



# Lecture 4

## Holistic Development and Role of Education

Full Lecture with Home Work  
Key Points  
FAQ List

## Content of this Session

Basic human aspiration

Fulfilment of basic human aspiration

Holistic development

The role of education in holistic development

It will also give an idea about:

- The content of this workshop/course
- The process of this workshop/course
- The expected achievement from right understanding

## इस सत्र की विषय-वस्तु

मानव की मूल चाहना

मानव की मूल चाहना की पूर्ति

समग्र विकास

समग्र विकास में शिक्षा की भूमिका

इस सत्र से इन तीन के बारे एक अनुमान बन पायेगा:

- शिविर/कोर्स की विषय-वस्तु
- शिविर/कोर्स की प्रक्रिया
- समझ से अपेक्षित उपलब्धि

# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of your **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

**izLrko gS  $\frac{1}{4}$  ekuas ugha  $\frac{1}{2}$**

**tk;pas** & Lo;a ds vf/kdkj ijA

viuh **lgt LohÑfr** ds vk/kkj ijA

;g **laokn** dh izfØ;k gSA

;g laokn vkids vkSj esjs chp 'kq: gksrk gS] fQj **vki eas** pyus yxrk gSA



# Desire pkguk

Do we want to be happy?

**D;k ge lq[kh gksuk pkgrs gSa\**

Do we want to be prosperous?

**D;k ge le`) gksuk pkgrs gSa\**

Do we want the continuity of happiness and prosperity?

**D;k ge lq[k] le`f) dh fujarjrk pkgrs gSa\**



## Desire, What We Want to Be

Do we want to be happy?

**D;k ge lq[kh gksuk pkgrs gSa\**

Do we want to be prosperous?

**D;k ge le`) gksuk pkgrs gSa\**

Do we want the continuity of happiness and prosperity?

**D;k ge lq[k] le`f) dh fujarjrk pkgrs gSa\**

## State of Being, What We Are

Are we happy?

**D;k ge lq[kh gSa\**

Are we prosperous?

**D;k ge le`) gSa\**



Is there continuity of our happiness and prosperity?

**D;k gekjs lq[k] le`f) dh fujarjrk gS\**

**Why this gap?**

- between our desire and our state of being
- between what we really want to be and what we are

**What are we doing to fill this gap? Is it getting filled up or getting wider?**

**We will explore into this**

## Desire pkguk

Do we want to be happy?

**D;k ge lq[kh gksuk pkgrs gSa\**

Do we want to be prosperous?

**D;k ge le`) gksuk pkgrs gSa\**

Do we want the continuity of happiness and prosperity?

**D;k ge lq[k] le`f) dh fujarjrk pkgrs gSa\**

Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

What effort are we making, other than accumulation of physical facility?

## Effort djuk

Is our effort (**gekjk iz;kl**):

– To understand the true meaning of happiness and prosperity and ensure it?

**lq[k] le`f) dks Bhd&Bhd le>us ds vFkZ esa gS or ;k**

– Just for accumulation of physical facility?

**dsoy lqfo/kk&laxzg ds vFkZ esa\**



## Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

**i'kq dks lqfo/kk dk vHkko gksrk gS] rks og ijs'kku gksrk gS] lqfo/kk fey tk, rks og vkjke esa vk tkrk gS] (tSl isV Hkj ?kkl fey tk, rks xk; vkjke ls tqxkyh djrh gS)A**

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

**euq"; dks lqfo/kk dk vHkko gksrk gS] rks og ijs'kku o nq%[kh gksrk gS]**

**ijarq lqfo/kk fey tk, rks mlds ckjs rks Hkwy gh tkrk gS] mlds vykok lkS vkSj phtsa lk yxrk gSA**



(Check for yourself if you feel happy every day that you are getting enough to eat?)

**(vki gh vius esa tkap dj ns[ksa] D;k vki bl ckr ij jkst [kq'k gksrs gSa fd vkidks isV Hkj Hkkstu fey jgk gS\)**



## Something more is required (over and above physical facility)

Physical facility is necessary for human being  
but  
something more is also required



## To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

**vkids ifjokj esa tks nq%[k gS] og lqfo/kk ds vHkko esa T;knk gS ;k laca/k dk fuokZg  
u gksus ds dkj.k T;knk gS\**



## To find out what else is required (over and above physical facility)

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship



**vki lqfo/kk tqVkus ds fy, fdruk le; o iz;kl yxk jgs gSa vkSj laca/k dk fuokZg ds fy, fdruk le; o iz;kl yxk jgs gSa\**

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

**nq%[k laca/k dk fuokZg u gksus ds dkj.k T;knk gS( ijUrq] le; o iz;kl lqfo/kk ds fy, T;knk yxk;k tk jgk gS**

## For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

**ekuo ds fy, lqfo/kk Hkh vko';d gS] ijarq laca/k Hkh vko';d gSA**

On examining carefully, we find that this is a fundamental difference between animals and human being

**/;ku ls ns[ksa rks ekuo o i'kq ds chp ;g ,d ewyHkwr varj gSA**

Physical facility is necessary for animals and necessary for human being also

**lqfo/kk i'kq ds fy, vko';d gS] euq"; ds fy, Hkh vko';d gSA**

However, **ijarq]**

For animals physical facility is necessary as well as largely adequate

**i'kq ds fy, lqfo/kk vko';d Hkh gS vkSj iw.kZ Hkh gS]**

For human being physical facility is necessary but not adequate

**euq"; ds fy, Hkh lqfo/kk vko';d gS ij iw.kZ ugha gSA**



# In Addition to Physical Facility, Relationship is Necessary for Human Being

For human beings physical facility is necessary but relationship is also necessary

**ekuo ds fy, lqfo/kk Hkh vko';d gS] ijarq laca/k Hkh vko';d gSA**

RELATIONSHIP  
**laca/k**  
with human being

PHYSICAL FACILITY  
**lqfo/kk**  
With nature

For animals:  
necessary & largely  
adequate

i'kq ds fy,  
vko';d  
,oa iw.kZ

For human beings:  
necessary but not  
adequate

ekuo ds fy,  
vko';d  
ijarq iw.kZ ugha

## Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights... even in the family, with close friends, with colleagues at work... in the marketplace...

Every time we have a fight, we want to resolve it...

We say sorry, patch up and promise not to fight in future but...

Even though we don't want to, a fight does take place once again

(we want the other to improve... and the other wants us to improve...)

Is this happening?

Are incidences of reaction... not speaking to the other... arguments... debates... divorce... increasing or decreasing?

Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?



# Let's check our Perspective about Relationship

Let us find out if

1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, i.e. There is 'struggle for survival' , 'survival of the fittest' and check if we feel happy living this way?

**vki gh vius esa tkap dj ns[ksa]**

**1- vkidh pkguk laca/kiwoZd thus dh gS ;k**

**2- vkidh pkguk fojks/kiwoZd thus dh gS ;k**

**3- vkus eku j[kk gS fd thuk rks fojks/kiwoZd gh laHko gSA 'struggle for survival',  
'survival of the fittest' vkSj D;k vki oSlk thrs gq, lq[kh gksrs gSa\**



What is our present perspective? Which view do we promote?  
(at home, in the family... in schools and colleges... and in the society)

Is it the naturally acceptable view?

## Right Understanding is also Essential for Human Being

For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need

# Right Understanding is also Essential for Human Being

**RIGHT UNDERSTANDING**

**(le>)**  
**in the self**



**RELATIONSHIP**  
**(laca/k)**  
**with human**  
**being**

**PHYSICAL FACILITY**  
**(lqfo/kk)**  
**with rest of nature**

**For animals:**  
**necessary & largely**  
**adequate**

**For human beings:**  
**necessary but not**  
**adequate**

Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

If all 3 are required, what would be the priority\*?

*\*Working on the high priority facilitates the realisation of the lower priority*





## 1 RIGHT UNDERSTANDING

(le>)  
in the self

2

RELATIONSHIP  
(laca/k)  
with human  
being

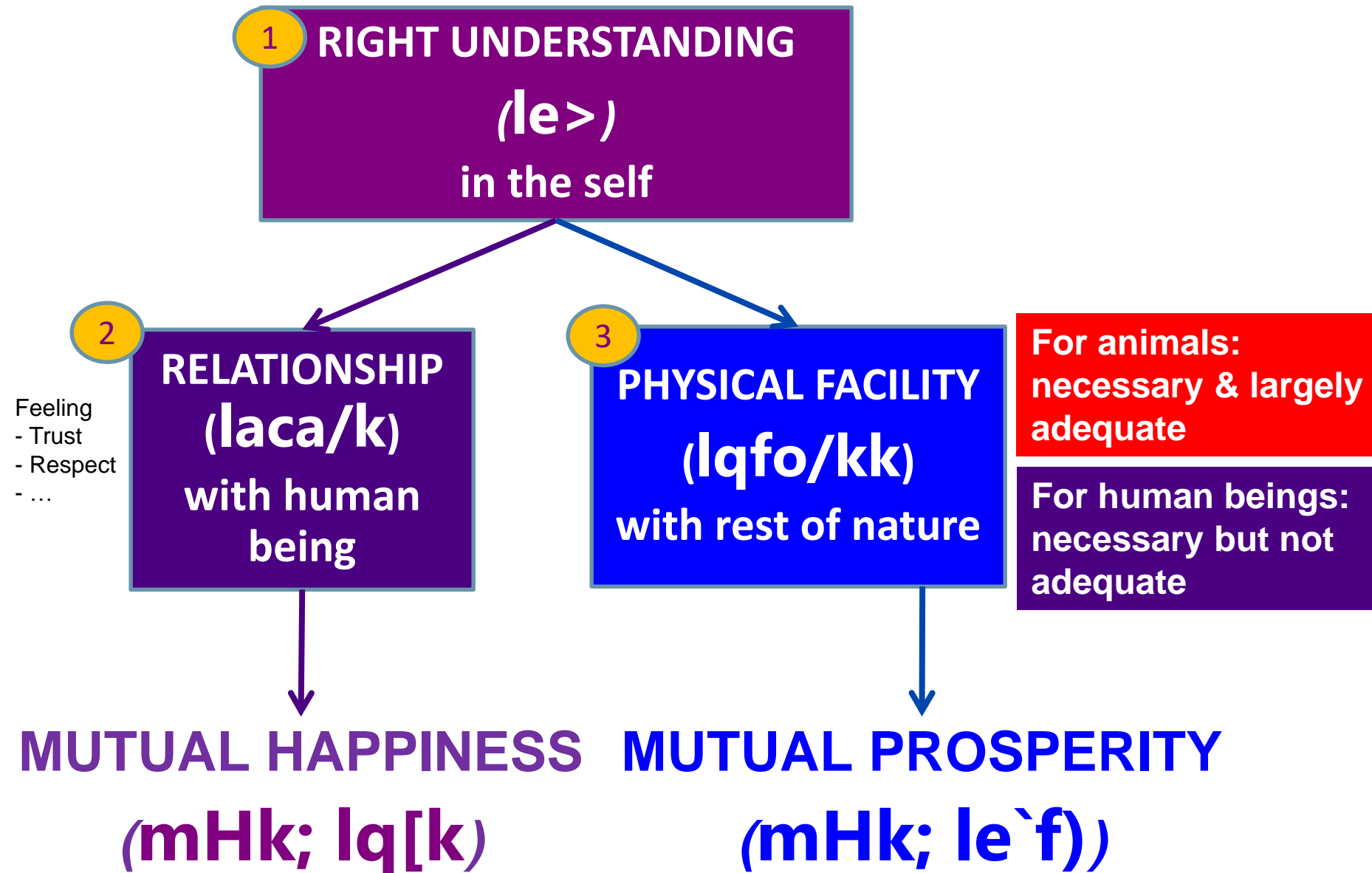
Feeling  
- Trust  
- Respect  
- ...

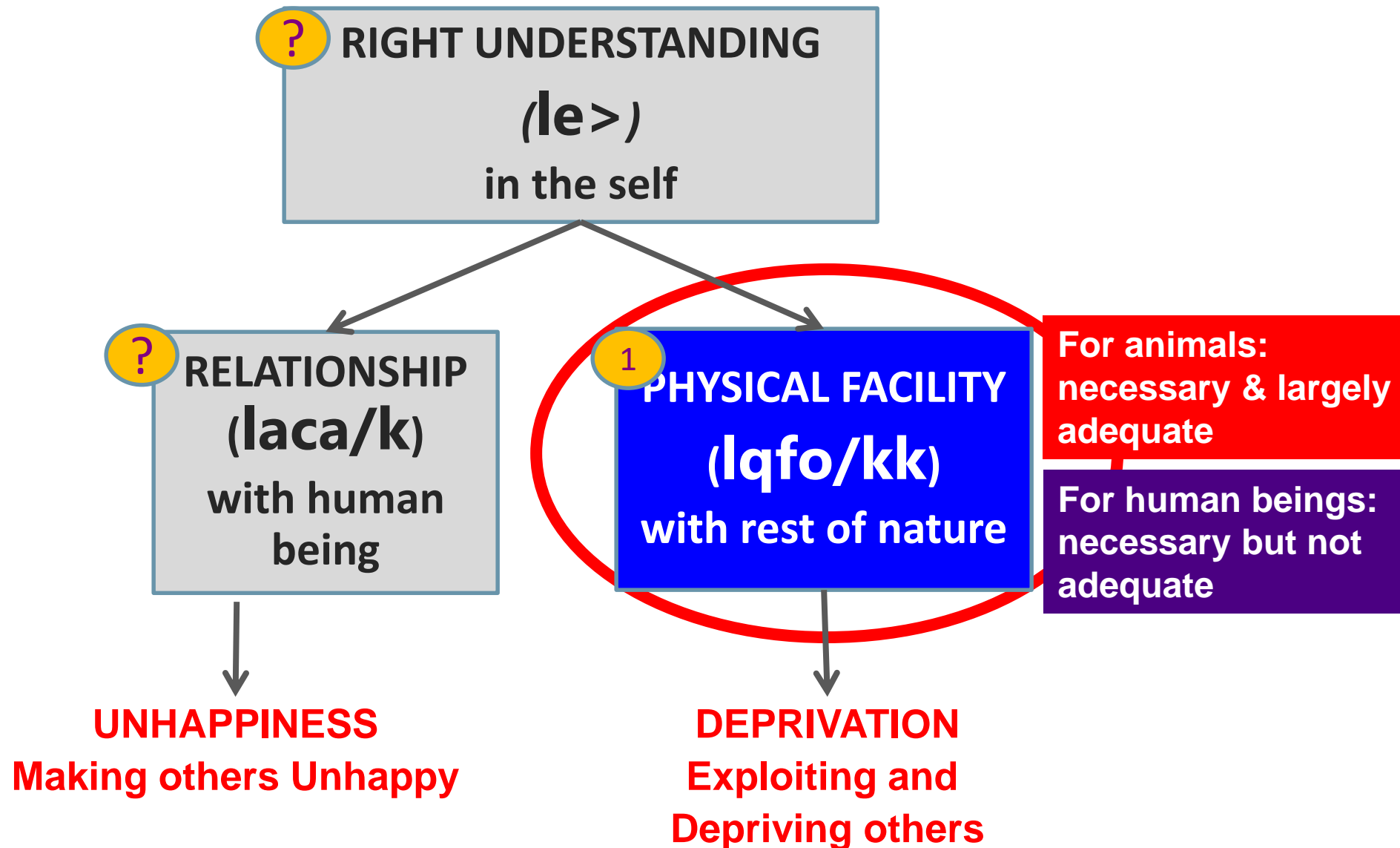
3

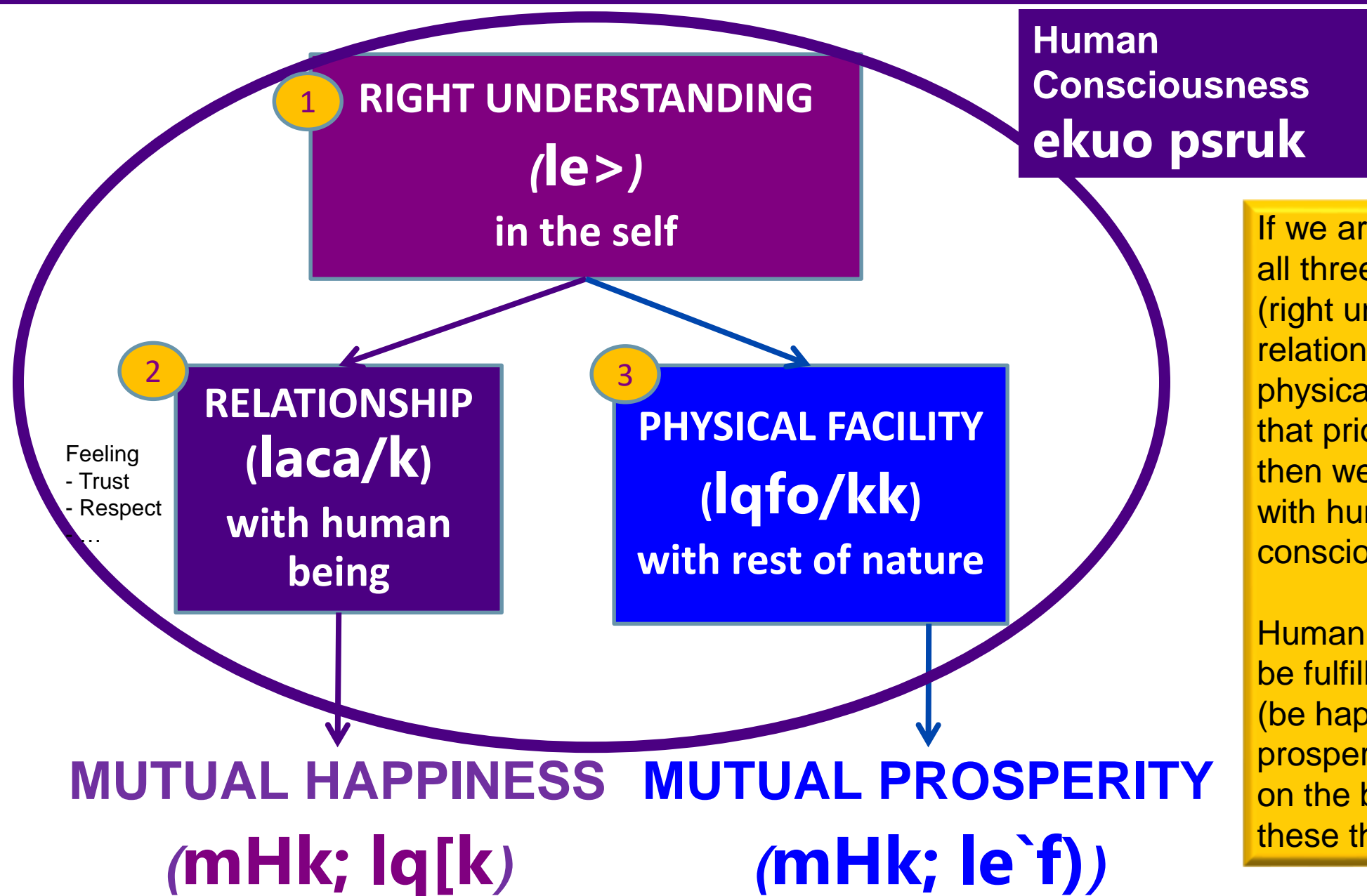
PHYSICAL FACILITY  
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For animals:  
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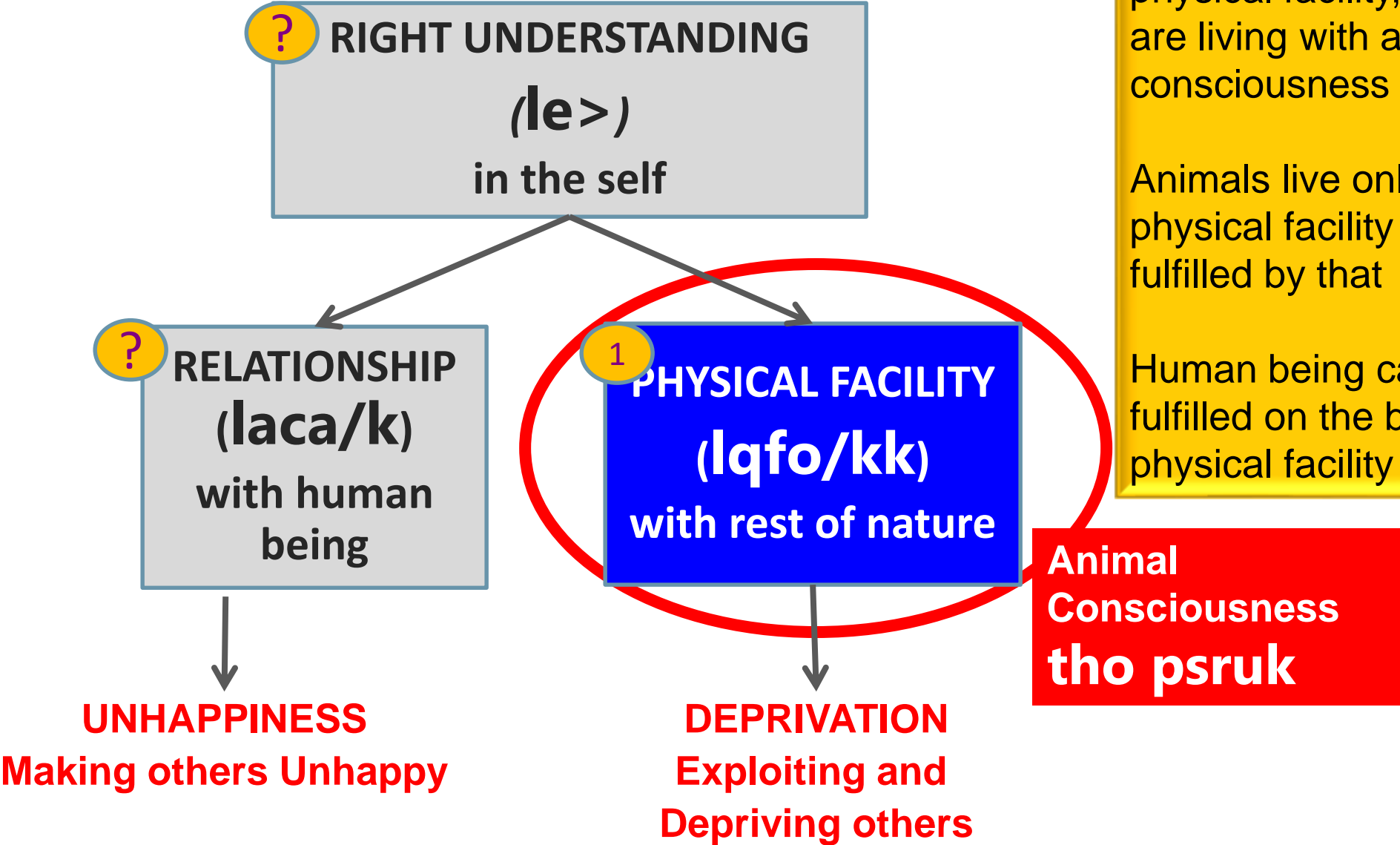






If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three



Animals living with  
animal consciousness

they are in harmony

this is fine

Human being living with  
human consciousness

they are in harmony

this is fine

Human being living with  
animal consciousness

they are in disharmony

this is the  
problem

# Since we generally don't have clarity about our physical needs...

In the society, we can observe two categories of human beings

**blhfy, vHkh nks rjg ds euq"; fn[kkbZ nsrs gSa&**

1. Lacking physical facility, unhappy deprived (**lqfo/kk foghu nq[kh nfjnz** )
2. Having physical facility, unhappy deprived (**lqfo/kk laiUu nq[kh nfjnz** )

While we want to be – **tcfD ge gksuk pkgrs gSa&**

3. Having physical facility, happy prosperous (**lqfo/kk laiUu lq[kh le`)**

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

**vius esa tkap dj ns[ksa&**

- **vHkh ge dgka gS\& 1] 2 ;k 3 esa vkSj**
- **dgka gksuk pkgrs gSa\**



# Resources are already in Plenty!

**Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)**

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new study commissioned by the United Nations Food and Agriculture Organization (FAO)

**Global Food Production is 6 times requirement**  
**Global Food Wastage is 1/3<sup>rd</sup> of production**  
**Wastage is enough to feed 1300 crore people/year**

Have we understood right utilisation?  
Is it a question of production?  
Is it a question of distribution?  
Is it a question of relationship?  
Is it a question of right understanding?  
**It is a question of education**

<http://www.un.org/apps/news/story.asp?NewsID=38344&Cr=fao&Cr1>





# Transformation (ladze.k) = Holistic Development (fodkl)

Is development just in increasing physical facility or development is ensuring of all 3?

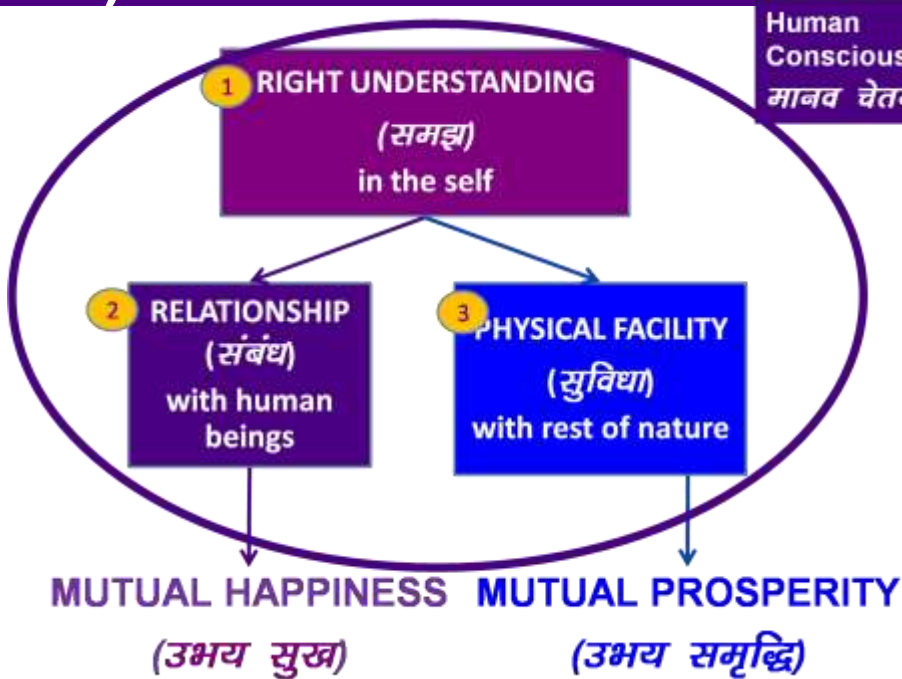
Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?



Transformation & Progress  
ladze.k & fodkl



We will explore into the effort required for transformation, for holistic development

# Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,  
the skills and practice for sustainable production of more than what is required – leading to the feeling of prosperity

## Required for Transformation

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,  
the skills and practice for sustainable production of more than what is required  
right utilisation of physical facility  
leading to the feeling of prosperity

## Present State?

Missing

Missing

Identification of need of physical facility is missing.

The willingness to produce by way of labour is also missing

The right utilization is also largely missing

The core feeling generated is

to accumulate more & more,

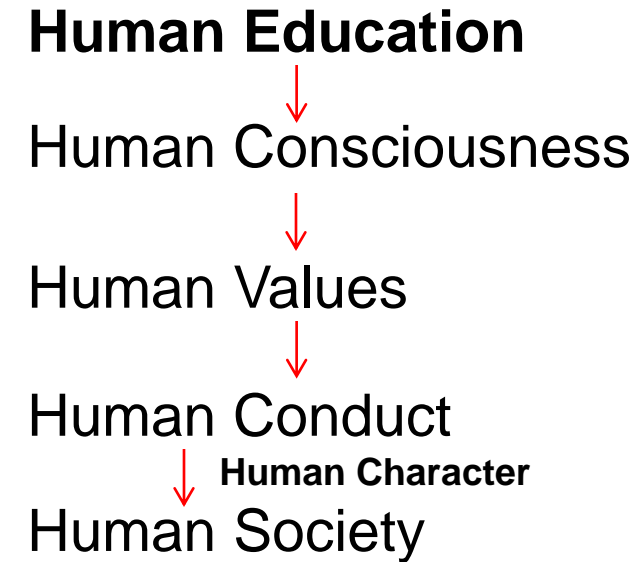
to consume more & more,

(rather than to produce what is required and utilize it rightly...)

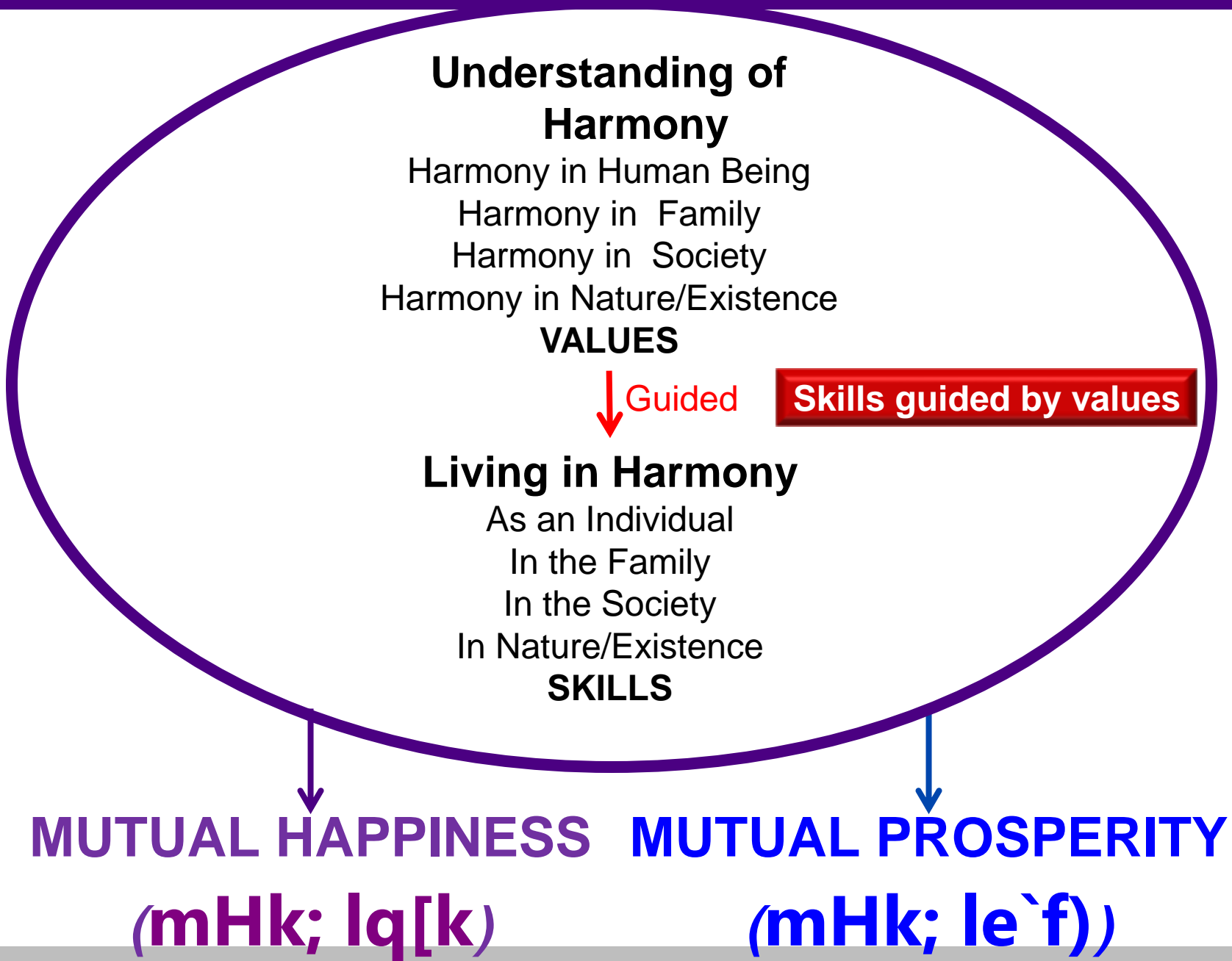
# Problems = Indication of Lack of Effort for Holistic Development

Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness

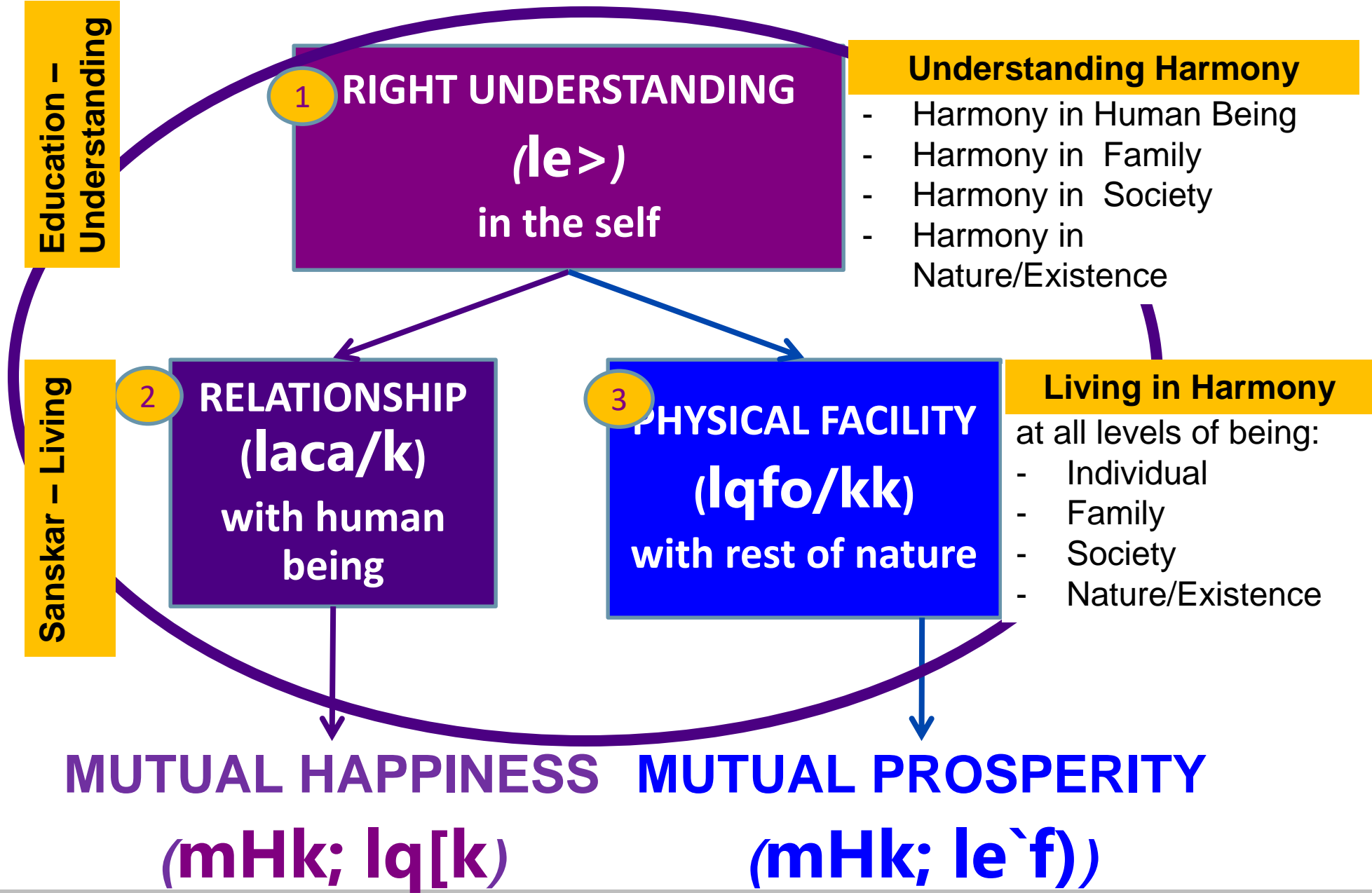
The basic effort is required to ensure human consciousness  
(through human education)



Ultimately it will result in a human tradition,  
in which the human goal is fulfilled for all,  
generation after generation



# Human Being Living with Human Consciousness



# Societal implications of living with Human Consciousness



### Proposals

(about harmony at various levels  
for your self-exploration)

- Harmony in Human Being
- Harmony in Family
- Harmony in Society
- Harmony in Nature/Existence

**Self-exploration**, self-verification

### Desired Achievement

#### Individual Transformation

- Right Understanding  
(Understanding Harmony)
- Happiness & Prosperity  
(Living in Harmony)



#### Societal Transformation

- Humane Society



# Assignment Today

- Your experience through the day (describe free form).....
- 5 key points that struck you (or takeaways) from the talks today  
(starting with what you felt was most important for you) in order of priority)

S.No	Take-aways
1	
2	
...	

- 5 key problems today you are able to notice (starting with what you feel is most important)  
in order of severity, impact)

S.No	Problem	Due to lack of skills or values?	Increasing or decreasing?	Root cause according to you?	Solution according to you?
1					
2					
...					

- Mention any five things that give you happiness **in continuity**  
.....  
.....
- Mention any five things that make you feel unhappy  
.....  
.....
- Based on the discussion today, what role do you see for yourself in the education system?  
.....



# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

**izLrko gS  $\frac{1}{4}$ ekuas ugha $\frac{1}{2}$**

**tk;pas** & Lo;a ds vf/kdkj ijA

viuh **lgt LohÑfr** ds vk/kkj ijA

;g **laokn** dh izfØ;k gSA

;g laokn vkids vkSj esjs chp 'kq: gksrk gS] fQj **vki eas** pyus yxrk gSA





# Self Reflection

## Self Reflection

Can you see that you have the faculty of natural acceptance?

- It is innate, a part and parcel of our being
- It is invariant, uncorrupted by pre-conditioning
- It is definite

Find out how you feel when your desire is in accordance with your natural acceptance – happy or unhappy?



# Key Points

Holistic Development and the Role of Education

Right Understanding, Relationship and Physical Facility

# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

**izLrko gS ¼ekuas ugha½**

**tk;pas** & Lo;a ds vf/kdkj ijA

viuh **lgt LohÑfr** ds vk/kkj ijA

;g **laokn** dh izfØ;k gSA

;g laokn vkids vkSj esjs chp 'kq: gksrk gS] fQj **vki eas** pyus yxrk gSA

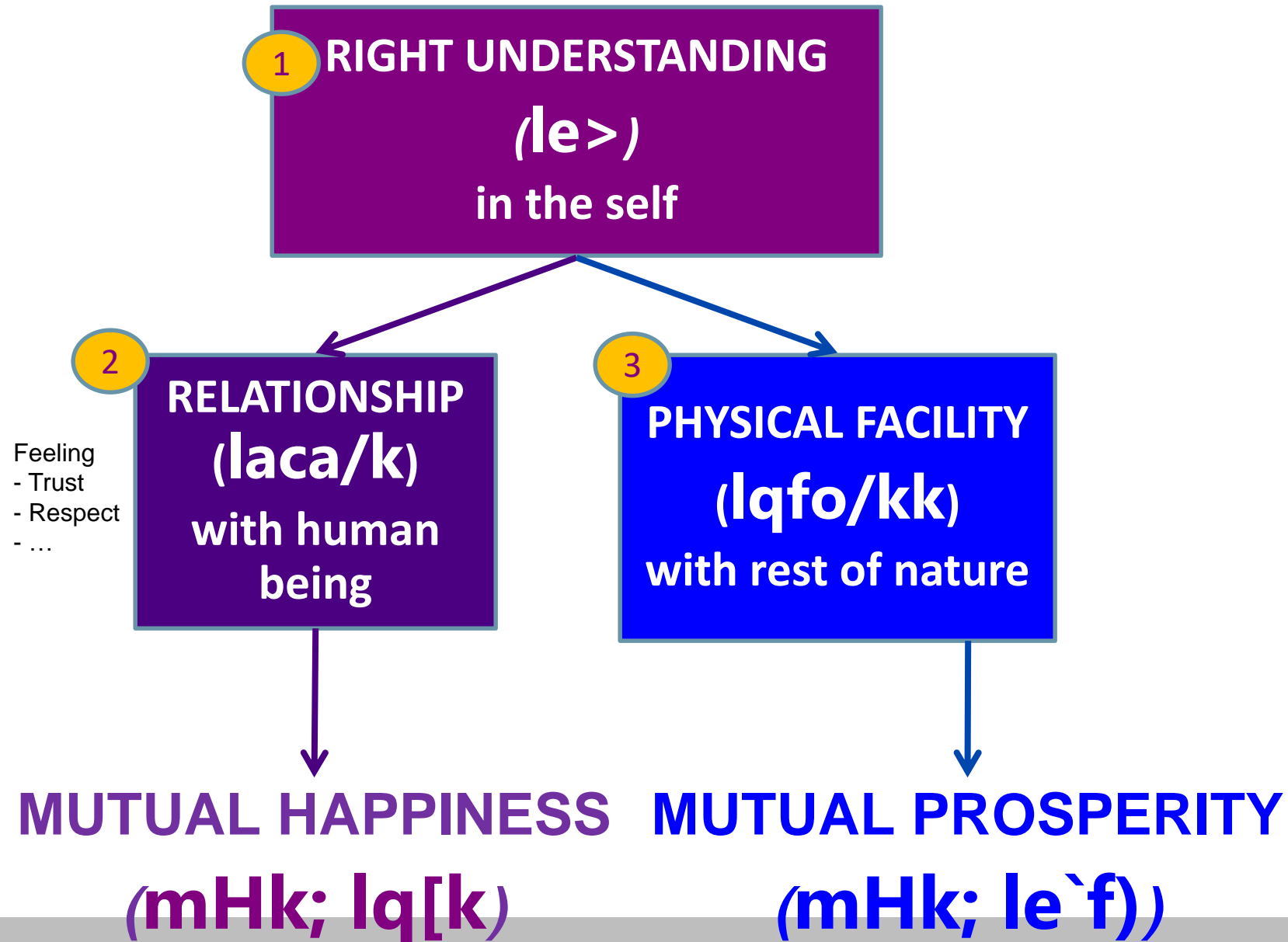
# Basic Human Aspirations

Happiness

Prosperity

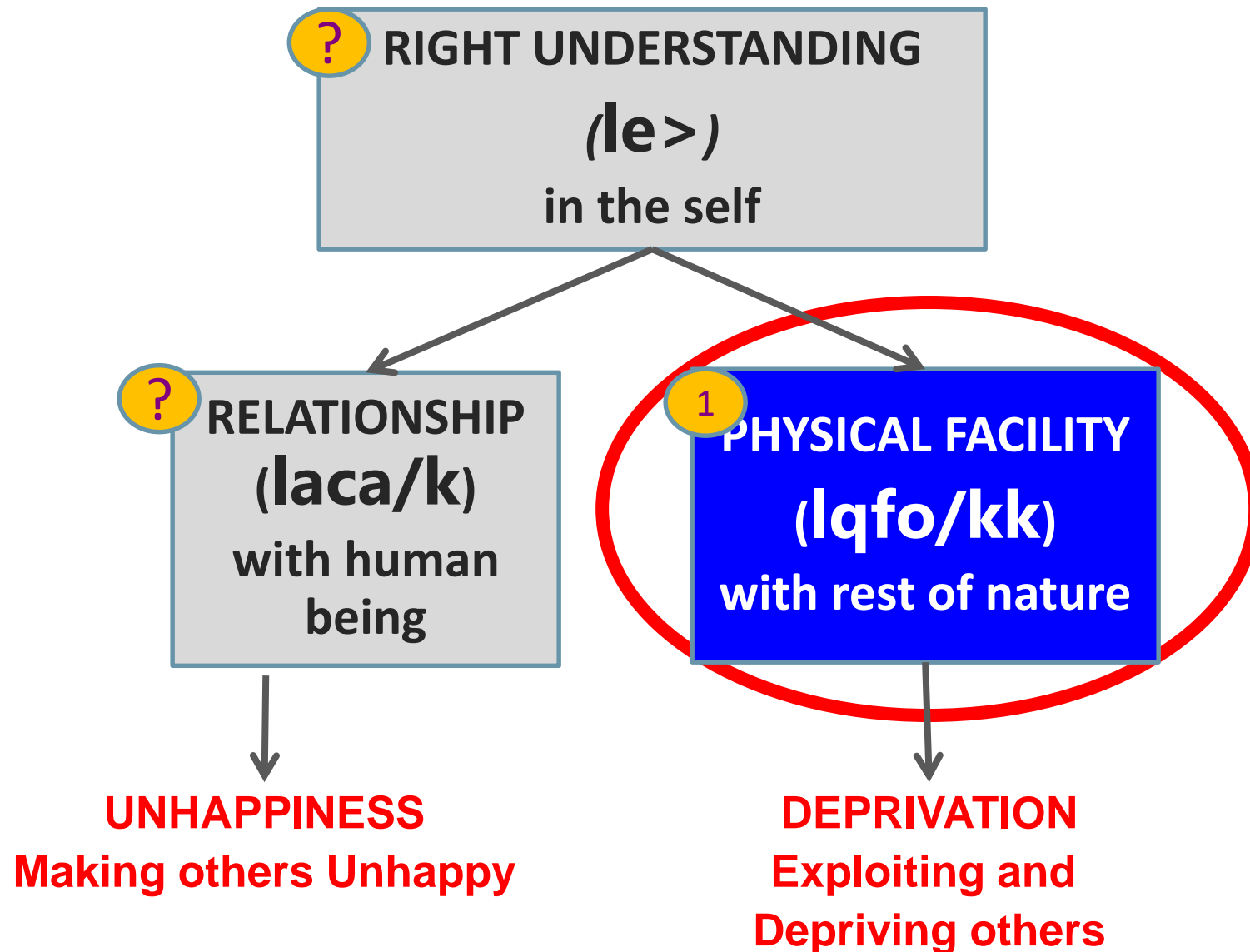
Continuity of Happiness and Prosperity

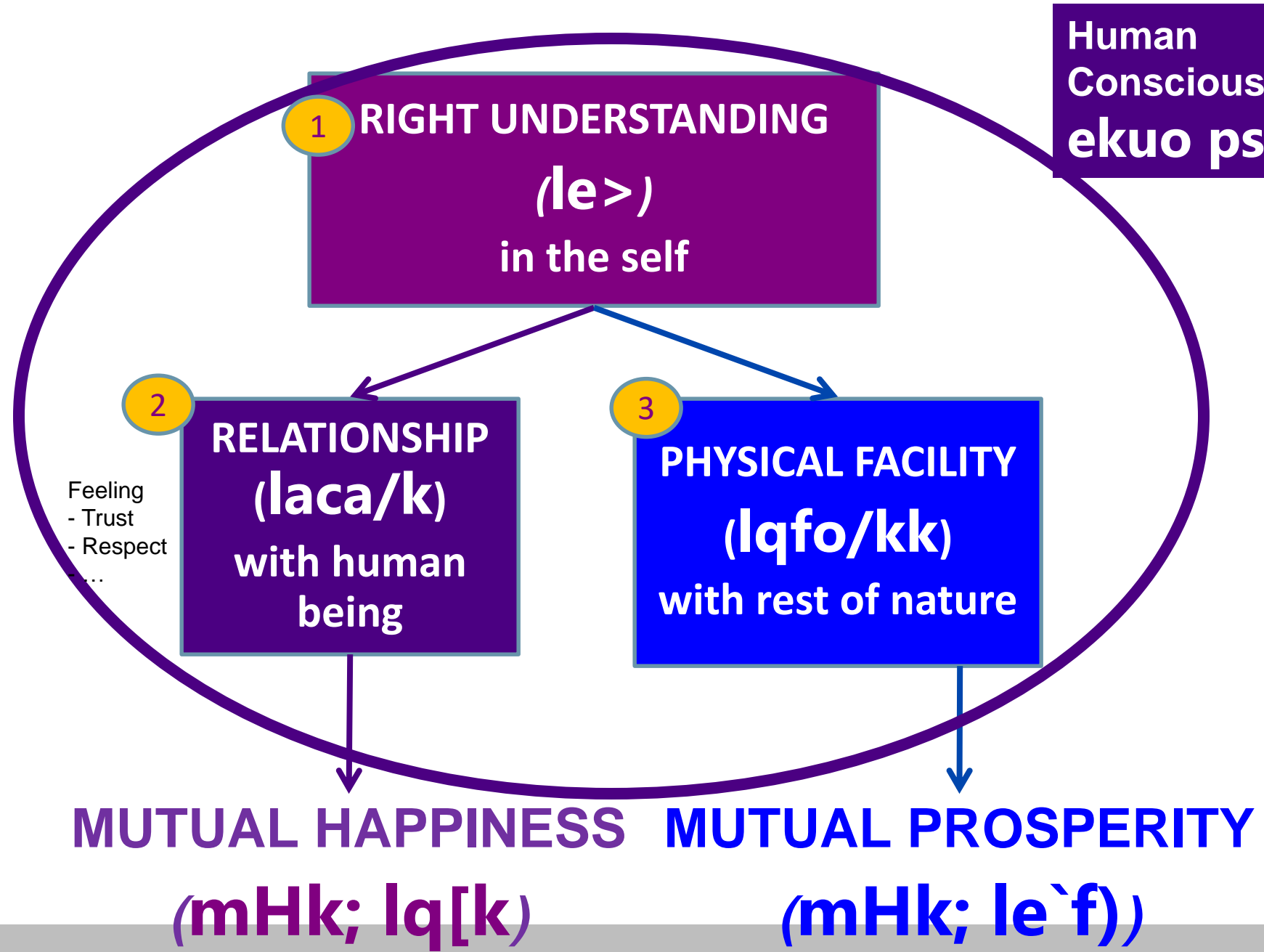
# To Fulfill Basic Human Aspirations...





# When the focus is on Physical Facility...

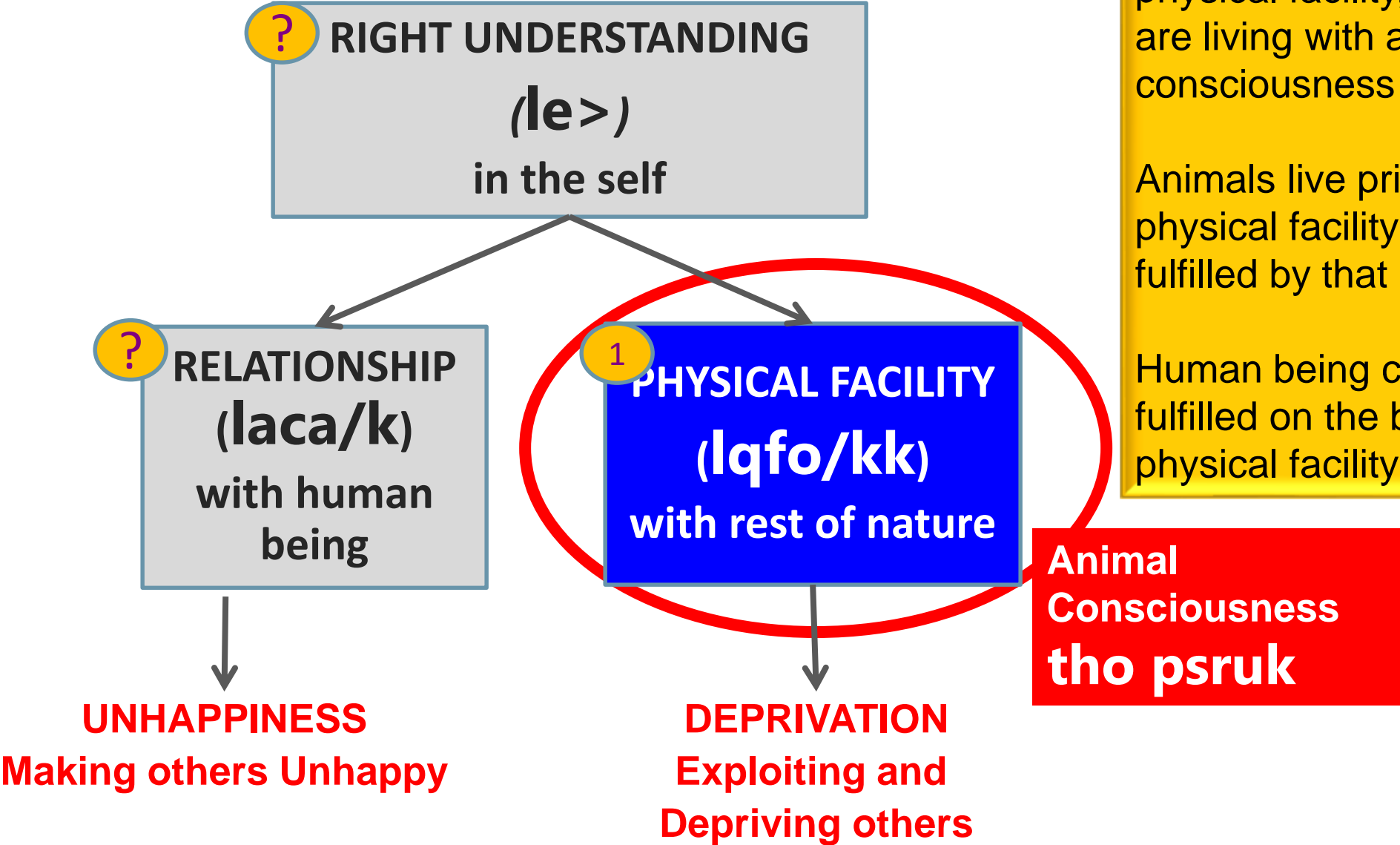




If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three





If our living is only for physical facility, then we are living with animal consciousness

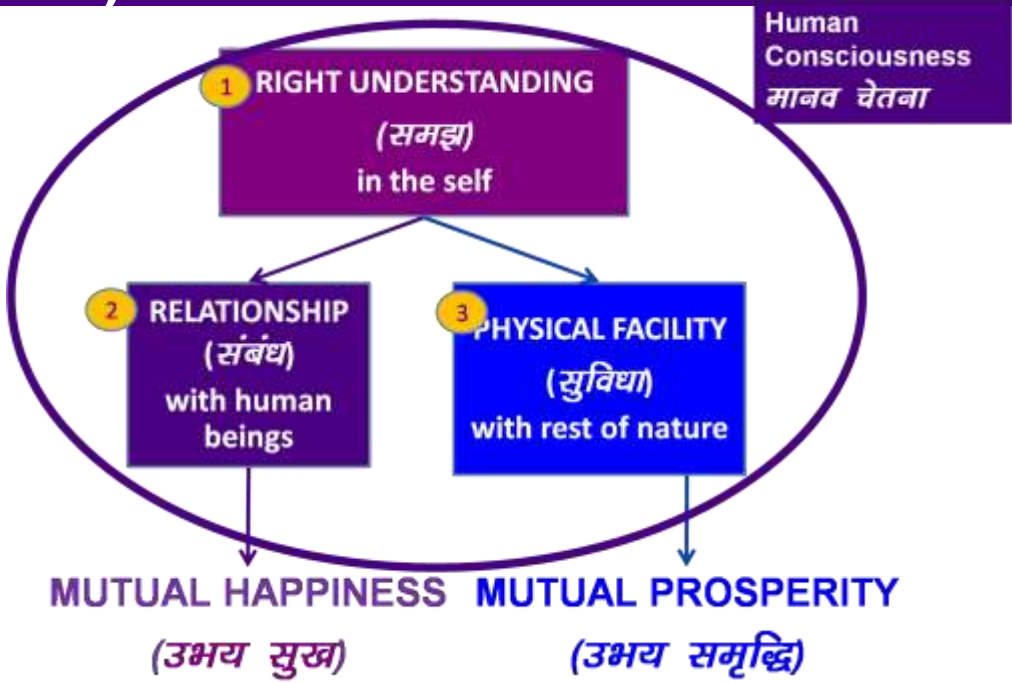
Animals live primarily for physical facility and may be fulfilled by that

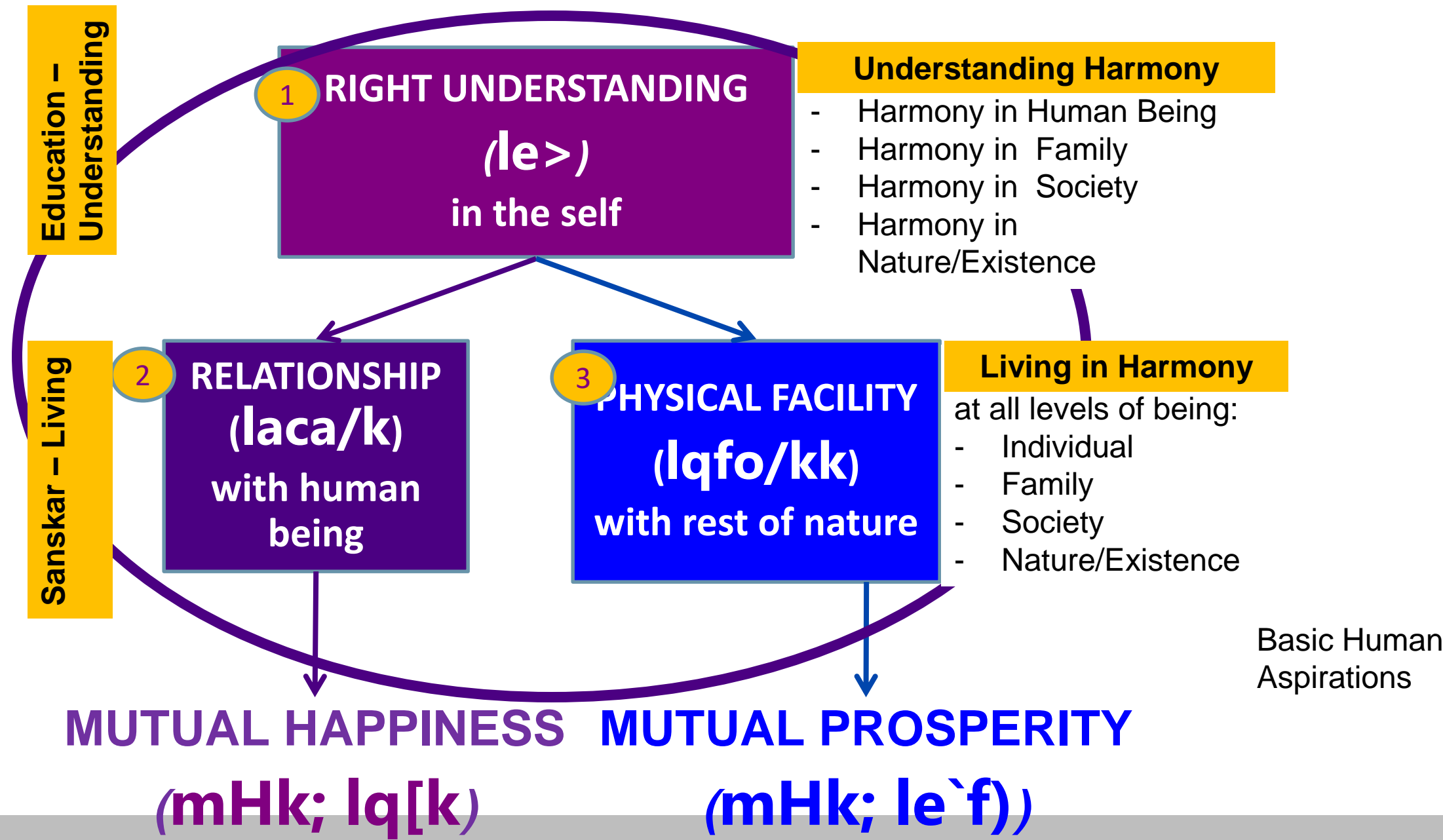
Human being can not be fulfilled on the basis of physical facility alone

# Transformation (ladze.k) = Holistic Development (fodkl)



Transformation & Progress  
ladze.k & fodkl





## Required for Transformation

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,  
the skills and practice for sustainable production of more than what is required  
right utilisation of physical facility  
leading to the feeling of prosperity

## Present State?

Missing

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Identification of need of physical facility is missing.

The willingness to produce by way of labour is also missing

The right utilization is also largely missing

The core feeling generated is

to accumulate more & more,

to consume more & more,

(rather than to produce what is required and utilize it rightly...)

## Holistic Development and the Role of Education

- Human aspirations
- Fulfilment of human aspirations through RU, Rel and PF with the correct priority
- Meaning of Holistic Development – Transformation from Animal Consciousness to Human Consciousness
- Role of Education in transformation / holistic development



# FAQs for Lecture 4

Holistic Development and the Role of Education

Right Understanding, Relationship and Physical Facility



## Question(s) 1: Human Aspirations

## Response

How can anyone be happy CONTINUOUSLY?

Desirability

Can you show me anyone who is always happy?

Feasibility

Effort required

Aren't happiness and unhappiness both a part of life?

Are we not talking about something that is not at all possible?

## Question(s) 2: Human Aspirations

## Response

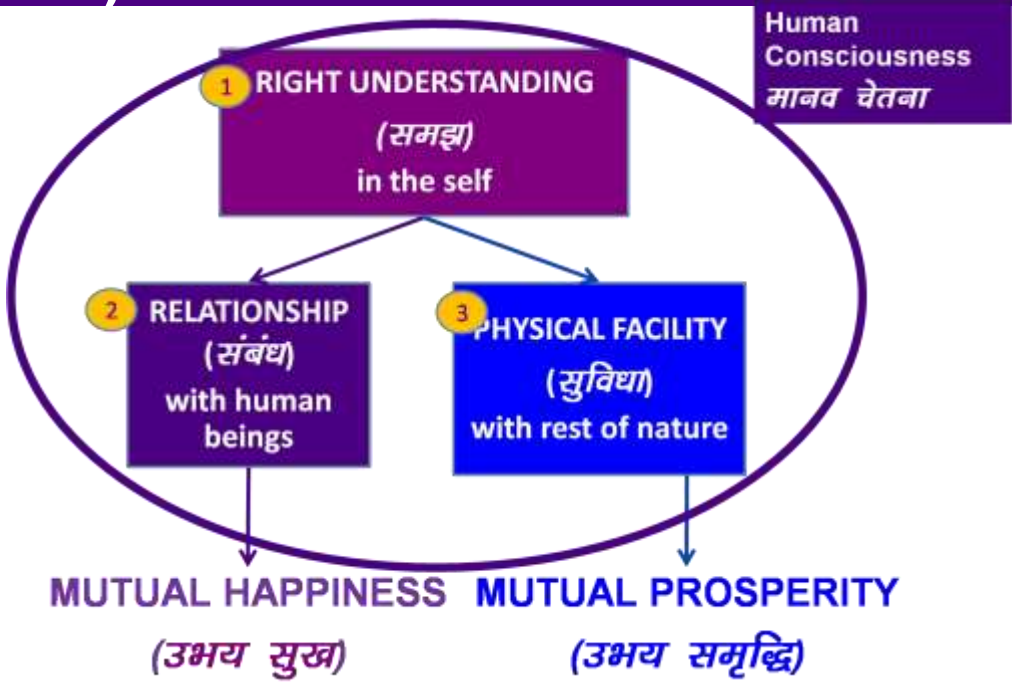
If we all become happy, development will stop, isn't it?

Look around – there is so much of poverty, joblessness, etc. By speaking about such an idealistic state, will we not mislead the next generation away from development; from making progress?

# Transformation (ladze.k) = Holistic Development (fodkl)



Transformation & Progress  
ladze.k & fodkl



### Question(s) 3 : Need for Physical Facility

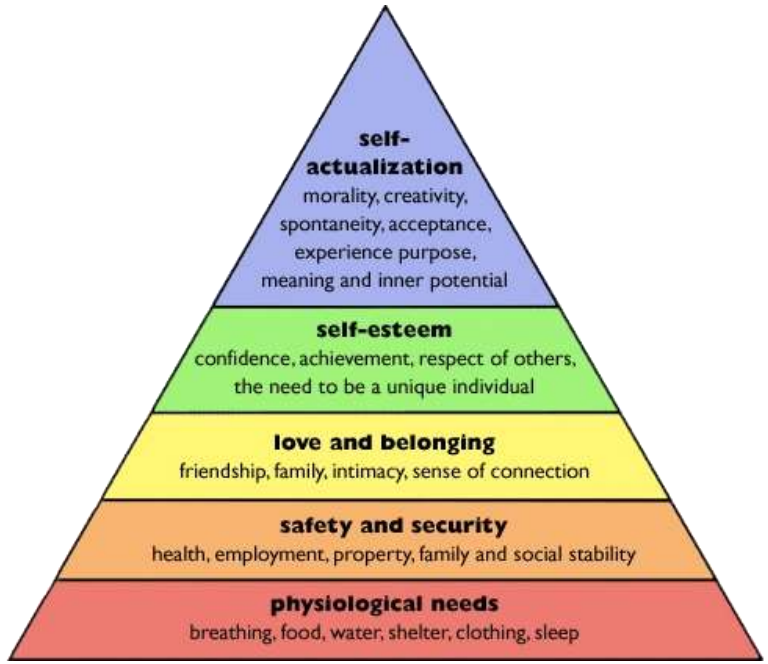
### Response

I think physical facility is most basic and important human need. Even Maslow's hierarchy of needs puts physical needs at the base. How can you say that RU is the first priority?

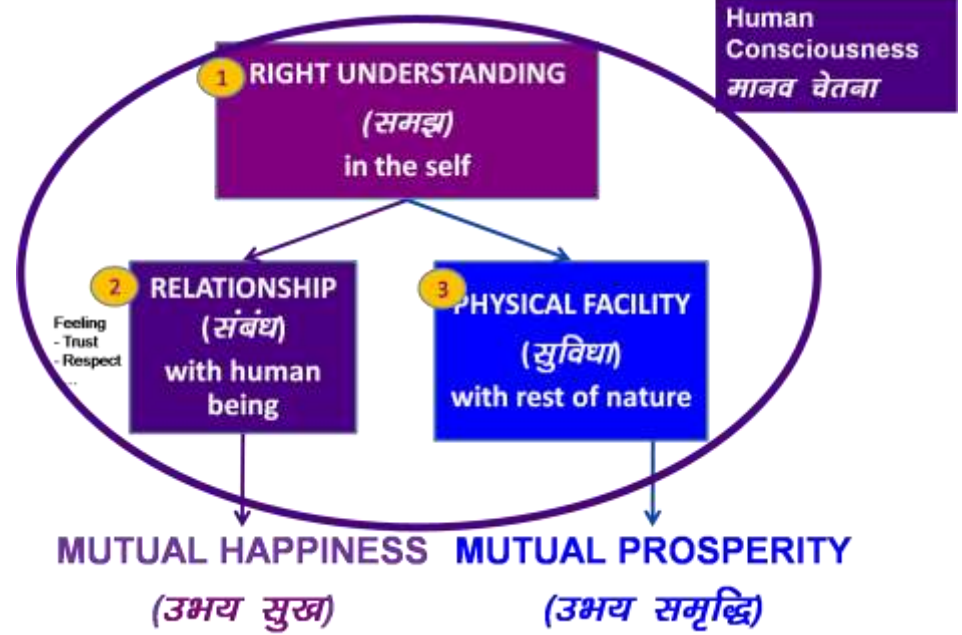
How does Maslow's hierarchy of needs fit into this?

In the theory of Maslow's need of hierarchy - Physical facility is the most basic requirement and you are saying that it is the third priority? How is it so?

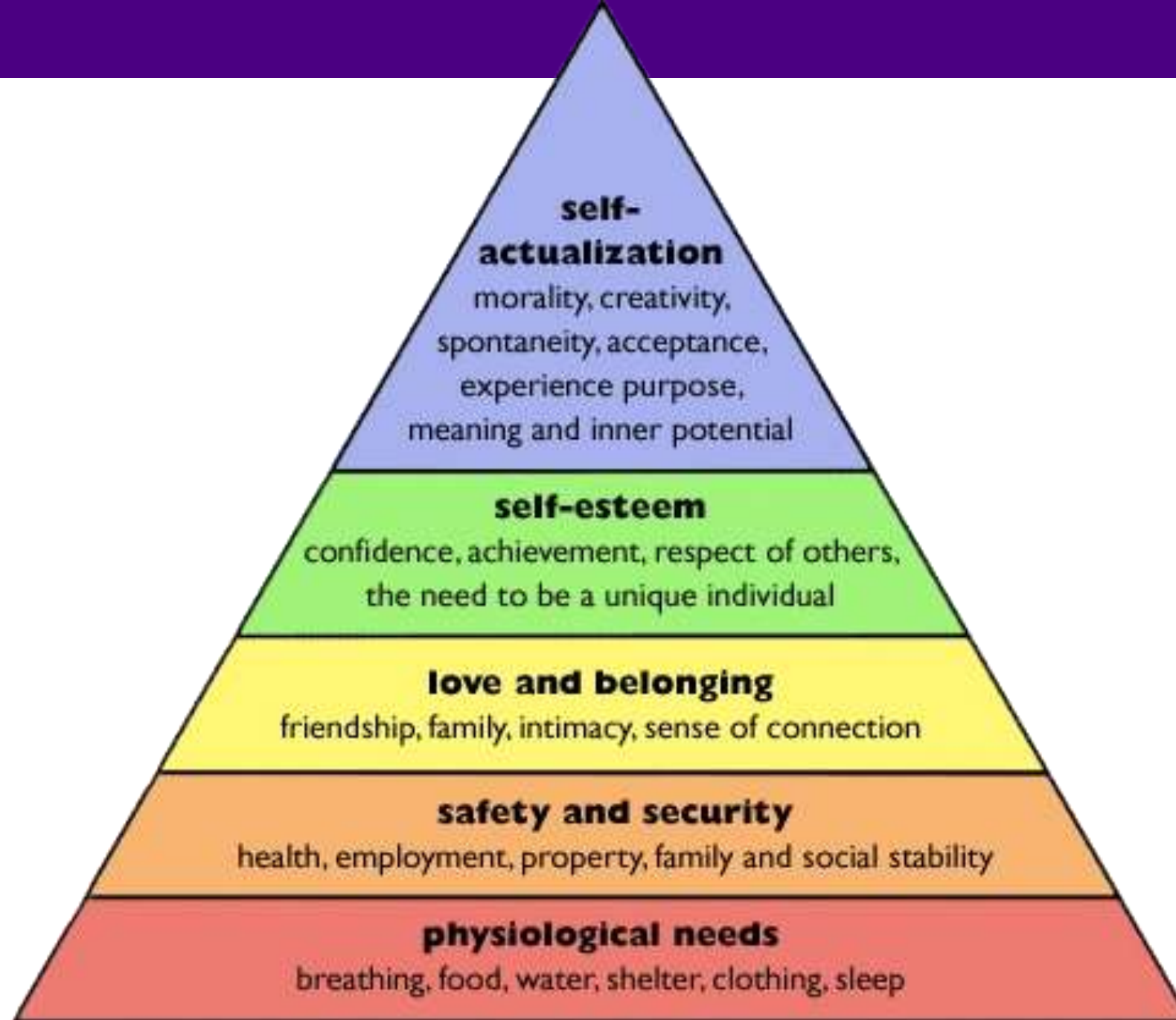
# Focus on Physical Facility



# Focus on Happiness and Prosperity

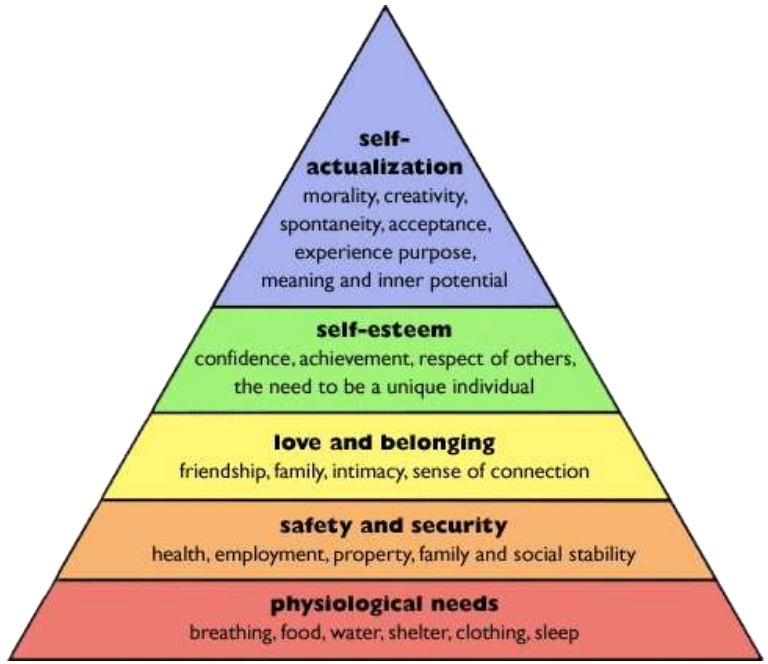


- #1 Right understanding in the self
- #2 Right feeling in the self, relationship with human being
- #3 Physical facility with rest of nature





# Needs: Animal Consciousness



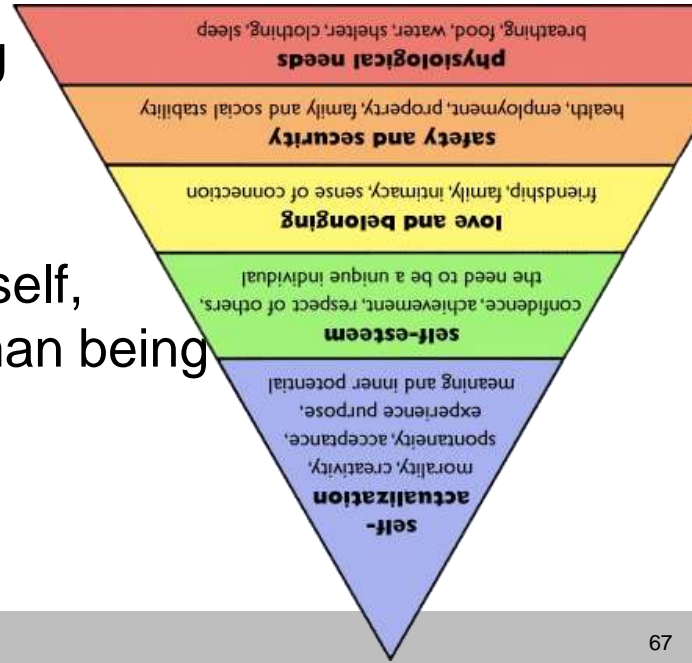
# Needs: Human Consciousness



#1 Right understanding in the self

#2 Right feeling in the self, relationship with human being

#3 Physical facility with rest of nature



## Question(s) 4 : Need for Physical facility

## Response

For a person dying of hunger, what is the first priority?

Can anyone work for right understanding when he has no physical facility? Then how can RU be first priority?



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Have we understood right utilisation?

Is it a question of production?

Is it a question of distribution?

Is it a question of relationship?

Is it a question of right understanding?

**It is a question of education**

<http://www.un.org/apps/news/story.asp?NewsID=38344&Cr=fao&Cr1>



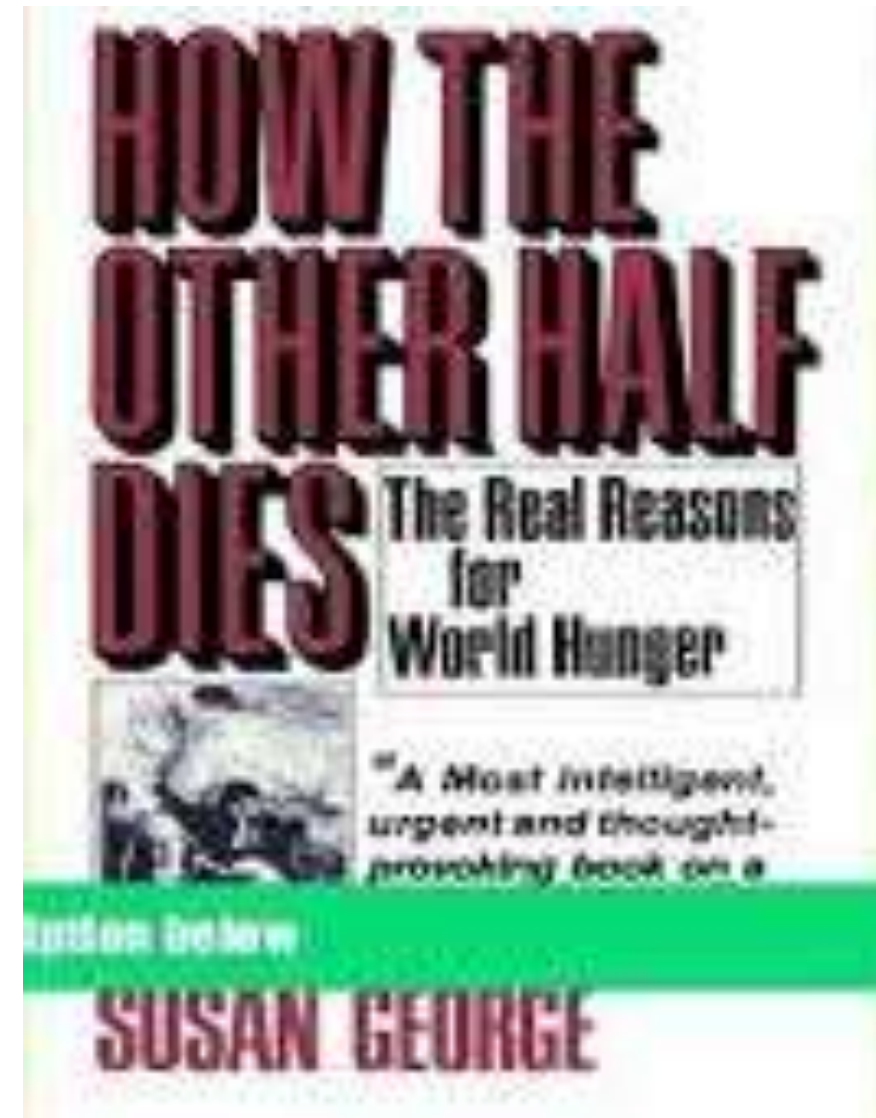
## But Resources are Not the Problem!

...by the time you finish reading this book (approx. 6 hrs) 400 people would have died of hunger or diseases caused by hunger...

Contrary to popular opinion, malnutrition and starvation are not the result of over-population, of poor climate or lack of cultivatable land...

**The other half is dying because the first half is not rightly utilizing the resources...**

Hunger is not a scourge but a scandal



## Question(s) 5: Other Needs

## Response

Where do we place health here in the priority as human consciousness?

Health of Self

Health of Relationship (Mutual Fulfilment)

Health of the Body... Rest of the Physical World (Mutual Enrichment)

## Question(s) 6 : Comparing with Animals

## Response

Animals also need relationship. How can we say that animals need only physical facilities?

Why are we demeaning animals?

Animals have higher level of right understanding, that's why they are in harmony. Isn't it?

Why do we need to at all compare human beings with animals?

Animals living with  
animal consciousness

they are in harmony

this is fine

Human being living with  
human consciousness

they are in harmony

this is fine

Human being living with  
animal consciousness

they are in disharmony

this is the  
problem

## Question(s) 7: Relationship

## Response

There is competition, 'struggle for survival', 'survival of the fittest' all around. Don't you agree that this is true?

In science, we have studied the theory of evolution (Darwin's theory) – struggle for survival and survival of the fittest. What is the use of talking about harmony and cooperation?

Nature – underlying design = ?  
Struggle or mutual fulfilment?

Our way of looking at things  
our feeling (which may include opposition)  
sanskar (which may be biased)  
or  
our naturally acceptable feeling  
our natural acceptance (for relationship, harmony, co-existence)

Our thoughts, actions depend on our perspective (our own creation)

There is competition, 'struggle for survival', 'survival of the fittest' all around. Don't you agree that this is true?

In science, we have studied the theory of evolution (Darwin's theory) – struggle for survival and survival of the fittest. What is the use of talking about harmony and cooperation?

Examine yourself in this example.

There are two people in a room.

Both are hungry.

The available food is sufficient for just one person.

Who will get the food – the stronger person or the weaker person?

Going by this theory, the stronger person will take the food.

But what if the strong one is the mother?

Wherever there is a feeling of relationship...

## Question(s) 8: Relationship

## Response

I feel the expectations in relationship are a major cause of unhappiness. So, if we do away with these expectations, then we will automatically become happy – and that is my right understanding. Do you agree?

I do not feel the need to be in relationship with everyone that I come across. Why do I need to be related to others whom I do not feel connected with?

2 aspects in relationship

1. Feeling in me – for all

Trust? – I can be comfortable, fearless  
(but I will evaluate the comp.)  
→ happiness

or

Mistrust? – I will be uncomfortable,  
fearful → unhappiness

2. Fulfilment of those feelings

a) Expect the fulfilment by the other – depending on, considering their competence

b) From our side, we make effort to fulfil those feelings for those in the vicinity (start from close family and slowly expand... ultimately to all? – depends on our competence...)



Options in relationship

I continue to work for relationship without expecting immediate change in the other

I continue to work for relationship and expecting immediate change in the other

be indifferent

Live with opposition

## Question(s) 9 : Role of Education

## Response

What does definite conduct mean? Will human beings not become robots like that?

Definite conduct at the level of expression, follow the norms of the society, programmed by others?

Or

Follow your own natural acceptance?

- Feeling of relationship (trust, respect...)
- Interacting with others with these feelings (understanding, feeling is definite, expression will have lot of creativity)

Will be able to appreciate different cultures, different expressions...

## Question(s) 10: Societal Implications

Undivided society sounds like a utopian society. It is an ideal state which can never be realized, so why to talk about it?

## Response

1. What is desirable (what is our natural acceptance) love... undivided society
2. How do we go about it? Make effort towards what is desirable and feasible (start with understanding (developing a holistic world view).... then feeling.... thought... action)
3. Also can check where we will end up / reach with any other option e.g. every nation trying to dominate other nations is the present direction 50% resources preparing for war... what is the result?