

# Express.js - body encoding

The body of HTTP request and response is a string

➔ **Problem:** how to send data structure between the frontend and backend?

➔ **Solution:** encode them either using:

- ✓ URI encoding (sometimes used)

see `src/express-examples/04_body-uri-encoded.js`

- ✓ XML encoding (rarely used these days)

- ✓ JSON encoding (very frequently used these days)

see `src/express-examples/05_body-json-encoded.js`

JSON

JavaScript Object Notation

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