

Family Itinerary: NIPS 2025 Conference

Departing from Beijing with Family

December 2–7, 2025

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1 Flights

We propose three one-stop round-trip options, prioritizing family comfort and reasonable layovers. Prices are approximate per adult/child.

Option 1: Air China + United Airlines (via Los Angeles)

Outbound	Dec 1, 2025 13:20: Air China CA987, PEK (Beijing) – LAX (Los Angeles); Arrive 09:05 (same day) Layover: 2h 15m at LAX 11:20: United UA339, LAX – SAN (San Diego); Arrive 12:45
Return	Dec 8, 2025 14:30: United UA450, SAN – LAX; Arrive 15:45 Layover: 3h 0m at LAX 18:45: Air China CA988, LAX – PEK; Arrive 22:10 (next day)
Approx. Cost	Adult: USD 1,250; Child: USD 950; Infant: USD 200

Option 2: China Eastern + Delta Air Lines (via Seattle)

Outbound	Dec 1, 2025 00:10: China Eastern MU588, PEK – PVG (Shanghai); Arrive 02:30 Layover: 3h 30m at PVG 06:00: Delta DL173, PVG – SEA (Seattle); Arrive 08:00 Layover: 2h 20m at SEA 10:20: Delta DL315, SEA – SAN; Arrive 13:50
Return	Dec 8, 2025 07:00: Delta DL320, SAN – SEA; Arrive 09:45 Layover: 3h 15m at SEA 13:00: Delta DL174, SEA – PVG; Arrive 17:30 (next day) Layover: 2h at PVG 20:00: China Eastern MU589, PVG – PEK; Arrive 22:30
Approx. Cost	Adult: USD 1,150; Child: USD 880; Infant: USD 180

Option 3: Cathay Pacific (via Hong Kong)

Outbound	Dec 1, 2025 09:30: Cathay CX345, PEK – HKG (Hong Kong); Arrive 13:20 Layover: 4h 10m at HKG 17:30: Cathay CX875, HKG – SAN; Arrive 17:00
Return	Dec 8, 2025 19:45: Cathay CX876, SAN – HKG; Arrive 23:30 Layover: 3h 45m at HKG 03:15: Cathay CX346, HKG – PEK; Arrive 06:00
Approx. Cost	Adult: USD 1,300; Child: USD 1,000; Infant: USD 220

2 Hotel

We propose three family-friendly hotel options within walking distance of the San Diego Convention Center, each offering kitchenette facilities or adjoining rooms.

Option 1: The Westin San Diego Gaslamp Quarter

Location	400 Broadway, San Diego, CA 92101 (0.4 miles / 8-min walk)
Room Type	Two Queen Beds + Rollaway (adjoining rooms available on request)
Amenities	In-room mini-refrigerator and microwave; indoor pool; fitness center; children's welcome pack
Nightly Rate	USD 280/night per room (tax inclusive)
Family Cost*	2 rooms \times 5 nights = USD 2,800

Option 2: Residence Inn by Marriott San Diego Downtown/Bayfront

Location	1701 Pacific Hwy, San Diego, CA 92101 (0.6 miles / 12-min walk)
Room Type	Studio Suite with full kitchenette (sleeps up to 4; rollaway available)
Amenities	Full kitchen (stove, fridge, dishwasher); free breakfast buffet; indoor/outdoor pool; laundry facilities
Nightly Rate	USD 310/night per suite (tax inclusive)
Family Cost*	1 suite \times 5 nights = USD 1,550

Option 3: Homewood Suites by Hilton San Diego Downtown/Bayside

Location	475 K Street, San Diego, CA 92101 (0.5 miles / 10-min walk)
Room Type	Two-Room Suite (king bedroom + living area with sofa bed + kitchenette)
Amenities	Fully equipped kitchenette; complimentary hot breakfast and evening socials; indoor pool; free grocery shopping service
Nightly Rate	USD 330/night per suite (tax inclusive)
Family Cost*	1 suite \times 5 nights = USD 1,650

3 Daily Trip Plan

Dec 2
(Tue)

- **Morning (8:30–12:00):** Opening sessions at San Diego Convention Center.
- **12:00–13:30:** Lunch break at hotel kitchenette or nearby café in the Gaslamp Quarter.
- **Afternoon (13:30–17:30):** Technical sessions/workshops.
- **Evening (18:00–20:00):** Stroll and light dinner at Seaport Village; check out the carousel for children.

- Dec 3**
(Wed)
- **8:30–12:00:** Conference track sessions.
 - **12:30–14:00:** Family lunch at The Fish Market (short walk).
 - **14:30–16:30:** Tour at the USS Midway Museum with interactive exhibits for kids.
 - **17:00–19:00:** Return to sessions or enjoy free time; dinner in Little Italy.
- Dec 4**
(Thu)
- **7:30–11:00:** Early family trip to San Diego Zoo (using express bus to Balboa Park).
 - **11:30–12:30:** Quick return to conference venue with a boxed lunch en route.
 - **13:00–17:30:** Afternoon sessions.
 - **18:00–20:00:** Relax by the hotel pool followed by a light in-room dinner.
- Dec 5**
(Fri)
- **8:30–12:00:** Conference sessions.
 - **12:00–13:30:** Lunch at a nearby waterfront park.
 - **14:00–16:00:** Enjoy a harbor cruise (45–60 minutes) with opportunities for wildlife spotting.
 - **17:00–19:00:** Return to sessions or opt for dinner at food trucks near Waterfront Park.
- Dec 6**
(Sat)
- **8:30–12:00:** Final conference workshops and sessions.
 - **12:30–14:30:** Lunch at the hotel and time for packing in adjoining rooms.
 - **15:00–18:00:** Afternoon relaxation at Coronado Beach (enjoy a ferry ride, playground, and sandcastle building).
 - **18:30–20:00:** Dinner on Coronado Island followed by a return to the hotel.

Dec 7
(Sun)

- **9:00–11:30:** Wrap-up sessions and poster visits at the conference.
- **12:00–13:30:** Farewell lunch at The Prado in Balboa Park.
- **14:00–16:00:** Leisure time at Balboa Park playground or final shopping in Gaslamp Quarter.
- **16:30:** Return to the hotel to pack and prepare for departure the next morning.

4 Cost Estimate

Category	Description	Total (USD)
Flights	2 adults (USD 1,150 each) + 2 children (USD 880 each)	4,060
Hotel	Residence Inn: 1 suite × 5 nights	1,550
Meals	Family dining (approx. USD 200/day × 6 days)	1,200
Local Transport	Ride-share/buses (USD 50/day × 6 days)	300
Activities	Zoo, USS Midway, Harbor cruise, Beach ferry, etc.	500
Grand Total		7,610

5 Additional Tips and Reminders

To ensure a smooth trip, please consider the following suggestions:

- **Travel Documents:** Verify passports, necessary visas for the U.S., and conference registration details well in advance.
- **Travel Insurance:** Consider purchasing comprehensive travel insurance covering medical expenses, trip cancellations, and lost luggage.
- **Airport Navigation:** Arrive early at airports in Beijing and San Diego to accommodate for family check-in procedures and security checks.
- **Packing Tips:** Pack essential items for children including snacks, entertainment, and a basic first-aid kit; label all luggage with your contact details.
- **Local Transportation:** Explore local transit options such as ride-sharing apps and public transportation passes for cost-effective travel in San Diego.
- **Health and Safety:** Familiarize yourself with local emergency numbers and check the weather forecast to plan appropriate attire.

*All prices and details are approximate and subject to change. Please confirm with service providers during booking.