

# Physical Computing And Internet of Things (CM3040)

Course Notes

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# Week 1

## Key Concepts

- Should be able to explain what IoT is, IoT stack and IoT architecture
- Should understand what microcontrollers are, how they are used and why
- Should be able to install and set up Arduino IDE with drivers and relevant libraries

## 1.001 Introduction to the course

### Course learning objectives:

1. Demonstrate understanding of electricity, electronics, and transducers
2. Program microcontrollers and understand how they receive, interpret and send data from/to transducers
3. Develop practical skills of building circuits
4. Use communication protocols for inter-computer and inter-device communication
5. Understand the principles of physical interaction design, including:
  - a) monitoring bodily movement
  - b) making mechanical movement
  - c) design of tactile physical interfaces
  - d) control of sound and light
6. Design and build complete physical computing systems

### Course Topics:

1. Microcontrollers
2. Electricity and circuits
3. Sensors
4. Physical Interaction Design
5. Physical Computing Projects

6. Motors and actuators
7. Communications protocols
8. Networked Devices
9. Bodily Monitoring
10. Robots

## 1.101 Introduction to physical computing and IoT

Physical Computing refers to the creation and use of devices that sense, reason, and react to the world around them. Internet-of-Things (IoT) describes the network of physical objects.

## 1.103 Background to IoT, IoT stack and IoT architecture

As shown in Iot Building Block figure 1 below, the communication networks play a central role allowing all other nodes to communicate with each other.

A Typical IoT node is composed with several modules which are shown in figure 2 below.

Figure 3 describes how a set of IoT nodes form an ecosystem:

## 1.105 IoT stack and IoT architecture

- Cheruvu, S, A. Kumar, N. Smith and D.M. Wheeler Demystifying Internet of Things security: Successful IoT device/edge and platform security deployment. (New York, NY: Apress, 2019) Chapter 2.
- Tamboli, A. Build your own IoT platform: Develop a fully flexible and scalable Internet of Things platform in 24 hours. (New York, NY: Apress, 2019) Chapters 1, 2 and 3.
- Faiza, A., 'Evolution of the web: web 1.0, web 2.0, web 3.0, web 4.0, web 5.0 and beyond' [ahmadfaiza.blog](http://ahmadfaiza.blog).

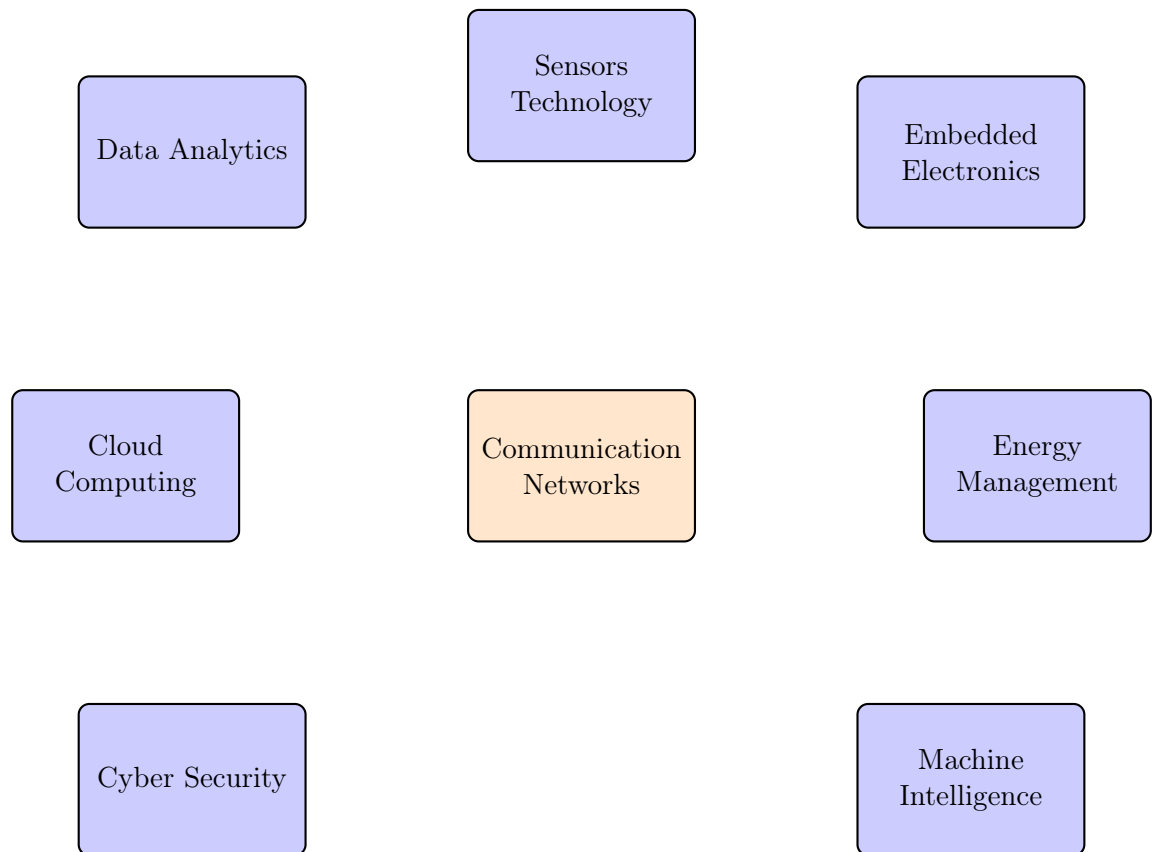


Figure 1: IoT Building Block

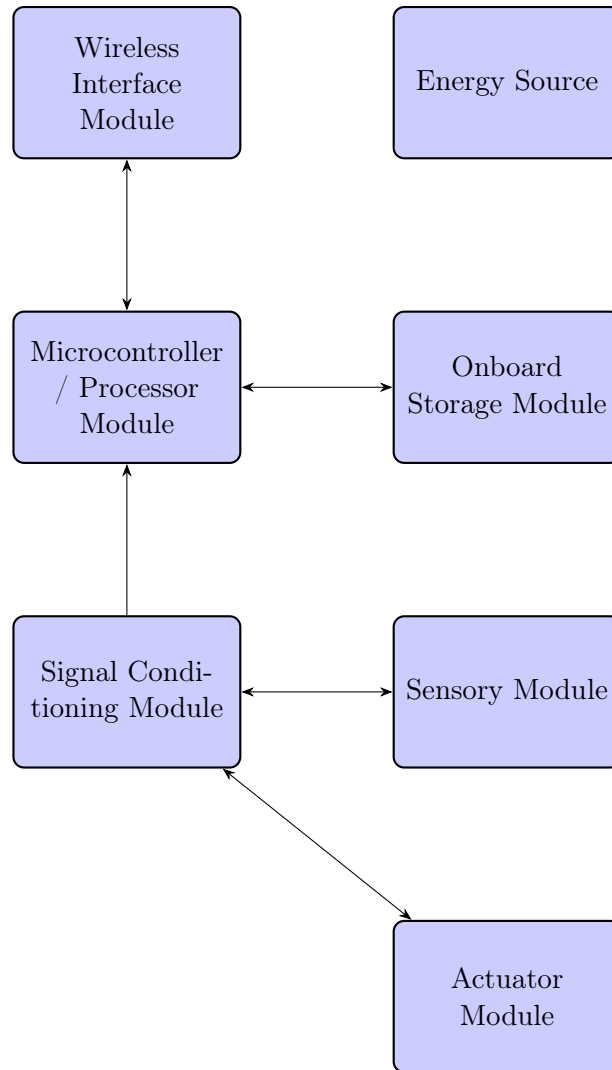


Figure 2: Typical IoT Node

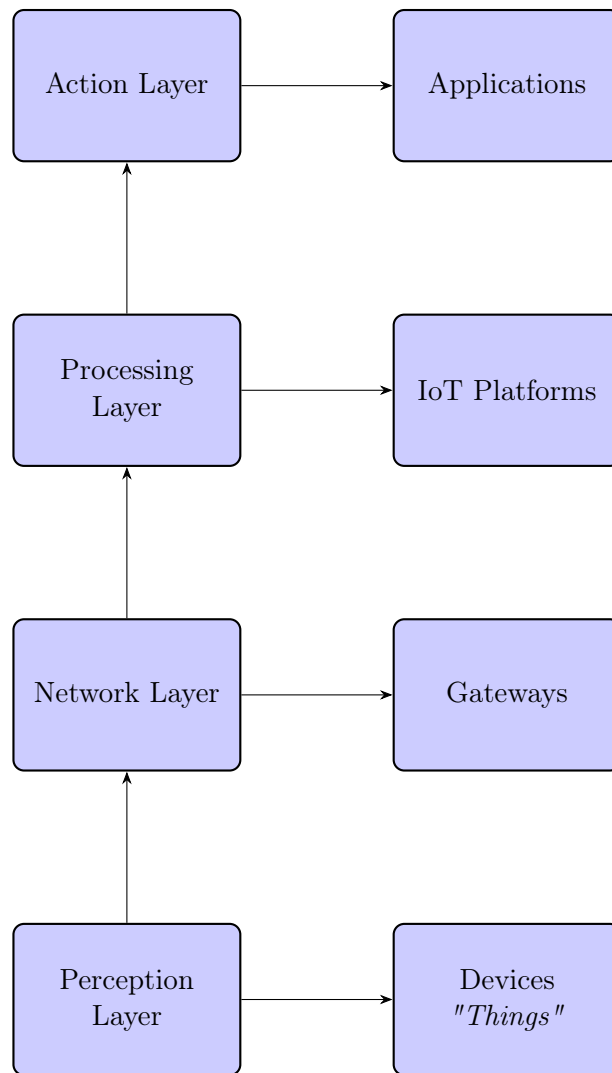


Figure 3: IoT Ecosystem

# Week 2

## Key Concepts

- Should be able to explain what IoT is, IoT stack and IoT architecture
- Should understand what microcontrollers are, how they are used and why
- Should be able to install and set up Arduino IDE with drivers and relevant libraries

## 1.301 Introduction to microcontrollers, their types and capabilities

A microcontroller is a small *System-on-Chip* comprising of a small CPU, Memory (volatile and non-volatile), and I/O peripherals (I<sup>2</sup>C, SPI, GPIO, etc).

Some popular microcontroller platforms are:

1. Arduino Uno
2. Intel Galileo
3. ESP8266 and ESP32
4. STM32L/F
5. Raspberry Pi
6. Beaglebone
7. Pocketbeagle

## 1.501 Basics on breadboards, extension shields, wiring/pins and transistors

**Breadboard** a prototyping place where components can be inserted without any soldering requirements

**Extension Shields** a ready-made *extension* for a platform containing e.g. sensors, wireless connectivity modules (LoRa, ZigBee, etc), passive components, voltage regulators required for the sensors

**(Dupont) Wires** make it easier to wire things together in a breadboard

**Transistors** essentially, a voltage-controlled switch



# Week 3

## Key Concepts

- Understand the role of electricity, electronics and Transducers.
- Understand how electricity flow in the microcontroller circuit & breadboard
- Explain the difference between Arduino and PLC and how to read schema drawings

## 2.001 - Introduction to electricity flows in sensors and transducers

**Current** flow of electrons moving through a circuit. Measured in Amperes or Amps (A).

**Resistance** measure of a material's ability to oppose electrical flow. Measure in Ohms ( $\Omega$ ).

**Voltage** difference in charge between two different points. Measured in Volts (V).

**Capacitor** stores a certain amount of electricity as potential energy. Capacitance is measured in Farads (F).

**Inductor** stores a certain amount of electricity as a magnetic field. Inductance is measured in Henries (H).

**Transistors** a voltage-controlled switch. Can work as an amplifier.

Ohm's Law gives a relationship between voltage, resistance, and current:

$$V = I \times R$$

Resistors come in 4, 5, or 6 color bands, we start reading from the side with higher concentration of color bands<sup>1</sup>.

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<sup>1</sup>Y'all can Google for a color band table :-p

## 2.003 - Understanding Digital & Analog input&output signals

**Analog** continuous value between 0 and e.g. 3.3V.

**Digital** discrete value. Either 0 or 1.

Voltage divider is a simple technique to reduce the voltage with a linear transformation. Figure 4 shows a depiction of how it's implemented.

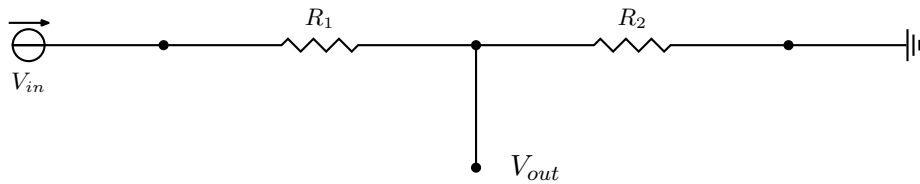


Figure 4: Voltage Divider

We can derive the voltage divider equation rather easily. Let's first redraw this circuit to make it easier to see what's happening:

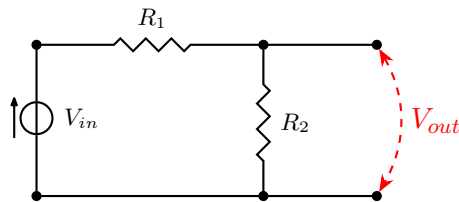


Figure 5: Voltage Divider: Redraw

The derivation is as follows:

### Week 3

$$V_{in} = (R_1 + R_2) \times I$$

$$I = \frac{V_{in}}{R_1 + R_2}$$

$$V_{R_1} = V_{in} - V_{out} = I \times R_1$$

$$V_{R_2} = V_{out} - 0 = I \times R_2$$

$$V_{out} = V_{R_2}$$

$$V_{out} = I \times R_2$$

$$V_{out} = \frac{V_{in}}{R_1 + R_2} \times R_2$$

$$V_{out} = \frac{R_2}{R_1 + R_2} \times V_{in}$$

Pulse Width Modulation is used for controlling voltage at each duty cycle.

# Week 4

## Key Concepts

- Understand the role of electricity, electronics and Transducers.
- Understand how electricity flow in the microcontroller circuit & breadboard
- Explain the difference between Arduino and PLC and how to read schema drawings

## 2.301 - Introduction to creating and reading own circuits diagrams

Figure 6 shows an example schematic diagram of a very simple circuit.

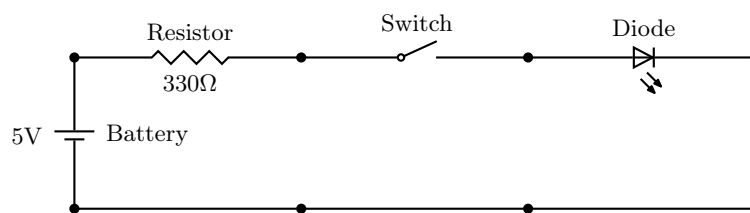


Figure 6: Simple schematic diagram

KiCAD EDA is a good quality Schematic Capture and PCB Layout toolchain.

## 2.303 - Understanding the types of nodes (Gateway, Router, Hub, Actuators)

*Nodes* are any devices capable of sensing, reacting, or communicating. Within *IoT*, these devices have some sort of connectivity (WiFi, Ethernet, LoRaWAN, etc).

**Hub** Broadcasts messages to all other nodes connected to it. Messages which are not addressed, are silently ignored. Limited to half-duplex operation.

**Bridge** Resolve addressing problems. Reviews and record MAC addresses. Fewer ports. Considered to be deprecated

**Switches** Maintain MAC and port address tables. Support full-duplex operation. Increase network security.

## *Week 4*

**Gateway** Edge node. Less traffic control. Support different protocols (ZigBee, Zwave, GSM, ...). Generally also support onboard programming and I/O.

**Router** Connects to internet via an ISP. Uses (and usually assigns) IP addresses. Configurable with increased security features.

**Actuators** Reacts to the environment and perform actions (opening doors, starting sprinklers, opening/closing binds, ...).