

1. Vision Activity: Twenty Questions

It turns out that asking, 'What is your goal?' isn't a very good way of unlocking your vision. The question is abstract and slippery and answering it can be embarrassing and frightening. But there are questions that work. The following questions have been tested over and over again with students and seem to be ones that are more likely to open up some positive thinking. They're not very direct and some will look strange, but give them your time – we've found that students who can reflect on their vision often learn to know themselves better.

We can't promise that every single one of these questions will work for you; all we know is that they've worked for others.

Answer these questions with reference to study and work. Try your best to answer without feeling stupid or embarrassed, and to say what you feel and think. Try to write all your answers down – it really helps!

» If you could only take one subject what would it be, and why?

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» What lessons or elements of study do you find easy?

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» What do you do with your spare time?

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» Describe an interesting lesson you had recently. Why was it interesting?

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» What jobs do you avoid doing, and why?

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» When does time fly? What are you doing?

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» When does time seem to drag or stop? What are you doing?

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» What job would you do for free?

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» Who do you look up to?

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» What would you try if you knew you couldn't fail?

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» What puts a smile on your face?

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» If you had the afternoon off to work at home, which piece of work would you choose to do?

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» When you have a lot of homework, which subject do you do first?

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» Describe a homework task you have recently left until the last minute or not done at all. Why?

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» What do you get obsessed about?

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» When you're with your friends, what do you want to talk about?

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» What stresses you out?

» If you had an hour off A level work and a laptop, what would you type into a search engine?

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» If you were given a small amount of money to start a company, what would it be?

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» List five words you associate with 'happiness'.

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Now scan over your answers to look for patterns. A good way to do this is to record the information in a table like this one:

[illegible]

