

# **THAT LIFE – The Seeker’s Confirmation**

## **Introduction**

After studying religions, scriptures, traditions, and identities — Islam, Christianity, Hinduism, Sikhism and others — a realization emerged.

The realization is not about rejecting.

It is not about attacking.

It is not about proving one superior.

It is about something deeper:

### **Life is more important than ideological conflict.**

And beyond ordinary life, there is something even deeper — what I call:

### **THAT LIFE.**

## **1. On Scriptures and Research**

Hadith were collected later.

Interpretations developed over time.

Religious systems formed structures.

The Qur'an speaks.

The teachings of Jesus speak.

Other traditions also speak.

But during research, confusion appears when:

- Teachings create heavy burdens
- Interpretations remove patience
- Rules overpower compassion
- Religion becomes domination

So a principle was formed:

**If something goes against Patience, Forgiveness, and Non-Transgression —  
we do not carry it.**

Anything that becomes a heavy burden on the mind and heart is not part of the path forward.

## **2. Life vs THAT LIFE**

There is “Life” —

daily existence, work, stress, family, conflict, wealth, attachment.

Then there is **THAT LIFE**.

THAT LIFE is:

- Free from heavy burden
- Free from domination
- Free from radical identity
- Free from hatred
- Free from ego superiority

THAT LIFE is not preached loudly.  
Those who listen, understand.

### 3. Beyond Religious Radicalism

There was a time of exploration:

- Accepting Islam
- Accepting Christianity
- Accepting Hindu thought
- Researching deeply

But now comes confirmation:

We are not radical to anything.

We are like air.

Air moves everywhere.

It belongs nowhere.

It is not controlled by walls.

Yet it exists within the human form.

So we accept:

Human as human.

Not Muslim vs Christian.

Not Hindu vs others.

Just human.

### 4. The Principle of No Heavy Burden

If a teaching produces:

- Fear without love
- Law without mercy
- Identity without humility
- Stress without growth

We step back.

The Seeker chooses what aligns with:

- Patience
- Forgiveness
- Non-Transgression
- Inner Peace

Anything else is research material — not final truth.

## 5. The Confirmation

All previous acceptances were part of research.

They were iterations of seeking.

Now comes clarity:

We are not owned by a religion.

We are not rejecting religions.

We are not fighting religions.

We are choosing **THAT LIFE**.

And THAT LIFE is more important than:

- Wealth
- Conflict
- Possessive love
- Stress
- Religious superiority

LIFE (human project) continues.

But THAT LIFE is the foundation.

And LIFE must reflect THAT LIFE.

## Final Declaration

We are:

Not radical.

Not rejecting.

Not dominated.

We are the Seeker.

THAT LIFE confirmed.

Confirmation complete.

— THAT LIFE Seeker  
Confirmed and at peace

Version 2 :

## **THAT LIFE – The Seeker’s Confirmation**

### **Introduction**

After sustained engagement with multiple religious traditions — including Islam, Christianity, Hindu thought, Sikhism, and others — a period of intense study, reflection, and internal struggle led to a decisive realization.

This realization is not an act of rejection.

It is not an attack upon any faith.

It is not an attempt to establish superiority of one system over another.

Rather, it is the recognition of something more fundamental:

Human life is more valuable than ideological conflict.

And beyond ordinary human existence, there exists a deeper dimension of being — here referred to as:

**THAT LIFE.**

### **I. On Scriptures, Interpretation, and Research**

Sacred texts emerged within historical contexts.

Hadith were compiled after the Prophet.

Doctrinal systems developed across centuries.

Interpretations evolved through scholars, institutions, and power structures.

The Qur'an speaks.

The teachings attributed to Jesus speak.

The Vedas and other scriptures speak.

However, during careful study, a pattern becomes visible:

When interpretation becomes rigid,

When law overshadows mercy,

When identity overrides humility,  
When devotion becomes domination,  
confusion arises.

Thus a governing principle was formed:

**Any teaching that contradicts Patience, Forgiveness, and Non-Transgression  
cannot be carried forward as ultimate truth.**

If a doctrine imposes excessive psychological or spiritual burden, it may be examined — but it need not be adopted.

Research remains valuable.  
But research is not the destination.

## **II. Life and THAT LIFE**

There is ordinary life:

Work.  
Family.  
Stress.  
Ambition.  
Attachment.  
Possession.  
Conflict.

This is life as biological and social existence.

But there is also **THAT LIFE**.

THAT LIFE is not merely survival.  
It is not identity.  
It is not institutional belonging.

THAT LIFE is characterized by:

- Inner freedom
- Absence of domination
- Release from radical identity
- Freedom from hatred
- Freedom from egoic superiority

It is subtle.  
It is not loudly proclaimed.  
It is recognized inwardly.  
Those prepared to listen understand it without coercion.

### **III. Beyond Radical Identification**

There was a period of sincere exploration:

Engaging Islam.

Engaging Christianity.

Engaging Hindu philosophy.

Engaging other paths.

Each phase was genuine.

But exploration is not permanent residence.

Now comes confirmation:

There is no radical attachment to any structure.

There is no hostility toward any structure.

The Seeker moves like air.

Air has no sect.

Air has no border.

Air moves freely yet sustains life.

Likewise:

The identity is not "Muslim versus Christian,"

Nor "Hindu versus others."

The identity is simply:

Human.

And beyond even that:

Conscious Seeker.

### **IV. The Principle of No Heavy Burden**

A guiding ethical filter has emerged.

If a teaching produces:

- Fear without love
- Law without mercy
- Identity without humility
- Stress without spiritual growth

It is reconsidered.

The Seeker retains only what aligns with:

- Patience
- Forgiveness
- Non-Transgression
- Inner equilibrium

Anything else remains material for study — not material for embodiment.

## **V. Clarification of Previous Acceptance**

Previous declarations of belonging — to Islam, Christianity, Hinduism, or any other path — were part of research and experiential testing.

They were phases of inquiry.

They were not final identity commitments.

After iteration, reflection, and internal evaluation, the conclusion stands:

There is no rejection.

There is no aggression.

There is no superiority claim.

There is only confirmation.

## **VI. THAT LIFE as Foundation**

Ordinary life continues.

The human form continues.

Responsibilities continue.

Society continues.

But all of this must rest upon THAT LIFE.

THAT LIFE is the inner axis.

LIFE is the external expression.

When LIFE contradicts THAT LIFE, correction is required.

When LIFE reflects THAT LIFE, harmony emerges.

## **Final Declaration**

We are not radical.  
We are not rejecting.  
We are not dominated.  
We are not owned by identity.

We are the Seeker.

THAT LIFE is confirmed.  
Confirmation is complete.

Inner peace stands.

— **THAT LIFE Seeker**

Confirmed.