

How to Play “Simon Says...”

One person is Simon, and the other players follow Simon's instructions. Standing in front of the group Simon tells the players what they must do. The players must obey all commands that begin with the words “Simon says”. If Simon says, “Simon says touch your nose” then all players must touch their nose. However, if Simon says, “jump” without saying “Simon says” first the players must not jump. If they do jump, that player is out until the next game.

Here are some prompts:

- Simon says brush your teeth
- Simon says run on the spot
- Simon says blink your eyes
- Simon says tell someone your name
- Simon says put your hands behind your back
- Simon says swim in the ocean
- Simon says stretch as high up as you can
- Simon says kick your knees high up
- Simon says run to the wall and run back
- Simon says read your book
- Simon says wink at someone next to you
- Simon says feel your heartbeat
- Simon says rub your tummy
- Simon says balance on one foot
- Simon says give a thumbs up
- Simon says clap your hands