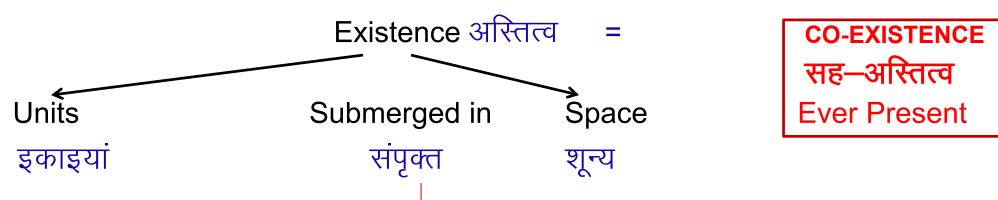


# Lecture 22 The Holistic Perception of Harmony in Existence

# Harmony in Existence अस्तित्व में व्यवस्था



Limited in Size सीमित आकार

Unlimited असीम

(All Pervading, व्यापक)

Activity, Active क्रिया, क्रियाशील

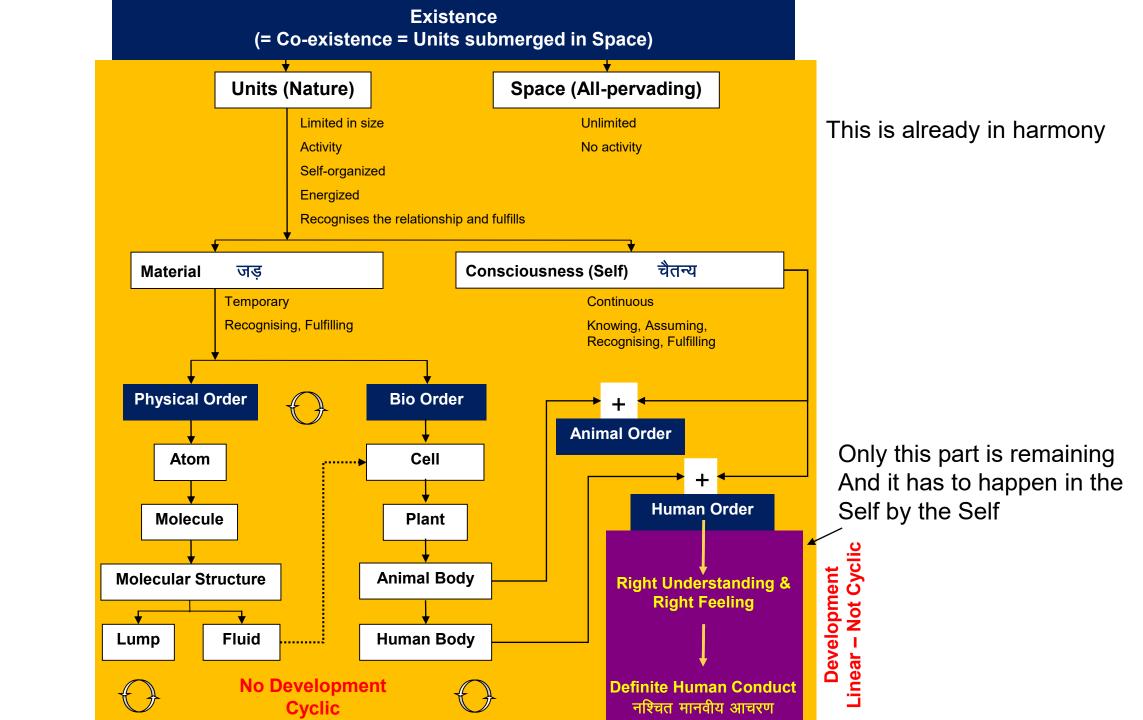
No Activity क्रियाशून्य (शून्य)

- 1. Energised in Space (शून्य के सह—अस्तित्व में ऊर्जित है)
- 2. Self organised in Space (शून्य के सह—अस्तित्व में नियंत्रित है, स्वयं में व्यवस्था है)
- 3. Recognises it's relationship,

Fulfills its relationship with every other Unit in Space

(शून्य के सह—अस्तित्व में परस्परता को पहचानती है, निर्वाह करती है बड़ी व्यवस्था में भागीदार है, समग्र व्यवस्था में भागीदार है)





#### Now we can see that...

Happiness is an indicator, a feedback, that we

- have understood harmony and
- live in harmony

at all 4 levels of our being

Unhappiness is an indicator, a feedback, that we

- have not understood harmony and
- do not live in harmony

at one or more of the 4 levels of our being

#### Our role is to make the effort for excellence

- to understand harmony and
- to live in harmony

Continuous happiness

#### at all levels of our being

- 1. In the Self, as an Individual
- 2. In Family
- 3. In Society
- 4. In Nature/Existence



## **Program for Human Being (Our Role in Existence)**

Existence is Co-existence

Human Being is by virtue of Co-existence; embedded in Co-existence

All the Human Being needs to do is

- 1. To understand Co-existence and
- 2. To live in Co-existence

#### **Program for Human Being (Human Role in Existence)**

Human beings have two important things to do:

- 1. To understand the co-existence
  - 1.1. To understand co-existence –
  - 1.2. To ensure the feeling, thought of co-existence –

Knowledge

Resolution

ज्ञान)

(समाधान)

- 2. To live in co-existence
  - 2.1. To live in co-existence with human-beings
    - -family to world family -

**Undivided Society** 

(अखंड समाज)

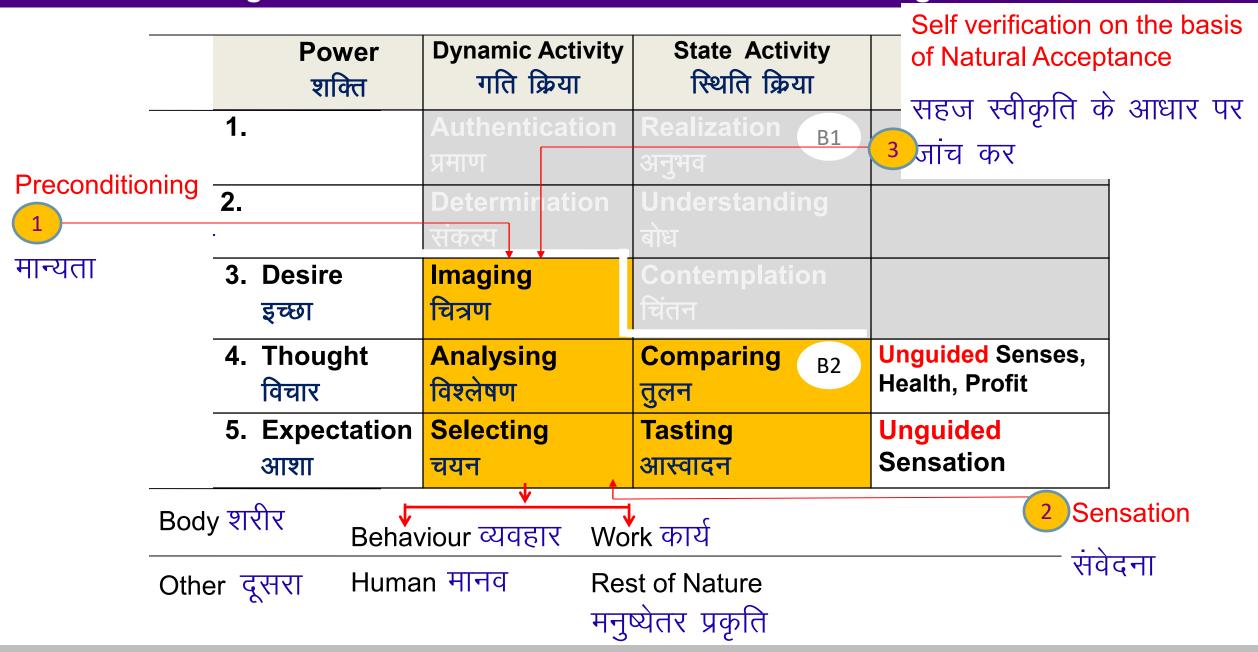
- 2.2. To live in co-existence in nature
  - -family order to world family order -

**Universal Human Order** 

(सार्वभौम व्यवस्था)

By these two being ensured by human beings, the result will be Undivided Society and Universal Human Order on Earth, in which Harmony and peace are very natural outcomes (and there is every provision in Existence for it)

#### **Deluded Self: Imagination on basis of Sensation & Preconditioning**

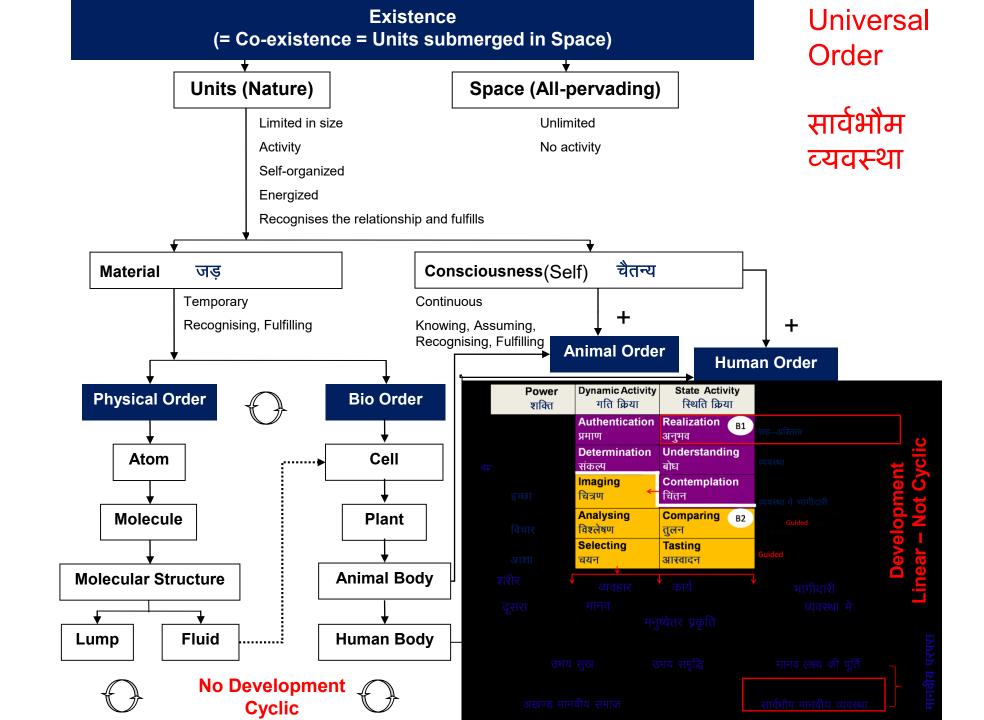


# Pure Self: Imagination on basis of Realisation, Understanding & Contemplation

Space शुन्य						
Power	Dynamic Activity	State Activity				
शक्ति	गति क्रिया	स्थिति क्रिया				
1.	Authentication	Realization B1	Co-existence			
	प्रमाण	अनुभव	सह—अस्तित्व			
<u></u>	Determination	Understanding	Harmony in Nature			
<u>⊕</u> <u>±</u>	संकल्प	बोध	व्यवस्था			
3. Desire	<b>Imaging</b>	Contemplation	Participation in Larger			
इच्छा	चित्रण	चिंतन	Order, Relationship व्यवस्था में भागीदारी			
4. Thought	Analysing	<b>Comparing</b> B2	Co-existence, Harmony,			
विचार	विश्लेषण	तुलन	Justice Guided Senses, Health, Profit			
5. Expectation	Selecting	Tasting	Goal, Value			
आशा	चयन	आस्वादन	Guided Sensation			
Body शरीर Debayiour हात्स्म Work कार्र						
Behaviour व्यवहार Work कार्य Participation भागीदारी						
Other दूसरा Huma	n मानव Rest of Nature in la		ger Order व्यवस्था में			
	मनु	ष्येतर प्रकृति				

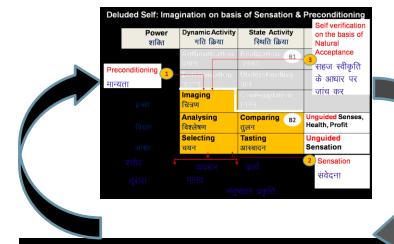
## Realisation of Co-existence & it's expression – Universal Human Order

	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया		
<u> </u>	1.	Authentication प्रमाण	Realization अनुभव	Co-existence सह—अस्तित्व	REALISATION WITHIN
Self (I) ₩	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था	
	3. Desire इच्छा	lmaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी	
	4. Thought विचार	Analysing विश्लेषण	Comparing <sub>B2</sub> तुलन	Co-existence, Harmony, Justice Guided Senses, Health, Profit	
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation	
Body शरीर Behaviour व्यवहार Work कार्य Participation भागीदारी					
Other दूसरा Human मानव Rest of Nature in larger Order व्यवस्था में मनुष्येतर प्रकृति					
मनुष्येतर प्रकृति  Mutual Happiness Mutual Prosperity Fulfillment of Human Goal उभय सुख उभय समृद्धि मानव लक्ष्य की पूर्ति					
, and the second se			XPRESSION UTSIDE	Jniversal Human C सार्वभौम मानवीय व्यव	

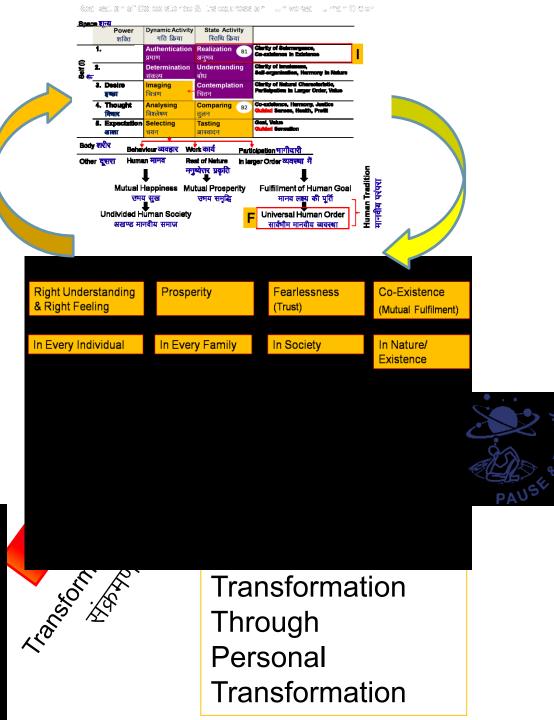


#### **Role of Human Being**

- 1. Realise the co-existence
- 2. Ensure universal human order

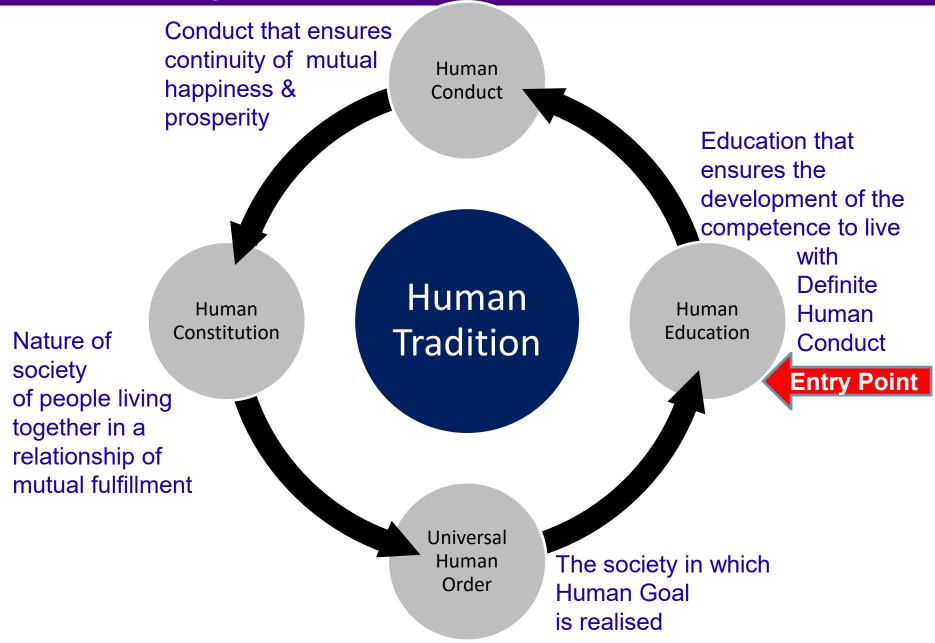






Level. Name	Relationship	Details
4b. Existence	Co-existence	Co-existence Potential for human being to realise
4a. Nature	Mutual Fulfillment 4 orders	Harmony, relationship Potential for human being to be in harmony
3. Society	Right Understanding and Right Feeling, Prosperity, Fearlessness (Trust), Co-existence	Human-Nature relationship Potential, through participation of individuals and families in various societal systems
2. Family	Feeling of Co-existence Trust, Respect Love	Human-Human relationship Potential for right feeling in the Self – mutual happiness
1b. Individual Human Being	Co-existence of Self and Body	Self-Body relationship Potential for feeling of self-regulation
1a. Self	Continuous Happiness = Happiness, Peace, Satisfaction, Bliss	Will to live with continuous happiness  Potential for right understanding,  right feeling and right thought
Universal Human Values		↓ Mutually fulfilling behavior, work and participation…

### **Universal Human Order: Dynamics**





#### **Practice Session after Lecture 22**

1. Observe your Self.

Are you in space?

Are you getting energy from the body?

Is your energy dependent on the body?

When your body is sick, does your energy to think diminish?

Are you energised in space?

Are you being dictated by the body?

Are you self-organised in space?

Innately, you have a natural acceptance for co-existence, harmony and relationship.

To understand and live in co-existence, harmony and relationship is the scope of your full potential, your full possibility as a human being.

Find out if that is the case for you.

2. Make a chart for the whole existence. List down different courses of studies and relate them to different realities in the existence (such as plants, human mind, animals etc.).



#### **Expected Outcome**

- The students are able to obtain a holistic vision about the existence.
- It is in the form of co-existence, rather than a chaos.
- Every unit is energized, self-organised and is participating with other units in an orderly manner for mutual-fulfilment.
- It is only the human being without right understanding that is violating this underlying coexistence.
- They are able to appreciate the need to understand the co-existence in existence.





# **FAQs for Lecture 22**

The Holistic Perception of Harmony in Existence

#### **Questions?**

• When I start paying attention to this depth, I lose control over the outer world. How to balance it?

• What is 'living in the present'?

• ...









# **Self Reflection**