

Weekly Activities 2.1 – 26.4.2015

MONDAY

10.30 -> Cross country skiing school for beginners. Duration. about 2 hrs. Ski set rental for participants 13e/person/day (until 31.3.)

11.00 – 15.00 Café open at turf hut Maahinen: frying pancakes and sausages 3e, coffee 2e, welcome! (9.3.-13.4.)

13.00 – 15.00 Guided Nordic skiing trip: "Tour de Kiilopää ", Nice, about 5 km (until 31.3.)

16.30 – 17.00 Stretching in the stretching room (Main building).

20.00 – 21.00 Short course of Finnish language (program is carried out 5.1.-9.2.)

TUESDAY

10.00 – 15.00 Guided Nordic skiing trip about 15km. Ski set rental for participants 13e/person/day.

11.00-13.00 Yugigassen game, playfull snowball fight for whole family (3.2. – 31.3.), please sign up for the game at the reception of Fell Centre latest on Monday by 4pm

16.30 – 17.00 Stretching in the stretching room (Main building).

15.00 – 20.00 Smoke sauna and winter swimming

- price 10e/guests of Fell Centre, others 13e/person, children 4-12 years -50% **(10.2.-28.4.)**

20.30 - 21.30 Stars and the moon - guided trip with snowshoes. Suitable for everyone. Easy, (Come to the rental shop 15 min before, Thank You! until 31.3.)

WEDNESDAY

10.00 – ab.14.00 Guided snowshoe trip to the nearby fells and forests. Easy. 6km. (Snowshoes rental 10 €/pers)

16.30 - 17.00 Stretching in the stretching room (Main building).

15.00 – 20.00 Smoke sauna and winter swimming,

- price 10e/guests of Fell Centre, others 13e/person, children 4-12 years -50%

16.00 – Winter swimming (information and possibility to try winter swimming controlled. Please sign up at the reception of Fell Center latest on Tuesday by 4pm. Smoke sauna 10€/person)

THURSDAY

09.00 – 17.00 Guided whole day trip to Inari village:

Snow shoeing on the Lake Inari. Visit to Sámi museum Siida.

- bookings and payments at the reception latest on Wednesday by noon.
- price 80e/adult and 40e/4-12 years, incl. transfers, entrance to museum and guidance in English
- min. 5 participants for the trip to be carried out
- 8.1.-26.3.

09.30 – 15.00 Guided Nordic skiing trip Hard, about 25km (carried out from 19.2.) . Ski set rental for participants 13e/person/day

ab. 20.00 – Program evening (for example singing together, dancing, karaoke, photo shows, etc. see the daily program)

FRIDAY

10.30-> Cross country skiing school for beginners. Duration about 2 hrs. Ski set rental for participants 13e/person. (2.1.-27.3.)

10.00 – 15.00 Guided Nordic skiing trip to fells. (about 15 km, carried out from 20.2.) . (Ski set rental 13e/person/day)

15.00 – 20.00 Smoke sauna and winter swimming,

- price 10e/guests of Fell Centre, others 13e/person, children 4-12 years -50%

16.00 – 17.00 Pancake frying by open fire in turf hut Maahinen, free of charge for guests of Fell Centre, others 3 e/person. (between 20.2.-24.4.2015 at 20.00-21.00)

SATURDAY

Enjoy the winter nature! –

Rent a pair of skies, snowshoes or go geocaching.

SUNDAY

10.30 – 14.00 Guided orienteering trip with snowshoes. short course to orienteering and guided trip or for independent orienteering. Please sign up at the reception of Fell Center latest on Saturday by 4pm. (until 26.4.2015)

16.30 - Welcome drink in Immon Kammi -free of charge

18.30-19.30 Sámi evening, 15.2., 22.2 ja 1.3 .

(at 20.00–21.00 between period 8.3-12.4.2015)

SNOWSHOES RENT FOR A GUIDED TOUR 10 €/PERSON/TRIP
SKI SET RENT FOR A GUIDED TOUR 13€/PERSON/TRIP (normal skis). Backcountry poles 3€/day.

ABOUT THE TRIPS:

On the day trips you will be following our professional guides to the Lappish nature and wilderness. On the Nordic skiing trips we aim to ski as much as possible outside the skiing tracks, according to the weather and guides judgement. On the trips you can ski with normal Nordic skis, or rent a pair of wider ones from our rental shop. **Please take into account that some skiing skills are always needed on the trips, look the trip classifications down below. If you are not sure is the trip suitable for you, please talk with our guides.**

Clothe yourself properly according to the weather and take with you packed lunch and hot drink, extra gloves and fleece or jacket. **Please make sure** you have the needed equipment ready before the trip. For rental and waxing come to our rental shop well prior to the trip starting time.

Trips leave at the gate of UK National Park.

TRIP CLASSIFICATIONS!

Easy: Calm and steady pace. **Basic skiing skills and reasonable physical fitness** required.

Middle: Little bit longer and faster trip. **Basic skiing skills and physical fitness** required.

Hard: Considerably longer and faster trip. **Good skiing skills, good physical fitness and endurance** required.

The weather conditions might cause last minute changes to the trips.

If no price mentioned next to trip/program, it is included to the accommodation price(except meals and equipment rental).

Extra trips and safaris and other fun activities also available!
Please ask at the reception!

Enjoy your stay in Kiilopää!

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**INTOA TUNTURISTA
Tervetuloa!**

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