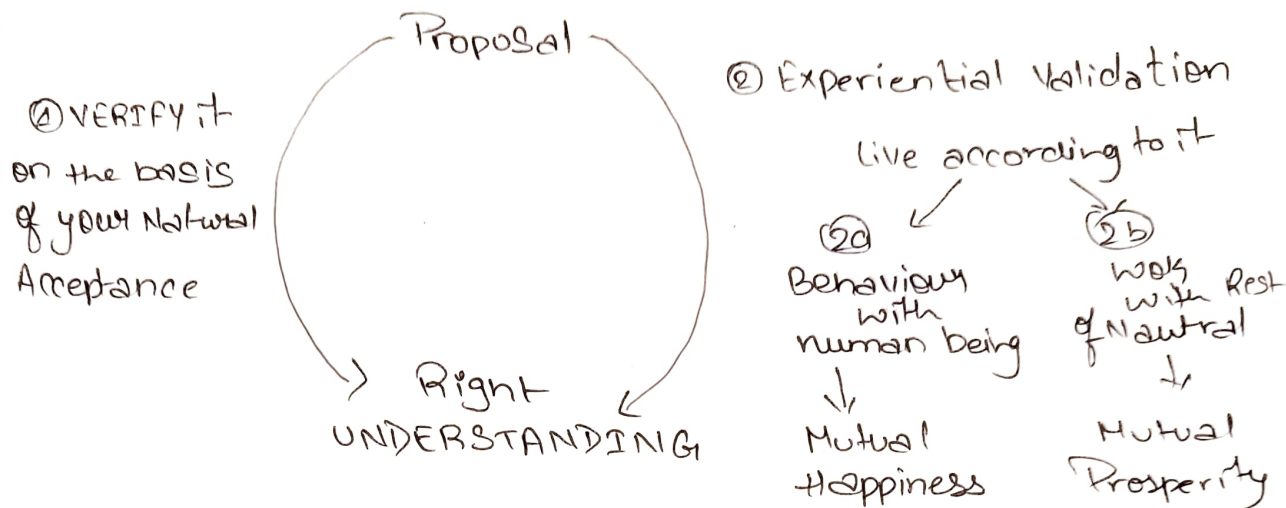


Name:- Vivek Kumar Raj
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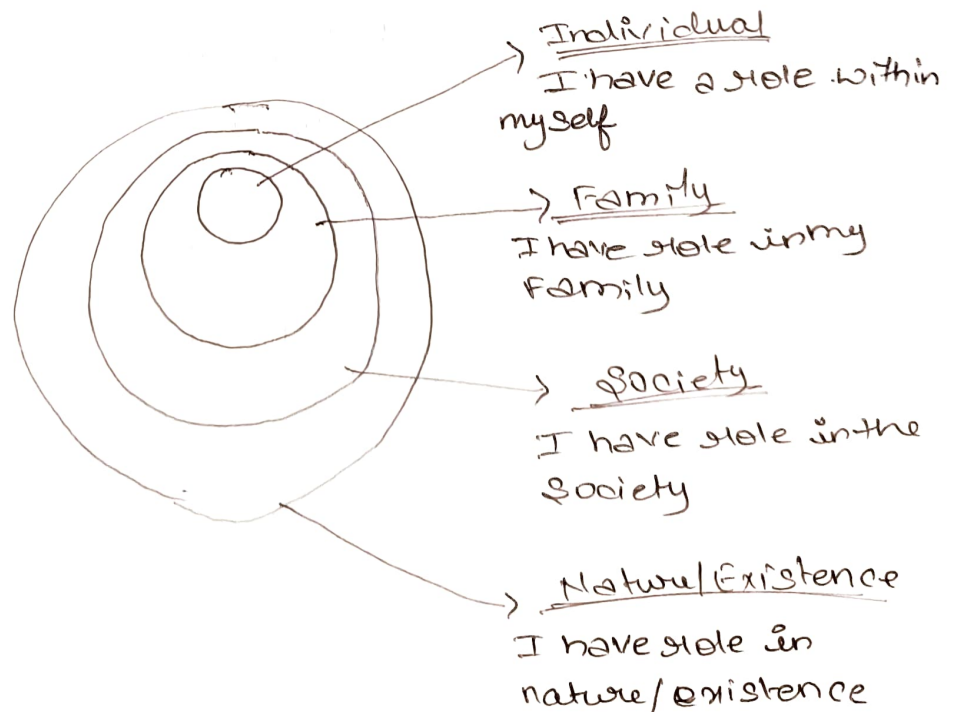
UHV Assignment - 5

Q1



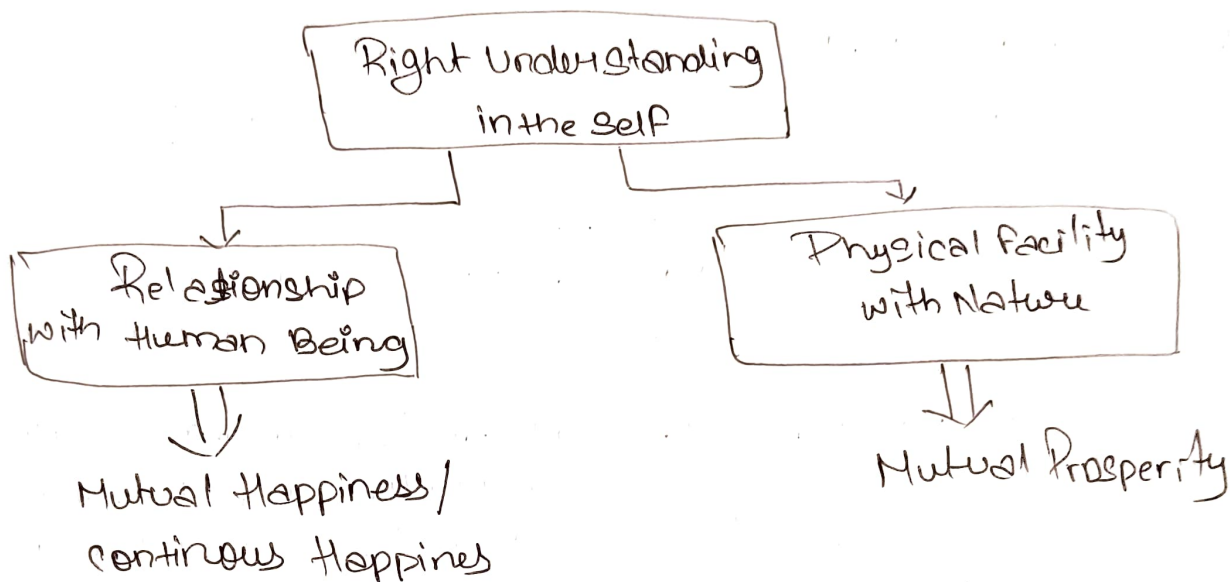
The consumption of junk food, including sugary drinks like Coca-Cola, is not naturally acceptable from a health perspective. It can lead to various negative health effects such as obesity, cardiovascular disease, and other chronic health conditions.

Q2



Q3

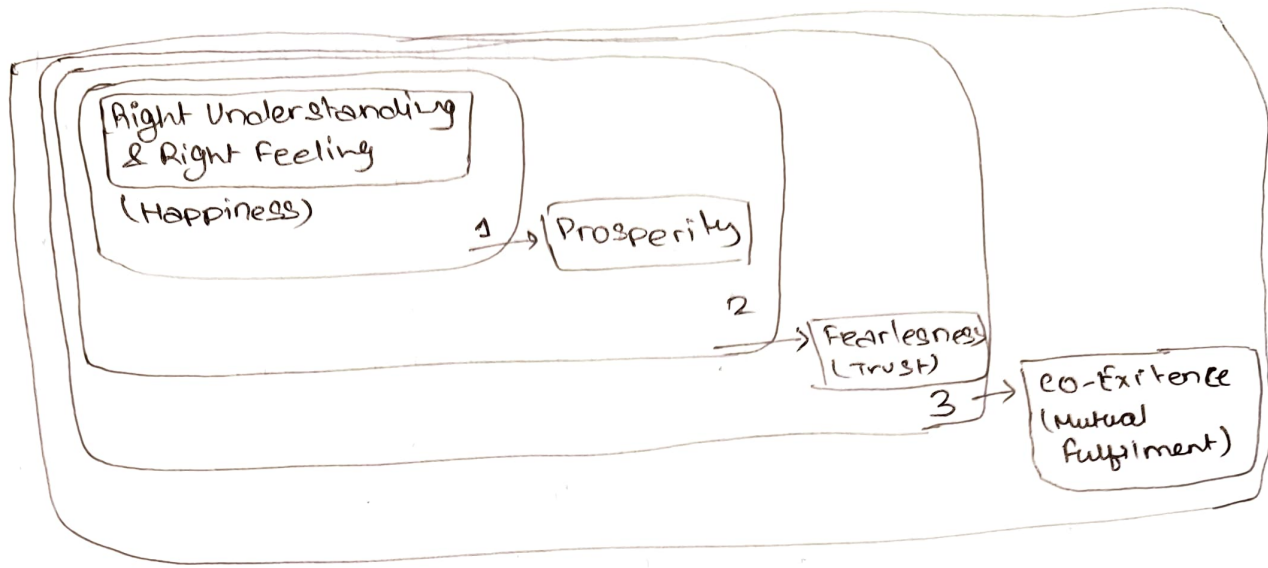
Here is the graphical representation of the sequence and priority order of the attributes required for continuous happiness and prosperity, assuming human life in human consciousness:



Q4

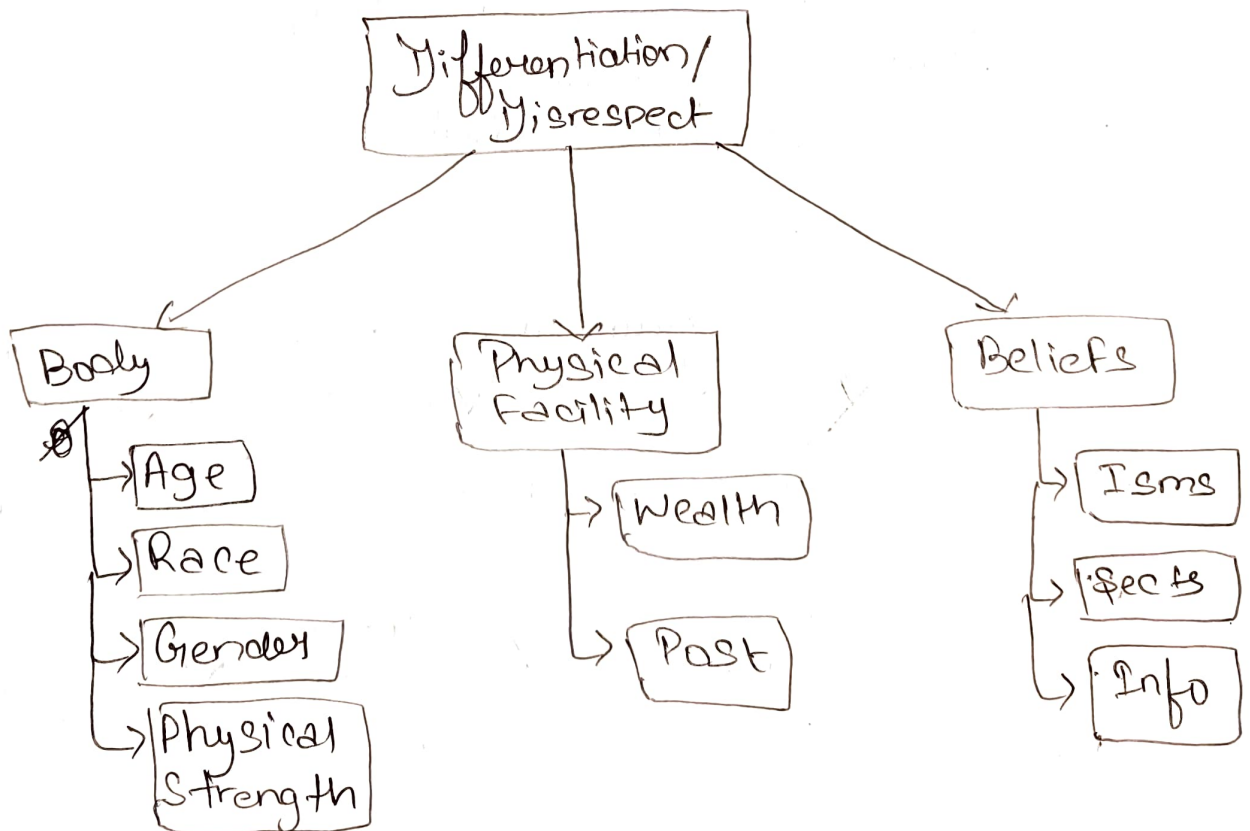
Human Being	Self ← Co-existence → Body	
Need	Happiness (Eg. respect)	Physical Facility (Eg. Food)
In time	Continuous	Temporary
In Quantity	Qualitative (is feeling)	Quantitative (Required in limited quantity)
Fulfilled By	Right understanding & Right feeling	Physio-Chemical things
Activity	Desire, thought, Expectation	Eating, walking
In Time	Continuous	Temporary
Response	Knowing, Assuming, Recognising, Fulfilling	Recognising, Fulfilling
	⇓ Consciousness	⇓ Material

054



064

kle generally give respect based on differentiation in body, physical facility, and beliefs, which ultimately leads to discrimination and disrespect because it is not naturally acceptable. This can result in opposition, revolt, and even war.

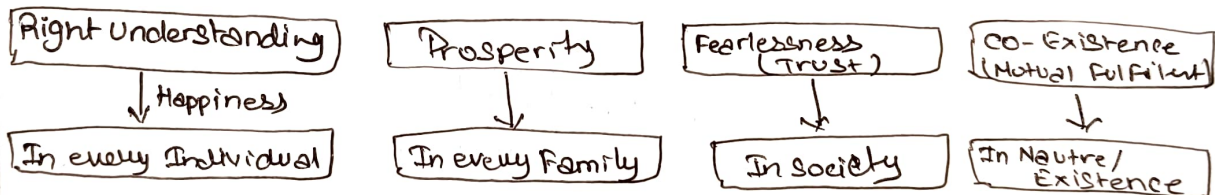


Q7

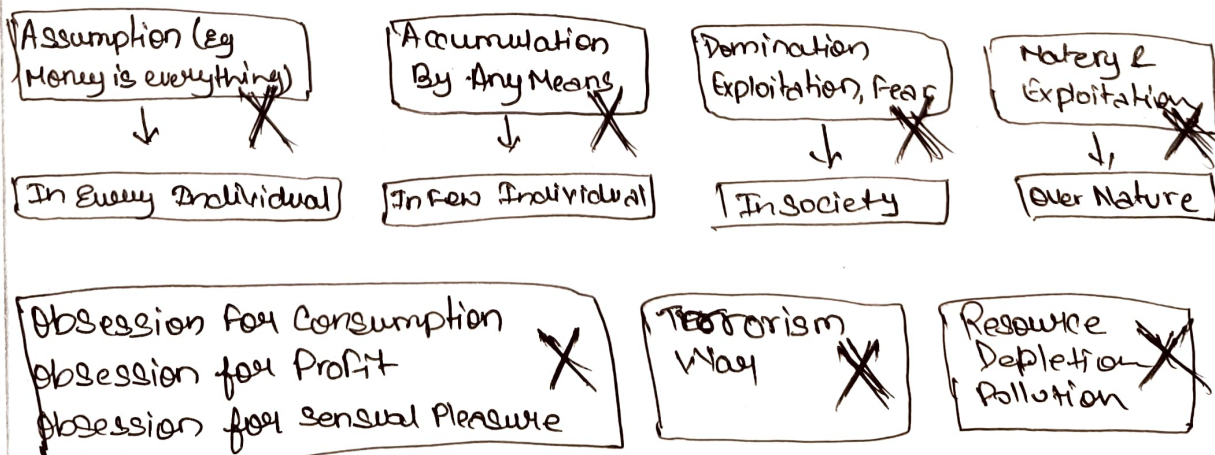
The model represents four orders of nature: Bio, Physical, Animal, and Human. Each order is interconnected, signifying mutual enrichment. The Bio Order (Plants, trees) enriches the Physical Order (soil, metal) through decomposition and nutrient cycling. The Animal Order (animal, birds) benefits from both for survival. The Human Order, while benefiting from all three, has a responsibility to maintain this balance. Respecting each order's value and understanding our role in preserving this interdependence is a reflection of our human values. This holistic view encourages sustainable practices for the betterment of all orders.

Q8

Human Goal



Goal Misunderstanding



Personal Transformation

Dynamic Activity	State Activity	
1.		
2.		
3. Imaging		Participating in Larger order, Relationship
4 Analysing	comparing	co-existence, Harmony, Justice Guided sensation, Health, Profit
5. selecting	tasting	Goal, Value Guided sensation

Transformation Progress

In Human 'Society' (crowd or Battle Field)
Individual based (individual having different or opposing goal).

Assumption
Key: Money is everything

In Every Individual

Accumulation
By Any Mean

In Few Individual

Domination
Exploitation
Fear

In Society

Mastery &
Exploitation

Over Nature

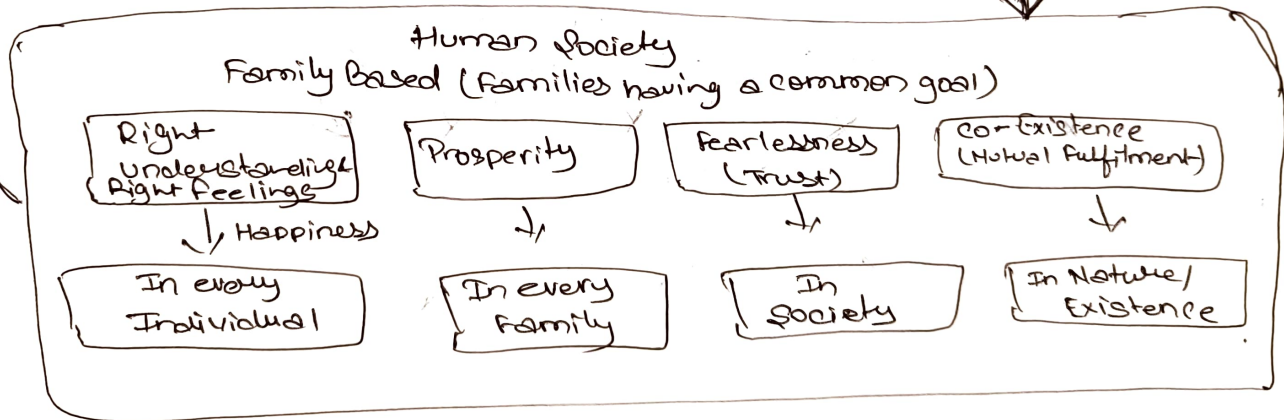
Obsession for consumption
Obsession for Profit
Obsession for sensual Pleasure

Terror
War

Resource Deplet
Pollution

Societal Transformation

Dynamic Activity	State Activity	
1. Authentication	Realisation	co-existence
2. Determination	understanding	Harmony in Nature
3. Imaging ←	contemplation	Participation in Larger order, Relationship
4. Analysing	comparing	co-existence, Harmony, Justice. Guide. Sensation, Health Profit
5. Selecting	Tasting	Goal, Value. Guided Sensation



810'

List of observation for every minutes are listed below:

1. minute 1: Helping others
2. minute 2: Spreading Kindness
3. minute 3: Achieving inner peace
4. minute 4: Cultivating compassion
5. Minute 5: Building meaningful relationships
6. minute 6: Pursuing knowledge and wisdom
7. minute 7: Contributing to a better world
8. minute 8: Embracing diversity and inclusion
9. minute 9: Practicing gratitude and appreciation
10. minute 10: Fostering a sense of community
11. minute 11: Promoting justice and equality
12. minute 12: Inspiring others through positive actions
13. minute 13: Nurturing Personal growth and development
14. Minute 14: Advocating for environmental sustainability
15. Minute 15: Leaving a positive legacy

the imagined objects are in harmony with each other as they all revolve around positive human values such as kindness, compassion, wisdom and making a positive impact on the world.