

Attitude

If you answer 'no' to these questions, can you list the names of people who might be better students to spend time with?

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Final Thoughts

We've seen students who are feeling negative about the challenges of study respond by surrounding themselves with negative people so they can wallow in complaining. You must guard against this, because it makes you feel as if 'everyone hates A levels', and normalises your negativity. Think of a student who seems more positive, happy or energetic, and try to align yourself with them instead.