index.html

```html
<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <meta http-equiv="X-UA-Compatible" content="ie=edge">
    <title>CSS Formats</title>

    <link rel="stylesheet" href="style.css">
    <style>
        p {
            margin-left: 3%;
            color: blue;
        }
    </style>
</head>
<body>
    <h1>Using CSS Forms</h1>
    <hr>
    <h2>Inline CSS</h2>
    <p style="color: red">
        Lorem ipsum dolor sit amet consectetur adipisicing elit. Nesciunt
atque non
        maiores autem hic! Odit quos quam fugiat repudiandae voluptatem
incidunt non!
        Nulla quas voluptatum laudantium, maxime ad voluptatibus harum!
    </p>
    <hr>
    <h2>Internal CSS</h2>
    <p>
        Lorem ipsum dolor sit amet consectetur adipisicing elit. Nesciunt
atque non
        maiores autem hic! Odit quos quam fugiat repudiandae voluptatem
incidunt non!
        Nulla quas voluptatum laudantium, maxime ad voluptatibus harum!
    </p>
    <hr>
    <h2>External CSS</h2>
    <p>
        Lorem ipsum dolor sit amet consectetur adipisicing elit. Nesciunt
atque non
        maiores autem hic! Odit quos quam fugiat repudiandae voluptatem
incidunt non!
        Nulla quas voluptatum laudantium, maxime ad voluptatibus harum!
    </p>
    <hr>
</body>
</html>
```
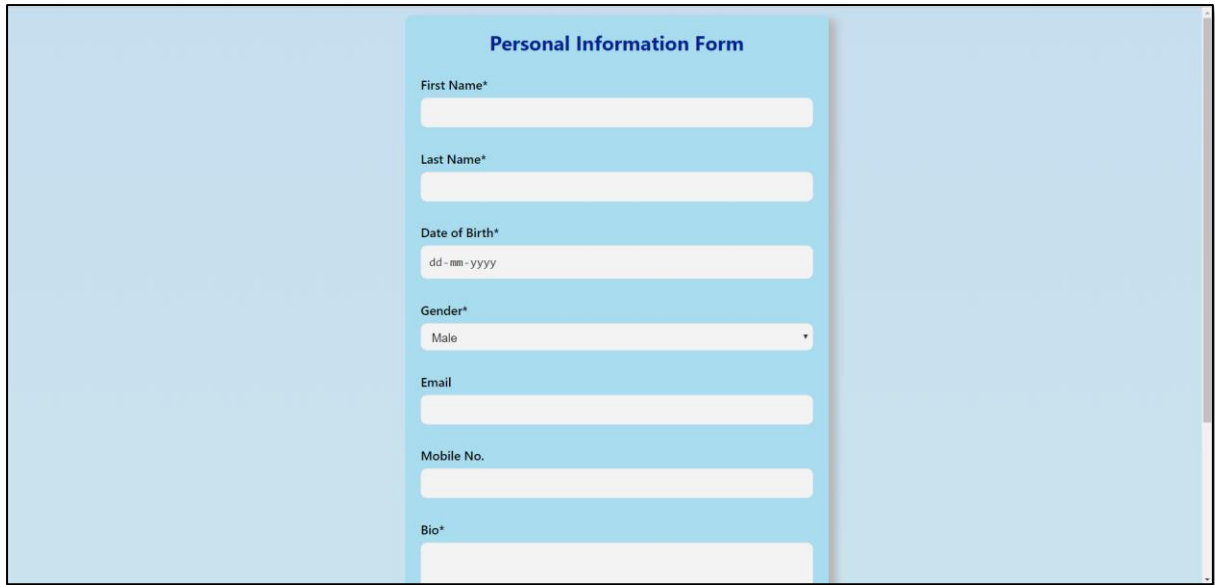
style.css


```css
html {
    font-family: 'Segoe UI', Tahoma, Geneva, Verdana, sans-serif;
    background: linear-gradient(90deg, rgba(240,171,171,1) 0%,
rgba(174,200,233,1) 100%);
}
h1 {
    text-align: center;
    color: #00156b;
}
h2 {
    color: #4f00aa;
}
p {
    color: #00d60b;
}
hr {
    background-color: white;
    border: 1px solid white;
}
```