

Appendix A

Team Cambridge Handicap Tables

		Time in Hours & Minutes																																							
		3:30	3:31	3:32	3:33	3:34	3:35	3:36	3:37	3:38	3:39	3:40	3:41	3:42	3:43	3:44	3:45	3:46	3:47	3:48	3:49	3:50	3:51	3:52	3:53	3:54	3:55	3:56	3:57	3:58	3:59	4:00	4:01	4:02	4:03	4:04	4:05				
100 Miles	00	3:30	3:31	3:32	3:33	3:34	3:35	3:36	3:37	3:38	3:39	3:40	3:41	3:42	3:43	3:44	3:45	3:46	3:47	3:48	3:49	3:50	3:51	3:52	3:53	3:54	3:55	3:56	3:57	3:58	3:59	4:00	4:01	4:02	4:03	4:04	4:05				
50 Miles	01	1:40	1:41	1:42	1:43	1:44	1:45	1:46	1:47	1:48	1:49	1:50	1:51	1:52	1:53	1:54	1:55	1:56	1:57	1:58	1:59	2:00	2:01	2:02	2:03	2:04	2:05	2:06	2:07	2:08	2:09	2:10	2:11	2:12	2:13	2:14	2:15				
30 Miles	02	55	56	57	58	59	1:00	1:01	1:02	1:03	1:04	1:05	1:06	1:07	1:08	1:09	1:10	1:11	1:12	1:13	1:14	1:15	1:16	1:17	1:18	1:19	1:20	1:21	1:22	1:23	1:24	1:25	1:26	1:27	1:28	1:29	1:30				
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6-18 Miles	04	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46				
10 Miles	05	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52				
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