

Session 3 Assignment Questions

Please answer your assignments using your own words. Also make sure that if you are getting information from other sources, the source is properly cited or mentioned (APA format preferred), ensuring that you are not submitting work written by others. Uncited sources and AI generated assignments or submissions are considered plagiarism and may result in removal from the course.

Question 1:

Sharon is an early childhood educator in a dayhome. Michael, the father of one of the children in her care, comes to her with a problem – he's frustrated that Joe, his son, is no longer sleeping at night.

Read the following exchange, then, using what you have learned in this session, answer the questions.

Sharon: "Hi Michael, how's it going?"

Michael: "Awful – Joe's not sleeping anymore. It feels like every night is a constant battle of trying to make him get back to bed."

Sharon: "Oh no! When he's here he's so tired that, by lunchtime, he's almost falling asleep."

Michael: "How long does he usually nap for?"

Sharon: "We nap at 12:30 and he can sleep...usually until 2:30 or 3:00"

Michael: "That's more than two hours! No wonder he doesn't sleep at home! I can't keep going in there every night like this!"

Sharon: "It sounds like you're really frustrated and neither of you are getting a lot of sleep. But when I see him here, he's really struggling to stay awake, even when he should be interacting with his friends. Would you like me to look at a shorter nap time?"

Michael: "How about no naps?"

Sharon: "Okay, let's think - no naps, shorter naps, are there any other solutions you would like to explore?"

Michael: "Maybe a time limit, like no napping past 1:30?"

Sharon: "Sure – we could also look at putting him down for an earlier nap and serving him lunch later and getting him into a new routine. We have a few possible solutions here. Is there one you would like to try?"

Michael: "Well, the time limit might work. I don't like the idea of serving him lunch later. If we can't do no naps, I think a good compromise is making sure he wakes up by 1:30."

Sharon: "Okay, I agree. That still gives him an hour of nap time. Let's try this for a few weeks and meet again to give feedback to each other on how it's working out."

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- Did the early childhood educator use active listening? What exact words were used?

- What concerns were brought forward and by whom? Be sure to list all concerns.

- What possible solutions were identified? Please list all possible solutions.

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- Whose needs were being considered when the solutions were evaluated?

- Is there anything you would change about the way the early childhood educator problem-solved with the family? Why or why not?

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Question 2:

It is very important that early childhood educators are familiar with the community resources available in their area. To familiarize yourself with the community services near you, you can start by looking online or asking some of the people you work with what resources they have used. Please do not call these agencies directly. Organize your research and record the name, website and address of the resource agency in this PDF.

Briefly describe the types of services the agency provides to families and child care programs.

Submit this PDF for grading and keep a copy for your records.

Please note: All agencies must be in your local area or surrounding communities.

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Resource Agency Contact and Service Information

Clothing Depot

Agency:	Address:
Website:	
Services for Families:	
Services for Child Care Programs:	

Family and Community Resource Centre

Agency:	Address:
Website:	
Services for Families:	
Services for Child Care Programs:	

Children's Services Office (Government of Alberta)

Agency:	Address:
Website:	
Services for Families:	
Services for Child Care Programs:	

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Food Bank

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs:

Family Support Groups

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs:

Police (RCMP for rural communities)

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs:

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Public Health Services

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs:

Public Library

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs:

Local Community League or Association (This is not sports-focused.)

Agency:

Address:

Website:

Services for Families:

Services for Child Care Programs: