

THE EXPLAINERS:

WHAT MAKES TRAVELLING/LIVING AWAY FROM HOME AN IMPORTANT LIFE EXPERIENCE

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Bow Valley College

MGMT1103: Essential Skills for Teams Collaboration

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INTRODUCTION

Home is where our story begins and leaving often signifies transition to adulthood and independence.

Whilst some leave home but remain in familiar territories, others travel and live away from home, experiencing new cultures, environment, and people. This recording highlights what makes travelling / living away from home an important life experience.

WHAT MAKES TRAVELLING/LIVING AWAY FROM HOME AN IMPORTANT LIFE EXPERIENCE

“The world is a book and those who do not travel read only one page.” – St. Augustine

The above quote is a stark reminder that living away from home is akin to turning the pages of a book. It is an eye-opening journey that exposes one to facets of life one can only dream of and gives us a deeper appreciation of home.

1. Traveling enhances personal growth.

- Traveling often involves stepping out of our comfort zone and experiencing new things. These new experiences are different from our daily routine activities and help us grow personally.
- Each journey brings unique situations and challenges to overcome. For example, when you are traveling solo you may be challenged to become more responsible and independent. By dealing with these situations, you will discover your own strengths, weaknesses, likes, dislikes, etc. This self-awareness is important to your personal growth and discovering who you are (Birtles, 2023)
- One of the most important lessons you learn through travel is that you are more capable than you thought. Travel teaches you confidence, independence, and freedom. It boosts your self-awareness and your problem-solving skills. Travel shows you that you can navigate a foreign country, make new friends, and overcome difficult situations. When you realize how powerful you are, your journey becomes one of the most transformative experiences of your life.

2. Travelling gives us a better understanding of the World.

- If you remain in your hometown or country for your whole life, it is hard to comprehend the world fully. You will never get to experience other countries' struggles, celebrations, and traditions.
- Every country can be vastly different from another. The dialects, food, music, religion, and traditions differ. Being exposed to these unique cultures allows us to become open-minded and understand that even though we appear to be different, we also have many

similarities as humans. Despite looking different, we share the same hopes and dreams.

All cultures love their children, are proud of their culture, and work to improve living conditions for their families. These similarities are what bring us together.

- Traveling allows us to celebrate differences while encouraging ourselves to be more tolerant of each other (Vandenwyngaert, 2020).

3. Leaving home is what makes it home.

- While living away from their home country, people miss their families.
- They realize the true importance that their families hold in their lives.
- Sometimes we are so busy in our daily lives that we forget to appreciate the little things.

When you travel, you take time to slow down and reflect on your experiences. You treasure the beauty of things we often take for granted, like watching the sunset, savoring a delicious meal, and cherishing your friendships.

- Travel teaches us it is the little things that count.

Conclusion

In the end, to live away from home is to embark on a journey of infinite possibilities – a journey that challenges, enlightens, and enriches in equal measure. It is a journey that offers glimpses into the profound beauty and complexity of the human spirit. As St. Augustine aptly noted, those who do not travel read only one page of the magnificent book that is our world.

REFERENCES

1. Birtles, K. (2023, January 26). 13 invaluable lessons you learn through travel. Retrieved from Trafalgar: <https://www.trafalgar.com/real-word/learning-through-travel>
2. Vandenwyngaert, I. (2020, April 27). Why travel is important to build life experiences. Retrieved from World Wild Hearts: <https://www.worldwildhearts.com/post/why-travel-is-important-life-experience>

PEER EVALUATION

Use the rubric below to evaluate each participant

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|----------------|-----------------------|
| Score 5 | Full Participation |
| Score 4 | Good Participation |
| Score 3 | Participated |
| Score 2 | Minimal Participation |
| Score 1 | No Participation |

| Team Member | Score # |
|------------------------------|----------------|
| Atai Okokon | 5 |
| Oluchi Ruth Osuafor-Humphrey | 5 |
| Deepanshi | 5 |
| Niriya | 5 |