



The lungs are constantly working to provide the body with the oxygen it needs to function. On average, a person takes about 16-20 breaths per minute, which adds up to about 20,000 breaths per day. It is important to take care of your lungs by avoiding smoking and exposure to pollutants, as these can damage the lungs and lead to respiratory problems.

The brain is divided into two hemispheres, which are connected by a band of nerve fibers called the corpus callosum. Each hemisphere is further divided into four lobes: the frontal, temporal, parietal, and occipital lobes.

The brain is made up of billions of nerve cells, or neurons. These neurons are connected by trillions of synapses, which are the points of contact between neurons. The brain uses these synapses to receive and transmit information.