# **Heart Risk Prediction Algorithm**

# **Using Logistic Regression**



ADM Course Project Report

in partial fulfilment of the degree

# Bachelor of Technology in Computer Science & Engineering

# By

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#### Submitted to

School of Computer Science and Artificial Intelligence



**DEPARTMENT OF COMPUTER SCIENCE & ENGINEERING** 

**CERTIFICATE** 

This is to certify that the APPLICATIONS OF DATA MINING - Course Project Report

entitled "HeartRisk Prediction Algorithm" is a record of bonafide work carried out by the

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# 1. OBJECTIVE OF THE PROJECT

## **Objective:**

The objective of this project is to build a machine learning model, specifically a Logistic Regression model, to predict the 10-year risk of coronary heart disease (CHD) in individuals. This is achieved by analyzing various health-related features and demographic information from the Framingham Heart Study dataset. The project aims to identify key risk factors associated with CHD and develop a predictive model that can assist in early identification and prevention of heart disease.

## **Reasoning:**

The code performs the following tasks:

- 1. **Data Loading and Preprocessing:** It loads the Framingham dataset, handles missing values, and addresses outliers.
- 2. **Exploratory Data Analysis (EDA):** It explores the dataset using visualizations and statistical analysis to identify patterns and relationships between variables.
- 3. **Feature Engineering:** It selects relevant features for the model, such as age, gender, smoking habits, cholesterol levels, blood pressure, and glucose levels.
- 4. **Model Building:** It trains a Logistic Regression model using the selected features.
- 5. **Model Evaluation:** It evaluates the model's performance using metrics such as accuracy and confusion matrix.

These steps indicate the goal of building and evaluating a predictive model for 10-year CHD risk

# 2. <u>DEFINITIONS OF THE ELEMENTS USED IN THE PROIECT</u>

#### 1. Dataset:

• **Framingham Heart Study Dataset:** A publicly available dataset used for cardiovascular research. It contains information about participants' health and demographic factors, including medical history, lifestyle choices, and lab results.

#### 2. Libraries:

- Pandas (pd): Used for data manipulation and analysis, providing data structures like DataFrames.
- **NumPy (np):** Used for numerical computations, particularly for handling arrays and matrices
- **Seaborn (sns):** Used for creating statistical visualizations, providing an interface to Matplotlib.
- Matplotlib (plt): Used for generating plots and charts, enabling visualization of data trends
- **Scikit-learn (sklearn):** A machine learning library used for model building, evaluation, and data preprocessing.
  - LogisticRegression: A classification algorithm for predicting categorical outcomes.
  - o **LabelEncoder:** Used for encoding categorical features into numerical values.
  - accuracy\_score, precision\_score, confusion\_matrix,
     classification\_report: Metrics for evaluating model performance.
  - o **train\_test\_split:** Used to split data into training and testing sets.
  - o **StandardScaler, MinMaxScaler, RobustScaler:** Used for feature scaling.

#### 3. Variables:

- **male:** Gender of the participant (1 for male, 0 for female).
- age: Age of the participant in years.
- **education**: Education level of the participant (categorical).
- **currentSmoker:** Whether the participant is a current smoker (1 for yes, 0 for no).
- **cigsPerDay:** Number of cigarettes smoked per day.
- **BPMeds:** Whether the participant is taking blood pressure medication (1 for yes, 0 for no).
- **prevalentStroke**: Whether the participant has had a stroke (1 for yes, 0 for no).
- **prevalentHyp:** Whether the participant has prevalent hypertension (1 for yes, 0 for no).
- **diabetes:** Whether the participant has diabetes (1 for yes, 0 for no).
- totChol: Total cholesterol level.
- **sysBP:** Systolic blood pressure.
- **diaBP:** Diastolic blood pressure.
- BMI: Body Mass Index.
- **heartRate**: Heart rate.
- **glucose**: Glucose level.
- **TenYearCHD:** The target variable, indicating whether the participant developed CHD within 10 years (1 for yes, 0 for no).

# 4. Key Concepts:

- **Logistic Regression:** A statistical model used for binary classification, predicting the probability of an event occurring.
- **Correlation:** A measure of the relationship between two or more variables.
- **Outliers:** Data points that significantly differ from other observations.
- **EDA:** Exploratory Data Analysis, used to understand and summarize data before modeling.
- **Feature Engineering:** The process of selecting, transforming, and creating features to improve model performance.

#### 5. Model Evaluation Metrics:

- **Accuracy:** The proportion of correctly classified instances.
- **Confusion Matrix:** A table showing the performance of a classification model by displaying the counts of true positive, true negative, false positive, and false negative predictions.

## 3. **IMPLEMENTATION**

# 1. Data Loading and Preprocessing:

- **Import necessary libraries:** pandas, numpy, seaborn, matplotlib, and sklearn modules are imported for data handling, visualization, and model building.
- **Load the dataset:** The Framingham dataset is loaded into a pandas DataFrame using pd.read\_csv().
- **Handle missing values:** Missing values in columns like education, cigsPerDay, BPMeds, totChol, BMI, glucose, and heartRate are filled with their respective medians using fillna().
- Address outliers: Outliers in columns like cigsPerDay, totChol, sysBP, diaBP, BMI, heartRate, and glucose are treated using the interquartile range (IQR) method. Values outside the lower and upper fences are replaced with the fence values.

# 2. Exploratory Data Analysis (EDA):

- **Descriptive statistics:** The code calculates and displays descriptive statistics of the dataset using describe().
- **Univariate analysis:** It explores the distribution of individual variables using histograms, box plots, and count plots.
- **Bivariate analysis:** It investigates relationships between variables using scatter plots, line plots, and bar plots.
- **Correlation analysis:** It computes and visualizes the correlation matrix to identify potential relationships between features.

# 3. Feature Engineering:

- **Feature selection:** Relevant features for predicting CHD are selected based on EDA and domain knowledge. The selected features are: male, age, cigsPerDay, totChol, sysBP, diaBP, heartRate, and glucose.
- **Data splitting:** The dataset is split into training and testing sets using train\_test\_split() to evaluate the model's performance on unseen data.

# 4. Model Building:

• **Logistic Regression:** A Logistic Regression model is instantiated and trained using the training data (x\_train, y\_train) with log\_reg.fit().

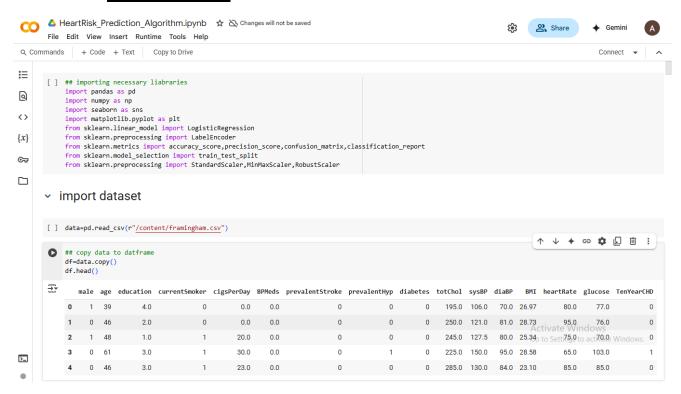
#### 5. Model Evaluation:

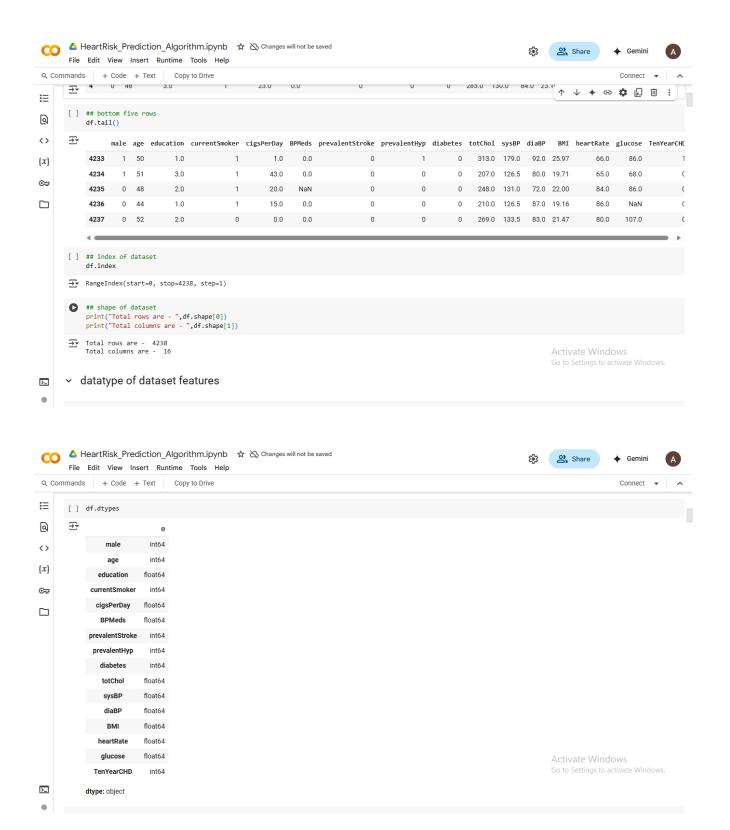
- **Accuracy:** The accuracy of the model is calculated using accuracy\_score().
- Confusion Matrix: The confusion matrix is generated using confusion\_matrix() to assess
  the model's performance in terms of true positives, true negatives, false positives, and
  false negatives.

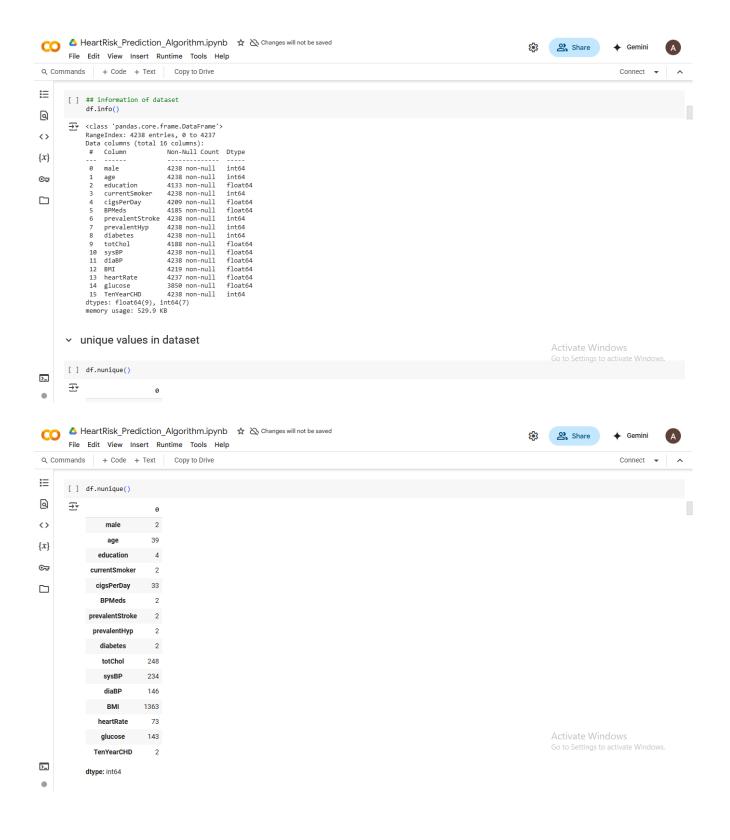
#### Overall:

The project implements a data science workflow to build a Logistic Regression model for predicting 10-year CHD risk. It involves data preprocessing, EDA, feature engineering, model training, and evaluation using relevant metrics. The results provide insights into the factors associated with CHD and the model's predictive performance

## 4. RESULT SCREENS

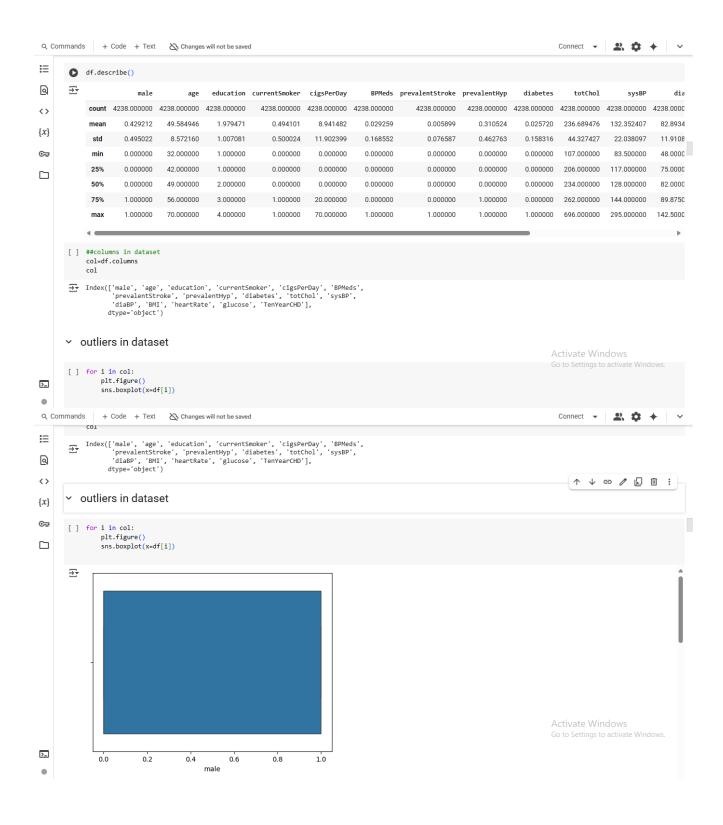


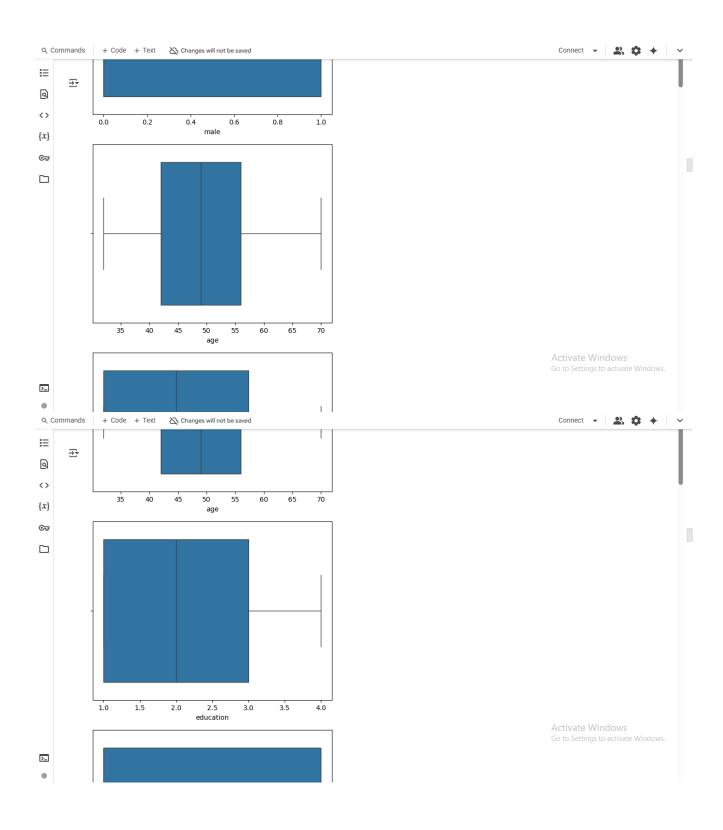


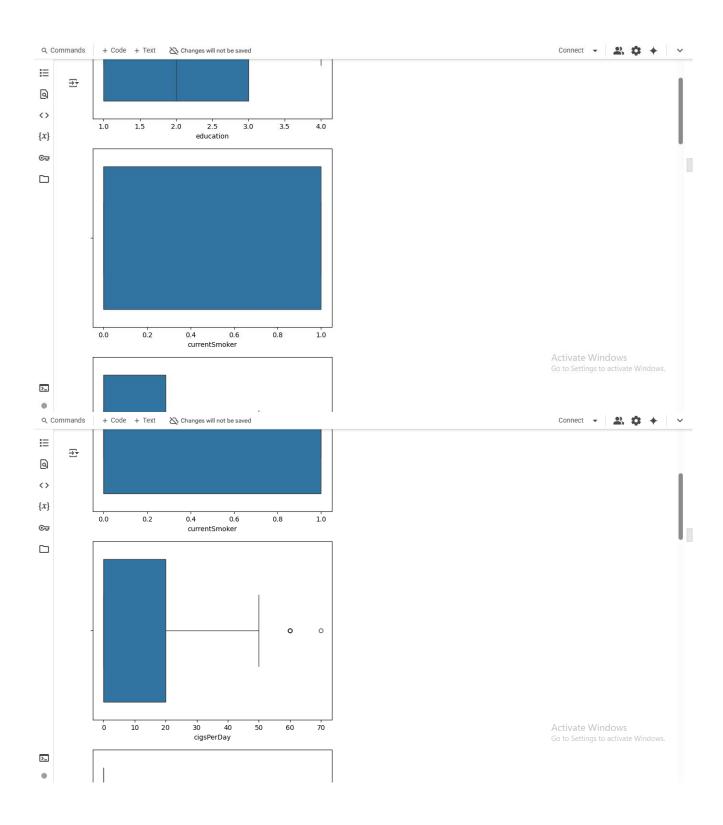


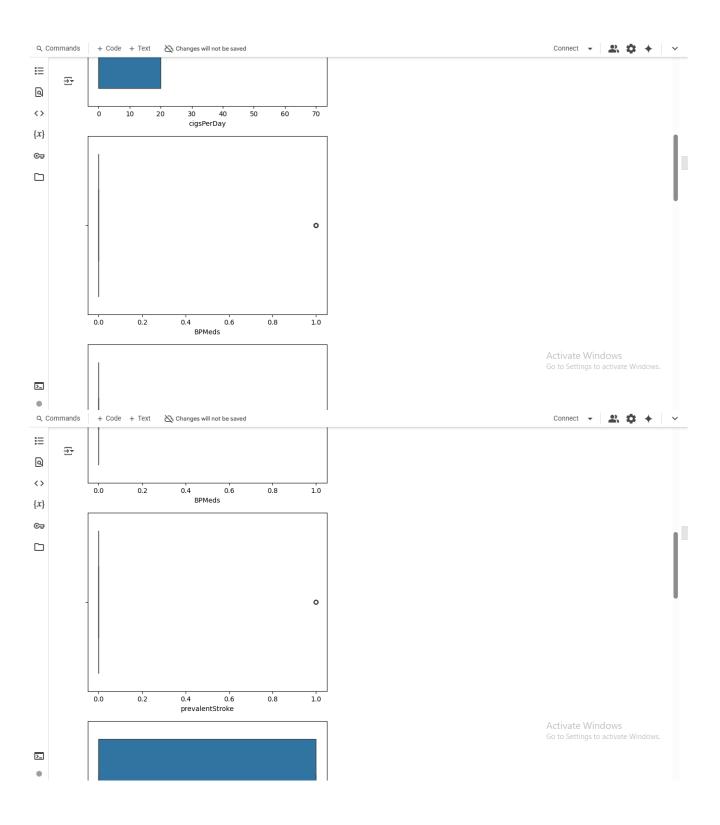


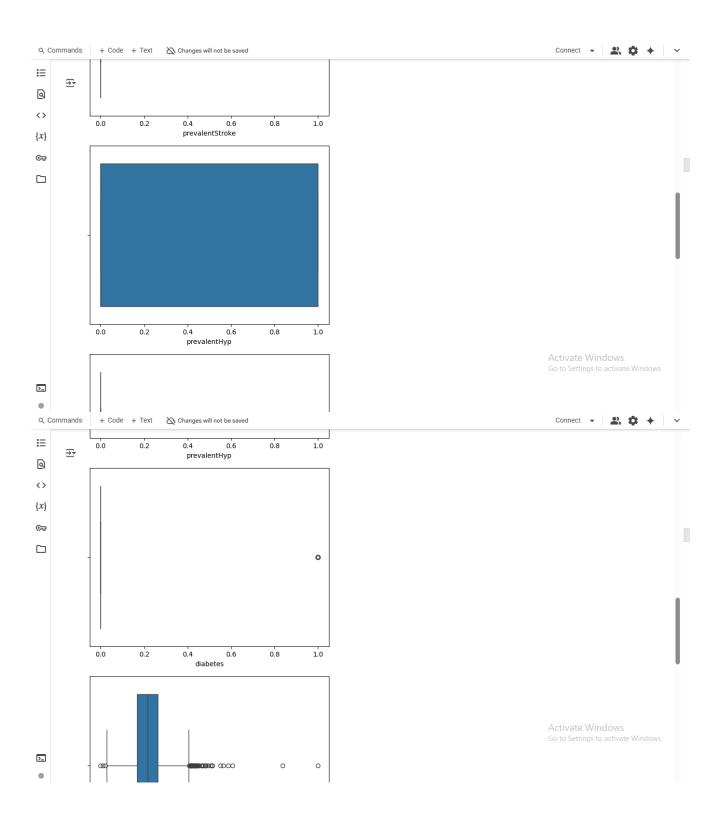


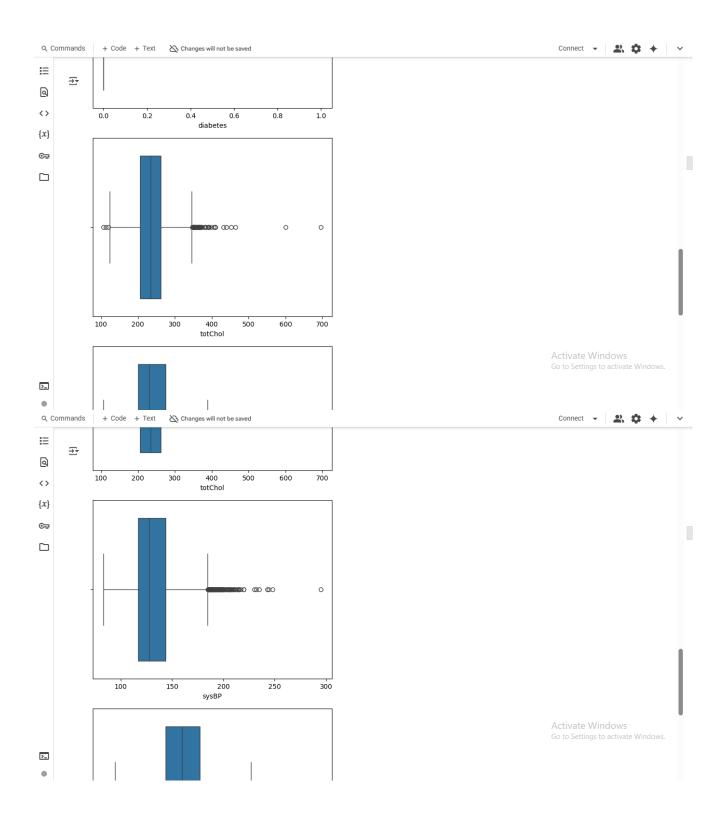


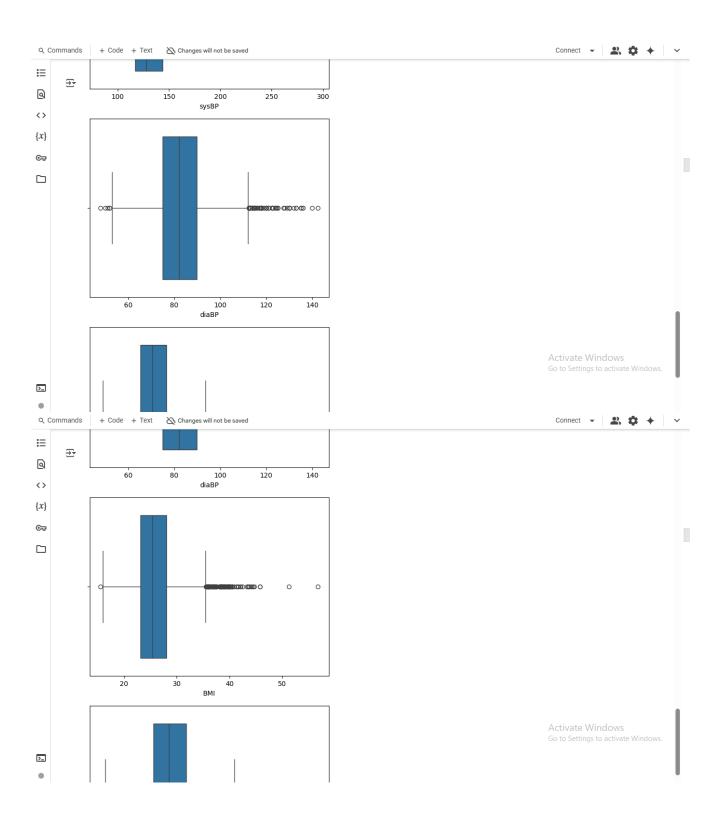


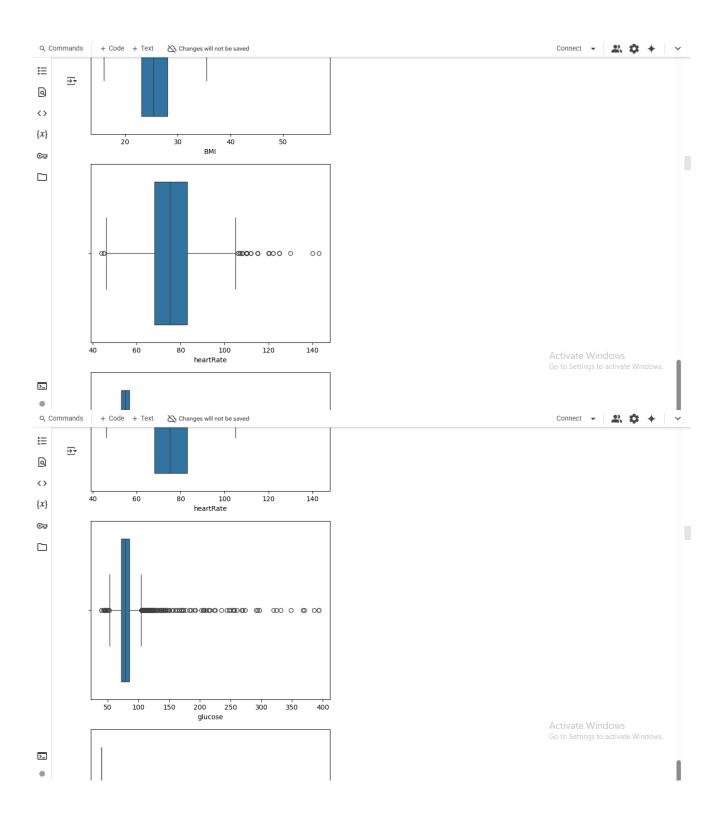


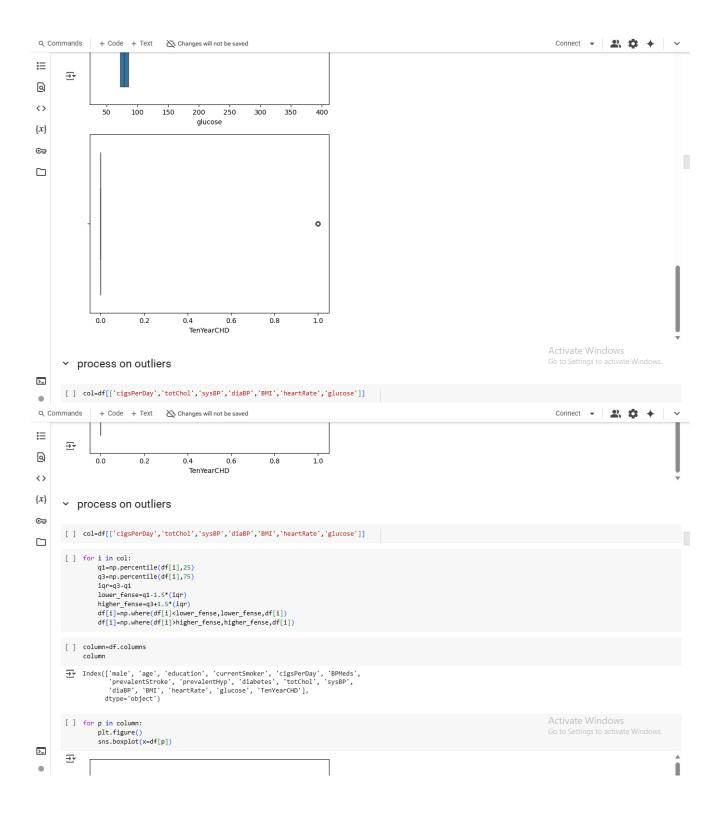






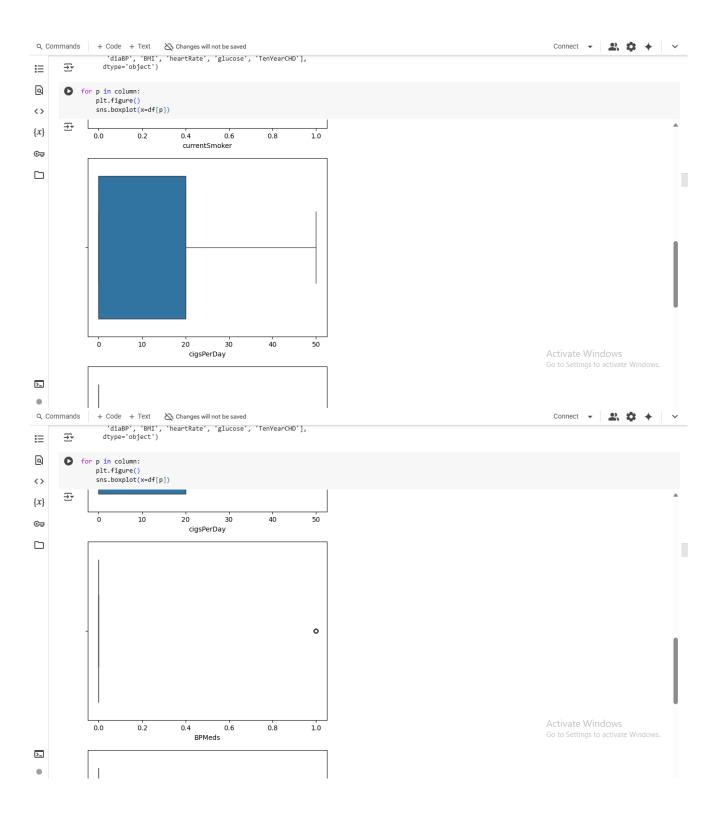






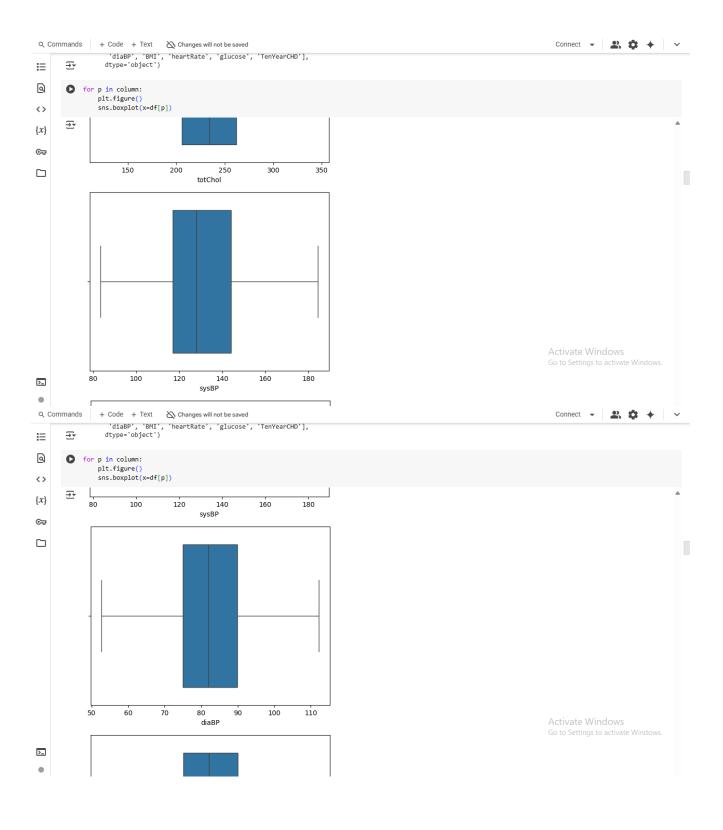




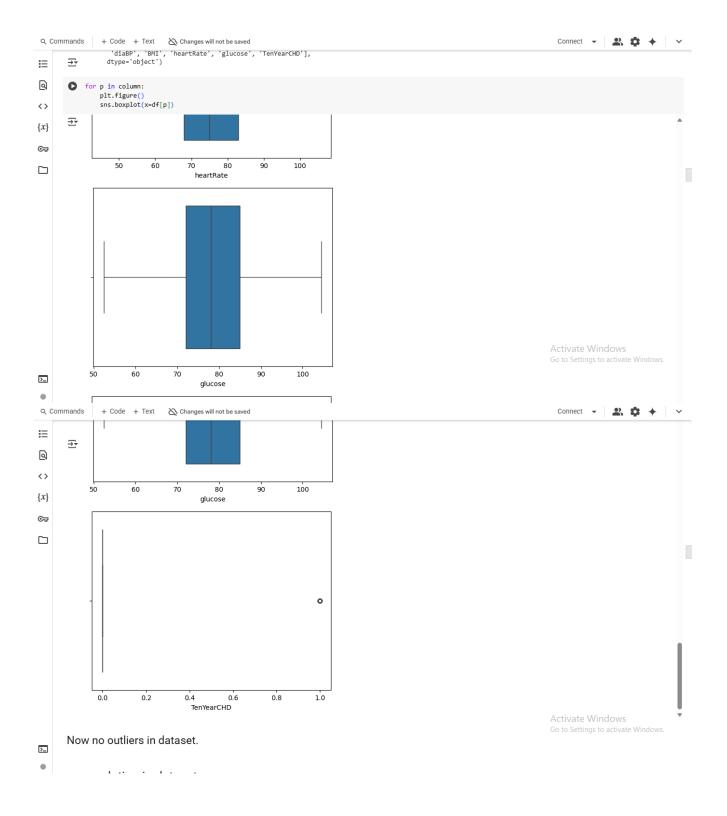


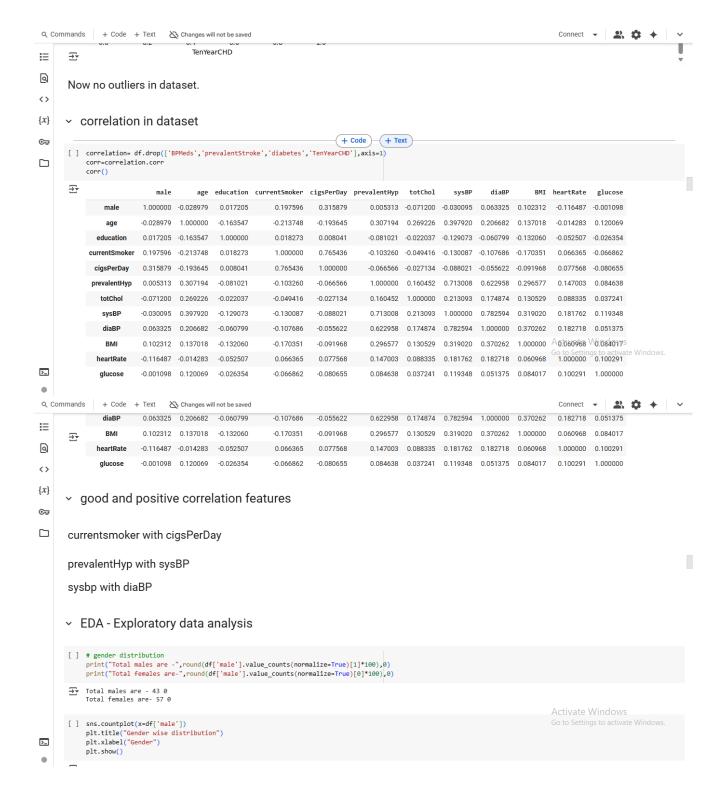


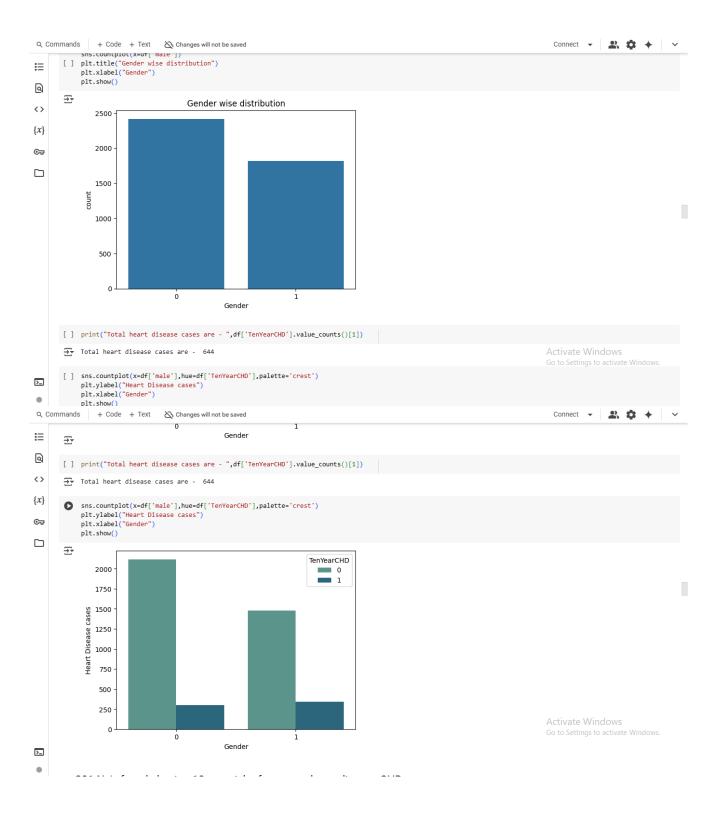


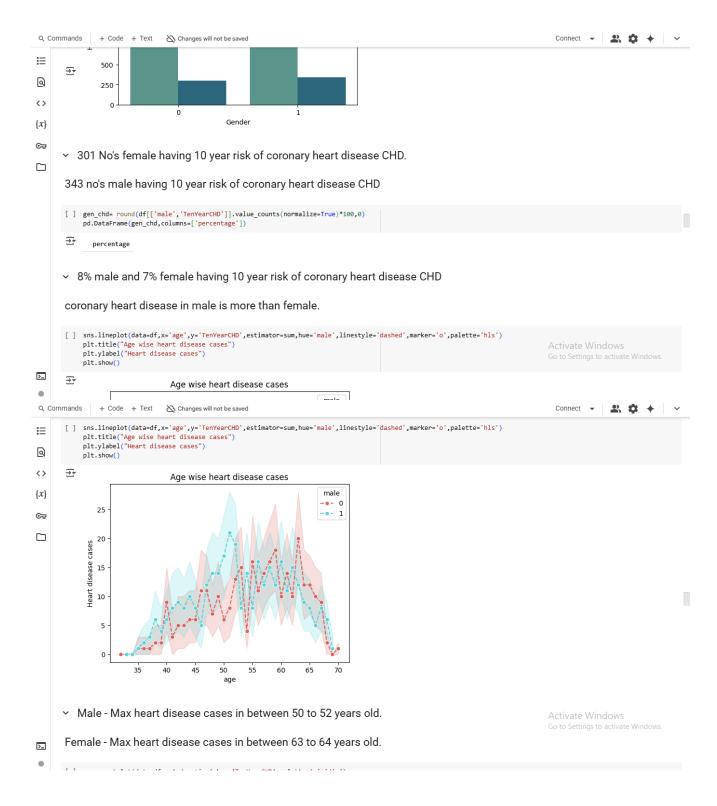


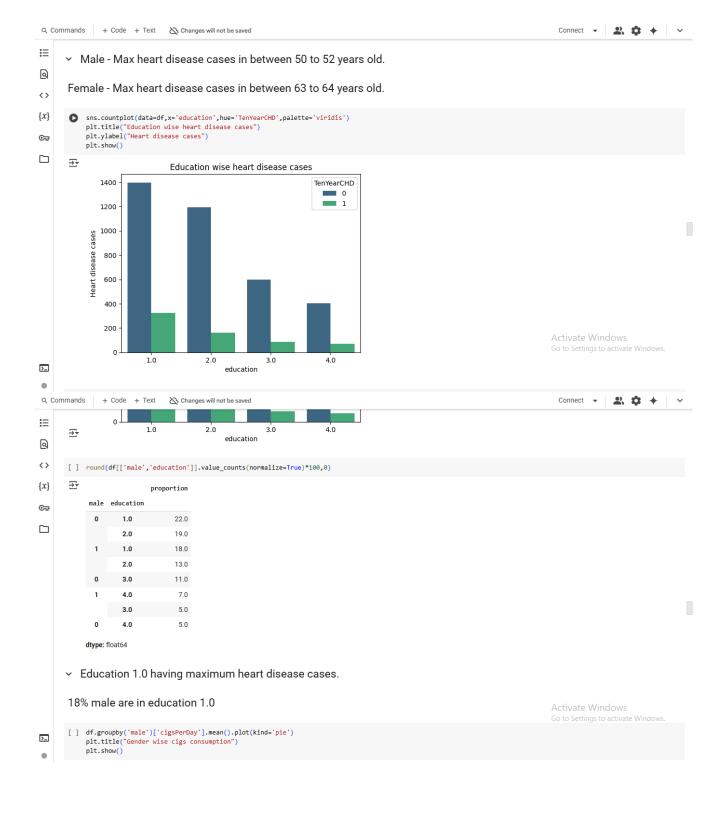


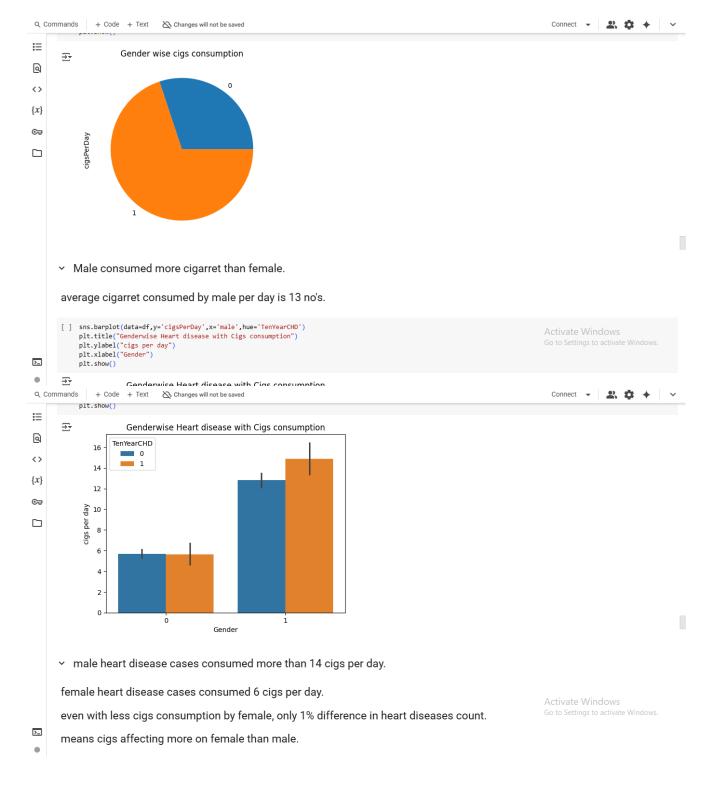


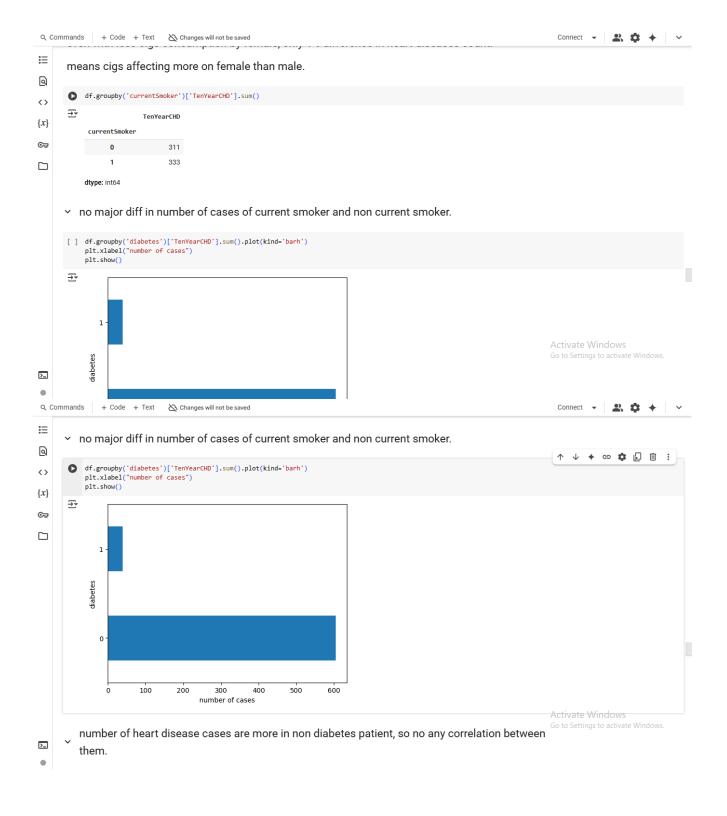


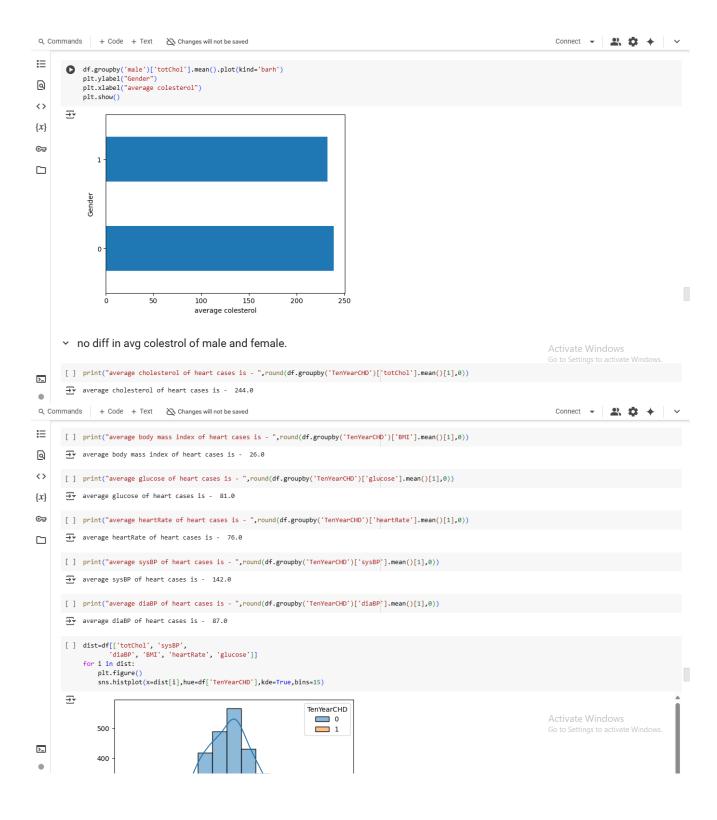


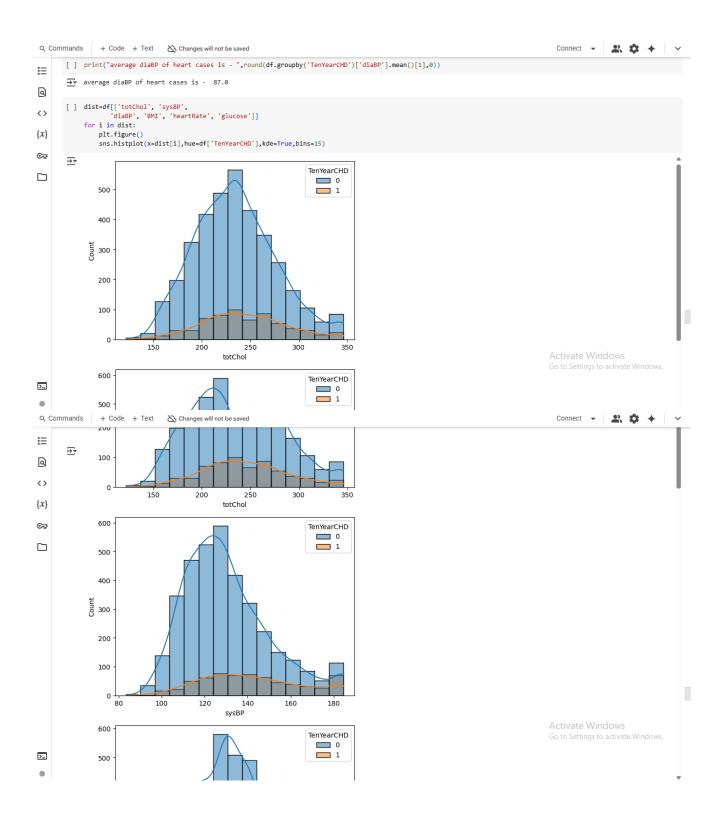


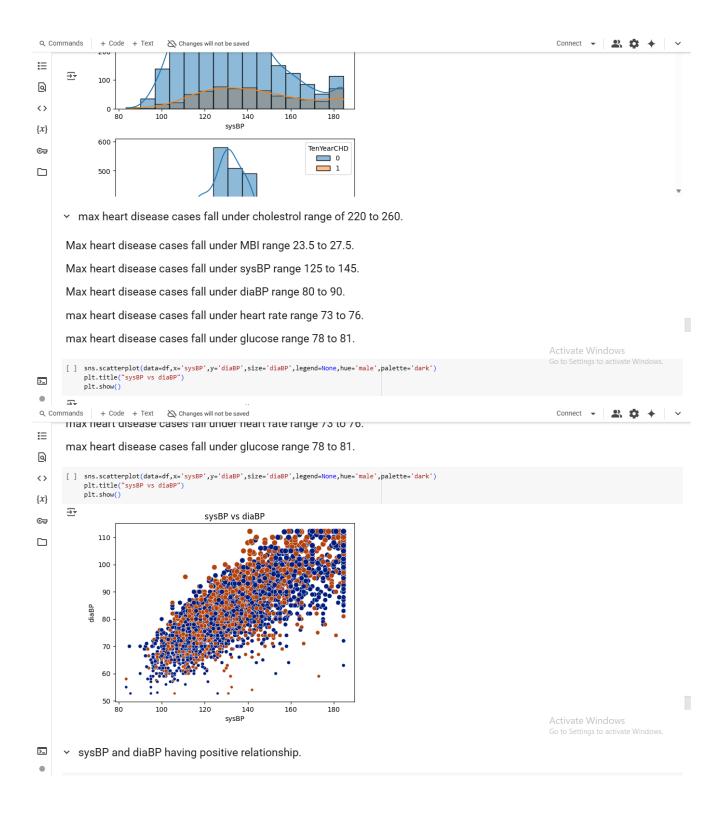


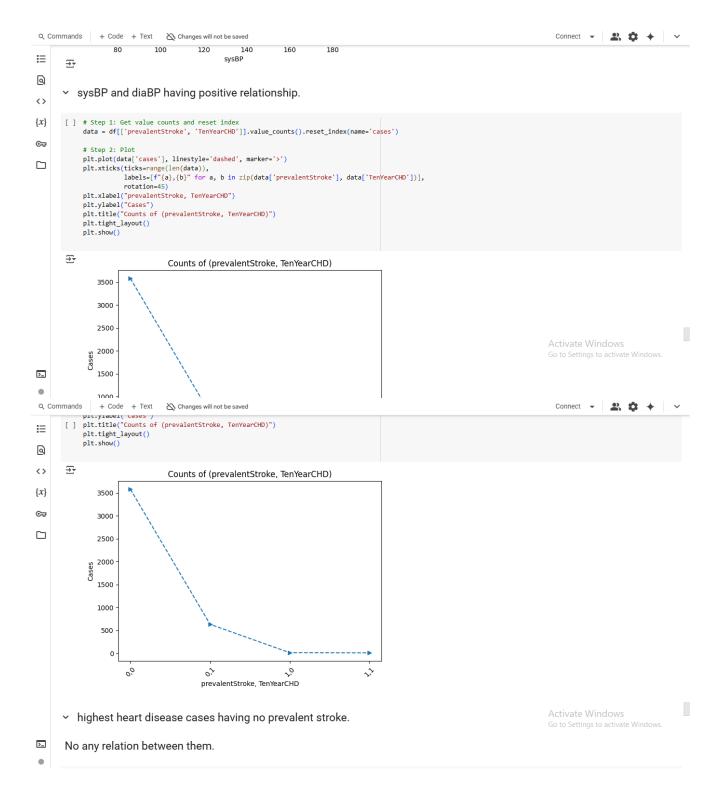


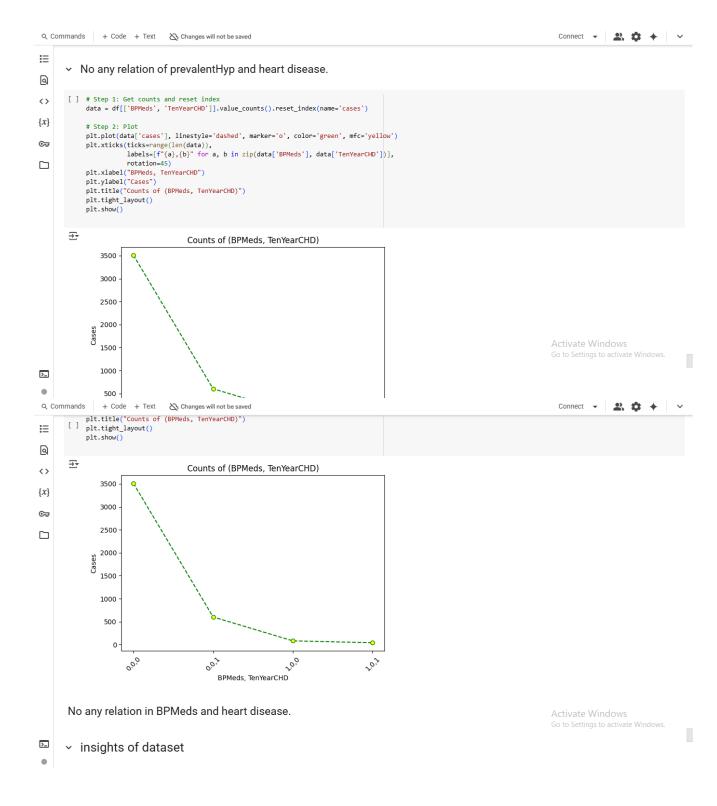














#### 5. CONCLUSION

This study analyzed the Framingham Heart Study dataset to identify risk factors associated with coronary heart disease (CHD) within 10 years. The analysis revealed the following key insights:

- **Demographics:** The dataset included 4238 individuals, with males comprising 43% and females 57%. Heart disease cases were more prevalent in males (8%) compared to females (7%).
- **Age:** The risk of CHD increased with age, with peak prevalence observed in males between 50-52 years and in females between 63-64 years.

#### Risk Factors:

- o Education level 1.0 was associated with a higher risk of CHD.
- Cigarette consumption was higher in males, and both male and female smokers showed an increased risk of CHD. However, the impact of smoking appeared to be more pronounced in females despite lower consumption.
- Current smoking status, prevalent stroke, prevalent hypertension, blood pressure medication usage, and diabetes did not show a strong correlation with CHD risk.
- Elevated levels of cholesterol (220-260), BMI (23.5-27.5), systolic blood pressure (125-145), diastolic blood pressure (80-90), heart rate (73-76), and glucose (78-81) were linked to increased CHD risk.
- Machine Learning Model: A logistic regression model was developed to predict 10-year CHD risk based on selected features. The model achieved an accuracy of 85%.

Overall, this analysis highlighted several important risk factors for CHD, including age, gender, education, cigarette consumption, and various physiological measures. The developed logistic regression model provides a promising tool for identifying individuals at risk of developing CHD within the next 10 years.

**Further Research:** Future research could explore the impact of other potential risk factors not included in this study. Additionally, model performance could be further improved by exploring alternative machine learning algorithms and feature engineering techniques

THANK YOU