

FPT EDUCATION
FPT POLYTECHNIC COLLEGE



ENGLISH 2.2

PORTFOLIO

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Class: ENT2226.115

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COMMENTS



✎ *Lecturer 1 :*

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✎ *Lecturer 2:*

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Topic 1: Talk about a hotel that you have stayed in.

Hello teacher, my name is Giang. Today, I want to talk about a hotel I stayed at.

Firstly, the last time I stayed in a hotel was one year ago during my summer holiday in Dalat city. The hotel is called "Osaka Village Dalat," and it is located near Tuyen Lam Lake, in the center of Dalat city. In my opinion, the hotel's location is very convenient, and it offers a great view of the lake. I got to the hotel by car.

During my trip, I stayed in a double room with my best friend, and it cost me 900,000 VND per night. The room was equipped with two beds, a wardrobe, a minibar, and a TV. The hotel provided various amenities and services, such as laundry service, free Wi-Fi, food delivery, and housekeeping services. I made use of the laundry service, free Wi-Fi, and housekeeping services during my stay.

Moving on to my experience at the hotel, I was very happy with my stay. While the room price was not reasonable, especially after the pandemic, everything else was perfect. The highlight of the hotel was the friendly and helpful staff. I didn't have any complaints about the hotel.

In conclusion, I would say that the Osaka Village Dalat hotel is really good, and I would recommend it to my friends so they can have interesting experiences like mine. That's the end of my presentation. Thank you for listening.

Topic 2: Talk about good and bad driving habits.

Hello teacher, my name is Giang. Today, I would like to talk about good and bad driving habits.

Firstly, I want to share my experience as a motorbike rider. I have been riding a motorbike for 3 years, and I think I'm a good rider. I use my motorbike every day, and I have one at home.

Now let's move on to the topic of good and bad driving habits. Good driving habits include being careful, following the speed limit, and keeping a safe distance from other vehicles. On the other hand, bad driving habits are things like driving too fast, changing lanes recklessly, and using your phone while driving. In my opinion, the most dangerous driving behavior is changing lanes recklessly because it can easily cause accidents.

As for my own driving habits, I drive carefully and at a reasonable speed. I also make sure to pay attention to the road and what's happening around me.

Lastly, I want to tell you about an accident I saw two years ago. It happened near my school during rush hour at around 5 p.m. Two motorbikes crashed into each other while going very fast. Luckily, both drivers only had minor injuries, but their bikes were badly damaged. I saw the accident while I was riding home from school. I immediately stopped and joined other people to check on the drivers. This accident taught me the importance of being more careful and driving more slowly.

In my opinion, drivers and motorbike riders should avoid drinking alcohol and driving, and they should also avoid speeding.

In conclusion, it's important for everyone to drive carefully to stay safe and prevent accidents. Avoiding bad driving habits is crucial. Thank you for listening to my presentation.

Topic 3: Talk about how you take care of your appearance.

Hello teacher. My name is Giang, and I'm 19 years old. I come from Binh Thuan, and I study web development. Today, I would like to talk about how I take care of my appearance.

Firstly, I believe that taking care of how I look is important for my self-confidence and overall well-being. I have a daily routine to make sure I look and feel my best.

To start, I take care of my skin by using gentle cleansers and moisturizers to keep it clean and hydrated. I also use sunscreen every day to protect my skin from the sun. For my hair, I use shampoo and conditioner that keep it healthy and strong.

I also pay attention to my oral hygiene by brushing my teeth twice a day with a good toothpaste and a soft toothbrush. This helps me maintain a fresh smile and good breath.

When it comes to cosmetic products, I keep it simple and don't spend too much. I choose reliable brands for my skincare and oral care without going overboard. This lets me take care of how I look without spending too much money.

Additionally, I like to treat myself to a relaxing massage once a month. There is a local spa called "Aqua Spa" that I visit. It helps me relax and reduces stress in my body.

Lastly, I want to share my thoughts on cosmetic surgery. While it can enhance one's appearance, I believe in embracing and appreciating the natural beauty I was born with. I am happy with my appearance and don't feel the need for any cosmetic surgery.

In conclusion, I believe in the importance of taking care of my appearance. By following a simple skincare routine, maintaining good oral hygiene, and treating myself to occasional self-care, I feel confident and present myself in the best way possible. Thank you for listening to my presentation.

Topic 4: Talk about my eating habits.

Hello, my name is Giang. I'm 19 years old and I'm from Bình Thuận. I'm currently studying web programming at Fpoly. Today, I want to talk about my eating habits and how they affect my health.

I really love fried chicken, and I eat it two to three times a week with my friends at Lotteria in the Aeon shopping center. It's crispy and tasty, but I know it's not the healthiest choice, so I try not to eat too much of it.

In general, I try to eat a balanced diet. I eat rice, vegetables, and fish regularly because they give me important nutrients. However, I have to admit that I still enjoy fast food sometimes, even though I know it's not the best for me. I do try to choose organic food when I can because I think it's healthier and better for the environment.

I believe that what we eat really affects our health. If we eat well and have good eating habits, we can be healthier and live longer. On the other hand, if we eat too much unhealthy food, it can harm our health.

In Vietnam, we have delicious traditional dishes like bun bo Hue, which is made with vermicelli, beef, and Vietnamese spices. It's really tasty and nutritious. I think my grandparents ate healthier than my generation because they ate more vegetables and didn't have as much fast food available.

I've heard about different types of diets like the mushroom diet, vegan diet, Atkins diet, and juice fast. The one that interests me is the mushroom diet because I want to try more vegetables and different grains in my meals.

To sum up, I think eating habits are important for our health. I used to eat a lot of junk food, but now I'm trying to eat healthier. Thank you for listening to my talk.