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In [23]: import pandas as pd
import numpy as np

# Creating a dummy DataFrame of 12 random heights ranging from 150-180 cm
df = pd.DataFrame({'Height': [150.4, 157.6, 170, 176, 164.2, 155, 159.2, 175,

# Printing DataFrame Before sorting Continuous to Categories
print("Before: \n")
print(df)

# Categorizing Height into 3 Categories
df['Label'] = pd.cut(
    x=df['Height'],
    bins=[150, 157, 169, 180],
    labels=['Short', 'Average', 'Tall']
)

# Printing DataFrame after sorting Continuous to Categories
print("After: \n")
print(df)

# Check the number of values in each bin
print("Categories: \n")
print(df['Label'].value_counts())
```

Before:

	Height
0	150.4
1	157.6
2	170.0
3	176.0
4	164.2
5	155.0
6	159.2
7	175.0
8	162.4
9	176.0
10	153.0
11	170.9

After:

	Height	Label
0	150.4	Short
1	157.6	Average
2	170.0	Tall
3	176.0	Tall
4	164.2	Average
5	155.0	Short
6	159.2	Average
7	175.0	Tall
8	162.4	Average
9	176.0	Tall
10	153.0	Short
11	170.9	Tall

Categories:

Tall	5
Average	4
Short	3

Name: Label, dtype: int64

In [ ]: