

Đại Hội Liên Đoàn 2023 Sport Rules and Regulations

Sign up instructions:

- Each Đoàn must fill out this google form to sign up for the sports they will be participating in. <https://url.veym.net/DHLD2023SportsSignUp>
- One google form per sport sign up, fill out all information
- All questions please contact Tr. Nathan Nguyễn or BTVLDDMMC
 - Tr. Nathan's email: natnguyen02@gmail.com
 - BTVLD's email: btvlddmmc@veym.net
- **Deadline: Wednesday, September 20, 2023 11:59PM**

Ngành/ Division:	Sport:	HT in charge:	Max # of players: (roster)	Players on field/court:	Time per game:	Tournament format:
Nghĩa Sĩ Hiệp Sĩ	Volleyball	Tr. Alan Ngo	12	6 (at least 2 girls on at all time)	End of set	Pool into playoff
Nghĩa Sĩ Hiệp Sĩ	Basketball	Tr. Larry Nguyen	10	4 half court	10 mins	Draw into playoff
Thiếu Nhi	Dodgeball	TBD	8-15	10-15	10 mins	Playoff (bracket)
Ấu Nhi	Kickball	TBD	15	11	20 mins	Playoff (bracket)

A. Basketball

- Players
 - Each team will be comprised of up to 10 players (4 player minimum) - 4 starters and 6 bench players
 - 1. No exceptions will be made for female players if they are playing. All players will be treated equally during the competition.
- Format
 - Group stage:
 - 1. Each team will draw lots to determine group placement (3 groups of 3 teams, 1 group of 4). Single round robin within the group, with the top 2 teams of each group advancing to play-offs.
 - Play-off stage:
 - 1. Quarterfinals - Half court, single elimination
 - 2. Semi-finals/Final-placement - Full court, 5 players.
- Rules
 - 10 minute games, following the above format.
 - 1. In the event that the score is tied after regulation, each team will be given one possession to score. If a team fails to match their opponent, the team with the higher score wins.
 - Each Đoàn must provide 1 referee (HT)
 - Fouls will be called by the referee.
 - 1. Max amount of fouls: 4
 - There will be no free-throws on common fouls, the ball will be awarded at the top of the three point line.
 - In the event of a player excessively fouling another team, that player will receive a **technical foul** as a warning, second technical will result in a ban for the current game and the next game.
 - Ball must be taken out past the 3 point line to distinguish clear change of possession for group stage games.
 - Each team will get 2 time outs for 30 seconds.
- Points
 - Baskets will be scored as 2 or 3 points. (Depending on lines drawn)
 - Technical Foul: Award opposing team 1 point.
 - After scoring, the opposite team will get the ball

B. Volleyball

1. A team must begin the game with a minimum of 4 participants with a minimum of 2 female players on the court.

- In the event where there are only 5 players, 3 males and 2 female players are allowed (or Vice Versa)

- 6 participants on the court, a minimum of 3 female players must be in the lineup
 - A team must have 4 players to start the game
2. All female teams are allowed.
 3. The serving order and positions on the court at service shall be male and female alternated or vice-versa.
 4. Back row players may not attack the ball at the net, it must be behind the 10 ft line.
 5. Each Đoàn will provide 1 team of up to 10 players.
 6. Each team/doan should provide a ball, game ball will be decided by team captains.

GAME SCORING - The format of the tournament will feature Round Robin Pool Play, then Playoff Single Elimination.

- **Pool Play**

1. All sets will feature rally scoring. A team will score on every serve.
2. Sets will be played to 15 points. Win by two. Cap at 21.
3. Each match will consist of two (2) sets.
4. Seeding will be determined by most sets won. If tied, then point difference will be Considered.

- **Playoff Elimination**

1. All sets will feature rally scoring. A team will score on every serve.
2. Sets will be played to 15 points. Win by two, Cap at 25 points.
3. Play best two out of three sets. Third set will be played to 15. The match is won by the team who wins two sets.

- **Finals/Third Place Matches**

1. All sets will feature rally scoring. A team will score on every serve.
2. Sets will be played to 21 points. Win by two. No cap on sets.
3. Play best two out of three sets. Third set will be played to 15. The match is won by the team who wins two sets.

- **REFEREES**

- A HT from each doan will be provided on each court. Do not ref your own doan :D
- Make sure to check the participants ID.

- Line Judges will be from the same pool that are not playing at the time

- **GENERAL RULES**

1. Each team will be furnished with one time-out per set. A team may use their timeouts any time between rallies. One-minute duration for each time-out.
2. Rotation must remain constant throughout the game.
3. Flip a coin, choose a random number, "Rock, Paper, Scissors", etc. to determine who serves first or which side. The loser will get to determine the remaining option. The ball used will be decided together between both teams, if a decision cannot be made the referee for the game will make the final call.
4. Serving
 - a. Do not serve until after the whistle is blown, once blown the player will have 10 seconds to serve the ball over the net.
 - b. A player may not catch the ball after they have tossed their serve, if they need to redo the toss let the ball drop to the ground before re-tossing
 - c. A team member may serve from any position behind the end line and between the extended sidelines.
 - d. There will be no attacking or blocking the serve. Blocking or attacking the serve will result in the team serving to retain serve and receive one (1) point.
5. Strict Safety Rules
 - a. A player may not touch the net or any part of the net equipment (net, poles, etc.) at any time.
 - b. If a player ever has one hand or foot completely cross the centerline inside the volleyball court at any time during play, play will stop and the opposing team will receive one (1) point and serve the ball. If the player's foot is still on the line it will be okay.
6. Substitutions
 - a. Substitutions may occur anytime the ball is dead. Time-outs are not required for substitutions.
 - b. **A male player may only sub out with another male player, same goes for female. You will only be able to substitute for one player per game. An exception will be made if there are unforeseen circumstances and the team needs to fill all six positions.**
7. The ball may be played a maximum of 3 times by each team (excluding a block which does not count as a contact), before it is returned over the net.

8. A **lift** is when a player has prolonged contact with the ball and the result is basically throwing the ball back into play.
9. A **double** is when a player hits the ball twice in succession or the ball contacts various parts of the body in succession. If the ball rolls up a player's arm, as long as the ball does not come to rest and is in one act of playing the ball this will be allowed.
10. **Show good sportsmanship, and have fun :D**

Warm Up: 5 minutes (ONLY THE FIRST GAME)

C. Kickball

- **Players**
 - Each Đoàn will provide 1 team of up to 15 players.
 1. 11 starters and 5 reserves. (Depending on Field Size)
- **Format**
 - Group stage: X number of games.
 - Playoffs will have 2 rounds:
 1. Semifinals:
 2. Finals:
- **Rules**
 - 20 minute games. Team with the higher score at the end of 20 minutes will win the game and proceed to the next round.
 - Each Đoàn must provide 1 referee
 - Balls/Fouls/Outs will be called by the referee.
 1. Ball will be determined if the roll is unable to be kicked properly.
 2. Fouls will be considered too far to the left/right before the first/third base, or if the kicker kicks the ball behind them.
 3. Outs will be considered for all catches or up to 3 strikes.
 - After 3 outs, teams will switch from offense to defense and vice versa.
 - Each team will get 1 time out for 1 minute. Final round will be getting 2 time outs of 1 minute per team.
 - Unlimited substitutions, but can only be made during a stoppage of a play.
 - In the event there is a tie, the first team to gain the next point wins.
- **Obstruction**
 - Defense players may not obstruct running offense players in any way (obstructing can be blocking the runner's path when the player does not have the ball to tag, or tripping, holding onto runner, etc.)
- **Points**
 - Each time a base runner touches all bases and home plate will be considered 1 point.
 - First to 10 points will end the match.

D. Dodgeball

- Players
 - Each Đoàn will have 1 team with a minimum of 8 players and no more than 15 players.
 1. Teams will match the team with the lowest number. (10v10 or 12v12, preferably 15v15)
 - Each Đoàn will provide 1 referee
- Format:
 - Group stage & Final stage: Double Elimination games (Best out of 3)
- Rules
 - Game will be played for 10 minutes or when all members of one side has been eliminated. After x minutes, the team with the most players still in proceeds to the next round. In the event of a tie, the side with the most players left will win. In the event of a tie after the first tiebreaker, we will proceed to sudden death.
 - At the beginning of the game, the ball will be placed in the middle of the court.
 1. To activate the ball you must take the ball to the endline of your half of the court.
 2. You can not eliminate another person on the initial run for the balls.
 - If a person is hit below the shoulders they are out.
 - If a player catches the opposition throw, the one who threw the ball is out. (No revives)
 - If a thrower hits another player in the head, the thrower is out.
 - Players are allowed to block with a held ball
 - If a ball touches the ground before being caught, the thrower is not out.
- Points
 - Last team standing will be the Champions