

Live!

Burp-less Hacking Learning Web Application Pentesting on a Budget

PRESENTER:

Phillip Wylie

Dec 19, 2019



- Intro by Don Donzal, EH-Net Editor-in-Chief
- Bio Phillip Wylie
 - What is WebApp Pentesting?
 - FOSS Tools of the Trade
 - The Setup What is used for the demo
 - Live WebApp Pentest!
 - Career Advice
 - Study and Practice Resources
- Special Announcement from eLS!
- Q&A







- Video will be made available on EH-Net
- Style = Interview!
 - Q&A in question tab in GTW
 - Twitter using #EHNet
- Post Game in EH-Net "Web App Pen Testing" Group:
 - https://www.ethicalhacker.net/groups/we b-app-pen-testing/
- Goal for today Spark conversation.
 Advance your career!

OVERVIEW OF THE NEW EH-NET



- General Layout
 - Magazine side Columnists, Features, Global Calendar
 - Community side Members & Profiles, Activity, Forums, Groups, Community Articles
- Building your "Personal Ethical Hacker Network"
- Hello world! Get Published in the EH-Net Community
- Limited Time All new members get a free pen testing course from eLS!!



BIO – Phillip Wylie





Phillip Wylie is the Red Team Lead for a global conglomerate. Phillip is also an Adjunct Instructor at Richland College teaching Ethical Hacking and System Defense, a Bugcrowd Ambassador and the founder of The Pwn School Project. Phillip has over 21 years of experience in InfoSec and IT and has performed pentests on networks, wireless networks, applications including thick client, web application and mobile. Phillip has a passion for sharing, mentoring and educating. This passion was his motivation to start teaching and founding The Pwn School Project, a free monthly educational meetup with a focus on hacking. Phillip holds the following certifications; CISSP, NSA-IAM, OSCP, GWAPT. Follow him @PhillipWylie

DEF: ETHICAL HACKING



Performing computer security related activities with permission.

Red Teaming

SE

Physical

Oxymoron? Nope

Penetration

Testing

WebApp

- Media focus on crime = negative association
- More specific term for clarification
- Good guys using bad guys' tools & techniques
- Umbrella term to include numerous specialties

Mobile

WebApp = Sub-Category of Pentesting

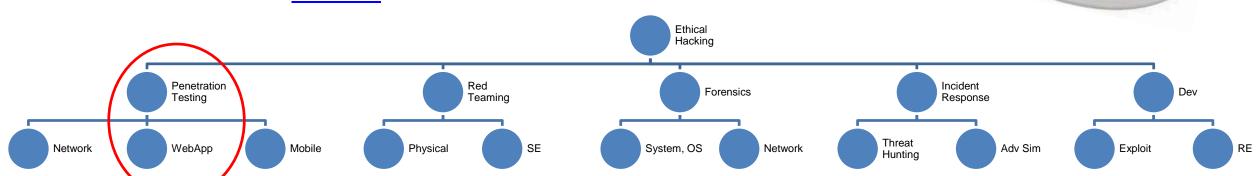


DEF: WEBAPP PENTESTING



What is Web Application Security Testing?

A security test is a method of evaluating the security of a computer system or network by methodically validating and verifying the effectiveness of application security controls. A web application security test focuses only on evaluating the security of a web application. The process involves an active analysis of the application for any weaknesses, technical flaws, or vulnerabilities. Any security issues that are found will be presented to the system owner, together with an assessment of the impact, a proposal for mitigation or a technical solution. -OWASP

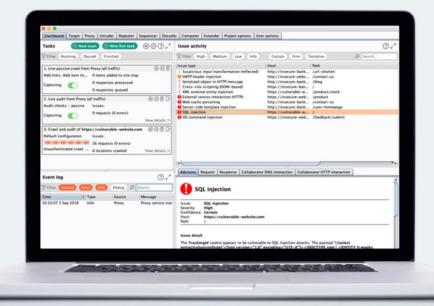


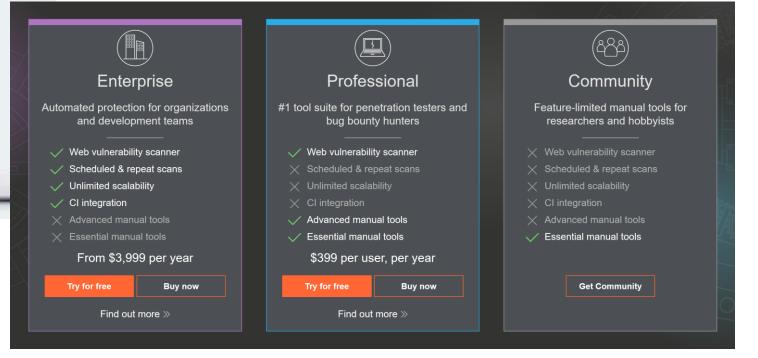
Is Burp Really That Bad? Not at All!



Burp Suite Professional

The go-to toolkit for penetration testing and bug bounty hunting







FOSS

[ˈfäs] NOUN

Free Open Source Software (FOSS) is code that is "freely licensed to use, copy, study, and change the software in any way, and the source code is openly shared so that people are encouraged to voluntarily improve the design of the software."

Source: FOSS entry on Wikipedia

THE SETUP

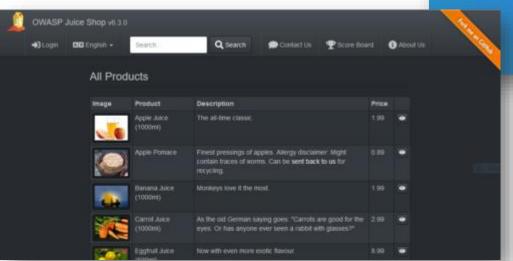
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- PTES
- Docker
- VMs
- Tools
- Hardware





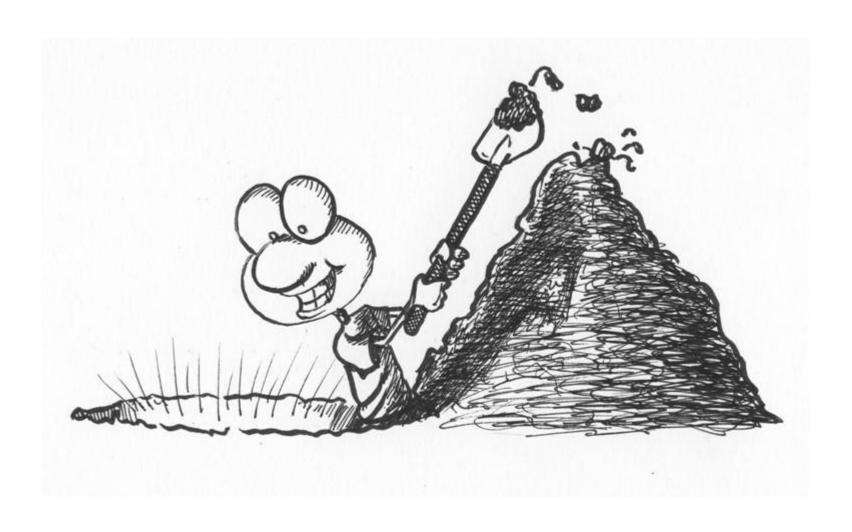






LIVE WEBAPP PENTEST!





CAREER OPPORTUNITIES





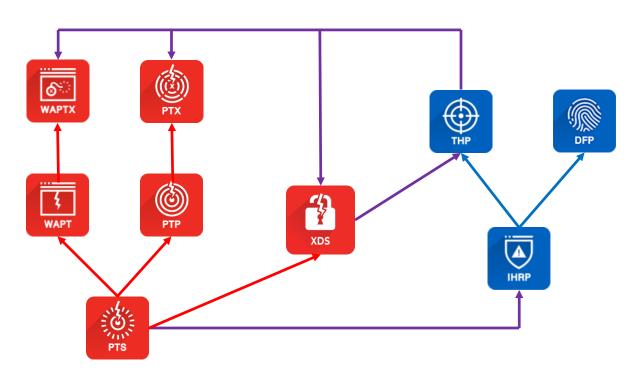
- Incident Responder
- SOC Analyst
- AppSec Analyst
- Project Manager
- Penetration Tester
- Red Team Member
- Bug Bounty Hunter

HOW DO I GET THERE?



- Experience CTFs, Employment, Home lab, Non-profits, Open source projects, etc.
- Practical Training eLearnSecurity Training Paths (NIST-NICE Role-based Training)
- Will playing CTFs get me a job?





https://www.elearnsecurity.com/course/

JOB INTERVIEW TIPS





- Methodology
- OWASP Top 10
- Soft Skills
- Extracurriculars
- Ability to Learn
- Be Resourceful
- Part of a Team
- Ability to Lead & Be Lead

BUILDING YOUR SKILLSET – PHILLIP'S RESOURCE LIST

- The Pwn School Project
- FOSS Tools <u>OWASP ZAP</u>, <u>Nmap</u>, <u>Nikto</u>,
 <u>Sqlmap</u>, <u>Wfuzz</u>, OSINT, Post-Exploitation
- Local PentestLab Management Script bWAPP, WebGoat 7.1, WebGoat 8.0, DVWA, Mutillidae II, OWASP Juice Shop, WPScan Vulnerable Wordpress, OpenDNS Sec Ninjas, Altoro Mutual
- Others <u>Hack.me</u>, <u>VulnHub.com</u>, <u>Metasploitable</u>, CTFs
- Books et al <u>WebApp Hacker's Handbook</u>, <u>Tribe of Hackers</u>, <u>Kali Linux Revealed</u>, <u>OWASP Testing Guide</u>, <u>Portswigger</u> <u>WebAppSec Academy</u>
- @PhillipWylie, @EthicalHacker

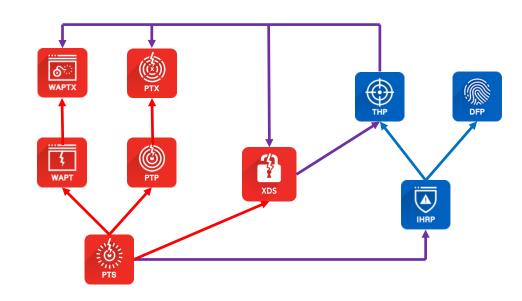






- Numerous course updates in Q1 and throughout 2020
- Coming in Early Q1
 - ATTN: Bug Hunters!
 - Lab Heavy Course
 - New Enhanced Content
- New Courses & Tech in 2H

Stay Tuned!!



https://www.elearnsecurity.com/course/





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