



## Pre-Selection and Selection

To qualify for Operator Training, Recruits must be able to demonstrate a series of competences. These will be assessed in a two week selection process (Uttagning or UT).

Before Selection, all Candidates will receive Basic Training in the following areas:

### **Phase 1** Basic Knowledge

#### **Part 1: ROE, Basic Land Navigation, and Working as a Team.**

- Rules of Engagement and the Laws of Armed Conflict.
- Handling of Captured Persons.
- Using maps and the compass.
- Working in Buddy Teams.
- Movement speeds and stance.
- Basic formations.
- Making radio reports.

#### **Part 2: Basic Medical Aid**

- Conducting Triage.
- Making casualty reports.
- Providing medical care following MARCH/(C)ABCDE.

### **Phase 2** Weapon and Combat Skills

#### **Part 1: Combat Skills**

- Identifying elements in the battlefield
- Reacting to engagements.
- Conducting ambushes, raids and security.
- Reacting to Unexploded Ordnance and Improvised Explosive Devices.
- Driving light vehicles and convoys.

#### **Part 2: Weapon Skills.**

- Weapon safety mechanics and gun safety awareness.
- Ammunition management.
- Fire control.
- Zeroing and optics.
- Using designated rifles, handguns, machine guns and AT weapons.

## Operator Training

To qualify as an Operator, all Recruits must be able to:

### **Phase 1** Advanced Reconnaissance

#### **Part 1: Advanced Land Navigation**

- Demonstrate advanced land navigation techniques:
  - Knowledge of land features.
  - Intersecting line technique.

	<b>Part 2: Reconnaissance Techniques</b> <ul style="list-style-type: none"> <li>→ Set up and use Observation Posts.</li> <li>→ Use concealed movement techniques.</li> <li>→ Operate independently within small reconnaissance elements.</li> <li>→ Track elements on the ground.</li> <li>→ Identify and report significant intelligence findings.</li> <li>→ Conduct night time patrols (IR Strobes, Night Vision).</li> </ul>
<b>Phase 2</b> Water Operations	<ul style="list-style-type: none"> <li>→ Operate Rigid-Hull Inflatable Boats and Assault Boats.</li> <li>→ Defend the craft.</li> <li>→ Switch equipment between infiltration and assault.</li> <li>→ Choose appropriate diving equipment for different situations.</li> <li>→ Identify different gas mixtures and when to use them.</li> <li>→ Manage underwater speed, depth and direction.</li> <li>→ Use the diving computer and identify alerts.</li> <li>→ Conduct safety and decompression stops.</li> <li>→ Handle underwater emergencies.</li> </ul>
<b>Phase 3</b> Jump School	<ul style="list-style-type: none"> <li>→ Mount and dismount aircraft correctly.</li> <li>→ Demonstrate appropriate pre-jump procedures onboard aircraft.</li> <li>→ Use helocasting and fast-roping.</li> <li>→ Perform HALO, HAHO and LALO jumps safely.</li> <li>→ Dispose of the parachute equipment correctly after the jump.</li> <li>→ Land accurately within the designated area.</li> <li>→ Perform accurate and safe jumps in the dark.</li> </ul>
<b>Phase 4</b> Advanced Tactics	<ul style="list-style-type: none"> <li>→ Operate confidently in small units.</li> <li>→ Perform infil/exfil overland, in water, or from the air.</li> <li>→ Perform safe room clearing.</li> <li>→ Perform adequately in close-quarters combat situations.</li> <li>→ Conduct operations in urban environments.</li> </ul>

### Specialization Training

At least 1 mandatory for all newly qualified Operators. Subject to availability.  
To qualify as specialists, Operators must be able to:

<b>Patrol Medic</b>	<b>Phase 1</b> Enhanced Field Care	<ul style="list-style-type: none"> <li>→ Provide advanced treatment and resuscitation.</li> <li>→ Manage complex wounds including pneumothorax.</li> <li>→ Request and coordinate Advanced Evacuations.</li> <li>→ Manage Major Incidents and Mass Casualty Events.</li> </ul>
	<b>Phase 2</b> Advanced Medication	<ul style="list-style-type: none"> <li>→ Manage fluids with IV and Fast IO, and perform transfusions.</li> <li>→ Monitor kidney function</li> <li>→ Demonstrate knowledge of the effects of all available medications.</li> <li>→ Identify situations when medications are appropriate.</li> </ul>
	<b>Phase 3</b> Prolonged Field Care	<ul style="list-style-type: none"> <li>→ Treat fractures appropriately and perform surgery.</li> <li>→ Work as part of a team of medical personnel.</li> <li>→ Provide constant monitoring and care to support a casualty where evacuation is delayed for up to 24h.</li> </ul>

<b>Breacher</b>	<b>Phase 1</b> Safety	<ul style="list-style-type: none"> <li>→ Demonstrate knowledge of the Breacher's responsibilities</li> <li>→ Demonstrate knowledge of safety procedures.</li> </ul>
	<b>Phase 2</b> Explosives	<ul style="list-style-type: none"> <li>→ Identify and deploy different types of explosives.</li> <li>→ Choose the appropriate systems for each situation.</li> </ul>
	<b>Phase 3</b> Alternative Breaching	<ul style="list-style-type: none"> <li>→ Use alternative breaching methods, such as rams, sledge hammers, bolt cutters, and other tools.</li> <li>→ Use the Shotgun efficiently as a breaching tool.</li> </ul>
<b>EOD Expert</b>		
<b>JTAC</b>		
<b>Sniper</b>	<b>Phase 1</b> Positioning	<ul style="list-style-type: none"> <li>→ Identify ideal firing positions.</li> <li>→ Move into position using concealment.</li> <li>→ Use appropriate levels of camouflage for the terrain.</li> </ul>
	<b>Phase 2</b> Weapon Skills	<ul style="list-style-type: none"> <li>→ Choose appropriate optics and attachments.</li> <li>→ Use binoculars and optics to range selected targets.</li> <li>→ Demonstrate an appropriate knowledge of ballistics.</li> <li>→ Use the designated weapon accurately under a range of conditions.</li> </ul>
	<b>Phase 3</b> Teamwork	<ul style="list-style-type: none"> <li>→ Operate in a spotter/sniper team.</li> <li>→ Spot and choose targets.</li> <li>→ Operate as an attachment to a bigger element.</li> <li>→ Provide overwatch and cover during operations.</li> <li>→ Gather and report intel, enemy activity and positions.</li> <li>→ Conduct counter-sniper missions.</li> </ul>