

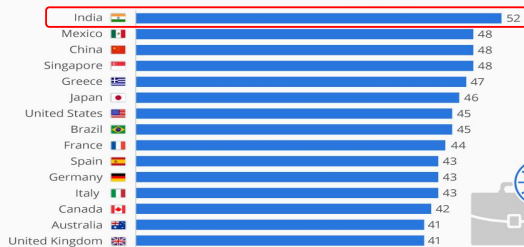
EFFORT :
2. WORKING WEEKS

**QUIZ: IN WHICH COUNTRY
DO MILLENNIALS WORK THE
LONGEST HOURS?**

2

Where Do Millennials Work The Longest Hours?

Average number of hours worked each week in 2015 (people aged 20-34)



Source: Millennial Careers: 2020 Vision

statista

**INDIA - WITH AN AVERAGE OF 52
HOURS PER WEEK !!!**

**THE UK ARE ONE OF THE HIGHEST
ACROSS EUROPE WITH 41 HRS**

**BASED ON A 5 DAY WORKING
WEEK THAT IS MORE THAN 10
HRS PER DAY!**

BIG IDEA



In the Book "The Recipe for Success (2009)", journalist and author Blaire Palmer interviewed hundreds of high earners and pulled together the qualities she found.

Palmer's 10 characteristics for success are:

Ingredient 1 - Manners	Ingredient 6 - Politics
Ingredient 2 - Focus	Ingredient 7 - Talent
Ingredient 3 - Steel	Ingredient 8 - Insatiable appetite
Ingredient 4 - Trust	Ingredient 9 - Invention
Ingredient 5 - Kitchen Cabinet	Ingredient 10 - Graft

BIG IDEA



In the Book "The Recipe for Success (2009)", journalist and author Blaire Palmer interviewed hundreds of high earners and pulled together the qualities she found.

Palmer's 10 characteristics for success are:

Ingredient 1 – Manners	Ingredient 6 – Politics
The 10th and most important ingredient she recognises is "GRAFT". By this she means hard work – the number of hours you are willing to commit to being successful	Ingredient 7 – Talent
Ingredient 5 – Kitchen Cabinet	Ingredient 8 – Insatiable appetite
	Ingredient 9 – Invention
	Ingredient 10 – Graft

BIG IDEA



You will notice that some of these are quite obscure!
What do you think the author meant by some of these characteristics??
E.g. The Kitchen Cabinet, refers to the "inner circle" of people you surround yourself with



HOW MANY HOURS A WEEK DO YOU WORK?

A STUDENT WHO TAKES ALL STUDY PERIODS AS FREES, DOES ABOUT
23 HRS

A STUDENT WHO WORKS DURING ALL THEIR STUDY PERIODS DOES ABOUT
35 HRS

A NORMAL, 9-5 WORKING WEEK AMOUNTS TO
40HRS

**WHAT ARE THE AVERAGE
HOURS WORKED, PER WEEK,
BY THE HIGHEST UK EARNERS
(£70,000+PER YEAR)?**

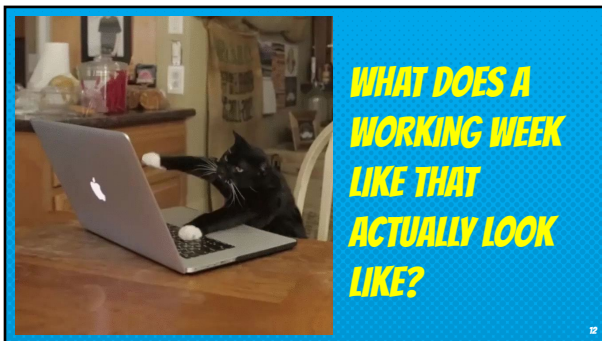
50 HRS

**WHAT IS THE AVERAGE
WEEKLY HOURS WORKED BY
TEACHERS IN THE UK?**

56HRS

**WHAT ARE THE HOURS
WORKED, PER WEEK, BY
MOST UK COMPANY BOSSES
AND DIRECTORS?**

**60-80
HRS**



CALCULATE WHAT HOURS MAKE UP EACH OF THE FOLLOWING WORKING WEEKS:

A 40 hr Working week...		
Arrive and start each day at:	Take a lunch break from/to:	Leave to go home at:
9.00am	1-2.00pm	5.00pm
A 50 hr working week...		
Arrive and start each day at:	Take a lunch break from/to:	Leave to go home at:
8.00am	1-1.30pm	6.30pm
An 80 hr working week		
Arrive and start each day at:	Take a lunch break from/to:	Leave to go home at:
5.30am	Working Lunch	9.30pm

HOW DOES YOUR TIMETABLE COMPARE?????

	6-7	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
M																
T																
W																
TH																
F																
SA																
SU																

Example student timetable 23hrs of lessons

HOW DOES YOUR TIMETABLE COMPARE?????

	6-7	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
M																
T																
W																
TH																
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SA																
SU																

Example timetable for 40 hour week job

HOW DOES YOUR TIMETABLE COMPARE?????

	6-7	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
M																
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W																
TH																
F																
SA																
SU																

Example timetable for 50 hour week job

HOW DOES YOUR TIMETABLE COMPARE?????

	6-7	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
M																
T																
W																
TH																
F																
SA																
SU																

Example timetable for 80 hour week job!!

WHERE CAN YOU ADD HOURS TO INCREASE YOUR EFFORT???

	6-7	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	5-6	6-7	7-8	8-9	9-10
M																
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FINAL THOUGHTS:

Consider the following...

- How many hours are you putting in on an average week?
- What is your holiday pattern like compared to a full time job? (The minimum holiday entitlement in the UK is 28 days, the average is 33 days)
- How many hours do your parents work?
- How do their hours compare to the average UK Worker? (41 hours)
- How do your hours now compare to when you were in Yr7?