

1. VISION:
20
QUESTIONS

*"A vision is a picture of
the future that
generates passion."
Bill Hybels, author*

*"The only thing worse
than being blind, is
having sight but no
sight."
Helen Keller, political
activist, author*

...so What do you
want to do with your
life?



what is the goal of
your life?



It turns out that asking
"what is your goal?" not
a very good way to
unlock your vision.

The question is abstract and slippery, and its answer is often embarrassing and scary...

The answer is to ask yourself many different questions...

Which in turn, helps you answer the main one!

The following 20 questions have been tested over and over, and they work by opening up positive thoughts...

Try to answer the questions without feeling embarrassed or stupid, say what you feel and think.

20 questions to ask yourself to develop your vision

1. If you could only take one subject, what would it be and why?
2. Which lessons or elements of study are easy for you?
3. What do you do with your spare time?
4. Describe an interesting lesson you had recently. Why was it interesting?
5. What jobs do you avoid doing, and why?
6. When does time fly? what are you doing?
7. When does time seem to drag or stop? what are you doing?
8. What job would you do for free?
9. Who are you looking at?
10. What would you try if you knew you couldn't fail?
11. What puts a smile on your face?
12. If you had the afternoon off or had to work from home, what piece of work would you choose to do?
13. When you have a lot of homework, what subject do you do first?
14. Describe a homework task you have recently left until the last minute or not done at all. Why?
15. What do you obsess about?
16. When you are with your friends, what do you talk about?
17. What stresses you out?
18. If you had an hour away from A-level work, and a laptop, what would you type into a search engine?
19. If you were given a small amount of money to start a company, what would it be?
20. List 5 words you associate with happiness.

Try 10 QUESTIONS

- × Now over to you...
- × This activity works well in pairs, so team up with a friend.
- × Choose a selection of questions to ask your partner while they do the same. (Try to aim for at least 10)
- × (You MUST remain silent while listening to the response!)
- × Switch roles, maybe try some different questions?
- × Give your partner your written answers to their questions.
- × Seeing things on paper can often help you understand your vision!



ROUND 1 .
5 minutes

Decide who is going to answer the questions first.



5:00

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4. Describe an interesting lesson you had recently. Why was it interesting?
5. What jobs do you avoid doing, and why?
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Fulfilling career

High salary


Work/life balance

ROUND 2 .
5 minutes

Switch roles, try some different questions



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18. If you had an hour away from A-level work, and a laptop, what would you type into a search engine?
19. If you were given a small amount of money to start a company, what would it be?
20. Let's assume you were not at school with homework...

Once you have completed some questions and have your answers in front of you, complete a table like the one below:

"Interests and passions"	"hates"
Use this column to record your positive reactions – things you know you enjoy, love or look forward to	Use this column to record your negative reactions – things you avoid or find uninteresting or boring

FINAL THOUGHTS


Can you see any themes and patterns developing?


Are interests and passions emerging that are clear and positive?

Could your partner help you clarify your thoughts into a clearer goal or vision?

Finally, try to answer the following questions again...

..so what do you want to do with your life?





.. what is the goal of your life?

