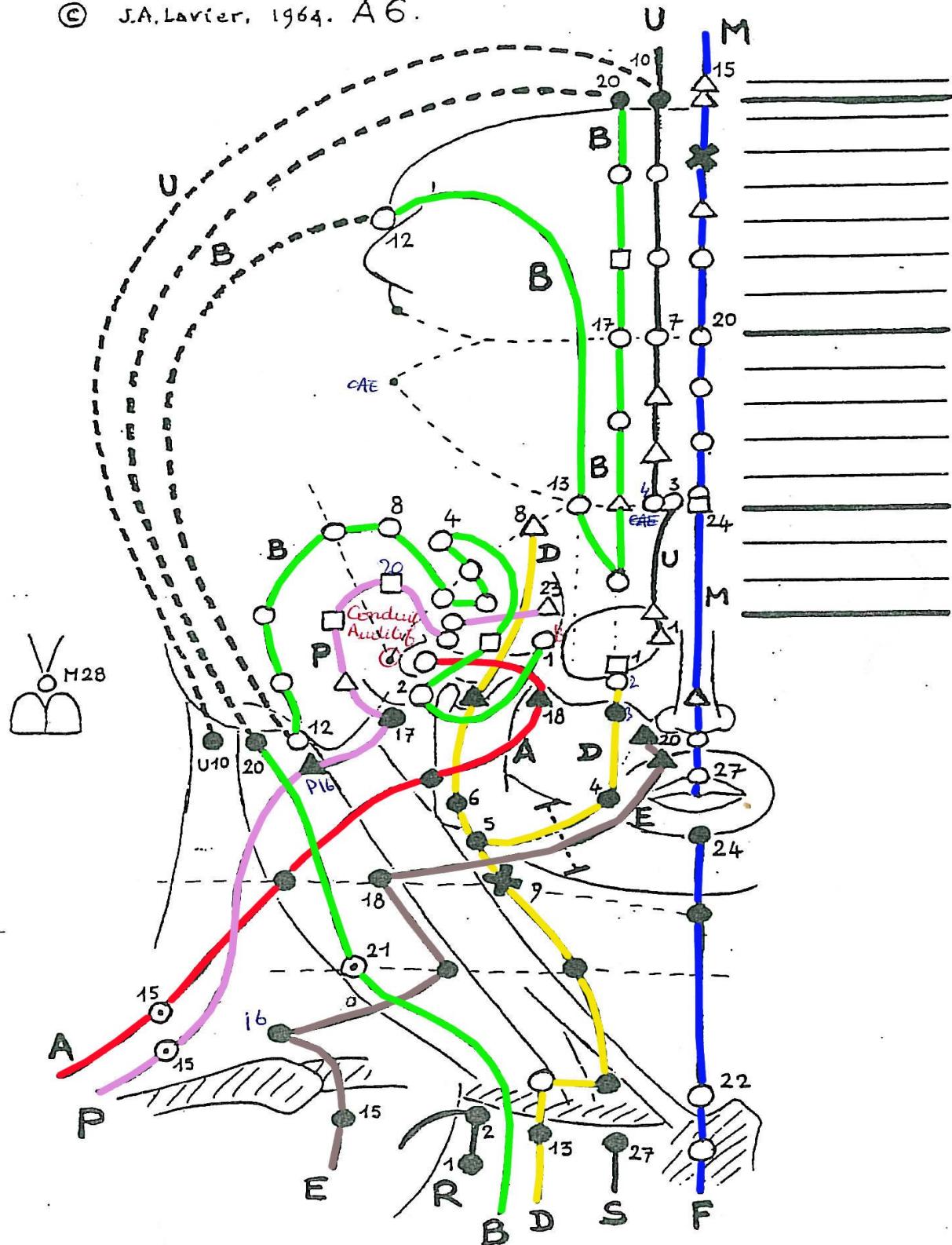
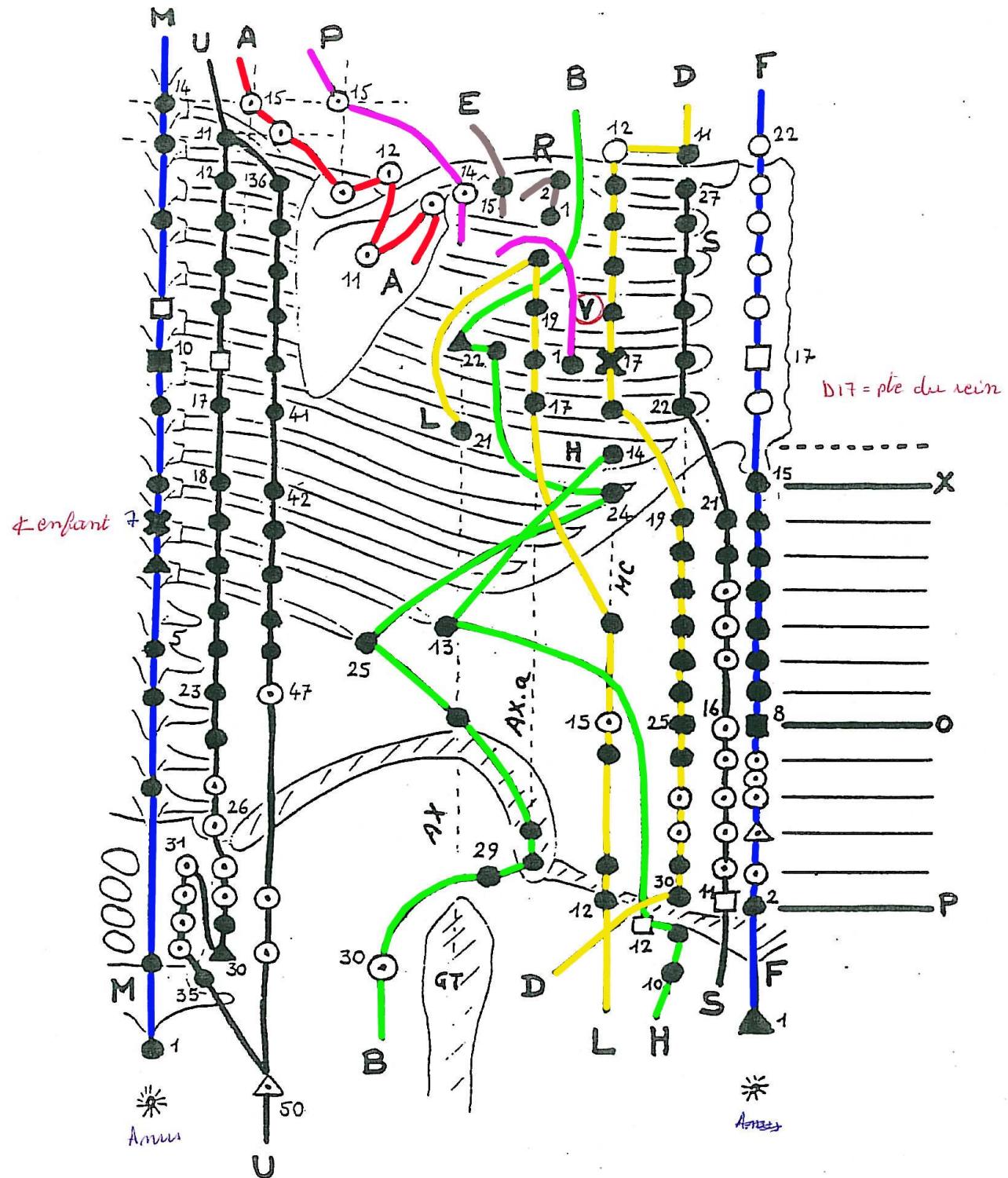


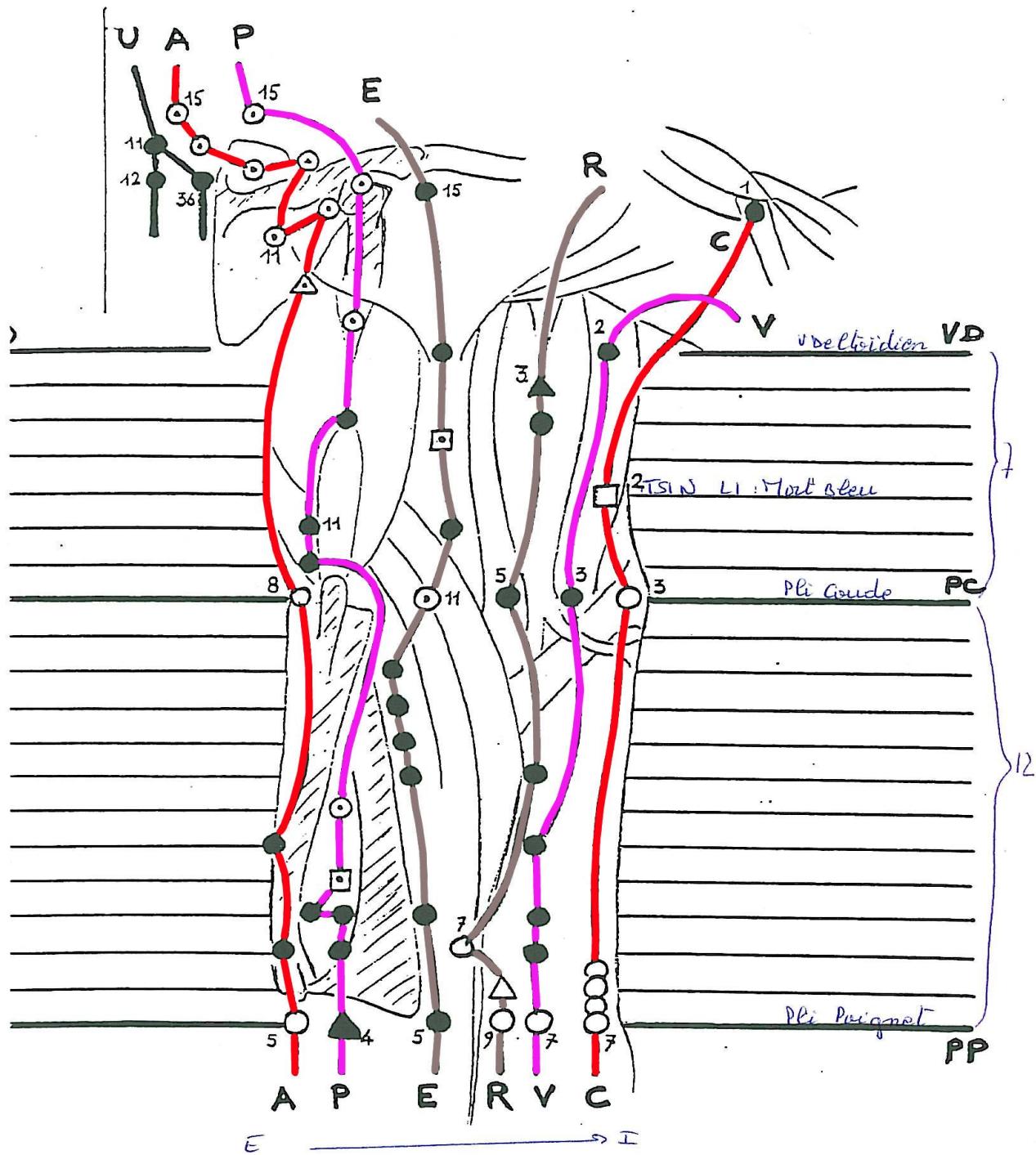
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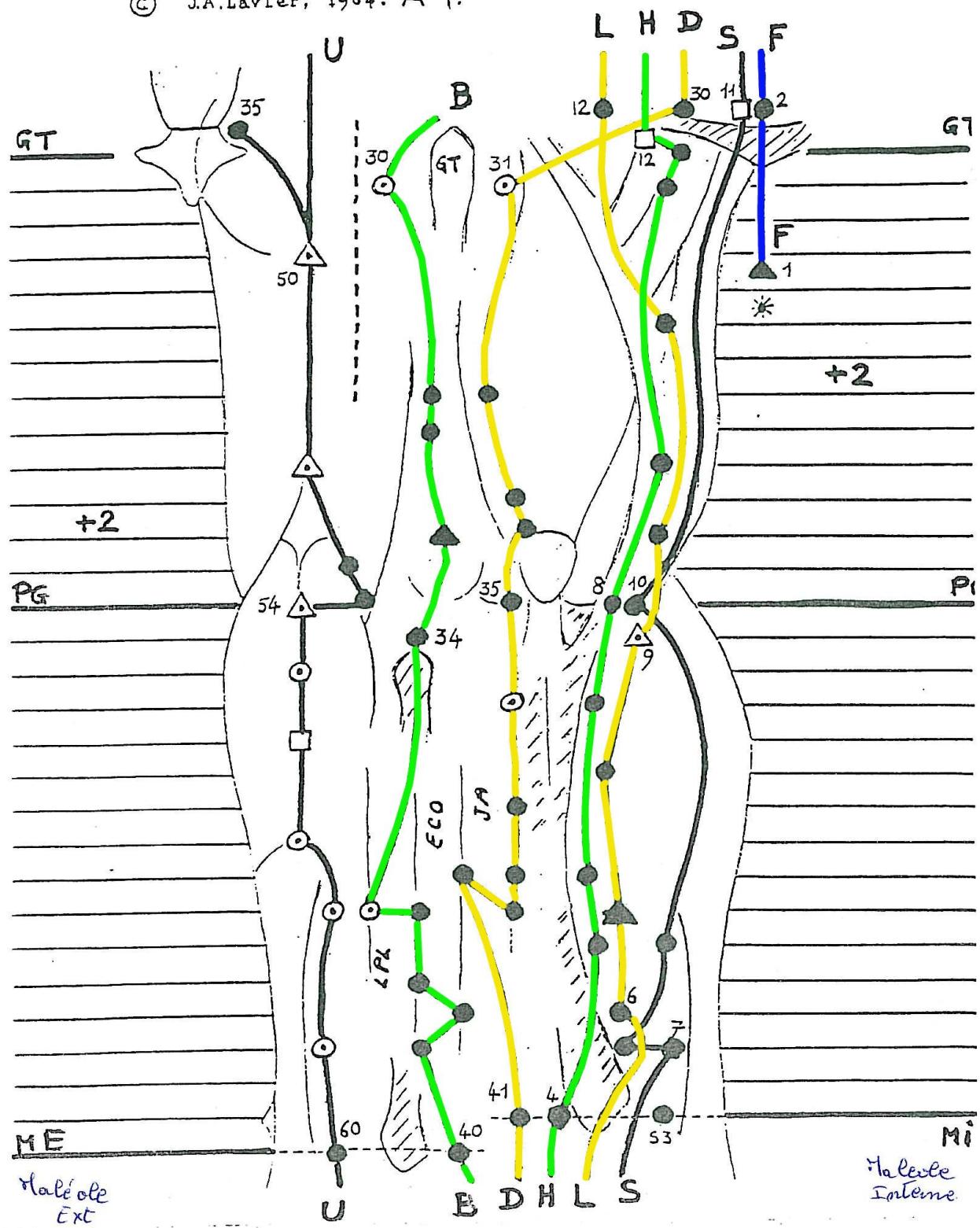
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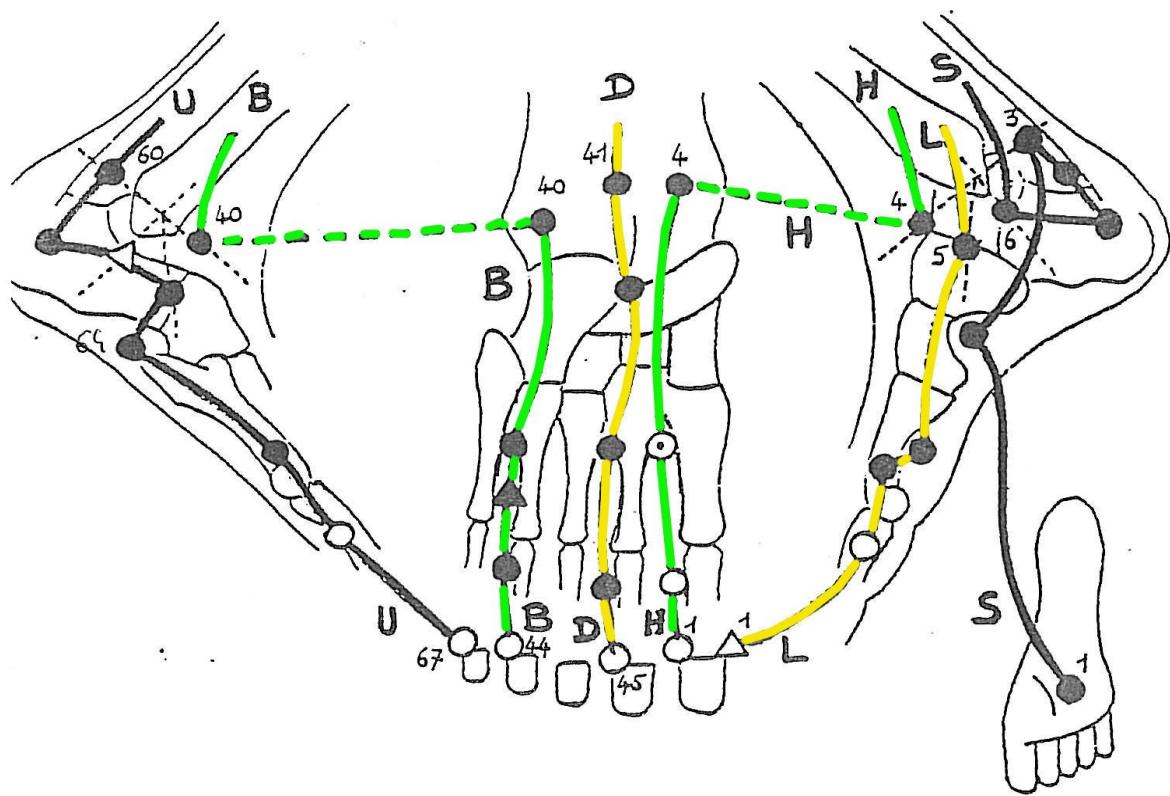
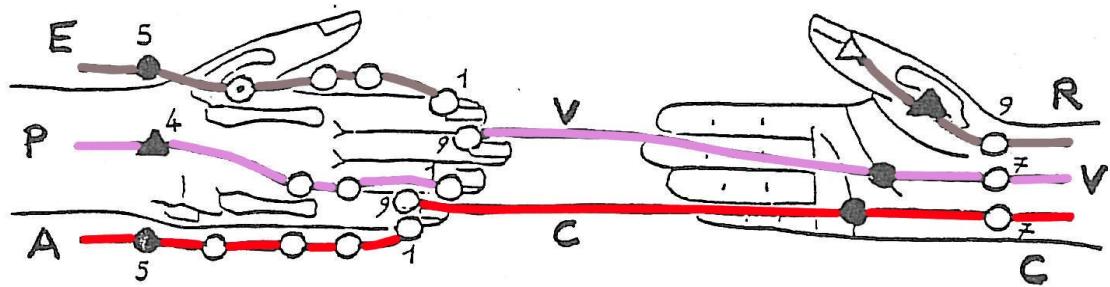
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The meridians

Meridian of the Lung: FEI CHING

The Meridian of the Lungs (LU)

Departing from the subclavicular zone, the trajectory follows the anterior surface of the arm; becoming antero-external it continues the length of the forearm to terminate at the tip of the thumb.

The Meridian of the Lungs is bilateral and has eleven points.

Point 1-LU (German:LU1, French:P1, Lavier:R1): Chung Fu

- Location: Located two pouces lateral to the nipple and four pouces eight fens above it, in the first intercostal space.
- Needle: 3-5 fens deep.
- Cauterization: 5-10.

Point 2-LU (German:LU2, French:P2, Lavier:R2): Yün Men

- Location: Located two pouces lateral to the nipple and six pouces four fens above it, in the hollow of the subclavia artery below the clavicle.
- Needle: 3-5 fens deep.
- Cauterization: 5-10.

Point 3-LU (German:LU3, French:P3, Lavier:R3): T'icn Fu

- Location: Located upon the anterior surface of the arm, upon the median line of the biceps, six pouces above the elbow, at the level of the "V" of the deltoideus.
- Needle: 4-6 fens deep.
- Cauterization: FORBIDDEN.

Point 4-LU (German:LU4, French:P4, Lavier:R4): Hsieh Pai

- Location: Located upon the anterior surface of the arm, along the median line of the biceps five pouces above the elbow.
- Needle: 3-5 fens deep.
- Cauterization: 5.

Point 5-LU (German:LU5, French:P5, Lavier:R5): Ch'ih Chih

- Location: Located at the flexure of the elbow outside the tendon of the biceps.
- Needle: 3-5 fens deep.
- Cauterization: 3-5.

Point 6-LU (German:LU6, French:P6, Lavier:R6): K'ung Tsui

- Location: Located upon the anterior surface of the forearm, seven pouces above the anterior flexure of the wrist and five pouces below the elbow, outside of the palmaris longus.
- Needle: 5 fens deep.
- Cauterization: 5.

Point 7-LU (German:LU7, French:P7, Lavier:R7): Lieh Ch'üeh

- Location: Located upon the anterior surface of the forearm on the radial artery at two pouces above the flexure of the wrist.
- Needle: 2-3 fens deep.
- Cauterization: 3-5.

Point 8-LU (German:LU8, French:P8, Lavier:R8): Ching Chii

- Location: Located upon the radial artery at the styloid area, one pouces from the flexure of the wrist.
- Needle: 2-3 fens deep.
- Cauterization: FORBIDDEN.

Point 9-LU (German:LU9, French:P9, Lavier:R9): T'ai Ylian

- Location: Located upon the palmar flexure of the wrist, upon the radial artery between radius and scaphoid.
- Needle: 2 fens deep.
- Cauterization: 3.

Point 10-LU (German:LU10, French:P10, Lavier:R10): Yü Chi

- Location: Located on the palmar surface of the hand, at the extremity of the thenar eminence behind the head of the first metacarpal.
- Needle: 3-5 fens deep.
- Cauterization: FORBIDDEN.

Point 11-LU (German:LU11, French:P11, Lavier:R11): Shao Shang

- Location: Located one fens behind the angle of the root of the thumbnail on the inner side toward the index finger.
- Needle: 1 fens deep.
- Cauterization: FORBIDDEN.

Meridian of the large intestine : TA CH'ANG CHING

The Meridian of the Large Intestine (CO)

The Meridian starts at the extremity of the index finger. The trajectory follows the external surface of the arm and shoulder and the lateral surface of the neck to terminate on the face near the nose.

The Meridian of the Large Intestine is bilateral and has twenty points.

Point 1-CO (German:DI1, French:GI1, Lavier:E1): Shang Yang

- Location: Located one fens behind the angle of the root of the nail on the index finger on the outer side towards the thumb.
- Needle: 1 fens deep.
- Cauterization: 3.

Point 2-CO (German:DI2, French:GI2, Lavier:E2): Erh Chien

- Location: Located upon the lateral surface of the index finger, toward the thumb, before the metacarpal-phalangeal articulation.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 3-CO (German:DI3, French:GI3, Lavier:E3): San Chien

- Location: Located upon the lateral surface of the index finger, toward the thumb, behind the metacarpal-phalangeal articulation,
- Needle: 3 fens deep.
- Cauterization: 3.

Point 4-CO (German:DI4, French:GI4, Lavier:E4): Ho Ku

- Location: Located on the dorsal surface of the hand in the angle of the first two metacarpals.
- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 5-CO (German:DI5, French:GI5, Lavier:E5): Yang Ch'i

- Location: Located at the bottom of the tabatière anatomique, between radius and scaphoid, between the two tendons.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 6-CO (German:DI6, French:GI6, Lavier:E6): P'ien Li

- Location: Located upon the posterior-external surface of the forearm on the cubital side of the radius at three pouces above the dorsal flexure of the wrist.
- Needle: 3 fens deep.
- Cauterization: 5-7.

Point 7-CO (German:DI7, French:GI7, Lavier:E7): Wen Liu

- Location: Located upon the posterior-external surface of the forearm, seven pouces below the flexure of the wrist. With the hand pronate, the point lies at the cubital side of the radius.
- Needle: 3 fens deep,
- Cauterization: 5-30.

Point 8-CO (German:DI8, French:GI8, Lavier:E8): (Shou) Hsia Lien

- Location: Located upon the posterior-external surface of the forearm, on the extensor digitorum communis, four pouces below the radial extremity of the flexure of the elbow.
- Needle: 4 fens deep.
- Cauterization: 6.

Point 9-CO (German:DI9, French:GI9, Lavier:E9): (Shou) Shang Lien

- Location: Located upon the dorsal surface of the forearm upon (lie extensor digitorum communis at three pouces below the radial extremity of the flexure of the elbow.
- Needle: 4 fens deep.
- Cauterization: 5-10.

Point 10-CO (German:DI10, French:GI10, Lavier:E10): (Shou) San Li

- Location: Located upon the dorsal surface of the forearm upon the extensor digitorum communis at two pouces below the radial extremity of the flexure of the elbow.
 - Needle: 5 fens deep.
 - Cauterization: 5-10.
- i L Ch'ü Ch'ih. Located at the external extremity of the flexure of the elbow, before the epicondyle.
- Needle: 5-8 fens deep.
 - Cauterization: 5-10.

Point 12-CO (German:DI12, French:GI12, Lavier:E12): Chou Liao

- Location: Located upon the lateral surface of the arm, at two pouces above the flexure of the elbow.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 13-CO (German:DI13, French:GI13, Lavier:E13): (Yang) Wu Li

- Location: Located at the lateral surface of the arm, at three and one half pouce from the flexure of the elbow.

- Needle: FORBIDDEN.

- Cauterization: 7.

Point 14-CO (German:DI14, French:GI14, Lavier:E14): Pi Nao

- Location: Located upon the lateral surface of the arm, seven pouces above the flexure of the elbow and three pouces below the shoulder joint, near the "V" of the deltoid muscle.

- Needle: 3 fens deep.

- Cauterization: 3-7.

Point 15-CO (German:DI15, French:GI15, Lavier:E15): Chien Yü

- Location: Located outside the acromio-clavicular articulation, in the hollow formed in the shoulder by lifting the arm.

- Needle: 6 fens deep.

- Cauterization: 7.

Point 16-CO (German:DI16, French:GI16, Lavier:E16): Chit Ku

- Location: Located inside the acromio-clavicular articulation.

- Needle: 6 fens deep.

- Cauterization: 3-7.

Point 17-CO (German:DI17, French:GI17, Lavier:E17): T'ien Ting

- Location: Located at the base of the neck, behind the sterno-cleido-mastoid muscle.

- Needle: 3 fens deep.

- Cauterization: 3-7.

Point 18-CO (German:DI18, French:GI18, Lavier:E18): Fu Tu (1)

- Location: Located one pouce above 17-LI.

- Needle: 4 fens deep.

- Cauterization: 3.

Point 19-CO (German:DI19, French:GI19, Lavier:E19): Ho Liao

- Location: Located below the nose at one half pouce from the nasolabial sulcus midway between the inferior edge of the ala of the nose and the edge of the upper lip.

- Needle: 3 fens deep.

- Cauterization: FORBIDDEN.

Point 20-CO (German:DI20, French:GI20, Lavier:E20): Ying Hsiang

- Location: Located upon the face, within the fold of the cheek at the height of the inferior edge of the ala nasi.

- Needle: 1-3 fens deep.

- Cauterization: FORBIDDEN.

Meridian of the Stomach : WEI CHING

The Meridian of the Stomach (ST)

Starting at the face, upon which are located the first points, the trajectory descends on the anterior surface of the thorax, then of the abdomen, following the antero-external edge of the leg to terminate at the second toe.

The Meridian of the Stomach is bilateral and has forty-five points.

Point 1-ST (German:MA1, French:E1, Lavier:D1): Ch'eng Ch'i

- Location: Located near the inferior edge of the orbit, on an axis vertical to the pupil.
- Needle: FORBIDDEN.
- Cauterization: 3.

Point 2-ST (German:MA2, French:E2, Lavier:D2): Ssu Pai

- Location: Located three fens below 1-ST.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 3-ST (German:MA3, French:E3, Lavier:D3): Chit Liao (1)

- Location: Located upon the cheek bone al eight fens outside the ala nasi.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 4-ST (German:MA4, French:E4, Lavier:D4): Ti Ts'ang

- Location: Located at four fens outside the angle of the mouth, upon the facial artery.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 5-ST (German:MA5, French:E5, Lavier:D5): Ta Ying

- Location: Located upon the inferior edge of the mandible before the gouion in the hollow of the facial artery.
- Needle: 5 fens deep.
- Cauterization: 3-5.

Point 6-ST (German:MA6, French:E6, Lavier:D6): Chia Ch'ê

- Location: Located at the angle of the mandible between the insertions of the masseter muscle.
- Needle: 3 fens deep.
- Cauterization: 7.

Point 7-ST (German:MA7, French:E7, Lavier:D7): Hsia Kuan (1)

- Location: Located before the ear under the zygomatic arch in front of the condyle of the mandible, in the hollow which fills upon opening the mouth.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 8-ST (German:MA8, French:E8, Lavier:D8): T'ou Wei

- Location: Located upon the cranium, at four pouces horizontally from the point 24-VG somewhat ahead of the frontoparietal suture.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 9-ST (German:MA9, French:E9, Lavier:D9): Jen Ying

- Location: Located upon the lateral surface of the neck, below the mandible in front of the sterno-cleido-mastoid muscle upon the external carotid artery. Needle: FORBIDDEN. (A piqûre may be made but VERY SUPERFICIALLY.) Cauterizations: FORBIDDEN.

Point 10-ST (German:MA10, French:E10, Lavier:D10): Shui Tu

- Location: Located upon the anterior edge of the sternocleido-mastoid muscle, two pouces below point 9-ST.

- Needle: 3 fens deep.

- Cauterization: 3.

Point 11-ST (German:MA11, French:E11, Lavier:D11): Ch'i She

- Location: Located above the clavicle, at one and one half pouce from the median line.

- Needle: 3 fens deep.

- Cauterization: 3.

indications: The same as for 10-ST above.

Point 12-ST (German:MA12, French:E12, Lavier:D12): Ch'ieh P'en

- Location: Located above the clavicle, at four pouces from the median line.

- Needle: 3 fens deep. (Note: this depth must NOT be surpassed.)

- Cauterizations: 3.

- Indications: Dyspnoea, pleuritis, myositis of neck and shoulder, intercostal neuralgia, tonsillitis, scrofula.

Point 13-ST (German:MA13, French:E13, Lavier:D13): Ch'i Hu

- Location: Located in the subclavicular hollow at two pouces caudal to point 12-ST.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 14-ST (German:MA14, French:E14, Lavier:D14): K'u Fang

- Location: Located upon the mamillary line, in the first intercostal space,

- Needle: 3 fens deep.

- Cauterization: 5.

Point 15-ST (German:MA15, French:E15, Lavier:D15): Wu I

- Location: Located above the nipple, in the second intercostal space.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 16-ST (German:MA16, French:E16, Lavier:D16): YmgCh'uaug

- Location: Located above the nipple, in the third intercostal space.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 17-ST (German:MA17, French:E17, Lavier:D17): Ju Chung

- Location: Located in the centre of the nipple.

- Needle: FORBIDDEN.

- Cauterization: FORBIDDEN.

Point 18-ST (German:MA18, French:E18, Lavier:D18): Ju Ken

- Location: Located below the nipple in the fifth intercostal space.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 19-ST (German:MA19, French:E19, Lavier:D19): Pu Yung

- Location: Located at three pouces from the median line, on a horizontal line passing through the fossa of the xiphoid process,
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 20-ST (German:MA20, French:E20, Lavier:D20): Ch'eng Man

- Location: Located at one pouce below point 19-ST.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 21-ST (German:MA21, French:E21, Lavier:D21): Liang Men

- Location: Located at two pouces below point 19-ST.
- Needle: 7 fens deep.
- Cauterization: 5-15.

Point 22-ST (German:MA22, French:E22, Lavier:D22): Kuan Men

- Location: Located at three pouces below point 19-ST.
- Needle: 8 fens deep.
- Cauterization: 5-15.

Point 23-ST (German:MA23, French:E23, Lavier:D23): T'ai 1

- Location: Located at four pouces below point 19-ST.
- Needle: 8 fens deep.
- Cauterization: 5-10.

Point 24-ST (German:MA24, French:E24, Lavier:D24): Hua Ju Men

- Location: Located al five pouces below point 19-ST.
- Needle: 8 fens deep.
- Cauterization: 5-15.

Point 25-ST (German:MA25, French:E25, Lavier:D25): Tien Ch'u

- Location: Located at the level of the umbilicus three pouces from the median line.
- Needle: 5 fens deep.
- Cauterization: 5-20.

Point 26-ST (German:MA26, French:E26, Lavier:D26): Wai Ling

- Location: Located one pouce below point 25-ST.
- Needle: 8-10 fens deep.
- Cauterization: 5.

Point 27-ST (German:MA27, French:E27, Lavier:D27): Ta Chii

- Location: Located two pouces below point 25-ST.
- Needle: 8-10 fens deep.
- Cauterization: 5-10.

Point 28-ST (German:MA28, French:E28, Lavier:D28): Shui Tao

- Location: Located three pouces below point 25-ST.
- Needle: 8 fens deep.
- Cauterization: 5-10.

Point 29-ST (German:MA29, French:E29, Lavier:D29): Kuei Lai

- Location: Located four pouces below point 25-ST.
- Needle: 5 fens deep.
- Cauterization: 5-10.

Point 30-ST (German:MA30, French:E30, Lavier:D30): Ch'i Ch'ung

- Location: Located five pouces below point 25-ST.
- Needle: 3 fens deep.
- Cauterization: 7.

Point 31-ST (German:MA31, French:E31, Lavier:D31): Pi Kuan

- Location: Located upon the anterior surface of the thigh at thirteen pouces above the flexure of the popliteus, between the sartorius and the tensor fasciae latae.
- Needle: 6 fens deep.
- Cauterization: 3-7.

Point 32-ST (German:MA32, French:E32, Lavier:D32): Eu Tu (1)

- Location: Located upon the anterior surface of the thigh at seven pouce above the level of the flexure of the popliteus, between the rectus femoris and the vastus lateralis.
- Needle: 6 fens deep.
- Cauterization: 3-7.

Point 33-ST (German:MA33, French:E33, Lavier:D33): Yin Shih

- Location: Located upon the anterior surface of the thigh between the rectus femoris and the vastus lateralis, at three pouce above the upper edge of the patella.
- Needle: 4 fens deep.
- Cauterization: 3-5.

Point 34-ST (German:MA34, French:E34, Lavier:D34): Liang Ch'iu

- Location: Located upon the anterior surface of the thigh, at one pouce below 33-ST.
- Needle: 4 fens deep.
- Cauterization: 3-5.

Point 35-ST (German:MA35, French:E35, Lavier:D35): Tu Pi

- Location: Located outside the rotular tendon, above the plateau of the tibia.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 36-ST (German:MA36, French:E36, Lavier:D36): (Tsu) San Li

- Location: Located upon the anterior surface of the leg, between the tibialis anterior and the tibia, at three pouce below the patella.
- Needle: 5-8 fens deep. Cauterizations: 7-20. (Note:
- Cauterization:

may NOT be used on a child less than seven years old.)

Point 37-ST (German:MA37, French:E37, Lavier:D37): (Tsu) Shang Lien

- Location: Located three pouce below 36-ST, between the muscle and the tibia.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 38-ST (German:MA38, French:E38, Lavier:D38): T'iao K'ou

- Location: Located live pouce below 36-ST, between the muscle and the tibia.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 39-ST (German:MA39, French:E39, Lavier:D39): (Tsu) Hsia Lien

- Location: Located six pouce below 36-ST, between the muscle and the tibia.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 40-ST (German:MA40, French:E40, Lavier:D40): Feng Lung

- Location: Located upon the outer surface of the leg, behind the tibialis anterior; at the level of 38-ST.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 41-ST (German:MA41, French:E41, Lavier:D41): Chieh Ch'i

- Location: Located upon the instep in the centre of the malleolar flexure, between two tendons.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 42-ST (German:MA42, French:E42, Lavier:D42): Ch'ung Yang

- Location: Located upon the dorsal surface of the foot, at five pouce above 44-ST.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 43-ST (German:MA43, French:E43, Lavier:D43): Hsien Ku

- Location: Located upon the dorsal surface of the foot, at the angle of the juncture of the second and third metatarsals.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 44-ST (German:MA44, French:E44, Lavier:D44): Nci T'ing

- Location: Located upon the dorsal surface of the foot, posterior to articulation of the metatarsal phalange of the second toe, on the lateral side of the metatarsal.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 45-ST (German:MA45, French:E45, Lavier:D45): Li Tui

- Location: Located one fens posterior to the angle of the root of the nail of the second toe, on the side toward the third toe.
- Needle: 1 fens deep.
- Cauterization: 3.

Meridian of the Spleen: P'I CHING

The Meridian of the Spleen (SP)

Starting from the foot at the great toe, the trajectory remounts the length of the medial surface of the inferior member, along the length of the trunk on a line between the axilla and the nipple to terminate upon the thoracic cage.

The Meridian of the Spleen is bilateral and has twenty-one points.

Point 1-SP (German:MI1, French:RP1, Lavier:L1): Yin Pai

- Location: Located one fens posterior to the angle of the root of the nail of the great toe on the medial side. Needle: 1 fens deep. (Note: FORBIDDEN in the case of pregnancy). Cauterizations: FORBIDDEN.

Point 2-SP (German:MI2, French:RP2, Lavier:L2): (Tsu) Ta Tu

- Location: Located upon the medial side of the foot, anterior to the articulation of the metatarsal and phalange of the great toe.
- Needle: 3 fens deep.
- Cauterization: 3-5. (Note: FORBIDDEN in the case of pregnancy.)

Point 3-SP (German:MI3, French:RP3, Lavier:L3): T'ai Pai

- Location: Located upon the medial side of the foot posterior to the articulation of the metatarsal and the phalange of the great toe.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 4-SP (German:MI4, French:RP4, Lavier:L4): Kung Sun

- Location: Located one pouce posterior to 3-SP.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 5-SP (German:MI5, French:RP5, Lavier:L5): Shang Ch'iu

- Location: Located in front and above the medial malleolus between two tendons.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 6-SP (German:MI6, French:RP6, Lavier:L6): San Yin Chiao

- Location: Located four pouce above the medial malleolus, behind the tibia.
- Needle: 4 fens deep.
- Cauterization: 3-10.

Point 7-SP (German:MI7, French:RP7, Lavier:L7): Lou Ku

- Location: Located upon the medial surface of the leg behind the tibia at seven pouces above the medial malleolus.

- Needle: 4 fens deep.
- Cauterization: FORBIDDEN.

8. Ti Chi, Located upon the internal surface of the leg six pouce below the articular flexure of the knee,

and nine pouce above the medial malleolus.

- Needle: 4 fens deep.

- Cauterization: 3-7.

Point 9-SP (German:MI9, French:RP9, Lavier:L9): Yin Ling Ch'üan

- Location: Located upon the medial surface of the leg, in the crease below the head of the tibia.

- Needle: 5-8 fens deep.

- Cauterization: FORBIDDEN.

Point 10-SP (German:MI10, French:RP10, Lavier:L10): Hsüeh Hai

- Location: Located at the antero-medial surface of the thigh at three pouce above the articular flexure of the knee, posterior to the sartorius.

- Needle: 3-5 fens deep.

- Cauterization: 3-7.

Point 11-SP (German:MI11, French:RP11, Lavier:L11): Chi Men

- Location: Located upon the medial surface of the thigh, posterior to the sartorius at the start of the abductor brevis upon the femoral artery.

- Needle: 5 fens deep.

- Cauterization: 3.

Point 12-SP (German:MI12, French:RP12, Lavier:L12): Ch'ung Men

- Location: Located upon the crease of the groin, at four and one half pouce from the anterior median line.

- Needle: 7 fens deep.

- Cauterization: 5.

Point 13-SP (German:MI13, French:RP13, Lavier:L13): Fu She

- Location: Located upon the abdomen at one pouce above 12-SP.

- Needle: 7 fens deep.

- Cauterization: 5-10.

Point 14-SP (German:MI14, French:RP14, Lavier:L14): Fu Chieh

- Location: Located upon the abdomen at four pouce above 12-SP.

- Needle: 7 fens deep.

- Cauterization: 5-15.

Point 15-SP (German:MI15, French:RP15, Lavier:L15): Ta Hung

- Location: Located upon the abdomen, above 12-SP at the level of the umbilicus.

- Needle: 10 fens deep,

- Cauterization: 5-10.

Point 16-SP (German:MI16, French:RP16, Lavier:L16): Fu Ai

- Location: Located upon the abdomen three pouce above 15-SP.

- Needle: 7 fens deep.

- Cauterization: 5-10.

Point 17-SP (German:MI17, French:RP17, Lavier:L17): Shih Ton

- Location: Located upon the thorax, in the fifth intercostal space, six pouces from the median line.

- Needle: 3 fens deep.
- Cauterization: 5.

Point 18-SP (German:MI18, French:RP18, Lavier:L18): T'ien Ch'i

- Location: Located upon the thorax in the fourth intercostal space, above 17-SP.
- Needle: 3 fens deep.
- Cauterization: 5.
- Needle: 3 fens deep.
- Cauterization: 5.

Indentions; Pulmonary congestion, pain in the breast or the back, supersalivation, anorexia, pleuritis, intercostal neuralgia.

Point 20-SP (German:MI20, French:RP20, Lavier:L20): Chou Jung

- Location: Located upon the thorax in the second intercostal space, above 17-SP.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 21-SP (German:MI21, French:RP21, Lavier:L21): Ta Pao

- Location: Located upon the axillary line, in the sixth intercostal space.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Meridian: HSIN CHING

The Meridian of Hie Heart (HE)

The Meridian starts at the armpit, descends along the anterointernal surface of the arm to terminate at the end of the little finger.

The Meridian of the Heart is bilateral and has nine points.

Point 1-HE (German:HE1, French:C1, Lavier:C1): Chi ChHian

- Location: Located at the base of the axilla, between the muscles, upon the axillary artery.
- Needle: 5 fens deep.
- Cauterization: 5.

Point 2-HE (German:HE2, French:C2, Lavier:C2): Ch'ing Ling

- Location: Located upon the internal surface of the arm, within the biceps, three pouce above the flexure of the elbow.
- Needle: FORBIDDEN.
- Cauterization: 5.

Point 3-HE (German:HE3, French:C3, Lavier:C3): Shao Hai

- Location: Located upon the internal surface of the arm, within the biceps, at one-half pouce from the medial condyle of the humerus, at the internal extremity of the flexure of the elbow.
- Needle: 2-3 fens deep.
- Cauterization: 3-5.

Point 4-HE (German:HE4, French:C4, Lavier:C4): Ling Tao

- Location: Located upon the forearm upon the cubital artery, at one and one-half pouce from the flexure of the wrist.

- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 5-HE (German:HE5, French:C5, Lavier:C5): T'ung Li

- Location: Located upon the forearm on the cubital artery one pouce above the flexure of the wrist.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 6-HE (German:HE6, French:C6, Lavier:C6): Yin Ch'i

- Location: Located upon the forearm on the cubital artery at one-half pouce above the flexure of the wrist.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 7-HE (German:HE7, French:C7, Lavier:C7): Shen Men

- Location: Located upon the forearm, on the cubital artery at the flexure of the wrist.
- Needle: 3 fens deep.
- Cauterization: 5-7.

Point 8-HE (German:HE8, French:C8, Lavier:C8): Shao Fu

- Location: Located upon the palmar surface of the hand, between the fourth and fifth metacarpals, upon the "line of the heart".
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 9-HE (German:HE9, French:C9, Lavier:C9): Shao Ch'ung

- Location: Located upon the little finger, one fens behind the angle of the root of the nail, on the side, toward the third finger.
- Needle: 1 fens deep.
- Cauterization: 3-5,

Meridian: HSIAO CH'ANG CHING

The Meridian of the Small Intestine (SI)

This Meridian commences at the little finger to mount the length of the arm upon the posterio-internal surface, passing behind the shoulder, over the scapula to the neck, to the face, to terminale in front of the ear.

The Meridian of the Small Intestine is bilateral and has nineteen points.

Point 1-SI (German:DU1, French:IG1, Lavier:A1): Shao Chih

- Location: Located upon the little finger, one fens behind the angle of the root of the nail, on the outer side.
- Needle: 1 fens deep.
- Cauterization: 3-5.

Point 2-SI (German:DU2, French:IG2, Lavier:A2): Ch'ien Ku

- Location: Located upon the cubital edge of the hand, before the metacarpal-phalangeal articulation of the little finger.

- Needle: 1 fens deep.
- Cauterization: 3.

Point 3-SI (German:DU3, French:IG3, Lavier:A3): Hon Ch'i

- Location: Located upon the cubital edge of the hand behind the metacarpal-phalangeal articulation of the little finger.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 4-SI (German:DU4, French:IG4, Lavier:A4): Wan Ku (1)

- Location: Located upon the cubital edge of the hand, between the pyramid and head of the fifth metacarpus.
- Needle: 3 fens deep.
- Cauterization: 3-7,

Point 5-SI (German:DU5, French:IG5, Lavier:A5): Yang Ku

- Location: Located upon the dorsal extremity of the flexure of the wrist below the cubital styloid.
- Needle: 2 fens deep.
- Cauterization: 3-5.

Point 6-SI (German:DU6, French:IG6, Lavier:A6): Yang Lao

- Location: Located upon the posterior surface of the forearm, one pouce above the cubital styloid, between the bone and a tendon.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 7-SI (German:DU7, French:IG7, Lavier:A7): Chih Cheng

- Location: Located upon the posterio-internal surface of the forearm, between muscle and cubital bone at five pouce above the dorsal flexure of the wrist.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 8-SI (German:DU8, French:IG8, Lavier:A8): Hsiao Hai

- Location: Located upon the posterio-internal surface of the elbow, in the hollow of the cubital nerve at one-half pouce below the level of the tip of the elbow.
- Needle: 2 fens deep.
- Cauterization: 5.

Point 9-SI (German:DU9, French:IG9, Lavier:A9): Chien Chen

- Location: Located upon the posterior surface of the shoulder, at the height of the posterior flexure of the axilla.
- Needle: 5-7 fens deep.
- Cauterization: FORBIDDEN.

Point 10-SI (German:DU10, French:IG10, Lavier:A10): Nao Yü

- Location: Located below the acromion, between this and the scapulo-humeral articulation, in the prolongation of the posterior flexure of the axilla.
- Needle: 5-7 fens deep.
- Cauterization: 3-7.

Point 11-SI (German:DU11, French:IG11, Lavier:A11): Tie n Tsung

- Location: Located below the thickest part of the spine of the scapula.
- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 12-SI (German:DU12, French:IG12, Lavier:A12): Ping Feng

- Location: Located above the scapula, above 11-SI in the crease formed when the arm is raised.
- Needle: 5 fens deep,
- Cauterization: 7.

Point 13-SI (German:DU13, French:IG13, Lavier:A13): Ch'ii Yian

- Location: Located just above the spine of the scapula.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 14-SI (German:DU14, French:IG14, Lavier:A14): Chien Wai Yii

- Location: Located upon the back, at three and one-half pouce from the median line at the height of the spinous process of the first thoracic vertebra.
- Needle: 6 fens deep.
- Cauterization: 3-10.

Point 15-SI (German:DU15, French:IG15, Lavier:A15): Chien Chung Yii

- Location: Located upon the back, at two and one-half pouce from the median line, at the height of the spinous process of the seventh cervical vertebra.
- Needle: 3-6 fens deep.
- Cauterization: 5-10.

Point 16-SI (German:DU16, French:IG16, Lavier:A16): Tien Ch'uang

- Location: Located upon the lateral surface of the neck in the hollow below and behind 18-CO.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 17-SI (German:DU17, French:IG17, Lavier:A17): Tien Yung

- Location: Located upon the posterior edge of the ramus of the mandible, in a notch in the bone a little above the gonion.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 18-SI (German:DU18, French:IG18, Lavier:A18): Ch'ian Liao

- Location: Located upon the face, in the angle formed by the anterior surface of the ramus of the mandible and the inferior edge of the malleus.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 19-SI (German:DU19, French:IG19, Lavier:A19): Ting Kung

- Location: Located before the ear, in front of the tragus, upon the superficial temporal artery.
- Needle: 2-3 fens deep.
- Cauterization: 3-5.

Meridian: P'ANG KUANG CHING

The Meridian of the Bladder (BL)

This is the longest of the Meridians. Starting upon the face, the trajectory contours the head, passes to the neck, from where it descends the length of the back along the vertebral column to the coccyx; at this point remounts the back to the scapula to redescend again along a line parallel to the first trajectory, where it passes down the posterior surface of the leg as far as the external malleolus, then follows the external edge of the foot to terminate at the fifth toe.

The Meridian of the Bladder is bilateral and has sixty-seven points.

Point 1-BL (German:BL1, French:V1, Lavier:U1): Ching Ming

- Location: Located in the centre of the crease within the medial canthus of the eye.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 2-BL (German:BL2, French:V2, Lavier:U2): Ts'uan Chu

- Location: Located upon the medial extremity of the eyebrow, at one pouce from the median line.
- Needle: 2 fens deep.
- Cauterization: FORBIDDEN.

Point 3-BL (German:BL3, French:V3, Lavier:U3): Mei Ch'ung

- Location: Located upon the forehead al one and one-half pouce from the median line, at one and one-half pouce above 2-BL.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 4-BL (German:BL4, French:V4, Lavier:U4): Ch'ii Tz'ü

- Location: Located upon the cranium at one and one-half pouce from the median line and three pouce above 2-BL.
- Needle: 2 fens deep.
- Cauterization: 3-5.

Point 5-BL (German:BL5, French:V5, Lavier:U5): Wu Ch'u

- Location: Located upon the cranium, al one and one-half pouce from the median line, at three and one-half pouce above 2-BL.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 6-BL (German:BL6, French:V6, Lavier:U6): Ch'en Kuang

- Location: Located upon the cranium, at one and one-half pouce from the median line, at four pouce above 2-BL.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 7-BL (German:BL7, French:V7, Lavier:U7): Tung 'Tien

- Location: Located upon the cranium at one and one-half pouce from the median line, at five and one-half pouce above 2-BL.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 8-BL (German:BL8, French:V8, Lavier:U8): Lê Ch'üeh

- Location: Located upon the cranium at one and one-half pouce from the median line, at seven pouce above 2-BL.

- Needle: 3 fens deep.

- Cauterization: 3-5.

Point 9-BL (German:BL9, French:V9, Lavier:U9): Yü Chen

- Location: Located upon the cranium at one and one-half pouce from the median line, at eight pouce above 2-BL.

- Needle: 3 fens deep.

- Cauterization: 3-5.

Point 10-BL (German:BL10, French:V10, Lavier:U10): T ien Chu

- Location: Located upon the posterior surface of the neck, at seven fens from the median line and three pouce above the intervertebral depression between the seventh cervical and first thoracic vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 3.

Point 11-BL (German:BL11, French:V11, Lavier:U11): Ta Chu

- Location: Located upon the back, at two pouce from the median line at the height of the intervertebral depression between the first and second thoracic vertebrae.

- Needle: 3 fens deep.

- Cauterization: 7.

Point 12-BL (German:BL12, French:V12, Lavier:U12): Feng Men

- Location: Located upon the back, below U-BL at the height of the intervertebral depression between the second and third thoracic vertebrae.

- Needle: 5 fens deep.

- Cauterization: 5-10.

Point 13-BL (German:BL13, French:V13, Lavier:U13): Fei Yü

- Location: Located upon the back, at two pouce from the median line at the height of the intervertebral depression between the third and fourth thoracic vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 7-2Ü.

Point 14-BL (German:BL14, French:V14, Lavier:U14): Chiieh Yin Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the fourth and fifth vertebrae.

- Needle: 3 fens deep.

- Cauterization: 7.

Point 15-BL (German:BL15, French:V15, Lavier:U15): Hsin Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the fifth and sixth thoracic vertebrae.

- Needle: 3 fens deep.

- Cauterization: 3.

Point 16-BL (German:BL16, French:V16, Lavier:U16): Tu Yii

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the sixth and seventh thoracic vertebrae.

- Needle: FORB1DDHN.

- Cauterization: 3.

indications: Endo- and pericarditis, flatulence, colic,

Point 17-BL (German:BL17, French:V17, Lavier:U17): Ko Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the seventh and eighth thoracic vertebrae.

- Needle: 4 fens deep.

- Cauterization: 7-20.

Point 18-BL (German:BL18, French:V18, Lavier:U18): Kan Yii

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the ninth and tenth thoracic vertebrae.

- Needle: 3 fens deep.

- Cauterization: 7-20.

Point 19-BL (German:BL19, French:V19, Lavier:U19): Tan Yii

- Location: Located upon the back, a! two pouce from the median line, at the height of the intervertebral depression between the tenth and eleventh thoracic vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 3-15.

Point 20-BL (German:BL20, French:V20, Lavier:U20): P'i Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the eleventh and twelfth thoracic vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 7-20.

Point 21-BL (German:BL21, French:V21, Lavier:U21): Wei Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the twelfth thoracic and the first lumbar vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 7-21.

Point 22-BL (German:BL22, French:V22, Lavier:U22): San Chiao Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the first and second lumbar vertebrae.

- Needle: 3-5 fens deep.

- Cauterization: 7-20.

Point 23-BL (German:BL23, French:V23, Lavier:U23): Shen Yü

- Location: Located upon the back, at two pouces from the median line, at the height of the intervertebral depression between the second and third lumbar vertebrae.

- Needle: 5-8 fens deep.

- Cauterization: 3-15.

Point 24-BL (German:BL24, French:V24, Lavier:U24): Ch'i Hai Yü

- Location: Located upon the back, at two pouce from the median line, at the height of the intervertebral depression between the third and fourth lumbar vertebrae.

- Needle: 5 fens deep.

- Cauterization: 3-5.

Point 25-BL (German:BL25, French:V25, Lavier:U25): Ta Ch'ang Yii

- Location: Located upon the back, al two pouce from the median line, at the height of the intervertebral depression between the fourth and fifth lumbar vertebrae.

- Needle: 8-10 fens deep.

- Cauterization: 7-20.

Point 26-BL (German:BL26, French:V26, Lavier:U26): Kuan Yuan Yii

- Location: Located upon the back, at two nonce from the median fine, at the height of the intervertebral depression between the fifth lumbar and the first sacral vertebrae.

- Needle: 10 fens deep.

- Cauterization: 3.

Point 27-BL (German:BL27, French:V27, Lavier:U27): Hsiao Ch'ang Yii

- Location: Located upon the edge of the sacrum, at two pouce from the median line, at the height of the first sacral foramen.

- Needle: 8-10 fens deep.

- Cauterization: 7-20.

Point 28-BL (German:BL28, French:V28, Lavier:U28): P'ang Kuang Yii

- Location: Located upon the sacral region, at two pouce from the median line, at the height of the second sacral foramen.

- Needle: 8-10 fens deep.

- Cauterization: 7-15.

Point 29-BL (German:BL29, French:V29, Lavier:U29): Chung T'un Yii

- Location: Located upon the sacral region, at two pouce from the median line, at the height of the third sacral foramen.

- Needle: 5 fens deep.

- Cauterization: 7-15.

Point 30-BL (German:BL30, French:V30, Lavier:U30): Pai Huan Yü

- Location: Located upon the sacral region, at two pouce from the median line, at the height of the fourth sacral foramen.

- Needle: 3-5 fens deep.

- Cauterization: FORBIDDEN.

Point 31-BL (German:BL31, French:V31, Lavier:U31): Shang Liao

- Location: Located in the first sacral foramen.

- Needle: 8-10 fens deep.

- Cauterization: 7-15.

Point 32-BL (German:BL32, French:V32, Lavier:U32): Tz'ü Liao

- Location: Located in the second sacral foramen.
- Needle: 8-10 fens deep.
- Cauterization: 7-15.

Point 33-BL (German:BL33, French:V33, Lavier:U33): Chung Liao

- Location: Located in the third sacral foramen.
- Needle: 8-10 fens deep.
- Cauterization: 7-15.

Point 34-BL (German:BL34, French:V34, Lavier:U34): Hsia Liao

- Location: Located in the fourth sacral foramen.
- Needle: 6-8 fens deep.
- Cauterization: 7-15.

Point 35-BL (German:BL35, French:V35, Lavier:U35): Hui Yang

- Location: Located in the gluteal furrow, upon the external edge of the coccyx, at the height of the sacro-coccygeal articulation.
- Needle: 4 fens deep.
- Cauterization: 5.

Point 36-BL (German:BL36, French:V36, Lavier:U36): Fu Fen

- Location: Located upon the back, at four pouces from the median line, at the height of the intervertebral depression between the second and third thoracic vertebrae.
- Needle: 4 fens deep.
- Cauterization: 7.

Point 37-BL (German:BL37, French:V37, Lavier:U37): P'ei Hu

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the third and fourth thoracic vertebrae.
- Needle: 5 fens deep.
- Cauterization: 7-15.

Point 38-BL (German:BL38, French:V38, Lavier:U38): Kao Huang

- Location: Located upon the back, at four pouce from the median line, at the height of 14-BL, within the internal edge of the scapula.
- Needle: 3 fens deep.
- Cauterization: 7-50.

Point 39-BL (German:BL39, French:V39, Lavier:U39): Shen T'ang

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the fifth and sixth thoracic vertebrae.
- Needle: 3 fens deep.
- Cauterization: 5,

Point 40-BL (German:BL40, French:V40, Lavier:U40): I Hsi

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the sixth and seventh thoracic vertebrae.
- Needle: 3 fens deep.
- Cauterization: 5-15.

Point 41-BL (German:BL41, French:V41, Lavier:U41): Ko Kuan

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the seventh and eighth thoracic vertebrae.
- Needle: 5 fens deep.
- Cauterization: 3-15.

Point 42-BL (German:BL42, French:V42, Lavier:U42): Hun Men

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the ninth and tenth thoracic vertebrae.
- Needle: 5 fens deep.
- Cauterization: 3-15.

Point 43-BL (German:BL43, French:V43, Lavier:U43): Yang Kang

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the tenth and eleventh thoracic vertebrae.
- Needle: 5-7 fens deep.
- Cauterization: 5.

Point 44-BL (German:BL44, French:V44, Lavier:U44): 1 She

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the eleventh and twelfth thoracic vertebrae.
- Needle: 5-7 fens deep.
- Cauterization: 5-15.

Point 45-BL (German:BL45, French:V45, Lavier:U45): Wei Ts'ang

- Location: Located upon the back, at four pouce from the median line, at the height of the intervertebral depression between the twelfth thoracic and the first lumbar vertebrae.
- Needle: 5-7 fens deep.
- Cauterization: 5-10.

Point 46-BL (German:BL46, French:V46, Lavier:U46): Huang Men

- Location: Located upon the lumbar area, at four pouce from the median line, at the height of the intervertebral depression between the first and second lumbar vertebrae.
- Needle: 5-7 fens deep.
- Cauterization: 7-15.

indications: Spasm of the stomach, chronic constipation. This point is specially recommended for all chronic affections of the internal organs.

Point 47-BL (German:BL47, French:V47, Lavier:U47): Chili Shih

- Location: Located upon the lumbar area, at four pouce from the median line, at the height of the intervertebral depression between the second and third lumbar vertebrae.
- Needle: 7-9 fens deep.
- Cauterization: 7-15.

Point 48-BL (German:BL48, French:V48, Lavier:U48): Pao Huang

- Location: Located upon the sacral region, at four pouce from the median line, at the height of the second sacral foramen.
- Needle: 5-7 fens deep.
- Cauterization: 5-10.

Point 49-BL (German:BL49, French:V49, Lavier:U49): Chih Pien

- Location: Located upon the sacral region, at four pouce from the median line, al the height of (he fourth sacral foramen.
- Needle: 5 fens deep.
- Cauterization: 7.

Point 50-BL (German:BL50, French:V50, Lavier:U50): Ch'eng Fu

- Location: Located below the gluteal fold upon the posterior surface of the thigh, between the femoral biceps and the semitendinosus muscles.
- Needle: 8 fens deep.
- Cauterization: FORBIDDEN.

Point 51-BL (German:BL51, French:V51, Lavier:U51): Yin Men

- Location: Located upon the posterior surface of the thigh, upon the median line of the member, between two muscles, at seven pouce above the popliteal flexure.
- Needle: 7 fens deep.
- Cauterization: FORBIDDEN.

Point 52-BL (German:BL52, French:V52, Lavier:U52): Fou Ch'i

- Location: Located upon the posterior surface of the thigh, at one pouce above the popliteal flexure, within the tendon of the longum of the femoral biceps.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 53-BL (German:BL53, French:V53, Lavier:U53): Wei Yang

- Location: Located in the popliteal fold, upon the crease of the flexure, at two pouce external to the median line of the member.
- Needle: 7 fens deep.
- Cauterization: 3-5.

Point 54-BL (German:BL54, French:V54, Lavier:U54): Wei Chung

- Location: Located in the middle of the popliteal area upon the crease of the fold.
- Needle: 5 fens deep.
- Cauterization: FORBIDDEN.

Point 55-BL (German:BL55, French:V55, Lavier:U55): Ho Yang

- Location: Located upon the posterior surface of the leg, at two and a half pouce below the popliteal crease, between the gastrocnemius muscles.
- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 56-BL (German:BL56, French:V56, Lavier:U56): Ch'eng Chin

- Location: Located upon the posterior surface of the leg, at four pouce below the popliteal crease, between the gastrocnemius muscles.
- Needle: FORBTDDEN.
- Cauterization: 3-7.

Point 57-BL (German:BL57, French:V57, Lavier:U57): Ch'eng Shan

- Location: Located upon the posterior surface of the leg, between the gastrocnemius muscles, where

the tendon emerges, at seven pouce below the popliteal crease.

- Needle: 7 fens deep.
- Cauterization: 5-15.

Point 58-BL (German:BL58, French:V58, Lavier:U58): Fei Yang

- Location: Located upon the posterio-external surface of the leg, between the peroneus longus and the soleus, at eight pouce above the centre of the external malleus.

- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 59-BL (German:BL59, French:V59, Lavier:U59): Fu Yang

- Location: Located upon the posterio-external surface of the leg, behind the peroneus, at three pouce above the centre of the external malleus.

- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 60-BL (German:BL60, French:V60, Lavier:U60): Kun Lun

- Location: Located upon the external surface of the ankle, between the external malleus and the Achilles tendon, above the superior edge of the calcaneum, upon the peroneal artery.

- Needle: 3-5 fens deep.
- Cauterization: 3-7.

Point 61-BL (German:BL61, French:V61, Lavier:U61): Pu Ts'an

- Location: Located upon the foot, at the centre of the external surface of the calcaneum, below 60-BL.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 62-BL (German:BL62, French:V62, Lavier:U62): Shen Mei

- Location: Located upon the foot, at one-half pouce below the point of the external malleus, between the two tendons. m

- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 63-BL (German:BL63, French:V63, Lavier:U63): Chin Men

- Location: Located upon the foot, at one pouce in front of the external malleus.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 64-BL (German:BL64, French:V64, Lavier:U64): Ching Ku

- Location: Located upon the external edge of the foot, behind the tubercle of the fifth metatarsal.
- Needle: 3-5 fens deep.
- Cauterization: 3-7.

Point 65-BL (German:BL65, French:V65, Lavier:U65): Shu Ku

- Location: Located upon the external edge of the foot, behind the metatarso-phalangeal articulation of the fifth toe.

- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 66-BL (German:BL66, French:V66, Lavier:U66): (Yang) T'ung Ku

- Location: Located upon the external edge of the foot, in front of the metatarso-phalangeal articulation of the fifth toe.
- Needle: 2 fens deep.
- Cauterization: 3-5.

Point 67-BL (German:BL67, French:V67, Lavier:U67): Chih Yin

- Location: Located one fens behind the angle of the root of the nail of the fifth toe, upon the external side-
- Needle: 2 fens deep.
- Cauterization: 3.

Meridian: SHEN CHING

The Meridian of the Kidneys (KI)

The Meridian commences on the plantar surface of the foot; its trajectory remounts the length first of the leg then the thigh upon their internal surface, passes to the anterior surface of the trunk to mount vertically between the Meridian of the Stomach and the median line and to terminate below the clavicle.

The Meridian of the Kidney is bilateral and has twenty-seven points.

Point 1-KI (German:NI1, French:R1, Lavier:S1): Yung Ch'uan

- Location: Located upon the sole of the foot within the crease formed when the toes are flexed.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 2-KI (German:NI2, French:R2, Lavier:S2): Jan Ku

- Location: Located upon the internal side of the foot, one and one-half pouce before the internal malleus, below the navicular eminence.
- Needle: 5 fens deep.
- Cauterization: 3-5.

Point 3-KI (German:NI3, French:R3, Lavier:S3): T'ai Ch'i

- Location: Located upon the internal side of the foot, at one-half pouce behind the internal malleus, above the superior edge of the calcaneum upon the tibial posterior artery.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 4-KI (German:NI4, French:R4, Lavier:S4): Ta Chung

- Location: Located upon the internal side of the foot, at one-half pouce below 3-KI, between the tendons.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 5-KI (German:NI5, French:R5, Lavier:S5): Shui Ch'iian

- Location: Located upon the internal side of the foot, at one pouce below 3-KI.
- Needle: 4 fens deep.
- Cauterization: 5.

Point 6-KI (German:NI6, French:R6, Lavier:S6): Chao fiai

- Location: Located upon the internal side of the leg, at four fens below the internal malleus, between two tendons, and above the bony prominence.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 7-KI (German:NI7, French:R7, Lavier:S7): Fu Liu

- Location: Located upon the internal surface of the leg, at three pouce above the internal malleus and behind the flexor digitorum longus, on the posterior tibial artery.
- Needle: 4 fens deep.
- Cauterization: 3-7.
- Indications: Myelitis, peritonitis, blennorrhagia, orchitis, flatulence, oedema, paralysis of the inferior member, night sweats, pains in the lumbar region, toothache, hemorrhagic haemorrhoids.

Point 8-KI (German:NI8, French:R8, Lavier:S8): Chiao Hsin

- Location: Located upon the internal surface of the leg, at three pouces above the internal malleus, between the tibia and the flexor digitorum longus and in front of 7-KI.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 9-KI (German:NI9, French:R9, Lavier:S9): Chu Pin

- Location: Located upon the internal surface of the leg, at six pouce above the internal malleus, inside of the tendon of the gastrocnemius muscle.
- Needle: 5 fens deep.
- Cauterization: 3-7.
- IÜ. Yin Ku. Located upon the internal surface of the leg, just below the tendon which lies at the internal extremity of the popliteal crease.
- Needle: 4 fens deep.
- Cauterization: 3.

Point 11-KI (German:NI11, French:R11, Lavier:S11): Hung Ku

- Location: Located above the superior edge of the pubis, at one and one-half pouce from the median line of the abdomen.
- Needle: FORBIDDEN.
- Cauterization: 5-15.

Point 12-KI (German:NI12, French:R12, Lavier:S12): Ta Ho

- Location: Located upon die abdomen, at one pouce above 11-KI.
- Needle: 5-10 fens deep.
- Cauterization: 5-10.

Point 13-KI (German:NI13, French:R13, Lavier:S13): Ch'i Hsiieh

- Location: Located upon the abdomen, at two pouce above 11-KI.
- Needle: 5-10 fens deep.
- Cauterization: 5-10.

Point 14-KI (German:NI14, French:R14, Lavier:S14): Ssü Man

- Location: Located upon the abdomen, at three pouce above 11-KI.
- Needle: 7-10 fens deep.

- Cauterization: 5-30.

Point 15-KI (German:NI15, French:R15, Lavier:S15): Chung Chu

- Location: Located upon the abdomen, at four pouce above 11-KI.

- Needle: 7-10 fens deep.

- Cauterization: 5-15.

Point 16-KI (German:NI16, French:R16, Lavier:S16): Huang Yii

- Location: Located upon the abdomen at the height of the umbilicus at five pouce above 11-KI.

- Needle: 10 fens deep.

- Cauterization: 7.

Point 17-KI (German:NI17, French:R17, Lavier:S17): Shang Ch'ü

- Location: Located upon the abdomen, at two pouce above 16-KL

- Needle: 10 fens deep.

- Cauterization: 7.

Point 18-KI (German:NI18, French:R18, Lavier:S18): Shih Kuan

- Location: Located upon the abdomen, at three pouce above 16-KI.

- Needle: 7-10 fens deep.

- Cauterization: 7.

Point 19-KI (German:NI19, French:R19, Lavier:S19): Yin Tu

- Location: Located upon the abdomen, at four pouce above 16-KL

- Needle: 7-10 fens deep.

- Cauterization: 7-10.

Point 20-KI (German:NI20, French:R20, Lavier:S20): Yin Tung Ku

- Location: Located upon the abdomen, at five pouce above 16-KI.

- Needle: 5 fens deep.

- Cauterization: 7-10.

Point 21-KI (German:NI21, French:R21, Lavier:S21): Yu Men

- Location: Located upon the abdomen, at six pouce above 16-KI.

- Needle: 5 fens deep.

- Cauterization: 7-10.

Point 22-KI (German:NI22, French:R22, Lavier:S22): Pu Lang

- Location: Located upon the thorax, in the fifth intercostal space, at two pouce from the median line.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 23-KI (German:NI23, French:R23, Lavier:S23): Shen Feng

- Location: Located upon the thorax, in the fourth intercostal space, at two pouce from the median line.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 24-KI (German:NI24, French:R24, Lavier:S24): Ling Ch'ii

- Location: Located upon the thorax, in the third intercostal space, at two pouces from the median line.

- Needle: 3 fens deep.
- Cauterization: 5.

Point 25-KI (German:NI25, French:R25, Lavier:S25): Shen Ts'ang

- Location: Located upon the thorax, in the second intercostal space, at two pouce from the median line.

- Needle: 3 fens deep.
- Cauterization: 5.

Point 26-KI (German:NI26, French:R26, Lavier:S26): Huo Chung

- Location: Located upon the thorax, in the first intercostal space, at two pouce from the median line.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 27-KI (German:NI27, French:R27, Lavier:S27): Yii Fu

- Location: Located upon the thorax, below the clavicle, at two pouce from the median line.
- Needle: 3 fens deep.
- Cauterization: 5.

Meridian: IISIN PAO L E CHING

The Meridian of the Heart-Constrictor (HC)

The Meridian commences upon the thoracic cage lateral to the nipple; the trajectory descends the length of the superior member between the Meridian of the Lungs and that of the Heart to terminate at the second finger.

The Meridian of the Heart-Constrictor is bilateral and has nine points.

Point 1-HC (German:PE1, French:CC1, Lavier:V1): Tien Ch'ili

- Location: Located upon the thorax, in the fourth intercostal space, at one pouce lateral from the nipple.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 2-HC (German:PE2, French:CC2, Lavier:V2): Tie n Ch'iian

- Location: Located upon the internal surface of the arm, within the biceps, at seven pouce above the flexure of the elbow.
- Needle: 5 fens deep.
- Cauterization: 3.

Point 3-HC (German:PE3, French:CC3, Lavier:V3): Chii Chih

- Location: Located in the crease formed by the flexure of the arm, inside the tendon of the biceps.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 4-HC (German:PE4, French:CC4, Lavier:V4): Ch'i Men

- Location: Located upon the anterior surface of the forearm between the ulna and radius, at five pouce above the flexure of the wrist.
- Needle: 4 fens deep.
- Cauterization: 5.

Point 5-HC (German:PE5, French:CC5, Lavier:V5): Chien Shih

- Location: Located upon the anterior surface of the forearm, between ulna and radius at three pouce above the flexure of the wrist.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 6-HC (German:PE6, French:CC6, Lavier:V6): Nei Kuan

- Location: Located upon the anterior surface of the forearm, between ulna and radius, at two pouce above the flexure of the wrist.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 7-HC (German:PE7, French:CC7, Lavier:V7): Ta Ling

- Location: Located in the middle of the crease caused by the flexure of the wrist, between the two tendons.

- Needle: 3 fens deep.

- Cauterization: 5-7.

Point 8-HC (German:PE8, French:CC8, Lavier:V8): Lao Kung

- Location: Located in the palm of the hand upon the "line of the head", at the middle of the third metacarpal.

- Needle: 2-3 fens deep.

- Cauterization: 3.

Point 9-HC (German:PE9, French:CC9, Lavier:V9): Chung Heng

- Location: Located one fens behind the angle of the root of the nail of the second finger, on the side adjacent to the index finger.

- Needle: Ife n deep.

- Cauterization: 3.

Meridian: SAN CHIAO CHING

The Meridian of the Tri-Heaters (TH)

Commencing at the tip of the third finger, the trajectory of the Meridian remounts the length of the superior member, between the Meridian of the Large Intestine and the Small Intestine, then passes to the posterior surface of the shoulder, then to the neck where it contours the ear to gain the temple to terminate at the lateral edge of the eyebrow.

The Meridian of the Tri-Heaters is bilateral and has twenty-three points.

L Kuan Ch'ung. Located upon the third finger, at one fens behind the angle formed by the root of the nail, on the side adjacent to the little finger.

- Needle: Ife n deep.

- Cauterization: 3.

Point 2-TH (German:3H2, French:TR2, Lavier:P2): Yeh Men

- Location: Located upon the dorsal surface of the hand, between the fourth and fifth metacarpal, at the height of the creases formed by the metacarpophalangeal articulation.

- Needle: 1 fens deep.

- Cauterization: 3.

Point 3-TH (German:3H3, French:TR3, Lavier:P3): Chung Chu

- Location: Located upon the dorsal surface of the hand, behind and between the heads of the fourth and fifth metacarpals.

- Needle: 3 fens deep.

- Cauterization: 3-5.

Point 4-TH (German:3H4, French:TR4, Lavier:P4): Yang Ch'ih

- Location: Located at the centre of the dorsal surface of the wrist. 104 105

- Needle: 3 fens deep.

- Cauterization: FORBIDDEN.

Point 5-TH (German:3H5, French:TR5, Lavier:P5): Wai Kuan

- Location: Located upon the posterior surface of the forearm, between radius and cubitus, at two pouce above the dorsal crease caused by the flexure of the wrist.

- Needle: 5 fens deep.

- Cauterization: 3-7.

Point 6-TH (German:3H6, French:TR6, Lavier:P6): Chili Kou

- Location: Located upon the posterior surface of the forearm, between radius and cubitus, al three pouce above the dorsal flexure of the wrist.

- Needle: 5 fens deep.

- Cauterization: 5.

Point 7-TH (German:3H7, French:TR7, Lavier:P7): Hui Tsung

- Location: Located upon the posterior surface of the forearm, between radius and cubitus, close to the cubitus, at three pouce above the dorsal flexure of the wrist adjacent to 6-TH.

- Needle: 3 fens deep.

- Cauterization: 5-7.

Point 8-TH (German:3H8, French:TR8, Lavier:P8): San Yang Lê

- Location: Located upon the posterior surface of the forearm, between radius and cubitus, at four pouce above the dorsal flexure of the wrist.

- Needle: FORBIDDEN.

- Cauterization: 7.

Point 9-TH (German:3H9, French:TR9, Lavier:P9): Ssü Tu

- Location: Located upon the posterior surface of the forearm, between radius and cubitus, at seven pouce above the dorsal flexure of the wrist.

- Needle: 6 fens deep.

- Cauterization: 3-7.

Point 10-TH (German:3H10, French:TR10, Lavier:P10): T'ien Ching

- Location: Located upon the posterior surface of the arm, at one pouce above the point of the elbow, outside of the tendon of the triceps.

- Needle: 3-5 fens deep.

- Cauterization: 3-5.

Point 11-TH (German:3H11, French:TR11, Lavier:P11): Ch'ing Léng Yuan

- Location: Located upon the posterior surface of the arm, at one pouce above 10-TH.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 12-TH (German:3H12, French:TR12, Lavier:P12): Hsiao Lé

- Location: Located in the centre of the posterior surface of the arm, at five pouce above the point of the elbow and four pouce below the posterior extremity of the crease of the axilla.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 13-TH (German:3H13, French:TR13, Lavier:P13): Nao Hui

- Location: Located upon the dorsal surface of the shoulder, at three pouce below the acromion eminence, on the humerus.
- Needle: 5-7 fens deep.
- Cauterization: 5-15.

Point 14-TH (German:3H14, French:TR14, Lavier:P14): Chien Liao

- Location: Located upon the dorsal surface of the shoulder, at the bottom of the crease formed below the acromion when the arm is lifted.
- Needle: 7 fens deep.
- Cauterization: 5-7.

Point 15-TH (German:3H15, French:TR15, Lavier:P15): Tien Liao

- Location: Located upon the posterior surface of the shoulder, at one pouce behind 21-GB upon a vertical line passing through 13-SI.
- Needle: 3-8 fens deep.
- Cauterization: 5-7.

Point 16-TH (German:3H16, French:TR16, Lavier:P16): Tien Yu

- Location: Located upon the head, behind the point of the mastoid, behind the sterno-cleido-mastoid muscle.
- Needle: 3-5 fens deep.
- Cauterization: FORBIDDEN.

Point 17-TH (German:3H17, French:TR17, Lavier:P17): 1 Fêng

- Location: Located upon the head, behind the lobe of the ear, and in front of the point of the mastoid.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 18-TH (German:3H18, French:TR18, Lavier:P18): Chi Mei

- Location: Located upon the head, behind the pinna of the ear, at one pouce above 17-TH, at the hairline.
- Needle: 1 fens deep.
- Cauterization: FORBIDDEN.

Point 19-TH (German:3H19, French:TR19, Lavier:P19): Lu Hsi

- Location: Located behind the pinna of the ear, at two pouce above 17-TH, at the hairline.
- Needle: FORBIDDEN.
- Cauterization: 3-7.

Point 20-TH (German:3H20, French:TR20, Lavier:P20): Chiao Sun

- Location: Located upon the side of the cranium, at the highest point of the curve of the hairline which contours the ear.

- Needle: FORBIDDEN.

- Cauterization: 3-7.

Point 21-TH (German:3H21, French:TR21, Lavier:P21): Erh Men

- Location: Located before the ear at the apex of the angle formed by the tragus and helix.

- Needle: 3 fens deep.

- Cauterization: 3-7.

Point 22-TH (German:3H22, French:TR22, Lavier:P22): Ho Liao

- Location: Located in front of the ear, before the helix, between 21-TH and 7-GB at the insertion of the helix.

- Needle: 3-7 fens deep.

- Cauterization: 3-5.

Point 23-TH (German:3H23, French:TR23, Lavier:P23): Ssü Chu K'ung

- Location: Located at the lateral extremity of the eyebrow.

- Needle: 3 fens deep.

- Cauterization: FORBIDDEN.

Meridian: TAN CHING

The Meridian of the Gall-bladder (GB)

This Meridian commences upon the face, where the trajectory contours the cranium to the mastoid, returns to the front again, then over the cranium to the back of the neck, the shoulder, in the hollow of the axilla, then along the lateral surface of the thorax to the area of the articulation of the hip, and descends the length of the external surface of the inferior member, to terminate at the fourth toe.

The Meridian of the Gall-bladder is bilateral and has forty-four points.

Point 1-GB (German:GB1, French:B1, Lavier:B1): T'ung Tsü Liao

- Location: Located at one-half pouce behind the external angle of the eye.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 2-GB (German:GB2, French:B2, Lavier:B2): T'ing Hui

- Location: Located in front of the lobe of the ear, behind the condyle of the mandible.

- Needle: 5 fens deep.

- Cauterization: 5.

Point 3-GB (German:GB3, French:B3, Lavier:B3): Ko Chu Jen

- Location: Located upon the face, at mid-distance between the ear and the external edge of the orbit, above the zygomatic arch.

- Needle: FORBIDDEN.

- Cauterization: 3-5.

Point 4-GB (German:GB4, French:B4, Lavier:B4): Han Yen

- Location: Located upon the temple, upon a horizontal line passing through 14-GB, 8-GB, 9-GB, at mid-distance between 23-TH and 22-TH.
- Needle: 2 fens deep.
- Cauterization: 3.

Point 5-GB (German:GB5, French:B5, Lavier:B5): Hsian Lu

- Location: Located upon the temple, at one pouce below 4- GB, upon a horizontal line passing through 23-TH. Needle: 3 fens deep. (Note: It is FORBIDDEN to pique deeper.) Cauterizations: 3.

Point 6-GB (German:GB6, French:B6, Lavier:B6): Hsian Li

- Location: Located upon the temple, at one pouce below 5- GB.
- Needle: 2 fens deep.
- Cauterization: 3.

Point 7-GB (German:GB7, French:B7, Lavier:B7): Ch'ii Pin

- Location: Located in front of the ear, at one pouce before 20-TH, upon the hairline.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 8-GB (German:GB8, French:B8, Lavier:B8): Shuai Ku

- Location: Located upon the cranium, at one and a half pouce above 20-TH, in the hair area.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 9-GB (German:GB9, French:B9, Lavier:B9): T'ien Ch'ung

- Location: Located upon the cranium, at one pouce behind 8-GB, in the hair area.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 10-GB (German:GB10, French:B10, Lavier:B10): Fou Pai

- Location: Located behind the ear, at one pouce behind the hairline, at the height of the superior edge of the pinna.
- Needle: 3 fens deep.
- Cauterization: 3-5.

Point 11-GB (German:GB11, French:B11, Lavier:B11): (T'ou) Ch'iao Yin

- Location: Located upon the cranium, at mid-distance between the ear and the posterior median line of the cranium, at one-half pouce above the inferior edge of the Occipital.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 12-GB (German:GB12, French:B12, Lavier:B12): Wan Ku (1)

- Location: Located upon the cranium, on the occiput, within the angle formed by the posterior edge of the mastoid and the inferior edge of the occiput.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 13-GB (German:GB13, French:B13, Lavier:B13): Pen Shen

- Location: Located upon the upper forehead upon a vertical line passing from the external corner of

the eye, at one pouce before the front-parietal suture, between 8-ST and 15-GB.

- Needle: 3 fens deep.

- Cauterization: 7.

Point 14-GB (German:GB14, French:B14, Lavier:B14): Yang Pai

- Location: Located upon the forehead, at one pouce above the eyebrow, upon a vertical line from the pupil of the eye.

- Needle: 2 fens deep.

- Cauterization: 3.

Point 15-GB (German:GB15, French:B15, Lavier:B15): (T'ou) Lin Ch'i

- Location: Located upon the upper forehead, at two pouce lateral from the median line of the cranium, and one pouce and a half before the parieto-frontal suture.

- Needle: 3 fens deep.

- Cauterization: FORBIDDEN.

Point 16-GB (German:GB16, French:B16, Lavier:B16): Mu Ch'uang

- Location: Located upon the cranium, at one pouce behind 15-GB.

- Needle: 3 fens deep,

- Cauterization: 5.

Point 17-GB (German:GB17, French:B17, Lavier:B17): Cheng Ying

- Location: Located upon the cranium, at two pouce behind 15-GB.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 18-GB (German:GB18, French:B18, Lavier:B18): Ch'eng Ling

- Location: Located upon the cranium, at three and a half pouce behind 15-GB.

- Needle: FORBIDDEN.

- Cauterization: 5.

Point 19-GB (German:GB19, French:B19, Lavier:B19): Nao K'nng

- Location: Located upon the cranium, at five pouce behind 15-GB.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 20-GB (German:GB20, French:B20, Lavier:B20): Feng Ch'i h

- Location: Located upon the posterior surface of the neck, one and one-half pouce from the median line, at the height of the point of the mastoid.

- Needle: 6 fens deep.

- Cauterization: 7-10.

Point 21-GB (German:GB21, French:B21, Lavier:B21): Chien Ching

- Location: Located upon the lateral surface of the neck, at the base, before the anterior edge of the trapezius.

- Needle: 4-6 fens deep.

- Cauterization: 7-15.

Point 22-GB (German:GB22, French:B22, Lavier:B22): Yüan I

- Location: Located upon the thorax, upon the line of the axilla, in the fourth intercostal space.
- Needle: 4 fens deep.
- Cauterization: FORBIDDEN.

Point 23-GB (German:GB23, French:B23, Lavier:B23): Chih Chin

- Location: Located upon the thorax, in the fourth intercostal space, at one pouce medial to 22-GB.
- Needle: 5 fens deep.
- Cauterization: 5.

Point 24-GB (German:GB24, French:B24, Lavier:B24): Jih Yieh

- Location: Located upon the thorax, on a line with the nipple, in the eighth intercostal space.
- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 25-GB (German:GB25, French:B25, Lavier:B25): Ching Men

- Location: Located upon the thorax, at the extremity of the twelfth rib.
- Needle: 7 fens deep.
- Cauterization: 7-12.

Point 26-GB (German:GB26, French:B26, Lavier:B26): Tai Mei

- Location: Located upon the thorax, upon a vertical line passing through 13-LI, and a horizontal line to the umbilicus.
- Needle: 8 fens deep.
- Cauterization: 5-15.

Point 27-GB (German:GB27, French:B27, Lavier:B27): Wu Ch'u

- Location: Located upon the hip, at three pouce below 26-GB.
- Needle: 7 fens deep.
- Cauterization: 3-10.

Point 28-GB (German:GB28, French:B28, Lavier:B28): Wei Tao

- Location: Located at one pouce above the greater trochanter.
- Needle: 8 fens deep.
- Cauterization: 5-7.

Point 29-GB (German:GB29, French:B29, Lavier:B29): Chü Liao (I)

- Location: Located upon the hip, at one and a half pouce below 27-GB.
- Needle: 8 fens deep.
- Cauterization: 5-7.

Point 30-GB (German:GB30, French:B30, Lavier:B30): Huan T'iao

- Location: Located upon the hip, behind the greater trochanter, at the bottom of the gluteal fold which is formed in a standing position.
- Needle: 10-15 fens deep.
- Cauterization: 7-20.

Point 31-GB (German:GB31, French:B31, Lavier:B31): Fêng Shih

- Location: Located upon the external surface of the thigh, at six pouce above the flexure of the knee.
- Needle: 5 fens deep.

- Cauterization: 5.

Point 32-GB (German:GB32, French:B32, Lavier:B32): Chung Tu

- Location: Located upon the external surface of the thigh, at live pouce above the flexure of the knee.
- Needle: 5 fens deep.
- Cauterization: 5-7.

Point 33-GB (German:GB33, French:B33, Lavier:B33): Yang Kuan

- Location: Located upon the external surface of the thigh, in a depression above the head of the femur.
- Needle: 5 fens deep.
- Cauterization: FORBIDDEN.

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Point 34-GB (German:GB34, French:B34, Lavier:B34): Yang Ling Ch'ian

- Location: Located upon the external surface of the leg, below the head of the fibula, between the two muscles.
- Needle: 6 fens deep.
- Cauterization: 7-10.

Point 35-GB (German:GB35, French:B35, Lavier:B35): Yang Chiao

- Location: Located upon the external face of the leg, at seven pouce above the external malleus.
- Needle: 6 fens deep.
- Cauterization: 3-7.

Point 36-GB (German:GB36, French:B36, Lavier:B36): Wai Ch'iu

- Location: Located upon the antero-external surface of the leg, before 35-GB at the opposite side of the muscle.
- Needle: 4 fens deep.
- Cauterization: 3.

Point 37-GB (German:GB37, French:B37, Lavier:B37): Kuang Ming

- Location: Located upon the external surface of the leg, at five pouce above the external malleus.
- Needle: 6 fens deep.
- Cauterization: 7.

Point 38-GB (German:GB38, French:B38, Lavier:B38): Yang Fu

- Location: Located upon the external surface of the leg, at four pouce above the external malleus.
- Needle: 6 fens deep.
- Cauterization: 5-15.

Point 39-GB (German:GB39, French:B39, Lavier:B39): Hsian Chung

- Location: Located upon the external surface of the leg, at three pouce above the external malleus.
- Needle: 3 fens deep.
- Cauterization: 5-15.

Point 40-GB (German:GB40, French:B40, Lavier:B40): Ch'iu Ch'ii

- Location: Located upon the foot, at one pouce before and below the external malleus.
- Needle: 5 fens deep.
- Cauterization: 3-7.

Point 41-GB (German:GB41, French:B41, Lavier:B41): (Tsu) Lin Ch'i

- Location: Located upon the dorsal surface of the foot, at the angle formed by the fourth and fifth metatarsals.

- Needle: 3 fens deep.

- Cauterization: 5.

Point 42-GB (German:GB42, French:B42, Lavier:B42): Ti Wu Hui

- Location: Located upon the dorsal surface of the foot, behind the metatarsal-phalangeal articulation of the fourth Loc, on the side toward the fifth toe.

- Needle: 2 fens deep.

- Cauterization: FORBIDDEN.

Point 43-GB (German:GB43, French:B43, Lavier:B43): FIsieh Ch'i

- Location: Located upon the dorsal surface of the foot, in front of the metatarso-phalangeal articulation of the fourth toe on the side toward the fifth toe.

- Needle: 3 fens deep.

- Cauterization: 3-5.

Point 44-GB (German:GB44, French:B44, Lavier:B44): (Tsu) Ch'iao Yin

- Location: Located upon the fourth toe, at one fens behind the angle of the root of the nail, toward the side of the fifth toe.

- Needle: 1 fens deep.

- Cauterization: 3-5.

Meridian: KAN CHING

The Meridian of the Liver (LI)

The Meridian commences at the region of the first toe and remounts along the internal surface of the inferior member, passing to the trunk to terminate at the edge of the rib cage.

The Meridian of the Liver is bilateral and has fourteen points.

f. Ta Tun. Located at one fens behind the angle of the root of the nail on the first toe, on the side toward the second toe.

- Needle: 1 fens deep.

- Cauterization: 5-7.

in the interdigital space between the first and second toe, on the median side, toward the first toe.

- Needle: 3 fens deep.

- Cauterization: 5-7.

indications: Cerebral anaemia, peritonitis, nervous anxiety with palpitations, colics, constipation, incontinence of urine, pains in the penis, diabetes, overabundant menses, acute crisis of terror in children, toothache, gingivitis, insomnia, night sweats, intercostal neuralgia, pain in the foot.

Point 3-LI (German:LE3, French:F3, Lavier:H3): T'ai Ch'ung

- Location: Located upon the dorsal surface of the foot, in the angle between the first and second metatarsals.

- Needle: 3 fens deep.

- Cauterization: 3-7.

Point 4-LI (German:LE4, French:F4, Lavier:H4): Chung Feng

- Location: Upon the foot, at one pouce before the internal malleus.
- Needle: 4 fens deep.
- Cauterization: 3-5.

Point 5-LI (German:LE5, French:F5, Lavier:H5): L i Kou

- Location: Located upon the internal surface of the leg, posterior to the edge of the tibia, at six pouce above the internal malleus.
- Needle: 3 fens deep.
- Cauterization: 3-7.

indications: Colics, spasm or paralysis of the lower abdomen, nervous anxiety with palpitations, dysmenorrhoea.

Point 6-LI (German:LE6, French:F6, Lavier:H6): (Chiieh Yin) Chung Tu

- Location: Located upon the internal surface of the leg, at eight pouce above the internal malleus, posterior to the edge of the tibia.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 7-LI (German:LE7, French:F7, Lavier:H7): Hsi Kuan

- Location: Located upon the internal surface of the leg, posterior to the tibia, at three pouce below the crease formed by the articulation of the knee.
- Needle: 4 fens deep.
- Cauterization: 5.

Point 8-LI (German:LE8, French:F8, Lavier:H8): Ch'ii Ch'iian

- Location: Located at the internal extremity of the flexure of the knee, posterior to the internal protuberance of the tibia.
- Needle: 6 fens deep.
- Cauterization: 3-5.

Point 9-LI (German:LE9, French:F9, Lavier:H9): Yin Pao

- Location: Located upon the internal surface of the thigh at five pouce above the popliteal area.
- Needle: 5 fens deep.
- Cauterization: 3.

Point 10-LI (German:LE10, French:F10, Lavier:H10): (Yin) Wu Li

- Location: Located upon the anterior surface of the thigh at one pouce below the flexure of the groin, upon the femoral artery.
- Needle: 5 fens deep.
- Cauterization: 5.

Point 11-LI (German:LE11, French:F11, Lavier:H11): Yin Lien

- Location: Located upon the flexure of the groin, upon the femoral artery.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 12-LI (German:LE12, French:F12, Lavier:H12): Ch'i Mei

- Location: Located within the flexure of the groin, at two pouce lateral to the root of the penis.
- Needle: FORBIDDEN.

- Cauterization: 3.

Point 13-LI (German:LE13, French:F13, Lavier:H13): Chang Men

- Location: Located upon the point of the eleventh rib.

- Needle: 6-8 fens deep.

- Cauterization: 7-20.

Point 14-LI (German:LE14, French:F14, Lavier:H14): Ch'i Men

- Location: Located upon a line vertical to the nipple at the lower edge of the thoracic cage.

- Needle: 4 fens deep.

- Cauterization: 5-7.

Meridian: JEN MEI

The Meridian of the Vessel of Conception (VC)

This vessel is situated upon the anterior median line; the trajectory commences at the perineum and terminates at the lower lip.

The Meridian of the Vessel of Conception is unilineal and has twenty-four points.

Point 1-VC (German:VC1, French:VC1, Lavier:F1): Hui Yin

- Location: Located in the centre of the perineum.

- Needle: 10 fens deep.

- Cauterization: FORBIDDEN.

Point 2-VC (German:VC2, French:VC2, Lavier:F2): Ch'ii Ku

- Location: Located upon the median hue of the lower abdomen, above the superior edge of the pubis.

- Needle: 5 fens deep.

- Cauterization: 7.

Point 3-VC (German:VC3, French:VC3, Lavier:F3): Chung Chi

- Location: Located upon the median line of the abdomen at four pouce below the umbilicus.

- Needle: 8 fens deep.

- Cauterization: 5-15.

Point 4-VC (German:VC4, French:VC4, Lavier:F4): Kuan Yuan

- Location: Located upon the median line of the abdomen at three pouce below the umbilicus.

- Needle: 10-15 fens deep.

- Cauterization: 7-15.

Point 5-VC (German:VC5, French:VC5, Lavier:F5): Shih Men

- Location: Located upon the median line of the abdomen, at two pouce below the umbilicus.

- Needle: 7-8 fens deep.

- Cauterization: 7-15.

Point 6-VC (German:VC6, French:VC6, Lavier:F6): Ch'i Hai

- Location: Located upon the median line of the abdomen, at one and a half pouce below the umbilicus.

- Needle: 8 fens deep.

- Cauterization: 7-15.

indications: Chronic inflammation of the caecum, peritonitis, colic, enterocolitis, intestinal haemorrhage, nervous depression, metrorrhagia, dysmenorrhoea, cystitis, spermatorrhoea. This is a special point for incontinence of the urine, for affections of the genito-urinary organs, and for intestinal maladies.

Point 7-VC (German:VC7, French:VC7, Lavier:F7): Yi n Chiao

- Location: Located upon the median line of the abdomen, at one pouce below the umbilicus.
- Needle: 8 fens deep.
- Cauterization: 7.

Point 8-VC (German:VC8, French:VC8, Lavier:F8): Shen Ch'iieh

- Location: Located in the centre of the umbilicus.
- Needle: FORBIDDEN.
- Cauterization: 3-30, after having filled the umbilicus with salt.

Point 9-VC (German:VC9, French:VC9, Lavier:F9): Shui Fen

- Location: Located upon the median line of the abdomen, at one pouce above the umbilicus.
- Needle: 5 fens deep.
- Cauterization: 5-15.

Point 10-VC (German:VC10, French:VC10, Lavier:F10): Hsia Kuan (1)

- Location: Located upon the median line of the abdomen, at two pouce above the umbilicus.
- Needle: 8 fens deep.
- Cauterization: 7-15.

Point 11-VC (German:VC11, French:VC11, Lavier:F11): Chien Li

- Location: Located upon the median line of the abdomen, at three pouce above the umbilicus.
- Needle: 5-8 fens deep.
- Cauterization: 5-15.

Point 12-VC (German:VC12, French:VC12, Lavier:F12): Chung Kuan

- Location: Located upon the median line of the abdomen, at four pouce above the umbilicus.
- Needle: 3-8 fens deep.
- Cauterization: 7-15.

Point 13-VC (German:VC13, French:VC13, Lavier:F13): Shang Kuan

- Location: Located upon the median line of the abdomen, at five pouce above the umbilicus.
- Needle: 5-8 fens deep.
- Cauterization: 7-15.

Point 14-VC (German:VC14, French:VC14, Lavier:F14): Chü Ch'iieh

- Location: Located upon the median line of the abdomen, at six pouce above the umbilicus.
- Needle: 6 fens deep.
- Cauterization: 7-15.

Point 15-VC (German:VC15, French:VC15, Lavier:F15): Chiu Wei

- Location: Located upon the median line of the thorax, at one pouce below the sterno-xiphoid limit,

upon the xiphoid process, process. 122 123

- Needle: 3-5 fens deep.
- Cauterization: 3-5,

Point 16-VC (German:VC16, French:VC16, Lavier:F16): Chung Ting

- Location: Located upon the median line at the sternoxiphoid limit.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 17-VC (German:VC17, French:VC17, Lavier:F17): Iisien Chung

- Location: Located upon the median line, at one pouce six fens above the sterno-xiphoid limit, at the height of the nipples.
- Needle: FORBIDDEN.
- Cauterization: 2.

Point 18-VC (German:VC18, French:VC18, Lavier:F18): Yü" Tang

- Location: Located upon the median hue, at three pouce and two fens above the sterno-xiphoid limit, at the level of 24-KI and 16-ST.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 19-VC (German:VC19, French:VC19, Lavier:F19): Tz'u Kung

- Location: Located upon the median line of the sternum, at three pouces and two fens below the upper edge of the manubrium, at the level of 25-KI and 15-ST.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 20-VC (German:VC20, French:VC20, Lavier:F20): Hua Kai

- Location: Located upon the median line, at one pouce and six fens below the upper edge of the manubrium, at the level of 26-KI and 14-ST.
- Needle: 3 fens deep.
- Cauterization: 3.

Point 21-VC (German:VC21, French:VC21, Lavier:F21): Hsian Chi

- Location: Located upon the median line, above the superior edge of the suprasternal notch.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 22-VC (German:VC22, French:VC22, Lavier:F22): Tien T'u

- Location: Located upon the anterior median line of the neck, at one pouce six fens above the superior edge of the suprasternal notch. Needle: 3 fens deep; it is FORBIDDEN to pique deeper. Cauterizations: 3-7.

Point 23-VC (German:VC23, French:VC23, Lavier:F23): Lien Ch'üan

- Location: Located upon the anterior median line of the neck, at the level of the hyoid bone.
- Needle: 3 fens deep.
- Cauterization: 3-7.

Point 24-VC (German:VC24, French:VC24, Lavier:F24): Ch'eng Chiang

- Location: Located upon the median line of the face, in the depression between the point of the chin and the lower hp.
- Needle: 2-3 fens deep.
- Cauterization: 3-7.

Meridian: TU MEI

The Meridian of the Governing Vessel (VG)

The Meridian of this vessel runs along the posterio-median line of the body. The trajectory commences at the coccyx, remounts the length of the backbone, contours the head over the vertex along the length of the nose to terminate upon the upper gum.

The Meridian of the Governing Vessel is unilineal and has twenty-eight points.

Point 1-VG (German:VG1, French:VG1, Lavier:M1): Ch'ang Ch'iang

- Location: Located upon the posterio-median line at the point of the coccyx.
- Needle: 3 fens deep.
- Cauterization: 5-10.

Point 2-VG (German:VG2, French:VG2, Lavier:M2): Yao Yii

- Location: Located upon the posterio-meridian line, at the sacro-coccygeal articulation.
- Needle: 3-8 fens deep.
- Cauterization: 5-15.

Point 3-VG (German:VG3, French:VG3, Lavier:M3): Yang Kuan

- Location: Located upon the posterio-median line, in the depression between the fourth and fifth lumbar vertebrae.
- Needle: 3-8 fens deep.
- Cauterization: 5-15.

Point 4-VG (German:VG4, French:VG4, Lavier:M4): Ming Men

- Location: Located upon the posterio-median line, in the depression between the second and third lumbar vertebrae.
- Needle: 3 fens deep.
- Cauterization: 7-15.

Point 5-VG (German:VG5, French:VG5, Lavier:M5): Hsian Ch'u

- Location: Located upon the posterio-median line, in the depression between the first and second lumbar vertebrae.
- Needle: 3 fens deep.
- Cauterization: 7-15.

Point 6-VG (German:VG6, French:VG6, Lavier:M6): Chi Chung

- Location: Located upon the posterio-median fine, in the depression between the eleventh and twelfth thoracic vertebrae.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 7-VG (German:VG7, French:VG7, Lavier:M7): Chung Ch'u

- Location: Located upon the posterio-median line, in the depression between the tenth and eleventh

thoracic vertebrae.

- Needle: FORBIDDEN.

- Cauterization: FORBIDDEN.

Point 8-VG (German:VG8, French:VG8, Lavier:M8): Chin Shu

- Location: Located upon the posterio-median line, in the depression between the ninth and tenth thoracic vertebrae.

- Needle: 4 fens deep.

- Cauterization: 3.

Point 9-VG (German:VG9, French:VG9, Lavier:M9): Chili Yang

- Location: Located upon the posterio-median line, in the depression between the seventh and eighth thoracic vertebrae.

- Needle: 5 fens deep.

- Cauterization: 7.

Point 10-VG (German:VG10, French:VG10, Lavier:M10): Ling T'ai

- Location: Located upon the posterio-median line, in the depression between the sixth and seventh thoracic vertebrae.

- Needle: FORBIDDEN.

- Cauterization: 3-7.

Point 11-VG (German:VG11, French:VG11, Lavier:M11): Shen Tao

- Location: Located upon the posterio-median line, at the depression between the fifth and sixth thoracic vertebrae.

- Needle: FORBIDDEN.

- Cauterization: 3.

Point 12-VG (German:VG12, French:VG12, Lavier:M12): Shen Chu

- Location: Located upon the posterio-median line, at the depression between the third and fourth thoracic vertebrae.

- Needle: 4 fens deep.

- Cauterization: 5-30.

Point 13-VG (German:VG13, French:VG13, Lavier:M13): T'ao Tao

- Location: Located upon the posterio-median line, at the depression between the first and second thoracic vertebrae.

- Needle: 4 fens deep.

- Cauterization: 5.

Point 14-VG (German:VG14, French:VG14, Lavier:M14): Ta Ch'ui

- Location: Located upon the posterio-median line, at the depression between the seventh cervical and first thoracic vertebrae.

- Needle: 4 fens deep.

- Cauterization: 5-15.

Point 15-VG (German:VG15, French:VG15, Lavier:M15): Ya Men

- Location: Located upon the posterio-median line of the neck, at three pouces above 14-VG,

- Needle: 3 fens deep (FORBIDDEN deeper).

- Cauterization:
FORBIDDEN.

Point 16-VG (German:VG16, French:VG16, Lavier:M16): Feng Fu

- Location: Located upon the posterio-median line of the neck, just below the occipital basis.
- Needle: 3 fens deep.
- Cauterization: FORBIDDEN.

Point 17-VG (German:VG17, French:VG17, Lavier:M17): Nao Hu

- Location: Located upon the median line of the occiput, at five pouce and a half above 14-VG.
- Needle: FORBIDDEN.
- Cauterization: FORBIDDEN.

Point 18-VG (German:VG18, French:VG18, Lavier:M18): Ch'iang Chien

- Location: Located upon the median line of the cranium, at seven pouce above 14-VG.
- Needle: 2 fens deep.
- Cauterization: FORBIDDEN.

Point 19-VG (German:VG19, French:VG19, Lavier:M19): Hou Ting

- Location: Located upon the median line of the cranium, at eight and one-half pouce above 14-VG.
- Needle: 3 fens deep.
- Cauterization: 5.

Point 20-VG (German:VG20, French:VG20, Lavier:M20): Pai Hui

- Location: Located upon the median line of the head, at the parietal eminence in the sagittal suture, at ten pouce above 14-VG.
- Needle: 3 fens deep.
- Cauterization: 7.

Point 21-VG (German:VG21, French:VG21, Lavier:M21): Chien Ting

- Location: Located upon the median line of the cranium, at one and a half pouce in front of 20-VG.
- Needle: 2 fens deep.
- Cauterization: 3-7.

Point 22-VG (German:VG22, French:VG22, Lavier:M22): Hsin Hui

- Location: Located upon the median line of the cranium, at three pouce in front of 20-VG.
- Needle: 1 fens deep.
- Cauterization: 3. Note: This point is absolutely FORBIDDEN in the case of children less than seven years old, especially as far as cauterizations are concerned.

Point 23-VG (German:VG23, French:VG23, Lavier:M23): Shang Hsing

- Location: Located upon the median line of the cranium, at four pouce in front of 20-VG.
- Needle: 2 fens deep.
- Cauterization: 5.

Point 24-VG (German:VG24, French:VG24, Lavier:M24): Shen Ting

- Location: Located upon the median line of the cranium, at four and a half pouce in front of 20-VG.
- Needle: FORBIDDEN.

- Cauterization: 5.

Point 25-VG (German:VG25, French:VG25, Lavier:M25): Su Liao

- Location: Located upon the median line of the nose, at the extreme edge of the cartilage above the tip.

- Needle: 1-2 fens deep.

- Cauterization: FORBIDDEN.

Point 26-VG (German:VG26, French:VG26, Lavier:M26): Shui Kou

- Location: Located upon the median line of the face, below the nose, in the centre of the philtrum.

- Needle: 2 fens deep.

- Cauterization: 3.

Point 27-VG (German:VG27, French:VG27, Lavier:M27): Yüeh T'uan

- Location: Located upon the median line of the face, below 26-VG, at the extreme limit of the upper lip.

- Needle: 2 fens deep.

- Cauterization: 2.

Point 28-VG (German:VG28, French:VG28, Lavier:M28): K'en Chiao

- Location: Located upon the upper gum, just below the insertion of the frenulum of the upper lip.

- Needle: 2 fens deep.

- Cauterization: 2.

