10/24/25, 5:58 PM Meal Menus

Breakfast Menu

Scrambled Eggs

Whole Wheat Toast

Greek Yogurt with Berries

Orange Juice

Black Coffee

Lunch Menu

Grilled Chicken Sandwich

Mixed Green Salad

Apple Slices

Iced Tea

Water

10/24/25, 5:58 PM Meal Menus

Dinner Menu

Baked Salmon

Steamed Broccoli

Quinoa Pilaf

Herbal Tea

Fruit Sorbet