

# Amy Gallo

## Health and Physical Education Teacher

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## SUMMARY

With twenty-two years of experience as a dedicated educator, I am currently seeking a health and physical education teacher position. My passion for lifelong health and wellness motivates me to inspire children to adopt a healthy lifestyle. I strive to provide quality instruction and a positive, nurturing learning environment for young learners. My ability to cultivate trusting and productive relationships with students, parents, teachers, and administration is a valuable asset. In addition to teaching, I enjoy coaching after-school sports and recreation programs, where I promote values such as cooperation, teamwork, sportsmanship, positive peer relationships, responsibility, and physical fitness.

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## EDUCATION

### **Edinboro University, Edinboro, PA**

HPE Teacher Certification - December 2002

Major: Health and Physical Education

### **Youngstown State University, Youngstown, OH**

Bachelor of Science in Applied Science - June 1999

Major: Food, Nutrition & Dietetics

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## CERTIFICATIONS

**Pennsylvania Teaching License, Health and Physical Education, K-12**

**Basic Life Support Provider** - CPR, AED & First Aid for infants, children, and adults

**SPARK** (Sports Play and Recreation for Kids)

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## PROFESSIONAL EXPERIENCE

**Health and Physical Education Teacher, McKean Elementary, McKean, PA**

**2023 - Present**

- Teaching physical education lessons to students in grades K-4
- Instructing health education for students in grades 1-4
- Providing adapted physical education to students with physical, behavioral, and autism spectrum disabilities in grades 1-4
- Revised and updated the district-wide elementary HPE curriculum
- Working with parents and PTA to plan, organize, and run an all-school field day

- Coordinating and implementing lifetime programs for:
  - Biking
  - Cross-country skiing
  - Water safety
- Managing inventory and purchasing of sporting equipment
- Writing and receiving grants for PE equipment:
  - NFL Play 60
  - AHA Kids Heart Challenge
- Assessing fitness through FITNESSGRAM testing in grades 1-4
- Writing quarterly HPE newsletters using Canva

**Health and Physical Education Teacher**, Erie Day School, Erie, PA

**2003 - 2023**

- Taught physical education lessons to students in grades PS-8
- Helped write and implement the HPE curriculum
- Planned creative and cooperative activities for annual field days
- Implemented FITNESSGRAM fitness testing for students in grades 5-8
- Managed inventory and purchasing of sporting equipment
- Wrote and received several grants for PE equipment
- Used various technologies to provide remote learning for K-8

**Athletic Director (K-8)**, Erie Day School, Erie, PA

**2012 - 2015**

- Worked with administration to organize and run competitive sports programs
- Communicated with parents, teachers, and coaches regularly
- Purchased uniforms, t-shirts, and sporting equipment
- Started several new offerings, including basketball, cheerleading, and Get Up & Move - an after-school recreation program
- Supervised all coaching staff
- Planned, organized, and ran the Sports Awards Ceremony

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## COACHING & RELATED EXPERIENCE

**Before School Recreation Program Coordinator (1-4)**, McKean Elementary School

**2023 -2025**

**Pumpkin Run Coordinator (1-4)**

**2023 - 2024**

**After School Recreation Program Coordinator (K-4)**, Erie Day School

**2013 - 2023**

**Soccer Coach (1-4)**, Erie Day School

**2010 - 2023**

**Cross Country Coach (1-4)**, Erie Day School

**2009 - 2023**

**SPARK Summer Camp Director (1-8)**, Erie Day School

**2007 - 2023**

**Head Volleyball Coach**, Mercyhurst High School

**2000 - 2001**

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# AWARDS

**General McLane Athletic Hall of Fame - 2012**

**Youngstown State Athletic Hall of Fame - 2008**

**Youngstown State Student Athlete of the Year - 1998**

**Youngstown State Volleyball Team: MVP - 2 years; Captain - 2 years; Letter Winner - 4 years**

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# CONTINUING EDUCATION & TRAININGS

An Educator's Guide to Bullying In and Out of the Classroom - Graduate Course - 2021

Nutrition Education Basics - American Heart Association Webinar - 2022

Healthy Brains and Bodies with Active Classrooms and Recess - American Heart Association Webinar - 2022

Be the Beat - Save a Life - American Heart Association Webinar - 2023

Universal Design for Learning in Action & Curricular Initiatives - 2023

BrinPOP - 2023

Goosechase - 2023

Freeform - 2023

Apple Learning Center and Forum - 2023

Educator Effectiveness: Classroom Teacher - 2024

Trauma Informed Programs: Introduction to Trauma-Informed Practices - 2024

Trauma Informed Programs: Adverse Childhood Experiences in the Learning Environment - 2024

Trauma Informed Training, SWPBIS Training & Curriculum Snapshots - 2024

Regional HPE Educator Networking - 2024

Act 55 In Person Safety Training - 2025

Structured Literacy: PRPS & Word Building - 2025

Structured Literacy: Vocabulary - 2025

Conceptualizing Professional Ethics for Educators - 2025

Health and Physical Education Conference - Slippery Rock University - 2025