	Current options available to the user such as
	choosing:
	use stock
	manage stock
	record waste
	Sell stock
	Each option can be highlighted and selected
Menu bar this bar will show the short cuts to the different menus such as "record stock = R"	
Mend bar this bar will show the short cuts to the different mends such as Tecord Stock - K	
Task bar shows current user and time and date	
Mino	law displaying current entions avalibe to user
	low displaying current options avalibe to user
1. ad	d new stock
Menu bar showing short cuts to each option "add new stock = 1"	
mena sai shoring short edis to eden option add new stock 1	

Task bar shows current user and time and date