

A Project Report On
Women Empowerment and
Gender Equality

**submitted in the practical fullfilment of the requirement for the award
of the social internship of**

BACHELOR OF TECHNOLOGY

IN

Computer Science Enginering

By

Reg. No

2400031437

Candidate Name

GARLAPATI ROHINI

SLOT - 1 / Remote

Under the esteemed supervision of

Director SAC

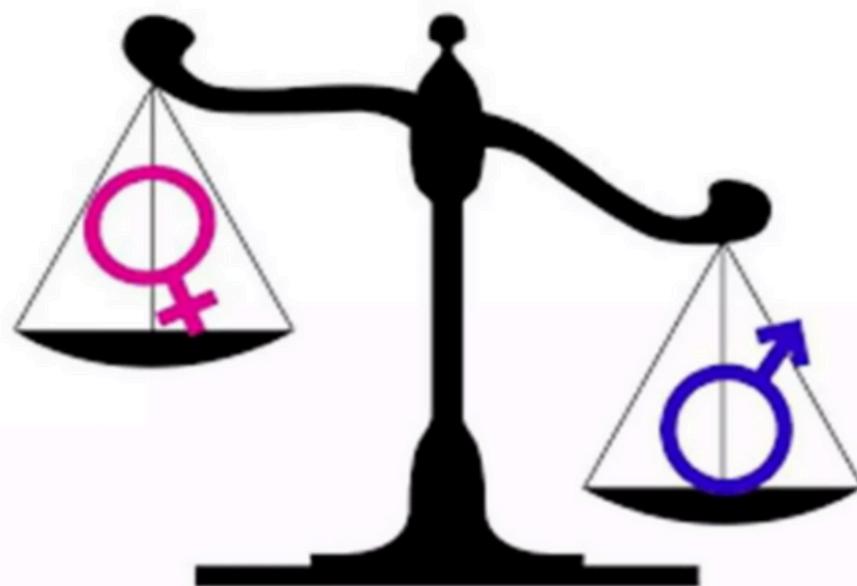
Er. P. SAI VIJAY



SAC
STUDENT ACTIVITY CENTER

**Department of SAC, Koneru Lakshmaiah Education Foundation, KL
(Deemed to be) University, Green Fields, Vaddeswaram,
Andhra Pradesh 522302**

GENDER EQUALITY AND WOMEN EMPOWERMENT



PROJECT REPORT ON SOCIAL INTERNSHIP

KONERU LAKSHMAIAH EDUCATION FOUNDATION, VIJAYAWADA

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Andhra Pradesh 522302**

DECLARATION

I hereby declare that the work presented in this report is my own and was carried out during the social internship as per the university guidelines. I have not copied or plagiarized any content.

Submitted By

Reg. No

2400031437

Candidate Name

Garlapati Rohini

Signature of Student

Garlapti Rohini

CERTIFICATE

KL UNIVERSITY VIJAYAWADA
UNDER SECTION 3 OF UGC ACT, 1956
VIJAYAWADA CAMPUS
2025-2026



This is to certify that the thesis entitled “Domain Name” is being submitted by
2400031437

Impartial fulfilment of the Social Internship for the award of the degree of B.Tech in Computer Science Engineering from KL University Vijayawada is a record of Bonafide work carried out by them at KL University.

The results embodied in this report have not been submitted by any other university or institute for the award of any degree or diploma

Director SAC
P. Sai Vijay

Start Date of Internship: 11th May, 2025
End Date of Internship: 17th May, 2025

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Define Title of the Problem Statement in one or 2 lines here

Garlapati Rohini
Computer Science Engineering
KL University Guntur,
India

I. INTRODUCTION

The internship experience provided a meaningful platform to explore and engage with the critical social issues of women empowerment and gender equality. These interconnected themes are central to creating an inclusive society where every individual, regardless of gender, has equal access to opportunities, resources, and rights.

During the internship, I was involved in various initiatives and activities aimed at understanding the challenges women face in different spheres—education, employment, leadership, and personal development. I had the opportunity to collaborate with professionals and organizations dedicated to advancing women's rights and promoting gender parity. Through workshops, field visits, awareness campaigns, and data analysis, I gained valuable insights into the root causes of gender disparity and the effective strategies being implemented to combat it.

This internship not only deepened my understanding of the structural and cultural barriers that hinder women's progress but also highlighted the importance of collective efforts, policy interventions, and community-based programs in empowering women. Furthermore, it enhanced my communication, teamwork, and research skills—tools that are essential for contributing meaningfully to social change.

In essence, this internship served as a stepping stone toward becoming a more informed and responsible citizen, equipped to advocate for gender justice and support initiatives that uplift and empower women in all sectors of society.

II. Problem Statement

In many societies, including India, gender inequality continues to be a deep-rooted issue that restricts the growth and development of women across various spheres of life. Women often face discrimination in education, employment, healthcare, and leadership roles. Despite laws and policies supporting women's rights, the implementation gap, along with patriarchal mindsets, cultural barriers, and lack of awareness, prevents true gender equality from being realized.

Many women and girls, especially in rural and underprivileged communities, are denied access to quality education, economic independence, and decision-making power. These challenges not only violate their basic rights but also limit the nation's progress, as gender equality is crucial for sustainable development.

The primary problem lies in the lack of awareness, inadequate empowerment opportunities, and social resistance to change. Addressing these issues requires community engagement, education, policy support, and practical empowerment initiatives.

This internship aimed to explore these challenges in depth and contribute to ongoing efforts by supporting initiatives that raise awareness, build capacity, and promote gender-sensitive practices for a more inclusive and equitable society.

III OBJECTIVES

- To understand the social, economic, and cultural factors contributing to gender inequality in different communities.
- To support awareness programs and campaigns that educate individuals about women's rights, gender sensitivity, and equal opportunities.
- To assist in implementing empowerment initiatives such as skill development, education support, and leadership training for women and girls.
- To participate in data collection and fieldwork aimed at identifying gaps in resources, access, and awareness related to women's issues.
- To collaborate with NGOs, community workers, and other stakeholders working in the field of gender equality and women's welfare.
- To develop communication and advocacy skills by creating content and materials that highlight gender issues and promote women's voices.
- To reflect on personal learning and growth, and understand how individual action can contribute to broader social change.

IV DOMAIN DESCRIPTION

THE DOMAIN OF WOMEN EMPOWERMENT AND GENDER EQUALITY FOCUSES ON CREATING A JUST AND INCLUSIVE SOCIETY WHERE WOMEN AND MEN HAVE EQUAL RIGHTS, RESPONSIBILITIES, AND OPPORTUNITIES ACROSS ALL SPHERES OF LIFE—SOCIAL, ECONOMIC, POLITICAL, AND CULTURAL.

WOMEN EMPOWERMENT REFERS TO THE PROCESS OF ENABLING WOMEN TO HAVE CONTROL OVER THEIR LIVES, MAKE THEIR OWN DECISIONS, AND PARTICIPATE FULLY IN SOCIAL, ECONOMIC, AND POLITICAL ACTIVITIES. IT INCLUDES ACCESS TO EDUCATION, HEALTHCARE, EMPLOYMENT, LEADERSHIP OPPORTUNITIES, AND FREEDOM FROM VIOLENCE AND DISCRIMINATION.

GENDER EQUALITY, ON THE OTHER HAND, ENSURES THAT INDIVIDUALS OF ALL GENDERS ARE TREATED FAIRLY AND GIVEN EQUAL ACCESS TO OPPORTUNITIES AND RESOURCES. IT CHALLENGES STEREOTYPES, ADDRESSES POWER IMBALANCES, AND PROMOTES POLICIES THAT SUPPORT EQUAL RIGHTS FOR ALL.

THIS DOMAIN ADDRESSES CRITICAL ISSUES SUCH AS:

- GENDER-BASED VIOLENCE AND DISCRIMINATION
- UNEQUAL ACCESS TO EDUCATION AND EMPLOYMENT
- HEALTH AND REPRODUCTIVE RIGHTS
- POLITICAL UNDERREPRESENTATION
- SOCIAL AND CULTURAL BARRIERS TO EQUALITY

ORGANIZATIONS WORKING IN THIS DOMAIN AIM TO PROMOTE AWARENESS, IMPLEMENT EMPOWERMENT PROGRAMS, INFLUENCE POLICIES, AND ENGAGE COMMUNITIES TO DRIVE SUSTAINABLE CHANGE. THE DOMAIN IS ESSENTIAL FOR ACHIEVING THE SUSTAINABLE DEVELOPMENT GOALS (ESPECIALLY SDG 5: GENDER EQUALITY) AND FOR BUILDING A MORE EQUITABLE AND PROGRESSIVE SOCIETY.

V COMMUNITY/VILLAGE PROFILE

Town: One Town, Vijayawada, NTR District, Andhra Pradesh

Population: Around 80,000 residents from diverse backgrounds living in a densely populated urban area.

Occupation: The economy of One Town mainly revolves around small businesses, daily wage labor, street vending, and various private-sector jobs. Many residents run shops, work in transportation, or engage in informal employment. Women often participate in tailoring, domestic work, and small-scale home-based businesses. Agriculture plays a minimal role due to the urban setting.

Facilities: The town has several government and private schools ranging from primary to higher secondary education. Healthcare services include primary health centers and some private clinics, but advanced medical care requires traveling to larger hospitals nearby. Internet connectivity is moderate, supporting education and business activities, though public libraries are limited. Public transportation options such as buses and auto-rickshaws connect the town to other parts of Vijayawada. Local markets are active and serve as hubs for daily trade and social interaction.

Social Aspects: Traditional social norms continue to influence gender roles, with women balancing household duties alongside economic activities. Issues such as early marriage and limited access to higher education for girls remain challenges. Women's self-help groups operate in the area, helping improve financial independence, but more awareness and outreach are needed to tackle social issues like domestic violence and health.

Community Outlook: There is a gradual shift in attitudes toward women's empowerment and gender equality, especially among younger residents. Ongoing government programs and NGO initiatives focus on education, health awareness, and skill development, aiming to create a more inclusive and equitable community.

VI DAILY WORK SUMMARY

Day	Activities Done	Location
1	Introduction and Interaction with women leaders and SHG's	vijayawada
2	Awareness sessions on safety, security	vijayawada
3	Health and hygiene	vijayawada
4	Digital literacy training camps	vijayawada
5	Government schemes and awareness	vijayawada
6	community street	vijayawada
7	support women and explain gender equality	vijayawada

VII KEY ACTIVITIES

Include 3–5 activities with photos and brief explanations.



Two women engage in a positive conversation at a residential area in Vijayawada, discussing women empowerment, community awareness, and support initiatives during the internship program.



Two women engage in a positive conversation at a residential area in Vijayawada, discussing women empowerment, community awareness, and support initiatives during the internship program.

VIII CHALLENGES & LEARNINGS

Here are six key real obstacles related to women empowerment and gender equality that you might focus on from your internship experience:

Key Real Obstacles

1. Patriarchal Mindset
2. Traditional beliefs and cultural norms restrict women's freedom and decision-making power within families and the community.
3. Economic Constraints
4. Limited job opportunities and financial resources make it difficult for women to achieve economic independence.
5. Early Marriage and Dropout Rates
6. Girls often face early marriage and leave school early due to social pressures, affecting their education and future prospects.
7. Domestic Violence and Social Stigma
8. Many women face domestic abuse but hesitate to report it because of fear, shame, and lack of support.
9. Lack of Awareness about Rights and Schemes
10. Women often do not know about their legal rights or available government welfare programs that could help empower them.
11. Poor Access to Healthcare and Sanitation
12. Limited access to reproductive health services and inadequate sanitation facilities negatively impact women's health and wellbeing.

IX SDG MAPPING

List 1–3 Sustainable Development Goals related to your work.

Sample:

- SDG 4: Quality Education
- SDG 10: Reduced Inequalities
- SDG 17: Partnerships for the Goals

X IMPACT REFLECTION

Women empowerment and gender equality have profound impacts on society, economy, and culture. When women are empowered, they gain the ability to make decisions about their own lives, access education, healthcare, and employment opportunities, and participate actively in social, political, and economic spheres. This leads to healthier families, stronger communities, and more inclusive governance.

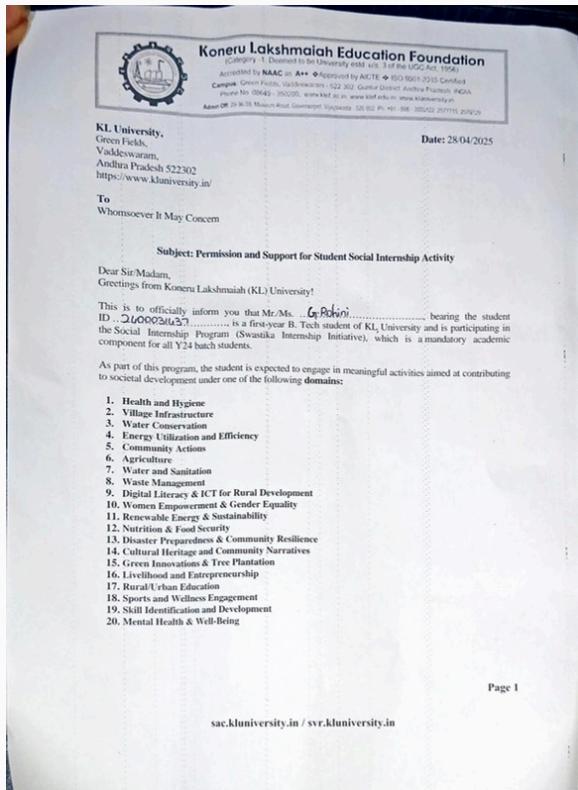
Gender equality breaks down harmful stereotypes and discrimination, allowing people of all genders to pursue their potential freely. It promotes fairness and justice, ensuring that talents and contributions are recognized regardless of gender. Economically, gender equality leads to more diverse workplaces, innovation, and productivity gains, boosting overall growth and development.

Socially, empowering women changes power dynamics, reducing violence and promoting respect and dignity for all. It also helps challenge and transform traditional roles that limit individuals' choices and freedoms.

However, achieving gender equality requires persistent effort, education, and policy reforms. It demands the dismantling of systemic barriers and cultural norms that perpetuate inequality.

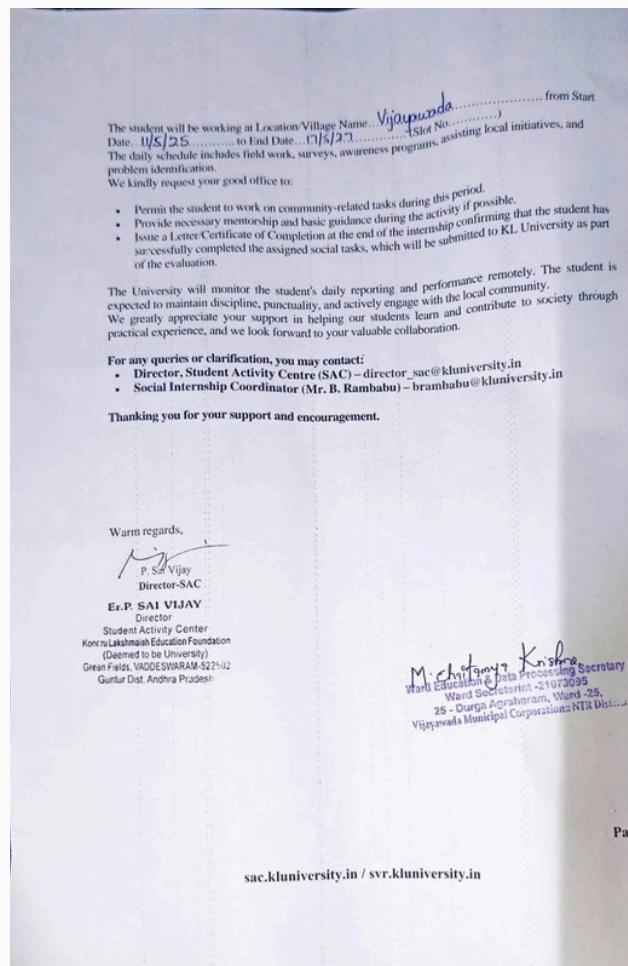
In summary, women empowerment and gender equality are essential for building equitable, prosperous, and peaceful societies. The positive ripple effects benefit everyone — not just women, but men, children, and communities at large.

XI CERTIFICATE FROM ANY AGENCY (GOVERNMENT/ NGO/ PANCHAYAT, ETC).



Page 1

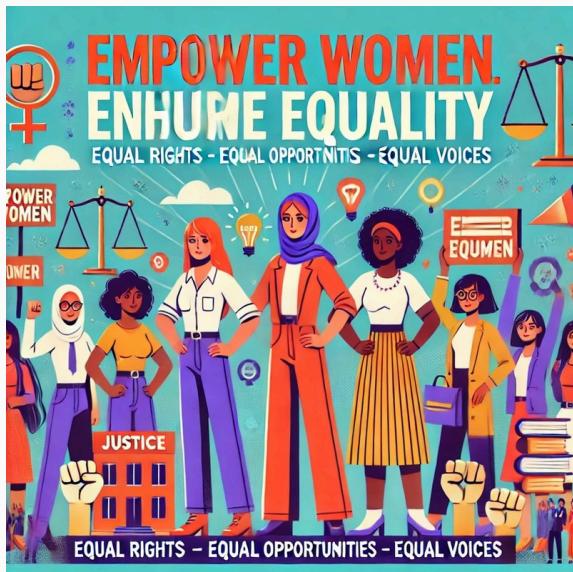
sac.kluniversity.in / svr.kluniversity.in



XII REELS / POSTERS /SURVEYS ATTACHED

Please provide links and screenshots of your performance on LinkedIn, YouTube, as part of your social internship

Youtube:



XIII GEO TAGGING IMAGES OF ALL DAYS

Day 1: (Upload only images of field visit/field survey/ work done on field)
Note: Atleast 3 images from every day should be attached



Day 2:



visiting the field and knowing their problems



visiting the field and knowing their problems



Day 3:



visiting the field and knowing their problems



visiting the field and knowing their problems



Day 4:



visiting the field and knowing their problems

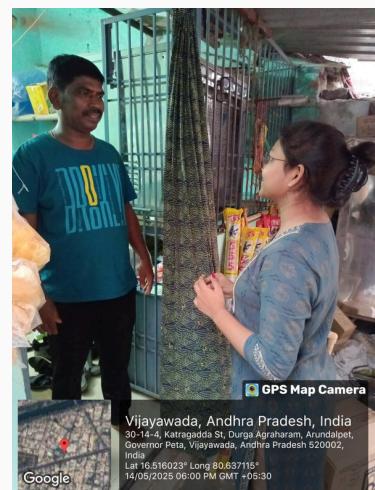
Day 5:



visiting the field and knowing their problems



visiting the field and knowing their problems



visiting the field and knowing their problems



Day 6:



visiting the field and knowing their problems

Day 7:



visiting the field and knowing their problems



visiting the field and knowing their problems



visiting the field and knowing their problems



XIV CONCLUSION

Women empowerment and gender equality are essential foundations for creating just, inclusive, and prosperous societies. Empowering women not only enhances their individual potential but also drives economic growth, social progress, and sustainable development. Achieving gender equality requires collective commitment to dismantle barriers, challenge stereotypes, and promote equal opportunities in education, employment, leadership, and decision-making. When women are empowered and treated as equals, societies benefit from greater innovation, harmony, and resilience. Ultimately, gender equality is not just a women's issue but a human rights imperative that enriches everyone's lives.

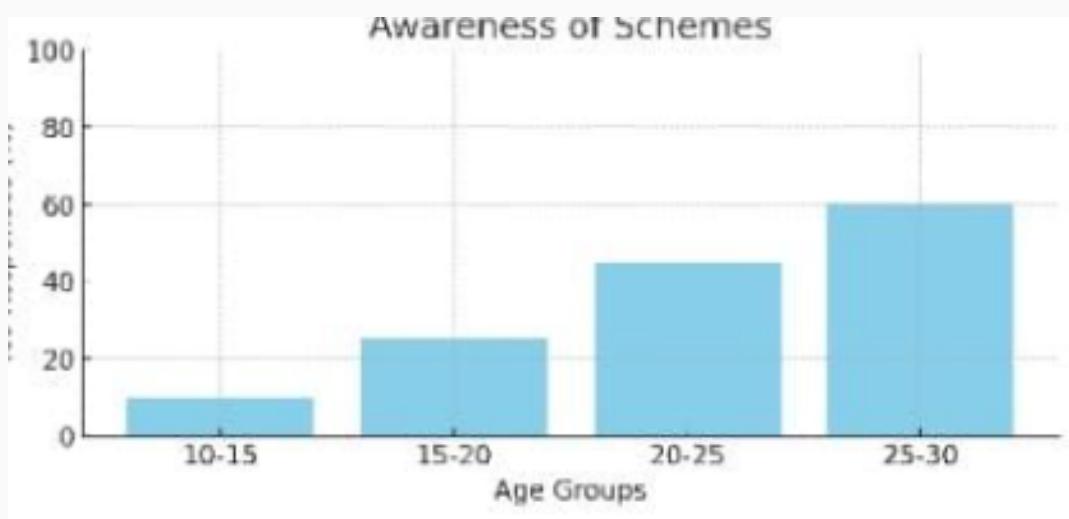
XV APENDIX

You should include images that demonstrate your analysis. For each questionnaire, provide a graph or statistical representation of the responses received.

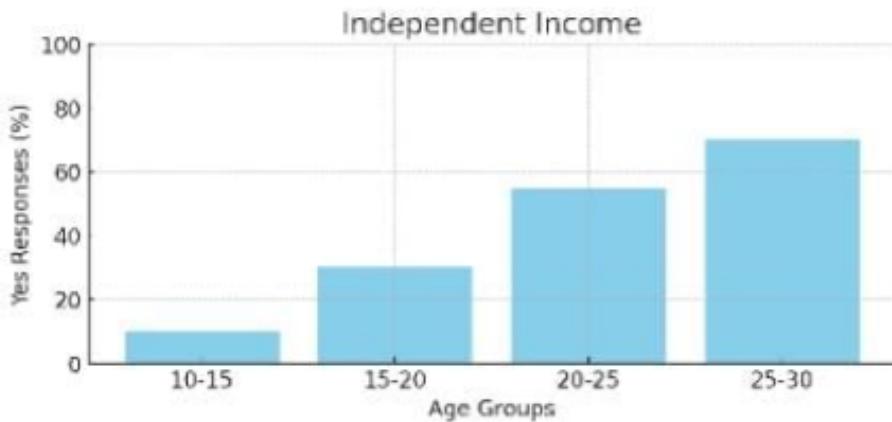
1. Is any woman in your family part of a Self-Help Group (SHG)?



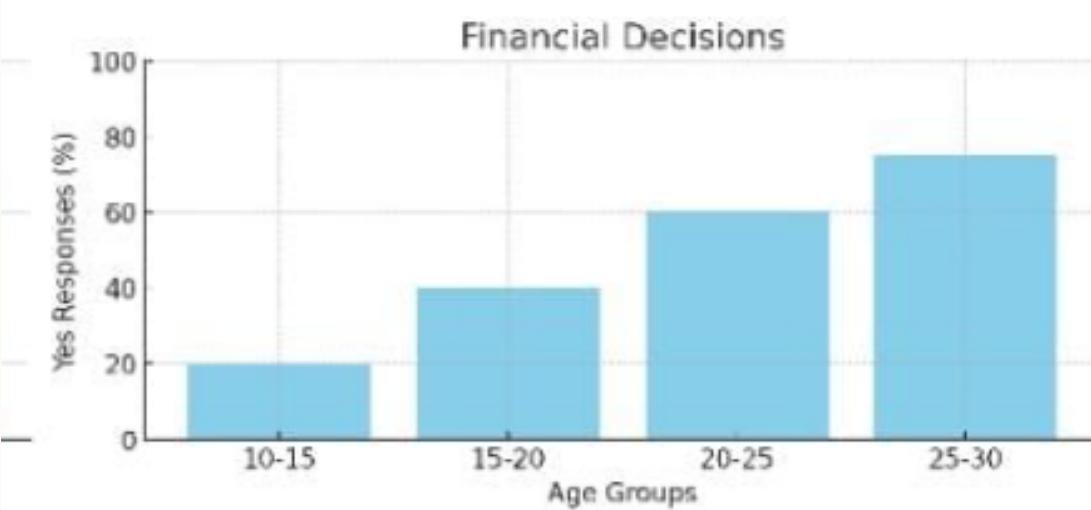
2. Are women aware of government schemes for their benefit?



2. Does any woman in the household earn an independent income?



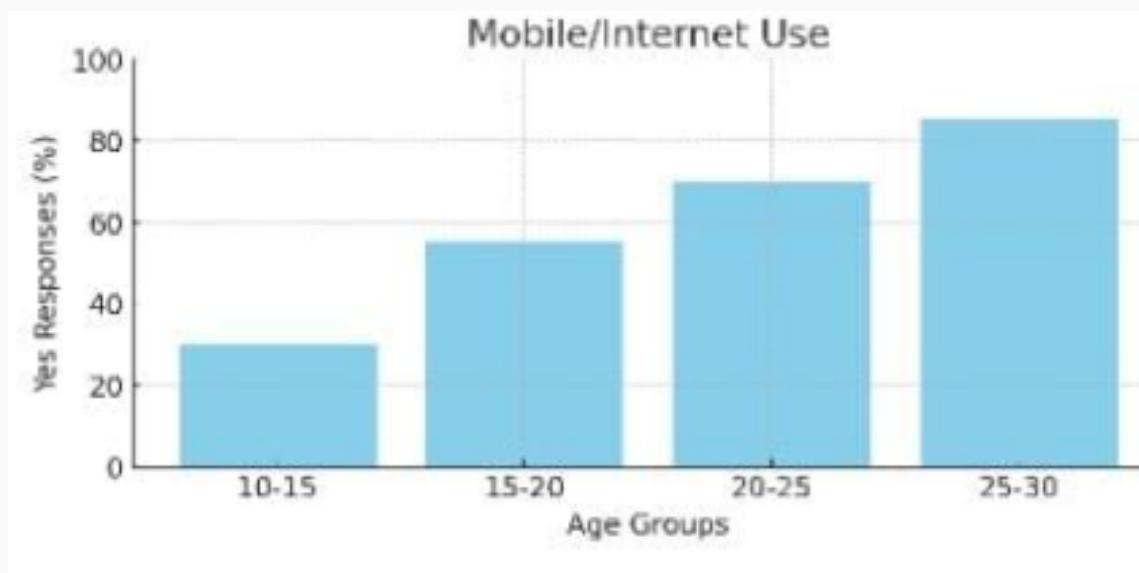
3. Do women participate in household financial decisions?



4. Are sanitary pads or menstrual hygiene products easily available?



6. Do women in the household use mobile phones or the internet?

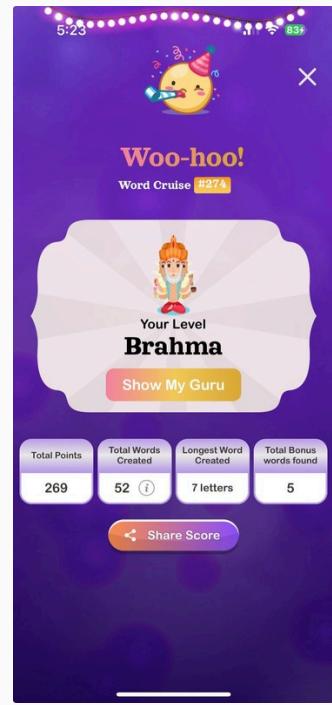
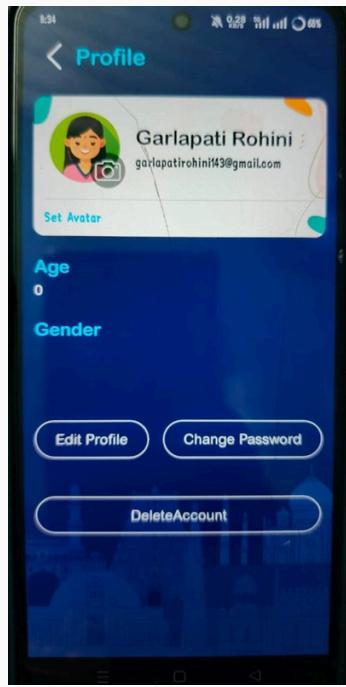


XVI MY GOV CERTIFICATE / LIPI TASK



Using the MyGov app has been a positive and enriching experience. It provides a unique platform where I can actively participate in government initiatives and contribute my opinions on various social and developmental issues. The app is user-friendly and offers many tasks, surveys, and challenges that help me stay informed about current government schemes and policies.

Through MyGov, I have felt more connected to the nation's progress and appreciated how citizen feedback is valued in decision-making. Completing tasks like surveys and campaigns has made me feel that my voice matters, and I am contributing to the betterment of society. Overall, the MyGov app has empowered me to become a responsible and engaged citizen.



Participating in the LIPI (Let's Improve Public Infrastructure) task was an insightful and rewarding experience. The task gave me the opportunity to observe and evaluate public infrastructure in my area and provide valuable feedback on how it could be improved. It made me more aware of the challenges in public facilities and the importance of citizen involvement in governance. The process was straightforward and easy to follow through the MyGov app. By sharing my observations and suggestions, I felt like I was directly contributing to the development and betterment of my community. Overall, the LIPI task helped me understand the power of collective action and the role each citizen can play in making public services more efficient and user-friendly.