

Support Guide for Non-German Speakers Navigating the Agentur für Arbeit

Last updated: April 2025

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If you're new to Germany and looking for help with education, job training, or dealing with the **Agentur für Arbeit**, here's a hand-picked list of **English-accessible** and **migration-friendly** resources that can help you find your way.

General Support Services

✓ 1. [BAMF – Federal Office for Migration and Refugees](#)

- Offers **integration and language courses**
 - Can refer you to support programs and advisors familiar with migration contexts
 - Check out their **local offices** or contact via the English site
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✓ 2. [MBE – Migration Advice for Adult Immigrants](#)

- Free and multilingual advice for adults
 - Covers education, training, work, residence status, etc.
 - Available as an **app** (MBEon) for mobile support
 - Provided by Caritas, AWO, Diakonie, and others
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✓ 3. [Jugendmigrationsdienste \(JMD\)](#)

- For **young people under 27**
 - Offers help with:
 - Finding an Ausbildung (vocational training)
 - Language skills
 - Job applications and orientation
 - Life in Germany as a young international
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✓ 4. [IQ Netzwerk – Integration through Qualification](#)

- Fantastic for people with **foreign qualifications or degrees**
 - Helps with:
 - **Recognition of qualifications**
 - **Professional training**
 - **Job market guidance**
 - Often has multilingual staff and offices in many cities
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Legal & Rights-Based Support

✓ 5. Sozialrecht Advice

- For issues with unemployment benefits (ALG I, II), education funding, etc.
- Consider:
 - arbeitslosenselbsthilfe.org (*German only, detailed info*)
 - **Refugee Law Clinics** (at many German universities)
 - **Sozialverbände** like VdK or SoVD
 - **Specialized lawyers for Sozialrecht (Social Law)**



Personal Advice

If communication with your AfA contact is difficult, **ask for an Integrationsbeauftragte/r (Integration Officer)** — they often handle more complex cases, speak other languages, and have **greater discretion** in supporting motivated individuals.

If you need help **finding such a person or getting matched with one**, ask your school (e.g., DCI staff) — or reach out to someone who has been through it (like the author of this guide).

You're not alone — and you don't have to do it in perfect German either.

✨ Good luck on your journey, and may your paperwork be ever in your favor!