

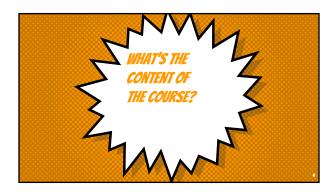


WEEK 1 Choose just 1 of your options (or get someone to pick for you...) * For example; applying to University to study Geology, getting a business apprenticeship, or taking a gap year * For 1 whole week you are going to pretend that you've made your decision, and... * The option you've chosen for the week is what you want to do with your life more than anything else. * The burden of having to make a decision is gone – it's made. * Don't allow yourself to think about the other options at all for the entire week.

In pretending you've already made your decision, do the following:







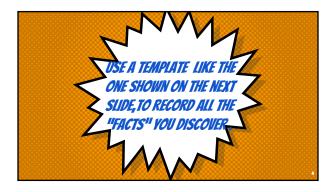












OPTION 1 – WEEK 1	OPTION 2 – WEEK 2	
The facts	The facts	

STAGE 1 - RESEARCH THE FACTS

OPTION 1 – WEEK 1 – GEOLOGY DEGREE	OPTION 2 – WEEK 2 – APPRENTICESHIP
The facts Geology course at Leeds-2 practical modules in first year, including a field trip to France Likely to get into £30,000 of debt Will have to move away from friends and girffriend! (Although tuition fees deducted from tax) 89% of students get straight into employment when they leave. Lots of links with Oil companies, Fracking industry is looking for geologists – futureproof??	The facts LEVEL 4 HIGHER APPRENTICESHIP IN MANAGEMENT AND LEADERSHIP Could get on with my alevels, even if i don't get my expected grades No debt from University No debt from University Sossibility to do modules at Uni which build to a degree later Potential to earn £50-70,000 within 5 years of completing apprenticeship as a director of a company. Could earn more from starting my own business! Lenjoy Business Studies Alevel more than Geology Get contacts and knowledge to start my own business Sets me up well for starting my own business

STAGE 2 - GET EXCITED...

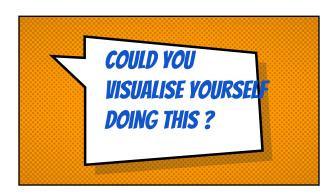
RECORD ALL THE POSITIVES YOU

THINK OF DURING THE WEEK

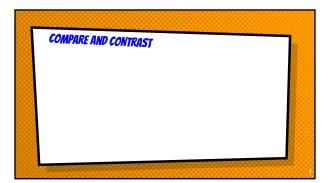
OPTION 1 – WEEK 1 – GEOLOGY DEGREE	OPTION 2 – WEEK 2 – APPRENTICESHIP
The positives My mates Steve and Marcus are both applying Marcus went to the open day and said the Uniwas great. Marcus went to the open day and said the Uniwas great. 89% of students get straight into employment when they leave. Friends who are already at Leeds say it is a great city with great bars and clubs, great for students. Earning potential is very good, geology grads are highest poid, average salary £73,000, 6 months after leaving. Lots of Travel possibilities with Oil companies	The positives Possible to get onto: LEVEL HHIGHER APPRENTICESHIP IN MANAGEMENT AND LEADERSHIP If the earning £200 per week straight away Could live at home and sove for a deposit for a flat Still see mates and grifffend I have a great idea for an online business, this could help me recibler this goal Manchester is a great City anyway, why do I need to go to Leeds?











COMPARE AND CONTRAST

- During week 2, remember to completely ditch the first option and visualise yourself taking your new choice.

 At the end of the 2nd week compare your notes.
- Use a table like the one in the example to write everything in so you can compare them side by side.
- Ask yourself the following questions:
 - Which was the better week?
 - Which made you feel more excited?
 - Which was more enjoyable?
 - Which felt more like you?
- × Explain your response / choices with a friend or teacher.

FINAL THOUGHTS

- "Fake It" can be used with other decisions as well.
- Think about how it could be used to choose between employers, gap year options, a choice of coursework tasks, University courses and accomodation options.
- The key is immersing yourself in the decision so you get to "feel" what it would be like.
- This way you combine both emotional and practical factors in your decision.