

PRIVACY & TRUST

We take your data security seriously. Phanova is built to keep your health information protected.

HIPAA-COMPLIANT & SECURE

Phanova uses secure, US-based infrastructure. Your information is encrypted and only shared with your care team.

YOU DECIDE TO JOIN

You are asked for your consent before receiving messages. Your verbal consent is documented in your medical chart.

OPT OUT ANYTIME

If you no longer want to receive messages, simply text STOP. You will be immediately unsubscribed.

NO SPAM. NO MARKETING.

You only receive messages related to your care plan, at a frequency determined with your physician.

PHANOVA

In partnership with

**Montgomery
Medical Clinic**

Chronic Care Support Between Visits

Daily check-ins.
Real-time tracking.
Connected care.

NO APP
DOWNLOAD
REQUIRED

HOW TO GET STARTED

Joining the Phanova Chronic Care Management (CCM) program is simple.

1. YOUR CLINIC INVITES YOU

During a visit or over the phone, your care team will explain how Phanova supports your ongoing care.

2. YOU GIVE CONSENT

If you agree, you give verbal consent to receive check-ins. This is recorded in your chart.

3. RECEIVE CHECK-INS

Based on your doctor's plan, you'll receive short check-ins about your condition and vitals.

QUESTIONS?

Email: support@phanova.com

Web: www.phanova.com

Offered in partnership with:

WHY PHANOVA?

Most visits give your doctor only a quick snapshot. But if you live with a chronic condition, your health changes daily.

Phanova helps track how you're doing on a daily basis—not just when you're in the office.

WHO IS THIS FOR?

Patients with ongoing conditions like:

- High blood pressure / Heart disease
- Diabetes or Pre-diabetes
- High cholesterol
- COPD, Asthma, Lung conditions
- Conditions needing closer monitoring

Your answers give your care team a clearer picture, so they can act sooner if something changes.

HOW IT WORKS

Phanova keeps things simple. Everything happens through short texts or phone calls.

1. RECEIVE A CHECK-IN

On a schedule set by your doctor, you'll receive a quick text or automated call.

2. ANSWER QUESTIONS

You may be asked about symptoms, mood, blood pressure, or medications. It takes less than a minute.

3. CLINIC REVIEW

Your answers are sent securely to your care team to track trends and identify changes.

"It feels like my clinic is checking on me from home—not just when I have an appointment."

YOUR BENEFITS

REAL-TIME AWARENESS

Problems can be noticed sooner.

PERSONALIZED CARE

Tailored to your specific conditions.

PEACE OF MIND

You know you are being monitored regularly.

GENTLE REMINDERS

Stay on top of meds without the stress.

FAQ

IS THIS COVERED BY INSURANCE?

Yes. Chronic Care Management is covered by most medical insurance plans, since it is real clinical care from your physician.

Does this replace office visits?

No. It adds support between visits.

Do I need an app?

No. It works via text or phone.