

## VISION: 2. GETTING DREAMS DONE

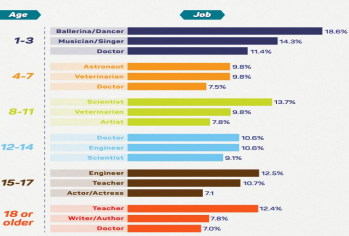
### INSPIRATIONAL QUOTE!

"A DREAM IS JUST A DREAM. A  
GOAL IS A DREAM WITH A PLAN AND  
A DEADLINE."  
HARVEY MACKAY

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### What Do Kids Today Want to Be?

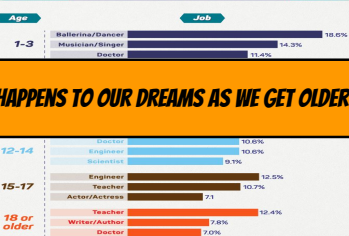
Top Career Aspirations for Young  
People Today, by Age Group



**THIS CHART SHOWS A 2016 SURVEY SHOWING HOW CAREER  
ASPIRATIONS CHANGE AS WE GET OLDER -**

### What Do Kids Today Want to Be?

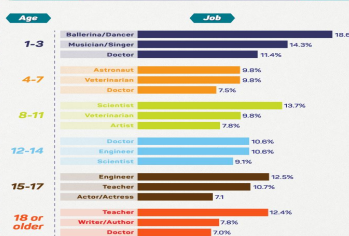
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**...SO WHAT HAPPENS TO OUR DREAMS AS WE GET OLDER?**

### What Do Kids Today Want to Be?

Top Career Aspirations for Young  
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**WHAT ARE YOUR OWN  
WILDEST DREAMS AND  
HOPES FOR THE FUTURE?**

Trying to reach my life  
goals



**THERE IS A BIG  
DIFFERENCE BETWEEN A  
DREAM AND A GOAL...  
A "DREAM" IS  
SOMETHING YOU IMAGINE  
HAPPENING...**

Trying to reach my life  
goals



**...WHEREAS A "GOAL" IS  
SOMETHING YOU TAKE  
ACTIONS TOWARDS.**

Trying to reach my life  
goals



**OFTEN, WHEN STUDENTS  
DISCUSS THEIR VISION,  
THEY ACTUALLY LIST THEIR  
DREAMS, NOT THEIR  
GOALS.**

Trying to reach my life  
goals



**THE FOLLOWING ACTIVITY  
WILL HELP YOU  
DISTINGUISH BETWEEN  
THEM, FIRST THOUGH, GO  
CRAZY WITH YOUR IDEAS!**

Trying to reach my life  
goals



**YOU NOW HAVE 3 MINS TO  
WRITE DOWN AS MANY  
HOPES, DREAMS AND  
WISHES FOR YOUR  
FUTURE.**

Trying to reach my life  
goals





### SEPARATING GOALS FROM DREAMS

- Now it's time to start to categorise your list, by separating them. Use the 3 categories below:
- Pure Fantasy and Pipe Dreams** – Add a "F" next to all the things on your list that you would like to be or do but have **never even talked about**. These are things just in your own head!
- Daydreams and Conversations** – Add a "C" next to all the things on your list that you would like to be or do and **have talked about** with friends. You have admitted these things and started exploring and discussing them.
- Goals** – Add a "G" next to all the things on your list that you **have taken action on** already, perhaps you have joined a sports team or have chosen a college course and applied. These are actions you have already taken towards your goal.

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**NOW YOUR LIST IS COMPLETE, ANSWER THE FOLLOWING QUESTIONS:**

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### SEPARATING GOALS FROM DREAMS

- How many have you marked with a "G" and actually acted upon?
- What percentage of the total number on your list is this? (*Roughly!*)
- What is the chance of these actually becoming reality? (*Add a % chance next to each one*)
- How much action have you taken to turn daydreams into reality?
- Has it been repeated, determined actions? ...or has it only been action taken some time ago?
- Which of your daydreams "C" and "G" are most important to you?
- What further actions could you take?
- What could you do to turn pure fantasy and pipe dreams into goals?

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**BIG IDEA**

THE CHART ON THE RIGHT IS FROM THE SAME 2016 STUDY. IT LOOKED AT JOB SATISFACTION, ASPIRATIONS, HAPPINESS AND HOW THEY EACH RELATE TO OUR CAREERS.

Did We Become What We Dreamed of in Childhood?

Did you ultimately become one of the professionals you dreamed of as a child?

YES 21.94%  
NO 78.06%

Job Satisfaction: Are You Happy With Your Current Job?

People Who Ended Up in the Job They Dreamed of in Childhood

YES 88.14%  
NO 11.86%

People Who Did Not End Up in Their Dream Job

YES 69.90%  
NO 30.10%

**BIG IDEA**

WHAT WERE THE KEY FINDINGS?

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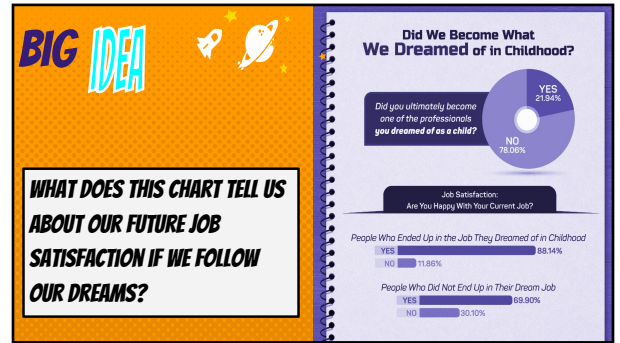
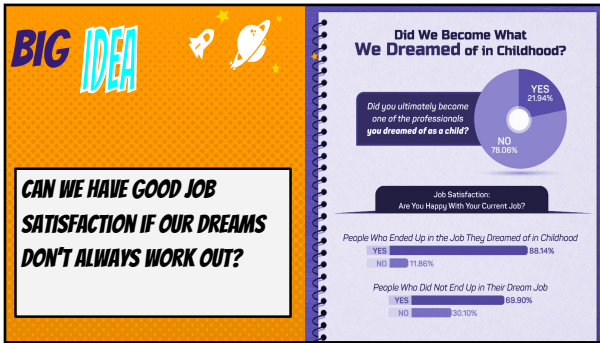
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**FINAL THOUGHTS**

- × Everybody has dreams they never act upon.
- × This is okay as long as you aren't frustrated or unhappy by not pursuing your dreams.
- × If you do want to make your dreams reality, they need to become goals, otherwise they will always remain as dreams!
- × Before you leave just consider:  
*Which one of your dreams you would most like to turn into reality?*
- × Think about this today and how you could start setting some goals to achieve this!

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