

You are beautiful
just remind yourself

Discover the radiance of natural wellness! Embrace simple, nourishing practices for healthy, glowing skin, strong, lustrous hair, and a vibrant body. Prioritize whole, unprocessed foods, brimming with essential nutrients that support your beauty from within. Stay hydrated with plenty of water to flush out toxins and promote a dewy complexion. Prioritize restful sleep, allowing your body to repair and regenerate itself. Finally, protect your skin from harsh environmental factors with natural sunscreens and gentle, plant-based skincare products.

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Welcome,Priyal



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parmar
18, Female
Gujarat, india**

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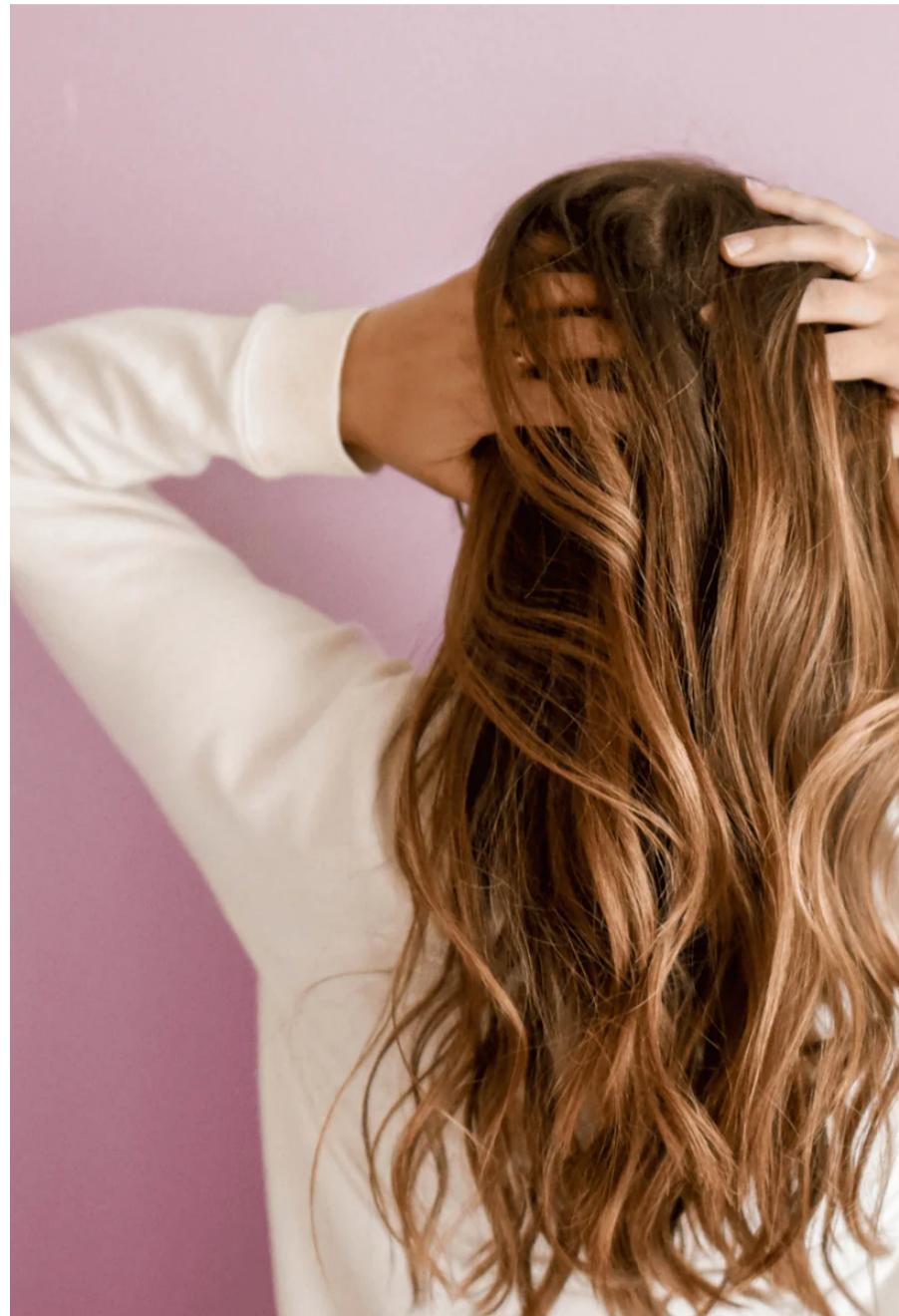
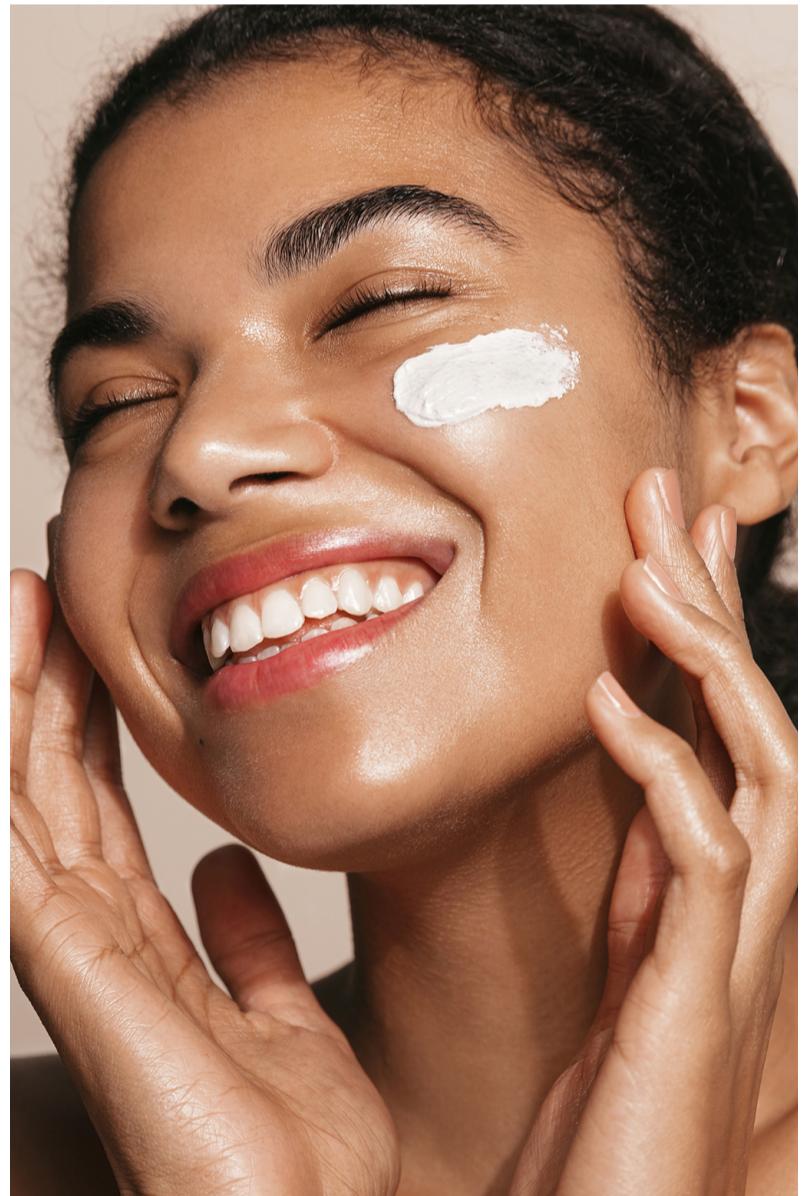
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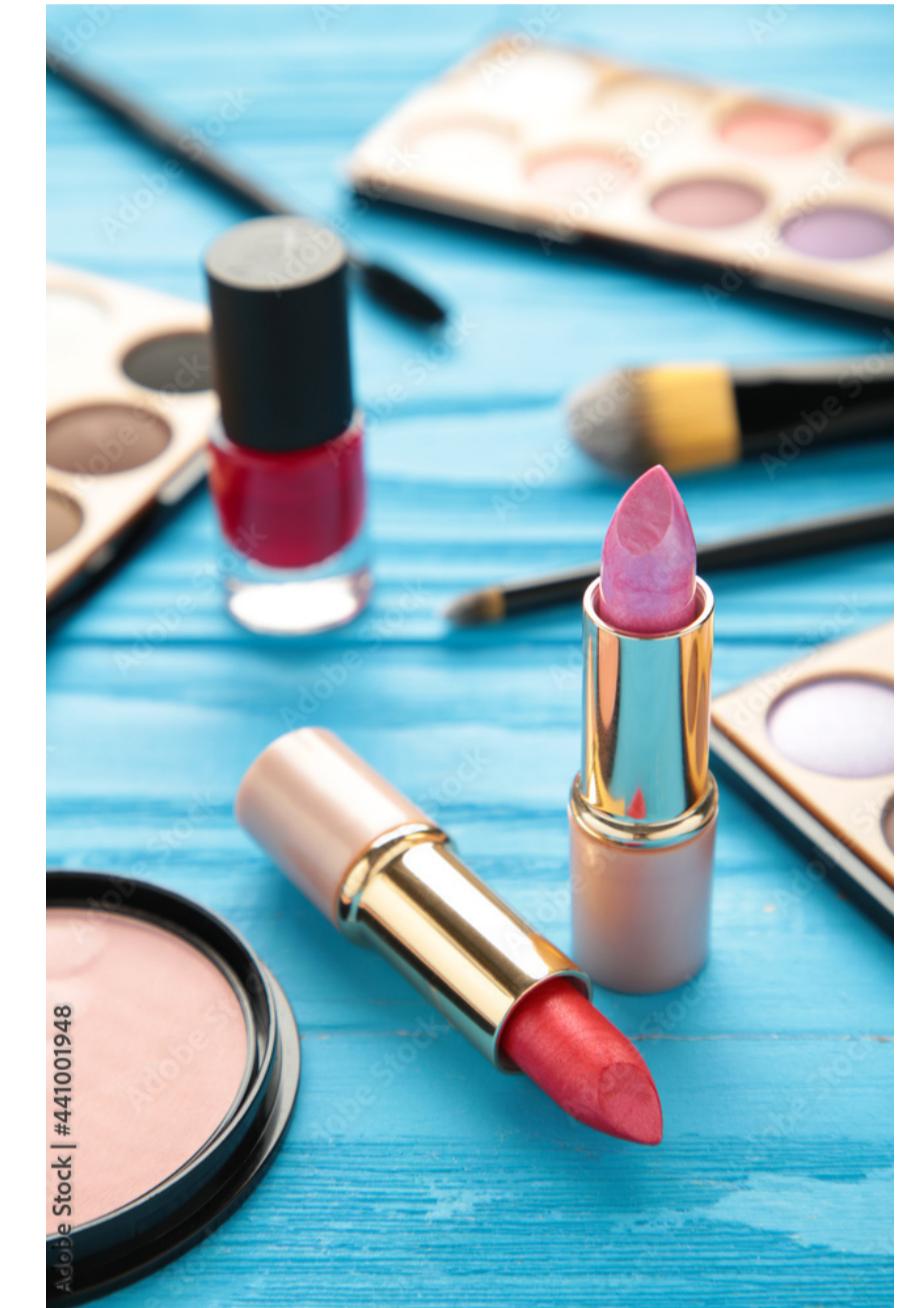
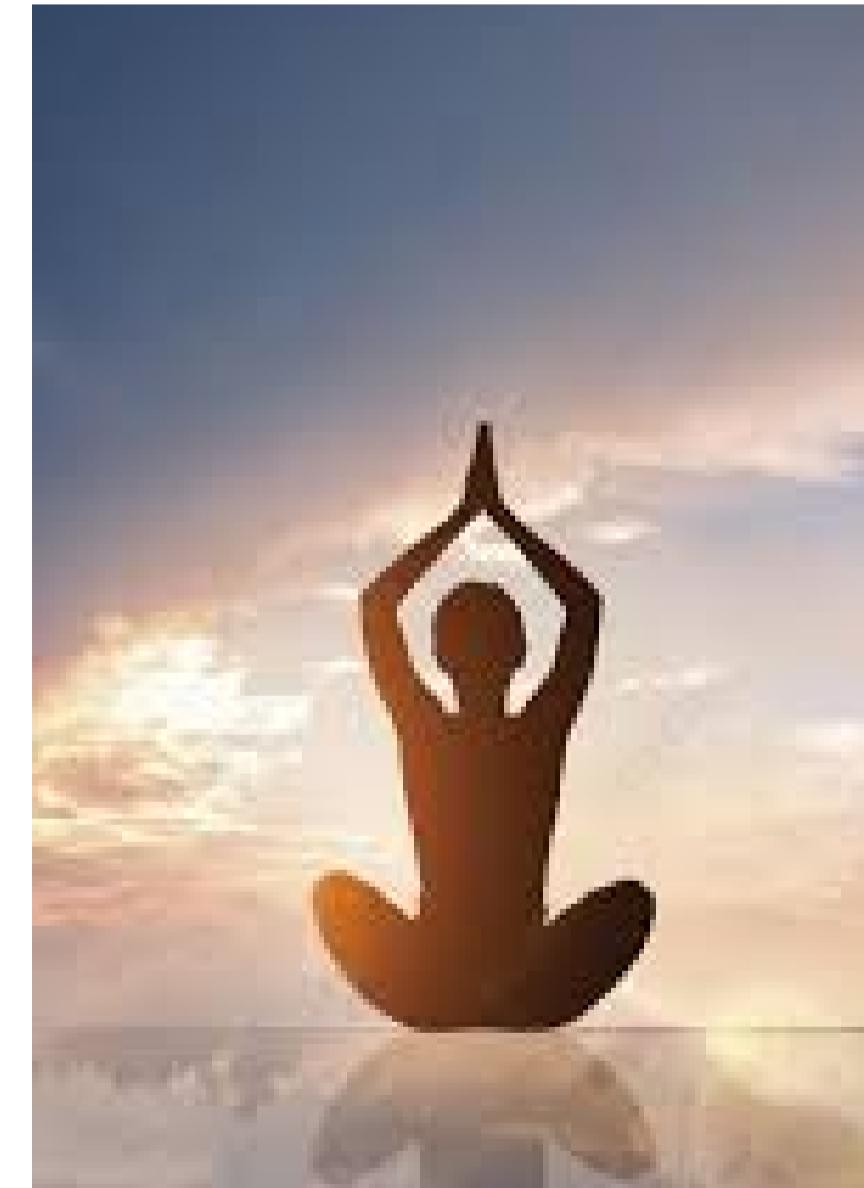
Welcome,Priyal

Skincare



Hair care

Fitness



Makeup



Welcome,Priyal

Skincare



SELECT YOUR CONCERN

ACNE

AGEING

BLACKHEADS AND WHITEHEADS

DARK CIRCLES

DARK LIPS

DRY LIPS

UNEVEN SKIN TONE

TANNED SKIN

PIGMENTATION

LARGE PORES

SUN PROTECTION

MOISTURISATION

OILY SKIN

DRY SKIN

COMBINATION SKIN



1. Soothing Chamomile Toner (for all skin types):

- Steep one chamomile tea bag in 1 cup of hot water for 10 minutes.
- Remove the tea bag and let the liquid cool completely.
- Add 1 teaspoon of honey (optional, for added hydration).
- Store in a clean, airtight container in the refrigerator for up to 1 week.
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2. Balancing Apple Cider Vinegar Toner (for oily skin):

- Mix 1 tablespoon of apple cider vinegar with 2 cups of filtered water.
- Dilute further if you have sensitive skin.
- Store in a clean, airtight container in the refrigerator for up to 1 week.
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3. Refreshing Green Tea Toner (for normal or combination skin):

- Steep one green tea bag in 1 cup of hot water for 5 minutes.
- Remove the tea bag and let the liquid cool completely.
- Add 2-3 drops of lavender essential oil (optional, for a relaxing scent).
- Store in a clean, airtight container in the refrigerator for up to 1 week.

About us

We believe in empowering you to take charge of your well-being naturally. We're passionate about sharing DIY remedies for skincare, haircare, makeup, and fitness, using readily available ingredients and simple methods. Our mission is to make self-care accessible and affordable, while fostering a community that celebrates individuality and embraces natural beauty. Whether you're a seasoned DIY enthusiast or just starting your journey, we're here to guide you every step of the way. Join us and discover the power of natural solutions for a healthy, radiant you!

