

Which in turn, helps you answer the main one!

The following 20 questions have been tested over and over, and they work by opening up positive thoughts...

Try to answer the questions without feeling embarrassed or stupid, say what you feel and think.

20 questions to ask yourself to develop your vision If you could only take one subject, what would it be and why?
Which lessons or elements of study are easy for you?
What do you do with your spare time? What do you do with your spare time?
Describe an interesting lesson you had recently. Why was it interesting?
What jobs do you avoid doing, and why?
When does time fly? what are you doing?
When does time seem to drag or stop? what are you doing?
What job would you do for free?
Wha are you looking at?
What would you try if you knew you couldn't fail?
What puts a smile on your face?
If you had the afternoon off or had to work from home, what piece of work would you choose to do?
When you have a lot of homework, what subject do you do first?
Describe a homework task you have recently left until the last minute or not done at all. Why?
What do you obsess abou?

What do you obsess about?

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When you are with your friends, what do you talk about?
What stresses you out?
If you had an hour away from A-level work, and a laptop, what would you type into a search engine?
If you were given a small amount of money to start a company, what would it be?
List S words you associate with happiness.

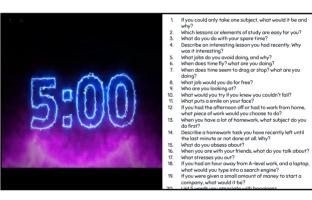
Try 10 QUESTIONS

- × Now over to you...
- This activity works well in pairs, so team up with a friend.
- Choose a selection of questions to ask your partner while they do the same. (Try to aim for at least 10)
- (You MUST remain silent while listening to the response!)
- Switch roles, maybe try some different questions?
- Give your partner your written answers to their questions.
- Seeing things on paper can often help you understand your vision!















Once you have completed some questions and have your answers in front of you, complete a table like the one helow:

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"Interests and passions"	"hates"
Use this column to record your positive reactions – things you know you enjoy, love or look forward to	Use this column to record your negative reactions – things you avoid or find uninteresting or boring

FINAL THOUGHTS

Can you see any themes and patterns developing?

Are interests and passions emerging that are clear and positive?

Could your partner help you clarify your thoughts into a clearer goal or vision?

Finally, try to answer the following questions again...

..so what do you want to do with your life?





.. what is the goal of your life?



