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Broccoli



Red cabbage



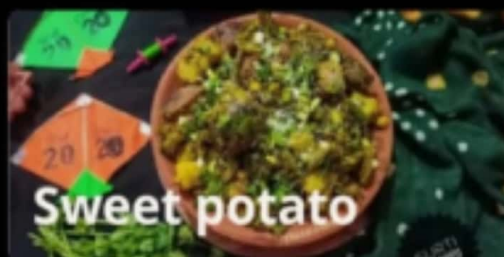
Soybean



Green gram



Soya chunks



Sweet potato



Bathua



Purple yam

## Recent searches



Broccoli

Today

1 new recipe





Q Broccoli



Latest

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## Broccoli and potato soup

Broccoli (cut into small florets),  
Potato (peeled and cut into small  
pieces), Carrot (peeled and cut int...



Kalpana Rai



## Stir fry broccoli

broccoli, walnut kernel, cashew  
nuts, Pepper powder, butter, Salt,  
Green peas , garlic cloves



Pragati Hakim



## Broccoli 🥦 Patties

grated broccoli 🥦 , mashed boiled  
patoto, crumble paneer, grated  
ginger 🧄 , finely chopped green c...



renu bhasin



## Broccoli Paneer Pulav

boild rice, broccoli small peices,  
paneer small peices, onion chopped,  
sp butter, Salt, cumin seeds, musta...



Archana Agrawal



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## **Broccoli and potato soup**

### **ingredients**

**1 Broccoli (cut into small florets)**

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**2 Potato (peeled and cut into small pieces)**

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**1 Carrot (peeled and cut into small pieces)**

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**2 tbsp Butter**

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**2 tbsp Margarine**

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**3-4 pods Garlic(chopped)**

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**1 small Onion(finely chopped)2 tbsp**

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**2 tbsp All-purpose flour**

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**250 ml liquid milk**

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**250-300 ml Water**

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**1 tsp +1/2 tsp Salt**

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**1/2 tsp Black pepper powder**

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# Method



- 1 Dip broccoli in water and salt for 1/2 an hour. Then strain.



- 2 Cook broccoli, potato and carrot in a pressure cooker. Give it a whistle. Let it cool. Keep it aside.



- 3 Heat butter and Margarine in a pan, add onion and fry. Add garlic and cook for 3-4 min on low heat. Add all-purpose flour and cook for 2 min on low heat.



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- 4** Add milk gradually and keep on stirring to avoid lumps. Add potato and carrot to the soup. Now add water and cook it for 6-7 min



- 5** Add broccoli and mix. Sprinkle salt, black pepper powder and grated cheese. Mix it thoroughly. Adjust the salt before serving.



- 6** Your delicious and healthy Broccoli and potato soup is ready to serve.



**thank you..!!!**

