Kenya

	Dependent variable:
	Fasting Blood Glucose Level (mmol per l)
Fruit, Veg Cons.	-0.0004 (0.020)
Body Mass Index	0.012*** (0.003)
Total Cholesterol Level	0.0001 (0.001)
Rural Resident	-0.161 (0.128)
Gender	0.266** (0.129)
Age	0.014*** (0.002)
Years in Education	0.003 (0.009)
HDL Cholesterol x Rural Resident	-0.0002 (0.001)
Years in Education x Rural Resident	-0.007 (0.010)
Years in Education x Gender	-0.004 (0.010)
Fruit, Veg Consump. x Gender	-0.006 (0.021)
Fruit, Veg Consump. x Rural Resident	0.007 (0.021)
Intercept	3.822*** (0.159)
Observations	3,892
\mathbb{R}^2	0.032
Adjusted R ²	0.029
Residual Std. Error	1.393 (df = 3879)
F Statistic	10.790^{***} (df = 12; 3879)
Note:	*p<0.1; **p<0.05; ***p<0.01

Liberia

	Dependent variable:
	Fasting Blood Glucose Level (mmol per l)
Fruit, Veg Cons.	1.405*** (0.539)
Body Mass Index	0.282** (0.119)
Total Cholesterol Level	0.323*** (0.018)
Gender	-5.829 (3.768)
Age	0.066 (0.058)
Years in Education	-0.126 (0.252)
Years in Education x Gender	-0.099 (0.332)
Fruit, Veg Consump. x Gender	0.213 (0.708)
Intercept	19.247*** (4.841)
Observations	2,361
\mathbb{R}^2	0.154
Adjusted R ²	0.151
Residual Std. Error	37.022 (df = 2352)
F Statistic	53.417^{***} (df = 8; 2352)
Note:	*p<0.1; **p<0.05; ***p<0.01

All Countries Combined

	Dependent variable:
	Healthy BMI?
Drunk Driving Freq.	0.295** (0.132)
Gender	-1.268*** (0.400)
Age	-0.022** (0.010)
Years in Education	-0.092*** (0.025)
Married?	-1.093*** (0.336)
Employed?	-0.043 (0.367)
Age Quit Smoking	0.009 (0.010)
Fruit, Veg Cons.	0.007 (0.066)
Constant	3.396*** (0.687)
Observations	545
Log Likelihood	-297.003
Akaike Inf. Crit.	612.005
Note:	*p<0.1; **p<0.05; ***p<0.0

Burkina Faso

	Dependent variable:
	Fasting Blood Glucose Level (mmol per l)
Fruit, Veg Cons.	-0.021 (0.034)
Body Mass Index	0.030*** (0.010)
Total Cholesterol Level	0.224*** (0.012)
Rural Resident	-0.763*** (0.267)
Gender	-0.115 (0.231)
Age	0.007* (0.004)
Years in Education	0.004 (0.013)
HDL Cholesterol x Rural Resident	0.245*** (0.021)
Years in Education x Rural Resident	0.026 (0.024)
Years in Education x Gender	0.013 (0.016)
Fruit, Veg Consump. x Gender	-0.014 (0.041)
Fruit, Veg Consump. x Rural Resident	0.012 (0.046)
Intercept	4.030*** (0.324)
Observations	2,807
\mathbb{R}^2	0.295
Adjusted R ²	0.292
Residual Std. Error	2.532 (df = 2794)
F Statistic	97.472*** (df = 12; 2794)
Note:	*p<0.1; **p<0.05; ***p<0.01

Vietnam

	Dependent variable:	
	Fasting Blood Glucose Level (mmol per l)	
Fruit, Veg Cons.	-0.012 (0.029)	
Body Mass Index	0.053*** (0.007)	
Total Cholesterol Level	0.047** (0.019)	
Gender	0.096 (0.319)	
Age	0.020*** (0.002)	
Years in Education	0.001 (0.008)	
Years in Education x Gender	-0.017 (0.011)	
Fruit, Veg Consump. x Gender	-0.026 (0.046)	
Intercept	3.634*** (0.273)	
Observations	3,699	
\mathbb{R}^2	0.063	
Adjusted R ²	0.061	
Residual Std. Error	1.403 (df = 3690)	
F Statistic	31.013^{***} (df = 8; 3690)	
Note:	*p<0.1; **p<0.05; ***p<0.01	