

# Weekly Activities 4.1 - 29.4.2016

# **MONDAY**

**9.00-> Information of the house,** with breakfast

**10.30 -> Cross country skiing school** for beginners.(until 31.3.) please sign up at the reception of Fell Centre latest on Sunday by 6pm **13.00 – 15.00 Guided Nordic skiing trip**: "Tour de Kiilopää ", *Nice*, *about 5 km* (until 31.3. and, 4-18.4.at 10-15 about 15km. Please sign up at the reception of Fell Centre latest on Sunday by 6pm.

**16.30 – 17.00 Stretching** in the stretching room (Main building).

20.00 – 21.00 Short course of Finnish language (program is carried out 4.1.-15.2.) please sign up at the reception of Fell Centre latest on Sunday by 6pm

# **TUESDAY**

**10.00 – 15.00 Guided Nordic skiing trip to the Fells** *about 15km*. please sign up for at the reception of Fell Centre latest on Monday by 6pm (until 19.4.)

**20.30 - 21.30 Stars and the moon - g**uided trip with snowshoes. Suitable for everyone, please sign up for the trip at the reception of Fell Centre latest on Monday by 6pm. Easy, (Come to the rental shop 15 min before, Thank You! until 31.3.)

#### WEDNESDAY

**10.00 – ab.13.00 Guided orienteering trip with snowshoes.** *short course to orienteering and guided trip for orienteering.* Please sign up at the reception of Fell Center latest on Tuesday by6pm. (until 20.4.2016)

**14.00-16.00 Outdoor games; e.g.** playfull snowball figth, disc golf, geocaching. Please sign up at the reception of Fell Centre latest on Tuesday by 6pm (3.2. – 30.3.)

#### **THURSDAY**

**10.00 – ab.13.00 Guided snowshoe trip** to the nearby fells and forests. *Easy. 6k.(until 30.4.)* please sign up for at the reception of Fell Centre latest on Wednesday by 6pm

**15.00 –16.00 Pancake frying** by open fire in turf hut Maahinen, free of charge for guests of Fell Centre, others 3 e/person. (25.2- 28.4.2016 at 20.00-21.00)

### **FRIDAY**

**10.30-> Cross country skiing school** for beginners. Duration about 2 hrs. (until 31.3.) Please sign up for at the reception of Fell Centre latest on Thursday by 4pm

**13.00 – 15.00 Guided Nordic skiing trip**: "Tour de Kiilopää ", *Nice, about 5 km (until 31.3. and, 1-22.4.at 10-15 about 15km) P*lease sign up for at the reception of Fell Centre latest on Thursday by 4pm

**16.30 – 17.00 Stretching** in the stretching room (Main building).

ab. 20.00 – Program evening (for example singing together, dancing, karaoke, photo shows, etc. see the daily program, until 23.4.)

### **SATURDAY**

Enjoy the winter nature! -

Rent a pair of skies, snowshoes or go geocaching.

# **SUNDAY**

**10.00 – 15.00 Guided Nordic skiing trip** *about 15km*. Please sign up for at the reception of Fell Centre latest on Saturday by 4pm **16.30 - Welcome drink and week information** in Immon Kammi -free of charge

**20.00-21.00 Sámi evening,** (carried out 21.2.-24.4.2016)

# **EQUIPMENT RENTAL FOR GUIDED TRIPS:**

- -snowshoes 10€/person
- -ski set 15€/person (cross country skis)
- -backcountry poles 3€/person
- -backcountry skiset 18€/person

# SMOKESAUNA ON EVERY TUESDAY, WEDNESDAY AND FRIDAY AT 15.00-20.00,

-price 10e/guests of Fell Centre, others 13e/person, children 4-12 years -50%

## **ABOUT THE TRIPS:**

On the day trips you will be following our professional guides to the Lappish nature and wilderness. On the Nordic skiing trips we aim to ski as much as possible outside the skiing tracks, according to the weather and guides judgement. On the trips you can ski with normal Nordic skis, or rent a pair of wider ones from our rental shop. Please take into account that some skiing skills are always needed on the trips, look the trip classifications down below. If you are not sure is the trip suitable for you, please talk with our guides.

**Clothe** yourself properly according to the weather and take with you packed lunch and hot drink, extra gloves and fleece or jacket. **Please make sure** you have the needed equipment ready before the trip. For rental and waxing come to our rental shop well prior to the trip starting time.

Trips leave at the gate of UK National Park.

# **TRIP CLASSIFICATIONS!**

**Easy**: Calm and steady pace. **Basic skiing skills and reasonable physical fitness** required. **Middle**: Little bit longer and faster trip. **Basic skiing skills and physical fitness** required.

Hard: Considerably longer and faster trip. Good skiing skills, good physical fitness and endurance required.

**The weather conditions** might cause last minute changes to the trips.

If no price mentioned next to trip/program, it is included to the accommodation price(except meals and equipment rental).

Extra trips and safaris and other fun activities also available! Please ask at the reception!

Enjoy your stay in Kiilopää!

All rights are kept for changes (20.3.2015).

**INTOA TUNTURISTA** 

TERVETULOA!
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# THURSDAY Culture trip to Inari

Trip to Sámi museum Siida and Inari village!

Price of the trip includes snowshoe tour on Lake Inari (incl. snowshoes), ticket to Siida museum, guiding and transportation.

Start: 9.00 Front of the main building

Return: 16.00 front of the Siida museum

Price 80€/person, 4-12 years 40€/child. Minimum number of participants 5 persons.

Registrations to Kiilopää reception on Wednesday at 12.00!

(Possibility for lunch at restaurant Sarrit in Siida museum. Buffet/lunch 12-13€/person.)

