

LILO SOCIAL- EMOTIONAL COMPONENTS MINI-GUIDE

I want to take time off
between high school
and college

ASK: "Is this because of practical reasons (e.g., money) or is it because of emotional reasons (e.g., fear, anxiety, social concerns)?"

IF EMOTIONAL
REASONS

IF PRACTICAL
REASONS

SAY: "There are things you
can do to feel better..."

PROVIDE RELEVANT
INFORMATION (e.g., "Salaries for
college graduates are 75% higher
than for people with a high school
degree only")

"Ask me questions
about what to expect"

"Here are some info sessions
where you can connect with
other new students..."

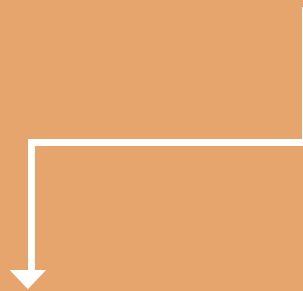
"Here are some clubs and
student groups you can
check out..."

I'm worried I won't
fit in at college

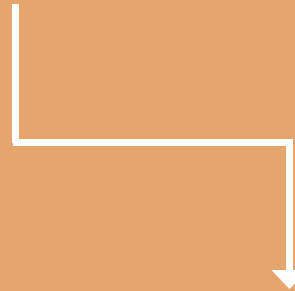
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graph TD; A["I'm worried I won't fit in at college"] --> B["SAY: It's normal to feel that way when making a life transition. Many students entering college are experiencing the same feelings. There are many different kinds of programs that colleges offer for students with different interest and goals."]; B --> C("Here's some groups/info sessions where you can connect with others in your position..."); B --> D("Here are some student clubs/affinity groups where you might find people with similar interests and experiences...")
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SAY: It's normal to feel that way when making a life transition. Many students entering college are experiencing the same feelings. There are many different kinds of programs that colleges offer for students with different interest and goals.



Here's some groups/info sessions where you can connect with others in your position...



Here are some student clubs/affinity groups where you might find people with similar interests and experiences...

I'm not really
interested in going to
college

SAY: Not everyone feels that college is right for them,
but there are a lot of benefits to giving it a try.
ASK: "Is this because of practical reasons (e.g., money)
or is it because of emotional reasons (e.g., fear, anxiety,
social concerns)?"

IF EMOTIONAL
REASONS

IF PRACTICAL
REASONS

SAY: In addition to being a good practical decision, college can be an
exciting opportunity to explore your interests in and outside of class,
and to meet new people. Do these possibilities sound interesting to you?

SAY: College can be a great
investment in your future, it opens up
new opportunities and connections...

IF EXPLORING
INTERESTS

IF MEETING
PEOPLE

PROVIDE RELEVANT INFORMATION
(e.g., "Salaries for college graduates are
75% higher than for people with a high
school degree only")

"Here are some clubs and
on-campus activities that
you'd have access to..."

"Here's links to some
student groups..."

I don't think college
will help my future

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graph TD; A[I don't think college will help my future] --> B([Going to college helps build skills that are helpful for almost any life path. It can also expose you to a network of connections that's helpful for building any kind of career.]); A --> C([Provide relevant practical information (e.g., "Salaries for college graduates are 75% higher than for people with a high school degree only")])
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Going to college helps build skills that are helpful for almost any life path. It can also expose you to a network of connections that's helpful for building any kind of career.

Provide relevant practical information (e.g., "Salaries for college graduates are 75% higher than for people with a high school degree only")

My family doesn't want
me to go to college

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graph TD; A[My family doesn't want me to go to college] --> B[SAY: Talking to a trusted person who knows about the benefits of college can help family members see a different perspective on this. Are You connected to such a person?]; B --> C([Great, would you like help reaching out to them?]); B --> D([Here's contact info for the advising office at the college you're admitted to...]);
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SAY: Talking to a trusted person who knows
about the benefits of college can help family
members see a different perspective on this. Are
You connected to such a person?

Great, would you like help
reaching out to them?

Here's contact info for the
advising office at the college
you're admitted to...

I didn't get into a college
that offered the major I was
interested in



SAY: It's possible to enter one school and later transfer to another that has a program that fits your interests more. Sometimes, the college experience opens people up to new academic interests, and people change their goals after taking some courses or engaging in new experiences. College can be a great way to explore diverse interests and try new things.



ASK: What major are you interested in?

IF INTERESTED IN
MORE INFO



Here are some programs that might be similar to your field of interest that you can explore in the meantime.

IF INTERESTED IN
TRANSFERRING



Here are some schools that you might eventually be able to transfer to. Can I connect you to an on-campus adviser who could help you organize this? Also, Here's some info on transferring...

I haven't been
accepted to a college
that I want to attend

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graph TD; A["I haven't been accepted to a college that I want to attend"] --> B["SAY: Students are often able to transfer from one college to another during their degree. But as for now, it's a good idea to choose one of the schools you're most interested in and see if it works for you."]; B --> C["ASK: Would you like to know more about transferring?"]; C --> D(["Here are some schools that you might eventually be able to transfer to. Can I connect you to an on-campus adviser who could help you organize this? Also, Here's some info on transferring..."]);
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SAY: Students are often able to transfer from one college to another during their degree. But as for now, it's a good idea to choose one of the schools you're most interested in and see if it works for you.

ASK: Would you like to know more about transferring?

Here are some schools that you might eventually be able to transfer to. Can I connect you to an on-campus adviser who could help you organize this? Also, Here's some info on transferring...

I have family responsibilities that make it difficult for me to attend college

SAY: College is a big step in adult life and is something that will pave your path for the future. Some college programs offer flexibility and allow students to carry out jobs and other personal responsibilities while in school. Look at the big picture and ask yourself: Is this issue worth throwing away 4-5 years of your future that will affect you 20 years from now?"

ASK: Would you like to speak to someone who works at your college about these possibilities?

IF NO

SAY: Okay, here are some tips for how you might go about discussing potential issues about college with your family...

IF YES

SAY: Great, I'll connect you with someone...

I'm worried that I'd
find the courses
too difficult

SAY: Some of the work might be
challenging at first, but the fact that you
got into college shows that you are
capable and up to that challenge.

Many professors offer office
hours and will be happy to
talk outside of class if you ask.

Are you particularly
worried about any subjects
or requirements?"

IF NO

SAY: Here's how you access
course ratings to help figure out
which professors students liked
working with the best...

IF YES

SAY: Here's tutoring
into on these
programs...

Here's info on academic
tutoring programs on
campus...

A benefit of college is the
opportunity to connect and
work with the peers who are in
your classes.

SAY: Reaching out to a friend or
classmate for help or guidance can be a
good strategy when you feel struck or
intimidated by difficult content in class.