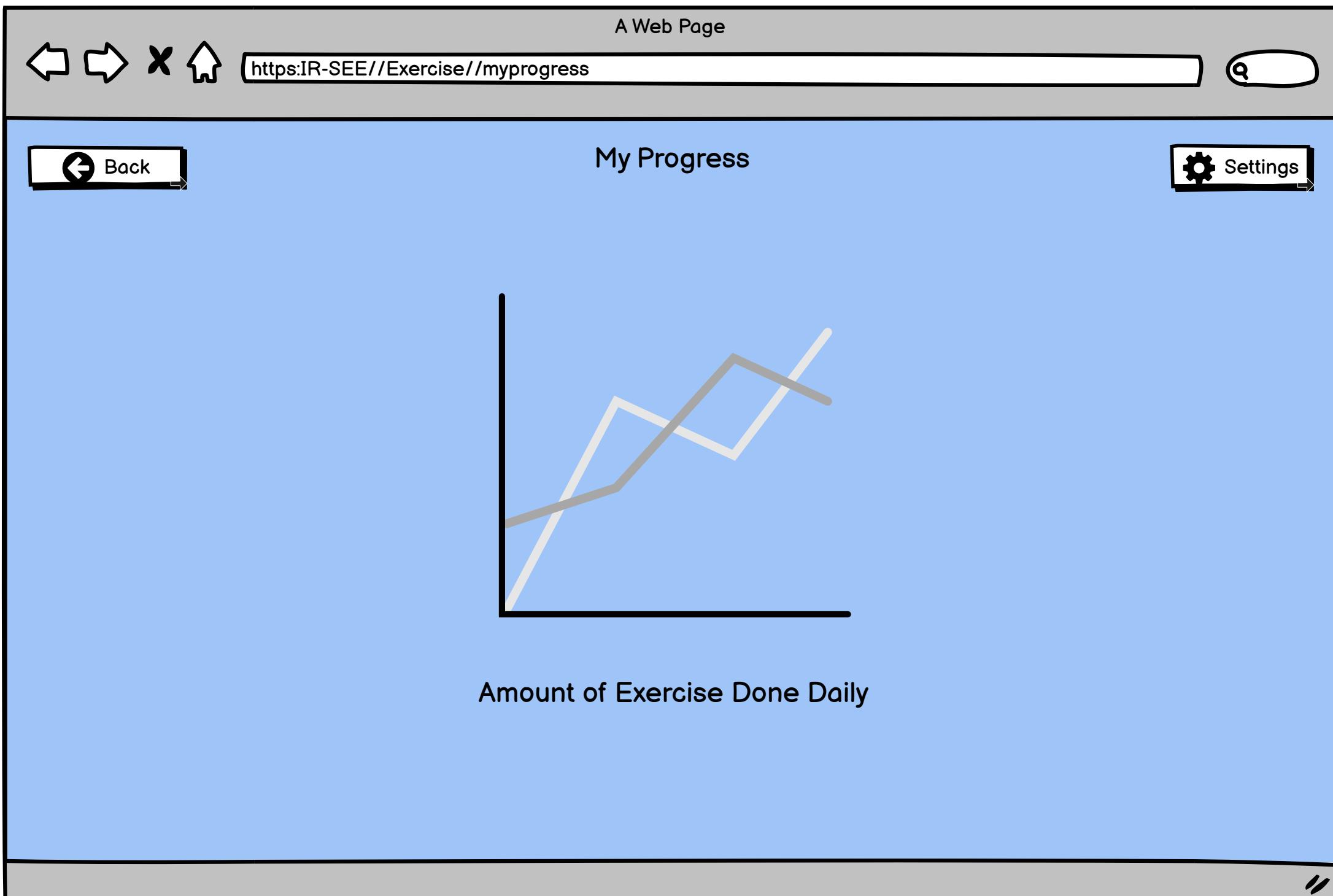
Amount of Exercise Targeted
and Completed



Exercise Preferences







A Web Page

<https://IR-SEE//Exercise//myprogress>

Back My Progress Settings

Amount of Exercise Targeted and Completed

A Web Page



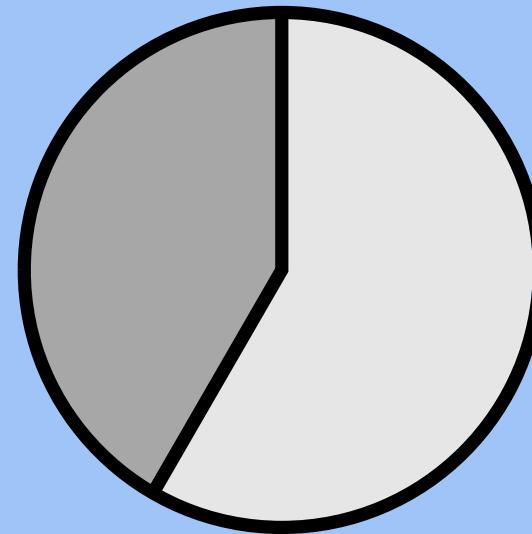
<https://IR-SEE//Exercise//myprogress>



Back

My Progress

Settings



Exercise Preferences